



KEY LARGO

522 Caribbean Drive • 305.453.1905

**Breakfast, Lunch & Dinner**  
Featuring Fresh Local Fish

**Open Late!**

Live Music  
Happy Hour Every Day  
Craft Beer  
Sports Headquarters

Locals' Favorite! On the Water

ON THE MAP

You Can Trust The Professionals at

**WHEATON'S**  
SERVICE CENTER  
Quality Service Since 1972

AMERICAN & FOREIGN CARS, TRUCKS  
S.U.V.s, VANS, TRAILERS & R.V.s

- Certified Mechanics
- Exhaust Systems
- Brakes
- Tune-Ups
- Tire Sales & Repairs
- Air Conditioning
- Coolant & Transmission Flushes
- Regular & Synthetic Oil Changes

**MINOR & MAJOR REPAIRS**

**305-451-3500**  
MM 101.5 • KEY LARGO

ON THE MAP

**24 HOUR EMERGENCY SERVICE**

**ANIMAL CARE CLINIC**  
Compassionate Health Care for Your Animal Friends

**Geoff Bailey, DVM**  
Office Hours: MON-FRI 8-5; SAT 8-1  
Medicine • Surgery • Dentistry  
Digital Radiology • Endoscopy  
Lab Diagnostics • Microchip ID  
Boarding • Grooming • Drop-Offs

~ House Calls Available ~  
Appointments 6 Days a Week

Hospital Member  
**AAHA** AMERICAN ANIMAL HOSPITAL ASSOCIATION  
Excellence in Small Animal Care

**305 453-0044**  
MM100.6 Bayside • Key Largo  
www.animalcareclinickeylargo.com

ON THE MAP

**IF YOU WANT RESULTS --- CALL US --- WE GET THE JOB DONE!!!**

**THE WASMUND TEAM**  
TROPICAL REALTY OF THE FLORIDA KEYS, INC.  
MM 103 BAYSIDE

**BROKER/OWNER**

  
**Jane: 305-451-2214**  
CRS, GRI, Short Sale Specialist

**OWNER**

  
**Wendy: 305-394-1376**  
GRI

**Now is a good time to list your home**  
GET STARTED... CALL US TODAY!

janewasmund@bellsouth.net www.thewasmundteam.com

ON THE MAP

**Key Largo**

In Key Largo, we navigate by Mile Markers! Look for the little green signs and mile indicators on power poles to find your way.

**Legend**

- U.S. Highway
- State Highway
- Boat Ramp
- Mile Marker
- Point of Interest
- Dive Site
- Dive Wreck
- Swim with Dolphins



**KEY LARGO CHOCOLATES**

**HANDMADE CHOCOLATES**  
**KEY LIME PIE ON A STICK**  
**ICE CREAM • FUDGE**  
**KEY LIME PIES**

**FREE SAMPLES** with this ad

**MM 100 1/2 BAYSIDE**  
www.keylargochocholates.com • 305-453-6613

**KEY LARGO SEA GLASS JEWELRY**  
**NOW AVAILABLE IN OUR GIFT SHOP**

ON THE MAP



**Key Largo**  
Sea Glass Jewelry



Beautiful pendants made in Key Largo.

**KEY LARGO CHOCOLATES**  
MM 101.5 • 305-453-6613  
**KEYS DIVER**  
MM 99.7 • 305-451-1177

ON THE MAP

**New Ownership D-HOOKER**  
A FAMILY SPORTS BAR & GRILL

**TUESDAY SPECIAL**  
Every Tuesday 5pm to Close  
Enjoy an 8-to-9 oz.  
Ribeye Steak,  
Florida Lobster Tail  
and Loaded Baked Potato  
for just \$12.99

**HAPPY HOUR**  
Mon - Fri  
4-6 pm  
**50% All Liquor**

**LUNCH**  
11:30 AM - 4:00 PM  
Daily Lunch & Dinner Specials

Welcome Back  
**LOCALS**  
& Ocean Reef Members  
**10% OFF MEALS**

(305) 451-4105  
www.D-Hooker.net  
MM 102.3 • Bayside, Key Largo

ON THE MAP

**Tina's Terrific!**



Specializing in  
Color & Highlights  
and the Latest Haircut Trends

Offering  
Cinderella Hair Extensions  
Free Consultation

See Tina at Linda Lee's Hairport  
103200 Overseas Hwy (Plaza 103, by Num Thai)  
451-3455

**COCONUT TELEGRAPH CLASSIFIEDS**

**BUYING**

Buyers agent is buying old things. Old costume jewelry, furniture, antiques and anything old of value. Call now and leave message 305-304-2837

WE BUY COINS  
No collection too large or too small. We pay cash on the spot and we offer private consultation in our location or yours. Call Bill at 305.942.0911.

Classified ads will not be accepted without payment.

**BOOTH SPACE**

Island Market has inside air-conditioned table space available for \$50 a weekend. Call Alice 609-287-1767

**CLUBS**

Florida Keys Orchid, Fern and Bromeliad Society meets the 3rd Thurs. of every month at Key Largo Library Community Room 7pm. Free/open to the public. 451-3000

The Key Players, Inc. Community Theater Group needs volunteers to work behind the scenes and audition for roles! Go to: www.thekeyplayers.org

**Your Ad Here**  
Send us your ad!

**PERSONALS**

Send us your ad to go into the Classifieds.

**MUSICIANS WANTED**

Amateur musicians wanted! The Keys Community Concert Band begins rehearsals for its new season in the fall. If you want to participate, call 451-4530.

**GET CLASSIFIED**

\$10 per col.inch per month! (generous 1.88 column width)  
Bold Listing \$12./inch per mo.


CLASSIFIEDS MUST BE PAID IN ADVANCE

Classified Display Space available for logos and special artwork. \$15/inch.

Drop off your ad and payment at The UPS STORE  
101425 Overseas Highway, Next to Publix at Tradewinds  
Questions? Call 305-304-2837.

**You Are Not Crazy Taking a Time Out**

Sometimes as adults, we just need a time out to refocus and gather ourselves before starting out again.



Most of us feel a little crazy from time to time. Periods of high stress can make us feel like we're losing it, as can being surrounded by people whose values are very different from our own. Losing a significant relationship and moving into a new life situation are other events that can cause us to feel off kilter. Circumstances like these recur in our lives, and they naturally affect our mental stability.

The symptoms of our state of mind can range from having no recollection of putting our car keys where we eventually find them, to wondering if we're seeing things clearly when everyone around us seems to be in denial of what's going on right in front of their eyes. For most of us, the key to survival at times like these is to step back, take a deep breath, and regain our composure. Then we can decide what course of action to take.

Sometimes a time-out does the trick. We take a day off from whatever is making us feel crazy and, like magic, we feel in our right mind again.

Talking to an objective friend can also help. We

begin to see what it is about the situation that destabilizes us, and we can make changes from there.

At other times, if the situation is particularly sticky, we may need to seek professional help. Meeting with someone who understands the way the human mind reacts to stress, loss, and difficulty can make us feel less alone and more supported. A therapist or a spiritual counselor can give us techniques that help bring us back to a sane state of mind so that we can affect useful changes. They can also mirror our basic goodness, helping us to see that we are actually okay.

The main purpose of the wake-up call that feeling crazy provides is to let us know that something in our lives is out of balance. Confirm for yourself that you are capable of creating a sane and peaceful reality for yourself.

Try to remember that most people have felt, at one time or another, that they are losing it. You deserve a life that helps you thrive. Try and take some steps today to help you achieve more balance and a little less crazy.

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