

The Conch Republic COCONUT TELEGRAPH



- FREE**
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Allowing Others to Be
Controlling Behavior
Coco 'Nut' Funnies



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Look for the next issue the first of the month.

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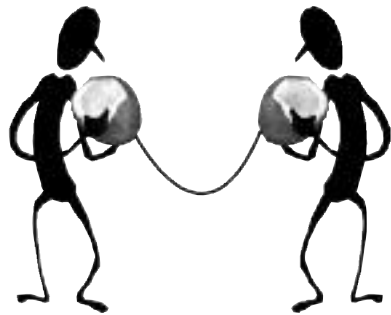
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Editorial: Monroe County Sheriff's Deputies
An Endangered Species

It all started with a phone call to the police. "I haven't been able to reach my mother in a few days and I am worried" said my brother. A short while later a policeman called him back and very gently explained that he and his partner had broken in the house and found that my mother had passed away in her sleep. The police working that day in a small town in upstate New York were seasoned professionals with years of experience under their belts. We were grateful for their kindness and sensitivity.

Here in Monroe County our experienced Deputy Sheriff's are becoming extinct, or at least an endangered species. The ones that have been here a long time are being forced to leave in order to survive. The Hideout Restaurant held a rally last week to raise awareness of their plight.

Kathy Giles, co-owner of the Hideout has been serving these guys for years and knows them well. "They haven't had a raise in 3 years! They can double their salaries just by moving to another county. When they leave we get a new rookie to replace them. We just have to find a way to help them," says Giles.

So the owners and staff of the Hideout threw a party for them and the Coconut Telegraph took the cover shot. Someone donated t-shirts

and another person chipped in on the food. "These guys are our friends and neighbors and they don't want to leave," adds Giles.

On the t-shirt it says "The person you call to help in your time of need; who puts their life on the line just by putting on the uniform...\$34,000. No raises in over 3 years. Worst insurance in the county. Over 40% below other So. Fla. Law Enforcement Agencies."

The Coconut Telegraph did the math and after taxes they probably take home about \$15 an hour and they work 12-hour shifts. The person that serves their food in a restaurant might make the same amount or more. When one of our seasoned professionals leaves we could get one fresh out of high school. We applaud the newcomers for their desire for a career in Law Enforcement but we need to take care of our own first.

While I was pounding the pavement passing out invitations to the rally I discovered that there are only 2 types of people, there are honest people and there are dishonest people. And the honest people do not fear the police because they have no reason to. They want to see the Keys stay a safe place. You never know when you're going to have to make that call or who will respond.

Disclaimer

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Entertainers of the Month
"Just Not Right"



By Rich Peine

"Just Not Right" consists of guitar players Mike Mitzner and Dwayne McGregor.

I like the name "Just Not Right". It conjures up thoughts of something amiss. It describes many of my friends and acquaintances. On the other hand it could used to describe the opposite: they're REALLY good!. Well citizens, these two musicians are the latter.

It's Friday at the Pilot House and there must be 90 to 100 people in the newly remodeled outside area. There's dancing in front of the bandstand and the tables are

full of folks who are tapping their feet to the beat. You just have to love the energy. It's always a treat when musicians are tight and Dwayne and Mike are no exception. Looks like Key Largo has another winner.

Mike was born in Chicago and moved to Miami when he was 8 years old. Ten years ago he made the jump to Key Largo. He was the male part of the duo Drein and Mike until her untimely death last year. In addition to their many performances around Key Largo, they recorded a CD, "Live Loud

Continued on pag 14...

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Mon	7-10	Alan Truesdale
Tues	7-10	Dwayne McGregor
Wed	7-10	Ted Hyde
Thurs	7-10	Paul Moen
Fri	7:30 - 11	Troy & Dave
Sat	7:30 - 11	Just Not Right Band

What’s in Your Gullet?

Brought to you by **Remedy’s Health Food**

The “What’s in Your Gullet?” series is intended to inform and occasionally amuse.

Before you decide that a supplement is a bargain, remember that 'buy one, get one free' is great for shoes and clothes...but read the labels before you determine that it's a bargain for your health!

Shellac A popular floor finish until the 1930's, it was available any place paints or varnishes were sold. Used as a glazing agent on pills, it is a resin secreted by the female Lac bug. Sometimes referred to as 'beetlejuice', because it may contain the crushed insects, shellac was once very common.

'Blue 1' A synthetic dye derived from coal tar. Has the capacity for inducing an allergic reaction in individuals with pre-existing moderate asthma.

Sodium Laurel Sulfate An inexpensive detergent. Probably the most dangerous ingredient in skin and hair care products. Used as a garage floor cleaner; very corrosive. A study at the Medical College of Georgia showed that SLS prevented young children's eyes from developing properly and caused cataracts to develop in adults.

Polysorbate A surfactant (detergent) and emulsifier. According to Annals of 80 Allergy, Asthma and Immunology, Volume 95, Number 6, December 2005, “It is of current relevance as a “hidden” inductor of “anaphylactoid reactions”, (acute multi-organ allergic reaction) and “Polysorbate 80 was identified as a causative agent for the anaphylactoid reaction of nonimmunologic origin...Polysorbate 80 is a ubiquitously used solubilizing agent that can cause severe nonimmunologic anaphylactoid reactions.”

Crospovidone Also known as Polyvinylpyrrolidone; invented in 1939. Used as a binder in pharmaceutical tablets; it 'simply passes through the body when taken orally'. However, autopsies have found that crospovidone does contribute to pulmonary vascular injury in substance abusers who have injected pharmaceutical tablets intended for oral consumption. The long term effects within the lung are unknown.

Titanium Dioxide Widespread use. Recently classified by the International Agency for Research on Cancer as an IARC Group 28 carcinogen (possibly carcinogen to humans). The observations of titanium dioxide as a human carcinogen are primarily relevant to persons doing jobs with exposures to titanium dioxide dust. However, in Canada, it was agreed that titanium dioxide now meets the criteria to be classified as a


carcinogen based on the information provided by the IARC.

The above six ingredients are found in a popular psyllium 'Fiber plus calcium' supplement sold under the name of a national drugstore chain. The remaining three ingredients were psyllium, calcium carbonate and gelatin.

Most of the supplements we select for our store are cold-processed; therefore, they do not require unnecessary binders, fillers or waxes used so pills can be popped out of their molds after 'cooking' them. Heat-pressed supplements tend to be difficult for the body to break down, and are often found floating in the waters of sewage treatment plants. What a waste of money and effort; truly, 'buy one, get one free" is no bargain in this case!

An informed customer is a healthy customer; at Remedy's, we strive to understand what is in the supplements we sell. We do not carry supplementation that contains carcinogens or unnecessary fillers and binders. If you would like your current supplement reviewed, bring it in to Remedy's and we can review its quality at no charge. When Remedy's researches, you get results!

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Free Plant Clinics in Key West & Key Largo

Get bugs identified and plant problems correctly diagnosed before treating your landscape with pesticides or other chemicals. Free plant clinics are being offered at the Monroe County Extension office located in the Gato Building, 1100 Simonton Street, Suite 2-260, Key West, on the first and third Mondays of the month throughout the summer. Master Gardeners will conduct the clinic from 9 am to noon. Bring insects or sick plants for diagnosis or identification.

Free plant clinics will also be held on the first and third Wednesdays of the month throughout the summer at the Monroe County Extension office located in the Murray E. Nelson Government & Culture Center, 102050 Overseas

Highway, Suite 244, MM 102, Bayside, Key Largo. Master Gardeners will conduct the clinic from 9:00 a.m. to noon.

Additional information is available from Monroe County Extension Services, Key West phone 292-4501, Key Largo phone 453-8748, or visit our Web site at <http://monroe.ifas.ufl.edu>. Our services are free and available to all without regard to race, color, sex, or national origin.

Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.

Charlene

Grace

Jasmine

Mimi

Megan

Bonnie & Clyde

Floyd

Scooter

Ike

In Memory of Carol M. Griffith

]Carol M Griffith
December 22, 1932 - May 2, 2009

My mother retired from the NY State Elmira Correctional Facility after 22 years as a library clerk in a men's maximum-security prison. She didn't scare easily. At age 76 she fought the town hall over a property assessment that raised her taxes and she won and got a reduction. Throughout her life she was politically active and always fought for the cause. Her level of integrity far exceeds anyone I have ever known. She was a direct descendent of Charlemagne and refused to be bullied by convicts and insecure people. That is my legacy.

I found this poem of hers.
Author unknown

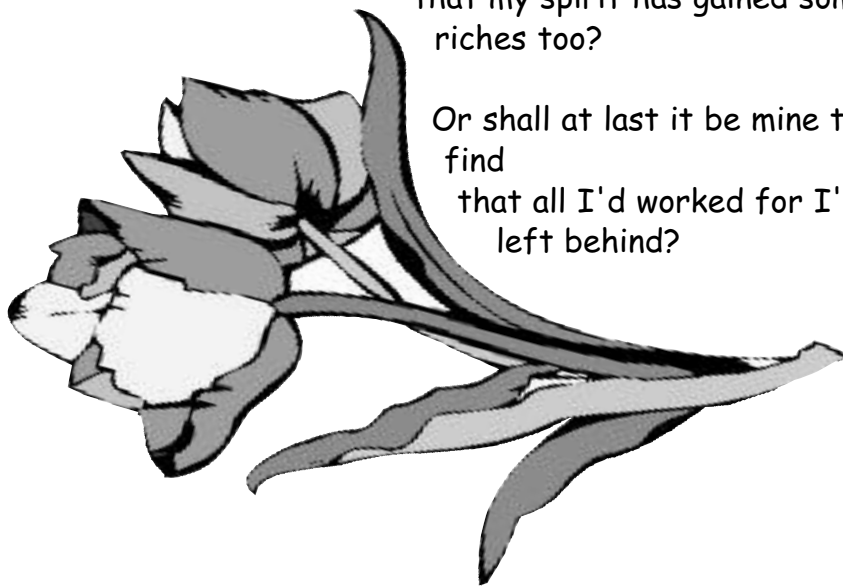
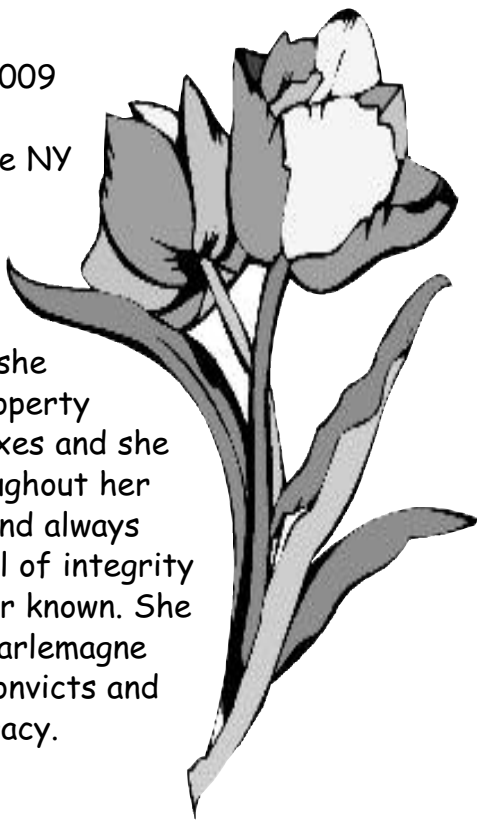
Out of this life, I shall never take
things of silver and gold I make
All that I cherish and hoard away
after I leave this earth must stay

Though I have toiled for a painting rare
to hang on the wall, I must leave it there
Though I call it mine and boast its worth
I must give it up when I leave this earth

All that I gather and all that I keep
I must leave behind when I fall asleep
and I often wonder what I shall own
in that other life when I pass alone

What shall they find and what shall they see
in the soul that answers the call for me?
Shall the great judge learn when my task is through
that my spirit has gained some riches too?

Or shall at last it be mine to find
that all I'd worked for I'd left behind?



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Local Artist Wins Prestigious Fellowship

The Florida Keys Council of the Arts proudly announces local artist Karley Klopfenstein as the 2009 winner of the South Florida Cultural Consortium Fellowship for Visual and Media Artists.

Ms. Klopfenstein was awarded a prize of \$15,000, joining nine other artists from South Florida so honored in this year's SFCC competition. The \$15,000 fellowships are the largest such awards provided by local arts agencies in the United States. The Consortium is an alliance of the arts councils of Palm Beach, Broward, Miami-Dade, Monroe and Martin Counties.

Klopfenstein's current body of work focuses on specific American military weaponry, rendered domestic with traditional craft techniques such as weaving, crocheting and rug hooking. The juxtaposition of the imagery used as a graphic element, and the technique, comment on the persistent presence of violence in our everyday lives. As an artist, Karley is interested in the ways that violence, horror and war

nudge their way into the comfort of our daily routines. Currently, she is an artist in residence at The

panel was totally anonymous, based solely on the quality of the artists' work as evidenced by digital images,



Photo Caption: Liz Young, Executive Director, Florida Keys Council of the Arts (right) congratulates Karley Klopfenstein, 2009 winner of the SFCC Visual & Media Artist Fellowship Award.

Studios of Key West, and is represented by the Charest-Weinberg Gallery in Miami. The recipients were selected during a two-tier panel process which included the participation of regional and national arts experts. Selection by the regional

slides or video/films submitted. The regional panel forwarded their recommendations to the national panel, which was comprised of: Amada Cruz, Program Director, United States Artists, Los Angeles; Linda Dubler, Curator of

Media Arts, High Museum of Art, Atlanta; Odili Donald Odita, Visual Artist, Philadelphia; and Gilbert Vicario, Assistant Curator of Latin American Art, The Museum of Fine Arts, Houston. All four national judges participated in the final recommendations. An exhibition featuring the works of the ten recipients will be presented at the University Galleries, School of the Arts at Florida Atlantic University in Boca Raton from September 18 - October 30, 2009; with an opening reception scheduled for Thursday, September 17, 7 - 9 p.m. The South Florida Cultural Consortium Visual and Media Artists Fellowship Program is a cooperative project funded in part with the support of the National Endowment for the Arts, the Florida Department of State Division of Cultural Affairs and the Florida Arts Council, the Boards of County Commissioners of Broward, Miami-Dade, Martin and Monroe Counties, and the Palm Beach County Cultural Council.

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First State Bank Earns Green for GLEE

First State Bank of the Florida Keys' employees partnered with GLEE (Green Living Energy and Education) to raise over \$1,000.

First State Bank of the Florida Keys put a new "spin" on fundraising for GLEE raising donations from attendees at the 2009 GLEE Expo in exchange for First State Bank green prizes.

First State Bank volunteers also acted as "guest bartenders" at a GLEE event celebrating Earth Week and GLEE President Alison Higgins' birthday. First State Bankers Tom Lavender, Debbi Rothstein and Annie Hamer all pitched in to help raise over \$1,100 to support GLEE's mission and programs.

Headquartered in Key West, First State Bank of the Florida Keys is a locally owned community bank with 11 full-service banking offices and 27 ATMs throughout the Keys.

Founded in 1955, First State Bank of the Florida Keys

is the only locally owned and operated full-service bank meeting the personal and commercial banking needs of residents and businesses throughout Monroe County.

The Bank's owners, board of directors and team of experienced banking professionals are local community leaders who reside in the Keys and deliver an "old fashioned" customer service commitment missing in non-local banks.

With 20 consecutive years of profitable growth First State Bank is the highest rated bank in the Keys providing competitive banking services, innovative products more branch offices, ATMs, drive-thru lanes and extended operating hours than any bank in Monroe County.

To learn more about First State Bank of the Florida Keys, visit KeysBank.com, e-mail Annie Hamer at AnnieH@KeysBank.com or call 305-293-7114.



GLEE Board Member Shirley Freeman, Commissioner Teri Johnson, Dar Castillo, Chris Belland, First State Bank Merchant Services Sales Manager Tom Lavender, First State Bank Accountant Debbi Rothstein, Todd German and First State Bank Public Relations and Communications Coordinator Annie Hamer all pitched in to help raise over \$1,100 to support GLEE's mission and programs.

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The Fish House Celebrates 15 years with First State Bank of the Florida Keys



Doug Prew, Fish House & Fish House Encore Co-Owner and Bette Brown, Regional President First State Bank of the Florida Keys

"My partner, C.J. Berwick and I moved our banking relationship to First State Bank of the Florida Keys 15 years ago, at the same time Bette Brown joined the Bank," says co-owner of the Fish House and Fish House Encore, Doug Prew. "Through the years our business has grown along with First State Bank, but it still has the same hometown bank feel. The customer service is excellent, and everyone is very personable. I can pick up the phone and get quick answers. Their pick up and delivery service makes my life a lot easier. It saves me time and money not to have to run out to get change, and their credit card merchant services are outstanding; that's very important."

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Usless Facts You Should Know

Submitted by Ben Hughes

TYPEWRITER is the longest word that can be made using the letters only on one row of the keyboard.

A cat has 32 muscles in each ear.

A goldfish has a memory span of 3 seconds.

A "jiffy" is an actual unit of time for 1/100th of a second.

A shark is the only fish that can blink with both eyes.

A snail can sleep for three years.

Almonds are a member of the peach family.

An ostrich's eye is bigger than its brain.

Babies are born without kneecaps. They don't appear until the child reaches 2 to 6 years of age.

Restaurant of the Month Coconuts Make it Your First Stop

Twent years ago my ex-husband brought me to the Keys on vacation as a means to lure me to leave my job and family in upstate New York and move here. The first place he took me was Coconuts. I was wowed to say the least. Beyond the sunken dance floor the lead singer in the band was singing Gloria Estefan and it was so good I thought I'd died and gone to heaven. Twenty years later it is still a slice of heaven.

If you're looking for a great late night dance club Coconuts is it. They have the the best entertainment and there is always a manager, owner, or security on duty so you know you'll be safe. The special late

night menu is served from 10 pm to 2 am and includes Midnight Snacks and deserts. Or have a romantic lunch or dinner on the veranda overlooking Key Largo's busiest harbor. Relax in the laid back atmosphere and watch the famous Key Largo Princess Glass bottom boat head out to sea, a multitude of snorkeling and fishing boats come and go and beckon you on to your next excursion.

When friends come in town I always recommend Coconuts because of their great food and reasonable prices. You can have lunch on the water for under \$10. We also highly recommend the Sunset Menu from 4 to 6 pm

Continued on page 14...



Marathon Community Theatre Presents First Annual Dance Showcase

The Marathon Community Theatre (MCT) will present the first annual dance showcase on Saturday, June 20 at 8 p.m.

The dance showcase is titled "tah-Dance" and will include representation from all the dance classes offered free to members of MCT. In addition, several individuals and groups from the community will perform.

Tickets are on sale now for \$12 and a goods donation to be given to the local Domestic Abuse Shelter. Types of useful goods the Shelter can use are: gift cards from Publix, Winn Dixie or Kmart to be given to women as they leave the shelter; personal hygiene products, paper products, diapers or canned foods. Call the box office at 305-743-0994 for

reservations.

For more information about "tah-Dance" and Marathon Community Theatre, contact Loretta Geotis, General Manager, at 305-743-0408 or via email at: gm@marathontheater.org. Visit our website at www.marathontheater.org for complete details of events and opportunities at MCT.

Marathon Community Theatre is a 501(C-3) not-for-profit organization dedicated to contributing to and enhancing the cultural life of the Middle Keys. Membership is open to anyone who wants to support the activities of MCT through volunteer involvement or by contributions. Tax-deductible contributions may be made to Marathon Community Theatre, POB 500124, Marathon, FL



Pictured left to right: Terry McBroom, Cheri Edwards, Trish Hintze, Zoe Hippel, Joy Wagner, Laura Fowler, Zulma Jimenez, Maria Luther.

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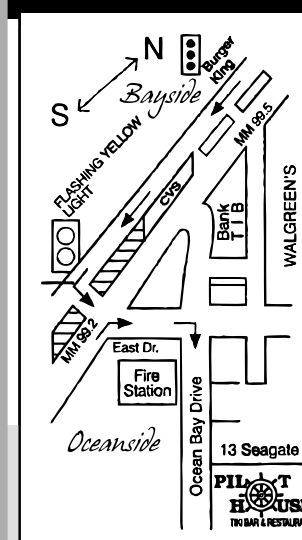


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On the Dock • Key Largo • MM 100 Oceanside

Bartender of the Month Travis Platt Cocktails and Dreams



He's young, he's cute and he's entertaining. Travis Platt, who hails from Seattle, is thrilled to be serving locals and tourist alike at the Big Chill in Key Largo.

When he was 11 years old Platt came to the Keys to visit his brother Todd and it was then that he decided after he got his degree he would move to the Keys. And that is what he did. After graduating with his B.A from Western Washington University he packed up his stuff and moved to Key Largo. "It was a little scary to move to the furthest point from home but coming here in the summers and having my brother here made it easier," says Platt.

Platt moved to the Keys only a few weeks after the Big Chill opened and when he started working there it was a match made in heaven. Being the new guy in town it seemed fitting he'd start his bartending career in the Key Largo

at the new hot spot in town.

"It's more than bartending, to me it is providing entertainment and a valued service to my customers," Platt explains.

He credits his bartending skills to learning from vets like J.J. (bartender at Cactus Jacks) and Sid (of Sharkey's). "I was the rookie and they taught me about serving the Keys finest." Platt never shows if he is tired or too busy. As a customer of his you always are well taken care of and feel appreciated. "Coming to work is easy because I really love bartending," He says. "I love Key Largo, the Big Chill and all my customers."



Check out Travis's other side and visit him on Tuesday nights for Ladies Night at Big Chill.

Stop by Jimmy Johnson's Big Chill and grab a beer from Travis for happy hour. Or enjoy his famous margarita and live music by the pool on the weekends. If you go on a Tuesday you might think you see Travis Platt but that is his Ladies Night double, Rocco.

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Just Not Right

...continued from page 3

and Proud", produced live at the Caribbean Club.

Dwayne has been playing and writing music for the past 25 years and has been here in the Keys for the past 10.

Growing up in North Carolina he started playing guitar at age six. Among his accomplishments he has been an opening act for Vince Gill, Pat Travers and Robin

Trowers, just to name a few. He's also a DJ and plays at Sharkeys. Check out his web site at

www.dwaynemcgregor.com

"Just Not Right" plays at the Pilot House every Friday night and is also available for weddings and private parties. Call Mike at 394-0253 or Dwayne at 423-471-1502.

Coconuts Restaurant

...continued from page 10

daily. There are several entrees to choose from but you just can't beat the Caribbean Style Mahi, it is blackened, then grilled and topped with pineapple, lime, roasted pepper salsa with a side of rice. All entrees come with fresh baked rolls and choice of house salad or soup du jour all for only \$13.95! The entertainment on the deck includes the Emmy Award winning

Bobbe Brown and the famous Kim Bankston, formerly of the Platters. It just doesn't get any better than that! You might just never want to leave.

Coconuts is located at MM 100 Oceanside, just behind the Key Largo Holiday Inn. For reservations call 305-453-9794. For more information check out their website at CoconutsRestaurant.com.

JJ's Big Chill Memorial Day Bash



Everyone had a great time at the Big Chill!



At the Big Chill's Memorial Day grand opening (from left to right) Developer of Fishermans Cove Ben Fillichio; General Manager Nicko Christidis; Big Chill Owner Larry Calvano; Partner Jimmy Johnson.



Jimmy Johnson with his #1 fan Terry Bradshaw.



Lorinda and Stacy decorated the Big Chill's grand opening party.

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Coconut Conch Characters of the Month



Howard, KC Stewart, Jack Niedbalski and DJ Dave at Turtle Club



Bill and Kay came out to support our Deputy's at the Hideout Restaurant fundraiser.



Meet the bartenders at Marley's, Ashley and Natalia.



Sharon and Rudy At Snapper's 20th Anniversary Party.



Marley's Master Ceviche Peruvian Chef Oscar teaches the tricks of his trade.



Kentucky Derby Hat Ladies at the Pilot House. Save room for more pictures.



Christy, Doc Bollini and Mark Wheaton celebrate Snapper's Party



Ocean Reef has erected a statue in honor of Johnny "Chip Shot" Farrell at WORZ.

Coconut Conch Characters of the Month



Doug Prew of the Fish House recently ordered some giant shrimp..



Remedy's Grand Opening celebration at their new location was a hit.



The Singers and Songwriters festival was a huge success!



Island Grill's Mobile Catering Service. Yum!

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Bailey Joins Rotary



Pictured left to right: Debbie McAfee, T.R. Jones & Associates & Membership Development - Rotary Club of Key Largo; Lori Bailey, First State Bank of the Florida Keys Vice President & Commercial/Residential Loan Officer; Susan Recarey, Marr Properties & President of the Rotary Club of Key Largo; Katrina Lavene, K & W Warehouses.

Lori Bailey, Vice President and Commercial Loan Officer of First State Bank of the Florida Keys, has been admitted to the Rotary Club of Key Largo.

Bailey has been with First State Bank for three years and has 24 years of banking experience. In addition to her work with the Key Largo Rotary she is also an Ambassador for the Islamorada Chamber of Commerce and a member of the Women's Council of Realtors.

"I am thrilled to have joined the Key Largo Rotary,"

said First State Bank Commercial Loan Officer Lori Bailey. "It is a privilege to be part of such a wonderful organization, like First State Bank, that focuses on locals and our Upper Keys community."

The Rotary Club of Key Largo is active in local charities and organizations including; Leadership Monroe, The Key Largo Chamber of Commerce, The Islamorada Chamber of Commerce and The Florida Keys Children Shelter.

Allowing Others to Be Controlling Behavior

We all know what it's like to want to be in control. In some ways, exerting control is an important survival skill. For example, we have every right to be in control of our own bodies and our own lives. Taking control in these cases is empowering and necessary. Controlling behavior in the negative sense comes from a tendency to reach beyond our own boundaries and into the lives of others. Many people do this with the rationalization that they are helping. This can happen with parents who are still trying to force their grown children into behaving in ways that they find acceptable. It can also happen when people try to control their partners' behavior. If you have control issues, you will see that in one or more areas of your life, you feel the need to interfere with what is happening rather than just allowing events to unfold.

Almost everyone has at least one situation or relationship in which they try to exert control. This often happens because someone's behavior makes us uncomfortable. We may feel it makes us look bad, or it embarrasses us. For example, if your best friend tends to drink too much, you might spend an

entire party just trying to prevent her from doing so. This is different from directly confronting her about the problem and allowing her to decide what she should do. Controlling behavior generally goes hand in hand with an unwillingness to be direct about what you want, as well as an inability to let go and let people live their own lives. If you are the one that is controlling, it's probably because you literally feel as if you are out of control and it scares you. Try to pick one thing you could just let unfold without any control on your part. Examine how it made you feel both before and after, and examine why you wanted to control the situation.

It is hard sometimes to allow others to be who they are, especially if we feel we know what's best for them and we see them making choices we wouldn't make. However, if we are to be respectful and truly loving, we have to let people go, trusting that they will find their own way in their own time and understanding that it is their life to live. Just reminding yourself that the only life you have to live is your own is the first step to letting go.

Reprinted from DailyOM - Inspirational thoughts for a happy, healthy and fulfilling day. Register for free at www.dailyom.com.

Congratulations Coppola - Zhou Wed



Dr. David Coppola and Susan Zhou were married in Key Largo on Friday, April 10. Dr. David Coppola has been practicing holistic healthcare for over 15 years, and owns practices both in Upper Florida Keys and Miami (www.drdauidcoppola.com). Susan Zhou works for Hawk Associates, an investor relations firm in Key Largo (www.hawkassociates.com). The groom is from Andover, MA and the bride is from Shenzhen, China.

Dunn Graduates from UCF Nursing College



Local and Coral Shores alumni Mandi Dunn recently graduated from the University of Central Florida's nursing college. Her parents Barry and Georgie Dunn, sister Nikki Dunn and grandparents are very proud of her accomplishments. Mandi will be returning to the Keys and hopes to acquire a job at a South Florida hospital. Congratulations Mandi!



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Dear Anny Bannany

Dear Anny Bannany,
I've had relationships with people I thought were my friends but it turned out that they were not good people. Some were criminals, social climbers, alcoholics, crack-heads, lunatics and just some downright nasty people. Some even owe me money! Now because I don't associate with them anymore they hate me and they seem to revel in their hate. Why?
Signed,
Don't hate me because I'm beautiful

Dear Beautiful,
Contrary to popular opinion, the opposite of love is not hate it is indifference. If you have ever been through a bad divorce you know you are over it when you just don't care anymore. Those feelings of wanting to run them over with a truck happened because you were in an obsessed state. The people that you say "hate" you have either just not evolved or are just plain jealous of you. The difference between jealousy and envy is this: Jealous people want what you have and will hurt you to get it. Envious people admire what you have and are happy for you. My advice is to pick up the phone and call T-toons. You need a t-shirt with a slogan... Here are a couple of ideas: "Hating me will not make you pretty", "Hate hates the hater", or "Love me or hate me, I'm still an obsession".
Signed,
Anny Bannany

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Compiled by Rich Peine

SONG OF THE OPEN ROAD
I think that I shall never see
A billboard lovely as a tree.
Indeed, unless the billboards fall
I'll never see a tree at all.

SNAP CRACKLE, POP
Breakfast food grow odder and odder;
It's a wise child who know its fodder

CROSSING THE BORDER
Senescence begins
And middle age ends
The day your descendants
Outnumber your friends.

COFESSIONS OF A NUTHATCH AVOIDER
Bird watchers top my honors list
I aimed to be one, but I missed.
Since I am both myopic and astigmatic,
My aim turned out to be erratic,
And I, bespectacled and binocular
Exposed myself to comment jocular.
That's why I sit here
Growing old by inches,
Watching the clock instead of finches
But I sometimes visualize in my gin
The Audubon That I audubin

Toilet Cleaning Instructions:

1. Put both lids of the toilet up and add 1/8 cup of pet shampoo to the water in the bowl.
2. Pick up the cat and soothe him while you carry him towards the bathroom.
3. In one smooth movement, put the cat in the toilet and close both lids. You may need to stand on the lid.
4. The cat will self agitate and make ample suds. Never mind the noises that come from the toilet, the cat is actually enjoying this.
5. Flush the toilet three or four times. This provides a "power-wash and rinse."
6. Have someone open the front door of your home. Be sure that there are no people between the bathroom and the front door.
7. Stand behind the toilet as far as you can, and quickly lift both lids.
8. The cat will rocket out of the toilet, streak through the bathroom, and run outside where he will dry himself off.
9. Both the commode and the cat will be sparkling clean

The Coconut Telegraph • may 2009 • 23

Coco 'Nut' Funnies

Just Walking The Dog

A WOMAN was flying from Seattle to San Francisco. Unexpectedly, the plane was diverted to Sacramento along the way. The flight attendant explained that there would be a delay, and if the passengers wanted to get off the aircraft the plane would re-board in 50 minutes.
Everybody got off the plane except one lady who was blind. The man had noticed her as he walked by and could tell the lady was blind because her Seeing Eye dog lay quietly underneath the seats in front of her throughout the entire flight.
He could also tell she had flown this very flight before because the pilot approached her, and calling her by name, said, 'Kathy, we are in Sacramento for almost an hour. Would you like to get off and stretch your legs?' The blind lady replied, 'No thanks, but maybe Buddy would like to stretch his legs.'
Picture this: All the people in the gate area came to a complete standstill when they looked up and saw the pilot walk off the plane with a Seeing Eye dog! The pilot was even wearing sunglasses. People scattered.
They not only tried to change planes, but they were trying to change airlines!
True story.

Wisdom from Mo's Great Grandfather

If you can't kiss her with your eyes open...

You shouldn't kiss her at all.

If you can't carry the groceries...

You don't deserve to eat.

Where is Lenore Troia playing now?

Go to lenoretroia.com and find out.

Turtle Transportation

Having trouble getting to Snapper's Turtle Club?

Call Mom's Taxi 305-852-6000

SNAPPER'S

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Oceanside Dining

award-winning cuisine on the water

What could be better on Sunday than a leisurely and delicious brunch overlooking the water, accompanied by the melodious jazz sounds of Frank Carmelitano?

SUNDAY BRUNCH

Featuring Champagne Mimosas, the new Bloody Mary Bar, gourmet specials and an amazing array of selections!

Sunday Brunch "Build Your Own" **Bloody Mary Bar**

We've spiced things up a bit!

Nothing is better in the morning than the spicy tomato flavor of a Bloody Mary. Snapper's "Build-Your-Own" Bloody Mary Bar lets you choose the vodka (or tequila, for Bloody Maria drinkers), add your favorite mixer, hot sauce and all the trimmings for the perfect cocktail.

"You can't drink all day long, if you don't start first thing in the morning!"

Voted BEST BAR
In the Upper Keys

Bring Dad to Snapper's for

Father's Day

JUNE 21

Scrumptious Brunch
Overlooking the water from 10 to 2, music by Frank Carmelitano 11:30-3:30

Gourmet Oceanside Dining
All day long, dinner served until 10 pm. He'll love our Father's Day Specials!



Hot Summer Fun!
Turtle Club Party
Sunday June 28
Live Music by Dwayne McGregor

Home of the World-Famous Turtle Club

LIVE MUSIC EVENINGS:
MON, TUES & WED: 6-9 PM
THURS 7:30-10:30; OTHER NIGHTS 7-10
SUNDAY BRUNCH JAZZ 11:30-3:30

Thursdays, come for **Turtle Club the Radio Show** at 6:30, stay for live music!

Thurs-Sat, Jun. 4-8	Rob Sweet
Thurs, Jun. 11	Dwayne McGregor
Fri-Sat, Jun 12-13	Bruce Isaacson
Thurs-Sat, Jun. 18-20	H.P.M.
Thurs, Jun. 25	Dwayne McGregor
Fri-Sat, Jun 26-27	T.B.A.
Sunday, Jun. 28	Dwayne McGregor

Frank Carmelitano jazz sounds for Brunch, Sundays at 11:30-3:30!

TC Party
Sunday, June 28

J & V Boat Rentals On Site!

Open for Dinner 'til 11 pm Friday & Saturday

Open for Dinner 'til 10 pm Sunday thru Thursday



MEMBER ALLIANCE OF PROFESSIONAL TATTOOISTS

Riki Tiki Tatu & The Happy Hookah



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