## Coconut Telegraph

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### Deadline

for the Coconut Telegraph's December issue is Wednesday November 23, 2011

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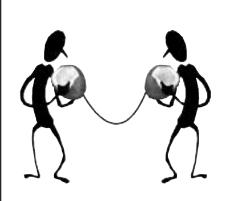
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## Articles

# Editorial: What are you Breathing?

(Not for the Squeamish)

Take a deep breath and think about this for a moment. What is in the air we breathe? If you have a pet you are breathing fur and dander. And if it's a cat, when you change the litter box the dust that floats into the air contains urine and fecal matter. Yuck!

Tiny microscopic bugs such as dust mites and termite's wings are also in the air. And of course, mold spores. What the air conditioning filter doesn't catch winds up in your lungs.

As you probably know, the Upper Keys are in the process of converting to a sewer system to improve the quality of our ocean water, but in the interim the air is being saturated with coral dust from the digging. At my old house I buried my dog next to a tree. I didn't realize it was in an easement. The little dog isn't there anymore, dug up

for the new sewer pipe. Take a deep breath of Maltese. Eww!

Can you think of other things you may be

There are two antidotes to this air pollution problem. One, you can spend a fortune on an air purifier, changing filters often; Or two, get some inexpensive Enchanted Sea Crystals.

When placed in a warm sunny window or in a dish with a candle Enchanted Sea Crystals not only look pretty and smell nice but they emit negative ions that clean the air. The ions actually latch onto the pollutants, grounding them before they can enter your lungs. You'll find you will be dusting and vacuuming more often but that dirt won't be going into your lungs. No room in your home, car or boat should be without it.

After you implement a solution for cleaner air think about our aguifer and your tap water. How far does that water travel? What chemicals are they using to clean it this week? The fastest, easiest, most convenient solution is to have bottled water delivered right to your door. Eliminate buying expensive cases of individual water bottles and call our locally owned and operated friends at McCullough Premium Water. They can set you up with a home water cooler to give you peace-of-mind when quenching your thirst. For cleaner water and cleaner air call McCullough Premium Water at 305-451-1196, and visit any of the fine outlets listed in this newspaper and get some Enchanted Sea Crystals.

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# **Enchanted Sea Crystals** Clean Air You Breath



If you have ever experienced the air at a waterfall, on a mountain top, at the seashore, or after a thunderstorm - then you have experienced the results of Negative Ions and you know how the air smells fresher and how much easier it is for you to breathe.

Negative Ions are displaced electrons in the air, formed when an energy source acts on a molecule of oxygen, carbon dioxide, water or nitrogen. They are short-lived and highly reactive particles that attach and neutralize microscopic particles floating

in the air, like mold, pollen, dust allergens, pet dander, odors, cigarette smoke and chemicals.

Enchanted Sea Crystals are also natural Negative Ion generators. Salt is naturally hygroscopic, which means, it naturally attracts moisture. The interaction of humid air with the surface of a salt crystal releases Negative Ions. Many medical studies in Europe have shown such health benefits provide relief from hay fever, asthma and allergy relief, improvement with sinus related illnesses, migraines and Continued on page 20...

# **Key Largo Conch House**

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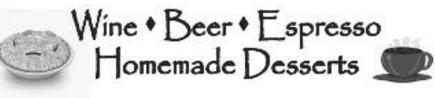
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