

Special Conch Republic Edition!

The Conch Republic COCONUT TELEGRAPH



FREE

- Dining
- Entertainment
- Shopping
- Lodging

101425 Overseas Hwy. • PMB #628 • Key Largo, FL 33037 • 305-304-2837 • www.theconchtelegraph.com • April 2009

*Welcome to the first-ever
Northernmost Territories
Conch Republic Days!*

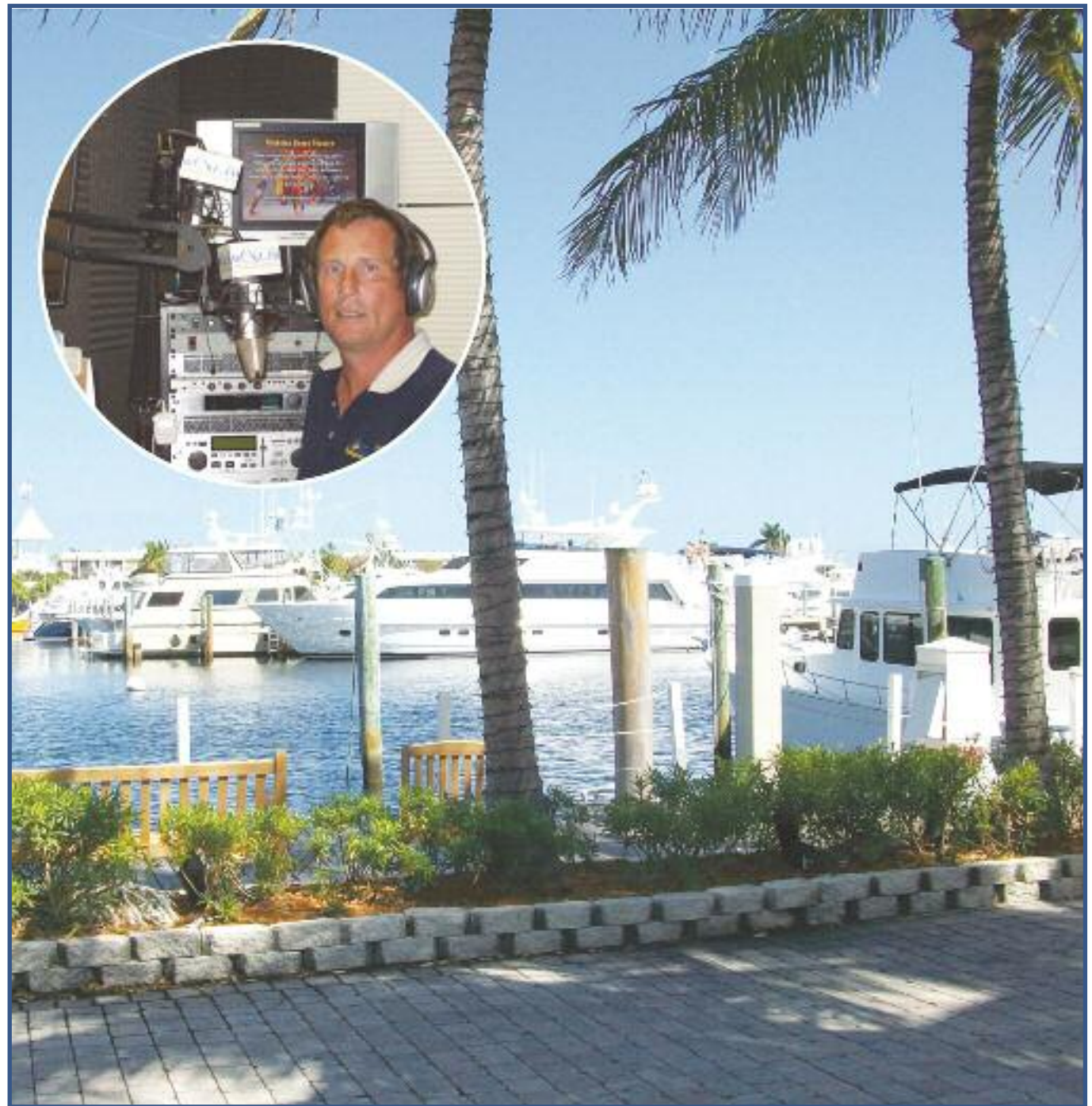
**10 days of crazy,
fun-filled events
at various locations
in the Upper Keys**

- Daily & Nightly Events
- Contest, Games & Prizes
- Great Music & Food
- Drink Specials
- Fun for Everyone

**Friday April 17th
THRU
Sunday April 26th**

Look at the ads in this issue for more details!

www.keylargoconchrepublicdays.com



The Coconut Telegraph presents Frank B. Patterson of WORZ 104.3 Ocean Reef Radio as Artist of the Month (see page 10).

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*Annual Percentage Yield (APY) effective as of 3/11/09 and subject to change after 12/31/09. Guaranteed minimum APY applies to all tiers: \$100 - \$24,999.99: 2.45%; \$25,000 - \$49,999.99: 2.40%; \$50,000 - \$99,999.99: 2.35%; \$100,000 - \$249,999.99: 2.30%; \$250,000 - \$499,999.99: 2.25%; \$500,000 - \$999,999.99: 2.20%; \$1,000,000 and over: 2.15%. Minimum opening deposit: \$100. Minimum subsequent deposits: \$50. Subsequent contributions subject to federal limitations. 45% penalty may apply for withdrawals prior to age 59 1/2. Closing fee of \$75 if account is closed within one year. Fees may reduce earnings. Consult with your Attorney, CPA or Financial Advisor regarding the tax deductibility of your IRA. Transfers from a Money Market IRA account to another account or third parties by preauthorized, automatic, telephone or computer transfer are limited to six per statement cycle with no transfers by check, draft, debit card or similar order to third parties.

Coconut Telegraph

April 2009
Volume 28 Issue #28

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Phone 305-304-2837

Deadline
for the
Coconut Telegraph's
May issue is
Friday
April 24, 2009

-
Call Denise at
305-304-2837
TheCoconutTelegraph@yahoo.com

Cast of Characters:

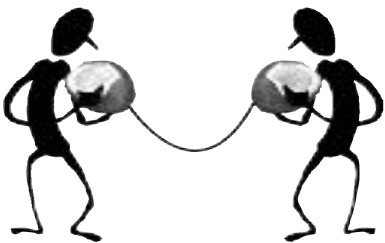
Editor/Sales/Distribution
Denise Malefyt

Sales
Marty Sutton

Advertising Production
Sue Beal

Newspaper Production
Nikki Dunn

Contributors
Rachel R. Peine
Rich Peine



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Editorial: Ocean Reef Club & Some Words of Wisdom

The Coconut Telegraph is happy to announce that we are back on Ocean Reef property. Residents can pick up a copy at Gardener's Market, Kim's Cafe, Pac Mail, the Library and Medical Center. Or go to theconchtelegraph.com and read it online. We have partnered with the Ocean Reef Radio Station WORZ and even have a special Coconut Telegraph rate to reach thousands of listeners. Here's how you can listen in, go to www.worzfm.us. The user name is: member (lower case) and the password is: ORC (upper case). You won't ever want to switch stations again.

WORZ 104.3 FM, "Ocean Reef Public Radio, Inc." is a 501C Not for Profit Station that is run by the members for the members of Ocean Reef and Angler's Club. The

advertisers are the programs sponsors. The members of Ocean Reef have high standards and expect the best, and that's what you'll get with WORZ. For

information on how your business can get these low rates call me at 305-304-2837.

Another thought...

When I moved from a small town in upstate New York to the Keys 20 years ago I was shocked at the amount of people living in South Florida that cannot read or write. They cannot even fill out a job application. In this day and age I believe it is a matter of choice not to learn just as it is my choosing to not learn Spanish. I just manage to get by without it. Still, it is not nice to sit around and tell jokes about illiterate people.... you should write them.

For those of us that are somewhat slow at math, remember that alcohol and calculus don't mix... you should never drink and derive.



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Band Concert to Benefit Local Food Bank

The Concert Bands from Key Largo School, Plantation Key School and Coral Shores High School will all perform Thursday, April 26th at 7pm.

The annual Tri-School Concert is coming early this year. This is the concert where students from the Upper Key's three great school band programs combine, for their fun, and your entertainment. Each group will play one selection then combine with their other school's counterpart for a combined performance. Also featured will be a musical visit to the workshop of Vulcan, the blacksmith god of fire and volcanoes in Roman mythology. "The Forge of Vulcan" will combine both middle schools with the high school concert band in a "not to be missed" performance. The Coral Shores award winning concert and jazz band will also play to round out the evening. The

concert should last just over an hour.

In addition, this year's concert will help out the local food bank.

Price of Admission is a donation of something for the Burton Memorial Food Bank. Food Bank Nonperishable Items Needed include: tuna fish; canned soups, turkey, peaches, stews, chicken, pears, veggies, beef, fruit cocktail; Spaghetti-Os; kidney beans; spaghetti, tomato and apple sauce; pancake mix; pasta of all sorts; mac & cheese; dry and evaporated milk; jelly; stuffing; biscuit mix; Vienna sausages; Ramen noodles; black beans; syrup; apple juice; rice; sugar; Jell-O; Spam; ravioli; chili; pork and beans; cereal; bottled juices; peanut butter; instant potatoes; cornbread mix.

Cash and checks Payable to Burton Memorial Food Bank also accepted.

Community Concert Band

The Keys Community Concert Band will present a free family concert "Pops in the Park" at Founders Park ,

Islamorada (MM 87 Bayside) on Saturday, April 25, at 4:00 p.m. For more information, call 853-7294.

Galley:
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Music Schedule		
Sun	6-10	Ted Hyde Band
Mon	7-10	Alan Truesdale
Tues	7-10	Dwayne McGregor
Wed	7-10	Paul Moen
Fri	7:30 - 11	Micah & Friends
Sat	7:30 - 11	Just Not Right Band

Sharkey's
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Calendar of Events

Friday April 17th
Proclamation of Secession Snappers, MM 94 at 3 pm. Join dignitaries, politicians, & friends, as the Northernmost Territories of the Conch Republic is formed. 852-5956

Northernmost Territories Flag Raising and kick off party at Sundowners, 6pm: cabinet installation, music and dancing with drink specials. 451-4502

Saturday April 18th
“Is Your Pet a Conch?” contest begins, Keys Kritters Pet Store. 451-2627

ConchFest: Conch Specials with wine and rum pairings from around the world tonite and for the entire week at Bayside Grille. 451-3880

Corvette Cruisin’ at Largo Cargo, MM 103, 4-8pm: entertainment, food and beverages. 451-4242

Keys Cajun Secession Celebration, 6pm-10pm at Rib Daddy’s. MM102.5 - food, fun and live Cajun music in the garden. 451-0900

Sunday April 19th
“Start the Day the Conch Republic Way” Breakfast specials at Key Largo Conch House 7am-noon. 453-4844

“Anything that Floats” Race from the Caribbean Club to Sundowners. Awards at Sundowners, registration party at Caribbean Club, time TBA. 451-4502

Monday, April 20th
Conch Lovers Feast at Key Largo Conch House, Conch Appetizer, Soup & Entree \$29 PP 5-9 pm. 453-4844

Tuesday April 21st
Conch Fritter Eating Contest at Encore Restaurant, MM 102.4, 6pm. 451-0650

Wednesday April 22
Conch Republic Bed Races Meeting, pole placement and pre-race party at Coconuts, 5pm live music, dancing, drink specials. 453-9794

Conch Republic Progressive Dinner: wine and dine as we transport you for a 5-course conchalicious Keys-themed menu. 6:30pm. Sue Finney 394-3736

Thursday April 23rd
Opening night of the **Conch Republic Texas Hold’em Contest** aboard Sun Cruz Casino 6:30pm. Holiday Inn 451-0000

Snappers Turtle Club Prices rolled back to 1982 thru Sunday. 852-5956

King and Queen Contest Registration at Snappers. Sign up and get complimentary accessories for your Royal attire. **Jimmy Buffett Impersonator Contest.** Snappers, MM94, 7:30pm. 852-5956

Friday the 24th
Texas Hold’em Contest continues on SunCruz.

King and Queen Conch Crowning of the royal couple at Snappers, 8pm. 852-5956

Saturday April 25th
Conch Republic Underwater Treasure Hunt at Slate’s Atlantis Dive Center, 8:30am. 451-3020

By Land or Sea Conch Poker Run, 11 am. Event begins at Sundowners, MM104. 394-3736

“Is Your Pet a Conch?” contest finals at Keys Kritters Pet Store, 11am. 451-2627

Conch Republic Music Festival at Shipwrecks from 3pm until you drop. 453-3153

Conch Republic Bed Races at Coconuts, 5pm 453-9794

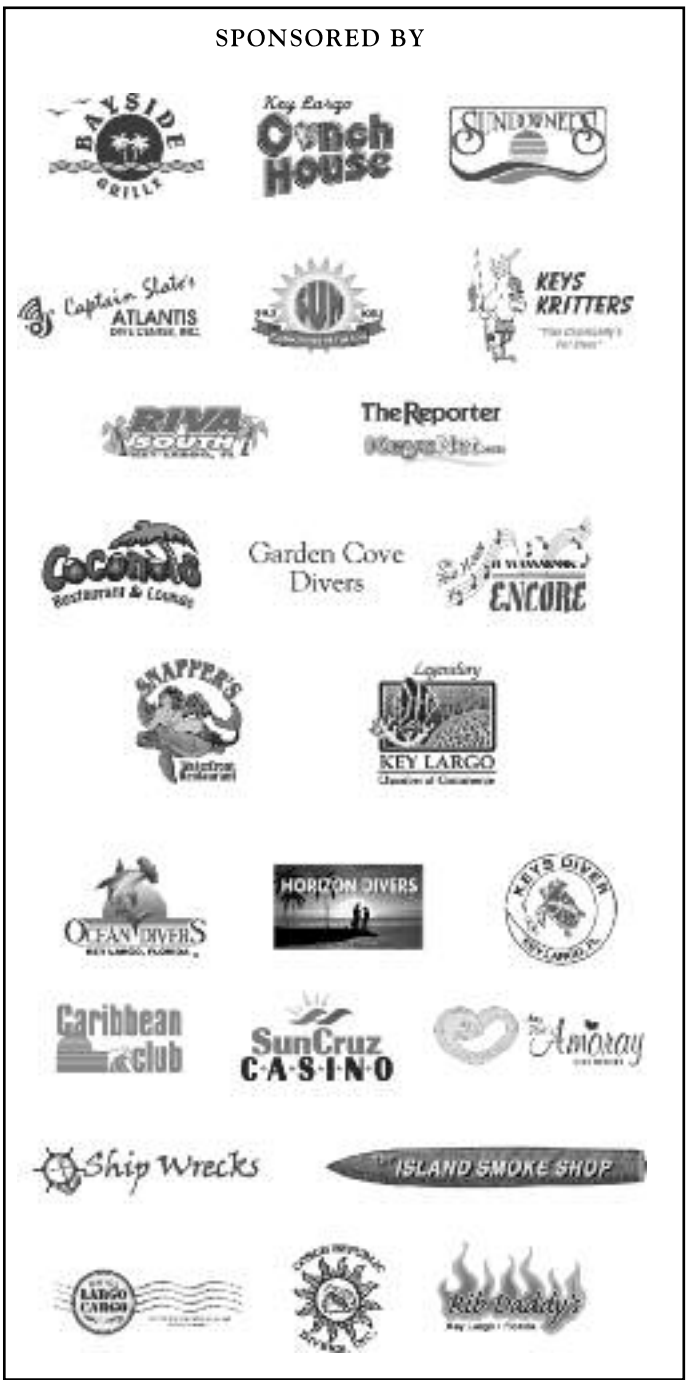
Conch Cruiser Car Classic at Snappers, 5pm Awards at 7:30pm, live music, dancing. Contact Mark Mills 852-9085

Sunday April 26th
“Start the Day the Conch Republic Way” Breakfast specials at Key Largo Conch House 7am-noon 453-4844

Closing Ceremonies at Snappers starting at 3pm, **Conch Shell Blowing Contest**, **Key Lime Pie Eating Contest** followed by the **Ceremonial Destruction of the Jewish Creek Bridge**, live music dancing and drink specials. **Treasure Hunt Awards.** 852-5956

- Daily & Nightly Events
- Contest, Games & Prizes
- Great Music & Food
- Drink Specials
- Fun for Everyone

Friday
April 17th
THRU
Sunday
April 26th



Go to the website or ask the participating sponsors for event details!

Healthy Energy and You

Brought to you by Remedy’s Health Food

In this world of stress and over-extension we find ourselves working more hours and under greater stress. How can we compensate and rectify the effects on our body and mind? Following are a few practical suggestions on how to not only feel more energetic, but have greater clarity of thinking.

1. Feed Your Body
During these difficult economic times the first thing that goes is our nutrition. Even though the majority of us understand what we should eat the reality is that other aspects of our life can take control and our nutrition can and will suffer greatly. Take thirty seconds a day and think about your diet: Am I eating enough vegetables, fruit and protein? Is my intake of water sufficient? Is the food that I am taking in counterproductive to my health progress? In answering these question you can honestly you can have a firm foundation in which to build your energy levels.

2. Refresh and Restore Your Body
There is little if no doubt that sleep deprivation has become the norm in our society. In the 1800’s people went to bed with the sunset and awakened with the sunrise. To day the average American gets only 6.8 hours sleep during the week and 7.4 on the weekend. If you are having difficulty sleeping here are a few suggestions:

- A relaxation response can be initiated with simply taking seven or eight slow deep breaths. Breathe in through your nose slowly, count to four. Hold the breath count to three, and exhale as slowly as you are able through pursed lips, counting to eight.
- Take a mental vacation. Visualize the colors, feel the sun on your face, listen to the birds. Your mind can only think of one thing at a time, why not make it a pleasant thought so as to relax the mind.
- Be realistic about what is causing your sleep deprivation. Is the reality a realistic expectation in you mind? Is it really as bad as it could be or are our fear-based stress a productive use of our mental capacity? This will relax the mind and give you permission to sleep.
- If you still have difficulty sleeping try some natural remedies. Valerian, Hops, L-Theanine, Jamaican Dogwood, Rhodiola Rosea, Melatonin, etc. These need to be the best quality that you can obtain, simply for the fact that there are many low-quality supplements on the market, your health and sleep is worth more that a corporation trying to save a few dollars.

3. Rebalance Your Body
Get moving, your body was made to be on the move. Try Pilates or go to the gym. Get outside and breath some fresh air or get our on the boat and in the water. Go play golf or tennis, at the end of the day feel that you have a sense of accomplishment. This will refresh the mind and create a need for the body to rest. Try taking a high quality multi vitamin, one without a ton of additive. Stay away from supplementation that has toxic minerals. As a whole any nationally advertised supplement will contain things like food coloring or aluminum or titanium. If you are trying to improve your health you may want to think seriously about the long-term consequences of such items.

In short, be proactive about getting more energy. Look at your food, supplementation, sleep and any other aspect that can contribute to your well being. Come see us at Remedy’s and we will do all we can to assist you.

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Annual Liars & Cheaters Golf Tournament

Dust off you golf clubs and grab your balls! Thursday, April 16th, 2009 at Keys Gate Country Club, Snapper's will host the 10th annual Golf Tournament for Habitat for Humanity. You can pick up an entry form at Snapper's MM 94 Oceanside, Key Largo or Habitat for Humanity MM 99 (in the median). Your \$100 entry fee (after 4/9/09 it's \$120) includes Round of Golf, Range balls, Cart, Beverages, Lunch, Awards Banquet, Goody Bag and Eligibility for Great Contests including a putting contest, \$25,000 shootout, a predict you drive contest and longest drive contest for both men and women. If you have never been to a barbecue at Snappers you don't know what

you're missing! If you cannot make this event and would are interested in a sponsorship or prize donation call Snappers at 305-852-5956 or 305-453-0050.

Habitat for Humanity has been building houses, hopes and dreams since 1989. Through volunteer labor and donations of money and materials, Habitat builds and renovates simple, decent houses with the help of homeowner (partner) families. Habitat houses are sold to partner families at no profit, financed with affordable 30 year no-interest mortgages. This year they are building 5 in the Upper Keys! For details on how your family may qualify go to www.habitatupperkeys.org.



ABOVE: Just a few of the Liars and Cheaters Committee Members: Doug Hench, Board V.P.; Mimi Young, Board Secretary; Chadwick Duncan, Habitat Exec. Director; Michele Carnohan, Habitat Homeowner and Home Store Manager; Mary Jane Hench and Leslie Attebery, Volunteer.



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Lower Keys Salesperson wanted.
The Coconut Telegraph would like to expand its coverage to the Lower Keys and has an opening for a self motivated individual.

Requirements are:

- ✓ Must be experienced in advertising sales.
- ✓ Writing ability a plus.
- ✓ Sense of humor a must!

If interested send e-mail to thecoconuttelegraph@yahoo.com

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New Location Special!

15% discount
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ISLAMORADA, FLORIDA KEYS

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Monday THRU Thursday

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Give Your Gift to the World Being Happy with Your Job

In our search to define ourselves, we often look to our job to show us our worth. Society does not judge all professions equally, however, and it is not uncommon for the individuals who hold what others may consider to be ordinary or menial jobs to feel that they themselves are ordinary or menial. Yet, in truth, many wonderful and wise people throughout history have held what have typically been perceived as ordinary jobs, and this in no way has had any bearing on whether or not they have managed to contribute their skills and talents to the world. Whether you work in business, education, medicine, retail, or another profession, your worth is inherent to who you are and not what you do for a living.

A job that you enjoy, lets you meet your needs, and allows you to live in accordance with your values will always be more gratifying than a high-status job that you dislike. But while experiencing professional satisfaction can be a vital part of being fulfilled by your work, it is important

to remember that it is possible to find happiness in any job. This is because what you do is often less important than how you do it. Your attitude and intention can turn a mediocre job into work that fulfills you because of the way that you approach it. If you do your job well and what you do benefits others, then you are doing work that is making this world a better place.

If you are happy in your current line of work and feel that it allows you to be yourself and live authentically while meeting your emotional and physical needs and allowing time for you to enjoy the fruits of your labor, then you have found a job that adds value to your life. If you are a waitress, then be the best waitress you can, take pride in your work and others will notice your passion. You can contribute your talents and skills to this world while doing any job. It is not the kind of work you do that allows you to be of service. It is you who must choose to be of service through the work that you do.



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Outsmart the Recession: Save Money, Even Make Some

By Rich and Rachel Peine

The Upper Keys have a number of resources to help you outsmart the recession, whether you're buying, selling, donating, or volunteering. For example, those single earrings taking up space in your jewelry box could put more money in your pocket than you think, because the price of gold is off the charts right now. A friend of mine took a few odd gold pieces into Coral Financial Jewelry and Pawnshop, the other day and walked out very pleasantly surprised and \$200 richer. More about that later.

You can outsmart the recession, save money, and feel good about yourself when you shop at stores that benefit the local community. Did you know you can get a tax writeoff for donations to the Salvation Army, the Habitat for Humanity Store, and the MARC thrift store? Improve your feng shui and unclutter your life. You can even get furniture picked up - no muss, no fuss, no worry.

You never know what you'll find when you walk into "Sally's" in Key Largo. Barbara, the manager of the Salvation Army store, told me she once sold a Moose head, antlers and all, for \$500. The guy strapped it on top of his truck and headed home to Montana. I know people who scout the store daily, scooping the cream off the new arrivals. Need a wedding dress? Sleeping bag? Tropical shirt? Browse the aisles! Your donation to the Salvation Army store helps their work in feeding the hungry, sheltering the homeless, and providing disaster relief. When the Red River flooded in Fargo, North Dakota last month, the Salvation Army set up mobile food stations, filled sandbags, and provided shelter for people



Visit Elsa, Barbara and Shelly and shop the deals at the Savation Army Store in Key Largo.



Michelle Carhohan Manager of the Habitat for Humanity Store in Key Largo has some great stuff and some real bargains.



Turn at the big red chair and shop for sales while helping out fellow members of your community.

whose homes were under water. So, you can feel good that you helped in that relief effort by supporting the store. The Key Largo store is open Monday through Friday 9:00 - 4:00 and Saturday 9:00 - 3:00, 100109 Overseas Highway, Oceanside.

The Habitat for Humanity Store in Key Largo has the feel of a designer furniture showroom. Everything is like new, but priced way below retail. I saw a Liz Claiborne armoire, a comfy leather chair, and some Drexel Heritage pieces. Their focus is home décor, including a number of prints by Alan Maltz, official wildlife photographer for the state of Florida, for fraction of the cost in his gallery in Key West. The proceeds go to help building homes in our community, including five in Key Largo scheduled for this summer. Michele, the manager, has been a volunteer with Habitat since their beginning in the Upper Keys, and she is the owner of the first home they built. You can call her about donations, and she'd love some volunteers to help in the store or pick up furniture. Store hours are Monday through Saturday, 10:00 - 4:00 at 98970 Overseas Highway, in the median. The number is 453-7855.

One of the not so well known places for bargain hunting is the MARC thrift shop in Islamorada. MARC stands for Monroe Association for Retarded Citizens. This is a great place to shop and help your neighbors at the same time.

MARC provides training in work, life and social skills to mentally and physically disabled folks here in the keys. Some MARC clients work at the MARC offices in Key West and Islamorada and others work in

the community. MARC contracts with businesses for tasks that their clients can perform. Examples are filling envelopes and packing t-shirts in plastic bags.

The store has everything you would want in a good thrift shop. Think furniture, clothes, electronics, books - the list goes on. It is located on the ocean side on Plantation Key just north of the Coral Shores High School on the grounds of Coral Isles Church. Look for the big red chair outside. The Hours are 10:00 to 2:00 Monday through Friday.

Finally, let's get back to Coral Financial. I asked Bill, the owner, how a pawnshop works. If you need a short-term loan, bring in an item to pawn. He'll lend you a percentage of the value for 30 days. When you return with the balance, you get your item back. That's pretty straightforward. He'll also buy

outright, like the jewelry I mentioned earlier. In addition to the pawnshop, Bill specializes in new and classic bicycles. He's got one hanging from the ceiling that's really rare. It's a 1988 Bowden Spacelander, originally designed in 1946 after the Buck Rogers Rocket Patrol. If you have to ask how much it costs, you can't afford it! I guess Rich didn't see the large signs saying "Do Not Touch", because he startled us by beeping the horn on one of the expensive bikes. Oops! If you've never been in, stop by and say hello to Bill and Alan. They're there 9:00 to 6:00 Monday through Saturday, at 102071 Overseas Highway, Oceanside.

So, whether you're buying, selling, volunteering, or pawning, make the recession work for you. There are many resources for the resourceful in the Upper Keys.



Stop in and see what Bill and Alan at Coral Financial great items they have to offer.

Islamorada Canal Front Lot, \$248,800

Deep water dockage, homeowner's park
Directly on the Bay with beach,
Minutes from Channel 5 bridge with a 65' clearance.
Owner says "bring all offers."



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Some Dance To Forget

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Artist of the Month

Frank B. Patterson of WORZ 104.3 Ocean Reef Radio

Frank Patterson was "off the rock" at the time of this interview so we had to do it by email and telephone.

CT: How did you get involved with radio?

FP: I started a radio station in High School with a few other students and also worked at my college station WSLY 1600AM, Wesley College, Dover, Delaware as the afternoon Diver DJ. I then went on to writing insurance coverage for radio stations in the early 80's. I became a partner in a large group of stations with locations in CA, NV, AL, SC and OH that were ultimately purchased by Clear Channel.

CT: What is unique about WORZ?

FP: When I built it in 1994 it was WORC FM, a cable TV audio channel. When we got our FCC License in 1999 we became WORZ and the first station in the country to become fully automated.

CT: You split your time between Greenville, SC and Key Largo?

FP: Yes, I am building other community radio and TV stations for some very exclusive communities in western NC and SC. My family, wife Frances (of 27 years) and sons Hunter (23) and Bryant (17), live in Greenville and we also have a lake home on Lake Keowee. I'm spending a lot of time up here building the stations. Starting in May WORZ will be adding 2 South Florida TV Stations to its partners in media.

CT: What benefit will there be to the Keys with TV Stations at WORZ?

FP: It will bring more coverage

to the Keys and not just Ocean Reef. The stations like our location because we are so mid-way from Ft. Lauderdale, Miami and the Keys. Just their offices and a small studio will be located there and it will give WORZ more resources to broadcast additional information that will be beneficial to our listeners.

CT: Now that you are streaming who are your listeners?

FP: We are now getting an average of 325,000 plus hits a month in the Keys, thanks to the advertisement in the Coconut Telegraph. The members of ORC and Angler's Club listen at home, in their car and even in their golf carts! Remember, in addition to the 2,000+ homes and docks there are also some 4,800+ social members that do not live there that listen on line. There is also a member class called Legacy, these are children of members that have their own membership. I don't know the exact number of them but I'm guessing around 1,200. The average listener listens on the web for over 5 hours. The station is aired 24/7, 365 days a year but we only do Sponsorship Spots during the day (6:00 AM to 10:00 PM). WORZ does not sell advertising; we receive sponsorships as we are a 501 C corporation. We only take up to 45 commercial sponsors a year. Each sponsor gets to participate in many ways with the Ocean Reef and Angler's Club communities. In addition, WORZ will interview each sponsor in detail and air that interview many times throughout the year. CT: What are the people at Ocean Reef really like?

FP: I have been coming to ORC since the early eighties and the members have become some of my very best friends and extended family, as well as many throughout the Keys. They are very caring, down to earth people. By owning the station I have had the opportunity to get involved with many of the charities and community functions that I may not have taken the time to do otherwise.

CT: What do you like about ORC and the Upper Keys?

FP: Ocean Reef has many interesting people that care about the community they live in. They participate in not only functions at ORC but have helped with many charities in the Keys and South Florida. I love the water, it gives me a feeling of serenity, and being a cancer survivor I cherish every day. In the Keys I feel like I am part of one big family. I hope that when my wife and I retire we will have more time to visit the Keys together and relax. One of the neat things about ORC is that 90% of the transportation is on golf carts. Advantage Golf Carts supplies the station with EZGO carts to use. This is great as it saves a

lot of money on gas and makes ORC and Angler's Club a greener community.

CT: What do you like to create?

FP: I love creating the show. In the industry we call the creator, sponsor or producer of the show the "angel". Well, I do not expect to be known as an angel but I like coming up with new ideas that help the station and its sponsors. At WORZ I like to do programming that is not on any other stations, and I have the luxury of personally knowing most of my listeners and they do not hesitate to call in and let me know what they like or dislike.

CT: What are your plans for the future?

FP: My goal is to work better with other local stations. In this market and economy we all need to work together. I still believe that local radio is best. Satellite cannot provide the instant information that we need during an emergency that we can. Now with the merger of XM and Sirius followed by Chapter 11 we are finding that they cannot get to the market place the way local radio can.

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Jack McCormick has managed the restaurant for 5 years and turned it into a thriving business. Last year he and his partner, Sam Nekhaila, purchased the place. Since then they have opened another tiki bar and seating on the beach, they increased their hours to include a full breakfast menu and the low prices and great food make it the favorite

Continued on page 19...



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Sound System Donated to Senior Center



Liz Young (right) and Andrea Comstock (middle) of the Florida Keys Council of the Arts test the new sound system for the Monroe County Senior Center in Plantation Key generously donated by Dave Feder (left) of Islamorada Community Entertainment (ICE). As a musician participating with the Arts Council's Senior Lunchtime Concert Series, Dave took it upon himself to purchase and donate a good portable system that would serve the center's needs for any public speaking, educational or entertainment events scheduled there. The Arts Council is pleased to partner with artists and arts organizations such as Dave and ICE who are dedicated to bringing the arts to all members of the community. According to Dave, "It is one of those very rewarding opportunities that comes from being involved with ICE. But ultimately it is the community at large, who in supporting our efforts, should really be thanked."

Upper Keys Rotary Welcomes Derfler



President Don Horton (middle) and President Elect George Hertel (right) introduced Frank Derfler as the Upper Keys Rotary Club's latest addition.

Frank Derfler and his wife moved to Islamorada 10 years ago. Derfler was an Airforce Officer for twenty years and an editor with PC-Magazine for another 20 years. He wrote over a dozen books, some related to his field of experience and just recently started to work on a novel. He is still active in computer related communications and offers e-seminars. "Life is a Work in Progress" is prominently displayed on his calling card.

The Upper Keys Rotary Club gives 100% of the proceeds earned to Upper Keys local scholarships and people in need.

Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.



Bean



Kiska



Liza



Lola



Zelda



Mandy



Lisa



Misha



Molly

Dear Anny Bannany

Dear Anny Bannany,
I have a slow leak in one of my tires and I don't know what to do. A friend said that it could cause my tire to blow up. That could be extremely unsafe, especially if I had a couple of drinks so I am afraid to go anywhere. What can I do? My social life has gone down the tube.

Signed,
Air Hole

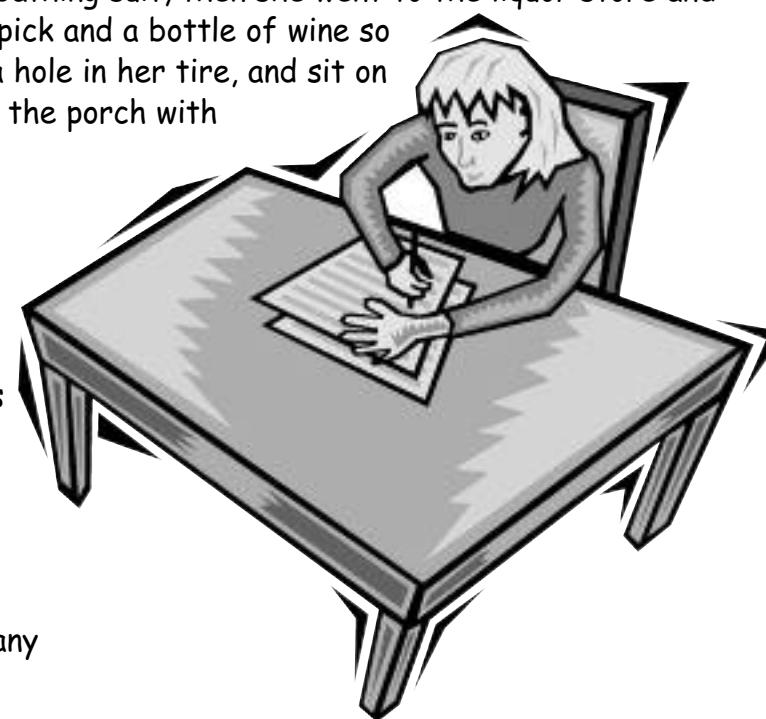
Dear Air Hole,
You are darn tootin'. A bad tire could cause an accident and so could drinking and driving! If you don't want to sit around and stare at your blow hole all day call Mom's Taxi 852-6000. They will pick you up and bring you safely back home for much less money than a trip to the jail.
Anny Bannany had a slow leak too and called Bryan Wheaton at B & B Mobile Tire Service 942-6325. These two drop-dead gorgeous guys showed up and went right to work on my tire. It was amazing to see these hunks work. It's like having your own personal pit crew! I watched in awe as they zipped around my car, and all at a good price.

After that Anny Bannany went to Valley of the Diva's and bought a new bathing suit, then she went to the liquor store and bought an ice pick and a bottle of wine so she can poke a hole in her tire, and sit on the porch with

a glass of wine, catch some sun and watch these studly guys do it again.

Now that's what living in the Keys is all about!

Sincerely,
Anny Bannany



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Coconut Conch Characters of the Month



The Sunshine Band at the Pilot House.



George Wilson belts out a tune with Lee Kibbey at the Pilot House Karaoke.



Maryann Gibus of Clear Channel Radio celebrates her birthday at The Fish House Encore with some clowns.



The newly remodeled and reopened Islamorada Moose.



This crew came to check out the new glass bottom bar at the Pilot House.



Mrs. Wade Boggs practicing for the Conch Shell blowing contest at last years Conch Republic Celebration at Snapper's.



The Conch House Dreaivers at First State Bank's Key Largo Chamber's After Hours Party.



Survivors lap at Relay for Life at Coral Shores High School.



Steve Venini and friends at Marley's

Photo by: Elizabeth Henderson

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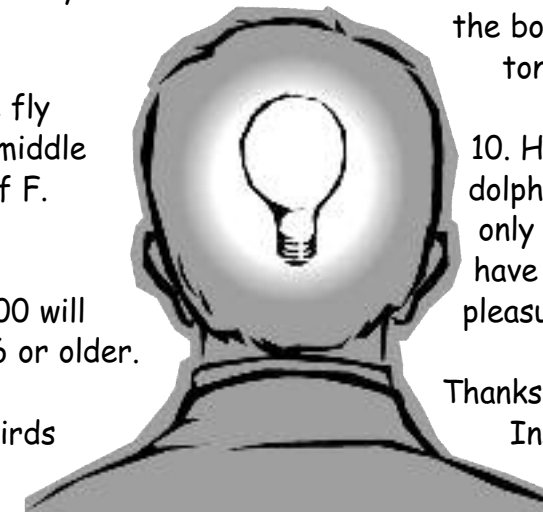


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Useless Facts You Should Know

Compiled by Rich Peine

1. The cigarette lighter was invented before the match.
2. The electric chair was invented by a dentist. (hmmm...)
3. Thirty-five percent of the people who use personal ads for dating are already married.
4. The house fly hums in the middle octave key of F.
5. Only 1 in 2,000,000,000 will live to be 116 or older.
6. Hummingbirds are the only animals that can fly backwards.
7. A pig's orgasm lasts 30 minutes.
8. Some lions mate over 50 times a day.
9. The strongest muscle in the body is the tongue.
10. Humans and dolphins are the only species that have sex for pleasure.



Thanks to Freeman Institute.

...continued from page 11.

dining spot of the locals. Breakfast is served from 6 AM to 11 AM. If you want something truly tantalizing stop by and see what everyone is raving about, the Sunday Seafood Brunch, every Sunday from 11 AM to 2 PM on the beach includes: Fresh Roasted Ham, Fresh Grilled Sirloin, Peel & Eat Shrimp, Alaskan Crab Legs, Calamari Salad, Potato Salad, Cole Slaw, Omelettes and eggs (your way), Pancakes, Homefries, Bacon, Sausage, Corned Beef Hash, Fresh Fruit, rolls and bagels and if you have room left...Dessert!!

The Island Grill is a full service Seafood Restaurant with full liquor service as well. People travel for miles for their Tempura Fried Hogfish, Snow Crab and Grilled Wahoo.

Desserts include the Chef's own mouth watering deep fried ice cream, Hot Chocolate Chip Melt and Hot Raspberry Blossom Pastry, both served with Ice Cream. Dinner is served Sunday - Thursday from 4 to 10 and Friday & Saturday till 11 and its also the perfect place for a business lunch. For a truly romantic evening get there early to take advantage of the free Sunset Cruise, Monday - Thursday from 6:30 to 7:30. The Island Grill welcomes private parties on the beach and catering for your special event. For more information visit their website at KeysIslandGrill.com or call 305-664-8405. It's the "heart" of Islamorada, as locals and visitors alike love it.

MARLEYS
Bayside Grille

Waterfront Dining MM 107 Bayside Key Largo
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Coco ‘Nut’ Funnies

Did You Know?

The liquid inside YOUNG COCONUTS can be used as a substitute for BLOOD PLASMA.

No PIECE OF PAPER can be folded in half more than seven times. Oh go ahead, try...

DONKEYS kill more people annually than plane crashes or shark attacks (so watch out for donkeys)

You burn MORE calories sleeping than you do watching television.

OAK TREES do not produce acorns until they are 50 years old or older.

The first product to have a bar code was WRIGLEY'S GUM.

The King of Hearts is the only king WITHOUT A MOUSTACHE.

American Airlines saved \$40,000 in 1987 by ELIMINATING ONE OLIVE from each salad served in first-class.

Venus is the only planet that rotates CLOCKWISE. (Since Venus is normally associated with women, what does this tell you? That women are going the 'right' direction...?)

APPLES, not caffeine, are more efficient at waking you up in the morning.

Most dust particles in your house are made from DEAD SKIN!

The first owner of the MARLBORO COMPANY died of lung cancer. So did the first 'Marlboro Man'.

Walt Disney was afraid OF MICE!

PEARLS melt in VINEGAR!

The three most valuable brand names on earth: MARLBORO, COCA COLA, and BUDWEISER, in that order.

It is possible to lead a COW upstairs... but, not downstairs.

A duck's QUACK doesn't echo, and no one knows why.

Dentists have recommended that a TOOTHBRUSH be kept at least six feet away from a toilet to avoid airborne particles resulting from the flush.

Turtles can breathe through their BUTTS.

Remember, knowledge is everything, so pass it on...and go move your toothbrush!!!

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Age Activated Attention Deficit Disorder.

Recently I was diagnosed with A.A.A.D.D. Age Activated Attention Deficit Disorder.

This is how it manifests:

I decide to water my garden. As I turn on the hose in the driveway, I look over at my car and decide it needs washing.

As I start toward the garage, I notice mail on the porch table that I brought up from the mailbox earlier.

I decide to go through the mail before I wash the car. I lay my car keys on the table, put the junk mail in the garbage can under the table, and notice that the can is full.

So, I decide to put the bills back on the table and take out the garbage first.

But then I think, since I'm going to be near the mailbox when I take out the garbage anyway, I might as well pay the bills first.

I take my checkbook off the table, and see that there is only one left. My extra checks are on my desk in the study, so I go inside the house to my desk where I find the can of Pepsi I'd been drinking.

I'm going to look for my checks but first I need to push the Pepsi aside so that I don't accidentally knock it over. The Pepsi is getting warm so I decide to put it in the refrigerator to keep it cold.

As I head toward the kitchen with the Pepsi, a vase of flowers on the counter catches my eye—they need water. I put the Pepsi on the counter and discover my reading glasses that I've been searching for all morning.

I decided I better put them back on my desk, but first I'm going to water the flowers.

I set the flowers back down on the counter, to fill a container with water and suddenly spot the TV remote. Someone had left it on the kitchen table.

I realize that tonight when we go to watch TV, I'll be looking for the remote but I won't remember that it's on the kitchen table so I decide to put it back in the den where it belongs, but first I'll water the flowers.

I pour some water in the flowers but quite a bit spills on the floor.

So, I set the remote back on the table, get some towels and wipe up the spill.

Then I head down the hall trying to remember what I was planning to do.

At the end of the day: the hose has been running since noon, the car isn't washed, the bills aren't paid, there is warm can of Pepsi sitting on the counter, there is still only one check in my check book, I can't find the remote, I can't find my glasses, I don't remember what I did with the car keys.

Then, when I try to figure out why nothing got done today. I'm really baffled because I know I was busy all damn day and I'm really tired.

I realize that this is a serious problem and I'll try to get some help for it, but first I'll check my e-mail...

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MONDAY APRIL 6

BUS TRIP - MARLIN'S OPENING DAY

SUNDAY APRIL 12

EASTER SUNDAY - CELEBRATE AT SNAPPER'S SUNDAY JAZZ BRUNCH, LUNCH OR DINNER!

THURSDAY APRIL 16TH

ANNUAL LIARS AND CHEATERS GOLF TOURNAMENT TO BENEFIT HABITAT FOR HUMANITY

FRIDAY APR. 17TH THRU SUNDAY APR. 26TH

UPPER KEYS BUSINESS GROUP "CONCH REPUBLIC DAYS" CELEBRATION BEGINS

THURSDAY APRIL 23RD

SNAPPER'S CONCH REPUBLIC INDEPENDENCE CELEBRATION BEGINS WITH REGISTRATION FOR THE KING AND QUEEN CONCH CONTEST & JIMMY BUFFET IMPERSONATOR CONTEST

FRIDAY APRIL 24TH

KING AND QUEEN CONCH CONTEST

SATURDAY APRIL 25TH

CONCH CLASSIC CAR SHOW AND CONTEST

SUNDAY APRIL 26TH

FREE BBQ FOR TURTLES (ALL OTHERS \$5), KEY LIME PIE EATING CONTEST, CONCH SHELL BLOWING CONTEST, UNDERWATER TREASURE HUNT AWARDS FOLLOWED BY THE CEREMONIAL DESTRUCTION OF THE JEWELRY CREEK BRIDGE AND THE CLOSING CEREMONIES OF THE NORTHERNMOST TERRITORIES OF THE CONCH REPUBLIC DAYS FESTIVAL

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Wed, Apr 1: Nancy Hartline
Thurs, Apr 2: Rob Sweet
Fri & Sat, Apr 3-4: Bruce Isaacson
Sun-Wed, Apr 5-8: Dwayne McGregor
Thurs-Sat, Apr 9-11: Scott Kirby
Sun, Apr 12: Bruce Isaacson
Mon-Wed, Apr 13-15: Rick Merrill
Thurs-Sun, Apr 16-19: Cliff Cody
Mon-Tues, Apr 20-21: Rob Sweet
Wed, Apr 22: Lyndal Wojcik
Thu-Sun, Apr 23-26: Dangerous Dave
Mon-Wed, Apr 27-29: Neil Franklin
Thurs, Apr 30: Nancy Hartline

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