True Plastic Surgery of The Florida Keys

"Dr. True," to his friends, is truly a Keys person. Growing up part-time in Ohio and part-time in Key Colony Beach he quickly developed a love of The Florida Keys. His father earned his pilot's license and bought an airplane so getting back and forth was no problem for the family.

True enjoyed sharing the responsibility of flying the family plane on many trips to and from the Marathon airport, and quickly followed his father, becoming the youngest licensed pilot in America at the time. After his medical and surgical training, he joined his father's

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where he met his wife, Lisa, and she began working with him. Through the years he missed the beauty and lifestyle of the Keys, so one day the family packed their bags and moved back to

practice in Southern Mississippi. This is

True Beauty from Key West to Key Largo!

Brought back by popular demand and his love of the Florida Keys!

Dr. Lansden practiced at The Florida Keys Center for Plastic Surgery in Tavernier for seven years, where he was Chief of Surgery at Mariner's Hospital. During the recession, Dr. Lansden went to cover the need for a facial and hand trauma at Lawnwood Regional Medical Center and Heart Institute, where he received an appointment as Assistant Clinical Professor of Surgery for Florida State University, Now, after six years he is returning home to the Florida Keys.

Dr. True and his wife, Lisa, are the parents to five sons, Ken, Tommy, David, Tyler, and Michael; all grown up!



MARATHON: 5701 Overseas Highway, Suite 4 KEY WEST: 605 United Street, Unit B





The Upper Keys community lost Jack Snipes in late October. He was truly an enigma. With his band, he was the raucously crude and rude Big Dick of "Big Dick and the Extenders," shouting obscenities, spewing x-rated jokes faster than a speeding locomotive, and known to literally pound people on the head with a 2-foot-long dangling rubber dildo. It was all in fun and all part of his fabulous musical show 6 nights a week at Woody's night club in Islamorada for many years, a "must see" for all locals and tourists.

During the daylight hours he changed the name of the band to "Big Richard's Family

If you're familiar with Big Dick's body of work, you can

just imagine what's being said at this 2012 benefit

one year his wife Christine gifted him with a non-profit foundation so that he could give more to charity. Snipes was born in South

Fun Band" and he still rocked

raunchy persona and instead

he was the real Jack Snipes,

one of the nicest men you'd

volunteer to play benefits to

help others. Jack so enjoyed

giving, that for his birthday

Jack had a heart of gold

ever want to meet.

and was always first to

the house. Missing was his

Carolina but grew up in Jacksonville, FL. His mother was Cherokee and his father a bootlegger. He attended Paxton High School and was captain of his swim team. At

the University of Arkansas he was the star defensive lineman of the football team. Jack left college out of retirebefore graduation, after being racially

A Tribute to Jack Snipes aka Big Dick by Denise Malefyt and Ronnie B.

joined the Marine Corps and did his duty in Vietnam.

When Jack returned to the U.S., he decided to give music a try. He attended a Roy Orbison concert and stage. Soon Snipes was playing host to Orbison, taking him to all the Jacksonville night spots. After hearing Jack sing, Orbison gave him his blessing and encouragement.

From Jacksonville Snipes moved to Daytona where he met club owner Mike Pinner

for dating a white woman. He ranting redneck version of an Andrew Dice Clay-type routine that entertained so many audiences there in the 80s and 90s. Everyone that knew him will tell you it was a carefully crafted facade got to meet the artist back- that kept him smiling all the way to the bank.

> Snipes made the news again not long before he retired. In 2009, 22-yearold Brandon Dowdy wanted to see Big Dick and the Extenders so badly that he stole a 120-ton locomotive and took a 7-mile joy ride to make it the the Redland



The "Extenders," over the years, were comprised of just about every professional musician who ever passed through the Upper Keys. Too numerous to mention, they contributed to the bands reputation as one of the best!

who introduced Jack to the Orlando area. As his fame

grew, so did his amphetamine addiction, so he moved to Lakeland to dry out. During that time Mike Pinner bought J's in Islamorada, changed the name to Woody's and called Snipes ment to headTavern to catch the show. He got to see the show but

> got busted by Homeland Security!

Jack Snipes passed away at age 72, but his legend lives on. There will be a memorial and celebration of life on Sunday December 13th at the Lorelei Restaurant in Islamorada from noon to 4 and at

line the club. in honing his unique take on a miss it! harassed

Jack took great pleasure Woody's from 5 to 9. Don't

Special thanks to Thad Bowling for most of the photos on this page.