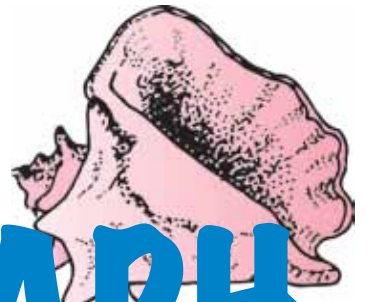


The Conch Republic COCONUT TELEGRAPH

FREE

Lodging • Shopping
Dining • Entertainment



101425 Overseas Hwy. • PMB #628 • Key Largo, FL 33037 • 305-304-2837 • www.theconchtelegraph.com • April 2014

Inside:

Attractions

David Sloan's Key West Ghost Hunt
El Radabob Warrior Challenge
Florida Highwayman &
Harry Sonntag Exhibit at
Keys History & Discovery Center

What's Hot & What's Not

Art Box Artist of the Month:
Amy Marie Acheson
Bartender of the Month:
Barb Russell
Hunk of the Month:
David Sloan,
Paranormal Investigator

Maps

Key Largo Locator Map
Getting from Here to There

All the Buzz

Coco-Nut Funnies
Mangrove Galley
Conch Characters
Business in the Keys



Foremost authority on spirits in the Florida Keys, David Sloan recently opened Sloan's Ghost Hunt so that interested people can interact with ghosts. See page 6 for more info. Photo by Michael Marrero.

BLUESFEST

ON THE BEACH • MM 99.5 BAYSIDE
KEY LARGO • 305-451-3380

Live Music • Happy Hour • Sunset

**World class entertainers, in Key Largo on the beach.
It doesn't get any better than this!**

Look for the ad inside or check the calendar at keylargo-baysidegrill.com all of our live music on the beach.



Bayside Crawfish Boil



On the last Saturday of the month,
sponsored by Pinnacle Vodka

April 26 • feat. Betty Fox Band

\$14.95 per person



ON THE BEACH • MM 99.5 BAYSIDE KEY LARGO • 305-451-3380

Coconut Telegraph

April 2014
Volume 9 Issue #86

Prestige Publishing, Inc
101425 Overseas Highway
PMB #628
Key Largo, FL 33037
Phone 305-304-2837

Deadline
for the
Coconut Telegraph's
May issue is
Tuesday,
April 22, 2014

Contact Denise at
305-304-2837
theconchtelegraph@gmail.com

Cast of Characters:

Editor/Sales/Distribution
Denise Malefyt

Advertising
Production
Sue Beal



Articles

Editorial: "Cock a Snook" at Fred Phelps' Funeral	2
Florida Highwayman & Harry Sonntag Exhibit	3
Hunk of the Month: David Sloan, Paranormal Investigator	4
David L. Sloan's Key West Ghost Hunt	6-7
Two Huge Fishing Tournaments	8
Officer Bobby Dube Honored	9
El Radabob Warrior Challenge.....	9
The Mangrove Galley: Chicken Breasts with Dried Soup Mix.....	10
Art Box Artist: Amy Marie Acheson.....	11
Getting from Here to There - Keys Map Page.....	12-13
Never Wax Your Hoo-ha	14
Sounds of the Keys.....	15
Adopt An Animal, Key Largo Shelter.....	15
Bartender of the Month: Barb Russell	16
Business in the Keys	18
Valuable Information: The Message of Pain	19
Sam Nekhaila Elected to Good Health Clinic Board	19
Key Largo Locator Map Page.....	20
Conch Characters.....	21
Coco"Nut" Funnies.....	22-23

THE VIETNAM TRAVELING
MEMORIAL WALL



VietnamWallFloridaKeys.com
Key Largo April 11 - 14, 2014

is Coming to the Florida Keys
Pre-Opening VIP Tour
Thursday, April 10, 2014 6 - 8 pm
Key Largo Community Park, MM 100, Oceanside



Tickets \$25 donation. Includes guided tour and history of Memorial Wall Display, hors d'oeuvres & beverages. Proceeds support exhibit expenses.

TICKETS Available at:
Key Largo Chamber of Commerce MM 106 Bayside
Islamorada Chamber of Commerce MM 87.1 Bayside
Or Call (305) 852-3872

VN Memorial FL Keys, Inc., P.O. Box 371231, Key Largo, FL 33037
Carl Roy, President Directors: Marilyn Beyer • James Bollini • Julie Marshall • Chris Rubino • Carol Steinbock
VN Memorial FL Keys, Inc. is a Florida not-for-profit charitable corporation with approval of Florida Department of Agriculture & Consumer Affairs to solicit contributions under license number CH38968. We are applying for 501 (c)(3) exception. All contributions are tax deductible
www.facebook.com/VietnamWallFloridaKeys

April 2014• The Coconut Telegraph • 3

Florida Highwaymen and
Harry Sonntag, Key Largo's Hermit Artist
Original Paintings on Exhibit

Collections of original paintings of Old Florida and Key Largo will be on display at the Keys History & Discovery Center in Islamorada. The exhibit features two significant collections, The Art of the Florida Highwaymen and Harry Sonntag, Key Largo's Hermit Artist. These original paintings have never before been on display collectively.

The Highwaymen were a cadre of 25 African-American men and one woman who painted landscapes in Florida starting in the 1950s, selling the paintings for \$15-30, which allowed many to get out of the laborious field work. Sonntag was a nomad artist originally from New York who found his way to the Upper Keys in the late 50s. He built a shack in Mandaly Bay area and opened a studio in a vacant key lime packing house.

The exhibit runs from April 3 through June 1, at the Keys History & Discovery Center in Islamorada, MM 82, located at the Islander Resort, a Guy Harvey Outpost. The exhibit is open Thursdays through Sundays, 10 a.m. to 5 p.m. General admission is \$12. Seniors are \$10 and children 13 and under are free.

For more information, call 305-922-2237, go online at www.keysdiscovery.com or on Facebook: Florida Keys History and Discovery Foundation

Editorial: "Cock a Snook" at Fred Phelps' Funeral

Westboro Asks Public Not to Picket
Phelps Funeral
Mar 21, 2014



The controversial Westboro Baptist Church has asked the public not to picket the funeral of its founder, Pastor Fred Phelps, who died this week at 84, and "have a little decency and respect" for his family and friends.

In a statement posted on its website, the Topeka, Kan.-based church – home to America's most hated family – claimed members of the public have threatened to protest Phelps' funeral just as the church protested the funerals of others.

"This is a very difficult time for us," the statement reads, "so we ask that the public have a little decency and respect by allowing us to mourn a great man who served God and tried to protect America from the threat of fags and perverts (i.e. gays and U.S. soldiers)."



You can do this any time of the day or night and as many times as you wish. What is thumbing your nose? Definition: "Thumbing one's nose" has no sinister meaning that I know of beyond indicating extreme contempt. The gesture basically consists of touching your nose with the tip of your thumb, spreading your other fingers upward, and wiggling them in the most annoying way you can manage. This gesture, also known as "giving the five-finger salute" and "cocking a snook," dates back to at least the 18th century and is probably much older. As is true of many kinds of human non-verbal communication, the gesture itself has probably always been meaningless, but it's the thought that counts. The recipient of a "nose thumbing" finds it insulting simply because he or she knows it is meant to be insulting. Who knows? Perhaps there's a parallel universe somewhere where a cheerful wave is considered a deadly insult." Directions: You put your thumb on the tip of your nose and twiddle the rest of your fingers, at the same time you stick out your tongue. It's kind of a childish "nanny nanny boo boo" thing but it beats doing nothing at all in this case. I don't know about you but I know I will feel better if I cock a snook.

Disclaimer

The Coconut Telegraph © 2006-2014 is published monthly by Prestige Publishing, INC. All rights reserved. No part of this publication may be reproduced without written consent of the publisher. The Coconut Telegraph welcomes written articles, photos, and artwork of local interest to be used and/or edited at the discretion of the publisher. The Coconut

Telegraph assumes in good faith that all editorial and advertising material submitted are the original property of the advertiser. The Coconut Telegraph may not be held responsible for errors, omissions, or for circumstances beyond our control that may affect the distribution schedule.

We Stock Guitar Strings
— New & Used Guitars —



CORAL FINANCIAL
Jewelry & Pawn

MM102
Oceanside
Key Largo

453-5300

Custom
Jewelry
On-Site
Jewelry
Repair

Doc's Diner

Come Hungry!

10% OFF WITH THIS AD

It's clean, it's fast, it's delicious!!!
Great breakfast, great lunch, great everything!!

6 am - 2 pm • 7 Days

MM 99.7 Bayside
99696 Overseas Highway, Key Largo
docsdinerkeylargo.com • 305-451-2895

Find us on:
facebook

We Come to You!



NEW TIRE
SALES

DISCOUNT PRICES ON MAJOR BRANDS

10% LOCALS DISCOUNT
SAME DAY SERVICE
ON SITE INSTALLATION

942-6325

B & B

MOBILE TIRE SERVICE

Locals' Discount!

KEY LARGO, FL
New Tire Sales
Available 24/7

35 Years Experience

BRYAN WHEATON
Cell: (305) 942-6325
Home: (305) 453-0815

Mastercard & Visa Accepted



HOME OF THE ORIGINAL TUNA NACHOS

The Stone Crabs Are Here!

"Get 'em at the Grill!"

Enjoy waterfront dining live music and more!

Visit us at either location.

Lunch & Dinner served daily at both locations.

Breakfast served daily at the Islamorada location only.


GREAT ENTERTAINMENT

Island Grill at Mandalay • MM 97.5 • Ocean View
Island Grill at Snake Creek • MM 85.5 • Beach Setting

Key Largo 305 852-0595 Islamorada 305 664-8400



Hunk of the Month



David Sloan

Author, Entrepreneur, Scientific Paranormal Investigator

FEATURING
Churrasco Steak
Marinated skirt steak grilled and served with fresh, housemade chimichurri sauce on the side. \$18



CHECK OUT OUR NEW VEGETARIAN & VEGAN MENUS!

MM 97.8 • In the Median
305-852-0822 • BallyhoosRestaurant.com



BOY SCOUT TROOP #588

presents an
EVERGLADES ENCOUNTER

SATURDAY APRIL 26 • 2014
1:00 to 8:00 PM • **TAVERNIER ELKS CLUB**

FEATURING
BOB FREER and his **EVERGLADES OUTPOST WILDLIFE SHOW**
Live Alligators, Snakes, Turtles and more!



Music with Los Cobrones & a special appearance by one of the stars from TV's "GATOR BOYS"

TICKETS ON SALE NOW

\$20 ADULTS • \$10 CHILDREN UNDER 12
(day of show \$25 adults/\$15 children under 12)

INCLUDES GATOR SHOW AND BARBEQUE DINNER

PLUS
CRAFT VENDORS • WILDLIFE ENCOUNTERS • SILENT AUCTION

GATOR SHOW TIMES: 2 • 4 • 6 PM

Tickets available from any Troop 588 member or by CALLING 453-0067

RAIN or SHINE

LOCALS' FAVORITE



305-453-3153 45 Garden Cove Drive, Key Largo, MM 106

DAILY SPECIALS

Wednesday - Live Music 5:30 - 8:00
Friday - All You Can Eat Fish (fried, grilled or blackened)
Saturday - Prime Rib

HAPPY HOUR

Every Day 4 to 6pm featuring... \$1 Drafts
Pitcher and Wings Special • Beef or Chicken Sliders

OPEN 11 AM to 10 PM EVERY DAY

Bushwacker's


LAWN & LANDSCAPE MAINTENANCE

Hire a LOCAL with EXPERIENCE and a GOOD REPUTATION who does PROFESSIONAL WORK and does it ON TIME at a FAIR RATE!



- Maintenance • Tree Work
- Installations • Hardscape

Key Largo to Lower Matecumbe
305-451-5586



American Legion Post 333 - Key Largo

The Post needs your support!

Sunday Breakfast


8-11am
\$6

Happy Hour


4-7pm daily

April 19 Easter Egg Hunt

For Kids Ages 0-12
Noon to 2pm



Open Monday through Saturday for Lunch and Dinner —Public Welcome—



2 Seagate Boulevard • MM 99.6 • Key Largo • 305-451-0307



THANK YOU!

We Couldn't Have Done it Without You!

Thank you to the sponsors, silent auction contributors, the committee and all who helped make the 3rd Annual Dance of the Dragonfly a night to remember!



Allen-Beyer Funeral Home



Mariner's Hospital • Island Equity Real Estate • Florida Keys Electric Cooperative • Joe Loeber Estate • Pasta Pantleo

DePaula's Jewelry • Keynoter/Reporter • Free Press • Coconut Telegraph

Island Wholesale Meats • Shula's Burgers • Coral Reef Park Company, Inc. • Coconut Grove Resort & Marina • Judi Cooley • Plato's Pause Art Gallery

Wild Lilly Boutique • Margot Roig • Capt. Spencer Slate • Amish Cheeses & Meats • Cheeca Lodge & Spa • Seaside Glassworks • Allure Nail & Spa

Suzanne Butters Skin Care • Paddle! • Latitude 25 • In-Limbo • Jennifer Wolverton-Wade • Florida Keys Jewelry • Sea Dragon • Olive Morada • Islamorada

Dry Cleaners • Eye Candy Salon • M.E.A.T. • Blue Marlin Jewelry • Ginsberg Productions, Inc. • Key Largo Conch House • Drunk Monkey • Jolly Pelican

Kim Sovia-Crandon • Made 2 Order • Debbiy-Doos • Bayside Gourmet • Caribbean Catering • Sculpture Gallery • Casa Mar Fresh Seafood Market • Jewels by Vivi • Coco-nut Art Gallery • Lazy Days Restaurant • Jo Webnar • Keys Tropical Windows and Doors • Tropical Optical • Muchie's Skin • Spanish Gardens • Green Turtle • Kaiyo Grill • April Daze Boutique • Florida Keys Hot Sauces • Puerto Vallarta Restaurant • Capt. Brian Premaza • Bob's Buns

Fresh Press Cafe • Everglades Alligator Farm

Beatriz Bronis • Xiommy Phillipson • Diann Barber • Martha Otto-Fitzdam • Jacqui Allen • Nola Acker • Natalie Maddox

Special Entertainment: Xiommy Phillipson & Queen Mother 30 (J.B. McClendon a.k.a. Gassy Winds)

Visiting Nurse Association & Hospice of the Florida Keys, Inc

Licensed to Serve the Keys Since 1984

www.vnahospicekeys.org

HHA21245096

David L. Sloan's Key West Ghost Hunt

by Denise Malefyt

Rich in colorful history and abundant in ghost stories are the Florida Keys, especially Key West. After all, Cayo Hueso is the original name for the island of Key West that dates back to the early 1500's after Juan Ponce de Leon discovered and charted it. It translates to "Bone Island" and was thus named because the island is literally littered with and built upon the remains of the former inhabitants, the Caloosa and Tequesta Indians, who used the island as a communal graveyard, or sacred burial ground.

Key West was once the largest city in Florida and grew prosperous for wrecking... thus it was also famous for the blood-thirsty pirates that plundered and pillaged in search of treasure. Later came the rum runners, and then the drug smugglers, all fighting to the death to protect their illegal livelihood.

Spiritually sensitive intellectual visitors embrace this living history and its ghosts while the phasmophobics, skeptics and disbelievers just order another cocktail, shrug their shoulders and look the other way.

I was intrigued and decided to to check it out, so I scheduled an appointment for a friend and myself with David L. Sloan's Key West Ghost Hunt. Sloan is a well-known Florida author, entrepreneur and scientific paranormal investigator and our local authority on ghosts. My research led me to him because his was different from the other Ghost Tours available in Key West in that his guided tour is a hands-on ghost "finding" expedition, not just a historic walking tour or a short bus ride around a cemetery. His is the real deal.

On his website is this ominous warning: "Because we actively engage spirits, we cannot accommodate expectant mothers or children under 16."

We met our expert tour director Ray at Kelly's Caribbean (Top Gun movie actress Kelly McGillis') Bar and Grill at 301 Whitehead St., also home of the haunted Pan-Am offices and host to at least eight different spirits. It is in the heart of Old Town. Ray explained a few things and doled out some authentic ghost hunting equipment from a satchel that contained a fortune in



Sloan shows a haunted artifact to Stephanie Pino. Photo: Marrera.

the latest state-of-the-art ghost equipment and relics that trigger the ghosts to come forward.

Note: Sloan's Ghost Hunt provides guests with easy to use K-II EMF meters, l-rods, laser temperature guns and guides armed with EM pumps and trigger devices customized to draw the spirits out at each location. It's the same equipment they use on TV. Each person in the walking tour carried at least one ghost detection tool of some kind.

Our first stop was, freakishly enough, the hotel where I was staying! As Ray guided us through a haunted garden he told us the history behind many of the hauntings we approached.

When we went inside an old uninhabited church building several people in the group were able to get actual photos of ghosts with their cell phones and digital cameras.

One woman in our group, who stood off by herself in a corner, was vigorously rubbing her arms. She showed me the ghost-

detecting infrared thermometer with laser sight she was holding that had detected a 20° drop in temperature where she was standing. She was shivering in the 80° south Florida weather and trying to rub the goose bumps and eerie ghostly chill off her arms.



This ghost detection meter was pegged!



Ancient artifacts.

Next we followed Ray up the stairs to a small, dark attic-like room and I found that there was a special ghost waiting there just for me! Ray brought out a radio-like device and requested aloud several times for any spirits to please say their name. After a while, through the static noise — and clear as a church bell, I heard the



One of the haunted houses. Photo: Michael Marrera.

spine-tingling, ghostly reply of the name "George" in my deceased friend George's voice! My kind-hearted, fun-loving friend George passed away over a year and a half ago from cancer. He had fought death up to the very last minute before he died, so it isn't much of a surprise that his spirit is still among us and that it

was he who wanted to come out and socialize.

At the conclusion of the tour, some of us got together at a local hang out to learn more. Sloan told us that many dead people, especially children who died very young, linger on this earthly plane because they just can not believe that they are dead and sometimes he must gently urge them to "go to the light." Some do, and some don't.

If you would like to experience a Ghost Hunt for yourself, go to KeyWestGhostHunt.com or call 305-290-3451 to reserve a spot.



"Piloting the pendulum" during the tour to assess spirit activity.



David L. Sloan is a well-known Florida author, entrepreneur and scientific paranormal investigator.



State-of-the-art ghost equipment and relics that trigger the ghosts to come forward. Photo: Marrera.

continued next page

Bayside Blues Concerts

Concert Showtime: 6:30pm

SATURDAY
April 12: JP Soars & The Red Hots

Int'l Blues Challenge Winner & Albert King Guitarist of the Year! Plays a 2 string cigar box guitar!

SATURDAY
April 26: Betty Fox Band

Blues, Funk & Soul; polished & powerful vocals voted "Best of the Bay" Tampa Bay area.

SATURDAY
May 3: Billy Livesay

Singer/Guitarist for 'Clarence Clemons Temple of Soul.'

SATURDAY
May 10: Harper & Midwest Kind

Didgeridoo, Harmonica, World Blues Fusion!

THU-SAT
May 15,16 & 17: Mac Arnold

"Corn Bread & Collard Greens Festival"

Old-school blues, soul & funk; toured/recorded with Muddy Waters Band, Otis Redding & B.B. King.

WED-THU
May 21 -22: Candye Kane

She belts - growls - shouts - croons and moans - humor/revival meeting/sexuality celebration!

World class entertainers, in Key Largo on the beach.

305-451-3380
keylargo-baysidegrill.com

Check the entertainment calendar
at keylargo-baysidegrill.com
for more great Bluesfest bookings

MM 99.5 Bayside, behind Cafe Largo

Teak and Wicker Outlet

TENT SALE

Island Market

MM 101

www.fabuloushomeandpatio.com
609-287-1767

2 HUGE *FLORIDA KEYS* FISHING TOURNAMENTS

WORLDS LARGEST DOLPHIN TOURNAMENT
FISH FROM KEY LARGO TO KEY WEST

OVER **\$100,000**
IN CASH & PRIZES

MERCURY/SeadHunter
FLORIDA KEYS DOLPHIN Championship

FRIDAY **MAY 16TH** 2014
SATURDAY **17TH**
SUNDAY **18TH**

Early Entry: \$450/Team (by 5/1/14)
5/2/14 Through Captains Meeting: \$600/Team

CALL TO REGISTER
305-396-2025
www.FKDC.co

SeadHunter

The Florida Keys & Key West
come as you are

\$50,000 - 1ST PLACE PRIZE
OVER A MILLION DOLLARS IN EXPECTED PRIZE MONEY

APRIL 23 - 27 2014

Key West
SAILFISH CHAMPIONSHIP

PRO & NON-PRO DIVISIONS
EARLY ENTRY DISCOUNT BEFORE MARCH 1ST

CALL TO REGISTER
305-340-2737
www.KWSC.co

SeadHunter

Officer Bobby Dube Honored



On behalf of the Monroe County State Attorney's Office, State Attorney Catherine Vogel presented Officer Bobby Dube with the designation of "Officer of the Quarter" in February for his outstanding service and dedication to the residents of Monroe County. Officer Dube is a Marine Officer and the Public Information Officer for the Florida Fish and Wildlife Conservation Commission in Monroe County. "Officer Dube is an outstanding example of someone who does their job well. His service has not gone unnoticed," said State Attorney Catherine Vogel. Present for the award was FWC Lt. Elizabeth Riesz.

El Radabob Warrior Challenge

The El Radabob Warrior Challenge will be held May 17, 2014. The goal of this family-friendly, community event is to provide financial assistance to Team River Runner, a 501c3 non-profit organization that brings health and healing through paddle sports... which also brings wounded veterans to Key Largo every winter for a week of adaptive paddling and healing (www.teamriverrunner.com).

The cost to bring one wounded veteran to Key Largo is \$1500. Due to lack of funding, this year's program was cancelled.

The Key Largo Veterans Program is one of only a handful of programs of its kind in the country. If we, as a community, do not join forces to help support this program, it will be terminated indefinitely.



All proceeds from the El Radabob Warrior Challenge benefit the Key Largo Veterans Program. Courses are open to kayakers, paddle boarders, and surf skis. As this is a fundraising event, each participant is encouraged to set a personal goal of 20 individual sponsorships of \$1. per mile.

For more information please contact Nikki 305-522-6349. For rentals, Florida Bay Outfitters 305-451-3018. (Make rental arrangements early, availability is limited.) Registration: <http://elradabobwarriorchallenge.weebly.com/about.html>.

Best Happy Hour in the Keys! ⁴⁻⁷ daily

EASTER SUNDAY
April 24

Bring the Family!
Food and drink specials all day
Live Entertainment 3pm-7pm • Happy Hour 4pm-7pm

PILOT HOUSE
Home Port for Locals™ since 1950

Check out our new
Local's Loyalty Program.

Get your Pilot's License today!

13 Seagate Blvd., Key Largo, MM 99.6, 305-451-3142
www.pilothousemarina.com fb.com/pilothousekeylargo

The Mangrove Galley

by Sandi Mieszczencki

Sandi's recipes are featured monthly in the Coconut Telegraph. For previous issues go to <http://www.theconchtelegraph.com>.



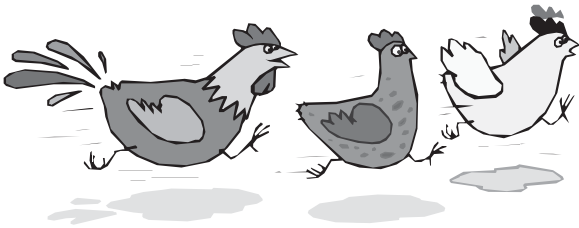
A standard dish in our house is chicken. Chicken is such a versatile food. There seems to be endless ways to prepare the bird, one better than the other. This recipe is one of my favorites. It is easy, relatively quick, and very tasty. This one also lends itself to be a great boat meal. Try it and enjoy!

CHICKEN BREASTS WITH A DRIED SOUP MIX

- olive oil
- 1 onion chopped
- 2 garlic cloves chopped
- 2 boneless chicken breasts
- ½ cup white wine
- 1 cup water
- 1 package of dried spring vegetable soup mix (or any dried soup mix to your liking)
- 2 tablespoons flour
- ½ cup sour cream

Place some of the olive oil in a skillet. Sauté the onion and garlic then remove and set aside. Add more oil and brown the chicken on both sides. Remove the chicken in order to deglaze the pan with the wine (pour in the wine and scrap up any brown pieces.)

Return the chicken to the pan. In a bowl mix the water, dried soup mix, and flour. Stir into the skillet. Add the sautéed onion and garlic. Cover and cook until the chicken is tender and no longer pink. Mix in the sour cream. Blend well and serve.



Art Box Artist of the Month: Amy Marie Acheson



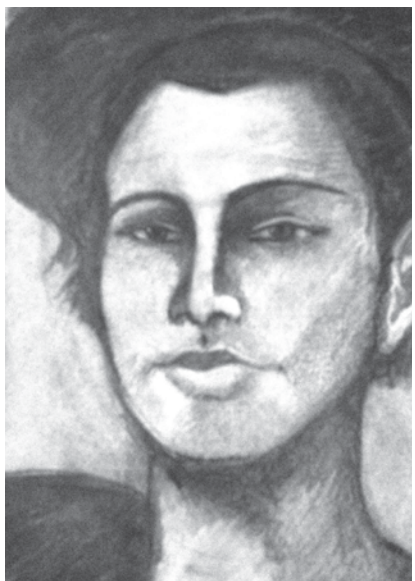
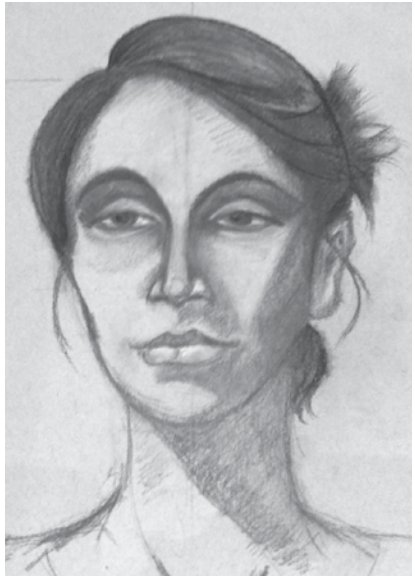
Newly transplanted to the Keys from Anne Arundel County, MD in November 2013, Amy Marie Acheson has officially debuted in the Key Largo art scene.

Amy has held a passion for the arts

since early childhood, particularly in drawing and painting. She is currently working at Cafe Moka in Tavernier, and as a nanny for two Hungarian-Swedish children.

She specializes in illustration and portraiture, and likes to work in the mediums of charcoal, pencil, and pen & ink.

Amy enjoys seeking new avenues of inspiration and techniques to improve and grow her skills and talent, and looks forward to the public seeing her work at the Art Box in April.



Where is the Party?

KEYS ADVENTURES WATERSPORTS

Waverunner Rentals!

NEW! Boat Rentals

Paddleboards & Kayaks

HOURLY, DAILY OR WEEKLY!

We Deliver! • Great Rates! Large Ride Areas!

Call to reserve your ride time!

(302) 293-7199

(Reservations suggested, but not required!)

www.keysadventureswatersports.com

Let's Get Wet!!

107900 Overseas Hwy, Key Largo

Gilbert's Resort

Waterfront Tiki Bar, Restaurant, Motel & Marina

305-451-1133

107900 Overseas Hwy

RAW BAR open every day!

Gilbert's Breakfast Nook
Serving Breakfast Daily
7am - 11am

Monday thru Friday
HAPPY HOUR 4pm - 7pm

New Tiki Beach Bar Now Open!!

Join us for
Easter Sunday!
April 20

www.gilbertsresort.com
or visit us on facebook

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 ECLIPSE 2-7	7 MABEL & TONY 6-10	8 KARAOKEE 6-10	9 BOBBE BROWN 1-5 HARRY FRENCH 6-10	10 STEREO UNDERGROUND 6-10	11 BOBBE BROWN 1-5 MOJO SCOUNDRELS 7-11	12 SCOTTY MEYER 2-6 EGO 7-11
13 MR NICE GUY 2-7	14 MABEL & TONY 6-10	15 KARAOKEE 6-10	16 BOBBE BROWN 1-5 HARRY FRENCH 6-10	17 STEREO UNDERGROUND 6-10	18 BOBBE BROWN 1-5 NO RESTRICTIONS 7-11	19 SCOTTY MEYER 2-6 COLBERT 7-11
20 THE DROPOUTS 2-7	21 MABEL & TONY 6-10	22 KARAOKEE 6-10	23 BOBBE BROWN 1-5 HARRY FRENCH 6-10	24 STEREO UNDERGROUND 6-10	25 BOBBE BROWN 1-5 MOJO SCOUNDRELS 7-11	26 SCOTTY MEYER 2-6 LOOSE CANNONS 7-11
27 THE REGS 2-7	28 MABEL & TONY 6-10	29 KARAOKEE 6-10	30 BOBBE BROWN 1-5 HARRY FRENCH 6-10	MICHAEL TRIXX MAGIC SHOW SATURDAYS AT 7:45 PM		

JON & JOANNA DREAVER

The Art Box

ART CLASSES • ART SUPPLIES
RESTORATION • MATTING & FRAMING
FRAMING SUPPLIES • CANVAS STRETCHING

Checkout our **FEATURED ARTISTS**

FULL ONLINE STORE: www.ArtBoxKeyLargo.com

WITH **KEY LARGO PACK & SHIP**

Trust a Professional!

LOW COST PACKING MATERIALS/BOXES
SHIPPING: FREIGHT & INTERNATIONAL
CRATING & SHRINK WRAPPING

Plus! FAX • PRINT • SCANNING • LAMINATING
COLOR COPIES • DIGITAL ARCHIVING

100650 Overseas Hwy
Key Largo 33037

305-451-5461
artlife@artboxkeylargo.com

DHL

FedEx

ups

f

Key Largo Conch House

MM 100.2 Oceanside • Key Largo

Featured on the Food Network

Breakfast • Lunch • Dinner

7 am - 10 pm Daily

Local Seafood
Vegetarian Entrees
Cook Your Catch
Pet Friendly
Childrens Menu

Award Winning
Lobster Bisque
and
Conch Fritters

Award Winning Food & Coffee

Wine • Beer • Espresso
Homemade Desserts

Open 8 am - 10 pm daily.

305-453-4844

Enchanted Sea Crystals



Natural Sea Salt Potpourri

Perhaps you have noticed that your feeling of well being is intensified in pure mountain air, or at the seashore, or after a thunderstorm. This is due to the higher concentration of negative ions in these surroundings. Objects that release negative ions are believed to purify air and promote good health.

Enchanted Sea Crystals are pure ionic sea salt crystals, solar evaporated from the clear blue waters of the Caribbean Sea; colored in rich hues and infused with pure oils to provide lasting fragrance. The fragrance from the crystals is as strong as candles, yet it is safe to your health and environment.

Enchanted Sea Crystals will retain their fragrance up to three months (without adding more fragrance oil) depending on the environmental conditions of the room. Direct sunlight and strong air exposure will cause the fragrance oils to evaporate faster but will not affect the ionic value.

GET IT HERE:
UPS Stores:
in Tradewinds Plaza • Plaza Bldg. Ocean Reef
Shear Paradise – MM 99.4 Oceanside
The Art Box – MM 100.2 Bayside

DISTRIBUTORS WANTED!!
MADE IN KEY LARGO, FLORIDA KEYS 305-304-2837



KEYS CASTAWAYS IS BACK!



ANTIQUES, JEWELRY, COLLECTABLES, VINTAGE & DESIGNER CLOTHING, FURNITURE & MORE.

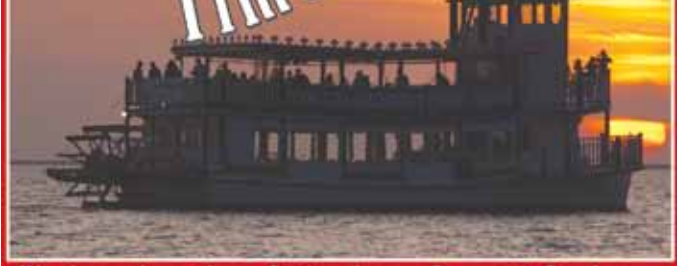
CONSIGNMENTS WELCOME! CALL FOR A CONSULTATION TODAY
FREE PICK UP OCEAN REEF TO LOWER MATECUMBE

We can buy items outright & are licensed to purchase gold & silver. Make some fast cash today!

In the Median at MM98.7, just south of the awesome Mother Ocean Shop!
10am to 6pm... 7 days a week (usually)... Mondays can be dicey ☺

305.451.1141 KeySCastaways@gmail.com

Island Time



Key Largo

ISLAND TIME **\$20**

Now Sailing Wed. thru Sat. 120 Passenger, DJ, Snack Bar Board @ 6:00 sail @ 7:00pm Book now!!!! 305-453-0001

Local's Cards are here!

Just \$20 and cruise every regularly scheduled Sunset / Starlight cruise **\$20**
FOR FREE! Call 305-453-0001

What are you waiting for?

Wednesday thru Saturday - Sunset Cruises
2 bars + the only dance floor on the water!
www.IslandTimeCruises.com
Reserve Now 305-453-0001



Snook's Bayside

restaurant & grand tiki bar • Key Largo, Florida

Saturday April 26th

POLYNESIAN LUAU & PIG ROAST PARTY

Featuring the BACARDI GIRLS!
Specialty Drink Prices & Free Gifts!

Live Music By The Bobby Brown Ensemble, Face Painting & Palm Readers. Authentic Beautiful Polynesian Dancers & Flame Dancers. Feast on our Roast Pig Special with all the Trimmings. \$10 Cover Charge A La Carte Menu Available
Snooks Fresh Drilled Coconut Drinks & Signature Martinis

MM 99.9 Overseas Hwy. Key Largo
Behind Largo Motors
305-453-5004 • www.snooks.com

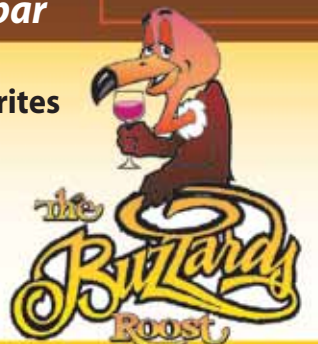


Happy Hour

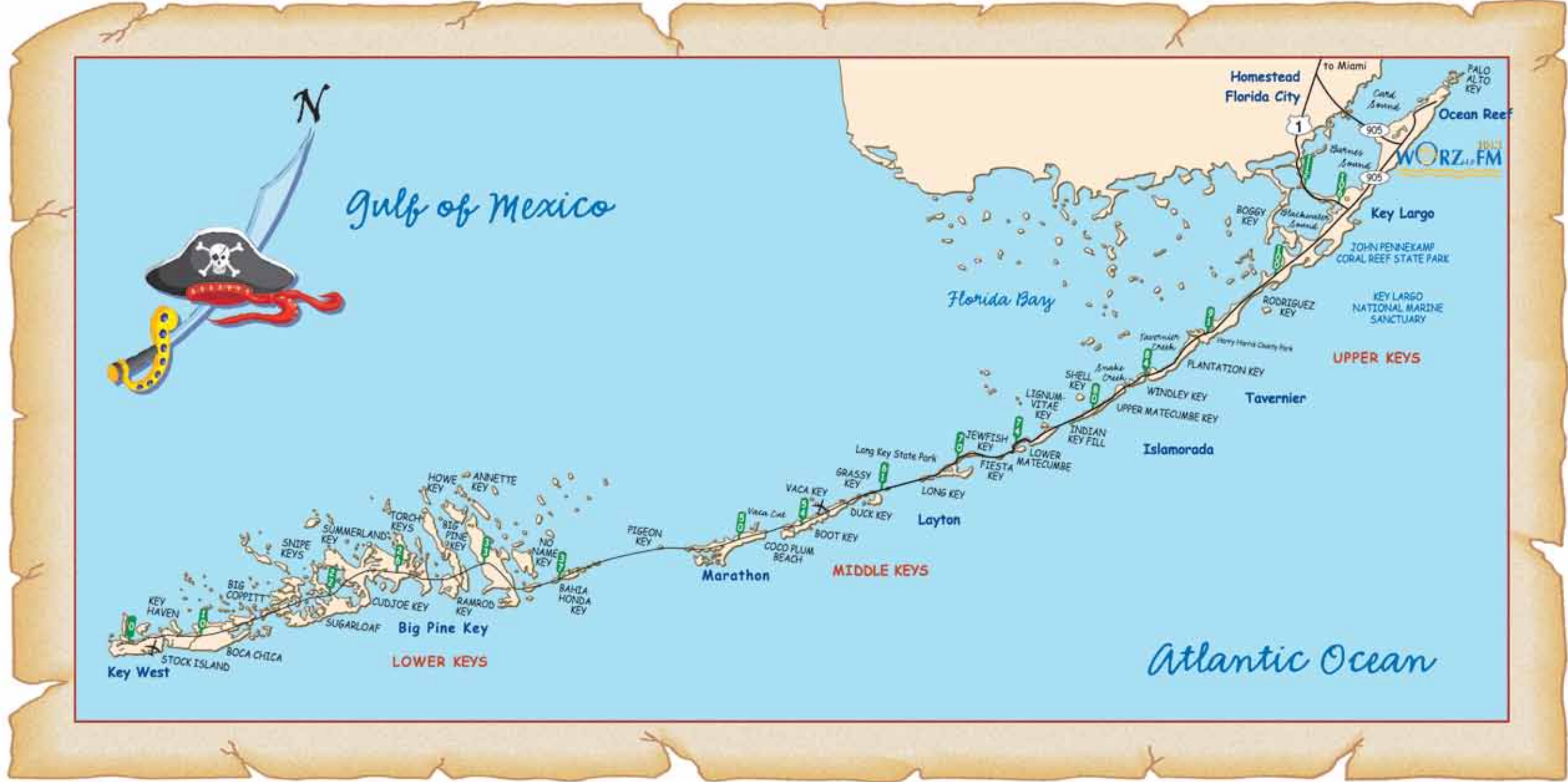
Monday—Friday from 4-6pm • at the bar

Check us out!
The Buzzards Roost
on Facebook

Fresh Seafood, Island Favorites
- and -
Cold Beer, a Great Selection of Wine and a Full Liquor Bar!



305-453-3746 • www.Buzzardsroostkeylargo.com
MM 106.5 Oceanside in the Garden Cove Marina



Visit Captain Slate in his NEW LOCATION on Tavernier Creek, mm90.7 Oceanside!

This is something the ENTIRE family can enjoy together! Our two 3' by 9' viewing windows will give you a spectacular view of our reefs... without getting your feet wet. After the tour we anchor the boat. Snorkelers have up to 45 minutes to snorkel the beautiful shallow reef of Hens and Chickens while passengers in the anchored boat continue viewing the reef.





• DIVE • SNORKEL • TOUR • GET CERTIFIED • HAVE FUN!

\$4 OFF when you bring this ad!

36 years and counting Capt. Slate and his crew have been sharing our beautiful reefs, wrecks and fishes with hundreds of thousands of divers/snorkelers. Located at Tavernier Creek directly on the ocean

adjacent to the Florida Keys National Marine Sanctuary affording us direct ocean access to over 35 dive locations including our huge intact ships, Spiegel Grove, Eagle, Duane and the Bibb.

Join Capt. Slate's World Famous CREATURE FEATURE as seen on Discovery, Ripley's, Animal Planet & Good Morning America!

www.captainslate.com **Call today and book the memory of a lifetime!**

THE FLORIDA KEYS' ONLY GLASS BOTTOM SNORKEL BOAT! 305-451-3020 • 800-331-3483

"A Healthier and Cheaper Way to Smoke"

KEYS VAPORS

MM 101 KEY LARGO



Quality ELECTRONIC CIGARETTES

~REFILLABLE TANKS~
~ATOMIZERS~DRIP TIPS~
~RECHARGEABLE BATTERIES~
~E-LIQUID FLAVORS~

(305) 731-5118

KeysVapors@aol.com

"NOT YOUR AVERAGE"

Denny's

Denny's is now offering
15% Discount for all AARP members
when you present your card
during breakfast, lunch or dinner...
all day, every day!

TWICE THE FUN!
Happy Hour at the Bar from 5pm-8pm
and again from 11pm-2am
7 days a week

This is NOT your average Denny's!

Discount programs available for locals

97630 Overseas Hwy, MM97 Median
305-440-2023 • Key Largo

Never Wax Your Hoo-ha

All hair removal methods have tricked women with their promises of easy, painless removal - The Epilady, scissors, razors, Nair and now...the wax.

My night began as any other normal weeknight. Fix dinner, watch the kids come and go. Then I had the thought that would ring painfully in my mind for the next few hours: 'Maybe I have time for a wax.'

It was one of those 'cold wax' kits. No melting a clump of hot wax, you just rub the strips together in your hand, they get warm and you peel them apart and press them to your leg (or wherever else) and you pull the hair right off. No muss, no fuss. How hard can it be? I mean, I'm not a genius, but I am mechanically inclined enough to figure this out. (YA THINK!?)

So I pull one of the thin strips out. Its two strips facing each other stuck together. Instead of rubbing them together, my genius kicks in so I get out the hair dryer and heat it to 1000 degrees. ('Cold wax,' yeah... right!)

I lay the strip across my thigh. Hold the skin around it tight and pull. It works!

OK, so it wasn't the best feeling, but it wasn't too bad. I can do this! Hair removal no longer eludes me! I am She-rah, fighter of all wayward body hair and maker of smooth skin extraordinaire.

With my next wax strip I move north. After checking on the family, I sneak back into the bathroom for the ultimate hair fighting championship. I drop my granny panties and place one foot on the toilet. Using the same procedure, I apply the wax strip across the right side of my bikini line, covering the

right half of my hoo-ha and stretching down to the inside of my butt cheek (it was a long strip).

I inhale deeply and brace myself.... RRRRIIPPP!!!!

I'm blind!!! Blinded from pain!!!!..... OH MY GAWD!!!!!!! Vision returning, I notice that I've only managed to pull off half the strip.

CRAP! Another deep breath and RIP! Everything is spinning and spotted. I think I may pass out.... I must stay conscious... I must stay conscious. Do I hear crashing drums??? Breathe, breathe.... OK, back to normal.

I want to see my trophy - a wax covered strip, the one that has caused me so much pain, with my hairy pelt sticking to it. I want to revel in the glory that is my triumph over body hair. I hold up the strip! There's no hair on it. Where is the hair??? WHERE IS THE WAX???

Slowly I ease my head down, foot still perched on the toilet. I see the hair. The hair that should be on the strip... it's not! I touch.. I am touching wax. I run my fingers over the most sensitive part of my body, which is now covered in cold wax and matted hair.

Then I make the next BIG mistake remember my foot is still propped upon the toilet? So I put my foot down. Sealed shut! My butt is sealed shut. Sealed shut! I penguin walk around the bathroom trying to figure out what to do and think to myself 'Please don't let me get the urge to poop... my head may pop off!' What can I do to melt the wax? Hot water!! Hot water melts wax!! I'll run the hottest water I can stand in the bathtub, get in, immerse the wax-covered bits and the wax should melt

and I can gently wipe it off, right ???

WRONG!!! I get in the tub - the water is slightly hotter than that used to torture prisoners of war or sterilize surgical equipment - I sit. Now, the only thing worse than having your nether regions glued together, is having them glued together and then glued to the bottom of the tub.... in scalding hot water. Which, by the way, does not melt cold wax. So, now I'm stuck to the bottom of the tub as though I had cemented myself to the porcelain!!

God bless the AT&T man who had convinced me a few months ago to have a phone put in the bathroom!!!! I call my friend, thinking surely she has waxed before and has some secret of how to get me undone. It's a very good conversation starter.

'So, my butt and hoo-ha are glued together to the bottom of the tub!' There is a slight pause. She doesn't know any secret tricks for removal but she does try to hide her laughter from me. She wants to know exactly where the wax is located, 'Are we talking cheeks or hoo-ha?' She's laughing out loud by now.. I can hear her. I give her the rundown and she suggests I call the number on the side of the box.

Yeah, right! I should be the joke of someone else's night. While we go through various solutions, I resort to trying to scrape the wax off with a razor. Nothing feels better than to have your girlie goodies covered in hot wax, glued shut, stuck to the tub in super hot water and then dry-shaving the sticky wax off!!

By now the brain is not working, dignity has taken a major hike and I'm pretty sure I'm going to need Post-Traumatic Stress counseling for this event. My friend is still talking with me when I finally see my saving grace... the lotion they give you to remove the excess wax. What do I really have to lose at this point? I rub some on and OH MY GOD!!! The scream probably woke the family and scared the dickens out of my friend.. It's sooo painful, but I really don't care.

IT WORKS!! I get a hearty congratulation from my friend and she hangs up. I successfully remove the remainder of the wax and then notice to my grief and despair...THE HAIR IS STILL THERE... ALL OF IT! So I recklessly shave it off. Heck, I'm numb by now. Nothing hurts.. I could have amputated my own leg at this point.

Next week I'm going to try hair color.....how bad can that turn out???

Brazilian Wax Menu

Landing Strip
Fly the friendly thighs

Mohawk
A hair-raising experience

Martini Glass
He'll order a double

Bermuda Triangle
Lost for hours and hours

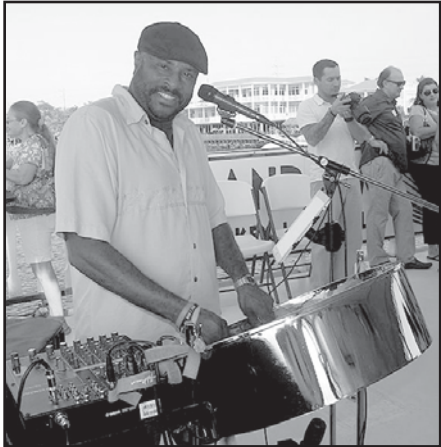
Postage Stamp
Something to write home about

Heart Attack
Is there a doctor in the house?

Sounds of the Keys



Captain Josh at the Pilot House.



The great Caribbean sounds of Yishka aboard the fabulous Island Time Cruise.



Bobbe Brown every Thursday night for Locals Night at Creekside Restaurant and Tiki.



Gypsy Road Band at the Pilot House.



The great Debbie Davies at the Bayside Grille Bluesfest.



Allan Truesdell at the Big Chill.

Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home, stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.



Sophie



Misha



Samson



Luna



Murphy



Lady Gaga



Kiwi



Jordan



Chester

**Bartender of the Month:
Barb Russell**

at the Pilot House Restaurant and Glass Bottom Bar™

Barb Russell fulfilled a lifelong dream 5 years ago, when she moved to the Keys from the small town of Chenango Forks in rural upstate NY... and their loss is our gain! She is a beautiful person inside and out.



Russell loaded up a U-Haul with with all her belongings, Raider and Bearsie, her Boston terrier and Rottweiler, riding shotgun, her favorite heavy metal music blasting on the iPod. She headed south to Key Largo where she could snorkel, swim, kayak, play tennis, ride her bike in a bikini and party like a rock star in the perfect weather. Ahhh the good life at last!

Being a former pub/restaurant owner in Windsor, NY, it was only natural that Russell would find work in a restaurant. For the first few years she worked at the Lorelei, in

Islamorada. She left there to find something a little closer to home and landed at the Pilot House, right around the corner from her house. You will find her behind the bar every Wednesday night and on Saturdays and Sundays.

What is there to like about the Pilot House? "Everything!" she announces with her trademark grin that lights up the room. "The food is excellent, the management and staff are awesome, we have the best entertainment around, and there is an established locals crowd. Happy hour is 4-7 daily, live entertainment most nights from 6 to 10 pm, Taco Tuesday is back - get 2 soft shell tacos for \$4 with the purchase of a beverage and be sure to get your Pilot's License - it's our new rewards program." When you do please congratulate her and tell her the Coconut Telegraph sent you.



**POPS
IN THE PARK**

**FREE
OUTDOOR
BAND
CONCERT**

**Saturday • 4 p.m.
April 26**

The Keys Community Concert Band concludes its 2013-2014 Season with the annual Young Musicians Concert. Local band students will join the Band for a concert sure to please the entire family. The concert begins at 4 p.m., Sat., April 26, at the ICE Amphitheater in Founders Park, MM 87, Bayside, Islamorada. For more info, find the Band on Facebook or call (305) 853-7294.

Take it from the NFL's Jimmy Johnson...

JUST CHILL

The Keys' hottest spot to chill is renowned for terrific island dining and a complete waterfront entertainment complex that suits your every mood.

Indoor/Outdoor Restaurant

Sports Bar with 30 Flat Screens
NFL & NCAA - Best Place to View All the Games

Two Tiki Bars • Raw Bar • Enrico's Pizza
Pool & Cabana Club • Live Entertainment Daily
Jet Ski and Water Sports Rental

Tuesdays: Ladies Night
with Jimmy Ray

Check out the New Martini Bar:
New Martinis, New Wines, New Menu & Live Music
Friday & Saturday: 5pm-Close



The Keys' Hottest Spot to Chill

On the water at MM 104, Bayside, Key Largo
305-453-9066 • www.jjsbigchill.com

21 & OVER
MORADA BAY \$20
PIERRE'S LOUNGE \$30

Full Moon Party



SATURDAY APRIL 12TH

Join us for the most authentic island party!



MORADABAY.COM



- SIGNATURE DRINKS
- BEACH BBQ STATION
- LIVE MUSIC AND DJS
- JUNKANOO PARADE
- CIRCUS PERFORMERS
- FIREWORKS DISPLAY

81600 OVERSEAS HWY, ISLAMORADA FL 305 664 0604

Business in the Keys

Advertise Here

\$30 per month
(4 MONTH MINIMUM, PAID IN ADVANCE)

Drop off check and biz card to
The UPS Store, MM 101.4 Oceanside
next to Publix in the Tradewinds Plaza.



McCullough
PREMIUM WATER INC.
PURE AND DELICIOUS

LOCALLY OWNED AND OPERATED

Dale Henderson
Owner/Operator

Elizabeth Henderson
Office Manager

305.451.1196
P.O. BOX 372449 • KEY LARGO, FL 33037

Anita Garmon
Mobile Full Charge Bookkeeper

* Corporation Set Up * Sales Tax * Sales Audits
* Accounts Receivable * Accounts Payable * Payroll
Sole Proprietors to Corporations, Big or Small

(305) 942-6903
anita@anitagarmon.com
The Asset you need in a World of Liabilities

Gas or Diesel Fuel
All Makes & Models
Inboards, Stern Drives, Outboards
Running Gear

Injection Specialist
Repowering
Mechanical
Electrical

DOCKSIDE SERVICES
Complete Marine Repair & Sales
Travelift Facilities

P.O. Box 1183
Tavernier, FL 33070

LOUIS A. ABRAMO
(305) 852-4689

Advertise Here

\$30 per month
(4 MONTH MINIMUM, PAID IN ADVANCE)

Drop off check and biz card to
The UPS Store, MM 101.4 Oceanside
next to Publix in the Tradewinds Plaza.

The Conch Republic
COCONUT TELEGRAPH
Independently Owned Local Newspaper

Denise Malefyt
PUBLISHER

305.304.2837

www.TheConchTelegraph.com
TheConchTelegraph@gmail.com
101425 Overseas Hwy., PMB #628
Key Largo, Florida Keys 33037



NUM THAI RESTAURANT & SUSHI BAR



LUNCH
11:30-3
(Mon.-Fri.)
DINNER
5-10
(Every Day)

305-451-5955
numlargo@yahoo.com
103200 Overseas Hwy, Key Largo, MM 103 Bayside

\$1 Sushi all the time!

Special Dinner Menu
starting at \$6.99 (5-7:30pm)

Lunch Specials from \$5.95
Private Room Available

Voted Best Asian Food
15 years in a row.



The UPS Store

Key Largo ~ Ocean Reef

UPS • DHL • USPS • FREIGHT

Notary, professional printing, fax, scan,
office supplies, mailbox rentals, and more!

Get the Pack and Ship promise with UPS retail rates.

Bring in ad for 10% off (excludes stamps & metered mail)

31 Ocean Reef Dr.
in the Plaza Bldg.

305
396-7444

10% OFF

THE GROWTH COACH

Driving Success. Balancing Life.™

Build your business - Balance your life!
Call to schedule a free coaching session.

Michele Beach 305-619-1354
TheGrowthCoach.com/mbeach

GRAPHIC DESIGN
PRE-PRESS SPECIALIST
Brochures • Rack Cards
Camera Ready Art • Logos

SUE BEAL
305.451.4601
FAX: 305.451.3165
beal_s@bellsouth.net

ISLAND INFORMATION SERVICES

219 SECOND STREET • KEY LARGO, FLORIDA 33037

Upper Keys Web Design

Quality Web design at affordable rates

www.upperkeys.net

P.O. Box 2448
Key Largo, FL 33037
info@upperkeys.net
(305) 453-4281



Web design
Web site renovations
E-commerce
Maintenance

Advertise Here

\$30 per month
(4 MONTH MINIMUM, PAID IN ADVANCE)

Drop off check and biz card to
The UPS Store, MM 101.4 Oceanside
next to Publix in the Tradewinds Plaza.

GUY'S SALES & SERVICE

"The Working Man's Friend"

Sales & Service • Tires • Batteries
Alternators & Starters

305-942-1429

Structural/Civil • Structural Evaluations
Residential/Commercial Design

Michael F. Padula P.E.
Seacoast Engineering & Design

Key Largo, FL 33037 • 305.509.7695 • fax 305.509.7635
seacoast@live.com • Sea Coast Engineering and Design on Facebook

TROPICAL TAX SOLUTIONS

CONSULTATION
PREPARATION
REPRESENTATION

JERRY GADDIS, MBA
ENROLLED AGENT / NTPF FELLOW

305.451.4829
JERRY@TROPICALTAX.COM
WWW.TROPICALTAX.COM

99353 OVERSEAS HWY,
SUITE 214
KEY LARGO, FLORIDA 33037

Denny's Appliance

D.E. HARRINGTON
Owner

305-451-5639 • Denny'sAppl@yahoo.com
300 Atlantic Dr. • Key Largo, FL 33037



SALES & SERVICE
Mile Marker 100
Ocean Side

Advertise Here

\$30 per month
(4 MONTH MINIMUM, PAID IN ADVANCE)

Drop off check and biz card to
The UPS Store, MM 101.4 Oceanside
next to Publix in the Tradewinds Plaza.

GRAPHIC DESIGN
PRE-PRESS SPECIALIST
Brochures • Rack Cards
Camera Ready Art • Logos

SUE BEAL
305.451.4601
FAX: 305.451.3165
beal_s@bellsouth.net

ISLAND INFORMATION SERVICES

219 SECOND STREET • KEY LARGO, FLORIDA 33037

Valuable Information The Message of Pain

Both emotional and physical pain are messages
that we need to stop and pay attention.

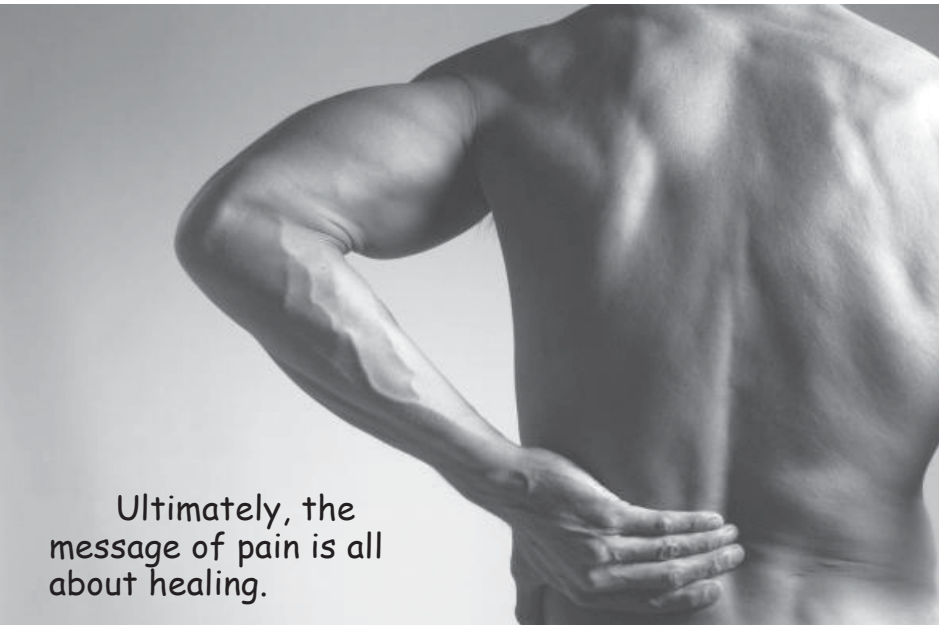
When we feel pain, our first impulse is often to eradicate it with medication. This is an understandable response, but sometimes in our hurry to get rid of pain, we forget that it is the body's way of letting us know that it needs our attention. A headache can inform us that we're hungry or stressed just as a sore throat might be telling us that we need to rest our voice. If we override these messages instead of respond to them, we risk worsening our condition. In addition, we create a feeling of disconnectedness between our minds and our bodies.

Physical pain is not the only kind of pain that lets us know our attention is needed. Emotional pain provides us with valuable information about the state of our psyche, letting us know that we have been affected by something and that we would do well to focus our awareness inward. Just as we tend to a cut on our arm by cleaning and bandaging it, we treat

a broken heart by surrounding ourselves with love and support. In both cases, if we listen to our pain we will know what to do to heal ourselves.

It's natural to want to resist pain, but once we understand that it is here to give us valuable information, we can relax a bit more, and take a moment to listen before we reach for medication. Sometimes this is enough to noticeably reduce the pain, because its message has been heard. Perhaps we seek to medicate pain because we fear that if we don't, it will never go away. It can be empowering to realize that, at least some of the time, it is just a matter of listening and responding.

The next time you feel pain, either physical or emotional, you might want to try listening to your own intuition about how to relieve your pain. Maybe taking a few deep breaths will put an end to that headache. Perhaps writing in your journal about hurt feelings will ease your heart.



Ultimately, the message of pain is all about healing.

Reprinted from DailyOM - Inspirational thoughts for a happy, healthy and fulfilling day. Register for free at www.dailyom.com

Salvation Army Family Store

MM 99 Bayside
Key Largo

SHOP • DONATE



DOING THE MOST GOOD

Visit the store, or call 305-872-5744 for prompt and courteous pickup

Sam Nekhaila Elected to Good Health Clinic Board

Multi-business owner Sam Nekhaila has been elected to serve on the Good Health Clinic's board of directors for a three-year term.

Nekhaila employs over 250 individuals at locations spanning from Key Largo to Key West, including Wendy's, Island Grill restaurants in Key Largo and Islamorada, B&B Tavernier Cinema, and Marathon Cinema.

"We always have a patient serving on our board to ensure patient needs are represented in all decisions. It is great to now have the perspective of a large employer who is concerned about families who cannot afford comprehensive health care," said Good Health Clinic executive director Jennifer Rickmann.

"I bring to the table years of listening to the needs and desires of my employees, as well as broad business skills, and a clear understanding of the Keys lifestyle and local economics," Nekhaila said. Recently Nekhaila hosted an event for his managers where the Good Health Clinic along with Community Health of South Florida,



the Monroe County Health Department and Rural Health Network presented information on affordable primary care across the Keys.

The Good Health Clinic serves over 600 Upper Keys residents and employees who document household income at or below 200 percent of the Federal Poverty level, but are unable to qualify for Medicaid. Sponsored in part by Baptist Health South Florida, the clinic receives no state or federal funding.

To make a contribution to support our community's only free healthcare facility, contact the Good Health Clinic at 853-1788 or visit www.Give2GHC.com.



KEY LARGO

522 Caribbean Drive • 305.453.1905

Breakfast, Lunch & Dinner
Featuring Fresh Local Fish

Open Late!

Live Music
Happy Hour Every Day
Craft Beer
Sports Headquarters

Locals' Favorite! *On the Water*

You Can Trust The Professionals at

WHEATON'S
MV10170
SERVICE CENTER
Quality Service Since 1972

AMERICAN & FOREIGN CARS, TRUCKS
S.U.V.s, VANS, TRAILERS & R.V.s

- Certified Mechanics
- Exhaust Systems
- Brakes
- Tune-Ups
- Tire Sales & Repairs
- Air Conditioning
- Coolant & Transmission Flushes
- Regular & Synthetic Oil Changes

MINOR & MAJOR REPAIRS

305-451-3500

MM 101.5 • KEY LARGO

24 HOUR EMERGENCY SERVICE

ANIMAL CARE CLINIC
Compassionate Health Care for Your Animal Friends

Geoff Bailey, DVM
Office Hours: MON-FRI 8-5; SAT 8-1

Medicine • Surgery • Dentistry
Digital Radiology, Endoscopy
& Laboratory Diagnostics
Microchip ID • Kitten Adoption
Boarding • Grooming • Drop-Offs

~ House Calls Available ~
Appointments 6 Days a Week

305 453-0044

MM100.6 Bayside • Key Largo
www.animalcareclinickeylargo.com

IF YOU WANT RESULTS --- CALL US --- WE GET THE JOB DONE!!!

THE WASMUND TEAM
TROPICAL REALTY OF THE FLORIDA KEYS, INC.
MM 103 BAYSIDE

BROKER/OWNER



Jane: 305-451-2214
CRS, GRI, Short Sale Specialist

NOW IS A GOOD TIME TO LIST YOUR HOME

janewasmund@bellsouth.net

OWNER



Wendy: 305-394-1376
GRI

GET STARTED... CALL US TODAY!

www.thewasmundteam.com

ON THE MAP



KEYS CASTAWAYS IS BACK!

Antiques, Jewelry, Collectables, Vintage & Designer Clothing, Furniture & More.

CONSIGNMENTS WELCOME! Call for a consultation today.
FREE PICK UP OCEAN REEF TO LOWER MATECUMBE

We can buy items outright & are licensed to purchase gold & silver. Make some fast cash today!

In the Median at MM98.7, just south of the awesome Mother Ocean Shop!
10am to 6pm... 7 days a week (usually)... Mondays can be dicey ☺

Telephone 305.451.1141 KeySCastaways@gmail.com



Key Largo
Sea Glass Jewelry





Beautiful pendants made in Key Largo.

ART BOX
MM 100.6
305-451-5461

KEYS DIVER
MM 99.7
305-451-1177

ON THE MAP

Treasure Coins
WE BUY AND SELL



Bill Wiggins has been collecting coins since 1960 and buying and selling since 2000.

"We try to have a good assortment of affordable coins," says Wiggins.

Bill hates to part with his collection but he absolutely loves to buy!

CORAL FINANCIAL
Jewelry & Pawn
305-453-5300
MM102 Oceanside
Key Largo

ON THE MAP

Conch Characters



McPhil is bar tending at Gilbert's Tiki 2 on Sundays.



The Mahi Shriners were on parade.



The Irish L'Asses rocked the St. Patrick's Day parade in Key Largo!



Key Largo Fire Rescue celebrates St. Patty's Day.



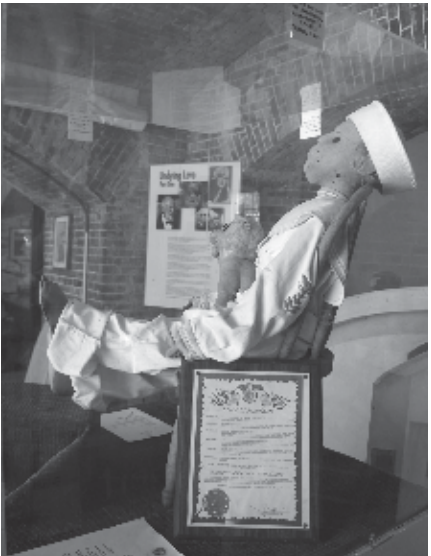
Manatee visiting the Pilot House.



Cesar is now the manager of the all-new Creekside Restaurant and Tiki Bar across Jewfish Creek from Gilbert's Resort. The food is spectacular!



Need some advice? Anny Bannanny now has her own Facebook page.



Stop by Fort East Martello in Key West and see enchanted Robert the Doll... after your Ghost Hunt.



Luau night at Snooks!



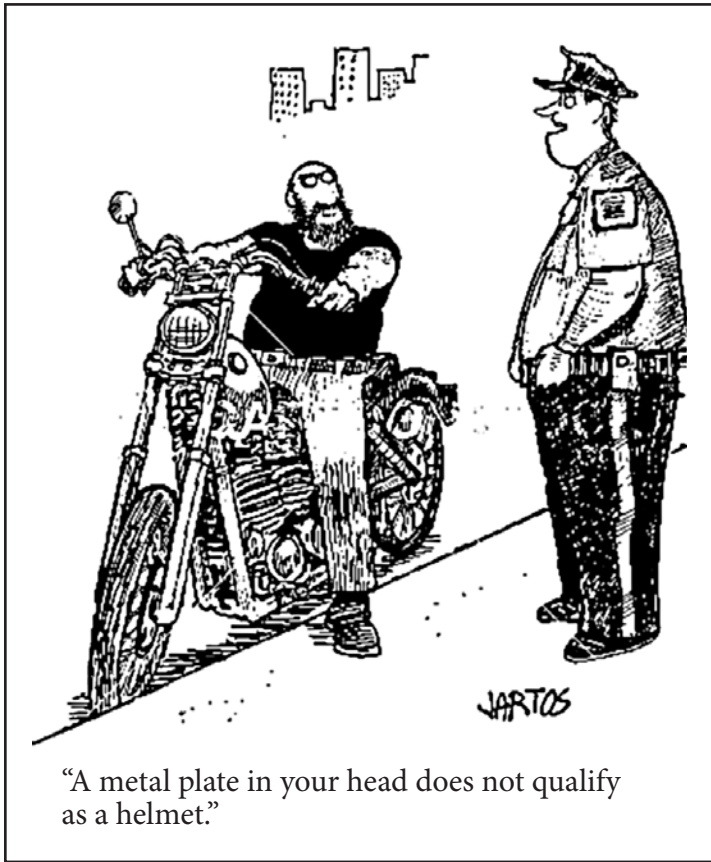
The Key Largo Salvation Army is in need of donations of furniture and appliances.



These folks have been waiting a long time for Captain Dave's new Ocean Vue glass bottom snorkel boat. Call 305-731-9472

Coco‘Nut’ Funnies

A rookie police officer pulled a biker over for speeding and had the following exchange:

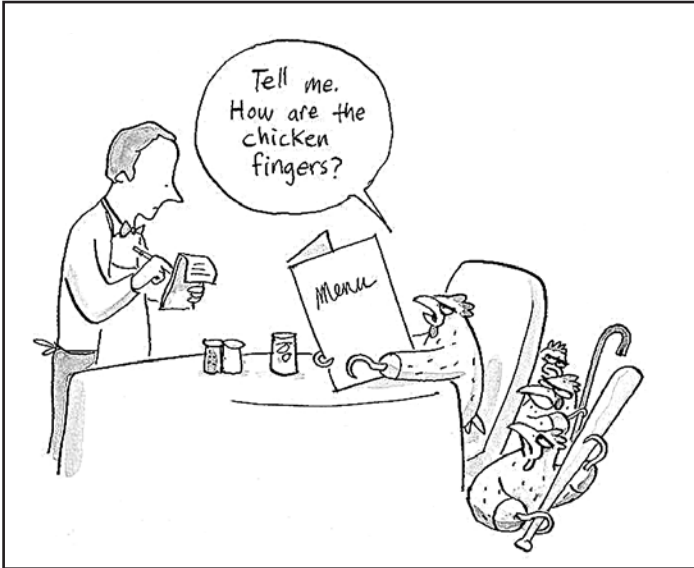


INNER WISDOM REVEALED

1. As I let go of my feelings of guilt, I am in touch with my inner sociopath.
2. I have the power to channel my imagination into ever-soaring levels of suspicion and paranoia.
3. I assume full responsibility for my actions, except the ones that are someone else’s fault.
4. I no longer need to punish, deceive, or compromise myself, unless I want to stay employed.
5. In some cultures, what I do would be considered normal.
6. Having control over myself is almost as good as having control over others.
7. My intuition nearly makes up for my lack of self-judgment.
8. I honor my personality flaws for without them I would have no personality at all.
9. Joan of Arc heard voices too.
10. I am grateful that I am not as judgmental as all those censorious, self-righteous people around me.
11. I need not suffer in silence while I can still moan, whimper, and complain.
12. As I learn the innermost secrets of people around me, they reward me in many ways to keep me quiet.
13. When someone hurts me, I know that forgiveness is cheaper than a lawsuit, but not nearly as gratifying.
14. The first step is to say nice things about myself. The second, to do nice things for myself. The third, to find someone to buy me nice things.

Officer: May I see your driver's license?
Biker: I don't have one. I had it suspended when I got my 5th DUI.
Officer: May I see the owner's card for this vehicle?
Biker: It's not my bike. I stole it.
Officer: The motorcycle is stolen?
Biker: That's right. But come to think of it, I think I saw the owner's card in the tool bag when I was putting my gun in there.
Officer: There's a gun in the tool bag?
Biker: Yes sir. That's where I put it after I shot and killed the dude who owns this bike and stuffed his dope in the saddle bags.
Officer: There's drugs in the saddle bags too?!

Biker: Yes, sir. Hearing this, the rookie immediately called his captain. The biker was quickly surrounded by police, and the captain approached the biker to handle the tense situation:
Captain: Sir, can I see your license?
Biker: Sure. Here it is. It was valid.
Captain: Who's motorcycle is this?
Biker: It's mine, officer. Here's the registration.
Captain: Could you slowly open your tool bag so I can see if there's a gun in it?
Biker: Yes, sir, but there's no gun in it. Sure enough, there was nothing in the tool bag.
Captain: Would you mind opening your saddle bags? I was told you said there's drugs in them.
Biker: No problem. The saddle bags were opened; no drugs.
Captain: I don't understand it. The officer who stopped you said you told him you didn't have a license, stole this motorcycle, had a gun in the tool bag, and that there were drugs in the saddle bags.
Biker: I'll bet he told you I was speeding, too.



Clean Sex Quotes

"I believe that sex is one of the most beautiful, natural, wholesome things that money can buy."
--Steve Martin

"You know that look women get when they want sex? Me neither."
--Drew Carey

"My girlfriend always laughs when we're having sex, no matter what she's reading."
--Steve Jobs

"Having sex is like playing bridge. If you don't have a good partner, you'd better have a good hand."
--Unknown

"If it weren't for pickpockets I'd have no sex life at all."
--Rodney Dangerfield

"As the French say, there are three sexes: men, women and clergymen."
--Rev. Sydney Smith

"Bisexuality immediately doubles your chances for a date on Saturday night."
--Woody Allen

"Homosexuality is God's way of insuring that the truly gifted aren't burdened with children."
--Sam Austin

"I can remember when the air was clean and sex was dirty."
--George Burns

"It isn't premarital sex if you have no intention of getting married."
--Matt Barry

"Leaving sex to the feminists is like letting your dog vacation at the taxidermist."
--Camille Paglia

"Remember, if you smoke after sex you're doing it too fast."
--Woody Allen

"Sex at age 90 is like trying to shoot pool with a rope."
--George Burns

"Sex is one of the nine reasons for reincarnation. The other eight are unimportant."
--Henry Miller

"There are a number of mechanical devices which increase sexual arousal, particularly in women. Chief among these is the Mercedes-Benz 380SL convertible."
--P. J. O'Rourke

"There's nothing wrong with making love with the light on. Just make sure the car door is closed."
--George Burns

A guy walks into a bar in West Virginia and orders a white wine. All the hillbillies sitting around the bar look up from their beer and whiskey, expecting to see some pitiful Yankee from the north. The bartender says, "You ain't from around here, are ya?" The guy says, "No, I'm from Canada .." The bartender says, "What do you do in Canada ?" The guy says, "I'm a taxidermist." The bartender says, "A taxidermist? What in the hell is a taxidermist? Do you drive a taxi?" "No," says the Canadian "I don't drive a taxi, I mount animals." The bartender grins and hollers, "It's okay boys. He's one of us."

Power Outage

(FROM A MAN'S POINT OF VIEW)

We had an outage at my place this morning and my PC, laptop, TV, DVD, and my new surround sound music system all shut down. Then I discovered that my iPhone battery was dead and to top it off, it was raining outside, so I couldn't go fishing.

I went into the kitchen to make coffee, and then I remembered that this also needs power, so... I talked with my wife for a few hours...

She seems like a nice person!



Tina's Terrific!



Specializing in
Color & Highlights
and the Latest
Haircut Trends

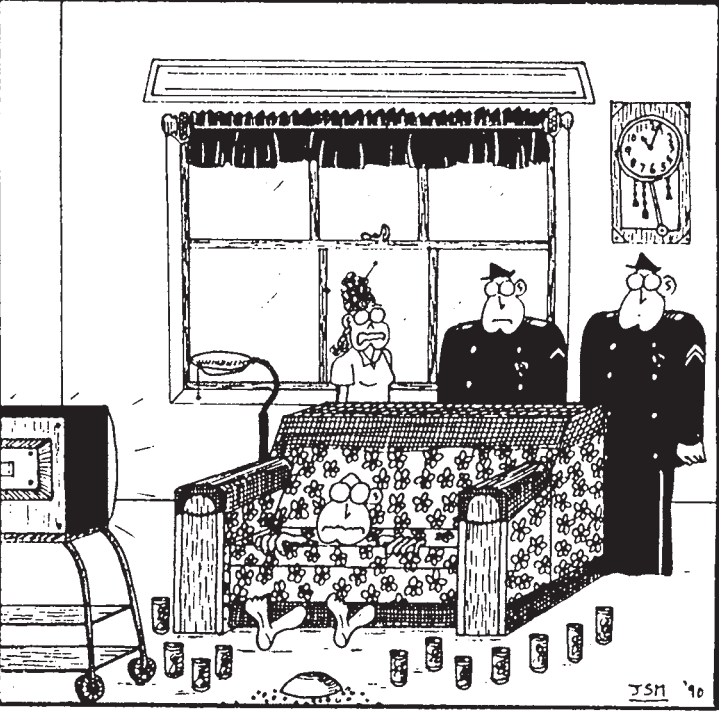
Offering
Cinderella
Hair Extensions

Free Consulation

See Tina at Linda Lee's Hairport
103200 Overseas Hwy (Plaza 103, by Num Thai)
451-3455

Left Field

by J.S. McKinna



"I don't know what happened... He started watching last Friday night, and I found him like this when I got home this morning..."

JOHN McKINNA is a local musician, a best-selling author, and a published, syndicated cartoonist. We feature his cartoons every month in the Coconut Telegraph!

LOCAL'S FAVORITE! Best-kept secret for 30 years!

Keys Eating at Its Finest...
Overlooking the Water



The Hideout Restaurant
305-451-0128

7 Days a Week - 6 AM to 2 PM & Friday Nights 5-9 PM
MM 103.5 • Oceanside (Transylvania Ave. to the End)

FRIDAY FISH FRY
ALL YOU CAN EAT
\$12.95
5-9 PM • Bev. Incl.

—Daily Specials—
Breakfast Served 'til 2PM Daily

Monday night @ Snooks
Wednesday night @ Gilberts
Thursday night @ The Creekside
Fridays @ Gilberts
Saturday night @ Snooks with "That" Band

305-360-1127
bobbbrown.com





www.creeksidetiki.com
www.facebook.com/creeksidetiki
107690 Overseas Highway Key Largo, Florida 33037
located at mile marker 107.5 underneath Jewfish Creek Bridge
305-396-7353



Follow the road until you get to us!

Happy Hour: April Special:
4 - 7 pm • 7 Days A Week
Daily Food & Drink Specials

Thursdays
Live music, pizza, and beer
Large pizza & 2 domestic drafts \$12
Additional toppings \$1
Enjoy the tunes delivered by **Bobbe Brown** from 5 to 8

"Join us at Creekside, where we are minutes away, but worlds apart"

Cook Your Catch

Includes a soup or salad and one side for \$12.

Friday's Prime Rib Dinner

King Cut Prime Rib Dinner \$25
Queen Cut Prime Rib \$19



DRASTIC PRICE REDUCTION ON TAMARIND BAY UNIT 2/2 with bay views, and nice upgrades. Must sell NOW - good rental history.



TWO 3/2 NEW GROUND LEVEL HOMES
YOU choose which one you want - one done one near completion - nice homeowners' park. Lots of upgrades and custom features.



COMMERCIAL
DRASTIC PRICE REDUCTION - 2 LEGAL SIDES
IDEAL KEY LARGO LOCATION - GOOD VISIBILITY
GOOD HIGHWAY FRONTAGE - MUST SELL NOW!!

LIST WITH US!

We have cash investment buyers looking for properties in Key Largo... ready to buy!



BEAUTIFUL MOBILE HOME ON A CANAL
Well maintained, decorator perfect, great for full time or weekending. You won't find one nicer!! **OWNER SAYS SELL!!**



SOLD IN 60 DAYS
Port Largo 3/2 family home
We can sell yours quickly too!



CANALFRONT IN TROPICAL ATLANTIC SHORES - STRAIGHT OUT TO THE OCEANFRONT. Updated kitchen. 2 bdrm up and an apartment down, plus workshop. Porches on street side and canal side. Concrete roof. Beautifully landscaped. Fenced. Very close to schools... **TAVERNIER**



CANAL FRONT KEY LARGO HOME.
Direct access to the bay. 2 bedrooms up. Workshop and storage down. \$489,000.

Do you know what your home is worth?
Call us for a free market analysis.

IF YOU WANT RESULTS - - - CALL US - - - WE GET THE JOB DONE!!!



BROKER/OWNER

Jane: 305-451-2214
CRS, GRI, Short Sale Specialist

THE WASMUND TEAM

TROPICAL REALTY OF THE FLORIDA KEYS, INC., MM 103 BAYSIDE

We're a **Mother-Daughter Team** and we handle your real estate needs with integrity and professionalism. Over 30 years of combined sales in the Keys gives you the opportunity to have our experience work for you.
janewasmund@bellsouth.net • www.thewasmundteam.com

OWNER

Wendy: 305-394-1376
GRI

NOW IS A GOOD TIME TO LIST YOUR HOME, CALL US TODAY!