

The Mangrove Galley

by Sandi Mieszczenski

Sandi's recipes are featured monthly in the Coconut Telegraph. For previous issues go to <http://www.theconchtelegraph.com>.



Well, it is almost here... Turkey Day! This year's Thanksgiving falls on November 26th. The feeding frenzy is the best of the season, indulging in a large juicy turkey with all the fixings. Without a doubt, the delectable, prime cut breast meat will disappear quickly at the table. Now, what to do with any leftover meat? Turkey freezes extremely well, so divide what is left and save for future meals. Boil the carcass with herbs and vegetables and you have a perfect broth for soup. Try the recipe printed here and I promise that you won't hear that old disgruntled phrase, "turkey, again?" **Have a great Thanksgiving!**

MEXICAN TURKEY SOUP

- 4 cups turkey broth made from the leftover carcass (or chicken broth)
- 3 teaspoons chili powder (add more for a spicier soup)
- 2 teaspoons cumin powder
- 1 minced fresh jalapeno pepper, seeds removed (more depending on your heat preference)
- 1 tablespoon minced fresh cilantro
- 3 finely minced medium garlic cloves
- 2 medium diced onions
- 1 29-ounce can diced tomatoes
- 1 10-ounce package frozen corn
- 1 16-ounce can drained and rinsed pinto beans
- 3 cups diced leftover turkey
- salt and pepper to taste
- corn tortilla shells
- butter



In a stock pot, combine all of the ingredients except for the tortilla shells. Bring to a boil, lower the heat and simmer covered for 1/2 hour. Slice tortilla shells into strips. Brown on both sides in a saute pan with the butter. Ladle the soup into bowls and serve with the tortilla strips across the top.

Conch Characters



Shane and Tiffany of the Shane Duncan Band horsing around onstage at Gilbert's.



Songfest musicians at Bayside Grill on the beach: Ralph Murphy, Jon Nite and Amanda Williams.



Kathy Miller, Lion's Club Lip Sync Contest winner, (center) with Karen and Sue Beal.



"Rough Shot" performed at Gilbert's on Oct 9th and got the crowd moving with great classic rock. They'll be back with country songs on Jan 1st.



The Stone Crabs of Marathon perform their rockin' reggae at Gilbert's. The drummer is Luke Plomey of Tavernier.



Michael Trix is back in the Keys! See him at Gilbert's on Saturdays, Mondays and Saturdays at Lorelei, and Tuesdays at the Big Chill.



The Stone Crabs of Marathon perform their rockin' reggae at Gilbert's. The drummer is Luke Plomey of Tavernier.



Stereo Underground at the Big Chill. Photo by Elena DiMaggio.

Songfest performers at the Pilot House: (L-R) Greg Barnhill, Grammy-nominated songwriter, Mark Bryan, founding member of Hootie and the Blowfish, and Bob Regan, Grammy-nominated songwriter.



Miami's Pink Parrotheads held a breast cancer awareness fundraiser in October at Gilbert's Resort.



Hippie Jerry hangs with the Sauce Boss at Gilbert's. Photo by Video Dave.

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These people will do ANYTHING for a good cause!



Kathy Miller as Velma Kelly from Chicago, "All that Jazz."



Capt. Corey Bryan of the Islamorada Village Sheriffs did his Adele imitation!



The "short people" did "Workin' in the Coal Mine" (top) and "Chain Gang" (bottom), much to everyone's delight!



Rick Freeburg of Mariners Hospital took on a country western song.



Kathy Miller rocked out as Axl Rose on "Sweet Child of Mine."



Steve Gibbs, retired reporter and author of 2 books, did Buddy Holly's "Peggy Sue."



Angee Quinones was "BAD" as Michael Jackson on "Billy Jean."

The Lions Club is having a Lip Sync Contest every month. Get entered now for the one coming up on Nov. 21. These pictures are from the October contest. The winner was Kathy Miller, but the real winner is the Lions Club and the people they help with much-needed eyecare and hearing aids.