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Revenge,
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Local entertainer Mike DiMaggio and his beautiful wife Jessica. Photo by MichaelLens Island Photography. Read more about Michaelynn Dreiling, Artist of the Month, on page 3



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Coconut Telegraph

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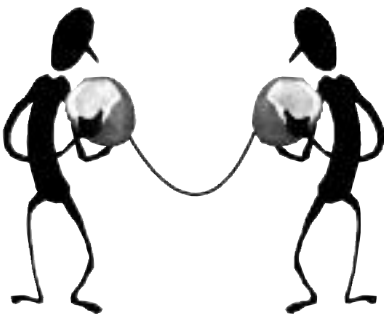
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Editorial:
The First Amendment for Idiots and an Apology to KLI

Our 1st amendment rights are:

- 1.) Freedom of Speech
- 2.) Freedom of the Press
- 3.) Freedom of Religion
- 4.) Freedom of Petition
- 5.) Freedom of Assembly

It is for these rights that our fore fathers came to this country and our veterans have fought to keep it. These freedoms are what has set us apart from most other countries, and what makes America a great place to live.

Those of you that know me know I am community minded and have worked hard in my 22 years in the Keys doing benefits and donating to various organizations too numerous to mention. In the five plus

years I have owned and operated the Coconut Telegraph I have gained a reputation for "saying it like it is."

For a month there were numerous signs posted inside the VFW Post 10211 stating that anyone who parked in front of KLI while they were decorated for the holidays would have their cars towed at the vehicle owners expense! I overheard several customers and veterans voice their disapproval and say they would not shop at KLI anymore. I felt the same way and wrote an editorial in the January issue in support of our Veterans.

As a teenager during the Viet Nam era I remember what it was like to lose many friends and family to a war and took the signs as being anti-veteran. Then much to

my surprise I find out that KLI did not threaten to tow vehicles, they asked nicely and of the VFW Post took it upon themselves to hang up signs that were false and obviously damaging to KLI's good reputation.

I received an email from the VFW Post 10211 Adjutant who also works for Monroe County in Veteran's Affairs admitting that the VFW Post wrote the threatening towing message that hung on the walls for a month! The sad thing about it is that they chose to project their error and anger on me for reporting it, as I and many other observant customers saw it, during the month of December.

It is sad that people that have no

Continued on page 3...

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Editorial

...continued from page 2
business experience and have never accomplished anything in their lives sometimes are running these types of organizations. They have allowed their positions of being, as Fred Flintstone would say, "Grand Poobah's" go to their empty heads. The intelligent thing to do would have been to publicly apologize to KLI for their



huge mistake. Upon finding out this grave error I immediately posted an apology on my website to KLI from the Coconut Telegraph. We have received no letters of apology to KLI from the VFW Post 10211. Since receiving hostile emails from the VFW Post 10211 officer, I have been barred. Doesn't the first amendment apply to them? Do they think they are above the law and the constitution? Barring one non-member will not solve the multitude of problems plaguing this place.

For the most part the members and customers (non-members are allowed admittance in this Post) are a great bunch of people. It is only a few power-hungry, corrupt morons that falsified the information. It goes with the old idiom, "a few bad apples spoil the whole bunch." It is from the Coconut Telegraph and the good apples that we would like to acknowledge

the many generous contributions that the owners of KLI have bestowed upon the Upper Keys community and needy Veterans for many years. Thank you KLI. We, the good apples, and human kindness shall persevere. If you are a veteran visiting here do take the opportunity to visit the Marathon American Legion as I recently did. They are a super-friendly, organized group that understands what "the good of the order" really means.

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Artist of the Month: Michaelyn Dreiling

Artist of the Month, Michaelynn Dreiling, was given her first camera when she was only three-years-old. She instantly loved to take pictures of everything around her and each year for her birthday her father bought her the latest camera on the market. Her passion for photography grew as she traveled the world with her parents and sister. Her parents are avid art lovers and scuba divers who photographed all their travels and shared their images with their enthralled daughter Micha, as her friends call her.

At a young age, Dreiling taught herself how to use the darkroom and began developing her own images. After graduating high school she moved to Austin, Texas to study photography at a local college. There she discovered the music scene and her love of music and photography were combined to fuel her soul. After graduating she packed up her cameras and moved to Los Angeles to work for a record label. It was there, in the city of angels, that Dreiling also fell in love with the television entertainment world. By day, Dreiling worked for Fox Television and at night she went to the clubs to fulfill her passion of photographing musicians. One of her pieces of work was displayed at the famous Sunset

Strip rock and roll club, "The Roxy".

the Keys. A few years later, her business partner invited her on a

Morada Bay Cafe where the Full Moon Party was in full swing. That was it! Dreiling was hooked on "island living!" She headed back to Texas just long enough to sell most of possessions and pack. In tow she brought a few necessities, her camera bag and her dogs. She traded her bar keys to live in the Keys.

Once she got settled into her newly-purchased sailboat in Key Largo she went to work as a dive instructor. As such, it only seemed natural to learn about underwater photography with her new Canon Digital DSLR. As word of her keen eye and photography skills spread, it wasn't long till she was offered a job photographing a wedding. She was a hit!

"There is something magical about capturing those precious moments between two lovers, preserving the memories for a lifetime," Dreiling explains.

So with the love and full support of her fiancé, former Bartender of the Month Sid Vandiver, Michaelens Island Photography was born.

"If it wasn't for Sid's constant encouragement I might not have ever pursued my lifelong dream of opening my own business," she says.

Dreiling's greatest creation came recently when she gave

Continued on next page...



During a trip home to visit family, she ran into an old musician friend from the band Creed. He offered her a partnership in a rock club he was opening in Houston. Little did she know the union would lead her to

trip to Miami, where the first thing Dreiling and her friends did was hop a yacht to the Keys. After diving all day, she met a local cab driver with no shirt and no shoes. (She thought he was terrific!) He took them to

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Artist of the Month

...continued from facing page
birth to Kaiya Sailor Grace Vandiver. Sid also has a 6-year-old daughter named Madison. The naturally beautiful sisters make perfect modeling subjects for Dreiling, who intends to capture every stage of their growth. This new inspiration has led Dreiling to begin professionally photographing children and families.

"I'm your personal family photographer," says Dreiling. "From newborns to weddings and every precious moment in between."

Dreiling is also committed to donating her services to various local charities. Starting this year with every package, print, and

album that sells, she will donate 5% to various local charities. She would like the community to know that if there is a benefit or a charitable school program she would love to donate her time or services.

"I feel positive change will only happen if one is involved with their community. I'd like to share as much as I can with others and in doing so, inspire those around me."

Dreiling is looking to open a studio in the Upper Keys and continue in building her business and contributing to the community. Visit her website at MichaelLens.com or www.facebook.com/MichaelLensIslandPhotography.



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29. The REGS 1-6 Kim Bankston during Band Breaks	30. David Bowman 1-3:30 pm Jammin' with the Steve Venini Band 6-10	31. Luke 1-3:30 pm T.J. Karaoke 6-10	1. Allen Truesdell 1-3:30 pm and Allen Truesdell 6 - 8:30 pm	2. Luke Sommer Glenn 1-3:30 pm Kevin Hurley 6 - 8:30pm	3. David Bowman 2-5 pm The REGS 6-10	4. Luke & Dave 1-5 Swamp Night with THE GLADEZMEN 6-10
5. EGO1-6 Kim Bankston during Band Breaks	6. David Bowman 1-3:30 pm Jammin' with the Steve Venini Band 6-10	7. Luke 1-3:30pm T.J. Karaoke 6-10	8. Allen Truesdell 1-3:30 pm and Allen Truesdell 6 - 8:30 pm	9. John McKinna 1-3:30pm Kevin Hurley 6 - 8:30pm	10. David Bowman 2-5 pm Justa Head Sound 6-10	11. Luke & Dave 1-5 Gypsy Road Band 6-10
12. Colbert the Band 1-6 Kim Bankston during Band Breaks	13. David Bowman 1-5 pm Jammin' with the Steve Venini Band 6-10	VALENTINES DAY! Luke 1-5 T.J. Karaoke 6-10	15. Allen Truesdell 1-5pm and Harry French 6 - 10 pm	16. Luke Sommer Glenn 1-5 pm Kevin Hurley 6 - 10pm	17. David Bowman 1-5 pm Blackwater Sound 6-10	18. Luke & Dave 1-5 EGO Band 6-10
19. Mr. Nice Guy 1-6 Kim Bankston during Band Breaks	20. David Bowman 1-5 pm Jammin' with the Steve Venini Band 6-10	21. Luke 1-5 pm T.J. Karaoke 6-10	22. Allen Truesdell 1-5pm and Harry French 6 - 10 pm	23. John McKinna 1-5 pm Kevin Hurley 6 - 10pm	24. David Bowman 1-5 pm Colbert the Band 6-10	25. Luke & Dave 1-5 No Restrictions 6-10
26. The REGS 1-6 Kim Bankston during Band Breaks	27. David Bowman 1-5 pm Jammin' with the Steve Venini Band 6-10	28. Luke 1-5 pm T.J. Karaoke 6-10	29. Allen Truesdell 1-5pm and Harry French 6 - 10 pm	01. Luke Sommer Glenn 1-5 pm Kevin Hurley 6 - 10pm	02. David Bowman 1-5 pm The REGS 6-10	03. Luke & Dave 1-5 EXIT 19 6-10

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Tradewinds Midwinter Open Cat Nationals

The 2012 Tradewinds Midwinter Open Cat Nationals were held at Founders Park in Islamorada with three days of racing over the Martin Luther King weekend. The annual event drew 70 high-speed, high-tech beach catamarans from all around the USA, as well as top world-class sailors, including Olympic Medalist Pease Glaser of Huntington Beach, California.

US Sailing, the governing body of all sailboat racing in the United States, selected the Tradewinds Regatta this year as its selection regatta for U.S. Youth Multihull World Qualifier, and for the U.S. Youth Multihull Championship, and the selection of the top two teams for development for the 2016 Sailing Olympics.

The class of boat used for the event was the F16 catamaran. There are a number of manufacturers and all must build the boats all to the same specs. These extremely fast catamarans reach speeds over 30 mph in ideal conditions. And the conditions were ideal that during the race weekend. Even

though Friday was windless, Saturday and Sunday had winds around 20 mph and higher. These boats were literally flying around the buoyed courses.

Winning the F16 Youth Championship were Jeremy Herrin and Same Armington of Sarasota, Florida winning by 10 points over Ben Brown and Luc Lisi of San Francisco, California, and rounding out the Podium was Joseph Bello and Shelby Brown of Fort Walton Beach, Florida.

Winning the selection for the Olympic Development team was former Junior Champ, Sarah Newberry and Matthew Whitehead of Miami, Florida, winning convincingly over Past Olympic Gold Medalist, Pease Glaser, of Huntington Beach, California with John Williams Crewing. Third spot went to Mike Easton and McKenzie Wilson from Lexington, Massachusetts.

Local Florida Keys sailors made the podium in two different classes of catamarans. Leah White of Key Largo finished in second place in the Hobie Wave Class



behind Ray Matuszak of Put-in-Bay, Ohio. Mike Phillips of Miami, Florida rounded out the top three in that class. Kelly Davis of Islamorada, Florida took second place in the Open Cat Class (this class is made up of all kinds of boats that do not have a class of their own, and they race on handicap numbers).

There were six different classes of catamarans racing. Other classes were the Nacra20, the F18 Class and Hobie16s. The event has been held annually over Martin Luther King weekend for almost 20 years. For more information you can contact rick@catsailor.com.



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School Program Makes History



Sugarloaf students Emily Conn & Aubrey Sweeney with PBS cards.

On Friday afternoon, January 27th, Sugarloaf School celebrated the next phase in its journey to be a model PBS - Positive Behavior Support - school. With the help of Centennial Bank, Sugarloaf's sixth, seventh and eighth grade students and teachers began migrating the paper ticket reward program to an electronically enabled card-based reward and redemption program. Principal Russell states, "The PBS program began to get a little stale with our middle schoolers and this idea presented by teacher, Tracy McDonald, really gave the program a needed shot in the arm. This brings our PBS program in the 21st century and very much into the electronic age. Like I told the kids, 'You all are making history with this program, nobody else in the country is doing what we're doing!'"

Ralph Edward Scheffler, 79.



Friends and family mourn the passing of Ralph E. Scheffler of Key Largo, FL and Chicago, IL on January 22, 2012. Born July 14, 1932 in Chicago, Ralph is survived by his loving wife Rori Scheffler, brother Laurence (Janice) Scheffler, son Glenn Scheffler (Sandra) of Winfield, IL, daughter Dawn Mobley of Davie, FL. Grandchildren Michael, Luke, Zack, Scott, Danielle, Dominique, and great granddaughter Ava Victoria Scheffler. He is also deeply missed by his four-legged loved ones: Sugar, Cyranno, Pepper, and Lynx.

Ralph attended Lane Tech H.S. and Northwestern University in Evanston, IL, and also served in the US Army. The skyline of Chicago is beautified with many hotels, high rise apartment buildings and office buildings that Ralph, as a project superintendent for several major construction companies, helped erect. Over the span of a 45-year career he constructed buildings as far away as New York and San Francisco.

In 2004 he fulfilled his life-long dream of retiring to the Florida Keys which he called "his paradise", it was not only paradise to him because of the beautiful water and continuous sunshine but also for the great friends he and his wife Rori enjoyed here, because Ralph's zest for life always extended to those all around him. Ralph had battled cancer for many years but he never let it keep him down.

"Life isn't about how to survive the storm, but how to dance in the rain"
Anonymous



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Local Entertainer Michael Trixx is on Fire



Michael Trixx with mentor Jeff McBride.

Local magician Michael Trixx is on a roll. After being featured on NBC's number one hit show America's Got Talent in 2008 he has gained recognition in the magic world and has been attending magic conventions/competitions along the East Coast. Trixx won Florida State Championship of Stage Magic in 2009, took first place in the stage magic competition at the "Magic At The Beach" conference in Myrtle Beach SC in 2010 and 2012. Trixx was also awarded "Magician of the year " in 2011 by both International Brotherhood of Magicians Ring 45 and Society Of American Magicians Assembly #280 in Miami.

Trixx attributes his wins and honors to two things. First, performing in

the Upper Keys for the past 11 years! And second, his studies with world-renowned magician Jeff McBride, founder of McBride's Magic and Mystery School in Las Vegas. Trixx has been studying with McBride and his faculty for over six years now.

Trixx is in his 12th season performing in Islamorada and Key Largo. You can see this amazing show Monday, Wednesday and Friday at Lor-E-Lei, Tuesday at Jimmy Johnson's Big Chill, Thursdays at Island Grill and Saturdays at Gilbert's Resort in Key Largo. All shows begin after sunset.

For more on Michael Trixx please visit michaeltrixx.com. For more on McBride's School in Vegas please visit mcbridemagic.com

1960s Hits Renamed

1. Bobby Darin, "Splish, Splash, I was Havin' a Flash"
2. Herman's Hermits, "Mrs. Brown, You've got a Lovely Walker"
3. Ringo Star, "I Get By With A Little Help From Depends"
4. The Bee Gees, "How Can You Mend A Broken Hip?"
5. Roberta Flack, "The First Time Ever I Forgot Your Face"
6. Johnny Nash, "I Can't See Clearly Now"
7. Paul Simon, "Fifty Ways To Lose Your Liver"
8. The Commodores, "Once, Twice, Three Times to The Bathroom"

Continued on page 23...



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Are You Thinking About Selling Your Home?

What do you do if you want to sell your home now, but getting a good price for your investment seems difficult? Here are some things to consider, and also some reasons why now is perhaps a better time to sell than you may have thought it was!

First, why are you selling? Are you moving, downsizing, or want to upgrade? Are you having financial difficulties or perhaps it's time to retire and you would like a little less "house commitment" and more flexibility to travel and be gone for longer periods of time, not having to worry about the maintenance of your home.

To sell your home and do it effectively I suggest that you consider and keep in mind

some of the following points: know the local market, pick the right sales price, hire a real estate professional that can make your transition much easier, and discuss with your agent some marketing strategies that will set your house apart from the pack. Forget about the real estate market of just a few years ago, and face the new reality in our market - it's a buyer's market, and you will have competition with other motivated sellers to get buyers interested in your home. Again, that's a reason you want your real estate agent working for you!

After the obvious factor of location, there is price. Price it right, to sell. Set the price at what you can get, not what you think it's worth.

The fact is - in this market it doesn't matter what you or your realtor think your house is worth - the only thing that matters is what a buyer is willing to pay. If you over-price your house - buyers will ignore it, your listing will lose its freshness and appeal, not to mention the uncompensated effort of keeping the home spotless during the showings! Have your realtor show you the comparables so that you understand where you stand when homes are being shown in your price range, and how your house stacks up against the competition.

That brings us to what we realtors call "curb appeal." and "staging." Your home will sell much more quickly if it shows well. Spruce up your

yard, get the clutter out of it! Clean your house - make it shine and de-clutter inside also!! Do some touch-up painting if necessary. Fix those broken items, and set the stage for showing!! Remove the pet litter box to a more discreet location (and remove the pet when showing the property if possible), light some scented candles, have some cookies baking, play some nice background music. Also rearrange and remove excess furniture and family pictures. Once you're on the market for sale you want to have the buyer see him or herself in your space!

When you get your offer, be flexible! Remember, emotion is the enemy of flexibility, so try to keep your
Continued on page 15...

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How to Tell if You're in Love

So, are you really in love, or just infatuated? People who fall in love for the first time experience hundreds of unique and individual emotions, thoughts and feelings, but there are a few classic symptoms that most lovesick individuals tend to develop. Check out the list below, and if you have three or more of them, you just might (gulp!) be in love.

Top Ten Ways to Know You're In Love:

1. **You're in love if you think about them all of the time.** Well yah, I didn't say that everything on this list would be profound or anything. This one is a no-brainer. If you love someone, they're going to be in your thoughts all the time. In fact, you won't be able to get them out of your head. Look at the rest of the indicators before coming to a conclusion, though, because this one could also mean that you're just plain nuts.
2. **You're in love if everything reminds you of them.** If Someone asks you to pass the ketchup and it reminds you of him or her, if flock of geese fly overhead and it reminds you of them, it's love. Oh, and if for some reason, when you're in love it seems like every new person you meet or see on TV, or hear a story about has the same name as the person then you're in love with. I don't know why that is, it just happens.
3. **You're in love if you care more about their safety and happiness than you do about your own.** For some weird and inexplicable

reason, the whole "looking out for number one" thing you've been doing your whole life dissolves away and gets replaced by an overwhelming urge to make sure that special person is as safe, comfortable and happy as possible. No, I'm serious. This totally becomes your number one priority. It's kind of like getting super powers, in a way; you'd be amazed at what little old you is capable of when you're trying to protect or provide for the one you love.

4. **You're in love if you start caring more about your own appearance.** Suddenly, without warning, you find yourself wanting to actually iron the wrinkled jeans that have been sitting in the dryer for the last three days before you wear them. If you're about to see that person who you can't get out of your mind, there suddenly seems to be a whole lot of reflective surfaces around to check yourself out in.
5. **You're in love if you're actually interested in knowing more about them.** You can forget about the days when you went home from a date remembering absolutely nothing about the interests, career and dreams of the person you went out with. Finding out all about this fantastic person is your new favorite thing to do. If you could find a book detailing every minute detail of their life, you wouldn't sleep or eat until you read every last paragraph.
6. **You're in love if you want to impress them.** You've always tried to be modest,

Continued on page 20...

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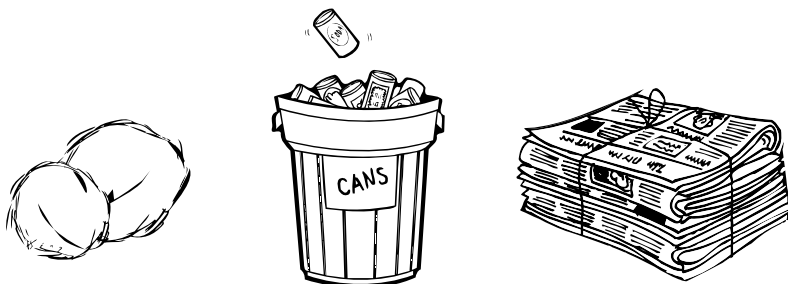
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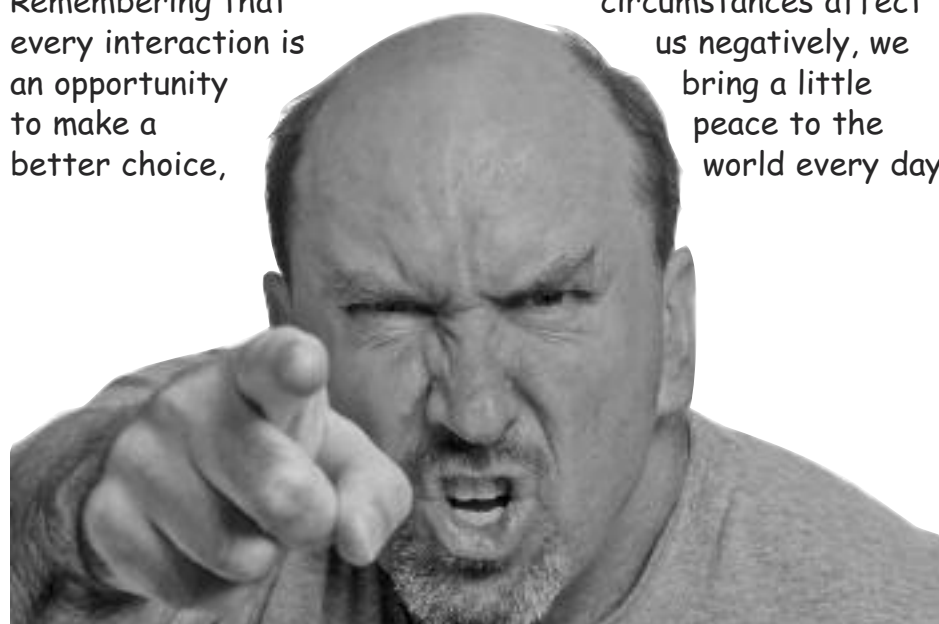
Revenge: A Different Approach to Anger

Thoughts of revenge create an energy of imbalance and are best dealt with by releasing your anger.

There can be times when we get so angry with someone that we find ourselves imagining ways to seek revenge for the hurt they've caused us. Remember, however, that the thoughts you've just had are energetic creations. In order to keep yourself from having to take part in the rebalancing of energy, it is important to release the person and the thoughts into the care of the universe with forgiveness. Before we allow ourselves to invest our energy into negative thought or action, we can remind ourselves that everything has a purpose. We can then consider that perhaps the actions of the other person or people may have had nothing to do with us. If we don't take their actions personally, it may be easier to release them. Remembering that every interaction is an opportunity to make a better choice,

we can take a deep breath before responding, allowing us just enough time to connect to center and make the choice to respond from our higher self. We can never know all the circumstances that may have led anyone to do anything. By not passing judgment on anyone, and instead sending hope for their healing, we may create something positive out of a difficult situation. We can then release it, since dwelling on it can cause an energetic drain in our system, causing us to really only hurt ourselves. When we can release our hold on negative events and interactions, we leave it in the hands of a wise universe to work out the best solution for all involved.

In every moment we have a chance to make a choice to bring light into the world. When we bless others with the gift of our positive energy, instead of letting circumstances affect us negatively, we bring a little peace to the world every day.



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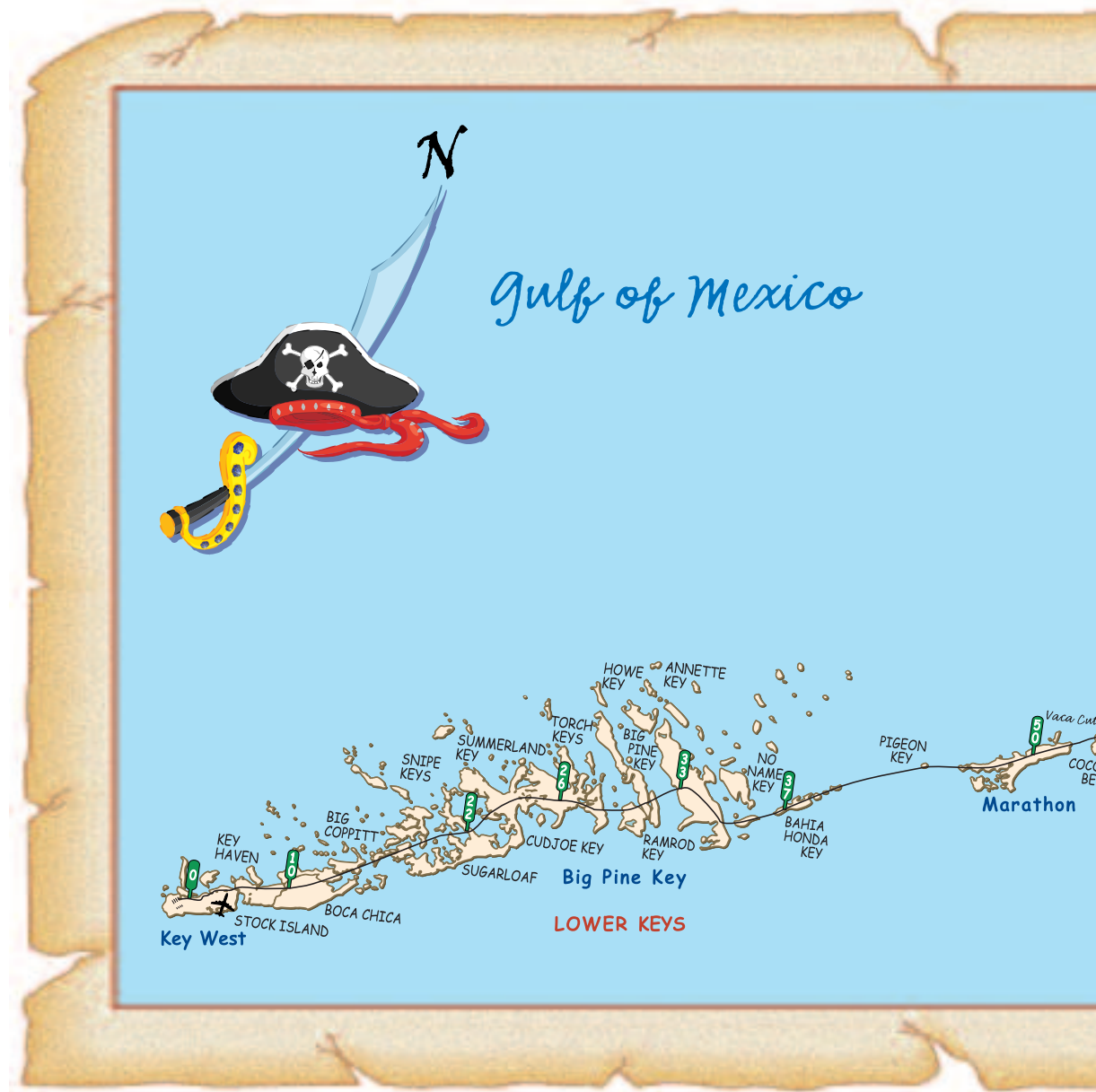
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Tips on Being a Perfect House Guest

The tourist season is upon us once again and there visitors galore. If you are fortunate enough to have a friend to visit here in the fabulous Florida Keys, here are some tips that might get you invited back:

How to Be a Perfect House Guest:

1. **Send money for groceries or bring your own.** If you are planning to stay five days or more send a check ahead of time to cover the cost of groceries and other incidentals. Do not wait till you arrive as you may embarrass your host who will inevitably turn down the offer. So just mail a check with a note about how excited you are to be coming. If your visit will be short, a day or two, take your host out to dinner and pay for the meal instead.
2. **Show up on time.** If you are running late make sure to call and update your host on when you will be arriving.
3. **Bring a gift.** To show your appreciation for the free lodging bring a gift. It doesn't have to be big or expensive. Remember the cost of a motel room in the Keys during the season start at \$150 a night. Paradise is not cheap. Gifts from your home state are always appreciated.
4. **Clean up after yourself.** Make the bed and straighten up your room. Put your dishes in the sink or dishwasher.
5. **Pitch in.** Help carry in the groceries or take out the garbage. Do not wait to be asked.
6. **Do not let your presence interfere with your friend's normal routine.** If they work from home do not interrupt them. Or when they are getting ready to leave for work stay out of their way. Your friend may of course wish to take time off to hang out with you, but you should never impose on their time. If you are riding in the same vehicle and your host wants to go home, let them and call Mom's Taxi 305-852-6000 to take you home later.
7. **Do not ignore your friend all together.** No one wants to feel as though you are just using him/her as a hostel. Invite your host on your excursions.
8. **Disclose your schedule and stick to it.** Make sure to mention when you plan to leave. This will help your host make their own plans.
9. **Come with ideas about what you want to do and see.** Don't expect your host to entertain you all day long.
10. **Even if you don't find all the activities your host plans enjoyable, keep your disappointment to yourself.** Your friend is working hard to entertain you, let them know you appreciate their efforts.
11. **Don't criticize your friend's home town or state.** For instance, don't say "It's very boring in Marathon," we already know Marathon is boring.
12. **If your host advises you to stay away from certain tourist traps, take their advice.** For instance, if you visit the place with the giant penguin outside your host will think you are a moron.
13. **Don't overstay your visit unless you are invited to do so.** Remember after three days guests, family and fish stink!
14. **Strip the bed before you leave.** It will make it easier for your host to wash the linen.
15. **Write a thank you note and express your gratitude soon after the trip.**

Tip to the host or hostess:
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Selling Your Home?

...continued from page 9
emotions out of it and be objective. Don't simply reject an offer. Make a reasonable counteroffer and send the message that you want to close the gap between the offer and what you are willing to accept for your home!

Remember - interest rates are at historically low levels - so not only can the buyer of your home get a much better rate and loan to buy your home. That also means that if you are planning to upgrade, you also can take advantage of the same great rates and perhaps purchase that larger home you've been wanting, or a new home on a canal.

So if you are interested in selling your home, try putting a few of these practical

strategies to work to get the best return on your investment. With the right approach, anytime can be the right time to sell!

One final thought - if you absolutely don't want to sell yet - you might want to consider renting. Things to keep in mind would be: how much rent your house will bring, do you want to be a landlord, and how do you find good tenants. We can discuss that at another time!

Contributed by:
Jane Wasmund
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Tropical Springs Realty
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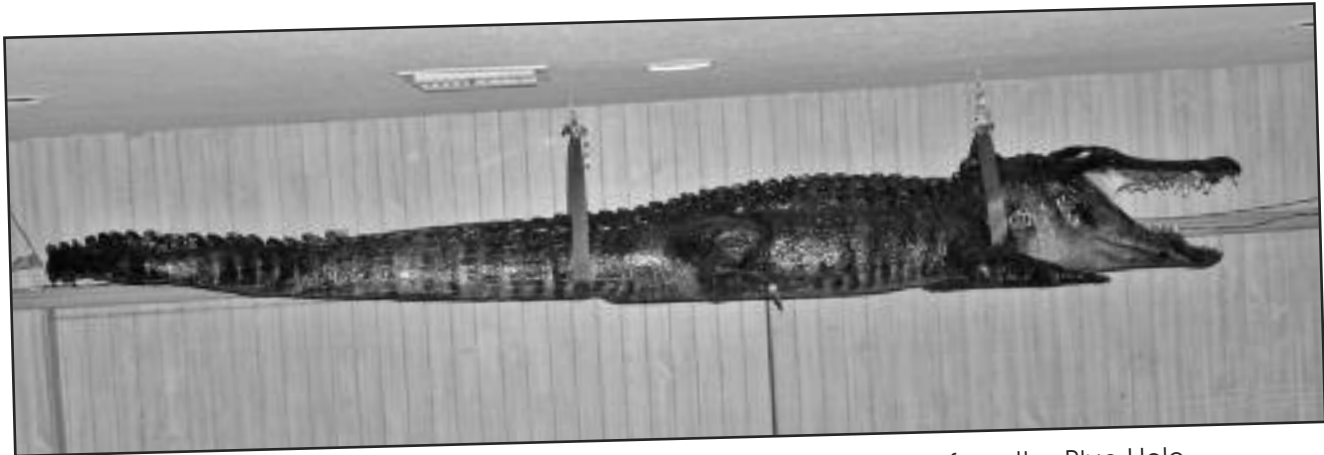
and More Conch Characters



Professor David Moore stopped by the Big Chill on his walking tour from Key West to Pensacola.



Centennial Bank recently hosted an informal gathering for friends of the bank to toast the new year



This gator, proudly displayed at the Big Pine Moose, came from the Blue Hole.



Brenda Starr every Saturday night at the Buzzard's Roost.



One of our favorites, Bartender Bob at Gilbert's.

Band Presents Free Concert for Lovers of Music and Animals

Woof! Growl! Roar! Bring the entire family to a musical tribute to our animal friends. Dogs on leashes are invited to attend!

The Keys Community Concert Band welcomes guest conductor Joseph Rayhill to the podium. A graduate of the University of Central Florida, and former Band Director in Jacksonville, Rayhill is presently Director of Bands at Marathon Middle/High School.

Rayhill looks forward to conducting the Band, and encourages parents to bring their children to the concert. "As a music teacher, I hope my students will continue to make music throughout their lives. When younger children hear a band performance, they may be inspired to join school band when it's time for them to make that decision. One band concert can change a kid's life because kids can't choose what they don't know."

On the program are crowd-pleasing pieces such as *Baby*

Elephant Walks New York, Alley Cat, Rubber Duckie, Teddy Bear's Picnic, and a rousing Sousa march, *The Black Horse Troop*. Young and young-at-heart attendees will have the opportunity to join the Band for a musical selection.

The *Pops in the Park* series is funded, in part, by a grant from the Monroe County Tourist Development Council, administered by the Florida Keys Council of the Arts. The Hurlburt Family Foundation and other local organizations provide additional funding. Donations are always welcome!

Come to *Animal Fair* on February 18, 4:00 p.m., at the Capital Bank Amphitheater at Founders Park, MM 87, Islamorada. Bring family, friends, and a blanket or lawn chair, sit by the Bay and enjoy the free concert. For

further information, call (305)853-7294 or find the Band on Facebook.



Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.



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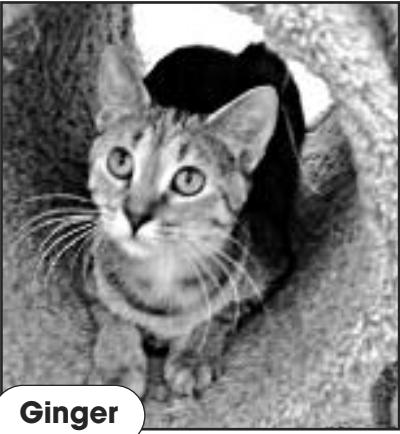
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Valentine's Day Trivia: The Truth about Kissing

The science of kissing is called philematology.

Lips are 100 times more sensitive than the tips of the fingers.

A real kiss may quicken the pulse to 100 beats in a minute.

A French kiss moves about 29 muscles in the face.

The world's longest kiss took place in New York City, lasting 30 hours, 59 minutes, and 27 seconds.

It is thought that men who kiss their wives every morning before going to work live 5 years longer than men who don't.

70% of people aged 16 to 24 years had their first kiss by the age 15, whereas only 46% of their parents had kissed by the same age.

Couples may transfer an average of 9 milligrams of water, 0.7 milligrams of protein, 0.18 milligrams of organic matter, 0.71 milligrams of fat and 0.45 milligrams of salt to each other with each open-mouthed kiss.

It is said that an average woman kisses about 29 men before getting married.

A kiss can contain up to 278 of different bacteria, most of which are non-dangerous.

An average person spends two weeks of his or her life kissing.

Two out of every three couples turn their heads to

the right when they kiss.

On Valentine's Day 2004, 5,122 Philippine couples gathered together at midnight and locked lips. This kissathon beat the previous world record of 4,445 couples set in January in Chile.

You burn 26 calories in a one minute kiss.

Kissing releases the same neurotransmitters (chemical messengers in the brain) as those that are released when you engage in intense exercise such as running a marathon or skydiving. This causes your heart to beat faster and your breathing to become deep and irregular.

Some theorize that when you kiss a person with the same hair color as yourself, the result is a more passionate kiss.

Our brains have special neurons that help us find each others lips in the dark.

There are many strange laws regarding kissing that are still on the books. In Indiana, it is illegal for a man with a moustache to "habitually kiss human beings". And in Hartford, CT, it is illegal for a man to kiss his wife on a Sunday.

Eskimos, Polynesians and Malaysians rub noses instead of kissing.

Kissing helps reduce tooth decay because the extra saliva it creates helps clean out the mouth.

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Are You in Love?

...continued from page 10

but suddenly you feel like you're a politician fighting to win the most important election ever in the history of the universe. You make sure that the faded newspaper article about you winning your third-grade spelling bee is left nonchalantly on the coffee table when they come to visit. And you keep them as far away as possible from that great aunt who loves to tell all of the embarrassing stories about you.

7. **You're in love if you aren't as tight with your money or time anymore.** There was a time when the idea of shelling out your hard-earned money to buy someone dinner or a gift would have horrified you. Sure, you would buy an

occasional round for your friends or bring grandma flowers on her birthday, but spending any more money than absolutely necessary just wasn't going to happen. But now, no price seems too high as long as it makes that special someone happy.

8. **You're in love if hanging out with your friends just isn't as appealing any more.** Remember when you and your friends made fun of the former buddy who ditched your gang to hang out with his or her new boyfriend or girlfriend? And when the



thought of abandoning your friends to spend time with a member of the opposite sex seemed sacrilege? Well you can try to deny it all you want, but you're finding yourself constantly thinking about being with that special someone... Even when you're surrounded by your buddies!

9. **You're in love if commitment is actually starting to sound like something you could stand.**

What, you commit to something that requires you to be faithful and responsible? Oh, the horror! What strange, evil spell has been cast upon you that

would actually make you excited about a long-term relationship or even marriage with someone? Did someone slip something into your drink? Are you going insane? No. You're probably in love, knucklehead.

10. **You're in love if you just aren't noticing other members of the opposite sex.** Oh, the people you used to stare at are still there, you just aren't noticing them anymore. For some bizarre reason, that special someone has suddenly become infinitely more attractive to you than any other person on the face of the planet. People who you used to think were good-looking suddenly pale in comparison to the one you have found yourself falling in love with.

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Clubs/Organizations

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Key Players, Inc. Community Theater Group needs volunteers to work behind the scenes! Sign up on the web! www.thekeyplayers.org

Florida Keys Orchid, Fern & Bromeliad Society meets the 3rd Thurs. of every month at Key Largo Library Comm. Room 7pm. Free/open to public. 451-3000

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10 Ways to Reuse Coffee Grounds

If you're like me, you like to have a cuppa joe every once and a while, or every day. So what do you do with those coffee grounds after you get your caffeine fix? Throw them in the trash or compost? Well, don't just trash those grinds anymore. Here are a few of the neat things you can do to reuse coffee grounds for:

1. **Fertilize plants.** Old coffee grounds are nutrient rich for plants that thrive in an acidic soil.
2. **Soften and add shine to hair.** When washing your hair, rub coffee grounds through wet hair and rinse. For brown hair, coffee grounds add highlights.
3. **Use coffee grounds to exfoliate the skin.** Rub into skin and then rinse. (I love when my face smells like coffee.)
4. **Deodorize a freezer.** Place a bowl of used coffee grounds in

the freezer to remove unwanted odors.

5. **Rid your shoes of stinky odors.** Put some dried coffee grounds in your favorite pair of smelly shoes make the odor vanish.
6. **Use your morning brew to fight cellulite.** Mix the grounds with vitamin E oil and massage onto the area where cellulite exists. Repeat 2 or 3 times and rinse in the shower.
7. **Rub coffee grounds on your pet before bathing to repel any fleas.**
8. **Remove furniture scratches.** Rub furniture with wet coffee grounds to remove marks.
9. **Use coffee grounds to repel ants.** Cinnamon also works.
10. **Keep cats from leaving a little surprise in your garden** by spreading used coffee grounds and orange peels throughout your beds or vegetable garden.



Don't forget your feathered friends this year.

Make a tax-deductible donation to the Florida Keys Wild Bird Center

Open daily from sunrise to sunset

The Florida Keys Wild Bird Center is a non-profit 501C 3 organization that relies almost entirely on the generosity of both public and private donations. We sincerely appreciate and are thankful for all donations of any size.

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Mission Statement

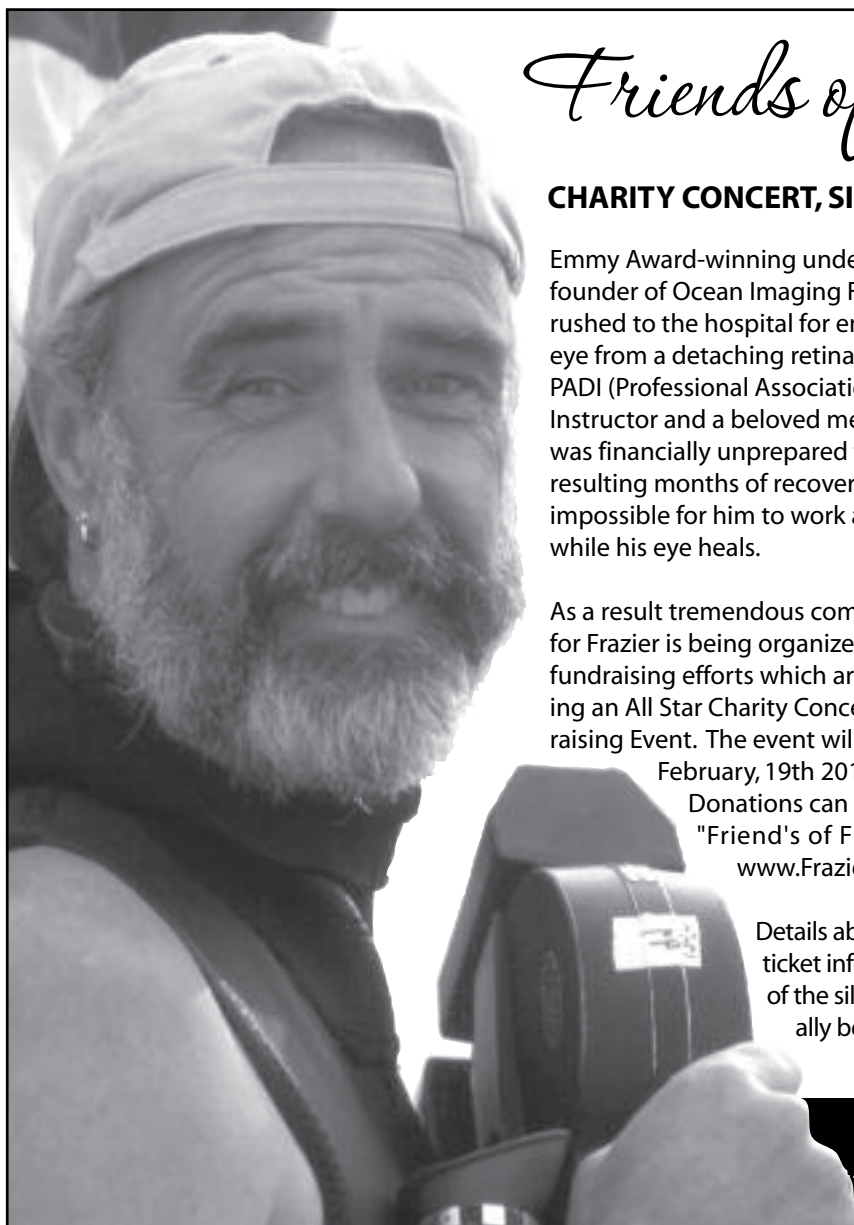
Florida Keys Wild Bird Center's mission is to rescue, rehabilitate, and release native and migratory wild birds that have been harmed or displaced, to provide or locate a humane shelter for those birds that cannot be released, and to educate the public toward the importance of coexistence with all wild bird species.

Objectives

1. To provide professional standards of animal care, rehabilitation and assistance to injured, sick, rescued or orphaned wild birds.
2. To educate the public about the importance of our migratory and resident wild bird populations to the Florida Keys and to the Everglades.
3. To provide a humane example for others to learn from and follow.



The Center also need volunteers. Contact the Center at 852-4486



Friends of Frazier Nivens Fundraiser

CHARITY CONCERT, SILENT AUCTION, AND SPECIAL PERFORMANCES BY LEGENDARY MUSICIANS

Emmy Award-winning underwater cinematographer and founder of Ocean Imaging Frazier Nivens, was recently rushed to the hospital for emergency surgery to save his eye from a detaching retina. Frazier who is a long time PADI (Professional Association of Dive Instructors) Dive Instructor and a beloved member of the Keys community was financially unprepared for the \$30,000 surgery and resulting months of recovery during which it will be impossible for him to work and dive to support his family while his eye heals.

As a result tremendous community outpouring of support for Frazier is being organized now through a number of fundraising efforts which are currently underway including an All Star Charity Concert, Silent Auction and Fundraising Event. The event will be held in Key Largo Sunday, February, 19th 2012 from 3:00 PM to 10:00 PM. Donations can be made online at the "Friend's of Frazier" official website at www.FrazierNivensBenefit.com.

Details about the event's location and ticket information along with a list of all of the silent auction items will continually be updated on this web site.

**Sunday, February, 19th 2012
3-10 PM. Venue to be announced.**

Facebook users can also help support Frazier and his family by joining the "Friends of Frazier Facebook Page" at: www.facebook.com/groups/290243847691172.

Performing at the concert will be The Patxi Pastor All Star Band (www.PATXI.com) featuring very special guests including Rock & Roll Hall of Famer and Co-Founder of The Bob Seger Silver Bullet Band Alto Reed on Sax, The Legendary Miami Sound Machine Horn Section With Randy Barlow and Doug Michels on Trumpet, Mike Scaglione on Sax and Teddy Mulet on Trombone, Jack Ciano Drummer for Bruce Hornsby, Tony Bennett, Jon Secada and Dizzy Gillespie, Steve Argy Bass Player for Bruce Springsteen's saxophonist Clarence Clemons, KC & The Sunshine Band and The Bellamy Brothers, Multi-Grammy Nominated Producer & Keyboardist Leroy Romans from Bob Marley's Wailers, Jimmy Cliff & Maxi Priest and Miami's Singing Sensation Maryel Epps from David Bowie, Prince, Bob Dylan and Chaka Khan.

For More Information Please Contact:
Leslie Del Toral
donate@fraziernivensbenefit.com

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Coco'Nut' Funnies

The Five Levels of Drinking

LEVEL 1: It's 11:00 p.m. on a weeknight, you've had a few beers. Just as you get up to leave because you have work the next day, one of your friends buys another round. At this level you think to yourself, "Oh come on, this is silly, as long as I get seven hours of sleep, I'll be fine."

LEVEL 2: It's midnight. You've had a few more beers. You've just spent 20 minutes arguing against the use of artificial turf. You go to leave again, but a little devil appears on your shoulder. And now you're thinking, "Hey! I'm out with my friends! What am I working for anyway? These are the good times! Besides, as long as I get five hours sleep...I'm cool."

LEVEL 3: 1:00 a.m. in the morning. You've abandoned beer for tequila. You've just spent 20 minutes arguing FOR the use of artificial turf. And now you're thinking, "Our waitress is the most beautiful woman I've ever seen!" At level three, you love the world. On the way to the bathroom you buy a drink for the stranger at the end of the bar just because you like his face. But at level three, that devil is a little bit bigger...and he's buying. And you're thinking "Oh, come on, come on now. As long as I get three hours sleep...and a complete change of blood, I'm cool."

LEVEL 4: 2:00 a.m. in the morning, and the devil is bartending. For last call, you ordered a bottle of rum and a Coke. You ARE artificial turf! This time on your way to the bathroom, you punch the stranger at the end of the bar. Just because you don't like his face! And now you're thinking, "Our busboy is the best looking man I've ever seen." You and your friends decide to leave, right after you get thrown out, and one of you knows an after hours bar. And here, at level four, you actually think to yourself, "Well...as long as I'm only going to get a few hours sleep anyway, I may as well....STAY UP ALL NIGHT!!!! Yeah! And besides, as long as I get 31 hours sleep tomorrow, I'm cool."

LEVEL 5: 5:00 a.m. and you and your friends wind up across the state line in a bar with guys who have been in prison as recently as...that morning. It's the kind of place where even the devil is going, "Uh, I gotta turn in. I gotta be in Hell at nine." A waitress with fresh stitches comes over, and you think to yourself, "Someday I'm gonna marry that girl!!!" One of your friends stands up and screams, "WE'RE DRIVIN' TO VEGAS, BABY!!!!!" - and passes out. You crawl outside for air, and then you hit the worst part of level five - the sun. You weren't expecting that were you? You never do. Let's be honest, if you're 19 and you stay up all night, it's like a victory like you've beat the night, but if you're over 30, then that sun is like God's flashlight. We all say the same prayer then, "I swear, I will never do this again (how long?) as long as I live!" And some of us have that little addition, "and this time, I mean it!"

Renamed Hits

...continued from page 8

9. Procol Harem, "A Whiter Shade of Hair"
10. Leo Sayer, "You Make Me Feel Like Napping"
11. The Temptations, "Papa's Got A Kidney Stone"
12. Abba, "Denture Queen"
13. Tony Orlando, "Knock Three Times On The Ceiling If You Hear Me Fall"
14. Helen Ready, "I Am Woman; Hear Me Snore"
15. Leslie Gore, "It's My Procedure, And I'll Cry If I Want To"
16. Willie Nelson, "On the Commode Again"



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