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Inside:

Festivals (see inside):





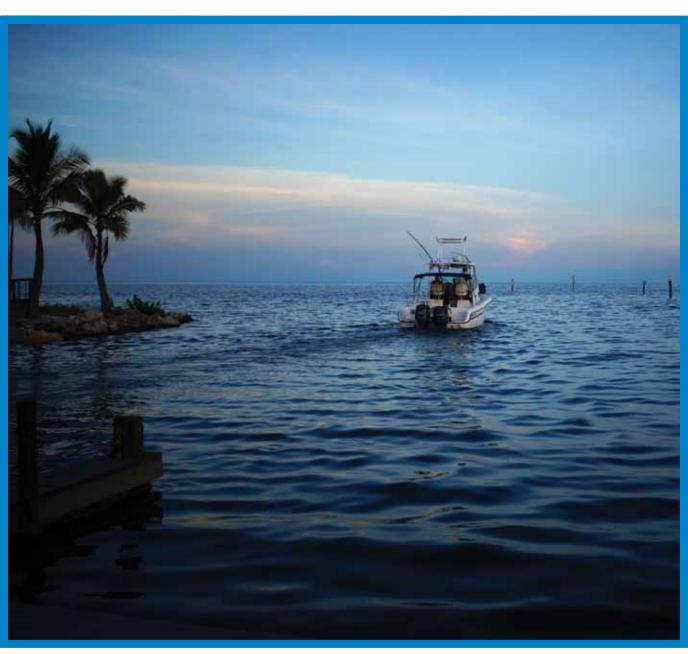
What's Hot & What's Not
Art Box Artist of the Month:
Amy Oates
Entertainer of the Month:
Chris Lute

Maps

Key Largo Locator Map Getting from Here to There

All the Buzz

Coco-Nut Funnies Conch Characters Business in the Keys



Sunset at the Island Grill at Mandalay in Key Largo.



ON THE BEACH • MM 99.5 BAYSIDE KEY LARGO • 305-451-3380

Live Music • Happy Hour • Sunset

World class entertainers, in Key Largo on the beach.
It doesn't get any better than this!

Look for ad inside or check the calendar at keylargo-baysidegrill.com for all of our live music on the beach.





Popa Chubby Thursday, January 15 Hardcore blues rocker

Hardcore blues rocker popular worldwide for over 25 years, this is one you don't want to miss!



Lauren Mitchell

Saturday, January 24Mesmerizing and dynamic

soul vocalist with an amazing stage presence.

Coconut Telegraph

January 2015 Volume 9 Issue #95

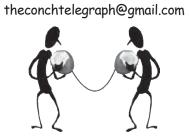
Prestige Publishing, Inc 101425 Overseas Highway PMB #628 Key Largo, FL 33037

Deadline

for the Coconut Telegraph's next issue is

Thursday, January 22, 2015

Contact Denise at 305-304-2837



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It is available for free online at www.theconchtelegraph.com.

For comments please visit The Conch Telegraph on Facebook.

The Coconut Telegraph offices will be closed February 29, 30 & 31st. We are sorry for any inconvenience.

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Editorial: Beware the Curse of the Bad Karma Monkey!

We who live in the Keys enjoy a laid-back lifestyle that makes us a target for crooks.

Not so long ago some crooked local gift shop owners skipped town, taking with them their friends' shared rent money and all the items they could steal. Many folks had left valuable items with them to sell on consignment and were heartbroken to find that the swindlers had left in the dark of the night. Just when you breathe a sigh of relief that at least they are gone, and you think no one else can get hurt, another bad egg opens shop, sometimes even in the same building!

Trust the ones who have been around a while, and have great reputations like the Pink

Junktique, Mother Ocean, and of course, Coral Financial Pawn Shop. They make sure you have a contract and you get paid accordingly. They are reputable business people, so they have the money set aside to pay you, no excuses. You won't find them drinking while they are working, or in hysterical screaming matches with their unhappy consigners. They won't sell your \$200 item to themselves for \$5. and your things won't disappear into thin air. They don't have a rap sheet and aren't declaring bankruptcy either. If you have been a victim of any of these undesirable and crooked people, please report it to the Sheriff's Dept. 305-853-3211.

How about the guy who consigned his whole inheri-

tance of antique furniture and collectables only to have it left outside in the blistering sun, heat and rain to quickly rot? Instead of taking a chance, why not list your items on Craig's list or one of the many Facebook sites at no cost to you? There is even one called Buy Nothing Upper Keys, where you can give things away and get things for free. Take your most valuable items. including gold and silver, to Coral Financial Pawn Shop. Bill has been in business over 30 years and has an excellent reputation.

And how about the ittybitty local singer who consigned his dead granny's antiques because he said he needed food for the baby, but he still had plenty

of dough for his bag of weed? His most recent mug shot didn't look so good. We hear most of his band guit because of his childish tantrums. This is not his first "alleged" offense either. Everyone wants to know, Mr. Rockstar Wannabee, what are 'synthetic narcotics schedule 1 & 2 sell, mfg or deliver'? There are no lollipops in the slammer, little dude. You'll be off your (self-assumed) pedestal there, so don't drop the soap..

After last month's editorial I got a lot of calls from people thanking me for warning the public... but I did get a call from a drunken woman threatening me with a relative who is a lawyer.

continued, next page

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Editorial continued

After I hung up on her she left me two angry messages that I saved. You poor thing! Stop making drunken phone calls and call the Domestic Abuse Hotline if you want to complain about your husband... then get yourself into a 12-Step program.

The most despicable criminals are the ones who steal from the Veterans and nonprofit organizations. Really?! How low can you go?

May the frighteningly wicked relentless curse of the bad Karma monkey be upon you.

*Although the stories are true, sometimes they're a compilation of different people.

We Stock Guitar Strings — New & Used Guitars — Custom **Jewelry CORAL FINANCIAL On-Site Jewelry & Pawn Jewelry** MM102 453-5300 Repair **Oceanside Key Largo**



Old or Outdated Meds in Monroe

The Sheriff's Office will accept old or outdated medications with the Drug Drop program: an environmentally friendly way to dispose of medications



The Monroe County The Sheriff's Office would like to remind everyone about the drug disposal program offered at all our county Sheriff's Substations and the reasons why it is important to dispose of medications in the right way.

The Drug Drop program has been an ongoing success. The Sheriff's Office collected 245 pounds of various medications county-wide in the first six months of 2014. during office hours.

Anyone - with the exception of commercial establishments - may bring in prescription drugs that are no longer needed, and overthe-counter medications, or call and someone will pick up the medications for disposal.

People who call to have medications picked up can do so with no questions asked. The goal of this program is to dispose of the items with illegal drugs.

Proper disposal of prescription and over the counter medications is important. Flushing them down the toilet or sink can introduce dangerous and environmentally damaging substances into the water system; throwing them away in the trash can also introduce them into the environment. and runs the risk of them winding up in the wrong hands. The medications collected by the Sheriff's Office are safely burned in the Sheriff's Burn Unit.

In the Upper Keys, medications will be accepted at the Plantation Key Substation Monday through Friday from 8 a.m. and 5 p.m. For pickup, call 305-853-3211

In the Middle or Lower Keys, call 305-289-2430 or 305-745-3184 for more information.

Please note: People who bring their medications in themselves need to make sure to keep prescriptions in the prescription bottle until they drop them off... to show proof the prescription is legitimately theirs.

The Sheriff's Office will properly, not to catch people not accept medications from commercial establishments.



Locals' Discount!

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UNLIMITED BLOWOUTS \$175**

Come in as often as you wish for 30 days, enjoy a glass of wine, fresh brewed coffee, or infused water.

JANUARY SPECIALS Introducing Stylists

Keratin Treatment Unlimited Blowouts



W/ Chris

W/ Brooke iust \$125*

For More Information on these Services Please go to www.upyourhair.com or call

305-282-9533

*Mon-Fri 9:30gm - 6:00pm Sat 9:00am - 2:00pm

* Seasonal Hours **ADD'L \$10 Monday & Saturday 99228 Overseas Highway Key Largo, FL 33037 MM 99.2 Bayside

Need a new 'Do' for a New Year?

Up Your Hair is here to tell you this month's beauty trends. Hair, makeup, and nails, find out how to get that runway look

As the cold fronts come and go, we are constantly looking for fashionable, yet weather friendly, ways to do our hair. We did the Bob, tried the Lob... now, are you ready for the Wob?

While Pixies are all the rage, the Wob (wavy bob) is the alternative to the drastic cut. The perfect wash-and-go look, and best maintained with a keratin treatment. Reducing the curl and maintaining the frizz, Keratin is the best way to go to keep your hair easily manageable, and filled with style.

A new year has just begun and with it comes a change in colors. Put down your dark liners and pick up anything purple! A light fresh look... and if purple isn't quite your color, try a glossy

mauve or matte burgundy for a safer option.

It's time for some excitement and what is more exciting than nail art? All different designs, from tips to gems, and paisley to animals, this month is all about trying something new!

If you're looking for a change or need advice, call or stop by Up Your Hair Salon or check out www.upyourhair.com to set up a free consultation.



Oh, Those Holiday Kisses!

10 FACTS ABOUT KISSING

- 1) Kissing is a dirty act. Just one kiss with tongue can transmit up to 278 types of bacteria. Boys and girls, watch your oral hygiene please.
- 2) Sensitivity of the lips is 200 times higher than that of the fingers.
- 3) While kissing, your body produce a substance that is 200 times more powerful than morphine in terms of narcotic effect.
- 4) An act of kissing puts 29 facial muscles in motion. Kissing can be used as an effective exercise to prevent the development of wrinkles.
- 5) Onur Guentuerkuen of Ruhr-University Bochum in Bochum, Germany, studied hundreds of couples kissing. In his study, he found that two-thirds of people turn their heads to the right when kissing.



- 6) During a kiss, natural antibiotics are secreted in the saliva. Also, the saliva contains a type of anesthetic that helps relieve
- 7) Those who kiss quite frequently are less likely to suffer from stomach, bladder & blood infections.
- 8) It is possible for awoman to reach an orgasm through kissing
- 9) 92% of women close their eyes for a kiss, but 50% of men keep them open.
- 10) Kissing at the conclusion of a wedding ceremony can be traced to ancient Roman tradition where a kiss was used to sign contract.

Bayside Blues Concerts

Concert Showtime: 6:30pm

Jan. 10: **Joel DaSilva & Midnight Howl**

This New Orleans guitar legend has played with all the greats!

Jan. 15: Popa Chubby

Hardcore blues rocker popular worldwide for over 25 years.

Jan.24: Lauren Mitchell Band

A mesmerizing and dynamic vocalist bringing blues and soul from Sarasota, Florida.

Feb. 3&4: **JW Jones Band**

A favorite of Flwood Blues, a.k.a.Dan Ackroyd!

Feb. 20&21: **Harper and Midwest Kind**

Didgeridoo, harmonica, world blues fusion!

World class entertainers, in Key Largo on the beach.

Check the calendar at keylargo-baysidegrill.com for more great Bluesfest bookings

305-451-3380

MM 99.5 Bayside, behind Cafe Largo

Entertainer of the Month: Chris Lute Hair Stylist / Guitarist Extraordinaire

Chris Lute is a very talented and versatile artist, and he also has a very intelligent and creative mind.

By day you can find him with scissors in hand at Key Largo's most modern hair salon. Up Your Hair, Lute joined forces with salon owners Joe Lombardo and his daughter Caitlin ,who also believe in staying abreast of the latest trends

Up Your Hair Salon is the Keys' only "Blow Out Bar" featuring one price for unlimited monthly visits. Joe Lombardi says Chris Lute, who has been a hair stylist since he was 18 years old, is one of the best he has ever worked with. "Chris is able to translate the latest trends into workable styles. He takes pride in his work and will make sure you look your very best," says Lombardo.

By night you'll find Chris around town, playing lead guitar with Key Largo legend Steve Venini.

Chris started his musical career in Ohio, playing gospel and traveling with the church when he was 10 years old. As an adult he continued to tour the country with different bands and honed his skills playing jazz, blues, honky tonk and rock.



Chris was named Blues Player of the Year by Guitar Central and he spent two years in New Orleans. His travels finally brought him to Key Largo, and he says he is here to stay.

Just as Chris sought out the best salon, he sought out Steve Venini, who is also multi talented. Steve plays acoustic quitar, sings, writes songs and is also a backcountry fishing guide. Together they make music so good it makes you tingle.

At Sharkey's recently, they started at 8 pm, and by the time they finished their second song every table was filled and it was standing room only. The audience was enthusiastically applauding and whistling after each song. As they sang "Crossroads" I thought to myself, "it just doesn't get any better than this!"

Steve Venini and Chris Lute have been working together as a duo and in the Steve Venini Band for 3 years. When speaking of Chris, Steve smiles and says the greatest compliment he has for a musician: "Chris is the real deal!"

Chris Lute says he is "...amazed at the great following we have and I am so terribly grateful for that. If you don't have people to play for that you love, it doesn't mean much."

You can enjoy their full, rich sound Thursdays at Bayside Grill 6-9 pm, Sharkey's on Fridays 8-11pm, and at Postcard Inn's Tiki Bar on Mondays 6-9pm. They also play for special gigs in Key West and you can occasionally find them at the Lorelei and Marker 88 Restaurant. Contact them by email at svenini@icloud.com.





DAILY SPECIALS

Wednesday - Live Music 5:30 - 8:00 Friday - All You Can Eat Fish (fried, grilled or blackened) Saturday - Prime Rib

HAPPY HOUR

Every Day 4 to 6pm featuring... \$1 Drafts Pitcher and Wings Special • Beef or Chicken Sliders

OPEN 11 AM to 10 PM EVERY DAY



"I have 'Champagne taste on a Beer Budget'. I love Key Largo Pet Sitter and being treated like Royalty". Cody P.

Key Largo Pet Sitter

Our staff is dedicated to aroundthe-clock care and with our background checks and experience of our staff; you can be assured that your home and pet are being taken care of by the best.

Call for free meet & greet

305-393-5423 www.keylargopetsitter.com

Looking Good in the Neighborhood

A Signature Event Benefitting MARC



MARC's Keys friends and neighbors are hosting "collection parties" to collect new and gently worn men's and women's clothing, accessories, jewelry and purses.

The items will be sold at a neighborhood event on Saturday, February 7, 2015 at the Islamorada Moose Lodge, 81573 Old Highway, Islamorada. Expect to purchase fine quality pieces, designer items, wedding gowns, etc. at huge discounts. There will also be new purses filled with great

surprises for sale!

Profits from this event will go toward funding a new group home for the Monroe County Association for ReMARCable citizens.

If you would like to host a collection party, call Susan Merrill at 352-316-6260 before January 15, 2015.

To view the better items collected so far, go to www.Facebook.com/Looking GoodInTheNeighborhood

Purchase tickets to the event at the MARC Store beside the Coral Isles Church, or at the Islamorada Moose Lodge. \$20 in advance, \$25 at the door.

MARC's mission is to provide their clients with dignified, compassionate, professional care in a family environment for the duration of their needs.

Sounds of the Keys.



Mike DiMaggio every Thursday night at the Big Chill.



Luke Sommer Glenn, Louis Rainbow and Dave Bowman at the Pilot House.



Michael Collins at Gilbert's Resort.



Nick Causey (Dianne Posey's grandson) stopped by Snook's to play a few songs with Bobbe Brown.



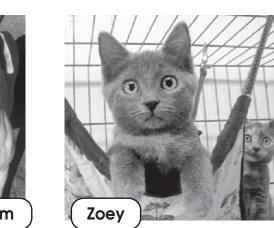
The fantastic Scotty Migone, New Years Eve at Gilberts. He was playing slide guitar with that beer bottle! Photo by Rob LeBrun.

Adopt a Key Largo Animal Shelter Pet

these adorable furry friends home, stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088











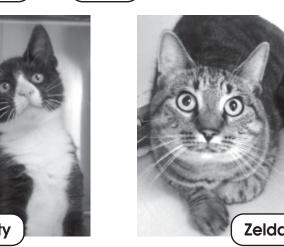




Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of











10 Days of Food & Wine in Key Largo & Islamorada, Florida Keys

Saturday 1/10

Key Largo Chocolates MM 100.5 Bayside, Key Largo

MEAT Eatery and Taproom

Junior Chocolatier Class 10:30am-noon

Kids take a tasty adventure and learn about chocolate. 305-453-6613

Chocolate meets Cabernet! 6-8pm
A night of chocolate & wine. 2 + hours of fun with

chocolate and red wine, \$69, incl. 305-453-6613

Pig roast. Paella. Spanish wines, sangria & Flamenco show. \$55 + tax + tip. 305-451-4502.

Sundowners MM 104 Bayside, Key Largo

Viva Espana!! 6:30pm
Appetizers from Chef Norman Van Aken.

Marker 88, MM 88 Bayside, Islamorada

Sunday 1/11



John McKinna at the Island Grill

at Mandalay

Thursday 1/8

Tradewinds Liquors, Tradewinds Plaza, MM 101.5 Oceanside, Key Largo Key Largo Festival Kick Off 4-7pm Festival kick off & complimentary wine tasting. Free 305-451-5958

Island Grill at the Mandalay From the Dock to the Plate 7-9pm 3 course, prix fixe dinner featuring whole fresh ogfish. \$36 + tax + tip. 305-852-0595

Martinis MM 81 6 Rayside Islamorada **Islamorada Festival Kick-Off** 4-7pm Festival kick off & complimentary wine tasting wine

Island Grill MM 85.5 Oceanside, Islamorada *From the Dock to the Plate* 7-9pm 3-course, prix fixe dinner featuring whole fresh hogfish. \$36 + tax + tip. 305-664-8400

Friday 1/9

Key Largo Fisheries Backyard Café 1313 Ocean Bay Drive, Key Largo Lobsterfest 6-9pm Florida lobster every which way, live music and wine \$39 includes tax. 305-451-3782

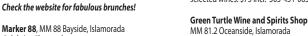
The Hungry Tarpon at Robbie's MM 77.5 Bayside Islamorada A Seafood Celebration 6-9pm Raw Bar and Ceviche Bar. Live island music. Bacardi specials and more. \$40 + tax + tip. 305-664-0535

Florida Keys &KeyWest

Islamorada

KeyLargo NEWS LEADER The Reporter

Celebrity Chopped 5pm Dedicated to the memory of Chef Ben Coole The Kevs own version of the popular TV show. 4 local chefs will compete to win the trophies and \$500 for Chef Ben's family. \$35 incl. (includes buffe dinner), 305-852-9315



snack items. Free. 305-664-2006. Then walk next door to the Green Turtle Inn...

PRANCE OF BUILDING

IMUXEAS Sysco WWW

Monday 1/12

Key Largo Conch House MM 100.2 Oceanside, Key Largo Seafood, Wine, and Art in the Garden 7-9pm Seafood buffet paired with wines and art from local artists of the Florida Keys! \$39 per person + tax + tip.

Pilot House MM 99.5 Oceanside, 13 Seagate Blvd., Key Largo Beer and Bites 6:30pm Taste 6 unique craft beers paired with six bites to complement each brew! \$25 incl. 305-451-3142

Islamorada Beer Company Tasting and Bre Room, MM 82 Islamorada Complimentary Beer Tasting 4-6pm 20 participants get 1 free pint of beer. Free

Specialty Benedict Brunch 10:30am-2:30 pm Islamorada Moose Lodge Benedicts like you've never had them before! No MM 81.5 Islamorada vations taken, just come by. 305-853-3833. Islamorada Americana 5:30-9pm **Key Largo Chocolates** MM 100.5 Bayside, Key Largo with the perfect varietals, $$49 + \tan + \sin$. 305-664-8120

Tuesday 1/13

Senor Friioles MM 104 Bayside, Key Largo Fajitas and Margaritas 7pm – 'til 2-for-1 fajitas and \$5 Cazadores Tequila margaritas

Encore, MM 102.3 Oceanside, Key Largo Dining in the Dark 6pm for 7pm seating 5-course tapas menu paired with a variety of selected wines. \$75 incl. 305-451-0650

MM 81.2 Oceanside, Islamorada Complimentary tasting of fine wines, spirits, deli and MM 81.2 Oceanside, Islamorada

A Very Special Flight of 3 Wines Complemented b 3 different tapas. \$30 + tax + tip. 305-664-2006 Dine Around Town 6:30pm A traveling, 5-course g wines. 305-394-3736

Wednesday 1/14

Jimmy Johnson's Big Chill MM 104 Bayside, Key Largo Martinis and Meatballs 5:30 to Close A selection of \$5 Martinis, with complimentary

Snapper's MM 94.5 Oceanside, Key Largo **Grape Stomping Contest** 6pm Teams of two will compete to stomp grapes in a timed event for the grand prize. \$35 per team. Enter early 305-852-5956

Kaivo MM 81.7 Oceanside on the Old Highway, Islamorada

The KAIYO Flight: A Sushi & Saki Experience 5pm. appetizers. \$25 + tax + tip. 305-664-5556

Ziggie and Maddog's MM 83 Bayside, Islamorada Land, Sea and Air A 3 course dinner featuring fresh local catch, duck and filet mignon all paired with wines. \$40 + tax + tip. 305-664-3391

Thursday 1/15

Num Thai Plaza 103, MM 103.2 Bayside, Key Largo An Oriental Experience 6pm
Sushi & Thai dishes, complimentary saki and wine. 305-451-5955

Ballyhoo's Historic Grille M 97.8 Median, Key Largo Chef's Dinner 7pm

Chef prepares and cooks 4 courses before your very eyes, all paired with wine. \$55 incl. 305-852-0822

Puerto Vallarta MM 86.7 Oceanside, Islamorada A Mexican Fiesta 6-9pm

Endless traditional Mexican buffet and a live mariachi band. Margaritas and sangria. \$30 incl. tax

The Islander Resort MM 82.2 Oceanside Chef Andy Niedenthal and his Celebrity Guest Che Cook! 6:30pm Join Chef Andy Niedenthal and his guest celebrity chef. They demo... you taste and sip! \$40 Incl. 305-664-2031

Friday 1/16

Buzzards Roost

21 Garden Cove Drive, Key Largo A Toast of the Coast 6:30pm 4-course menu features East Coast seafood dishes each paired with a terrific wine. \$48.95 + tax + tip. 305-453-3746.

Gilbert's Resort MM 107.9 Key Largo \$9.99 Rumrunners & Ribs 6pm-9pm 12oz Bacardi Rumrunner and 1/2 rack of baby back ribs. Live music. 305-451-1133

Postcard Inn Resort & Marina MM 84 Oceanside, Islamorada TGIF Happy Hour 4-7pm

A really, really, happy, happy, hour in the Horizon Room at the Isle! 4 to 5pm open bar and hors d'oeuvres, happy hour prices until 7pm. \$25 incl. 305-664-2321 x 521

Marker 88 MM 88 Bayside, Islamorada Visiting Celebrity Chef's Dinner 7pm
Guest Miami chefs cook and serve a 4-course irmet dinner all paired with wines. \$100 incl

Saturday 1/17

Fesival Finale: Grand Tasting Postcard Inn at Holiday Isle noon to 4pm

A multi-sensory experience. Fine cuisine and





Art Box Artist of the Month: Amy Oates

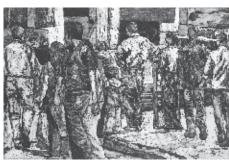
After growing up in Key Largo, Amy Oates slowly made her way west to study art at Baylor University and then north to Seattle, where she currently lives. She primarily works in painting, printmaking, and cut paper installation and has been an active part of Seattle's arts scene, participating in gallery exhibitions and temporary public commissions, curating multidisciplinary arts events, and investing back into youth through after-school art programs.

Amidst venturing far, Amy has not forgotten her roots. A visit back to Key Largo a few years ago rekindled a fascination with the beauty of the coral reefs. Amy

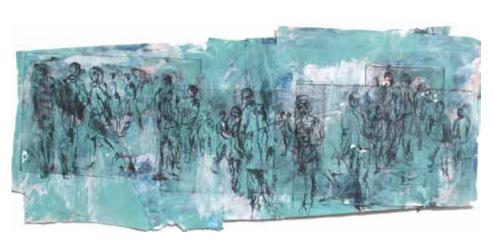
wished she could take coral away with her to look at continually, but she knew the ecosystem needed protection, not possession. Instead, she did the next best thing she began making visual studies of corals through copper etchings.

Amy foresees that this new direction in her work has only just begun and she's hopeful for the ways others may become more interested in conservation through close examination with the intricate beauty in coral. She is thrilled to be sharing a small number of these etchings in Key Largo at The Art Box for the month of January. Stop by and see her work!

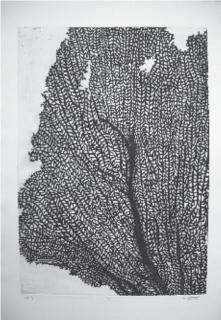


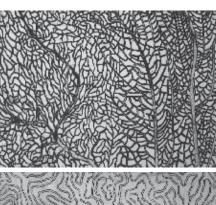


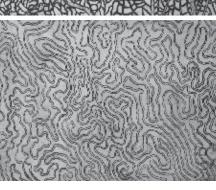










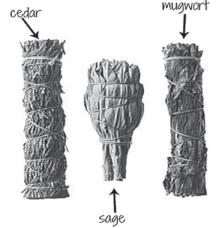


Smudging

I bought a house that had some negative energy from the previous tenants so every now and then i cleanse it with some white sage. Here are the directions.

Smudging is burning herbs, most commonly sage, to get rid of negative energy on yourself, your home or any space. Smudging can be useful when you're feeling depressed, angry, resentful, unwell, or after you have had an argument with someone, or if you have felt a negative presence in your home.

You would normally use a smudge stick to do this, you can make your own or buy them from most new age stores. The process of smudging is thousands of years old - it was used by Native Americans, In ancient Rome and Greece, and ancient Egypt as a way to cleanse a space from bad spirits and negative energy.



To smudge, light a smudge stick and let it catch fire. Extinguish the fire and let the smoke billow from the stick. Walk around your home letting the smoke get everywhere, in every room, in cupboards and small spaces. The smoke is not dangerous and will not harm you or your pets. Use a bowl to catch any ashes.

The Art Box

JON & JOANNA DREAVER

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Saturday & Sunday

Jan. 24-25

Sample the best seafood **Key Largo has to offer!**

Rowell's Marina Property

MM 104.5 Bayside, Key Largo

FIN RACES WITH THE GUYS FROM SCUBA NATION!

COOKING DEMONSTRATIONS SHRIMP EATING CONTEST ARTS & CRAFT VENDORS LITTLE MERMAID CONTEST

JUNKANOO BAND ON SATURDAY **CONCH FRITTER EATING CONTEST**

FISHING DEMOS

PIRATE CONTEST • KIDS ZONE PLAY AREA FACE PAINTERS • ZIP LINE

LIVE LOCAL MUSIC • KEY LIME PIE EATING CONTEST **MAGIC SHOWS • FIREWORKS ON SAT. NIGHT CAR SHOW ON SUNDAY**

PLEASE! NO PETS AND NO COOLERS!!

Admission: \$5 over 12. Under 12 free, includes sales tax.









www.keylargoseafoodfestival.com seafoodfest@fkrm.com · 305-451-4502

The year is 1906: 108 years ago.

What a difference a century makes! Here are some of the U.S. statistics for the year 1906:

The average life expectancy in the U.S. was 47 years. Only 14% of the homes in

the U.S. had a bathtub. Only 8% of homes had a telephone.

A 3-minute call from Denver to New York City cost eleven dollars.

There were only 8,000 cars in the U.S., and only 144 miles of paved roads.

The maximum speed limit in most cities was 10 mph.

Alabama, Mississippi, Iowa, and Tennessee were each more heavily populated than California. With a mere 1.4 million people, California was only the 21st most populous state in the Union.

The population of Las Vegas, Nevada, was only 30!

The American flag had 45 stars. Arizona, Oklahoma, New Mexico, Hawaii, and Alaska hadn't been admitted to the Union yet.

The tallest structure in the world was the Eiffel Tower!

The average wage in the U.S. was 22¢ per hour.

The average U.S. worker made between \$200 and \$400 from high school. per year.

A competent accountant could expect to earn \$2000 per year, a dentist \$2,500 per year, a veterinarian between \$1,500 and \$4,000 per year, and a mechanical engineer about \$5,000 per year.

More than 95% of births in the U.S. took place at home.

Ninety percent of all U.S. doctors had no college education! They attended so-called medical schools, many of which were condemned in the press and by the government as "substandard."

Sugar cost 4¢ a pound; eggs were 14¢ a dozen; coffee might be like in another 100 was 15¢ a pound.



1906 was the year of the great San Francisco earthquake.

Most women only washed their hair once a month, and used borax or egg yolks for shampoo.

Canada passed a law that prohibited poor people from entering into their country for any reason.

Five leading causes of death in the U.S. were: Pneumonia and influenza, Tuberculosis, diarrhea, heart disease, and stroke.

Crossword puzzles, canned beer, and ice tea hadn't been invented yet.

There was no Mother's Day or Father's Day.

Two out of every ten U.S. adults couldn't read or write.

Only 6 percent of all Americans had graduated

Marijuana, heroin, and morphine were all available over the counter at the local corner drugstore. Back then pharmacists said, "Heroin clears the complexion, gives buoyancy to the mind, regulates the stomach and bowels, and is, in fact, a perfect auardian of health."

Eighteen percent of households in the U.S. had at least one full-time servant or domestic help.

There were about 230 reported murders in the entire U.S.A.!

Try to imagine what it vears!

Hangover Helper

over, there is always something to celebrate in the Keys!

It was a great night, lively entertainment, a fast bartender, and good friends buying Red Hot shots. You don't remember the cab ride home or how you got to bed. All you know is that you woke up and your head is throbbing. Your mouth tastes like dead cat. Sweating, shaking and groaning you manage to drag yourself to the bathroom to pay homage to the porcelain god. You suffer, and swear you will never, ever, ever drink again. But just what can you do to alleviate this self inflicted agony?

Here are some things worth trying:

Nurse - If you are dating someone in the medical field you are probably already hooked up to an IV. If not:

Aspirin - take 2 and go back

Sleep - stay in bed all day or until the pain goes away

Coffee - by the time you can force it down you should on the road to recovery

Water - takes care of the dehydration problem

Hot or cold shower - gets rid of the smell

Fruit juice - replaces lost vitamins

Eggs - they contain cysteine, an amino acid, and your liver will thank you.

I woke up hungover to the sound of my neighbor mowing the lawn. I figured he'll just have to mow around me, I'm not moving.

Although the holidays are Take a walk - exercise and oxygen can't hurt

> Chocolate - it always makes me feel better

Hair of the dog - a Bloody Mary. Alcohol is a depressant. Having a drink will ease the symptoms and a Bloody Mary contains vitamins your body is craving. It is but a temporary fix though. If you're going to play, you've got to pay.

National Geographic had an interesting article about some of the strangest hangover cures from around the world. Perhaps they mean "cure" in a way that you'll never touch alcohol again if you're forced to take these the morning

Germany: Pickled Herring

Pickled or marinated herring is the main ingredient in a sour snack Germans call Rollmops. Considered an excellent way to ward off a bad hangover, they're made by wrapping fillets of the tiny white fish around bits of onion and gherkin. Rollmops can be a welcome part of what Germans call katerfrühstück, or the hangover breakfast.

Romania: Tripe Soup

Tripe - a.k.a .cow stomach - is the go-to ingredient for many Romanians suffering from a hangover. It's also a common "cure" in Mexico and Turkey, and no doubt many other countries as well. But in Romania. the edible offal is boiled in a greasy, salty soup of root vegetables, garlic vinegar, and cream.

Poland: Sour pickle juice

Polish hangover remedies are all about the sour. Some say that soured milk (which is unpasteurized and has been left at room temperature for a day or two) does the trick. Others favor sour - very sour - pickle juice, heavy on the vinegar.

For Coffee Drinkers:

You know you are addicted to coffee if...

You grind your coffee beans in your mouth.

You sleep with your eyes open.

You watch videos in fast-forward.

The only time you're standing still is during an earthquake.

You can take a picture of yourself from ten feet away without using

Your eyes stay open when you sneeze

You chew on other people's fingernails.

You're so jittery that people use your hands to blend their drinks.

You can type sixty words per minute with your feet.

You can jump-start your car without cables.

You don't sweat, you percolate.

You walk twenty miles on your treadmill before you realize it's not plugged in.

You've built a miniature city out of little plastic stirrers.

Instant coffee takes too long.

You have a picture of your coffee

You can outlast the Energizer

You short out motion detectors.

to boil anymore.

Your nervous twitch registers on the Richter scale.

You help your dog chase its tail.

You soak your dentures in coffee overnight.

Your first-aid kit contains two pints of coffee with an I.V. hookup.

You get a speeding ticket even when you're parked.

You answer the door before people knock.

You haven't blinked since the last lunar eclipse.

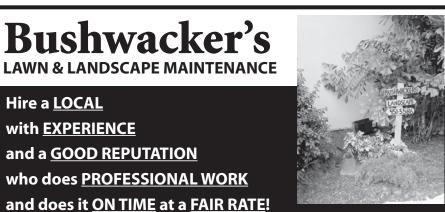
You channel surf faster without a

mug on your coffee mug.

You don't even wait for the water

You ski uphill.

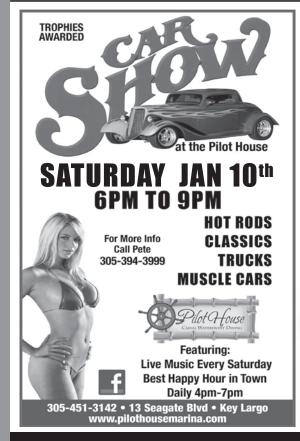




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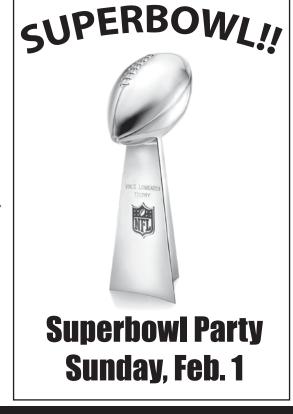






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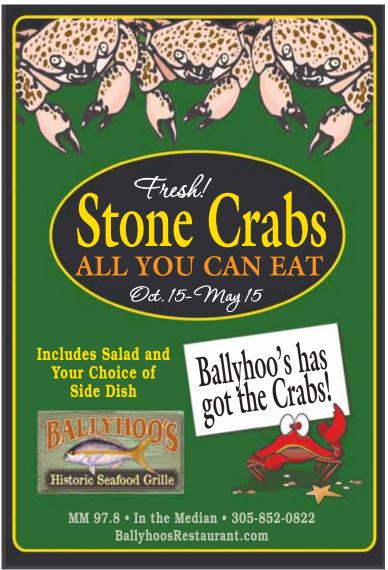
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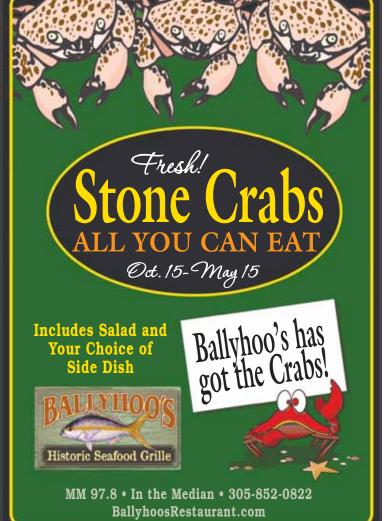


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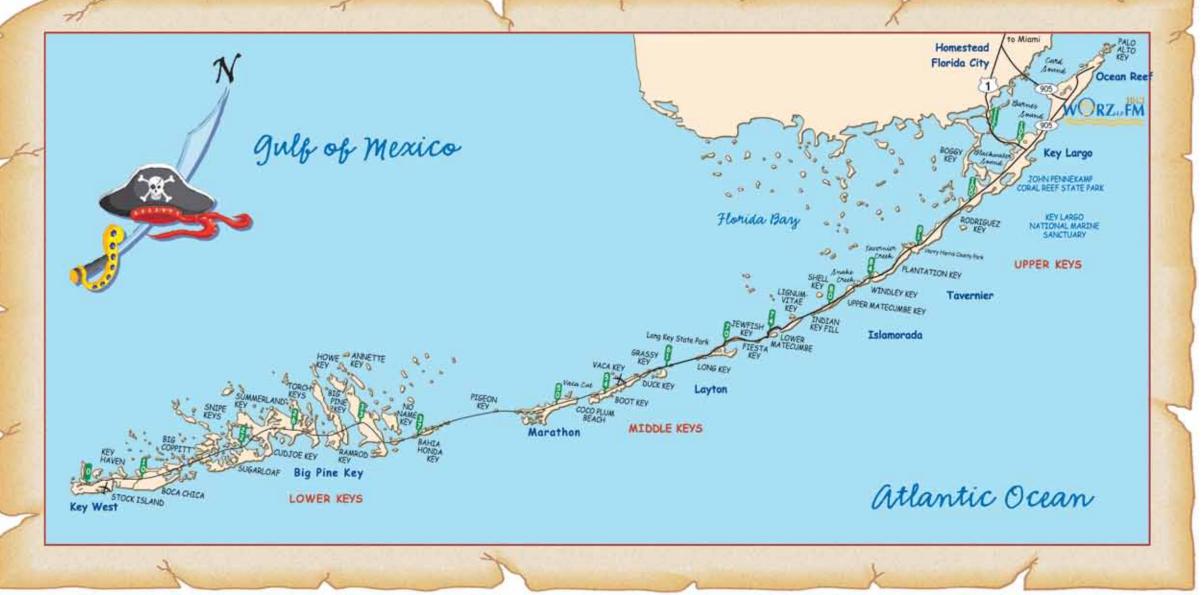
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The Mangrove Galley by Sandi Mieszczenski

Sandi's recipes are featured monthly in the Coconut Telegraph. For previous issues go to http://www.theconchtelegraph.com.



It is January and the holidays are behind us as we enter a new year. This time of the year is a good time to make soup. Soup is relatively easy to make, and there are so many variations. It just warms the body and soul. This is one of my favorites — if you are a fan of corn and bacon, you will love it. So enjoy!

Key Largo Island Market

CORN CHOWDER

8 (or more if desired) slices of bacon 1 medium yellow onion, diced

1 large baking potato, peeled and diced 1 pound bag of frozen corn, defrosted

3 tablespoons butter

1/3 cup flour

4 cups milk

1 teaspoon garlic powder

1 teaspoon salt

1/4 teaspoon pepper (preferably a white pepper)

1 tablespoon chopped tarragon (optional)

diced green onion for garnish

Sauté the bacon in a stockpot until crisp. Remove the bacon and drain on

Sauté the yellow onion in the bacon grease until soft, about 2 minutes. Remove the onion and discard any remaining bacon grease. Melt the butter in the same pot. Add the flour

and stir until slightly brown. Add the milk and whisk until smooth. Put in the potato, sauteed onion, and the bacon that has been crumbled. (Reserve some of the bacon for garnish.)

Add the corn, garlic powder, salt, and pepper. Cover the pot and simmer for 20 minutes, stirring occasionally. Place the tarragon in the soup and simmer for an additional 5 minutes. The thickness of the chowder may be adjusted with water to suit your taste.

Serve with the remaining crumbled bacon and green onion on the top.



The Domestic Abuse Shelter Key Largo Outreach Office could use your help.

The Pink Plaza Suite #235 -- mile marker 103 Bayside (103400 Overseas Highway, Suite 235, Key Largo, FL 33037)

Please come by and see us, and if you can, bring a donation: (305) 451-5666

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· Bath towels & wash cloths

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11am-7pm

TUE-FRI

9am-5pm



Domestic Abuse Shelter, Inc. Wish List

General Needs

- Paper towels & toilet paper
- Cleaning supplies & laundry detergent
- Gift certificates to drug (Kmart, CVS, Walgreens) & grocery stores (Albertson,
- Winn-Divie and Publix) in small denominations
- Tooth brushes & toothpaste • Hair brushes & combs
- Shampoo, conditioner.
- bath soaps
- Deodorant
- Nail files & clippers, razors

Personal Needs

- Cotton balls, Q-tips • Feminine hygiene products

- Women's panties & bras in assorted sizes, paiamas
- night shirts & socks
- · Blow drvers

· Gas cards

Children's Needs

- Books
- Art & school supplies
- Diapers & wipes
- · Baby bottles · Baby foods & juice

The Post

needs your

support!

- DVDs (age appropriate)
 - Kid oriented gift certificates (movies, food, fun stuff)
 - Children's underwear in assorted sizes & socks

The Domestic Abuse Shelter (DAS) is a non-profit organization, providing comprehensive services for individuals and far experiencing domestic and sexual abuse in the Florida Keys. Our mission is to reduce the incidence and minimize the impact domestic and sexual abuse in Monroe County by directing victims and abusers to appropriate, effective programs and service

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Jason Harrington has moved his family back to the Keys to help his father semi-retire. Jason has a degree in electronics and over 15 years experience working on appliances. He graduated from ITT Technical Institute in Youngstown, Ohio and had been working in 451-5639.

Atlanta, GA as a technician prior to the move. He knows all the new technology!

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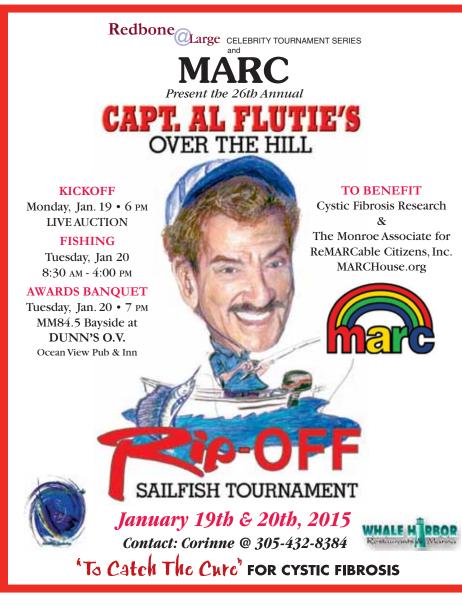
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The Key Players, Inc. Community Theater Group needs volunteers to work behind the scenes and audition for roles! Go to: www.thekeyplayers.org

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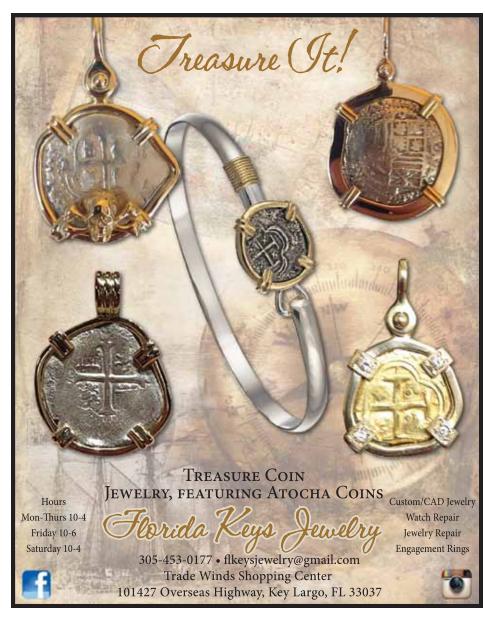
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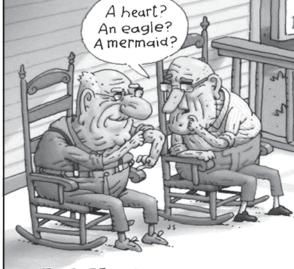
"I'm sorry," says the maître d', after scrutinizing the group, "but you can't come in here without a Thai." Thank you Thad Bowling!

Coco'Nut' Funnies



Five minutes into the meeting, I suddenly

realized I'd misread the sign!



In 2055, retirement village residents play a game of "Guess what the tattoo used to be!"



Interview with 101-vear-old Hattie Mae MacDonald of Feague, Kentucky:

Reporter: Can you give us some health tips for reaching the age of 101?

Hattie: For better digestion I drink beer. In the case of appetite loss I drink white wine. For low blood pressure I drink red wine. In the case of high blood pressure I drink scotch. And when I have a cold I drink Schnapps.

Reporter When do you drink water?

Hattie: I've never been that



ACYROLOGIA

An incorrect use of words - particulately replacing one word with another word that sounds similar but has a diffident meaning - possibly fuelled by a deep-seeded desire to sound more educated, witch results in an attempt to pawn off an incorrect word in place of a correct one. In academia, such flaunting of common social morays is seen as almost sorted and might result in the offender becoming a piranha, in the Monday world, after all is set and done, such a miner era will often leave normal people unphased. This is just as well sense people of that elk are unlikely to tow the line irregardless of any attempt to better educate them. A small percentage, however, suffer from severe acyrologiaphobia, and it is their upmost desire to see English used properly. Exposure may cause them symptoms that may resemble post-dramatic stress disorder and, eventually, descend into whole-scale outrage as they go star-craving mad. Eventually, they will succumb to the stings and arrows of such a barrage,

> and suffer a complete metal breakdown, leaving them curled up in the feeble position.

WHEN YOU'RE ON HOUSE ARREST





DEAR FRIENDS.

WITH THE HOLIDAYS SO RECENT. I WOULD LIKE TO SHARE A PER-SONAL EXPERIENCE WITH EVERY-ONE ABOUT DRINKING AND DRIV-ING. AS YOU MAY KNOW SOME OF US HAVE BEEN KNOWN TO HAVE BRUSHES WITH THE AUTHORI-TIES FROM TIME TO TIME ON THE WAY HOME AFTER A "SOCIAL SESSION" OUT WITH FRIENDS.

WELL LAST WEEK I WAS OUT FOR AN EVENING WITH FRIENDS AND HAD SEVERAL BEERS FOL-LOWED BY SOME RATHER NICE WHISKEYS. FEELING JOLLY. I STILL HAD THE SENSE TO KNOW THAT I MAY HAVE BEEN BE SLIGHTLY OVER THE LIMIT. THAT'S WHEN I DID SOMETHING THAT I'VE NEVER DONE BEFORE - I TOOK A TAXI HOME.

SURE ENOUGH ON THE WAY HOME THERE WAS A POLICE ROAD BLOCK, BUT SINCE IT WAS A TAXI THEY WAVED IT PAST. I ARRIVED HOME SAFELY. THIS WAS A REAL SURPRISE, AS I HAD NEVER DRIVEN A TAXI BE-FORE, I DON'T KNOW WHERE I GOT IT AND NOW THAT IT'S IN MY GARAGE, I DON'T KNOW WHAT TO DO WITH IT.



A man walks into a bar and notices his friend sitting alone, staring at a tiny man on the table playing the piano.

"Wow, look how small he is! What's the deal with that?" says the man.

'Oh, well there's this genie around the back of the bar, and he grants you whatever wish you want."

Sure enough, the man goes around to the back of the bar, and there sits a genie.

"You grant wishes, right?"

"Yes," replies the genie.

"Hmm, I'd like a million bucks."

Suddenly, out of nowhere, a million ducks appear, and waddle behind the annoyed man as he goes back into the bar.

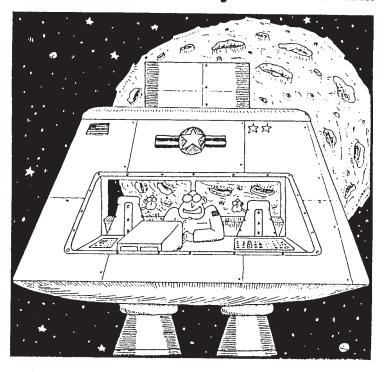
`Look, that genie gave me ducks instead of bucks!" he angrily declares.

His friend sitting at the table replies, "Well, yeah. Do you seriously think that I asked for a twelve-inch pianist?"

Thank you Thad Bowling!

Left **Field**

by J.S. McKinna



"Program the asteroid-avoidance system? Are you kidding? Just when I'm about to rescue Princess Goldenhair from the Deathwarlock?..."

JOHN McKINNA is a local musician, a best-selling author, and a published, syndicated cartoonist. We feature his cartoons every month in the Coconut Telegraph!

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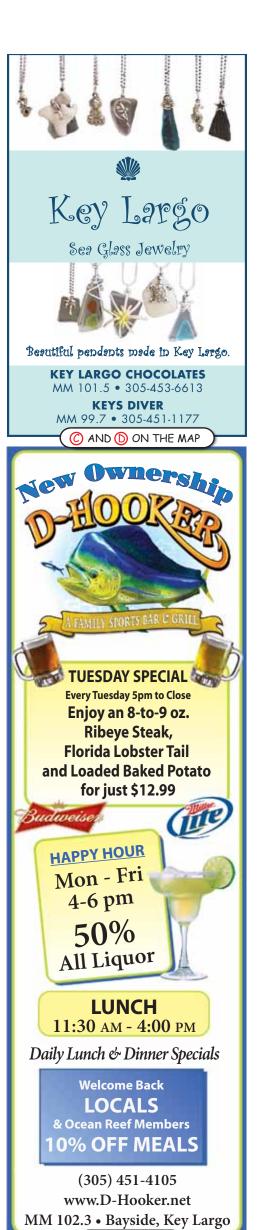
(H) ON THE MAP











(E) ON THE MAP

Disarming the Know-It-All A Chance to Contribute

People who are know-it-alls are simply stuck in a pattern and may actually have feelings of low self worth.

Most of us have encountered a person in our lives who can accurately be referred to as a know-it-all. This person seems to know everything about anything that gets brought up and tends to dominate the conversation. They don't take well to being questioned. and they have a hard time ever admitting that they were wrong.

Being around a know-it-all is inevitably tiring because there is no shared energy between the two of you. Rather, you become an audience member to this person's need to be the center of attention. Attention and respect are probably the two things this person most longs for, and at some point in their lives. they learned that knowing it all was the way to get

those needs met.

Over time, they

in this pattern,

have become stuck

regardless of the

fact that it is no

longer working.

On the other hand, we may be feeling drained and tempted to avoid this person altogether. In the middle of these two possible ways of feeling, we may actually like this person and wish for a closer relationship. If we come from a place of kindness, we might attempt to bridge the gap that this person's habitual way of relating creates. Simply

They may feel afraid of the

being receptive, or learning

something new, because it's

On the one hand, when we

underneath the know-it-all's

mask of confidence, we feel

compassion for the person,

and we may tolerate their

one-sided approach to con-

versation out of a desire

not to hurt their feelings.

see the childlike need

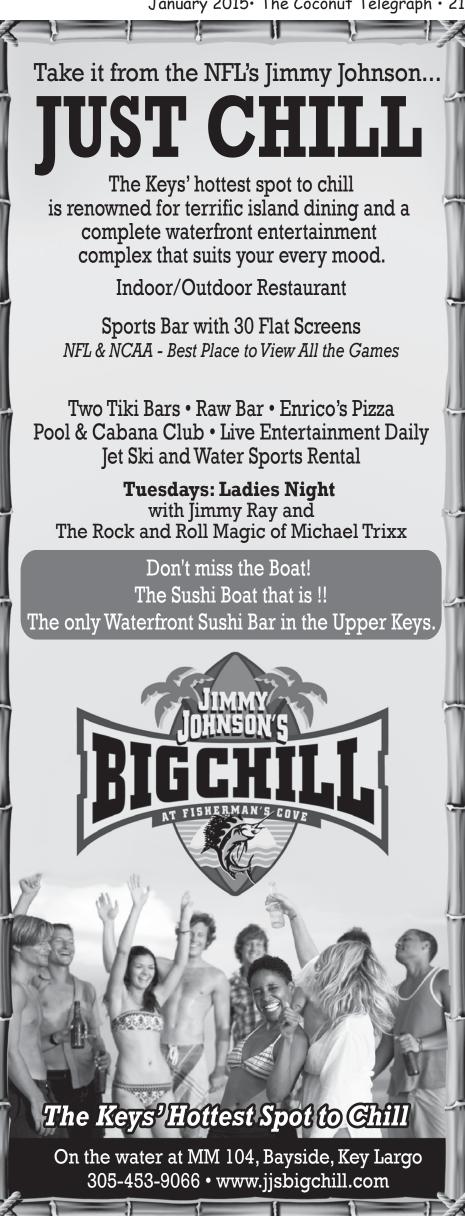
experience of listening.

so unfamiliar.

expressing a desire to be closer may open 1) their heart, and give you a chance to ask for what you need in the relationship—a chance to contribute.

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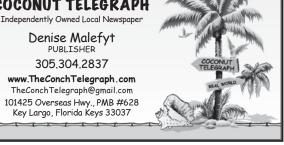
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Conch Characters -



Captain Rob Mitchell on the Island Time.



Solar power everything! Stop by behind Key Largo Dollar Tree, weekends.



Keys Adventure Watersports features a romantic sunset cruise.



Kim Bankston formerly of the Platters at the Pilot House. Photo Kimberley Etheredge.



The Upper Keys Mac User Group had a dignity-free Ualv Sweater contest, Karen Beal, John Hammerstrom, Lindi Mallison, Dave Adamusko, Mary Anne Roper, Joanne Thomas & Sue Beal. Photo by Video Dave.



State commander visits Key Largo American Legion



These men saved the American Legion Post 333, keeing the doors open for our veterans in need. L-R: Rocco LaPace, Jack King, Ron Cole, Glenn Hoover and Woody Woodard. Thank you, guys!



Dave and Marilyn enjoying the show at Sharkey's.



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At Keys Kritters' PETS & PINA COLADAS Tyson (Emilie Stewart),



Michael Trixx and friends. Michael entertains Saturdays in January at 7:45 pm, at Gilberts Resort, always an amazing show! Photo by Ron LeBrun.



Totally lovable bartender DJ is now at the Pilot House and Gilbert's Resort.



Best cheese in the Keys! Amish Cheese behind Key Largo Dollar Tree, weekends.



Art on the Beach at Island Time Cruise Holiday Boat Parade Party



Your old jewelry could be worth cash at Coral Financial Jewelry and Pawn



Elks Lodge Children's Christmas Party - with Santa (Elk Garry Dowden), are Sabrina Rodriguez and Santa's helpers from CSHS. Joseph Meachan and Sydney Seeley



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Plus live entertainment from 5-9 pm.

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	LIVE ENTERTAINMENT - JANUARY 2015									
	Sun	Mon	Tue	Wed	Thu	Fri	Sat			
			1 SCOTTY MEYER 12-4 LADIES NIGHT! 6-9PM MOJO SCOUNDREL 6-10	2 BOBBE BROWN 1-5 GF MATERIAL 7-11 (New from Palm Beach)	3 SCOTTY MEYER 1-5 Michael Trixx 8pm SHANE DUNCAN BAND 7-11 (STAFF FAVORITE)					
	4 PUSH 1-6	5 DALTON COLLINS 12-3 ITB BEACH PARTY 1-6pm	6 VEAL PARM NIGHT! \$9.99 BOBBE BROWN 5-9	7 VEAL PARM NIGHT! \$9.99 KIM BANKSTON 5-9	8 LADIES NIGHT! 6-9PM ALEX KATES 5-9 (New from Jamestown, NY)	9 BOBBE BROWN 1-5 THE DROPOUTS 7-11	10 SCOTTY MEYER 1-5 Michael Trixx 8pm CAT DADDIES 7-11			
	STALKING MILDRED 1-6	12 DALTON COLLINS 12-3 ITB BEACH PARTY 1-6pm	VEAL PARM NIGHT! \$9.99 BOBBE BROWN 5-9	VEAL PARM NIGHT! \$9.99 KIM BANKSTON 5-9	15 LADIES NIGHT! 6-9PM JONATHAN WILLIAMS 5-9 (New from Key West)	16 BOBBE BROWN 1-5 SLEJJ 7-11 (New from Broward)	17 SCOTTY MEYER 1-5 Michael Trixx 8pm ICONIC WOMEN OF ROCK 7-11 (New from Broward)			
	MR NICE GUY 1-6 (STAFF FAVORITE)	19 DALTON COLLINS 12-3 ITB BEACH PARTY 1-6pm	VEAL PARM NIGHT! \$9.99 BOBBE BROWN 5-9	VEAL PARM NIGHT! \$9.99 KIM BANKSTON 5-9	22 LADIES NIGHT! 6-9PM MATHIAS 5-9	1-5	24 SCOTTY MEYER 1-5 Michael Trixx 8pm PANIC DISORDER 7-11			
•	THE REGS 1-6	26 DALTON COLLINS 12-3 ITB BEACH PARTY 1-6pm	VEAL PARM NIGHT! \$9.99 BOBBE BROWN 5-9	VEAL PARM NIGHT! \$9.99 KIM BANKSTON 5-9	29 LADIES NIGHT! 6-9PM HARRY & ALBERT 5-9	30 BOBBE BROWN 1-5 REGGAE NIGHT WITH BAGA TRICKS 7-11	31 SCOTTY MEYER 1-5 Michael Trixx 8pm SOULICIDE 7-11			

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