

The Mangrove Galley

by Sandi Mieszczenski

Sandi's recipes are featured monthly in the Coconut Telegraph. For previous issues go to <http://www.theconchtelegraph.com>.



It is January and the holidays are behind us as we enter a new year. This time of the year is a good time to make soup. Soup is relatively easy to make, and there are so many variations. It just warms the body and soul. This is one of my favorites — if you are a fan of corn and bacon, you will love it. So enjoy!

CORN CHOWDER

- 8 (or more if desired) slices of bacon

1 medium yellow onion, diced

1 large baking potato, peeled and diced

1 pound bag of frozen corn, defrosted

3 tablespoons butter

1/3 cup flour

4 cups milk
- 1 teaspoon garlic powder

1 teaspoon salt

1/4 teaspoon pepper (preferably a white pepper)

1 tablespoon chopped tarragon (optional)

diced green onion for garnish

Sauté the bacon in a stockpot until crisp. Remove the bacon and drain on paper towels.

Sauté the yellow onion in the bacon grease until soft, about 2 minutes. Remove the onion and discard any remaining bacon grease. Melt the butter in the same pot. Add the flour and stir until slightly brown. Add the milk and whisk until smooth. Put in the potato, sauteed onion, and the bacon that has been crumbled. (Reserve some of the bacon for garnish.)

Add the corn, garlic powder, salt, and pepper. Cover the pot and simmer for 20 minutes, stirring occasionally. Place the tarragon in the soup and simmer for an additional 5 minutes. The thickness of the chowder may be adjusted with water to suit your taste.

Serve with the remaining crumbled bacon and green onion on the top.

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