

The Mangrove Galley by Sandi Mieszczenski

Sandi's recipes are featured here monthly.
For previous issues go to <http://www.theconchtelegraph.com>.



Almost every culture in the world has its own version of a potato pancake. As we begin to look forward to this year's St. Paddy's Day, I remembered this recipe from our travels there. The Irish version of a potato pancake is called a "Boxty" and it is delicious, yet easy to prepare on the stove top. It is a perfect breakfast compliment with bacon and eggs or can be served with applesauce for, as the Irish call it, "high tea." Try this dish and I am sure that you will enjoy it!

BOXTY ON THE GRIDDLE

- 1 pound of baking potatoes
- 1 parsnip (can be left out or substituted with a carrot)
- 1 onion
- 1 teaspoon baking powder
- Salt and pepper
- 2 large eggs beaten
- 1 teaspoon of garlic



Peel and grate the potatoes and parsnip or (carrot.) Using paper towels, squeeze as much water as possible from the grated vegetables. Peel and finely chop the onion. Add the onion to the parsnips and potatoes. Add the remaining ingredients and mix well.

Heat the griddle and place a pad of butter on it for each serving of potato mix. Spoon the mix onto the griddle to form a small pancake. Brown on one side, flip and brown on the other side. Can be served with a dollop of sour cream or your favorite hot sauce.

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