

The Conch Republic

COCONUT TELEGRAPH



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THE COCONUT TELEGRAPH IS PROUD TO BE THE OFFICIAL NEWSPAPER OF THE NORTHERNMOST TERRITORIES OF THE CONCH REPUBLIC

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Attractions

Beaches in the Keys
Benefit for Capt. Dennis Gobin

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All the Buzz

Coco-Nut Funnies
Mangrove Galley
Conch Characters
Business in the Keys
Sounds of the Keys



Summer's the time to hit the beaches in the Keys. From Key Largo to Key West, there are plenty of places to get sand in your flip flops. See page 16 for more information.

BLUESFEST

June
Highlight

ON THE BEACH • MM 99.5 BAYSIDE
KEY LARGO • 305-451-3380

Live Music • Happy Hour • Sunset

**World class entertainers, in Key Largo on the beach.
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Coming... Saturday, June 20th • 7pm



"Take two pints Springsteen, one pint John Mellencamp, add a heaping spoonful of Beatles, a pinch of Stones, a sprinkle of Rod Stewart, a dash of Bruno Mars, beat well, bring to a boil, simmer. That's the recipe for The Livesays."

Look for ad inside or check the calendar at keylargo-baysidegrill.com for all of our live music on the beach.

Tim Murphy • Cuqui Berrios • Billy Livesay • Eddie Zyne • Jorge Laplume

Coconut Telegraph

June 2015

Volume 9 Issue #100

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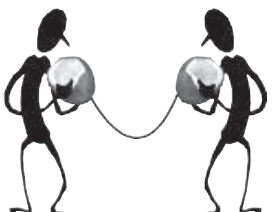
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For comments please visit The Conch Telegraph on Facebook.

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to be consistent and keep your company name constantly in the public eye.

Remember when you were in grade school and got a multiplication problem wrong or, God forbid, a misspelled word or grammatical error? The teacher made you write it 100 times. That is repetition and it impacts your memory.

It's the same principle with advertising. You must see an ad on a consistent basis for it to "sink in."

Please Note:
The Email Address for the Coconut Telegraph: theconchtelegraph@gmail.com

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Florida Keys Quilters: Quilting for Charity

Recently, 5 members of the Florida Keys Quilters donated quilts to the over 50 residents of the Plantation Key Convalescent Home.

The organization provides hand made quilts to 9 different charities, providing the fabric, batting, skill and fun of making a quilt for charity. So many people have great memories of their grandmother's quilts or a favorite childhood blanket, our quilt give away reminds them of those happy times.

The Florida Keys Quilters have 94 members who enjoy classes, charities and quilt shows. Anyone interested in learning to quilt or enjoying company while quilting can join them; they meet every Friday starting at 10am at the Key Largo Library for "Sit & Sew."



Martha Otto-Fitvdam of VNA/Hospice of the Florida Keys is seen here receiving quilts hand made by the members of the Florida Keys Quilters. Each quilt has a card stating "One who is sleeping under a quilt is sleeping under love."

Editorial: Celebrating the 100th Issue of the Coconut Telegraph!

Thank you to our loyal advertisers! All intelligent and successful businesspeople know they must advertise. We would not be here today without having an affordable newspaper that is around all month. For less than the price of one week in the weekly papers here, you get 4 weeks circulation from Homestead, to Ocean Reef to Islamorada. And free online issues at www.theconchtelegraph.com worldwide. Free archives too.

Here's an article on memory loss and advertising we ran a 5 years ago. It bears repeating.

Patient - "Doctor, I can't remember anything! I forgot what happened yesterday. I forgot what my car looks like. I can't even remember my own name."

Doctor - "How long have you had this problem?"

Patient - "What problem?"

As we get older, we start to forget things...



Forget important dates?

Look everywhere for your eye glasses when they are on top of your head?

Its called the "tip-of-the-tongue" phenomenon. One part of your brain stores half the information such as the meaning of a word or the image in one section and the actual word or name in the other side.

For reasons such as stress or information overflow your brain gets congested and the communication does not go through. Losing your train of thought is very similar. You are thinking too many things at once. The brain cannot compute and asks for a time out. Thus is the case of memory loss. It happens to all of us.

Here are the facts about memory and advertising:

(1) As we age our memory declines. Older people have more disposable income than young people. Older people eat out a lot, they shop, travel and read newspapers. When people read offline they tend to have longer attention spans. Internet reading is useful for gathering quick info but people tend to pay more attention to what they read in print.

(2) People forget what isn't in front of them. If you cancel an ad during a slow period, you will lose your momentum. It's like starting from scratch. It is better

continued on page 3

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MM 100.2 Oceanside • Key Largo

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7 am - 10 pm Daily

Local Seafood

Vegetarian Entrees

Cook Your Catch

Pet Friendly

Childrens Menu

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Award Winning Food & Coffee

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A New Crop of Idiots

I am a medical student currently doing a rotation in toxicology at the poison control center.

Today, a woman called in, very upset because she caught her little daughter eating ants.

I quickly reassured her that the ants are not harmful and there would be no need to bring her daughter into the hospital.

She calmed down and at the end of the conversation happened to mention that she gave her daughter some ant poison to eat in order to kill the ants.

I told her that she'd better bring her daughter into the emergency room right away.

~~~~~

Early this year, some Boeing employees on the airfield decided to steal a life raft from one of the 747s. They were successful in getting it out of the plane and home. Shortly after they took it for a float on the river, they noticed a Coast Guard helicopter coming toward them.

It turned out that the chopper was homing in on the emergency locator beacon that activated when the raft was inflated.

They are no longer employed at Boeing.

~~~~~

A man, wanting to rob a downtown Bank of America walked into the bank and wrote this, "Put all your munny in this bag." While standing in line, waiting to give his note to the teller, he began to worry that someone had seen him write the note and might call the police before he reached the teller's window.

So he left the Bank of America and crossed the street to theWells Fargo Bank. After waiting a few minutes in line, he handed his note to the Wells Fargo teller.

She read it and, surmising from his spelling errors that he wasn't the brightest light in the harbor, told him that she could not accept his stickup note because it was written on a Bank of America deposit slip and that he would either have to fill out a Wells Fargo deposit slip or go back to Bank of America .

Looking somewhat defeated, the man said, "OK" and left.

He was arrested a few minutes later, as he was waiting in line back at Bank of America .

~~~~~

A motorist was caught in an automated speed trap that measured his speed using radar and photographed his car.

He later received in the mail a ticket for \$40 and a photo of his car. Instead of payment, he sent the police department a photograph of \$40.

~~~~~

Several days later, he received a letter from the police that contained another picture, this time of handcuffs .

~~~~~

He quickly mailed in his \$40.

~~~~~

A guy walked into a little corner store with a shotgun and demanded all of the cash from the cash drawer.

~~~~~

After the cashier put the cash in a bag, the robber saw a bottle of Scotch that he wanted behind the counter on the shelf.

~~~~~

He told the cashier to put it in the bag as well, but the cashier refused and said, "Because I don't believe you are over 21."

~~~~~

The robber said he was, but the clerk still refused to give it to him because she didn't believe him.

~~~~~

At this point, the robber took his driver's license out of his wallet and gave it to the clerk.

~~~~~

The clerk looked it over and agreed that the man was in fact over 21 and he put the Scotch in the bag.

~~~~~

The robber then ran from the store with his loot.

~~~~~

The cashier promptly called the police and gave the name and address of the robber that he got from the license. They arrested the robber two hours later.

~~~~~

A pair of Michigan robbers entered a record shop nervously waving revolvers.

~~~~~

The first one shouted, "Nobody move!" When his partner moved, the startled first bandit shot him.

~~~~~

~~~~~

Arkansas: Seems this guy wanted some beer pretty badly. He decided that he'd just throw a cinder block through a liquor store window, grab some booze, and run.

~~~~~

So he lifted the cinder block and heaved it over his head at the window. The cinder block bounced back knocking him unconscious.

~~~~~

It seems the liquor store window was made of Plexi-glass.The whole event was caught on videotape.

~~~~~

I live in a semi-rural area. We recently had a new neighbor call the local township administrative office to request the removal of the Deer Crossing sign on our road.

~~~~~

The reason: "Too many deer are being hit by cars out here! I don't think this is a good place for them to be crossing anymore.";

~~~~~

~~~~~

Stay alert, they walk among us!

~~~~~

(Special thnaks to Trader Dick)

Bayside Blues Concerts

Concert Showtime: 6:30pm

SATURDAY
June 6: Todd Sharpville
British songwriter, singer and guitarist bordering on genius blends pop sensibilities with strong blues feeling —unique and impressive! Won "Best UK Guitarist" award in 1995 (beating fellow nominees Eric Clapton and Gary Moore).

SATURDAY
June 13: JP Soars & The Red Hots
Int'l Blues Challenge Winner/Albert King Guitarist of the Year! 2-string cigar box guitar!

SATURDAY
June 20: The Livesays
Pop/rock with soulful vocals, wailing guitars, screaming organ, piano & pounding drums.

SATURDAY
June 26: Lauren Mitchell Band
A mesmerizing and dynamic vocalist bringing blues and soul from Sarasota, Florida.

SATURDAY
July 4: Albert Castiglia
Song of the Year Award: *Bad Year Blues!*

SATURDAY
July 18: Joey Gilmore
Award winning, legendary blues artist played with James Brown, Etta James, Bobby Bland, & more. 2006 winner of the coveted award: The International BLUES Challenge.

**World class entertainers,
in Key Largo on the beach.**

305-451-3380

MM 99.5 Bayside, behind Cafe Largo

LOCALS' FAVORITE



Ship Wrecks

305-453-3153 45 Garden Cove Drive, Key Largo, MM 106

DAILY SPECIALS
Wednesday - Live Music 5:30 - 8:00
Friday - All You Can Eat Fish (*fried, grilled or blackened*)
Saturday - Prime Rib

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Every Day 4 to 6pm featuring... \$1 Drafts
Pitcher and Wings Special • Beef or Chicken Sliders

OPEN 11 AM to 10 PM EVERY DAY



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Locals Day

SUNDAY

FUNDAY

Come & Enjoy our way,
The Locals way with
good friends, great food,
plenty of drinks and
of course, *local live music!*



Our Day, Our Music, Our Way

FREE Pool Admission for Locals with Monroe County ID.

Local Food & Drink Specials,
Local Discounts & of course,
Live Local Music!!

Featuring
Stereo Underground
and DJ Joey Naples

(No coolers or outside food or beverage permitted.)

Jimmy Johnson's Big Chill brings
The **SUNDAY FUNDAY** tradition home,
every last Sunday of the month.



MM 104 Bayside • Key Largo • 305.453.9066 • www.jjsBigChill.com



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BIKINIS \$19.99
1ST QUALITY TEE SHIRTS \$5.99
MEN'S BOARD SHORTS \$9.99
SARONGS \$12
...AND MUCH MORE!

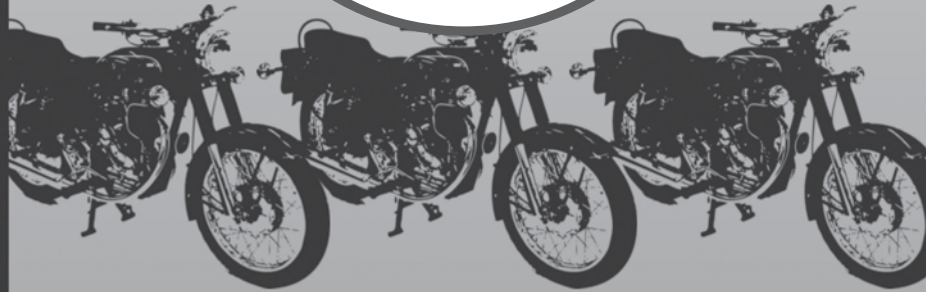


ALSO GET BEST PRICES FOR HOTELS AND WATERSPORTS. RIGHT NOW SAVE 60% ON HOTELS THROUGHOUT THE KEYS! STOP IN TODAY.

106240 OVERSEAS HWY., KEY LARGO

Key Largo Club House Post 333

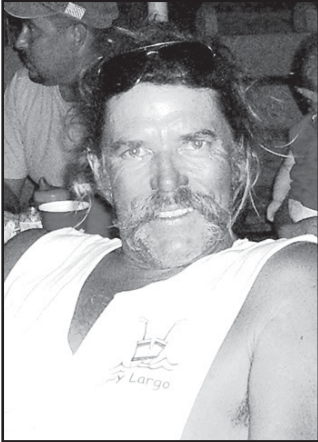





The Legion is now an official
American Legion Riders Canteen.
\$25 membership fee, join now.

2 Seagate Boulevard • MM 99.6
Key Largo • 305-451-0307

TWO SERIOUS ACCIDENTS...



Capt. Dennis Gobin was in a serious boating accident in May and was impaled in the leg by a mangrove. The boat's driver, Steve Reynolds, did not survive the accident. Captain Dennis is out of the hospital, recovering on his boat. A benefit is planned for him on Thursday, June 25th at Gilberts, see page 15.



Video Dave Kay suffered critical injuries on May 6th after the scooter he was driving struck the back side of a car. He was airlifted to Ryder Trauma Center at Jackson Memorial. They have put a plate in his broken leg. He has cracked ribs and sternum, broken wrist and arm, and many cuts and bruises. You can donate to help VD and his wife Vivian at www.gofundme.com/VideoDAVE/

Seriously, Dennis & Dave, get well!

Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home, stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.



Misty



Francine



Coffee



Molly



Rudy



Domino



Inky



Rocky



Nicole

May was a month of many tragic losses in the Upper Keys.

WE NOTE WITH SADNESS THE PASSING OF THESE FRIENDS.



Bob Reineman was one of the best back country guides ever to work in Islamorada. He guided Kenny McKenney to win the Islamorada Fall All-Tackle Fly Bonefish Tournament 3 years in a row, 1982-1984, and again in 1987. He is missed by anglers, family and friends.



Steve Reynolds enjoyed the Key Largo lifestyle, fishing and boating. He is missed by family and friends.



Walt Guggenheim was a well-loved local Key Largo character and Philadelphia Eagles fan. *Photo by Rachel Peine.*



Justin Minichino co-owner and Director of Operation at Amoray Dive Resort, pictured here singing... you guessed... "That's Amoray!"



Janet Woodward was Past President of the American Legion Ladies Auxiliary and wife of Commander Woody Woodward. Known to many and missed by all.

"I'm Free"

Don't grieve for me, for now I'm free
I'm following the path God laid for me.
I took his hand when I heard him call
I turned my back and left it all.

I could not stay another day,
To laugh to love, to work or play.
Tasks left undone must stay that way,
I found that peace at the close of day.

If my parting has left a void,
Then fill it with remembered joy.
A friendship shared, a laugh, a kiss,
Ah yes, these things I too will miss.

Be not burdened with times of sorrow,
I wish you the sunshine of tomorrow.
My life's been full, I've savored much,
Good friends, good times, a loved one's touch.

Perhaps my time seemed all too brief
Don't lengthen it now with undue grief
Lift up your heart and share with me
God wanted me now, He's set me free.

Author Unknown



Joel Prouty was a much-loved former bartender at the Caribbean Club, a mechanic, fisherman, window washer, husband, friend and father.

Bushwacker's

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453-5300



Art Box Artist of the Month: Gloria Avner

Gloria Avner is an artist and writer whose drawings, prints, and paintings have won acclaim in art shows from south Florida to coastal Maine. In Key Largo, her works can be seen at The Art Box, MM 101, Bayside. In Islamorada they are on display at Bitton's Bistro, MM 82, Oceanside. Gloria has been a member of the Art Guild of the Purple Isles for over 20



years, takes part in their annual show, and frequently donates work to charities for fund-raising events. Gloria has been influenced by her life-long travels, study, and interest in the art of indigenous people, which she showcased in her Arteffects Gallery at Pirate's Cove from 1979 until 2003. She has worked in artist studios in Mexico, explored lost wax bronze casting at Bellas Artes in



Much of Gloria Avner's work reflects people who have made an impression on her in her travels. Below is *Washerwoman at the Aids Orphanage in Wat Opat*.

San Miguel d'Allende, painted in Sri Lanka, Cambodia, and India, and studied at the John Campbell Folk School in North Carolina. Ms. Avner teaches painting, including batik technique, to people of all ages. Her work with the Island Christian School children at Morada Way this winter produced some outstanding artwork among first through sixth graders. Her goal is to build self-esteem

continued next page...



Dancers.



Avner's collage entitled *Roots* was selected to be in the 2016 Women Artists Datebook.



A few from Gloria's lighter side... *Mermaids Take a Break* and *hang their tales to dry*, *Sheep Knitting*, and *Blue Cow*.



These three musician studies show some of the work Gloria has been doing using her iPad to draw!



Gloria and her students show what can be learned in her Batik Class at The Art Box.

Art Box Artist ... continued

among her students while creating artwork -- and to instill a love of the creative process. The ancient technique of batik painting, using wax, ink, and watercolor on delicate rice paper, has been Ms. Avner's specialty for over a decade. The unique effects produced by layers of ever intensifying color, using wax as a resist to preserve light under-layers and then cracking the wax before removing it, are unlike those of any other kind of painting. There are always surprises. She has been teaching this technique successfully for years, most recently at The Art Box. Gloria's portraits hang in several collections and appeared as author portraits on the covers of two

recent books. Most recently, one of her paintings was selected for publication in the Syracuse Cultural Workers' 2016 Women Artists Datebook (pictured at the left). Ms. Avner's whimsical sense of humor comes through in her work. She also loves to paint people who impress her in her travels, like the young woman in the tiny village of Wat Opat. Recently, she has been creating drawings on an iPad, one more way to express her love of experimentation and diversity of creative play. For more information on commissions, classes and prices of originals and prints, call 305 619 0216. See more of her paintings at <http://fineartamerica.com/profiles/gloria-avner.html>

Sounds of the Keys



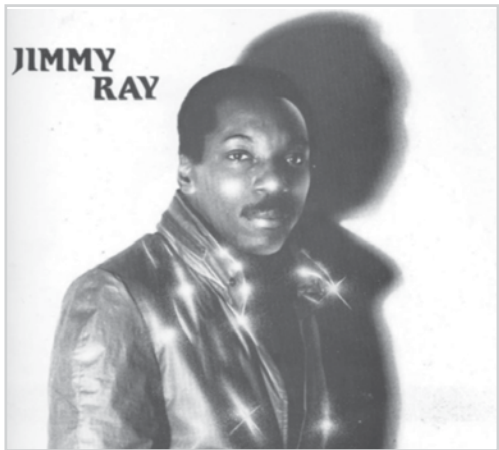
Scotty Migone playing his guitar on a table with a Corona. Photo by Rob LeBrun.



Selwyn Birchwood Band out of Tampa-St. Pete at Bayside.



The Scotty Meyer Band at Bayside on Memorial Day.



Jimmy Ray's at Big Chill on Wednesdays and Pilot House on Thursdays.



Mac Arnold and his Plateful of Blues at Bayside Grille.



The amazing, multi-talented John McKinna at the Pilot House.

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The Art Box

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FRAMING SUPPLIES • CANVAS STRETCHING

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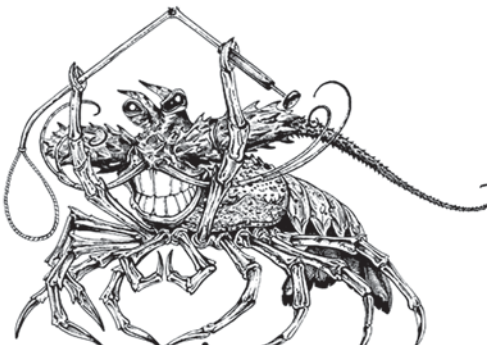
BOOBIES!



Don't forget to buy a Boobie drink at Gilberts and support Breast Cancer Research.

Best Happy Hour in the Keys! **4-7 Daily**






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Home Port for Locals™ since 1950

No trailer, No traffic, No hassle!
SMALL BOAT SUMMER SPECIAL!
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Stored in our brand new racks — no long term contract.
You enjoy the water — we do the work!
Limited number of small berths available.
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Father's Day
June 21

Better than a new tie anyday!

Food and Drink Specials
Live Entertainment
Happy Hour 4pm-7pm
Bring the Family!

13 Seagate Blvd., Key Largo, MM 99.6, 305-451-3142
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American Legion Post 333 - Key Largo

Monday Thru Friday:
LUNCH SPECIAL
Burger and Fries \$5


Support our Veterans... support your Post

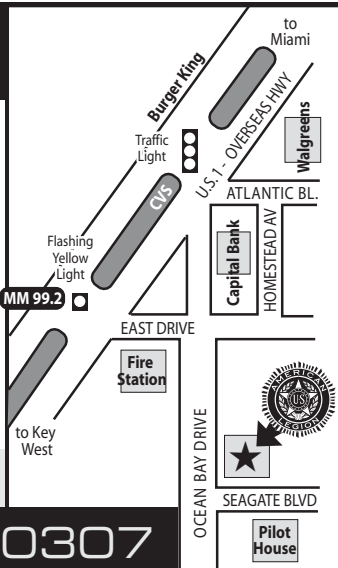
Happy Hour 4-7pm daily
Sunday Breakfast 8-11am **\$7** Bottomless coffee included

2 Seagate Boulevard • MM 99.6 • Key Largo • 305-451-0307

DINNER SPECIALS
Ask what we have today!

Join us!
June 14th, 2pm
Flag Disposal Ceremony with the Boy Scouts


American Legion Riders Canteen



Bartender of the Month: Elvez Sosa - Jimmy Johnson's Big Chill

Elvez Sosa moved from California to the Keys at eight years old. He got his first job washing dishes at the Calypso Restaurant and there he learned how to cook and serve tables. He was fast, courteous and smart, and quickly became very popular with the locals, snow birds and tourists because he is such a nice guy!

Everyone loves him, especially his beautiful wife Lourdes. They have three children, a boy and two girls ages 3, 7 and 8. On May 30, 2015, the weekend before this issue hits the street, the couple will have at long last fulfilled their marriage vows! So congratulations, Lourdes and Elvez!

For the last four and a half years, since Calypso's closed, Elvez has been a bartender at the Big Chill. He says he loves working there because they all work together as a team and it wouldn't be as good without that special



Elvez Sosa, two thumbs up at The Big Chill.

element. The team consists of Anna (who recently left), Danny, Freddy and Eleanor but the whole place is one big family.

The Big Chill features live entertainment every night of the week and on Tuesdays and Thursdays the fabulous Michael Trix entertains with his astounding magic show. Be sure to get there early for a good seat! Happy hour is Monday thru Friday from 4 to 7, and ladies drink free every Tuesday from 6 to 7. The happy hour food specials are the best deal in town. Where else can you get a perfect pizza for \$4?

When Elvez is not at the Big Chill or with his kids he is a Cross Fit Coach in Tavernier. He competes regularly and his goal is to become a professional. For this he trains 6 days a week, sometimes twice a day. Questioned about all that hard work, Elvez smiles and says "I am so blessed."



The largest Tiki Bar in the Keys!

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www.gilbertsresort.com

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Island Time



Key Largo

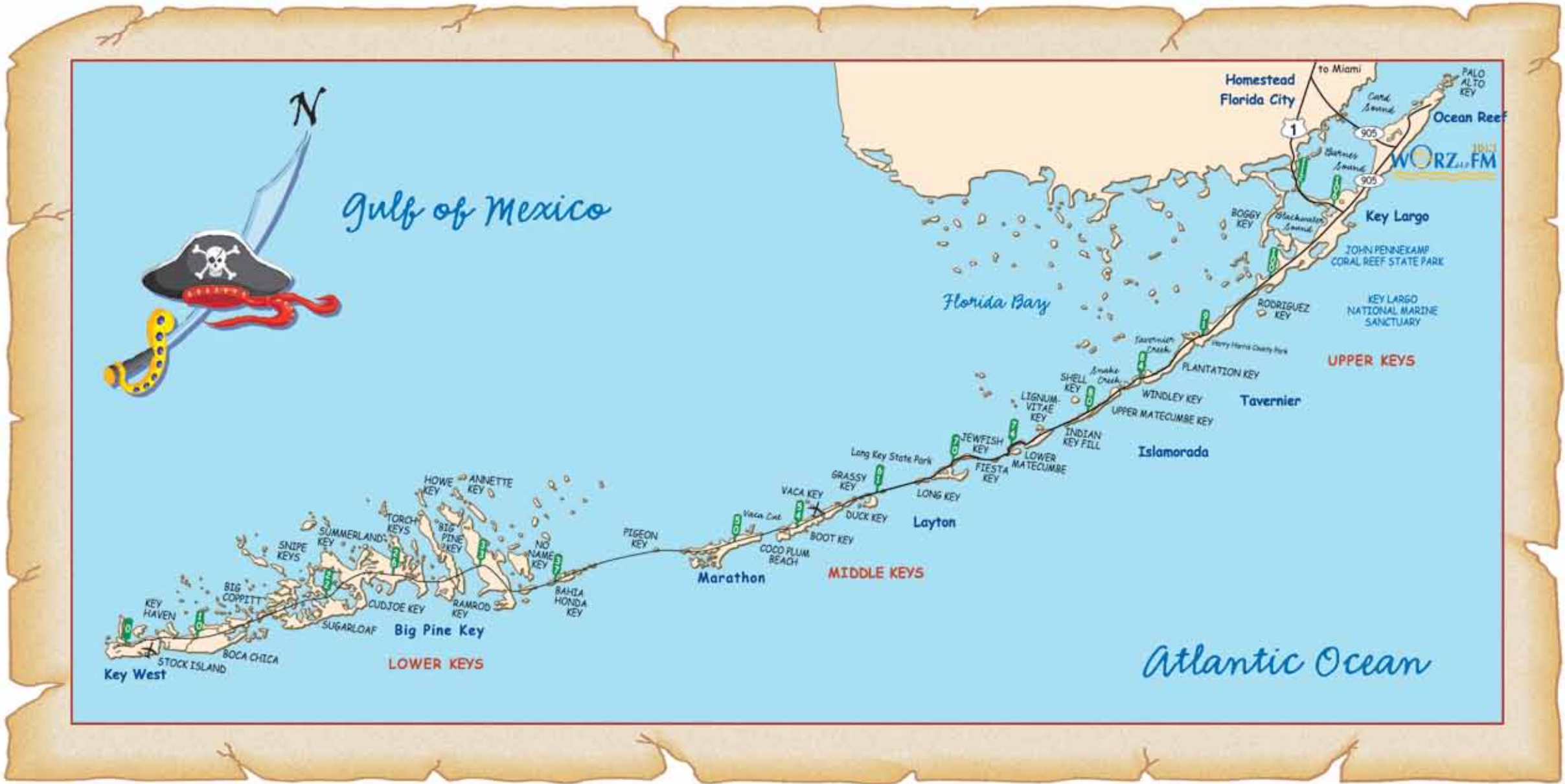
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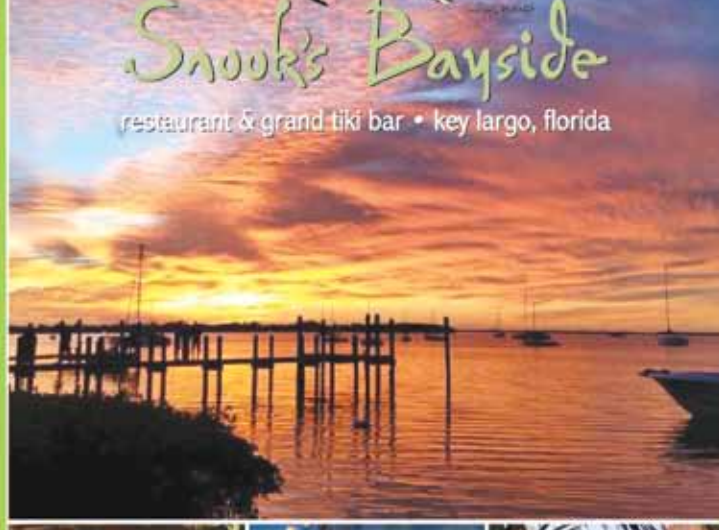


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Deb McCoy: SeaShoreSeeds

Deb McCoy survived an aneurism several years ago and never thought she would have another one, yet just over a year ago she did. She awoke to find a room full of strangers surrounding her bed, her family!

Slowly her memory came back and while she was recovering at her son's house, her three adult sons Randy, Jack and Kyle, got together and repaired and prepared her home for her return.

Deb was "determined to recover," she says, "there is too much to live for" and she couldn't wait to get back to working with plants.

For the past eight years she has been working at Silent Native Nursery in the Redlands where they sell plants native to South Florida and the Caribbean native plants. Deb found

that there was also a need for seedlings of native plants. She began collecting seeds from the yards of her friends and started growing seedlings in 60-cell pack trays. And so Sea-Shore Seeds was born in Key Largo.

Deb mostly sells wholesale to nurseries who in turn sell to landscaping contractors who use them for restoration work, which ultimately helps the environment.

She also sells some stock retail; native plants and some tropical plants as well in 1,3, and 7-gallon containers. Her motto is to "cultivate for conservation meeting the needs of future generations."

For more information, contact: DebzMcCoy@gmail.com call 305-393-8695, or go to www.seashoreseeds.com



Deb, happy in the greenhouse.



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Thursday June 25th, 2015 at Gilbert's Resort

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Capt. Dennis Gobin was severely injured in a boating accident in May.

The driver, Capt. Dennis' longtime friend, Steve Reynolds, lost his life in the accident. Capt. Den, to his friends, is recovering on his boat and some of his friends have gotten together to throw him a benefit to help pay for expenses while he is recovering.

For more info, or to donate, call Lisa Lardinois 305-304-0367 or Denise Malefyt 305-304-2836



Capt. Dennis Gobin of Tow Boat US saved many lives over the years. He is pictured here with a few of them!

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Headlines From The Year: 2059

Ozone created by electric cars now killing millions in the seventh largest Country in the world, Mexifornia, formerly known as California.

White minorities still trying to have English recognized as the third language.

Spotted Owl plague threatens Northwestern United States crops and livestock.

Baby conceived naturally! Scientists stumped.

Couple petitions court to reinstate heterosexual marriage.

Iran still closed off; physicists estimate it will take at least 10 more years before radioactivity decreases to safe levels.

France pleads for global help after being taken over by Jamaica. No other country comes forward to help the beleaguered nation!

Last Castro finally dies at age 112; Cuban cigars can now be imported legally, but President Chelsea Clinton has banned all smoking.

George Z. Bush says he will run for President in 2060.

Postal Service raises price of first class stamp to \$17.89 and reduces mail delivery to Wednesdays only.

85-year \$75.8 billion study: Diet and exercise is the key to weight loss.

Global cooling blamed for citrus crop failure for third consecutive year in Mexifornia and Floruba.

Abortion clinics now available in every high school in United States.

Senate still blocking drilling in ANWR even though gas is selling for 4532 pesos per liter and gas stations are only open on Tuesdays and Fridays.

Average weight of Americans drops to 250 lbs.

Massachusetts executes last remaining conservative.

Supreme Court rules: Any punishment of criminals violates their civil rights.

A couple finally Has sexual harmony, They have simultaneous headaches.

Average height of NBA players is now nine feet seven inches with only 5 illegitimate children.

New federal law requires that all nail clippers, screwdrivers, fly swatters and rolled-up newspapers must be registered by January 2060.

IRS sets lowest tax rate at 75 percent.

Florida voters still having trouble with voting machines.

Coconut Telegraph still thanking Doug Myers for this and other contributions.

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Check Out These Beaches in the Keys

UPPER KEYS

Gilbert's Resort, MM 107.9 Key Largo 305-451-1133. Small sandy beach, pool, tiki bar and restaurant.

John Pennekamp State Park, MM 102.5 Key Largo 305-451-1621. Beach, aquarium, boat rentals, diving and snorkeling trips available.

Harry Harris Park and Beach, MM 92.5 Tavernier 305-852-7161. Sandy beach, bathrooms, picnic areas, fishing and swimming.

Islamorada Founder's Park, MM 86.5. Open to the public. Beach & amenities. Includes pool, dog park, restrooms, and picnic benches.

Library Park and Beach, MM 81.5 behind the Islamorada Public Library. Playground equipment, picnic benches and sandy beach.

Matecumbe Public Beach, MM 73.5 Islamorada. Large stretch of beach for shallow swimming. No restrooms.

Anne's Beach, MM 72.5 free. Oceanfront nature boardwalk, picnic tables and bathroom.

MIDDLE KEYS

Sombrero Beach, MM 50 Marathon 305-292-4650. This beachfront park is maintained by the city of Marathon. Covered picnic tables, playground, restrooms and protected cove for kids.

Little Duck Key Beach, MM 39 Marathon. Located just south of the 7 Mile Bridge. Restrooms and picnic areas.

LOWER KEYS

Bahia Honda State Park, MM 37 305-872-2353. Named one of the top 10 beaches in North America.

KEY WEST


Higgs Memorial Beach, Key West. Near the south end of White Street. A pier, swimming, and free tennis courts across the street.

C.B. Harvey Rest Beach Park (next to Higgs Beach). Beach is about 300 yards long and provides picnic areas.

Fort Zachary Taylor State Park, 305-292-6713 What the locals call "the best beach in Key West." Picnic or fish.

Smathers Beach, sandy beach, picnic, restroom, volleyball, and watersports.

South Beach, at the end of Duval Street. Beach, picnic tables & bathroom facilities.



The Mangrove Galley

by Sandi Mieszczenski

Sandi's recipes are featured monthly in the Coconut Telegraph. For previous issues go to <http://www.theconchtelegraph.com>.



Shrimp dishes are so popular that people flock to the Keys for them! Shrimp is a wonderful and versatile seafood item, prepared in so many different ways. One of my favorite shrimp dishes is coconut shrimp. This tasty dish is often served with a tangy sauce such as duck sauce or cayenne pepper sprinkled in an orange marmalade. This recipe is relatively easy to make and is great for boaters to prepare, as it is done on the stove top. Serve it as an appetizer or main dish. Enjoy!

COCONUT FRIED SHRIMP

24 large shrimp
2 beaten eggs (or 3, depending on the shrimp)
1 ½ teaspoons cayenne pepper
1 teaspoon salt
1 cup flour
3 cups dried breadcrumbs
1 cup shredded sweet coconut
Vegetable oil (cover the bottom of the pan with about ½ inch)

Combine the eggs, cayenne pepper, and salt in a shallow dish. Place the flour in another dish. Then the breadcrumbs and coconut mixed together in a third dish.

Dredge the shrimp in the flour, shaking off any excess. Dip into the egg mixture then roll the shrimp in the breadcrumbs and coconut.

Heat the oil in a saute pan. Add the shrimp in batches as not to crowd the pan. Fry the shrimp for about 3 minutes, turn after browned and then brown the other side. Remove and place on a paper towel to absorb excess oil. Cover with foil to keep warm until all shrimp have been fried. Serve with a sauce.

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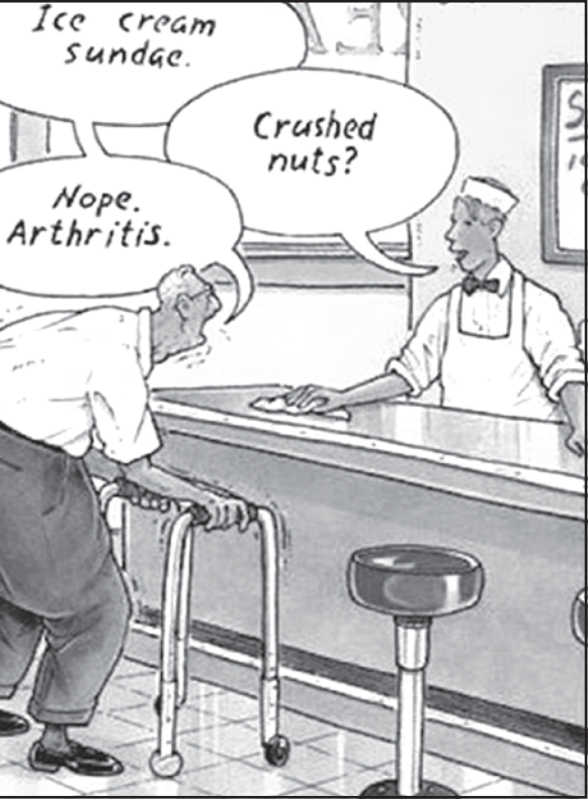


Let's Get Wet!!

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www.keysadventureswatersports.com



Are my testicles black?

A male patient is lying in bed in the hospital, wearing an oxygen mask over his mouth and nose.

A young student nurse appears and gives him a partial sponge bath.

"Nurse," he mumbles from behind the mask, "are my testicles black?"

Embarrassed, the young nurse replies, "I don't know, Sir. I'm only here to wash your upper body and feet."

He struggles to ask again, "Nurse, please check for me. Are my testicles black?"

Concerned that he might elevate his blood pressure and heart rate from worrying about his testicles, she overcomes her embarrassment and pulls back the covers.



She raises his gown, holds his manhood in one hand and his testicles gently in the other.

She looks very closely and says, "There's nothing wrong with them,

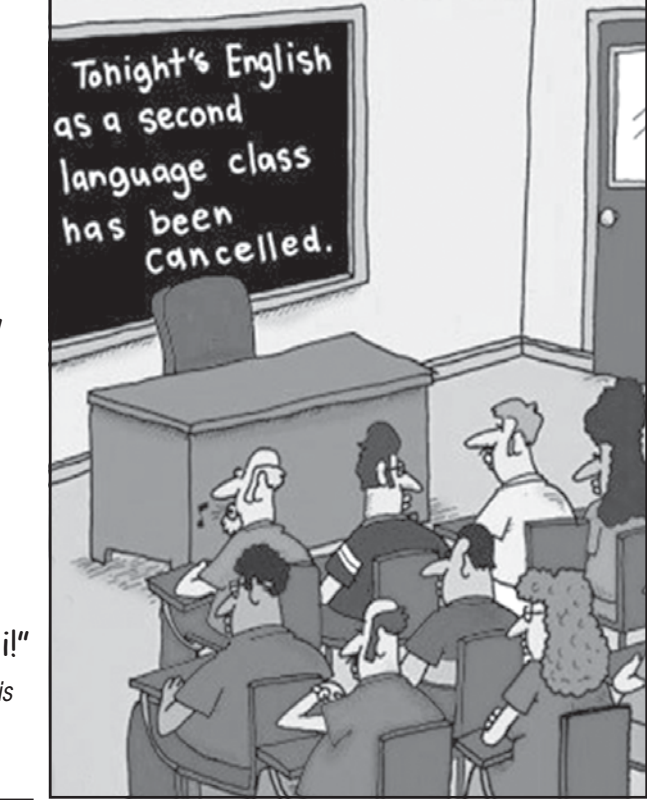
Sir. They look fine." The man slowly pulls off his oxygen mask, smiles at her, and says very slowly,

"Thank you very much. That was wonderful.

Now listen very, very closely:

Are - my - test - results - back?"

Thank you Trader Dick



An Interesting Breakfast

She was standing in the kitchen, preparing our usual soft-boiled eggs and toast for breakfast, wearing only the T shirt that she slept in.

As I walked in, almost awake, she turned to me and said softly, "You've got to make love to me this very moment!"

My eyes lit up and I thought, "I am either still dreaming or this is going to be my lucky day!" Not wanting to lose the moment, I embraced her

and then gave it my all, right there on the kitchen table.

Afterwards she said, "Thanks," and returned to the stove, her T-shirt still around her neck.

Happy, but a little puzzled, I asked, "What was that all about?"

She explained, ... "The egg timer's broken."

Hard work pays off in the future.
Laziness pays off now.



Clean Quotes About Sex

I can remember when the air was clean and sex was dirty
—George Burns

You know that look women get when they want sex? Me neither!
—Drew Carey

Humans are the only animal who can have sex over the phone.
—Dave Letterman

Sex is like bridge: If you don't have a good partner, you better have a good hand.
—Charles Pierce

I admit, I have a tremendous sex drive. My boyfriend lives forty miles away.
—Phyllis Diller

Sex is better than talk...Talk is what you suffer through so you can get to sex.
—Woody Allen

Women need a reason to have sex, men just need a place.
—Billy Crystal

My girlfriend always laughs during sex – no matter what she's reading.
—Steve Jobs

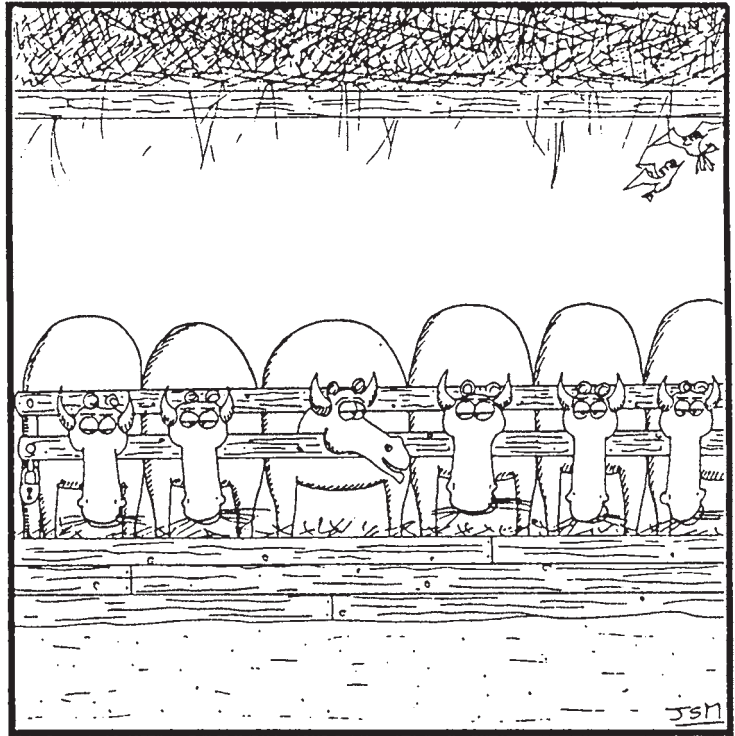


I blame my mother for my poor sex life. All she told me was, 'the man goes on top and the woman underneath'. For three years my husband and I slept on bunk beds.
—Joan Rivers

If sex is such a natural phenomenon, how come there are so many books on how to?
—Bette Midler

Sex is like art. Most of it is pretty bad, and the good stuff is out of your price range.
—Scott Roeben

Left Field
by J.S. McKinna



"I can't agree with the pessimists, Henry. I believe we've been put here for some higher purpose..."

JOHN MCKINNA is a local musician, a best-selling author, and a published, syndicated cartoonist. We feature his cartoons every month in the Coconut Telegraph!

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- Boat Ramp
- Mile Marker
- Point of Interest
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The Key Players, Inc. Community Theater Group needs volunteers to work behind the scenes and audition for roles! Go to: www.thekeyplayers.org

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You Are Not Crazy Taking a Time Out

Sometimes as adults, we just need a time out to refocus and gather ourselves before starting out again.



Most of us feel a little crazy from time to time. Periods of high stress can make us feel like we're losing it, as can being surrounded by people whose values are very different from our own. Losing a significant relationship and moving into a new life situation are other events that can cause us to feel off kilter. Circumstances like these recur in our lives, and they naturally affect our mental stability.

The symptoms of our state of mind can range from having no recollection of putting our car keys where we eventually find them, to wondering if we're seeing things clearly when everyone around us seems to be in denial of what's going on right in front of their eyes. For most of us, the key to survival at times like these is to step back, take a deep breath, and regain our composure. Then we can decide what course of action to take.

Sometimes a time-out does the trick. We take a day off from whatever is making us feel crazy and, like magic, we feel in our right mind again.

Talking to an objective friend can also help. We

begin to see what it is about the situation that destabilizes us, and we can make changes from there.

At other times, if the situation is particularly sticky, we may need to seek professional help. Meeting with someone who understands the way the human mind reacts to stress, loss, and difficulty can make us feel less alone and more supported. A therapist or a spiritual counselor can give us techniques that help bring us back to a sane state of mind so that we can affect useful changes. They can also mirror our basic goodness, helping us to see that we are actually okay.

The main purpose of the wake-up call that feeling crazy provides is to let us know that something in our lives is out of balance. Confirm for yourself that you are capable of creating a sane and peaceful reality for yourself.

Try to remember that most people have felt, at one time or another, that they are losing it. You deserve a life that helps you thrive. Try and take some steps today to help you achieve more balance and a little less crazy.

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Conch Characters



Marina Angleton and Chef Bobby Stoky with camera man, filming for the Food Channel.

Welcome to Key Largo Mitchell Maxwell (New Exec Chef at Gilberts) and Amanda Prachnick (New GM at Buzzards Roost). They moved to Key Largo from Boston in February. Photo by Rob LeBrun.



Keys Diver II out for a cruise.

American Legion bartender Cindy aka Spinderella is happy to serve you.



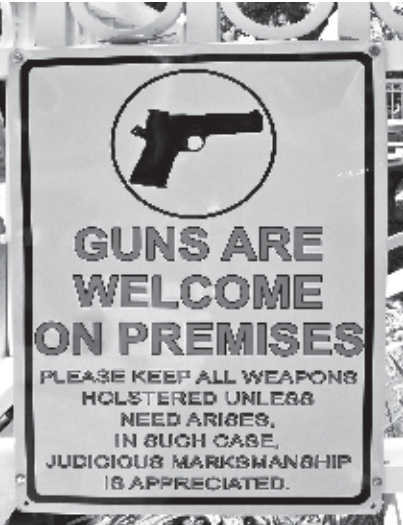
African Queen dinner cruise at the Pilot House.



Past Commander Woody Woodward (rt) and his friend Conch Jerry talk about old times at the Legion.



Gina Bollini of Doc's Diner with Homemade Lasagna and the Trip Advisor Hall of Fame Award they won Congrats!



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LIVE ENTERTAINMENT - JUNE 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Free Entertainment at Gilbert's, never a cover charge!	1 DALTON COLLINS 12-4	2 FILET NIGHT \$9.99 5-8PM LEE SHARP 5-9	3 FILET NIGHT \$9.99 5-8PM DON IRWIN 5-9	4 LADIES NIGHT! 6-9PM (FREE WINE, DRAFT, WELL) DJ REGGAE RONNIE 6-10	5 RIBS & BEER 5-9PM \$9.99 THE FLYERS 7-11 (NEW FROM FT LAUD)	6 DJ HERMEN & DJ BERT 1-5PM Michael Trixx 8pm TUXEDO JESUS 7-11 (NEW FROM FT LAUD)
7 COLBERT 1-6 (LOCALS FAVORITE)	8 DALTON COLLINS 12-4	9 FILET NIGHT \$9.99 5-8PM LEE SHARP 5-9	10 FILET NIGHT \$9.99 5-8PM BOBBE BROWN 5-9	11 LADIES NIGHT! 6-9PM (FREE WINE, DRAFT, WELL) DJ REGGAE RONNIE 6-10	12 RIBS & BEER 5-9PM \$9.99 MOJO SCOUNDREL 7-11 (DANCE PARTY BAND)	13 CAT DADDIES 1-5PM KINECTED 7-11 (NEW FROM WPB)
14 SHANE DUNCAN BAND 1-6 (STAFF FAVORITE)	15 DALTON COLLINS 12-4	16 FILET NIGHT \$9.99 5-8PM LEE SHARP 5-9	17 FILET NIGHT \$9.99 5-8PM DON IRWIN 5-9	18 LADIES NIGHT! 6-9PM (FREE WINE, DRAFT, WELL) DJ REGGAE RONNIE 6-10	19 RIBS & BEER 5-9PM \$9.99 UNCLE RICO 7-11	20 DJ HERMEN & DJ BERT 1-5PM Michael Trixx 8pm SOULICIDE 7-11
21 Father's Day MR NICE GUY 1-6 (STAFF FAVORITE)	22 DALTON COLLINS 12-4	23 FILET NIGHT \$9.99 5-8PM BOBBE BROWN 5-9	24 FILET NIGHT \$9.99 5-8PM BOBBE BROWN 5-9	25 LADIES NIGHT! 6-9PM (FREE WINE, DRAFT, WELL) DJ REGGAE RONNIE 6-10	26 RIBS & BEER 5-9PM \$9.99 REGGAE NIGHT WITH BAGA TRICKS 7-11	27 DROPOUTS 1-5PM Michael Trixx 8pm ROGUE THEORY 7-11 (AMAZING ROCK BAND FEATURING AN ELECTRIC FIDDLE! DON'T MISS IT!)
28 (SPECIAL EVENT) THE REGS 1-6 WITH SPECIAL GUEST PERFORMER JOE LYNN TURNER (LEGENDARY VOCALIST FROM DEEP PURPLE & RAINBOW)	29 DALTON COLLINS 12-4	30 FILET NIGHT \$9.99 5-8PM LEE SHARP 5-9	 <p>June 28th Special guest playing with The Regs: JOE LYNN TURNER... the legendary vocalist from Deep Purple and Rainbow. Enjoy favorites like "Smoke on the Water" and "Street of Dreams" and some really great classic rock cover songs too. NO COVER!!</p>			

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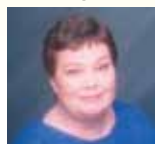
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