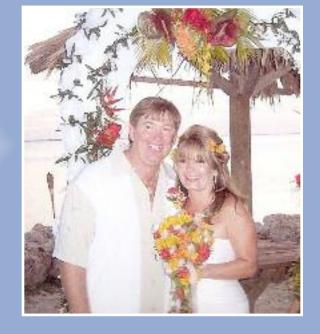
## Gilbert's Photo Contest Winners



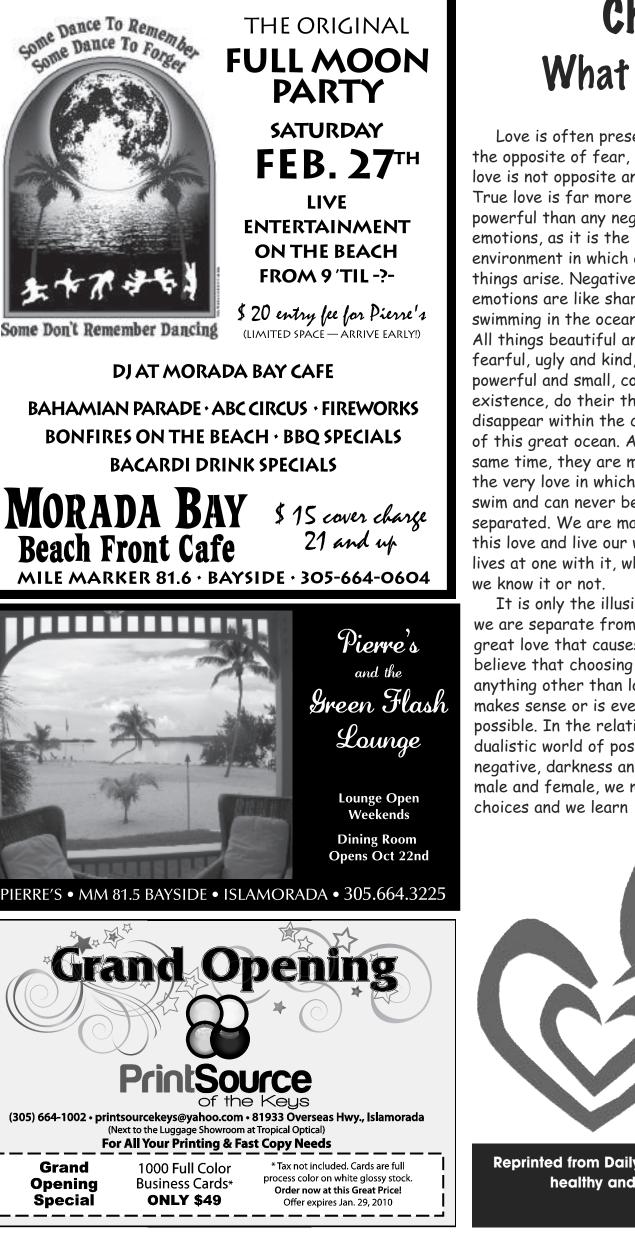
## **First Place**



Second & Third Place



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## **Choose Love** What We Are Made of

Love is often presented as from them. This is exactly the opposite of fear, but true love is not opposite anything. powerful than any negative environment in which all things arise. Negative emotions are like sharks swimming in the ocean of love. All things beautiful and fearful, ugly and kind, powerful and small, come into existence, do their thing, and disappear within the context of this great ocean. At the same time, they are made of the very love in which they swim and can never be separated. We are made of this love and live our whole lives at one with it, whether

It is only the illusion that we are separate from this great love that causes us to believe that choosing anything other than love makes sense or is even possible. In the relative, dualistic world of positive and negative, darkness and light, male and female, we make

what we are meant to be doing here on earth. Underlying these relative choices, though, is the choice to be conscious of what we are, which is love, or to be unconscious of it. When we choose to be conscious of it, we choose love. We will still exist in the relative world of opposites and choices and cause and effect, and we will need to make our way here, but doing so with an awareness that we are all made of this love will enable us to be more playful, more joyful, more loving and wise, as we make our way. Ultimately, the choices we make will shed light on the love that makes us all one, enabling those who have forgotten to return to the source.

This world makes it easy to forget this great love, which is part of why we are here. We are here to remember and, when we forget to remember again, to choose love.



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