men trooped along the walk-

way of the bridge at 4:30

Upon arrival at

the midpoint of

the bridge,

they discov-

ered that

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J

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4

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# The last 3 days of a lunar cycle is a time to let go and purge anything in your life that you want to change.

Dark Power: Dark Moon

In ancient times, the moon was revered as a goddess, and each of her lunar phases - new moon, full moon, and dark moon - was said to correspond to the three phases of a woman's life: maiden, mother, and crone. The moon has long been associated with our power within, and you do not have to be a woman to connect with the moon's power. The dark moon, which is associated with the crone phase, appears in the sky during the last three days of every lunar cycle. It cannot be seen with the human eye. but it is the dark moon that presides over the sky until a new 28-day cycle begins and a new moon is ready to appear. Often referred to as the "dead moon," the dark moon doesn't necessarily represent death. It is, however, a time for lifeenriching endings and a

prelude to new beginnings. When the dark moon appears, it becomes easier for us to shed unnecessary emotional baggage and free ourselves of people and

or add value to our life. It is a time to cleanse ourselves and create space so that what is new can enter. For many people, the dark moon is a time to rest, be introspective, and replenish their energy. Powerful, healing dreams have been known to take place during the dark moon, and you may discover that it is during the dark moon that you are most driven to meditate, explore your intuitive abilities, retrieve past life memories, or delve more deeply into your psyche.

One way to harness the energy of the dark moon is to perform a ritual where you light a black candle. Call forth and visualize the different parts of your life that you are ready to let go of. Through visualization, bind these parts together with light and imagine this bundle moving toward the candle. Watch these old parts being devoured by the flames, and let the candle burn out. Trust that what you've released has left you. You are now ready to welideas that no longer serve us come the new into your life.

# Darwin Awards 2012

#### Eighth Place

In Detroit, a 41-year-old man got stuck and drowned in two feet of water after squeezing head first through an 18-inch-wide sewer grate to retrieve his car keys.

### Seventh Place

A 49-year-old San Francisco stockbroker, who "totally zoned when he ran," accidentally jogged off a 100-foot high cliff on his daily run.

#### Sixth Place

While at the beach, Daniel Jones, 21, dug an 8 foot hole for protection from the wind and had been sitting in a beach chair at the bottom, when it collapsed, burying him beneath 5 feet of sand. People on the beach used their hands and shovels trying to get him out but could not reach him. It took rescue workers us-

ing heavy equipment almost an hour to free him. Jones was pronounced dead at a hospital.

#### Fifth Place

Santiago Alvarado, 24, was killed as he fell through the ceiling of a bicycle shop he was burglarizing.

#### Fourth Place

Sylvester Briddell, Jr., 26, was killed as he won a bet with friends who said he would not put a revolver loaded with four bullets into his mouth and pull the trig-

#### Third Place

After stepping around a marked police patrol car

formed

officer

pistol.

was hurt.

was closed.

**RUNNER UP** 

was standing

at the counter.

Upon seeing the

officer, the would-

be robber announced

a hold-up and fired a few

wild shots from a target

The officer and a clerk

promptly returned fire, and

several customers also drew

robber was pronounced dead

at the scene by Paramedics.

tridge cases in the shop. The

identified rounds from 7 dif-

ferent weapons. No one else

Paul Stiller, 47, and his

wife Bonnie were bored just

driving around at 2 A.M. so

they lit a quarter stick of

dynamite to toss out the win-

dow to see what would hap-

pen. Apparently they failed

Kerry Bingham had been

drinking with several friends

when one of them said they

bungee-jumped from a local

bridge in the middle of traf-

more excited, and at least 10

fic. The conversation grew

knew a person who had

to notice that the window

HONORABLE MENTION

Crime scene investigators

located 47 expended car-

their guns and fired. The

Death was caused when the long flashlight he had placed in his mouth to keep his hands free rammed into the base of his skull as he hit the floor.

parked at the front door, a man walked into H&J Leather & Firearms intent on robbina the store. The shop was full of customers and a uni-

> a bungee rope. Bingham, who had continued drinkand pointed out that a coil of lineman's cable lay nearby.

They secured one end around Bingham's leg and then tied the other to the bridge. His fall lasted 40 feet before the cable tightened and tore his foot off at the ankle. He miraculously survived his fall into the icy water and was rescued by two nearby fishermen. Bingham's foot was never located.

#### subsequent autopsy revealed AND THE WINNER IS .... 23 gunshot wounds. Ballistics

Zookeeper Friedrich

Riesfeldt (Paderborn, Germany) fed his constipated elephant 22 doses of animal laxative and more than a bushel of berries, figs and prunes before the pluggedup giant finally got relief. Investigators say ill-fated Friedrich, 46, was attempting to give the ailing elephant an olive oil enema when the beast unloaded. The sheer force of the elephant's unexpected delivery knocked Mr Riesfeldt to the ground where he struck his head on a rock as the elephant continued to drop 200 pounds of excrement on top of him. It seems to be just one of those freak accidents that

proves... 'Shit happens.'



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