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Dear Anny Bannanny,

them out.

Sincerely, Quite Quiet





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I have a few friends that do not know how or when to shut up. When I call them on them why I called because they never give me a chance to get a word in edgeways. In a face-to-face situation it is the same thing, they continue to babble on and if I try to interrupt them they raise their voice and continue on. These people are generally nice people and I don't want to hurt their feelings but their compulsive talking is driving me crazy! A conversation is supposed to be two way! I even know one person who will go as far as to grab your face and turn it towards them so that you can't even try to ignore them or tune

Could these people who vocalize an incessant rambling stream of nothingness have a psychological problem, or is it a neurological mechanism that disinhibits their speech, or what? I do not want to be insensitive to people with mental disorders but how can I handle it without having to cold cock them and knock them out?



Dear Quite,

Anny Bannanny is not a psychologist but I did a little research on the phone I never even get a chance to tell the computer. First I want to say I understand your frustration and agree that these friends of yours are not consciously trying to be rude and obnoxious, they just are. They have to vocalize every single thought and their brain does not process the end of a conversation. When the behavior persists despite significant negative response, it is considered pathological behavior.

> People with OCD (obsessive compulsive disorder) do the same things over and over, like washing their hands 50 times a day, they don't realize they are doing it.

With Schizoaffective Disorder some of the symptoms are disorganized speech that is not logical and speaking so guickly that others cannot interrupt you. It can be caused by drug abuse. People with bipolar disorder often have racing thoughts and talk a lot.

It can also be lack of self esteem, loneliness or boredom. It could also be a lack of etiquette: having never learned the proper methods of conversational intercourse.

In a job situation, these people can be the most honest, dependable, and knowledgeable in their field ... but when they cannot stop talking and interrupting they cause their co-workers to lose their concentration, resulting in loss of productivity. Consequently they sometimes find themselves fired and don't know why.



The Solution

Japanese researchers have invented a speech-jamming gun that painlessly forces people into silence. The device works by recording your target's speech and then firing their words back at them with a 2-second delay which affects the brain's cognitive processes and causes the person speaking to stutter before silencing them completely. Unfortunately this gun is not yet available at Kiffney's.



For those with iPhones, there is an app called Speech Zapper which works on the same principle as the Nobel-awarded

speech-jammer gun. This product is available through Apple for 99 cents. Anny Bannanny certainly hopes that answers your question because she has to leave to head over to the Apple Store before they close. Watch out for Anny Bannanny with her new yap zapper!

Signed, Anny Bannanny

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