

The Mangrove Galley by Sandi Mieszczenski

Sandi's recipes are featured monthly in the Coconut Telegraph. For previous issues go to <http://www.theconchtelegraph.com>.



September is here and boy... is it hot! A refreshing way to cool yourself off is with a nice cold dessert. This dish is easy to make and no baking is involved.

It is chocolate, and who does not love that? So non-bake away and enjoy!

Chocolate Truffle Loaf With Raspberry Sauce

- 2 cups heavy cream
- 3 egg yolks slightly beaten
- 2-8 ounce packages semi-sweet chocolate squares
- 1/2 cup Karo light corn syrup
- 1/2 cup butter
- 1/4 cup confectioners sugar
- 1 teaspoon vanilla

Line a loaf pan with plastic wrap. Mix 1/2 cup of the cream with the egg yolks. In a saucepan cook the chocolate, corn syrup, and butter over medium heat until all is blended and the chocolate has melted. Add the egg mixture. Stir constantly cooking for 3 minutes. Cool to room temperature. Beat the remaining cream, sugar, and vanilla until soft peaks form. Fold into the chocolate mixture then pour into the loaf pan. Refrigerate until firm. Slice and serve with the raspberry sauce.

Raspberry Sauce

Puree in a blender or food chopper one package of frozen raspberries. Strain through a mesh colander to remove the seeds. Add 1/2 cup of sugar, mix and chill.

Local CEO Of Non-profit "Arrested" For Solicitation...of Money!

Jody Gross, President/CEO of Visiting Nurse Association and Hospice of the Florida Keys (VNA/Hospice) was arrested recently by one of Monroe County's finest, Sgt. Eric Mixon. Also placed under arrest was Tavernier CPA, Judith Cooley, Treasurer, Board of Directors and Kathleen Ryzoc, COO of VNA/Hospice.

The women were cited for public solicitation of funds to support their Monroe County visiting nurse and hospice programs.

Islamorada District 6 Commander, Captain Corey Bryan, was instrumental in setting up the arrest. Because the ladies were very persuasive in their pursuit of freedom they convinced Sgt. Mixon to release them on their own recognizance. Of



Sgt. Mixon with arrestees: Kathleen Ryzoc, Jody Gross & Judith Cooley.

course the arrest will never make it into the popular Keyso.net/arrest site due to the fact this was all done in jest and in support of the Lower Matecumbe Mermaids Photo Scavenger Hunt held in

Islamorada this past Saturday to raise funds for VNA/Hospice.

The Photo Scavenger Hunt was the brainchild of Lower Matecumbe Mermaid, Krissy Gustinger, as part of the

group's 4th Annual Christmas in July event. Over 30 women participated in the Photo Scavenger Hunt which ended at the Lower Matecumbe Serenity Bay estate of Miami residents Paul and Ivette Bravo. "There are so many remarkable people associated with the Mermaids and we are so thankful for their continuous support and generosity for our organization," stated CEO Jody Gross. The Lower Matecumbe Mermaids raised over \$2,400.00 for the organizations hospice program.

Visiting Nurse Association & Hospice of the Florida Keys is an integrated agency that has been providing skilled home health, private duty care and hospice services to the residents and visitors of Monroe County since 1984. For more information call 305-294-8812 or visit www.VNAHospiceKeys.org.

ISLAND GRILL

HOME OF THE ORIGINAL TUNA NACHOS

Enjoy the last of Summer!

It's a great time to book your party on the Ocean at either location.

Lunch & Dinner served daily at both locations. Breakfast served daily at the Islamorada location only.

Check in at the Island Grill and say hello. We look forward to seeing you!

Island Grill at Mandalay • MM 97.5 • Ocean View

Island Grill at Snake Creek • MM 85.5 • Beach Setting

Key Largo 305 852-0595 Islamorada 305 664-8400

The Domestic Abuse Shelter Key Largo Outreach Office could use your help.

The Pink Plaza Suite #235 -- mile marker 103 Bayside (103400 Overseas Highway, Suite 235, Key Largo, FL 33037)

Please come by and see us, and if you can, bring a donation: (305) 451-5666

DOMESTIC ABUSE SHELTER
A NEW BEGINNING

DOMESTIC ABUSE SHELTER, INC. Wish List

General Needs

• Copy paper

• Paper towels & toilet paper

• Cleaning supplies & laundry detergent

• Gift certificates to drug (Kmart, CVS, Walgreens) & grocery stores (Albertson, Winn-Dixie and Publix) in small denominations

• Hand sanitizers

• Twin size linens (sheets, pillows, plastic mattress & pillow covers)

• Bath towels & wash cloths

• Non perishable foods

• First aid supplies

• Bus passes (Keys transit)

• Gas cards

Personal Needs

• Tooth brushes & toothpaste

• Hair brushes & combs

• Shampoo, conditioner, bath soaps

• Nail files & clippers, razors

• Deodorant

• Cotton balls, Q-tips

• Feminine hygiene products

• Women's panties & bras in assorted sizes, pajamas, night shirts & socks

• Blow dryers

Children's Needs

• Books

• Art & school supplies

• Diapers & wipes

• Baby bottles

• Baby foods & juices

• DVDs (age appropriate)

• Kid oriented gift certificates (movies, food, fun stuff)

• Children's underwear in assorted sizes & socks

The Domestic Abuse Shelter (DAS) is a non-profit organization, providing comprehensive services for individuals and families experiencing domestic and sexual abuse in the Florida Keys. Our mission is to reduce the incidence and minimize the impact of domestic and sexual abuse in Monroe County by directing victims and abusers to appropriate, effective programs and services.

WE THANK EVERYONE WHO HELPED MAKE IT A SUCCESS!

4th ANNUAL MUSIC FOR marc

Island Grill at Mandalay Paddle!* the Florida Keys

Wendy Sage (Millard Wells' daughter)

Keys Business Solutions North

Islamorada Beer Co.

Creative Services

Gracias THANKS Grazie Thank You Merci Beaucoup TA Thank You Domo Arigato

Gracias Thanks Grazie OBRIGADO

Hope we didn't leave anyone out!

Riva South Islander Resort

Coconut Telegraph

Garcia-Romeu Family

Clear Channel Radio

Billy Davidson

Merci Beaucoup Thanks Danke Mahalo TA Thank You Merci Beaucoup Thank You TA

Gracias Thanks Grazie OBRIGADO

Musicians:

Leah Sutter

Billy Davidson

Patrick Hummell

Chris Lute

Steve Venini

Cliff Stutts

Ryan Raines

Drummer Dave

Sam Maher

Great music the whole time!

Lots to bid on!

Bob Thomas buys tickets from Corrine Travisky.