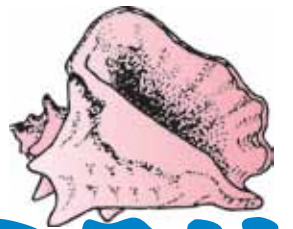


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Artist of the Month: Ash Meharg

What's Hot & What's Not

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All the Buzz

Coco-Nut Funnies

Conch Characters

Sounds of the Keys

Business in the Keys

Mangrove Galley

Happy
EASTER



The Florida Powerboat Club stops at Gilbert's Resort every October and February during their Poker Runs, and the scenery is fantastic! Photo by Rob LeBrun.

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Harper & Midwest Kind: Saturday, April 29

Didgeridoo, Harmonica, World Blues Fusion!



Check the calendar at keylargo-baysidegrill.com for all of our live music on the beach.

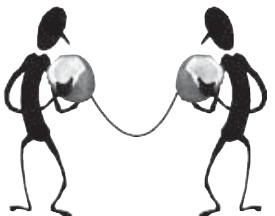
Coconut Telegraph

April 2017
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For comments please visit The Conch Telegraph on Facebook.

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Editorial: Thank you!


Two weeks ago I got a rather disturbing phone call. Joan, my printer of over 11 years decided to retire from the printing business. Suddenly I was thrust into panic mode for fear I wouldn't be able to find another printer in time for this issue. I was determined to keep one of the last really locally owned newspapers going, because I owe it to my loyal advertisers and you, the readers,

Then I ran into Dale Machesic, the publisher of the South Dade Newsleader, who recommended his printer.

Thank you Dale! It was a perfect fit. We have added more pages of color and gone up in circulation as well as keeping it affordable! I will no longer have to drive to Hi-aleah in my beat-up van with no air-conditioning. (Does anyone have a mini van for sale with a/c?)

The Coconut Telegraph would also like to thank the Elks Lodge and everyone who helped and donated to the Pig Roast Luau to benefit the Musicians Relief Fund. The music was fantastic, the food sold out, and we had a great turn out.

We still have Keys Disease books available and need more money to be able to help our musical friends when they need it. Please consider doing a fundraiser for this great cause.



"You Might Have KEYS DISEASE"

Buy a book and find out!

Book sales benefit the Musician's Relief Fund in the Upper Keys

\$10

This 32-page book was created in the spirit of poking fun at our life here in the Florida Keys.

Written by Sue Beal with a little help from her friends, it was illustrated by the late John McKinna, a syndicated cartoonist.

The book was published and made available for sale so that the proceeds could help local musicians and their families.

Gilberts Resort funded the printing of the first edition, so all proceeds from the sale of this book will be used to help musicians in need.

Here in the Keys, we enjoy the music of so many talented, world-class musicians. Even as our community enjoys the fruits of their labors, we know the musicians have little to spare and have no safety net for when disaster strikes and they cannot work.

Our musicians are the first to sign up to make a community fundraiser or benefit a success.

Books are on sale at:

These locations also accept donations, or you can send a check to the Musicians Relief Fund, B.P.O.E. Elks Lodge PO Box 255, Tavernier, FL 33070-0255

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100280 Overseas Hwy

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Who's Who in the Upper Keys

David Rodriguez Chocolate Artist
and International Pastry Chef Extraordinaire
at Key Largo Chocolates & Ice Cream

There are some fantastic surprises in store at the Key Largo Chocolates factory. Kristie and Bob Thomas, owners of Key Largo Chocolates and Ice Cream, have hired the crème de la crème of pastry chefs and chocolatiers, David Rodriguez.

Rodriguez has a pedigree a mile long, beginning as a child in Puerto Rico where he was inspired by his grandmother who was a chef. He graduated from the New England Culinary Institute and moved to Spain, where he worked as a pastry chef for Ritz-Carlton for several years.

From Spain he traveled to Washington, DC, with Ritz-Carlton, and also worked for the U.S. government as well as several foreign embassies. While there he was the pastry chef for the opening of the National Air & Space Museum, hired to create the space shuttle and an astronaut completely out of sugar. (I'll bet it was out of this world!)

Rodriguez then moved to Chicago to open the Peninsula Hotel. It was in the windy city that he began a wholesale

baked goods company servicing major chains such as Walmart. From there he relocated again to Miami, which was home base while he worked for a Belgium chocolate company throughout South America and the Caribbean. It was there that he met and became friends with the Bob and Kristie Thomas, and that is where the fun begins.

Chef David was the pastry chef for the 2010 Emmys and Grammys. He speaks four languages!

Chef David has created some amazing sculptures completely out of chocolate. On display in the Key Largo store there is a spectacular chocolate floral centerpiece on the front counter, and around the corner - just past the delicious ice cream room - you can view the exquisite coral reef chocolate sculpture complete with fish!

What big surprises are in store for Key Largo Chocolates? With the expertise and help of Chef David they are expanding to the next level. Soon they will be producing wedding cakes and baked goods which they will wholesale



David with Kristie and his incredible, edible reef sculpture.

around the country. Who knows, maybe they will make Key Largo the Chocolate Capital of the World?

Stop in and meet Chef David, check out the sculptures and try a free sample of my favorite, the key lime dark chocolate. Tell them the Coconut Telegraph sent you!



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The People of WalMart Have to Live Somewhere

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...and they breed.

Trader Dick bought a new fridge for his house. To get rid of his old fridge, he put it in his front yard and hung a sign on it saying: "Free to good home. You want it, you take it."

For three days the fridge sat there without anyone looking twice.

He eventually decided that people were too mistrustful of this deal.

So he changed the sign to read: "Fridge for sale \$50."

I was stolen by the next day!

One day I was walking down the beach with some friends when we heard someone shout, "Look at that dead bird!"

At least two of my friends looked up at the sky and said, "where?"

While looking at a house, my brother asked the realtor agent which direction was north because he didn't want the sun waking him up every morning.

She asked, "Does the sun rise in the north?"

My brother explained that the sun rises in the east and has for sometime. She shook her head and said, "Oh, I don't keep up with all that stuff."

A man was driving when he saw the flash of a traffic camera. He figured that his picture had been taken for exceeding the speed limit, even though he knew that he was not speeding. Just to be

sure, he went around the block and passed the same spot, driving even more slowly, but again the camera flashed.

He began to think that this was quite funny, so he drove even slower as he passed the area again, but the traffic camera again flashed. He tried a fourth time with the same result.

He did this a fifth time and was laughing when the camera flashed as he rolled past, this time at a snail's pace. Two weeks later, he got five tickets in the mail for driving without a seat belt.

My colleague and I were eating our lunch in our cafeteria when we overheard an admin girl talking about the sunburn she got on her week-

end drive to the beach.

She drove down in a convertible, but said she "didn't think she'd get sunburned because the car was moving."

My sister has a lifesaving tool in her car which is designed to cut through a seat belt if she gets trapped. She keeps it in the trunk.

I couldn't find my luggage at the airport baggage area and went to the lost luggage office and reported the loss.

The woman there smiled and told me not to worry because she was a trained professional and said I was in good hands. "Now," she asked me, "has your plane arrived yet?"

Internet Wisdom

Thanks to the internet and our friends who forward us this stuff, we now know vast amounts of truly useless information. Here is some of it! (Thank Trader Dick for this batch.)

In Lebanon, men are legally allowed to have sex with animals, but the animals must be female. Having sexual relations with a male animal is punishable by death.

(Like THAT makes sense.)

In Bahrain, a male doctor may legally examine a woman's genitals, but is prohibited from looking directly at them during the examination. He may only see their reflection in a mirror.

(Do they look different reversed?)

Muslims are banned from looking at the genitals of a corpse. This also applies to undertakers. The sex organs of the deceased must be covered with a brick or piece of wood at all times.

(A brick?)

The penalty for masturbation in Indonesia is decapitation.

(Can't I just go blind?)

There are men in Guam whose full-time job is to travel the countryside and deflower young virgins, who pay them for the privilege of having sex for the first time. This is because, under Guam law, it is expressly forbidden for virgins to marry.

(Let's just think for a minute; is there any job anywhere that even comes close to this?)

In Hong Kong, a betrayed wife is legally allowed to kill her adulterous husband, but may only do so with her bare hands. The husband's illicit lover, on the other hand, may be killed in any manner desired.

(Ah! Justice!)

Topless saleswomen are legal in Liverpool, England - but only in tropical fish stores.

(Equal jobs for mermaids!)

In Cali, Colombia, a woman may only have sex with her husband, and the first time this happens, her mother must be in the room to witness the act.

(We shrivel at the thought.)

In Santa Cruz, Bolivia, it is illegal for a man to have sex with a woman and her daughter at the same time.

(This was a big enough problem that they had to pass this law?)

Banging your head against a wall uses 150 calories an hour.

(Who volunteers for these tests?)

The ant can lift 50 times its own weight, can pull 30 times its own weight and always falls over on its right side when intoxicated.

(Did our government pay for this research?!?)

Butterflies taste with their feet.

(Ah, geez!!!)

An ostrich's eye is bigger than its brain.

(I know some people like that.)

Starfish don't have brains.

(I know some people like that, too.)

Turtles can breathe through their butts.

(And yoy thought you had bad breath in the morning!)

For every human on Earth there are 1.6 million ants. The total weight of all those ants, however, is about the same as all the humans.

(If they ever get organized, we're dead meat.)

In Maryland, it is illegal to sell condoms from vending machines with one exception: 'Prophylactics may be dispensed from a vending machine only in places where alcoholic beverages are sold for consumption on the premises.'

(Is this a great country or what? Well... Not as great as Guam!)



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Sounds of the Keys



Photo: Rob LeBrun
3RG Miami rocks the Gilbert's Resort Sunday Funday crowd.



Photo: Rob LeBrun
Meet the new Keys "Supergroup" called Uncle Smokey, featuring Luke Sommer Glenn & Felix Hansen, joined by Dennis (drums) and Gary (guitar) performing at Gilberts Resort the first Friday and third Saturday of every month.



Photo: Rob LeBrun
Maria and Jeffrey of the Mr. Nice Guy Band mug for the camera during their standing -room-only show at Gilbert's. See them on the third Sunday of every month there.



Photo: Rob LeBrun
Above: Igor & Red Elvies bring an extremely large bass guitar, and a unique music show to Gilberts twice a year. See them again in October.

Grammy Award winning singer Bobbe Brown plays at Gilberts Resort every Tuesday and Friday afternoon.



The Keybillies - Albert, Koty, and Bill at the VFW .



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Take the Shuttle!

For those arriving to the Gilbert's party fashionably late, you can park on the main access road and take the FREE air-conditioned shuttle to and from Gilbert's on Saturdays and Sundays from noon-8pm.

Thanks to the Elks, the musicians, and those who attended!



The Sweetwater Band members Bill Wissinger, Pam Osterman and Patrick Knotts. JC Costello (harmonica) sat in.



The Cast Aways Band members Marianne Dutton and Bob Knauer



Chris Miller
Chris was accompanied by Bill Wissinger and JC Costello.

ELKS PIG ROAST PARTY & Keys Disease Book Signing, March 11th - A fundraiser benefitting the Keys Musicians Fund



We were able to build the Keys Musicians Fund, thanks to you!



Author Sue Beal & Teresa McKinna, wife of John McKinna, the illustrator.



Elks members Roger and Margo Arnold working the desk; Events Coordinator Joyce in the background.

Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home, stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.



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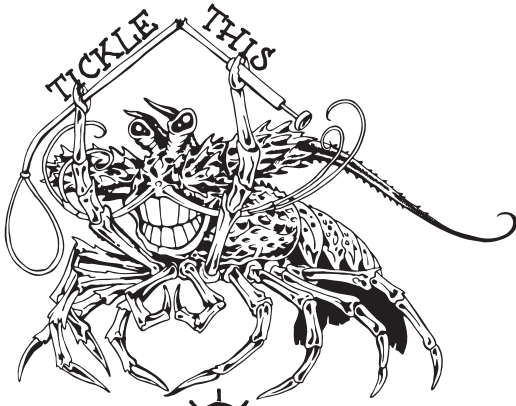
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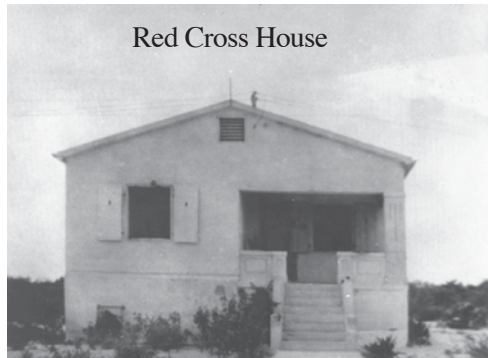


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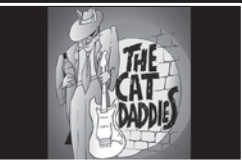
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Saturday, April 15
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Saturday, April 22
STONE CRABS 1-5 PM



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Rethinking Complaining

When we spend our time complaining, we are in essence in destroy mode rather than building mode.

We all know someone who has elevated the process of complaining to a high art. Sometimes funny, sometimes exhausting, these people have the ability to find a problem just about anywhere. In its more evolved form, complaining is simply the ability to see what's not working, in one's own life or in the external world, and it can be quite useful if followed to its natural conclusion--finding a solution and applying it.

However, many of us don't get that far, and we find that complaining has become an end in itself. In small doses, this is not a big problem, but if complaining has

become a huge part of our identities, it may be time to take a good look at how we are spending our energy.

Complaining is a person's way of acknowledging that they are not happy with the way things are. In a metaphorical way, when we complain or criticize, we are tearing down an undesirable structure in order to make room for something new. But if all we do is tear down, never bothering to summon the creative energy required to create something new, we are not fulfilling the process.

In fact, we are at risk for becoming a stagnant and

destructive force in our own lives and in the lives of the people we love. Another issue with complaining is that we sometimes tend to focus on other people, whom we can't change, as a way of deflecting attention from the one person we can change--ourselves. So transforming complaining into something useful is a twofold process that begins with turning our critical eye to look at things we can actually do something about, and then taking positive action.

When we find ourselves complaining, the last thing we need to do is get down on ourselves. Instead, we can begin by noticing

that we are in the mode of wanting to make some changes. But rather than lashing out at somebody or an organization, we can look for an appropriate place to channel this energy--not our neighbor's house, but possibly parts of our own.

Finally, we can ask ourselves the positive question of what we would like to create in the place of whatever it is we want to tear down. When we do this, we channel a negative habit into a creative process, thus using our energy to change the world around us in a positive way.

COMPLAINING IS DRAINING!



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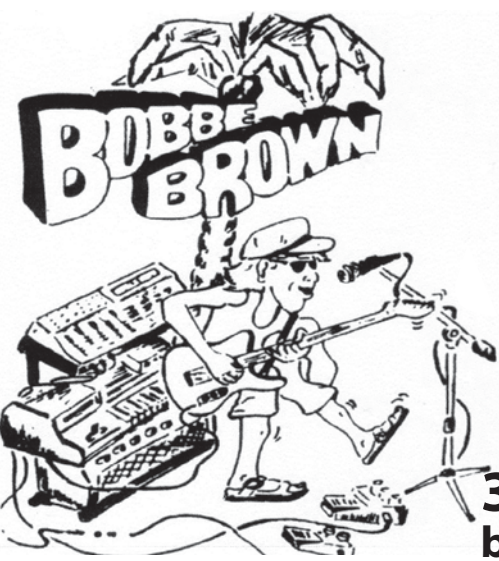
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Saturday - Prime Rib

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Artist of the Month: Ash Meharg

One year ago, 27-year-old Ashley Meharg did what she has done many times before... gathered her modest income to take a trip by herself somewhere new and exciting. Over the years, after finishing high school in Auburndale Wisconsin, Ashley traveled from coast to coast, visiting over 40 states. Independent and filled with love for life and colors, she found herself in the Florida Keys. As many of us locals understand her feelings and can share her experience, Ashley fell in love with the Keys.

Her first trip only allowed her to stay a few months, but she had made up her mind she would find a way to make the

Keys her permanent residence. Well that time is now.

Ashley, known as Ash, moved to Islamorada in the beginning of March and has begun pursuing her dream of being an artist. Ash's medium of choice is acrylic paint, and she insists the brighter the better. Her signature paintings are bright with neon that can be enhanced with black light, causing them to glow right off the canvas.

Ever since childhood, Ash's mother has been super supportive of her daughter, nurturing her artistic talents passed down from her father. It was 3 years ago that a cord was struck when a special friend bought her her



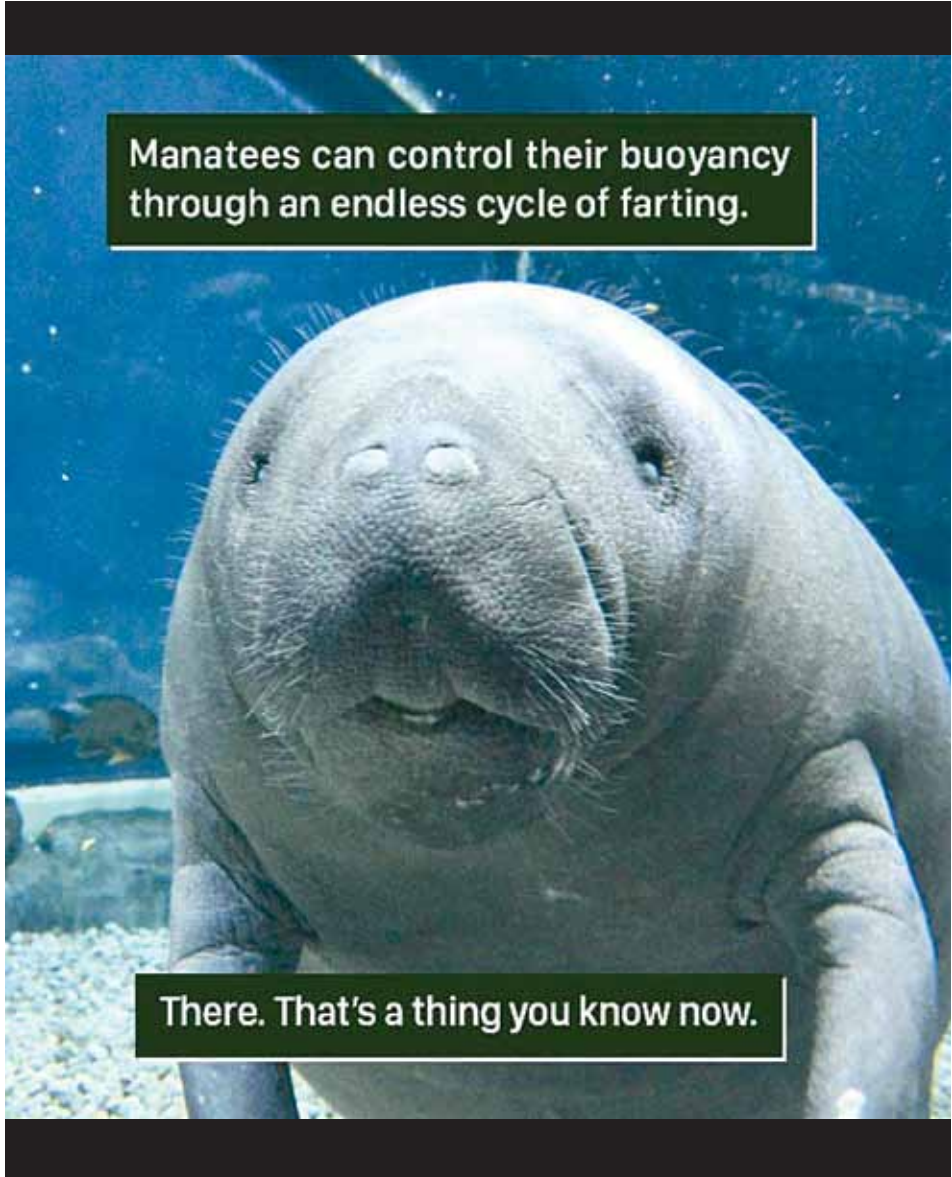
first canvasses, paints, and brushes, insisting that she bring her creativity to life. Now she's done over 150 paintings, left behind in her travels all over the country. Her self-taught fun abstracts with a vibrant color style are designed to make people happy. She says every painting she does can start out with different moods, from stressed to sad, but they all end up happy. Some of Ash's favorite sayings are, "Everything has a rainbow in it" and "I Love Color, I Love Life, I

Love Love!"

Ashley plans on having her art in galleries all over the country so that she can have a reason to travel and visit them all. She dreams of selling large pieces out of the country so that she can deliver them personally while experiencing the world. Some of Ash's work will be on display at The Art Box for the Month of April and she will be featured at The Morada Way Art District as the featured artist on the Third Thursday Art Walk. For more information contact



The Art Box 305-451-5461. "What I love is that I can express all my feelings through my art!" - Ash Meharg

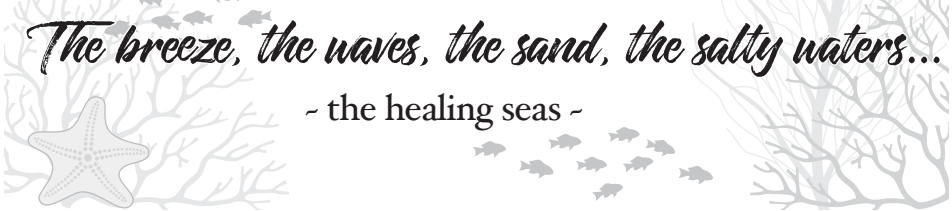


Manatees can control their buoyancy through an endless cycle of farting.

There. That's a thing you know now.

The Benefits of Sea Water

- Seawater baths open the pores and help eliminate toxins from the body.
- Sleep more soundly - The sound of waves alters wave patterns in the brain lulling you into a deeply relaxed state.
- Sea air is charged with healthy negative ions that accelerate our ability to absorb oxygen - so you feel more alert, relaxed and energized.
- Swimming in seawater can help increase your immune system function, improve circulation, promote overall well-being and hydrate your skin.
- Hidden in each cubic mile of ocean water is enough healing power to put the pharmaceutical companies out of business.



Take A Walk In The Park & Help Make Great Strides Toward A Cure For Cystic Fibrosis

Join the Redbone April 29 at Founders Park, Mile Marker 87 in Islamorada for the Redbone Island Walk. Plan a fun-filled morning walking with your family, friends, neighbors co-workers or even your dog, and take steps to cure cystic fibrosis. Register at 8 AM and stay for a complimentary barbeque at 11 AM.

Cystic fibrosis is a life-threatening genetic disease that affects 30,000 children and young adults in the United States. More than ten million Americans are unknowing symptomless carriers of one copy of the defective CF gene; it takes two copies of the gene for a child to be born with CF. Since the

Redbone first began in 1988, the average life expectancy has gone from early teens to forty years. But sadly, we have not saved one person from CF. Right now there is no cure for cystic fibrosis, but your support can make a difference.

Sign up today to walk the Redbone Island Walk at greatstrides.cff.org. Raise money to support the CF Foundation and earn Prizes. Each participant who raises \$25 or more will receive a Redbone Island Walk T-shirt. Bring your family. Bring your dog. Take a walk in the park and stay for a day at the beach.

For more information contact: Susan Ellis (305) 664-2002.





KEYS to Peace presents

Sunday, April 9

11am TO 5pm

Kindness Festival & 3rd annual GIVEAWAY

Celebrating Kindness in our community

At Morada Way Arts & Cultural District

FUN * FOOD * ART * MUSIC * DANCE

Contact info@KeysToPeace.com for questions or to volunteer.

More things to ponder

- Why does the word funeral start with "fun"??
- Why isn't a fireman called a waterman?
- How come lipstick doesn't do what it says?
- If money doesn't grow on trees, why do banks have branches?
- If a Vegetarian eats vegetables, what does a humanitarian eat?
- How do you get off a non-stop flight?
- Why is there a 'd' in fridge, but not in refrigerator?
- Who knew what time it was when the first clock was made?
- At the movie theatre, which arm rest is yours?
- In the word scent, is "s" silent or is "c"?

35 Years Ago this Month, the Florida Keys Seceded from the U.S., and the Conch Republic was Born

On April 18, 1982, Border Patrol established a roadblock on U.S. 1, just south of Florida City. The only access point by land from the Keys to the mainland was closed, and people leaving the Keys were treated as though they were exiting a foreign country.

The U.S. Border Patrol claimed that the roadblock was established to stop "illegal" immigrants from entering the mainland United States from the Florida Keys. Every car leaving the Keys was checked thoroughly by the Border Patrol, including unlikely hiding places such as glove compartments and under seats.

The 17-mile traffic jams that accompanied the roadblock had an immediate negative impact on tourism in the Florida Keys. Reservations were canceled, hotels stood empty, and local attractions had no customers.

Community leaders from Key West filed an injunction against the U.S. Border Patrol roadblock in Federal Court in Miami. The court ruled that the roadblock could continue.

As Key West Mayor Dennis Wardlow left the courthouse, he was greeted by press from around the world. When asked what would happen next, the mayor said, "Tomorrow at noon, the Florida Keys will secede from the Union!"

The press — and federal agents — flooded Key West the next day. As promised, at noon on April 23, 1982, Mayor Wardlow read a Proclamation of Secession, declaring that Key West would be a sovereign nation known as the Conch Republic.

Republic.

Having changed his title from Mayor of Key West to Prime Minister of the Conch Republic, Wardlow followed his mock secession with a declaration of war on the United States. The "war" started and ended with loaves of stale Cuban bread being broken over the head of a man dressed in a U.S. Navy uniform.

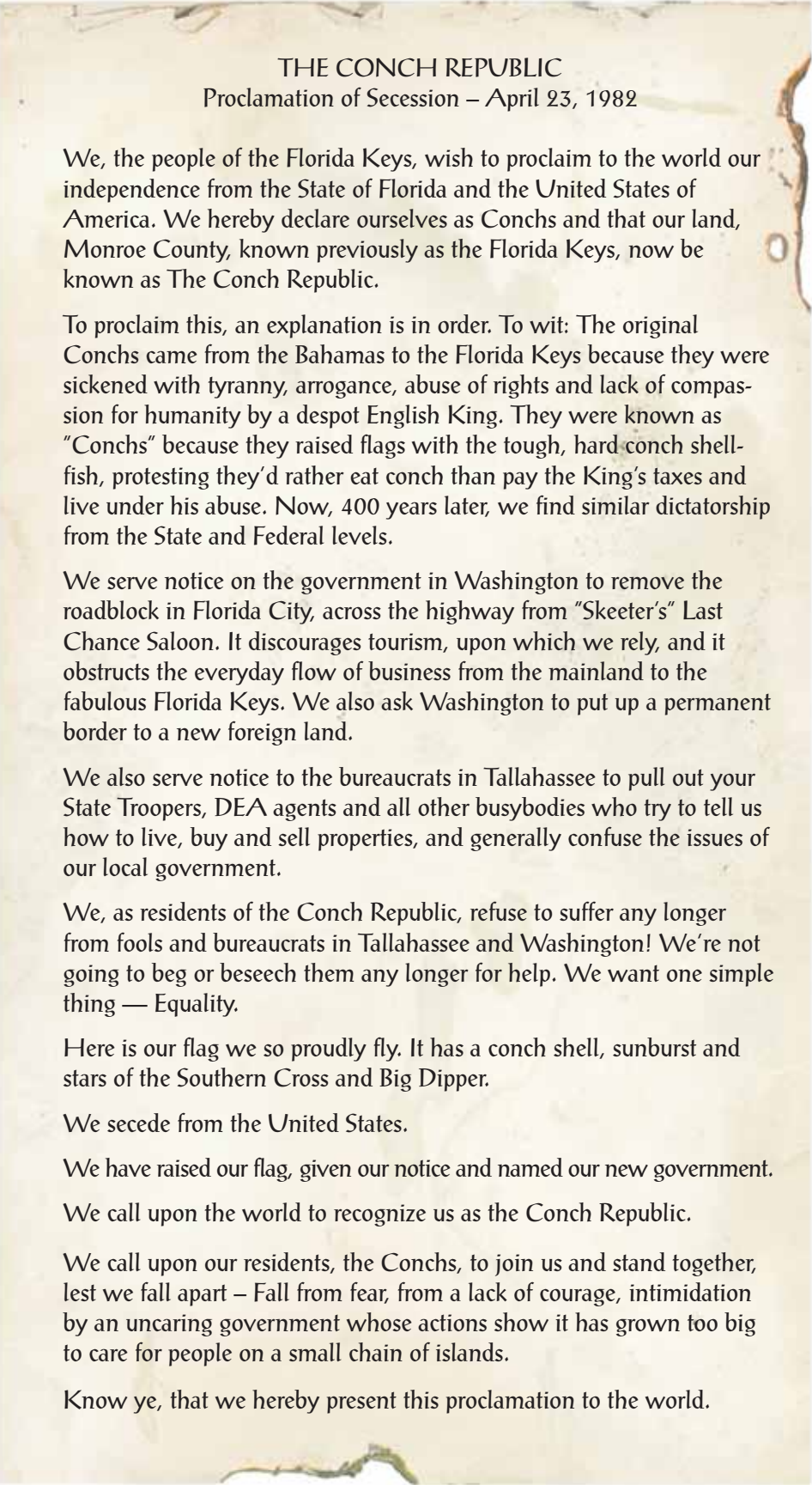
After one minute of rebellion, Prime Minister Wardlow surrendered to Union forces at the Navy base in Key West. He immediately demanded \$1 billion in foreign aid and war relief "to rebuild our nation after the long federal siege."

With their highly publicized mock secession and fake war against the United States, the residents of Key West successfully used humor to bring attention to a serious issue affecting the local economy.

Following widespread reports of the establishment of the Conch Republic, the U.S. Border Patrol roadblock was quickly and unceremoniously removed.

Today, the Conch Republic continues to issue its own passport. The republic has its own flag with the motto "We Seceded Where Others Failed." In April each year, Key West residents and visitors celebrate the independence of the Conch Republic.

For more information on the history and culture of Key West, read the books "Key West on the Edge: Inventing the Conch Republic" by Robert Kerstein and "Key West: History of an Island of Dreams" by Maureen Ogle.



THE CONCH REPUBLIC
Proclamation of Secession – April 23, 1982

We, the people of the Florida Keys, wish to proclaim to the world our independence from the State of Florida and the United States of America. We hereby declare ourselves as Conchs and that our land, Monroe County, known previously as the Florida Keys, now be known as The Conch Republic.

To proclaim this, an explanation is in order. To wit: The original Conchs came from the Bahamas to the Florida Keys because they were sickened with tyranny, arrogance, abuse of rights and lack of compassion for humanity by a despot English King. They were known as "Conchs" because they raised flags with the tough, hard-conch shell-fish, protesting they'd rather eat conch than pay the King's taxes and live under his abuse. Now, 400 years later, we find similar dictatorship from the State and Federal levels.

We serve notice on the government in Washington to remove the roadblock in Florida City, across the highway from "Skeeter's" Last Chance Saloon. It discourages tourism, upon which we rely, and it obstructs the everyday flow of business from the mainland to the fabulous Florida Keys. We also ask Washington to put up a permanent border to a new foreign land.

We also serve notice to the bureaucrats in Tallahassee to pull out your State Troopers, DEA agents and all other busybodies who try to tell us how to live, buy and sell properties, and generally confuse the issues of our local government.

We, as residents of the Conch Republic, refuse to suffer any longer from fools and bureaucrats in Tallahassee and Washington! We're not going to beg or beseech them any longer for help. We want one simple thing — Equality.

Here is our flag we so proudly fly. It has a conch shell, sunburst and stars of the Southern Cross and Big Dipper.

We secede from the United States.

We have raised our flag, given our notice and named our new government.

We call upon the world to recognize us as the Conch Republic.

We call upon our residents, the Conchs, to join us and stand together, lest we fall apart – Fall from fear, from a lack of courage, intimidation by an uncaring government whose actions show it has grown too big to care for people on a small chain of islands.

Know ye, that we hereby present this proclamation to the world.

In the Upper Keys, Bayside Grill at MM 99 is the Headquarters of the Northernmost Territories of the Conch Republic, the seat of military power for the Conch Republic. Get your flags and other Conch Republic memorabilia at Bayside Grill.

www.conchrepublicmilitary.com



THE COCONUT TELEGRAPH IS PROUD TO BE THE OFFICIAL NEWSPAPER OF THE NORTHERNMOST TERRITORIES OF THE CONCH REPUBLIC

Coco‘Nut’ Funnies

Pretend We're Married

Man and a woman who had never met before, and who were both married to other people, found themselves assigned to the same sleeping room on a trans-continental train.

Though initially embarrassed and uneasy over sharing a room, they were both very tired and fell asleep quickly, he in the upper berth and she in the lower.

At 1 am, the man leaned down and gently woke the woman saying, "Ma'am, I'm sorry to bother you, but would you be willing to reach into the closet to get me a second blanket? I'm awfully cold."

"I have a better idea," she replied "Just for tonight, let's pretend that we're married."

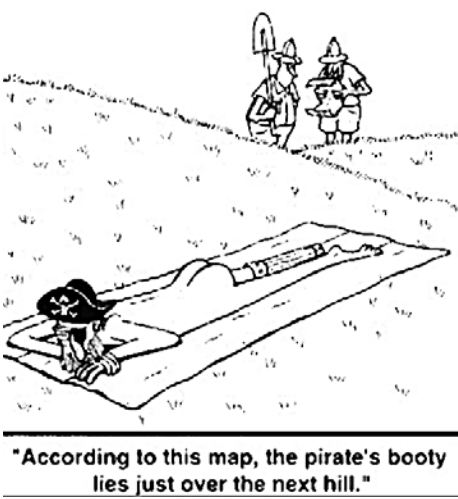
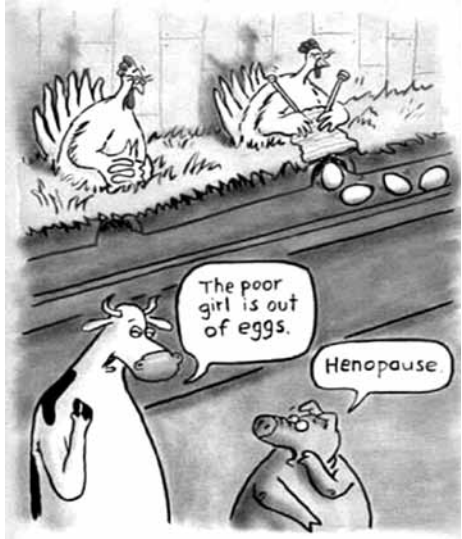
"Wow That's a great ideal!" he exclaimed.

"Good," she replied. "Get your own damn blanket."

After a moment of silence, he farted.

Thank you Elise Henline

HELP
STAMP OUT
AND ERADICATE
SUPERFLUOUS
REDUNDANCY



RESURRECTION QUESTION

While the priest was presenting a children's sermon. He asked the children if they knew what the Resurrection was.

Now, asking questions during children's sermons is crucial, but at the same time, asking children questions in front of a congregation can also be very dangerous.

In response to the question, a little boy raised his hand.

The priest called on him and the boy said, "I know that if you have a resurrection that lasts more than four hours you are supposed to call the doctor."

It took ten minutes for the congregation to settle down enough for the service to continue.

The generation of today are so allergic to everything, future wars will be fought by throwing bags of peanuts and cat hair at each other.



THE FIRST RULE OF THE OCD CLUB IS TO HAVE A SECOND RULE SO THERE IS AN EVEN NUMBER OF RULES.



"Runners, on your mark... get set... go! Now, come get your T-shirts."

Best Dear John Letter Ever

A young girl on a year's training course in South Africa, recently received a "Dear John" letter from her boyfriend back home. It read as follows:

Dear Mary,

I can no longer continue our relationship. The distance between us is just too great. I must admit that I have cheated on you twice, since you've been gone, and it's not fair to either of us. I'm sorry. Please return the picture of me that I sent to you.

Love, John

Mary, with hurt feelings, asked her colleagues for any snapshots they could spare of their boyfriends, brothers, ex-boyfriends, uncles, cousins, etc. In addition to the picture of John, Mary included all the other pictures of the pretty lads she had collected from her buddies. There were 57 photos in that envelope, along with this note:

Dear John,

I'm so sorry, but I can't remember who the hell you are. Please take your picture from the pile, and send the rest back to me.

Take care, Mary

Thank you Elise Henline



"You're fired, Jack. The lab results just came back, and you tested positive for Coke."



Heartwarming Love Story

A young New York woman was so depressed she decided to end her life by throwing herself into the ocean.

Just before she could throw herself from the docks, a handsome young man stopped her.

"You have so much to live for," he said. "I'm a sailor and we are off to Italy tomorrow. I can stow you away on my ship. I'll take care of you, bring you food every day, and keep you happy. When we get to Italy you will be SO GLAD that you're alive"

With nothing to lose and always wanting to see Italy, she accepted.

That night, the sailor brought her aboard and hid her in a small, comfortable compartment in the ship's hold.

From then on, every night, he would bring her sandwiches, and a bottle of red wine, and make love to her until dawn.

Two weeks later she was discovered by the captain during a routine inspection.

"What are you doing here?" asked the captain.

"I have an arrangement with a sailor," she replied. "He brings me food and I get a free trip to Italy."

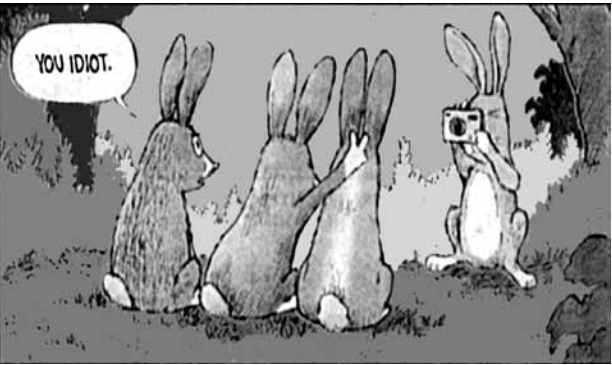
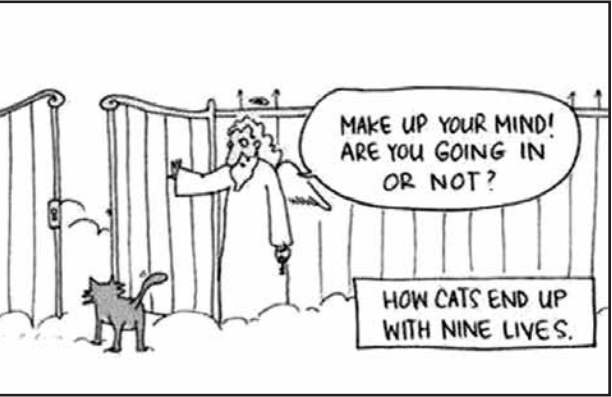
"I see," The captain says.

Then her conscience got the best of her, and she added, "Plus, he's screwing me."

"He certainly is," replied the captain.

"This is the Staten Island Ferry."

Thank you Trader Dick!



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by J.S. McKinna

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The USCG Auxiliary conducts vessel safety checks at Blackwater Sound Marina, MM 103.8 Bayside, every third Saturday of the month. The Public is Welcome. More info: 305-998-8400

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Fraternal Order of the Eagles meets every 1st and 3rd Monday 7pm at Elks Lodge in Tavernier.

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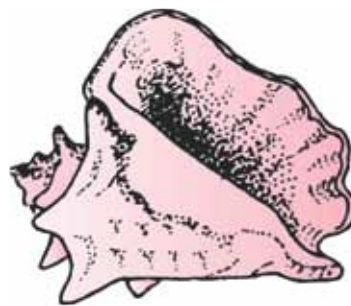
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Kristie Thomas in a rare moment (standing still) of Key Largo Chocolates & Ice Cream.



The Mangrove Galley
by Sandi Mieszczenski

Sandi's recipes are featured here monthly.
For previous issues go to <http://www.theconchtelegraph.com>.



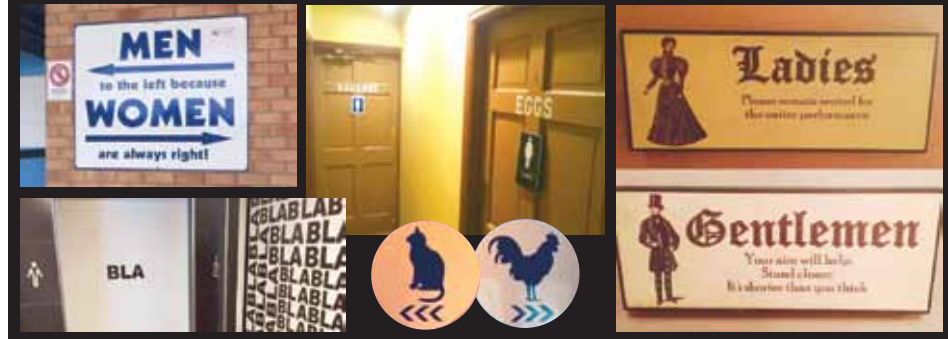
The celebration of Easter this year is April the sixteenth. I like to begin this holiday with a special Easter brunch. One of my favorite brunch foods is French toast. This particular version is very easy to prepare and really yummy. Serve it with your favorite syrup and I am sure that you will enjoy it.

BANANA STUFFED FRENCH TOAST

- 4 one-inch thick slices of bread (a loaf of butter crust works well)
- 2 bananas
- 1/3 cup sugar
- 1 teaspoon cinnamon
- 2 eggs
- 1/2 cup milk
- 1 teaspoon vanilla

Cut a pocket in each bread slice leaving a one inch border. Slice the bananas lengthwise then in half. Place two banana slices in each pocket. Mix the remaining ingredients in a large pan. Soak the bread in the mixture for five minutes on each side or until the mixture is absorbed. Cook in a large skillet until brown on both sides. Add a side of meat of your choice and **Happy Easter!**

A little sexist
bathroom humor
for you! Signs...



Love

How to Find Love

by Dawn Wiggins, Ed.S.

People often ask me "how did you meet your husband"? I think what they are truly asking is "how did you find love"? The answer most people expect is: "I met him at Coral Shores High School." The truth is that I met him in healing.

My husband has loved me as long as I can remember. Long before I loved him. Long before I loved myself. Apparently he knew how to find love better than I did.

Yes, we grew up together. But I married the other guy first. I found someone to marry but not my happily ever after. My ex and I could not sustain love.

My husband loves me so much he attended my first wedding. He supported me through my eventual divorce and watched me date other guys. He waited patiently.

I used to judge him. I thought he dressed funny, wasn't properly educated and didn't share my spiritual beliefs.

It wasn't until I began to address my judgement that he became truly beautiful to me. I began re-prioritizing my life and re-evaluate my beliefs. This is when I started learning how to find love.

My therapist once said to me, "This man has loved you unconditionally for 15 years while you have constantly judged him. Perhaps he has something to teach you about God!" That was a



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pivotal moment for me.

Over time I saw him for the being that he is; loving, kind, sensitive, hardworking, honest, loyal, brilliant and willing to learn. Once I saw these things, I was in love.

Then it happened. I was pregnant. That may not seem shocking to you, but it was shocking to me. I had received an infertility diagnosis 10 years prior during my previous marriage.

I finally surrendered to unconditional love. I traded in what looks perfect on the outside for something real on the inside. I learned to find love by learning to love myself. I continue to work on this every day. I have come to understand that the more I love and accept myself; the more loving I am to my husband, my daughter and to you!

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Great Bands Every Sunday 1-6 pm

LIVE ENTERTAINMENT - APRIL 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Try a Gilbert's "Boobie"	GILBERT'S BRINGS YOU THE BEST IN SO. FLA. BANDS!			30 (MARCH) DJ REGGAE RONNIE 5-9	31 (MARCH) BOBBE BROWN 12-4 RIBS & BEER 5-9PM \$9.99 MOJO SCOUNDRELS 7-11	1 STATIC 1-5 Michael Trixx 8pm JIMMY STOWE & THE STOWAWAYS 7-11
2 ECLIPSE 1-6	3 HAPPY HOUR 4-7PM MON-FRI \$2 BUD LIGHT & MILLER LITE DRAFTS, 1/2 OFF WELL DRINKS, \$2.30 FIREBALL	4 BOBBE BROWN 5-9	5 HARRY FRENCH 5-9	6 DJ REGGAE RONNIE 5-9	7 BOBBE BROWN 12-4 RIBS & BEER 5-9PM \$9.99 UNCLE SMOKEY 7-11	8 CAT DADDIES 1-5 Michael Trixx 8pm BOMBSHELL 7-11
9 APACHE DRAGON 1-6	10 HAPPY HOUR 4-7PM MON-FRI \$2 BUD LIGHT & MILLER LITE DRAFTS, 1/2 OFF WELL DRINKS, \$2.30 FIREBALL	11 BOBBE BROWN 5-9	12 HARRY FRENCH 5-9	13 DJ REGGAE RONNIE 5-9	14 BOBBE BROWN 12-4 RIBS & BEER 5-9PM \$9.99 OSIELLA 7-11	15 UNCLE SMOKEY 1-5 Michael Trixx 8pm 3RG MIAMI 7-11
16  EASTER MR NICE GUY 1-6 (STAFF FAVORITE)	17 HAPPY HOUR 4-7PM MON-FRI \$2 BUD LIGHT & MILLER LITE DRAFTS, 1/2 OFF WELL DRINKS, \$2.30 FIREBALL	18 BOBBE BROWN 5-9	19 HARRY FRENCH 5-9	20 DJ REGGAE RONNIE 5-9	21 BOBBE BROWN 12-4 RIBS & BEER 5-9PM \$9.99 LOOSE CANNONS 7-11	22 STONE CRABS 1-5 Michael Trixx 8pm "CHAIN REACTION" JOURNEY TRIBUTE BAND 7-11
23 THE DROP OUTS 1-6 THE REGS 1-6 30	24 HAPPY HOUR 4-7PM MON-FRI \$2 BUD LIGHT & MILLER LITE DRAFTS, 1/2 OFF WELL DRINKS, \$2.30 FIREBALL	25 BOBBE BROWN 5-9	26 HARRY FRENCH 5-9	27 DJ REGGAE RONNIE 5-9	28 BOBBE BROWN 12-4 RIBS & BEER 5-9PM \$9.99 MOJO SCOUNDRELS 7-11	29 BROTHERS OF OTHERS 1-5 Michael Trixx 8pm SHANE DUNCAN BAND 7-11



ECLIPSE
Sunday, April 2 • 1-6 pm
ECLIPSE

APACHE DRAGON
April 9 • 1-6 pm



mng
band
south florida classic rock

MR. NICE GUY
April 16
1-6 PM

THE DROPOUTS
Sunday, April 23
1-6 pm



The Regs
www.regrock.com

**Local's Favorite
THE REGS, April 30
1-6 PM**

