

The year is 1906: 108 years ago.

What a difference a century makes!  
Here are some of the U.S. statistics for the year 1906:

The average life expectancy in the U.S. was 47 years. Only 14% of the homes in the U.S. had a bathtub. Only 8% of homes had a telephone. A 3-minute call from Denver to New York City cost eleven dollars.

There were only 8,000 cars in the U.S., and only 144 miles of paved roads.

The maximum speed limit in most cities was 10 mph. Alabama, Mississippi, Iowa, and Tennessee were each more heavily populated than California. With a mere 1.4 million people, California was only the 21st most populous state in the Union.

The population of Las Vegas, Nevada, was only 30! The American flag had 45 stars. Arizona, Oklahoma, New Mexico, Hawaii, and Alaska hadn't been admitted to the Union yet.

The tallest structure in the world was the Eiffel Tower! The average wage in the U.S. was 22¢ per hour.

The average U.S. worker made between \$200 and \$400 per year .

A competent accountant could expect to earn \$2000 per year, a dentist \$2,500 per year, a veterinarian between \$1,500 and \$4,000 per year, and a mechanical engineer about \$5,000 per year.

More than 95% of births in the U.S. took place at home.

Ninety percent of all U.S. doctors had no college education! They attended so-called medical schools, many of which were condemned in the press and by the government as "substandard."

Sugar cost 4¢ a pound; eggs were 14¢ a dozen; coffee was 15¢ a pound.



1906 was the year of the great San Francisco earthquake.

Most women only washed their hair once a month, and used borax or egg yolks for shampoo. Canada passed a law that prohibited poor people from entering into their country for any reason.

Five leading causes of death in the U.S. were: Pneumonia and influenza, Tuberculosis, diarrhea, heart disease, and stroke.

Crossword puzzles, canned beer, and ice tea hadn't been invented yet.

There was no Mother's Day or Father's Day.

Two out of every ten U.S. adults couldn't read or write. Only 6 percent of all Americans had graduated from high school.

Marijuana, heroin, and morphine were all available over the counter at the local corner drugstore. Back then pharmacists said, "Heroin clears the complexion, gives buoyancy to the mind, regulates the stomach and bowels, and is, in fact, a perfect guardian of health."

Eighteen percent of households in the U.S. had at least one full-time servant or domestic help.

There were about 230 reported murders in the entire U.S.A. !

Try to imagine what it might be like in another 100 years!

Hangover Helper

Although the holidays are over, there is always something to celebrate in the Keys!

It was a great night , lively entertainment, a fast bartender, and good friends buying Red Hot shots. You don't remember the cab ride home or how you got to bed. All you know is that you woke up and your head is throbbing. Your mouth tastes like dead cat. Sweating, shaking and groaning you manage to drag yourself to the bathroom to pay homage to the porcelain god. You suffer, and swear you will never, ever, ever drink again. But just what can you do to alleviate this self inflicted agony?

Here are some things worth trying:

**Nurse** - If you are dating someone in the medical field you are probably already hooked up to an IV. If not:

**Aspirin** - take 2 and go back to bed

**Sleep** - stay in bed all day or until the pain goes away

**Coffee** - by the time you can force it down you should on the road to recovery

**Water** - takes care of the dehydration problem

**Hot or cold shower** - gets rid of the smell

**Fruit juice** - replaces lost vitamins

**Eggs** - they contain cysteine, an amino acid, and your liver will thank you.

I woke up hungover to the sound of my neighbor mowing the lawn. I figured he'll just have to mow around me, I'm not moving.

**Take a walk** - exercise and oxygen can't hurt

**Chocolate** - it always makes me feel better

**Hair of the dog** - a Bloody Mary. Alcohol is a depressant. Having a drink will ease the symptoms and a Bloody Mary contains vitamins your body is craving. It is but a temporary fix though. If you're going to play, you've got to pay.

National Geographic had an interesting article about some of the strangest hangover cures from around the world. Perhaps they mean "cure" in a way that you'll never touch alcohol again if you're forced to take these the morning after:

**Germany: Pickled Herring**

Pickled or marinated herring is the main ingredient in a sour snack Germans call Rollmops. Considered an excellent way to ward off a bad hangover, they're made by wrapping fillets of the tiny white fish around bits of onion and gherkin. Rollmops can be a welcome part of what Germans call katerfrühstück, or the hangover breakfast.

**Romania: Tripe Soup**

Tripe - a.k.a .cow stomach - is the go-to ingredient for many Romanians suffering from a hangover. It's also a common "cure" in Mexico and Turkey, and no doubt many other countries as well. But in Romania, the edible offal is boiled in a greasy, salty soup of root vegetables, garlic vinegar, and cream.

**Poland: Sour pickle juice**

Polish hangover remedies are all about the sour. Some say that soured milk (which is unpasteurized and has been left at room temperature for a day or two) does the trick. Others favor sour - very sour - pickle juice, heavy on the vinegar.

For Coffee Drinkers:  
You know you are addicted to coffee if...

You grind your coffee beans in your mouth.

You sleep with your eyes open.

You watch videos in fast-forward.

The only time you're standing still is during an earthquake.

You can take a picture of yourself from ten feet away without using the timer..

Your eyes stay open when you sneeze.

You chew on other people's fingernails.

You're so jittery that people use your hands to blend their drinks.

You can type sixty words per minute with your feet.

You can jump-start your car without cables.

You don't sweat, you percolate.

You walk twenty miles on your treadmill before you realize it's not plugged in.

You've built a miniature city out of little plastic stirrers.

Instant coffee takes too long.

You channel surf faster without a remote.

You have a picture of your coffee mug on your coffee mug.

You can outlast the Energizer bunny.

You short out motion detectors.

You don't even wait for the water to boil anymore.

Your nervous twitch registers on the Richter scale.

You help your dog chase its tail.

You soak your dentures in coffee overnight.

Your first-aid kit contains two pints of coffee with an I.V. hookup.

You ski uphill.

You get a speeding ticket even when you're parked.

You answer the door before people knock.

You haven't blinked since the last lunar eclipse.

FOUND IT ON FACEBOOK!

Aerial map of Key Largo showing the Pilot House.

## Bushwacker's

LAWN & LANDSCAPE MAINTENANCE

Hire a **LOCAL** with **EXPERIENCE** and a **GOOD REPUTATION** who does **PROFESSIONAL WORK** and does it **ON TIME** at a **FAIR RATE!**

- Maintenance
- Tree Work
- Installations
- Hardscape

Key Largo to Lower Matecumbe

**305-451-5586**

## Best Happy Hour in the Keys!

4-7 Daily

TROPHIES AWARDED

# CAR SHOW

at the Pilot House

## SATURDAY JAN 10<sup>th</sup>

### 6PM TO 9PM

For More Info Call Pete 305-394-3999

**HOT RODS CLASSICS TRUCKS MUSCLE CARS**

Featuring:  
Live Music Every Saturday  
Best Happy Hour in Town  
Daily 4pm-7pm

305-451-3142 • 13 Seagate Blvd • Key Largo  
www.pilothousemarina.com

## PILOT HOUSE

Home Port for Locals™ since 1950

Check out our Local's Loyalty Program:

**Get your Pilot's License today!**

# SUPERBOWL!!

## Superbowl Party

### Sunday, Feb. 1

13 Seagate Blvd., Key Largo, MM 99.6, 305-451-3142

www.pilothousemarina.com fb.com/pilothousekeylargo