

Mark Your Calendar

FREE CONCERT

by the
Keys Community Concert Band

Sunshine Heritage

A musical celebration of all things Florida!

Saturday, March 31, 4:00 p.m.

Islamorada Founders Park, MM 87

For more information, call (305)853-7294.



Bethencourt Joins First State Bank

Terri Bethencourt joins First State Bank of the Florida Keys as Vice President, Deposit Operations Officer.

Bethencourt brings 27 years of banking and project experience to First State Bank. Her professional background includes such positions as Consumer Asset Division Systems Analyst, Systems & Procedures Coordinator, Privacy Officer & Deposit Applications Manager, and Vice-President/Deposit

Operations Manager. She also holds a Professional Project Management Certificate from Florida International University.

"We are very pleased to have someone with Terri's experience join First State Bank," said Elizabeth Miranda, Executive Vice President/Risk Manager. "We're confident that her extensive experience and

background will be beneficial to our team and to the success of the Bank."



New Menu!

Come in and sample!!

Home of the Original Tuna Nachos!

Two Great Chefs, Featuring
Local Seafood with an
"Oriental Twist"

Try the Asian Tenderloin,
the Wasabi Encrusted Catch,
Oriental Shrimp Spring Rolls...
and many more!

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The hiring of an Attorney is an important decision that should not be based solely upon advertisements.
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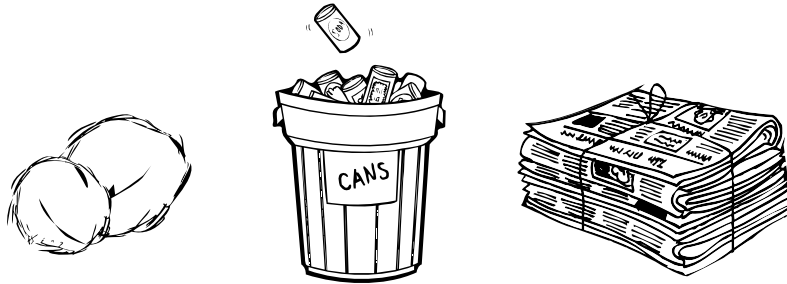
Business Office (305) 367-0097

31 Ocean Reef Drive C-204

North Key Largo, Florida 33037

OPERATED BY MEMBERS FOR MEMBERS SINCE 1994

WHAT DO
COCONUTS, ALUMINUM CANS & NEWSPAPERS
HAVE IN COMMON?



They all help the Upper Keys Humane Society!

We are always in need of financial
help, and we need your donations!

Coconuts are available in front of our
building for a donation. Aluminum
cans donated by people like you can
be turned in for money to help pay
our spay/neuter and medical bills.

We need a lot of newspapers to line
our kennels. We use hundreds of
pages every day!

Please consider bringing your
coconuts, newspapers and
aluminum cans to us at MM 101.5.
Or, send a check, or volunteer!!



HELP US HELP THE ANIMALS!

—WE ARE A NO-KILL SOCIETY—

MM 101.5 Oceanside

P.O. Box 511, Key Largo FL 33037

305.451.3848

Uncirculated copies of the Coconut Telegraph are given to the Humane Society each month.

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Appointments 6 Days a Week

Office hours: Monday—Friday 8-5; Saturday 8-1

305 453-0044

MM100.6 Bayside • Key Largo

Information & Inspiration Road Maps to Life

When we learn to attune
ourselves to our inner compass
we follow a map that only we
can see, our own path.

All the major spiritual
traditions serve the purpose of
offering us a road map to guide
us on our individual journeys to
enlightenment. These road maps
are made up of moral codes,
parables, and, in some cases,
detailed descriptions of
mystical states. We often study
the fine points of a particular
ascended master's narrative in
order to better understand our
own and to seek inspiration and
guidance on our path. In the
same way, when we plan a road
trip, we carry maps and
guidebooks in an effort to
understand where we are going.

In both cases, though, the
journey has a life of its own and
maps, while helpful, can only
take us so far. There is just no
comparison between looking at a
line on a piece of paper and
driving your own car down the
road that line represents.
Some people seem well suited to
following maps, while others are
always looking for new ways to
get where they're going. In the
end, the only reliable
compass is within,
as every

great spiritual guide will tell
you. The maps and travelogues
left behind by others are great
blessings, full of useful
information and inspiration, but
they cannot take the journey
for us. When it is time to merge
onto the highway or pull up
anchor, we are ostensibly on our
own. Strange weather patterns,
closed roads, and traffic jams
arise in the moment, out of
nowhere, and our maps cannot
tell us what to do. Whether we
take refuge in a motel by the
side of the road, persevere and
continue forward, or turn back
altogether is entirely up to us.

Maps are based on
observations from the past and
we are living in the present, so
we are the only true experts on
our journey to enlightenment.
We may find that the road
traveled by our predecessors is
now closed. We may feel called
to change direction entirely so
that the maps we have been
carrying really no longer apply.
These are the moments when
we learn to attune ourselves to
our inner compass, following a
map that only we can see, as we
make our way into the unknown
territory of our own
enlightenment.



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