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Domestic violence doesn't stop for the holidays.

The holidays should be a time for family and friends to share the joy and hope of the season. For those experiencing abuse, however, December can also be a particularly stressful time. Domestic violence doesn't stop for the holidays and the added pressures of holiday expectations can worsen an already unhealthy situation.



This year, help those living with abuse to know that they're never alone, especially during the holidays.

The Domestic Abuse Shelter (DAS) is a non-profit organization, providing comprehensive services for individuals and families experiencing domestic and sexual abuse in the Florida Keys. *Our mission is to reduce the incidence* and minimize the impact of domestic and sexual abuse in Monroe County by directing victims and abusers to appropriate, effective programs and services.

The Domestic Abuse Shelter, Inc. is the only certified emergency shelter in Monroe County that provides refuge for victims of domestic and sexual violence and their children. Residents may stay at the shelter for up to six weeks. The shelter is a safe and secure environment that empowers residents through its services to form the beginning of independent lifestyles. Residents obtain crisis intervention, supportive counseling, children's services, food, clothing, support group counseling and advocacy. All agency services are available to shelter residents. For more information, call (305) 743-4440. The National Domestic Abuse Hotline is 1-800-799-SAFE (7233).

Below is a list of items needed by the Domestic Abuse Shelter.

You can drop off your gifts at 100670 Overseas Highway #5, Key Largo, FL. Monetary donations are also accepted. You can mail a check to Domestic Abuse Shelter, Inc., PO Box 522696, Marathon Shores, FL 33052

For more information call 305-451-5666, or go to www.domesticabuseshelter.org.



Domestic Abuse Shelter, Inc. Wish List

General Needs

- Copy paper
- Paper towels & toilet paper Cleaning supplies & laundry detergent
- Gift certificates to drug (Kmart, CVS, Walgreens) & grocery stores (Albertson, Winn-Dixie and Publix) in small denominations
- Hand sanitizers
 - Twin size linens (sheets, pillows, plastic mattress & pillow covers)
 - Bath towels & wash cloths
 - Non perishable foods • First aid supplies
 - Bus passes (Kevs transit)
 - Gas cards

Personal Needs

- Hair brushes & combs
- Shampoo, conditioner. bath soaps
- Nail files & clippers, razors
- Deodorant

- Tooth brushes & toothpaste • Cotton balls, Q-tips
 - Feminine hygiene products • Women's panties & bras in assorted sizes, pajamas,
 - night shirts & socks • Blow drvers

Children's Needs

- Books
- Art & school supplies • Diapers & wipes
- Baby bottles
- Baby foods & juices

- Children's underwear in assorted sizes & socks
- DVDs (age appropriate) • Kid oriented gift certificates (movies, food, fun stuff)

Bobbe Brown is back! He's available for private parties. Fridays and Sundays at Coconuts. Available Saturday nights. For bookings call 305-360-1127



DAILY SPECIALS

Wednesday - Live Music 5:30 - 8:00 Friday - All You Can Eat Fish (fried, grilled or blackened) Saturday - Prime Rib

HAPPY HOUR

Every Day 4 to 6pm featuring... \$1 Drafts Pitcher and Wings Special • Beef or Chicken Sliders

OPEN 11 AM to 10 PM EVERY DAY





Best HOMEMADE **BREAKFAST**

in the Keys 6 AM - 2 PM EVERY DAY

—Daily Specials— Breakfast Served 'til 2PM Daily

Lunch Specials starting at \$6.99

CALL AHEAD... We'll have it ready for you! 451-0128 MM 103.5 • Oceanside (Transylvania Ave. to the End)

FRIDAY FISH FRY • All You Can Eat \$10.95 • 5-9 PM • Beverage Incl.

Coco'Nut' Funnies

The Pastor's Ass

The pastor entered his donkey in a race and it won.

The pastor was so pleased with the donkey that he entered it in the race again, and it won again.

The local paper read:

PASTOR'S ASS OUT FRONT.

The Bishop was so upset with this kind of publicity that he ordered the pastor not to enter the donkey in another race.

The next day, the local paper headline read: BISHOP SCRATCHES PASTOR'S ASS.

This was too much for the bishop, so he ordered the pastor to get rid of the donkey.

The pastor decided to give it to a nun in a nearby convent The local paper, hearing of the news, posted the following headline the next day: NUN HAS BEST ASS IN TOWN.

The bishop fainted. He informed the nun that she would have to get rid of the donkey, so she sold it to a farmer for \$10.

The next day the paper read: NUN SELLS ASS FOR \$10

This was too much for the bishop, so he ordered the nun to buy back the donkey and lead it to the plains where it could run wild.

The next day the headlines read NUN ANNOUNCES HER ASS IS WILD AND FREE. The bishop was buried the next day.

The moral of the story: Being concerned about public opinion can bring you much grief and misery. So, stop worrying about everyone else's ass, cover your own and enjoy life!

A Mother's Obsession

A psychiatrist was conducting a group therapy session with four young mothers and their small children.

"You all have obsessions," he observed.

To the first mother, Mary, he said, "You are obsessed with eating. You've even named your daughter Candy."

He turned to the second Mom, Ann: "Your obsession is with money. Again, it manifests itself in your child's name, Penny."

He turned to the third Mom, Joyce: "Your obsession is alcohol. This too shows itself in your child's name, Brandy."

At this point, the fourth mother, Kathy, stood up, took her little boy by the hand, and whispered, "Come on, Dick. This guy has no idea what he's talking about. Let's go pick up Peter and Willy from school and get some dinner."

Thank you Thad Bowling

15 Uses for Jellyfish

- Serve as Japanese gourmet delicacy
- Put in blender, add alcohol and drink
- Use as hair styling gel
- Use as a wig or toupee replacement
- Consider as organic breast implants
- Freeze and use as a hockey puck
- 7. Use as a shower cap
- Save and use as Christmas tree decoration
- Protect yourself with the all-natural tazer
- Or use for self-defense. If you walk into a room swinging a jellyfish over your head you'll commands instant respect.
- 11. Make a peanut butter and jellyfish sandwich
- Serve as an instant jellofish dessert
- Use carefully as a macho condom
- Use for practical jokes. Put one in a friend's purse and watch from a distancs.
- Keep as a pet. Jellyfish do not disturb neighbors and require little care or attention.