

To All of Our Supporters who gave their time and help before, during and after our first "Paws For the Cause" event held at Gilbert's Resort on Nov. 17, 2012 - THANK YOU!

Donations received amounted to over \$4,000.00 and we thank you again for helping us to keep our doors open at the Upper Keys Humane Society at MM 101.5.

None of this could have happened without the expert guidance and work from Denise Malefyt and the Coconut Telegraph. I know that no matter how hard we try, we always seem to omit a name and for that we apologize in advance. We want to thank each and everyone who volunteered and donated

Our Wonderful Sponsors: Coconut Telegraph, Keys Kritters, 99.5 Sun 103.1, Tropical Springs Realty, Island Information Services, Thunder Country 100.3, WORZ – LP 104.FM, and Gilbert's Resort

Great Musicians: Allen Truesdell & Friends, JK Project, Jimmy & Deb Hawkins, Luke Sommer Glenn, Dave Bowman, John McKinna, Steve Venini, Ted and Vivianne, Brenda Star, and Bobbe Browr

We ask that everyone visit the local businesses that made the donations to help make the event a success: Allen Bever Funeral Home. The Art Box, Artistic Designs, Big Chill, Blue Cow Café, Largo, Canine Counselor, Chubs Subs, City

Jewelers, Denny's Appliance, Doc's Diner, Dolphin Cove, Dolphin Plus, Inc., Esserman Largo Honda, Everglades Eco Tours, Florida Keys Jewelry, Harriett's Restaurant, Hidden Out Restaurant Hooked On Books, Island Flash Bead Designs, Island Grill, Island Grill Mandalay, Island Hammock Pet Hospital, Island Time Cruise, Jewels From Paradise, Key Largo Chocolates, Key Largo Conch House, Key Largo Fisheries, Key Largo Princess, Keys Community Thrift, Inc., Keys Images, Keys Watersports, Kiffney's , Latitude 25, L.O.L. Rollover, Lorelei Cabana Bar, Denise Malefyt, MARC, Margaritaville, Mary Amaya, Kathy Miller, Sandy Moret, Mrs. Mac's Restaurant, Debbie Murphy, NASCAR Tickets, Num Thai & Sushi Bar, Ocean Divers, Pet Motel, Philly's Key Restaurant, Pilot House Restaurant, Pirate Girls, Publix Supermar kets, Purple Isle Parasail, Rain Barrel Sculpture Gallery, Riva Yamaha, Safety Auto, Scuba Fun, Sharkey's, Shear Paradise, Shell World, Shipwreck's South of Heaven Tattoo, Sundowners, T & T Nails. Theater of the Sea, Tiffany's, Tropical Optical, Wahoo's Bar and Grill, Waldorf Coin Laundry, Sue Beal, Kitty Kruise, Gjyle Mazlin, Callista, the Race Girls and Iris Rodriguez

Hall Café, Ron Cole, Coral Financial, DePaula



Thanks from the Board Members, Staff and our 4-legged friends.

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Clubs/Organizations Florida Keys Orchid, Fern &

Bromeliad Society meets the 3rdThurs. of every month at Key Largo Library Comm. Room 7pm. Free/open to public. 451-3000

Key Players, Inc. Community Theater Group needs volunteers to work behind the scenes! Sign up on the web! www.thekeyplayers.org

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The Coconut Telegraph diving medicine and diver salutes Dick Rutkowski training, especially in relation of Key Largo, who was preto the use of breathing gases. sented with the Reaching Out He helped change the course Award at the November 2012 of modern diving through his continued efforts to test and DEMA convention in Las Vegas. DEMA, the Diving Equipment promote the use of gases, such as Nitrox and Trimix. His & Marketing Association, is an international organization work helped develop tech dedicated to the promotion diving and clinical hyperbaric and growth of the recreational medicine as we know it today. scuba diving and snorkeling In 1973, Rutkowski became a industry. Each year since NOAA Aguanaut by working in 1989, DEMA has bestowed the the undersea lab located in award, which is now considered Freeport, Bahamas, During the "DEMA Hall of Fame this time he was directed to Award" and is presented only obtain a recompression chamto those who truly deserve to ber for NOAA to serve the be recognized for their outrecreation and military diving standing efforts and contribucommunities in areas of Miami, tion to the sport of diving. They as well as Central and South are the pioneers, leaders and America. heroes of the sport. Jaques In addition to his affiliation Cousteau was inducted to the with NOAA, Rutkowski is Hall of Fame in 1989. a graduate of Divers Training Academy and past owner and Rutkowski is a pioneer in president of "Dive Incorpothe fields of hyperbaric and





The Post needs your support!

DEMA Honors "Hyperbaric Dick" Rutkowski

rated," a commercial diving company whose primary purpose was to service oil rigs. Upon retiring from federal service in 1985, he formed Hyperbarics International, Inc. to educate and consult in the field of hyperbaric medicine, use of various diving gases and life support systems.

Since retiring from NOAA, Rutkowski has

continued to use his vast knowledge to conduct training programs for NOAA and other agencies such as USN, USAF, NASA, EPA, U.S. Customs, Panama Canal Commission. hospitals, commercial diving companies and foreign navies. Rutkowski has taught thousands of professionals in programs such as recompression chambers, engineering, diving gases, physics, physiology, pathophysiology,

and the medical aspects of diving. His contributions to hyperbaric medicine, as well as his work with mixed breathing gases, have made diving a much safer sport today.

His publications include: Instructor/Student Guide for baric medicine visit the Use of Nitrogen-Oxygen Mixtures as a Divers' Breathing Gas, The Complete Guide to Nitrox Diving, Introduction **Diving** magazine, "In the to Nitrox Diving, Instructor/ Student Guide for the Use of negative hype surrounding Breathing Gases During Hyperbaric Exposures, and Mixing/Blending for Nitrox and Trimix. He has also been a contributor and editor of the NOAA Diving Manual and

training films. He currently teaches a course titled "Advanced Diving / Hyperbaric Medical Team Training Program with Chamber Operations," which takes place monthly in the Ocean Diver's Building 522-A Caribbean Drive, Key Largo, FL. For more information on hyper-HyperbaricsInternational.com.

According to a March 2004 edition of Rodale's Scuba process of overcoming the oxygen-enriched air, he also gave us one of his other significant contributions to diving—a now famous quote-"Science Always Wins Over Bullshit."

