

The Mangrove Galley by Sandi Mieszczenski

Sandi's recipes are featured here monthly.
For previous issues go to <http://www.theconchtelegraph.com>.



The month of January usually brings us some brisk weather. But, sadly, as we all know, this Winter has been warm. I like to make soup this time of the year, so I will continue the tradition. This is a great onion soup recipe created by my husband. It is really delicious. Be sure to prepare it a day ahead. Enjoy!

PAUL'S FRENCH ONION SOUP

- 3 to 5 finely chopped garlic cloves
- 1 large diced onion
- 48 oz of beef broth
- 3 cans consume
- 1/4 stick of butter
- 5 large sliced onions (3 yellow - 2 sweet)
- 2 tablespoons catsup
- 2 tablespoons Worcestershire sauce
- sprinkle of salt
- sprinkle of cayenne pepper
- fresh ground black pepper
- 1/2 cup of sherry (optional)

Melt the butter in a stockpot. Sautee the garlic and diced onion until translucent. Add the remaining ingredients. Bring to a boil then simmer until the onions are tender. Serve with the French bread and cheese recipe below.

Cut French bread into 1/2 inch slices. Heat extra virgin olive oil in a sauce pan. Add garlic powder. Brown the bread on both sides. Spoon the soup in an oven proof bowl or crock. Place one slice of the browned French bread on top. Add slices of mozzarella, cheese, grated parmesan cheese, and a dash of paprika. Place under the broiler until the cheese melts.

Artist of the Month: Alberto Rodriguez-Stephenson

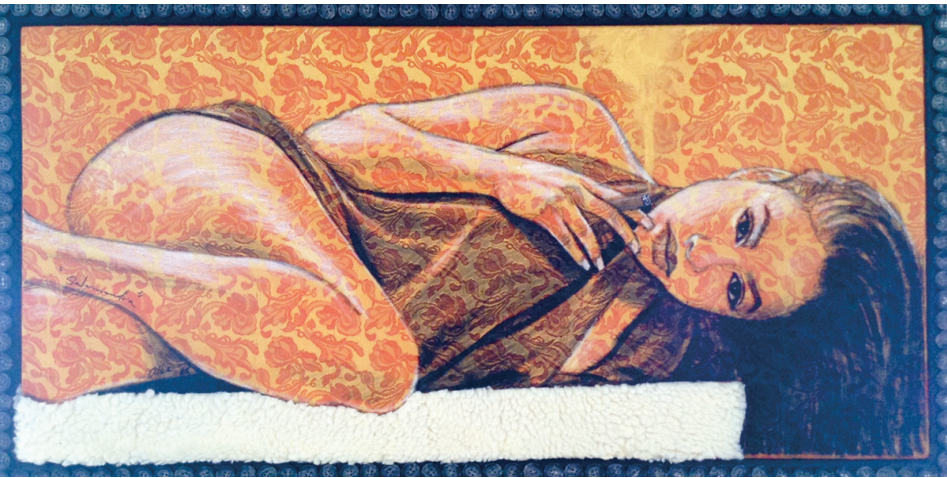


A native of Cuba and a newcomer to the Florida Keys, Alberto just arrived in the Keys this past November 27th. In Cuba, Alberto was able to greatly impress those fortunate enough to admire his work.

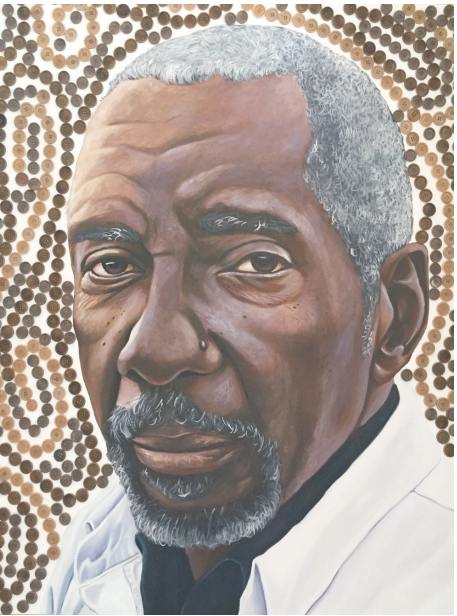
Since a very early age he was inclined toward the arts in general, and as a young boy his favorite toys were color pencils. He enjoyed the support and encouragement

of his parents, who guided him through different activities related to his art. During this early stage, when he participated in exhibitions, murals and concourses, he began to be seen as an artist.

This experience in his youth helped him to gain admission into the renowned **Academia de Bellas Artes San Alejandro** of international fame, where he graduated with honors after four



Alberto's work shows a wide range of subjects and techniques.



years (in 2005), with a specialty in painting. After his graduation, Alberto taught drawing for three years in the **Jose Fowler Art Shop**. At the same time, he was able to learn wood sculpting, becoming a master in this area. After this teaching-learning stage, Alberto opened his own art shop in Havana, where he became well known as a brilliant artist in both painting and sculpture. Now in Key Largo, he has opened a modest shop at the U-Haul Storage facility, allowing him to continue his creative activities. Alberto's work will be on display in January at The Art Box, MM 100.6 and he will also be available for a meet and greet at The Morada Way Art Walk on January 19th, at MM 82 in Islamorada.

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