

The Mangrove Galley

by Sandi Mieszczeni

Sandi's recipes are featured monthly in the Coconut Telegraph. For previous issues go to <http://www.theconchtelegraph.com>.

The holidays are upon us again and that means getting together with family and friends to celebrate. The two recipes below are well suited for a get together such as a pot luck. Both are perfect as a appetizer for a New Year's Eve party, football play offs, or even the Super Bowl. Try them both and enjoy!

MUSTARD SHRIMP WRAPPED IN BACON

This recipe is so simple but so tasty.

Large, cleaned raw shrimp with the tail removed
(the number of shrimp depends on how many people you are serving)
Dijon mustard
bacon, half a slice for each shrimp
toothpicks

Place the half slices of bacon on a work area and smear with the Dijon mustard. Also smear the shrimp with the mustard. Place a shrimp on a bacon slice and roll up. Secure with a toothpick. Lay the shrimp on a broiler pan and cook on a low broil for approximately 15 minutes. The shrimp should be pinkish-white and the bacon crisp. Turn the shrimp over and broil for an additional 2 minutes. Serve. This can also be prepared on a grill.

APPLESAUCE MEATBALLS

This recipe can also serve as a meal - spoon over noodles or rice.

2 pounds lean ground chuck
1/4 cup chopped onions
1/4 cup chopped parsley
1 1/2 cups toasted bread crumbs
1/2 cup applesauce
1 garlic clove, finely chopped
2 teaspoons salt
1/2 teaspoon black pepper
1 teaspoon celery salt
2 eggs
1 cup milk
4 tablespoons flour
3 tablespoons shortening
1 can undiluted consomme
1 to 2 tablespoons cornstarch



Thoroughly, but lightly, mix together all ingredients EXCEPT for the flour, shortening, and consomme. Form into 1 inch balls. Roll in flour to coat lightly. Brown in the hot shortening. Place in a baking dish using all the drippings. Pour the consomme over the meatballs. Cover and bake at 350 for 45-60 minutes. Remove from oven. Drain the liquid into a saucepan and place on medium heat. Slowly add the cornstarch and whisk until thickened. Serve with the gravy over the meatballs.



The Garden Club of the Upper Keys began the holiday season by helping patients at Plantation Key Nursing Center make Thanksgiving Day flower arrangements. The flowers were donated by Winn-Dixie in Tavernier. Pictured: Club members Nicole MacLean, Jean Simmons and Lonell Rice.



THANK YOU!

Thank you to everyone who helped, donated, performed, contributed, supported, attended, and worked for the NASCAR Tailgate Party Raffle and Veteran's Day Party at the Elks Lodge to raise money for MARC.

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and the musicians:
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Monroe County State Attorney Catherine Vogel recently presented Monroe Sheriff Detective Manuel



Cuervo with the designation of "Officer of the Quarter" for his outstanding service and dedication to the residents of Monroe County. "Detective Cuervo is an outstanding example of someone who does their job well. His service has not gone unnoticed," said State Attorney Catherine Vogel.



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*For GLUCOSE TESTS or CHOLESTEROL TESTS, Please DO NOT eat or drink ANYTHING except water and medications for 8 hours before the fair.