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FREE

• Dining

Ted Hyde Band named Coconut Telegraph Entertainers of the Month. See page 3.

You Can Find The Coconut Telegraph at over 100 locations from Homestead to Key West.



Coconut Telegraph Cast of Characters: Articles Editor/Sales/Distribution September 2009 Entertainers of the Month, Ted Hyde Band Volume 33 Issue #33 Denise Malefyt Get the Most for Your Money by Renting a Boat Prestige Publishing, Inc Take Stock in Children Backcountry Challenge...... 101425 Overseas Highway Advertising Production Brooke Spaulding Helps Launch Project Inspiration......7 PMB #628 Sue Beal Key Largo, FL 33037 Power In Honesty..... Business Spotlight: Sharkey's Pub & Galley Phone 305-304-2837 Contributors Bartender of the Month, Sandy Asche..... Rachel R. Peine Getting from Here to There- the map page..... **Rich** Peine Deadline People's Choice Awards Celebrates 20 years for the Best of the Upper Keys Ballot Coconut Telegraph's October issue is Conch Characters Friday Animal Shelter Pets..... September 25, 2009 Anny Bannany You Might Have Keys Disease Call Denise at 305-304-2837 Business in the Keys TheCoconutTelegraph@yahoo.com

Editorial: Thank you Pat Thompson and Party for the Pantry Info

Thank you to Ocean Reef Club member Pat Thompson! The Coconut Telegraph remembers her from 3 years ago when we met at Pierre's Restaurant for the Calendar for the Cure kick off party. Thanks to Ms. Thompson's dream and tireless efforts to bring the Susan G. Komen for the Cure for Breast Cancer Research to the Keys, it is now a reality. The expanded Miami/Fort Lauderdale affiliate brings breast cancer screenings, education and treatment programs countywide to Monroe County residents. Making these programs convenient to locals could potentially save many lives. For more info call 305-383-7716 or email info@komenmiaftl.org.

The Coconut Telegraph/WORZ 3rd Anniversary Party for the Burton Memorial Church Food Pantry is scheduled for Sunday, November 22 at the Pilot House

Restaurant, 13 Seagate Blvd., Key Largo. There will be

Coco 'Nut' Funnies.....

Useless Facts

entertainment by many of the Coconut Telegraph's Entertainers of the Month, scrumptious Pilot House food, door prizes and raffles. So far we have a week's stay at a condo on a lake in the

Carolinas and a 2-night 3-day stay at Fisherman's Cove in Key Largo and are hoping to get a golf cart donated. It is our goal that no one in the Keys goes hungry over the holidays. So far our sponsors also include First State Bank, Island Information Services, All Keys Gas, Mark Mills from Clear Channel Radio, the Islamorada Women of the Moose and the Upper Keys Quarter Club. If you would like to donate raffle items or door

prizes please call Denise at 305-304-2837. This event is open to the public; just bring a non-perishable food item for the pile to be eligible to win.

Disclaimer

BUMBLE

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this.

Entertainer of the Month **Ted Hyde Band**



Sunday, August 16 was the magical," says Ted. 40th anniversary of

Woodstock and Grateful Ted Hyde could not let it go by without a celebration. He convinced Paul and Adam, the owners of Sharkey's Pub and the Galley Restaurant that a party was in order. It was a sight to be seen. Tie dye tee shirts, bandannas, beads, hippies and flowers everywhere, you could feel the peace and love, man! Then the Ted Hyde Band hit the stage and all eyes were on them as they kicked off their sandals, and played the night away while the food and drinks kept flowing. It just doesn't get any better than

Ted Hyde has been entertaining the Florida Keys since 1976. Perhaps you remember the duos with Fiddlin Red and Ken Smith. "It's hard to find musicians that compliment each other and it's rare when it's

Ted Hyde Band is no ordinary band. Bob "Bebob" Grabowski plays a weird looking instrument called a Fretless Electric Bass. It is hard to take your eyes off of him. It is mesmerizing! Bebob is the Jazz History Professor at FIU and has entertained at Tobacco Road in Miami for 20 years.

On the drums is Bobby Thomas, Jr. who is world famous and totally amazing. Bobby has played with Weather Report and Jaco Pastorius. "Jaco Pastorius is probably the best bass player that ever lived," says Grateful Ted.

If that's not impressive enough wait till you hear them. Their sound is a blend of rock, blues, jazz and original music in free form jamming technique unique to the Keys. Catch the gig on Sundays from 6 to 10 live at Sharkey's Pub.



Central Plaza MM 103.2 BS 103200 Overseas Hwy, Ste. 1 Key Largo, FL 33037

Artwork by Marjorie Smith www.ChartworksArt.com

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Get the Most for Your Money by Renting a Boat

The PonTunes fleet is under new ownership and now located next to Marley's Bayside Grill at mile marker 107 under the Jewfish Creek Bridge. For some fun in the sun pick up the phone and call 305-393-5593. My friends and I did and had a fantastic time out on the water. For only \$350 a day (plus gas which was only \$27!) you get all the benefits of a boat without the expense of ownership. To buy one would cost approximately \$30,000, yearly insurance \$1,100, maintenance and upkeep is 25% of the value of the boat per year and storage or boat slip runs from \$250 to \$500 a month. And these PonTune boats are equipped with Sirius radio, GPS, sunshades and giant coolers!

Reservations at PonTunes are a snap, just go to www.pontunes.com and fill out a

short form. The next step is fill up the cooler with ice and snacks, hop on the boat and you're off. Our radio was programmed to the Elvis station and we sang along as we motored around. We were headed to the Buzzard's Roost when the Oceanside got cloudy so we skirted around a marker in the channel that was barely visible under the water. Someone had hit it pretty hard and went back to write "Dammit Gene!" on it. After a libation and refreshing swim at the Big Chill on the bayside we went to explore the "Bogies". The boats are due in at 6:00 p.m. and we barely made it back on time. At the dock we

grabbed our gear and headed to Marley's to celebrate a great day. Someone else cleaned the boat and prepped it for the next day. No hassles, no stress.



PonTunes has plenty of boats and types to choose from!

We were in the trusted hands of Captain Cheyenne.



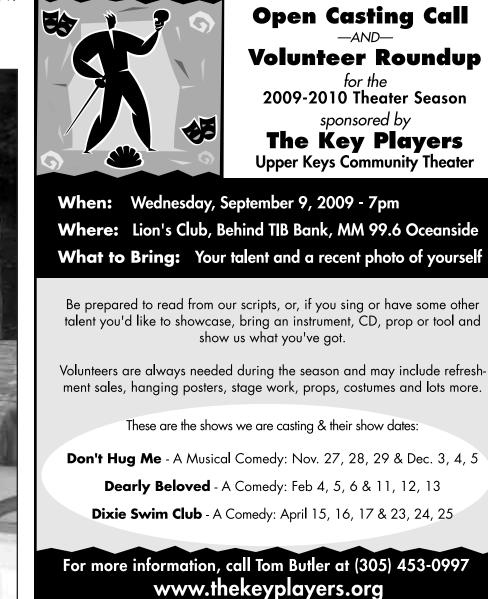
The Key Players present "Weekend Comedy" starring Kathy Miller, Paul Christian, Kanahou Alana and introducing Emily Christian as Jill!

It's about a couple who have booked a cabin in the Catskills, hoping the weekend getaway will inject some romance back into their marriage. Into the cabin walks a stylish younger couple who has also rented the same cabin, due to a booking mistake. It's late, no one wants to leave, and they end up sharing the

cabin. Talk about a generation gap...

you can't find two more different couples! The laughs come thick and fast as the zingers zip back and forth.

Performance dates are: 8 pm on these days: Thursday Sept. 10, Saturday Sept. 12, Thursday Sept. 17 and Saturday Sept. 19. Additional matinee performances are scheduled on Sunday Sept. 13 and Sunday Sept. 20, at 4pm. All performances are at the Lion's Club in Key Largo at MM 99.6 behind TIB. Tickets are available at the door or in advance for a discount. Visit <u>TheKeyPlayers.org</u> or call Tom Butler at 305-453-0997 for more information





and Emily Christian (seated) duke it out!



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The Coconut Telegraph \cdot September 2009 \cdot 5



I am writing

to tell you what a great

response I have received since advertising with the Coconut Telegraph. I have advertised with other newspapers and different outlets and have received the most new clients generated by my ad in your newspaper. I couldn't be more pleased! I am confident that due in part to the Coconut Telegraph's avid readers, Valley of the Divas will continue to welcome new clients into our store. Keep up the great work!

Warm regards,

Renee

Renee Wind Owner, Valley of the Divas

SPECIAL: 1 Day Only

Monday, September 14, 2009



Take Stock in Children Backcountry Challenge Adds New Category

The Take Stock in Children Backcountry Challenge and Charity Auction scheduled for September 18th through 20th has added an exciting new category. This year there will be a Fly Fishing Division and this division fishing will be strictly on fly with no bait.

The Backcountry Challenge targets the longest snook and redfish. This all-release tournament is unique because fishing starts at 9 pm on Friday after the Captains meeting and doesn't end until 4 pm Sunday. The tournament awards trophies in the Adult category for 1st, 2nd and 3rd place in both Snook and Redfish categories, also for Top Guide and Pro-Division. The tournament also features a ladies division, kids division for kids under 14 years old and a Young Angler division (14-17 years). This year the Fly Fishing has been added to the prize categories.

Entry fee for is only \$100 per angler, \$45 for Young Angler and \$40 for socials on or before September 17th and after September 17th there will be an additional fee of \$25 per angler and social fee will be \$50. All events take place at Sundowners Restaurant in Key Largo and each entry includes a buffet at the Captain's meeting on Friday evening and a fabulous four course dinner on Sunday night during the awards. The tournament also features a silent auction with great merchandise for a fraction of retail prices and raffles.

This charity event is presented by the Rotary Club of Key Largo and is sponsored by TIB, KLI Home Center, FKEC, The Free Press Newspaper, Floridakeys.com and Clearchannel Radio. All proceeds from the tournament will remain in the Upper Keys and will benefit the Take Stock in Children.

Entry forms can be picked up from TIB branches throughout the Keys, KLI True Value in Key Largo and Boilini's Eye Care in Key Largo. Entries can also be downloaded online at

www.backcountrychallenge.com.

For more information call Dave Andrews at (305) 304-3938 or Sue Finney at (305) 394-3736.





Winner of the Pro-Division in 2007, Captain Mike Makowski with his stupendous catch.





Islamorada Women of the Moose receive Coconut Telegraph Award for Community Service. Pictured (L-R): Marita Perkins, Debbie Dantzer, MarianWarnike, Rose Duke, Lynn Hoak, Diane Rohr, and Marilyn Alba.





Brooke Spaulding Helps Launch Project Inspiration



Contributed

Project Inspiration "was an idea that just kept bouncing around in my head when I couldn't sleep" says Lisa Lansden of Tavernier. Then this Spring at the Black and White Ball, Lisa was seated next to William LeDent, Executive Administrator of the Florida Keys Children's Shelter. After discussing the idea with him he introduced Lisa to Bill Mann who works as the Chief Operating Officer with FKCS. With the encouragement and approval of the shelter, she immediately began working out the details and Project Inspiration was born! Lisa is our current Mrs. Florida American Dream and has tackled Project Inspiration as a way to "inspire and be inspired". The project involves local and international artists, one per month, coming to the Florida Keys Children's Shelter to paint murals in the bedrooms with the children. The children are involved in the concept of what will be painted and in the actual painting itself. There are eight bedrooms total and the first is almost complete! Lisa believes that this is "one of the most rewarding experiences you can imagine! Kathy Tuell, Janey Miller and all of the administration, staff and children at FKCS have been absolutely wonderful to work with and I am excited about the work we will be doing in the coming months."

Five children in the month of August were a part of the project, and according to FKCS, the children are excited and very proud of their work. Brooke Spaulding of Key Largo has been teaching and painting with the children during the month of August. Having known Brooke for the past five years, Lisa says she was one of the first people to come to mind for the Project because

Continued on page 18...



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21 and up



Power In Honesty Stay True to Your Word

hurt by the lies we tell and Promises are easily made. Keeping them often the promises we break proves more difficult Integrity is the foundation because when we are of civilization, allowing pressured to strive always people to live, work, and for perfection, we find it play side by side without simpler to agree to fear or apprehension. As undertake impossible tasks you cultivate honesty within than to say no. Likewise, yourself, you will find that there is an infinite array of your honor and reliability circumstances that conspire put people at ease. Others to goad us into telling will feel comfortable falsehoods, even when we seeking out your friendship hold a great reverence for and collaborating with you truth. When you endeavor on projects of great to consistently keep your importance, certain that word, however, you protect their positive expectations your reputation and will be met. If you do catch promote yourself as yourself in a lie, ask someone who can be yourself what you wanted trusted to be unfailingly to hide and why you felt truthful. Though your you couldn't be truthful. honesty may not always And if life's surprises endear you to others for prevent you from keeping there will always be those your word, simply admit your error apologetically and make amends guickly. frequently represents the more difficult journey,

embarking upon it builds character. You can harness the power of your word when you do your best to live a life of honesty and understand what motivates dishonesty. In keeping your agreements and embodying sincerity, you prove that you are worthy of trust and perceive values as something to be incorporated into your daily existence.

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KEY LARGO'S HOME PORT FOR LOCALS SINCE 1950



Bartender of the Month Sandy Asche at Snapper's Tiki Bar



'Sandu has one

of the largest

followings of all

the bartenders I

know."

Annie Leishman

Rarely does the Coconut Telegraph have a bartender come as highly recommended as Sandy Asche at Snapper's Tiki Bar.

Annie Leishman, a Snapper's Turtle Club regular was adamant, "Sandy is the best and she has one of the largest followings of all the bartenders I know!"

So the Coconut Telegraph had to check it out. Get there about 5 o'clock in the evening when Sandy's shift starts and you can watch all the regulars hurry in to get a good seat at the bar.

Sandy has been in the Keys

10 years and has been working at Snapper's for eight years. It is easy to see why she loves it there. Just walk a few feet from the Tiki Bar and you are literally standing above the ocean. Order a little bag of "stress relief" (a baggie of fish food) to feed to the giant

tarpon that are always present. Kids love it. Bring the whole family but beware, unattended children will be given a cup of espresso and a free puppy!

Originally from Iowa, Sandy lives in Key Largo with her dog Boomer. She loves Snapper's because as she says, "I love Snapper's because Howard is

such a great guy to work for," As she points to the marina she adds, "look at my office. This is a fun place to hang out. The food is consistently excellent and the staff are hard working, yet everyone manages to keep their sense of humor."

> Sandy thanks all her customers for their

support and continued patronage. She invites them to come and enjoy the night. Spend an evening dining, drinking libations and enjoying the fabulous entertainment. You don't have to drive, as the Dove Creek Lodge is right there. Tell Sandy the Coconut Telegraph sent you.

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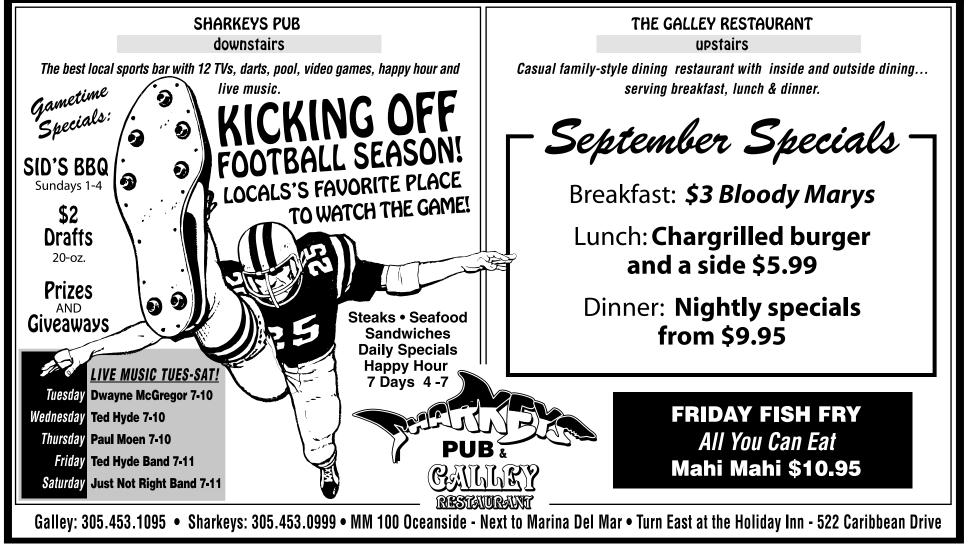
People's Choice Awards Celebrates 20th Anniversary

by Sue Beal

2009 marks the twentieth year that Clear Channel has hosted the Best of the Upper Keys contest, better known as the People's Choice Awards. The purpose of this annual event is to allow the residents of the Keys to vote for their favorite condenders, in a wide range of categories. When the votes are tallied, the winners (first place and two runners up) are recognized with framed certificates and other special commendations for their walls. But the best part of the Best contest is the bragging rights the winners get to use their titles in advertising to proclaim they're the Best of the Upper Keys!

This year, the Coconut Telegraph is supporting the contest by printing a ballot in the newspaper in an attempt to get more ballots into the hands of more voters. In recent years, the contest has averaged 5,000 ballots returned and tallied. May 2009 be an even bigger and better contest! **VOTE!!**

Two Great Times • One Great Place!



THUNDER 100



BEST OF THE UPPER KEYS BALLOT

Here's your chance to cast your vote on who are the Best in the Upper Keys... Fill out at least 17 categories on this ballot and drop it in the mail. We will randomly pick tabulated ballots every week... you could win at least \$50 in fabulous prizes just for turning in a ballot !!

NAME	ballot to be counted! Please vote only once—duplicates will be disqualified!PHONE			
olease check one: Key Largo Islamorada Other Key olease check one: Full Time Upper Keys Resident	ys 🗅 Homestead/Miami/FtL 🗋 Other Florida 🗅 Other USA 🗅 Foreign art Time Upper Keys Resident 🗍 Frequent Visitor 📄 Occasional Visitor			
Best Breakfast	Best Auto Repair Shop			
Best Lunch	Best Marina			
Best Asian Restaurant	Best Marine Repair			
Best Latin/Cuban Restaurant	Best Boat Dealer			
Best Waterfront Restaurant	Best Dive Operator			
Best Seafood Restaurant				
est Down Home Cookin'	Best Outfitter/Tackle Shop			
Best Fine Dining				
Best Fish Sandwich				
Best Steak				
Best Cheeseburger in Paradise	-			

_____ Best Chicken Wings ____ Best Tax/Accounting/ Financial Advisor Best Key Lime Pie ____ Best Spa/Salon NEW! Best Cuppa Coffee ____ Best Health/Wellness/ Best Restaurant Service _ Fitness Center Overall Best Restaurant Best Resort/Hotel/Motel ____ Best Restaurant \$ Value Best Bank Best Bar Service Best New Business NEW! Best Happy Hour _____ (Last 12 mo.) ____

De Door Happy

Overall Best Bar _____

2009 Conth Opinion Poll **	 MAN OF THE YEAR (most community minded) WOMAN OF THE YEAR (most community minded) BUSINESS OF THE YEAR (most community minded) BEST ANNUAL EVENT		- Kez
FILL IN AT LEAST 17 CATEGO	RIES FOR YOUR VOTES TO COUNT!	Ballots Must Be Received by Midnight, Tuesday, C)ctober 13, 2009.

Complete your ballot and mail it to: IIS. 219 Second St., Key Largo FL 33037 or drop off at any sponsoring location.

Think of Us When Voting for the Best of the Upper Keys!











Coconut Conch Characters of the Month

Judy and her beautiful daughter Cindy at Judy's 70th birthday party.



Dancing to "Night Shift" at Marley's.



Lois Morgan displays her art at The Key Largo Conch House Food and Wind Fest night.



Hunk of the Month, Reinhard owner of Gilbert's in the latest fashion.





Rick and Joanne's wedding.

What about Bob? He just celebrated his 80th birthday and is a bartender at Gilbert's!

Who ever hit this marker went back and left the message "Dammit Gene!" on it.



Poker at Coconuts.

18 • The Coconut Telegraph • September 2009 **Brooke Spaulding**

...continued from page 7. of her energy, artistic creativity, and ability to work so well with children. Brooke Spaulding is a local Keys artist, originally from Seattle, Washington. She moved to the Keys in 1998 with her family in an impulsive move to create a lifestyle of perpetual vacation. Gratefully, her husband's career gives them the freedom to live wherever they desire. Her love is contemporary art and since moving here, a tropical flair with a strong

lessons and along with instructing her 15-20 students, her new project is publishing a book of inspirational words of art with designs that imbue love energy. She loves children and sees herself making a difference in children's lives through her creativity and insights. When discussing the project Brooke had the following to say "I so enjoying working with these kids. They all have their special talents and have impressed me with their gratitude, respect and



esteem for positive energy has been incorporated into to style. She uses mixed mediums to express her abstracts and impressionisms with an array of intense color.

Her current work conveys an enticement towards the subject of the Sea Goddess and her undersea garden. She describes herself as an experimental artist, changing her medium, canvas and style as the mood draws her, always looking for something new to learn. She loves to use the computer to manipulate her work into copied forms such as greeting cards and also enjoys glass etching and painting, stained glass, mosaics, sculpture and especially poetry. Brooke gives private art

helpfulness."

Project Inspiration gained speed when Bob Michael at True Value in Islamorada donated the majority of the supplies needed to begin the project and when Howard Kolbenheyer at Snapper's Restaurant had Lisa Lansden as a quest on the Turtle Club Radio Show on several occasions to discuss the details of the Project. The project is arowing as they now have commitments from internationally known artists Wyland and Adam Scott Rote. They also have a commitment from Key Largo artist Darryl Norem. "We have been so blessed to have the support of such incredible people and I am



be inspired to join in the project!" says Lisa. The children will be able to experience art from many different perspectives and have fun doing so.

Local volunteers are welcomed and will be painting the bedrooms to prepare for the artists. A coat of fresh paint needs to be applied to all of the walls and ceilings before

The next scheduled days for painting are September 12th and 13th from noon until 6 PM. If you are an artist interested in painting a mural with the children, or would like to volunteer to help paint the living areas or donate any of the much needed supplies please contact Lisa Lansden at (305) 942-3546.

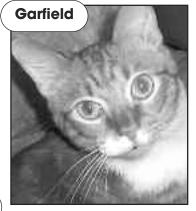
Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.





















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> Saturdays: 14oz cut Prime Rib \$ 15.50

Sundays: Florida Lobstertail \$ 19.95

Come þ Car or Boat Hours - Tiki Bar: 7 Days 11 am to 11pm or later • Inside Restaurant: Monday to Friday 5pm to 10pm • Saturday and Sunday 7am to 11am and 5pm to 10p

Dear Anny Bannany

Dear Anny Bannany

I recently saw on the Internet that ancient Grecian women believed that bathing in crocodile excrement had restorative and beautifying properties. Is this a fact or just a Croc- of-sh-t?

Signed,

Curious

Dear Curious

We could all stand to be a little prettier. We are indeed fortunate to live in the Florida Keys where croc-a-poo is in abundance. Perhaps one of our readers is feeling "crocky" and would like to volunteer to go up highway 905 to the Crocodile Refuge and collect some? I'm willing to try getting croc-faced, how about you? Croc on!

Signed,

Anny Bannany

A Crocodile swimming in front of Marley's.



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You Might Have Keys Disease...

If your yard has two Keys Cruisers and at least one boat... you might have Keys Disease.

If getting dressed involves wearing a bird or lizard... you might have Keys Disease.

If some of the best parties you remember were benefits to help friends... you might have Keys Disease.

If you're too broke to buy butter for your fresh caught lobster... you might have Keys Disease.

If you wear the same tropical shirt and no socks for weddings and all formal occasions... you might have Keys Disease.

If you've ever brought along a beer to a job interview... you might have Keys Disease.

If dental work comes after boat repairs in your budget... you might have Keys Disease.

If you take your dog to the bar with you and everybody knows his name... you might have Keys Disease.

If you know how to successfully negotiate a traffic snarl that contains two Winnebagos, a clump of motorcyclists, a little old lady, three hotshots from Miami and several people pulling boats with underpowered vehicles... you might have Keys Disease.

If new threads means a trip to the Salvation Army... you might have Keys Disease.

If you've figured how to feed yourself for free at Happy Hours all over town... you might have Keys Disease.

If you know all the words to "You Never Lose Your Woman, You Just Lose Your Turn" ... you might have Keys Disease.

If what you make an hour here doesn't match what you used to tip bartenders when you had a career... you might have Keys Disease.

If you look like a homeless person when the weather turns cold because your old clothes from up north are too small and years out of date... you might have Keys Disease.

If it's too far for you to drive to the next town on the island chain, most of the time... you might have Keys Disease.

If you've named the iguanas living in your yard... you might have Keys Disease.

If your fingers and toes are "permanently pruny" from working in and around the water... you might have Keys Disease.

If you think 50 degrees is too cold and you want to move south... you might have Keys Disease.

If you've spent more time putting up with all kinds of house guests than without them... you might have Keys Disease.

If you accept being dive-bombed regularly by mosquito planes as normal... you might have Keys Disease.

More to come! Compiled by Sue Beal with apologies to Jeff Foxworthy and thanks to JC, Karen Beal and Dave Whitney.







The Coconut Telegraph · September 2009 · 21 Business in the Keys





Coco 'Nut' Funnies

You know you are addicted to coffee if...

You grind your coffee beans in your mouth.

You sleep with your eyes open.

You have to watch videos in fast-forward.

You can take a picture of yourself from ten feet away without using the timer.

You've worn out your third pair of tennis shoes this week

Your eyes stay open when you sneeze.

You chew on other people's fingernails.

The nurse needs a scientific calculator to take your pulse.

You're so jittery that people use your hands to blend their margaritas.

You can type sixty words per minute with your feet.

You can jump-start your car without cables.

You walk twenty miles on your treadmill before you realize it's not plugged in.

People get dizzy just watching you.

Instant coffee takes too long.

You have a picture of your coffee mug on your coffee mug.

You can outlast the Energizer bunny.

You short out motion detectors.

You don't even wait for the water to boil anymore...

You help your dog chase its tail.

You soak your dentures in coffee overnight.

Your first-aid kit contains two pints of coffee with an I.V. hookup.

You answer the door before people knock. You haven't blinked since the last lunar eclipse.

Useless Facts

Contributed by Sandra Griffith

In the1400's a law was set forth in England that a man was allowed to beat his wife with a stick no thicker than his thumb. Hence we have 'the rule of thumb'

Many years ago in Scotland , a new game was invented. It was ruled 'Gentlemen Only...Ladies Forbidden'.. .and thus, the word GOLF entered into the English language.

The first couple to be shown in bed together on prime time TV was Fred and Wilma Flintstone.

Every day more money is printed for Monopoly than the U.S. Treasury.

Men can read smaller print than women can; women can hear better.

Coca-Cola was originally green.

It is impossible to lick your elbow.

The State with the highest percentage of people who walk to work is Alaska.





