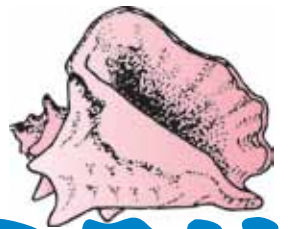


The Conch Republic COCONUT TELEGRAPH

FREE
Dining • Shopping
Lodging • Humor
Entertainment



THE COCONUT TELEGRAPH IS PROUD TO BE THE OFFICIAL NEWSPAPER OF THE NORTHERNMOST TERRITORIES OF THE CONCH REPUBLIC

101425 Overseas Hwy. • PMB #628 • Key Largo, FL 33037 • 305-304-2837 • www.theconchtelegraph.com • October 2017

Inside:

Attractions

Conch Republic Strong
Hunk of the Month: Max Trent, KLI

What's Hot & What's Not

Irma, The Unwanted Visitor
Healing After Irma
with Good Vibrations
Hurricane Irma - Where is
my Home? by Kimberly Lahr

Maps

Key Largo Locator Map Page
Getting from Here to There
in the Keys

All the Buzz

Dawn Wiggins, Ed. S.
Coco-Nut Funnies
Conch Characters
Business in the Keys
The Mangrove Galley



Welcome back to the Florida Keys! The Upper Keys reopened to tourism October 1st.



**ON THE BEACH • MM 99.5 BAYSIDE
KEY LARGO • 305-451-3380**

Live Music • Happy Hour • Sunset

**World class entertainers, in Key Largo on the beach.
It doesn't get any better than this!**

Check the calendar at <http://keylargo-baysidegrill.com/sunset-bar/>



Celebrate Sunset!

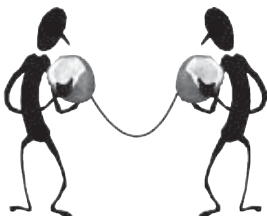
**Live Music Monday through Saturday,
fantastic Keyribbean cuisine
and Happy Hour specials.**

Coconut Telegraph
October 2017
Volume 11 Issue #128

Prestige Publishing, Inc
101425 Overseas Highway
PMB #628
Key Largo, FL 33037

Deadline
for the
Coconut Telegraph's
next issue is
Friday,
October 20, 2017

Contact Denise at
305-304-2837
theconchtelegraph@gmail.com



Cast of Characters:

Editor/Sales/Distribution
Denise Malefyt
305-304-2837
theconchtelegraph@gmail.com

Advertising Production
Sue Beal
305-451-4601
beal_s@bellsouth.net

Notice: We do not mail out the Coconut Telegraph and we do not sell subscriptions.

It is available for free online at www.theconchtelegraph.com.

For comments please visit The Conch Telegraph on Facebook.

COLORFUL



WE LIKE COLORFUL!

The Coconut Telegraph now has more color pages than ever before. Enjoy it, and if you're an advertiser, (or would like to be), call us to find out what your ad would cost in color. It's surprisingly affordable!

305-304-2837

The Coconut Telegraph © 2006-2017 is published monthly by Prestige Publishing, INC. All rights reserved. No part of this publication may be reproduced without written consent of the publisher. The Coconut Telegraph welcomes written articles, photos, and artwork of local interest to be used and/or edited at the discretion of the publisher. The Coconut

The Conch Republic
COCONUT TELEGRAPH
Independently Owned Local Newspaper




305.304.2837
www.TheConchTelegraph.com
TheConchTelegraph@gmail.com

101425 Overseas Hwy., PMB #628
Key Largo, Florida Keys 33037

Articles

Keys Kids Fishing Derby Rescheduled.....	4
Irma, The Unwanted Visitor.....	7
Adopt a Key Largo Animal Shelter Pet.....	8
Conch Republic Strong	9
Hunk of the Month: Max Trent, KLI.....	11
Ladies, Let's Go Fishing Oct. 20-22.....	11
Getting from Here to There - Keys Map Page.....	12-13
Healing After Irma with Good Vibrations Oct. 6-7-8	17
Coco"Nut" Funnies.....	18-19
Key Largo Locator Map Page	20
Hurricane Irma - Where is my Home?.....	21
Conch Characters.....	21
Coping with PTSD After a Natural Disaster by Dawn Wiggins, Ed. S.	22
Mangrove Galley: Apple Pancakes.....	23

"I SURVIVED HURRICANE IRMA" TEE SHIRTS FOR SALE



For information on purchasing your shirt, contact our sponsors or call the Coconut Telegraph Hotline 305-304-2837

Sponsored by:
Denny's Appliance
Law Offices of Erik S. Bloom, PA
Coconut Telegraph
Tropical Realty of the FL Keys
The Hideout Restaurant
Moose Lodge 2287 Key Largo
Shipwrecks
Gilbert's Resort
Florida Keys Visitor Center
Pilot House

Jimmy Johnson's Big Chill
VFW Post 10211 Key Largo
Keys Adventures Watersports
Coral Financial Jewelry & Pawn

Disclaimer

Telegraph assumes in good faith that all editorial and advertising material submitted are the original property of the advertiser. The Coconut Telegraph may not be held responsible for errors, omissions, or for circumstances beyond our control that may affect the distribution schedule.

Key Largo Conch House
MM 100.2 Oceanside • Key Largo

Featured on the Food Network

Breakfast • Lunch • Dinner
8 am - 10 pm daily.



Local Seafood
Vegetarian Entrees
Cook Your Catch
Pet Friendly
Childrens Menu

Award Winning
Lobster Bisque
and
Conch Fritters

Award Winning Food & Coffee



Wine • Beer • Espresso
Homemade Desserts



305-453-4844
www.keylargoconchhouse.com

Salvation Army Family Store
MM 99 Bayside
Key Largo
SHOP • DONATE



**DOING THE MOST GOOD**

Visit the store, or call 305-872-5744 for prompt and courteous pickup

We Come to You!



B & B
MOBILE TIRE SERVICE

Locals' Discount!

KEY LARGO, FL
New Tire Sales
Available 24/7

35 Years Experience

BRYAN WHEATON
Cell: (305) 942-6325
Home: (305) 453-0815

Mastercard & Visa Accepted

JON & JOANNA DREAYER

The Art Box

ART CLASSES • ART SUPPLIES
RESTORATION • MATTING & FRAMING
FRAMING SUPPLIES • CANVAS STRETCHING

Checkout our **FEATURED ARTISTS**

FULL ONLINE STORE: www.ArtBoxKeyLargo.com

WITH KEY LARGO PACK & SHIP

Trust a Professional!



- LOW COST PACKING MATERIALS/BOXES
- SHIPPING: FREIGHT & INTERNATIONAL
- CRATING & SHRINK WRAPPING



Plus!

FAX • PRINT • SCANNING • LAMINATING
COLOR COPIES • DIGITAL ARCHIVING

100650 Overseas Hwy
Key Largo 33037

305-451-5461
artlife@artboxkeylargo.com



We Stock Guitar Strings
— New & Used Guitars —



CORAL FINANCIAL
Jewelry & Pawn
Custom Jewelry

MM102
Oceanside
Key Largo

453-5300

**20th Annual Free
Keys Kids Fishing Derby Rescheduled!**

The Keys Kids Fishing Derby has been rescheduled for Sunday October 15th at the Lorelei for anglers ages 10 and under. There is no charge to enter but anglers must be Monroe County residents. There are three fishing divisions: Shoreline, Backcountry and Offshore and awards for three age divisions, 4 and under, 5-7 and 8-10.

There are lots of prizes with winners in all divisions! Sign up early as the first 100 registered anglers are guaranteed ditty bags. Sign up at Tackle Center of Islamorada, Caribee Boat Sales, at the Lorelei in person or on line, or you can find the application on Facebook "Keys Kids Fishing Derby"

Shoreline fishing will be allowed at the Lorelei with waters chummed by Tackle Center of Islamorada. Bait for shoreline anglers will be supplied by Tackle Center of Islamorada and there will be plenty of folks on hand to help bait hooks, tie lines etc. Each angler will receive a fishing rod so you do not have to have fishing tackle for your kids to fish!

Pick up your ditty bag any time after 7AM. Lines are in at 9AM and weigh in closes promptly at 1PM. Hot dogs



and Cokes will be supplied compliments of Lorelei with donations going to support the Coral Shores Cheerleaders starting at 11:00. There will be a casting contest starting at 10AM. Key Breeze Engraving awards sponsored by IFACT and other prizes will be handed out to the winners on the Lorelei beach at 2PM.

To donate to help defray costs, please make checks to the Islamorada Charter Boat Association a 501-c-3 organization and mail to P.O. Box 462, Islamorada, FL 33036. To donate items, or for more information call Dianne Harbaugh 305-522-4868 or stop and see her at Caribee Boat Sales in Islamorada.

The Blackwater Siren
featuring
The Fabulous Food of Chef Lolo!
Restaurant & Tiki Bar

107690 Overseas Hwy • Key Largo • 305-780-7382
Take the Yacht Club Drive Exit from US1 on the Jewfish Creek Bridge

Join us for the Games! Beer & Food Specials

HAPPY HOUR 3-6pm Monday-Friday
\$3 Well Drinks • \$3 House Wines
\$2.50 Pints of Miller Light & Yuengling Draft
\$2 Bud & Bud Light
Happy Hour Food starting at \$6

"Love the Locals" Discount DOUBLED to 20% on Food & Drink for October!

Follow us for a DAILY Exclusive FB Feature!
Find us on Facebook
FOLLOW US for daily food and drink specials available ONLY to our FB Followers!

FINANCING AVAILABLE ON 2/2 WELL-MAINTAINED MOBILE HOME
Fenced for privacy. Plenty of room to park your RV and boats, too. Separate bedroom plan and open entertaining area. Lots of upgrades. Low down payment for first time home buyers!!

Call THE WASMUND TEAM - JANE OR WENDY

THE WASMUND TEAM
JANE OR WENDY
www.thewasmundteam.com janewasmund@bellsouth.net

305-451-7704
305-451-6100
305-451-2214

I don't want to brag or make anybody jealous, but... I can still fit into the earrings I wore in high school.

I NEED AN ALCOHOLIDAY

Zombie Apocalypse
Preparation level: genius

Woke up with my credit card laying across my keyboard. I can't wait to see what drunk me bought for sober me.

I don't mean to brag, but I just put a puzzle together in 1 day and the box said 2-4 years.

"LEAD ME NOT INTO TEMPTATION..."
Oh who am I kidding? Follow me, I know a shortcut!

THE CHAINS ON MY MOOD SWING JUST SNAPPED.
RUN.

Specializing in Prefab/Manufactured/Mobile Home and RVs. Patented Engineered Roof.

AMS
1-866-969-5493
Family Owned & Operated • Florida State Certified Roofing Contractor CC C1328662 CC CO42787 General Contractor CG C1505972

Discover the AMS Advantage!

LIFETIME TRANSFERABLE WARRANTY ON AMS ALUMINUM ROOF-OVER

AMS offers a Wide Range of Quality Products That:
• Protect Your Investment • Save You Money • Enhance Your Quality Of Life
• Provide You With A Lifetime of Maintenance-Free Comfort
Dependable Service Since 1977

***** SPECIAL FINANCING AVAILABLE *****
***** AMS is Rated Florida's #1 Remodeler by Qualified Remodeler Magazine *****

- Weather-Lok Roof Over
- Insulated Vinyl Siding
- Window Replacements
- Carports & Screen Rooms
- Carport Ultra-Fence
- Metal Roofing
- Acrylic and Vinyl Enclosures
- Storm Protection
- Deco Kool Ceilings
- Patio Covers and more...

Visit Our Website www.AMSOFFLA.com

BBB **MADE IN THE USA** **ENERGY STAR** **f** **AMS**
MYSAPREFLOHOMES.COM PARTICIPATING CONTRACTOR
* FLORIDA BUILDING CODE COMPLIANT *
Licensed & Insured • CG C1505972 • CC CO42787 • CC C1328662



Take the Shuttle!

For those arriving to the Gilbert's party fashionably late, you can park on the main access road and take the FREE air-conditioned shuttle to and from Gilbert's on Saturdays and Sundays from noon-8pm.



Largest Tiki Bar in the Keys!
107900 Overseas Hwy
www.gilbertsresort.com
305-451-1133

SATURDAYS IN OCTOBER:

 <p>Saturday, Oct. 7 UNCLE SMOKEY 1-5 PM</p>	 <p>Saturday, Oct. 7 TRIP MACHINE 7-11 PM</p>	 <p>Saturday, Oct. 14 SPANK THE BAND 1-5 PM</p>
 <p>Saturday, Oct. 14 BOMBSHELL 7-11 PM</p>	 <p>Saturday, Oct. 21 THE STONE CRABS 1-5 PM</p>	 <p>Saturday, Oct. 21 STALL 4 7-11 PM</p>
 <p>Saturday, Oct. 28 STATIC 1-5 PM</p>	 <p>Saturday, Oct. 28 SHANE DUNCAN BAND 7-11 PM</p>	 <p>MICHAEL TRIXX IS BACK! 8pm • Oct 14, 21 & 28</p>

www.FloridaKeysLegal.com

A Law Firm of Hutchison & Tubiana, P.L.L.C.



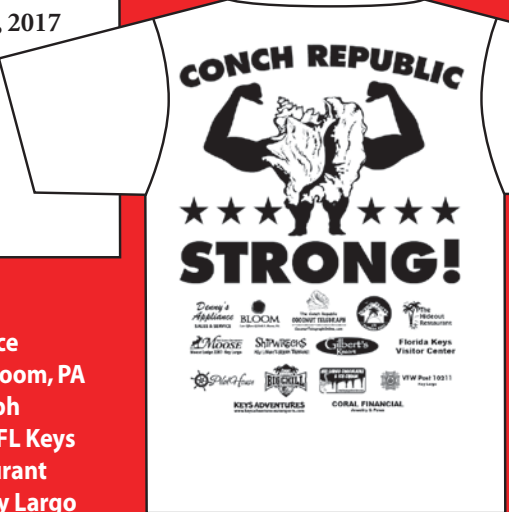

Vincent Tubiana, Esq.
Personal Injury • Criminal Defense • Family Law
305-451-0013
103200 Overseas Hwy #7, Key Largo, FL 33037
Vincent@FloridaKeysLegal.com

Hutchison & Tubiana, P.L.L.C. is a dynamic and established law firm practicing in state, federal and administrative courts in the complex areas of civil and criminal litigation. Their network of lawyers is highly skilled in the areas of personal injury, criminal defense, estate planning, family law, appellate practice, consumer law and landlord/tenant matters.

The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide to hire an attorney, ask us to send you free written information about our qualifications and experience.

"I SURVIVED HURRICANE IRMA" TEE SHIRTS FOR SALE

For information on purchasing your shirt, contact our sponsors or call the Coconut Telegraph Hotline 305-304-2837



Sponsored by:
Denny's Appliance
Law Offices of Erik S. Bloom, PA
Coconut Telegraph
Tropical Realty of the FL Keys
The Hideout Restaurant
Moose Lodge 2287 Key Largo
Shipwrecks
Gilbert's Resort
Florida Keys Visitor Center
Pilot House

Jimmy Johnson's Big Chill
VFW Post 10211 Key Largo
Keys Adventures Watersports
Coral Financial Jewelry & Pawn



Why Be Polite?

I was riding to work yesterday when I observed a female driver, who cut right in front of a pickup truck, causing the driver to drive onto the shoulder to avoid hitting her. This evidently angered the driver enough that he hung his arm out his window and gave the woman the finger.

"Man, that guy is stupid," I thought to myself. But I ALWAYS smile nicely and wave in a sheepish manner whenever a female does anything to me in traffic, and here's why:

I drive to Miami - 48 miles each way every day to work. That's 96 miles round trip.

Of these, 16 miles each way is bumper-to-bumper, and most of the bumper-to-bumper is on an 8-lane highway.

There are 7 cars every 40 ft. for 32 miles. That works out to 982 cars every mile, or 31,424 cars.

Even though the rest of the 32 miles is not bumper-to-bumper, I figure I pass at least another 4000 cars. That brings the number to something like 36,000 cars that I pass every day.

Statistically, females drive half of these. That's 18,000 women drivers! In any group of females, 1 in 28 has PMS. That's 642.

According to Cosmopolitan, 70% describe their love life as dissatisfying or unrewarding. That's 449.

According to the National Institute of Health, 22% of all females have seriously considered suicide or homicide. That's 98.

And 34% describe men as their biggest problem. That's 33.

According to the NRA, 5% of all females carry weapons and this number is increasing.

That means that EVERY SINGLE DAY, I drive past at least one female that has a lousy love life, thinks men are her biggest problem, has seriously considered suicide or homicide, has PMS, and is armed.

Give her the finger? Not me!



The Key Largo Moose has that Conch Strong spirit!



Bye-bye ugly billboard!



Wells Fargo bank had a jungle to clear!



Bartender Jamie at the Moose and some Irma survivors.

Irma, the Unwanted Visitor



The American Legion got an unexpected surprise.



The Salvation Army did not intend to stay open.



Max Trent's floating home completely sank!



Ron Skrumbellos, owner of Hobo's, who donated food and ice to the survivors at the Moose, with former bartender Eddie Rothbard.



Tavernier sailboat.



Thank you Monroe County for quickly clearing the roads.



Island Grill at Mandalay - their appliances blew down the street!



Kristie Walter, Commander of the VFW, with some of the items donated for hurricane victims

KEYS PARASAIL & WAVE RUNNERS

Key Largo Bay Marriott Beach Resort, 103800 Overseas Hwy.
www.keysparasail.com

305-731-9472



Jet ski & Boat Eco Tours
Sunset Cruises
Stand Up Paddleboards
Boat Rentals

KEYS ADVENTURES

Jimmy Johnson's Big Chill, 104000 Overseas Highway
www.keysadventureswatersports.com

305-731-9472

Bayside Sunset Bar

4 pm-10 pm

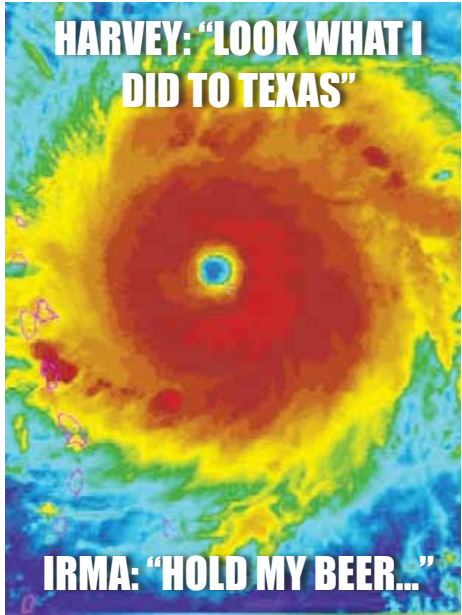


Celebrate Sunset
Most Photographed Sunset in Key Largo!
Live Daily Conch Shell Blowing
LOCALS' FAVORITE

Bayside Grill: Keyribbean Kooking & Kocktails
open 11:30am-10pm • www.keylargo-baysidegrill.com

Best Live Music Schedule in Key Largo
Entertainment calendar at keylargo-baysidegrill.com

305-451-3380 • MM 99.5 Bayside, behind Cafe Largo



Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home, stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.



Pumpkin



Kiki



Charlie



Sheldon & Leonard



humaneanimalcoalition.com



Tiki

WHAT'S YOUR "BLUES" NAME?

1. Use your first initial to find your first name

A = Fat	N = Peg Leg
B = Buddy	O = Red
C = Sticky	P = Sleepy
D = Old	Q = Bald
E = Texas	R = Skinny
F = Hollerin'	S = Blind
G = Ugly	T = Big
H = Brown	U = Yella
I = Happy	V = Toothless
J = Boney	W = Screamin'
K = Curly	X = Fat Boy
L = Pretty	Y = Washboard
M = Jailhouse	Z = Steel-Eye

2. Use your middle initial to find your middle name

A = Bones	N = Foot
B = Money	O = Mama
C = Harp	P = Back
D = Legs	Q = Duke
E = Eyes	R = Dog
F = Lemon	S = Bad Boy
G = Killer	T = Baby
H = Hips	U = Chicken
I = Lips	V = Pickles
J = Fingers	W = Sugar
K = Boy	X = Willy
L = Liver	Y = Tooth
M = Gumbo	Z = Smoke

3. Use your last initial to find your last name

A = Jackson	N = Thompkins
B = McGee	O = King
C = Hopkins	P = Bradley
D = Dupree	Q = Hawkins
E = Green	R = Jefferson
F = Brown	S = Davis
G = Jones	T = Franklin
H = Rivers	U = White
I = Malone	V = Jenkins
J = Washington	W = Bailey
K = Smith	X = Johnson
L = Parker	Y = Blue
M = Lee	Z = Allison

Conch Republic Strong!

Before the storm the words from a popular song by The Clash stuck in my head..."Should I stay or should I go?" Though I knew I could not stay in a trailer, the thought of driving through the state of Florida and running out of gas alone on a dark Florida highway was more frightening to me than to ride out the hurricane in Key Largo where I have friends and can get help. When I inquired about a room at the Moose, and was able to secure the last one available, I felt blessed and safe. After all, the building was built by Henry Flagler and had survived two previous hurricanes. It is made from coral rock, concrete and Dade County pine, making it a virtual fortress. As time ticked by, the TV news channels all predicted doom and gloom for the Upper Keys... as they advertised duct tape and lumber yards(!) But my weather guru, Vivian Kay, had NOAA on her phone and the outlook for Key Largo kept looking better as Irma continued to push west.

KLI donated flashlights and lamps. As I retired in my room that night to ride out the storm I put the flashlight on the bedside stand and the shadow of an angel appeared on the wall, that is when I knew my cat Tuna and I were not alone and through all the wind, rain and tornados, the Moose Lodge remained Conch Republic Strong.

The most frightening and disturbing thing that is once the power went off and we could no longer charge our phones, we were all concerned about conserving our batteries so our families could keep contact as long as possible. Well-meaning friends continued to call and text, sucking up our juice... even when we pleaded with them to stop.

Heros are born from disasters and this one was no different. Max Trent, a manager at KLI and the new administrator of the Moose, kept the lodge open throughout, offering happy hour prices and free breakfast, lunch and dinner every day. He was there from morning until late night, either cooking with his friend Greg Elliott or taking a shift tending bar. The lodge was open to the public and they fed grateful families with small children, retired



The shadow from a flashlight in my hotel room let me know I was not alone.

citizens and veterans. It was then that the true Keys spirit took hold and people started bringing in whatever they had to share. The Hideout donated food, Hobo's donated food and ice, someone brought generators and another brought gas. Max orchestrated it all. Even the Florida Highway Patrol were sending people there. Everyone helped each other. Soon people came in reporting the damages to their homes and the devastation they had seen. It was then that Max Trent found out that the houseboat he had been renting by the Hideout had completely sunk, including everything he owned! Never uttering a word of self pity, Trent kept his focus on helping the community.

Several other restaurants including the Conch House, the Big Chill and the VFW offered free food to the community and the VFW served as a hub for donations. Thank you to the Florida Keys Electric Cooperative and Monroe County for getting us up and running fast. Congratulations to all our advertisers who quickly restored their businesses so they could serve the influx of people who came here to help, as well as those in the process of repairing their homes. We are Conch Republic Strong!

WE ARE FOOTBALL!

35 HDTV'S, FOOD & DRINK SPECIALS FOR ALL GAMES!!



35 HDTV'S, FOOD & DRINK SPECIALS FOR ALL GAMES!!

VOTED BEST WATERFRONT SPORTS BAR IN THE UPPER KEYS

MM104 Bayside - Key Largo
305.453.9066
www.jjsBigChill.com





Hunk of the Month



Max Trent - K.L.I.

Ladies, Let's Go Fishing!

Keys saltwater fishing university, Oct. 20-22 at BPOE Elks, MM 92 Bay-side, Tavernier, FL. Registration, available online, includes two networking receptions, classes, hands-on skill practice, door prizes and gifts. Men and teens welcome. No equipment or experience is required. Optional fishing charters are on Friday and Sunday out of Islamorada. Contact: phone (954) 475-9068; email info@ladiesletsstofishing.com; www.ladiesletsstofishing.com



Ladies aboard *Blue Chip Too* with fish at the Ladies, Let's Go Fishing Keys University last year. Janet Steiner, St. Augustine, Rebecca Hill, St. Augustine, Tracy McCandless, Islamorada, and Theresa Mathis, St. Augustine.

<div>VFW Post 10211<div>October Calendar of Events</div>102255 Overseas HighwayPublic Welcome!!!Phone #: 305-451-2120</div>						
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 -Bingo 2-5 pm -Happy Hour 4-6 pm	2 -Happy Hour 4-6 pm -Show me the \$ 6-8 pm	3 -Members Appreciation 1/2 off prices all day -Show me the \$ 6-8 pm	4 -Happy Hour 4-6 pm -Show me the \$ 6-8 pm	5 -Happy Hour 4-6 pm -Bingo 7 pm	6 \$1 drafts all day -Live Band 7pm-? -50/50 Raffle	7 \$1 Drafts all day -Show me the \$ 6-8 pm -Ladies Night 7-9 pm
8 -Bingo 2-5 pm -Happy Hour 4-6 pm	9 -Happy Hour 4-6 pm -Show me the \$ 6-8 pm -NFL Drink Specials	10 -Members Appreciation 1/2 off prices all day -Show me the \$ 6-8 pm	11 -Happy Hour 4-6 pm -Show me the \$ 6-8 pm	12 -Happy Hour 4-6 pm -Bingo 7 pm	13 \$1 drafts all day -50/50 Raffle	14 \$1 Drafts all day -Show me the \$ 6-8 pm -Ladies Night 7-9 pm
15 -Bingo 2-5 pm -Happy Hour 4-6 pm	16 -Happy Hour 4-6 pm -Show me the \$ 6-8 pm -NFL Drink Specials	17 -Members Appreciation 1/2 off prices all day -Show me the \$ 6-8 pm	18 -Happy Hour 4-6 pm -Show me the \$ 6-8 pm	19 -Happy Hour 4-6 pm -Bingo 7 pm	20 \$1 drafts all day -Live Band 7pm-? -50/50 Raffle	21 \$1 Drafts all day -Show me the \$ 6-8 pm -Ladies Night 7-9 pm
22 -Bingo 2-5 pm -Happy Hour 4-6 pm	23 -Happy Hour 4-6 pm -Show me the \$ 6-8 pm -NFL Drink Specials	24 -Members Appreciation 1/2 off prices all day -Show me the \$ 6-8 pm	25 -Happy Hour 4-6 pm -Show me the \$ 6-8 pm	26 -Happy Hour 4-6 pm -Bingo 7 pm	27 \$1 drafts all day -50/50 Raffle	28 \$1 Drafts all day -Show me the \$ 6-8 pm -Ladies Night 7-9 pm
29 -Bingo 2-5 pm -Happy Hour 4-6 pm	30 -Happy Hour 4-6 pm -Show me the \$ 6-8 pm -NFL Drink Specials	31 **HALLOWEEN** -Members Appreciation 1/2 off prices all day -Show me the \$ 6-8 pm	Hours: Sun - Thu: 2pm - 10pm Fri - Sat: 2pm- 12am	Daily Food Specials at the Freedom Cafe!!!	Daily Specials: Sun: 6 oz Sirloin Mon: Meatloaf Tue: Tacos / Burritos	Wed: Chicken Parmesan Thu: 6 oz Sirloin Fri: Spaghetti Sat: BBQ Chicken/Ribs

Voted **Best Happy Hour in the Keys!** **4-7 Daily**





NOW OPEN!

13 Seagate Blvd., Key Largo, MM 99.6, 305-451-3142
www.pilothousemarina.com fb.com/pilothousekeylargo

Pilot House Restaurant:



As seen on Diners, Drive-Ins and Dives on Food Network!!

Episode: "Succulent Sandwiches"

This trip, Guy Fieri's diggin' into succulent sandwiches! In Oakland, a real-deal butchery stacking up killer cheesesteak and off-the-chain chicken. In Modesto, Calif, a funky food truck putting pastrami on pretzel bread and cooking pulled pork in root beer. **And in Key Largo, Florida, a seafood staple servin' up a sandwich that's become a local legend.** (Episode: DV2407H)

Elks Sunset Ballroom



Book your next event!
Open to the Public • Capacity 250 • Event Planning Available
Hall Rental, Decorating & Catering Packages - call Joyce 305-619-2259

Friday Night
FISH FRY
Fish Fry (6pm)
& Karaoke (7:30pm)

Sunday Night
BINGO
Sundays, 5-7 pm

Monday Night
It's Back!!
LINE DANCE
Mondays 5-6 pm



Halloween Party
October 28th
WATCH FOR DETAILS
Everyone is invited to our events (not just Elks)!
More info: 305-852-1872
MM 92.6 Bayside • Tavernier
www.floridakeyselks1872.com
Like us on Facebook! Florida Keys Elks Lodge 1872

BRUNCH IS BACK AT SUNDOWNERS

Scrumptious new brunch fare, outrageous drinks, and a view that won't quit!

Sundays 10am 'til 3pm
Live Music



305.451.4502
MM 104 Bayside
SundownersRestaurant.com



ENDLESS MIMOSA

Endless champagne during Brunch with your choice of juice

KEY LARGO CHOCOLATES & ICE CREAM



HANDMADE CHOCOLATES
KEY LIME PIE ON A STICK
PREMIUM ICE CREAM MADE HERE
FUDGE
KEY LIME PIES

FREE SAMPLES with this ad CT 2017

MM 100 1/2 BAYSIDE
www.keylargochocholates.com • 305-453-6613

KEY LARGO'S FAVORITE PLACE FOR ICE CREAM!

ALL-YOU-CAN-EAT TACOS 11.99

TACO NIGHT

Barbacoa, Steak, Chicken, or Carnitas Tacos...
Served with all-you-can-eat beans & rice, or veggies.

EVERY WEDNESDAY NIGHT from 5 PM!



Señor Frijoles

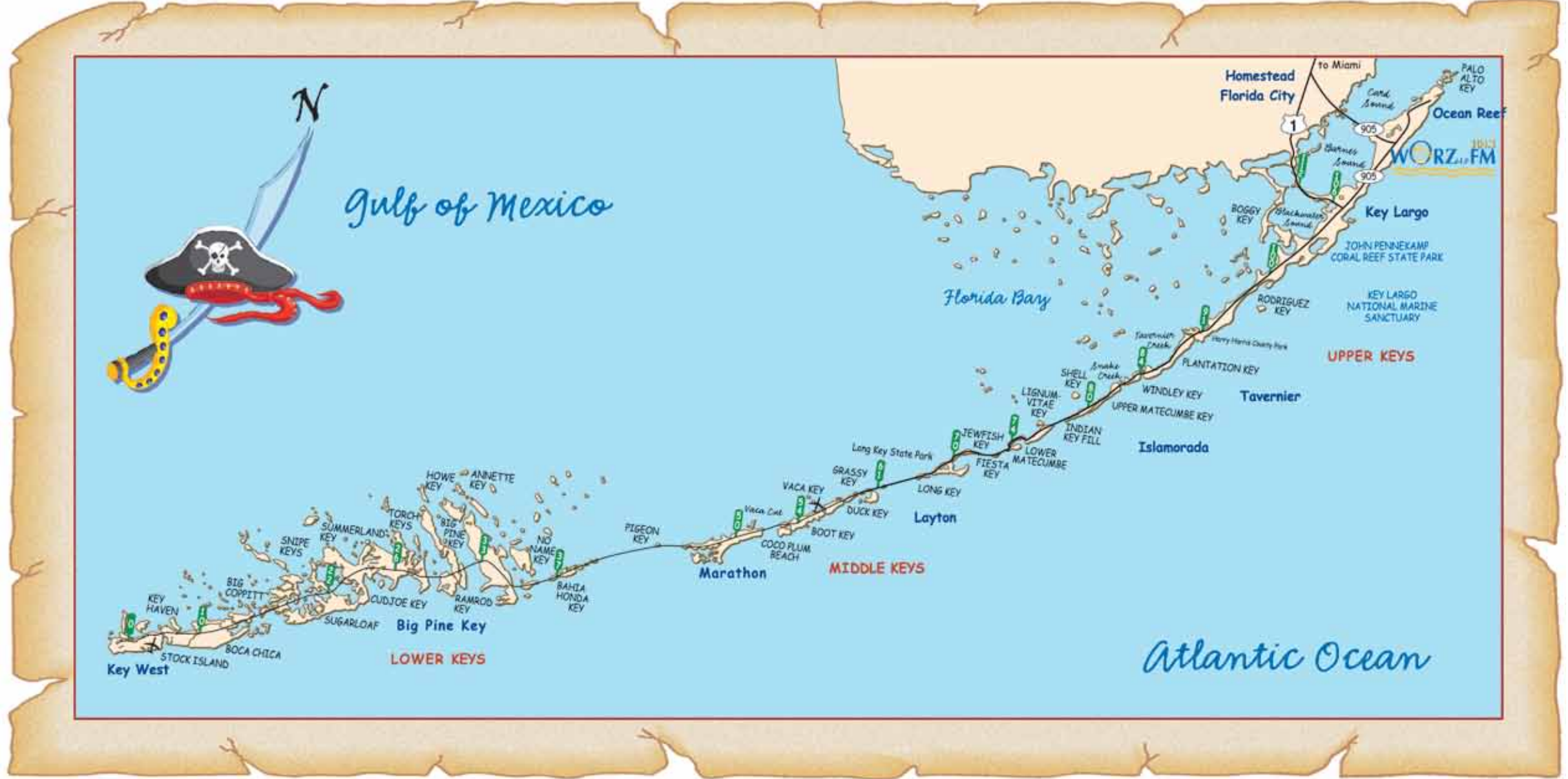
MM 104 • Bayside • Key Largo
305-451-1592
senorfrijolesrestaurant.com



FRESH-SQUEEZED
KEY LIME MARGARITAS

ONLY \$4 MON-FRI 4-6PM

The locals love to come for a Margarita at sunset... try it and you'll see why!







"I SURVIVED HURRICANE IRMA" TEE SHIRTS FOR SALE

For information on purchasing your shirt, contact our sponsors or call the Coconut Telegraph Hotline 305-304-2837

Sponsored by:

Denny's Appliance
Law Offices of Erik S. Bloom, PA
Coconut Telegraph
Tropical Realty of the FL Keys
The Hideout Restaurant

Moose Lodge
2287 Key Largo Shipwrecks
Gilbert's Resort
Pilot House

Florida Keys Visitor Center
Jimmy Johnson's Big Chill
VFW Post 10211 Key Largo
Keys Adventures Watersports
Coral Financial Jewelry & Pawn



Full Liquor Bar

Come by Land or Sea • In the Garden Cove Marina
Enjoy Casual Waterfront Dining at its Finest!

Waterfront Dining • Indoors or Outdoors

FEATURING FRESH FLORIDA LOBSTER

- Fresh, Local Seafood
- Steaks & Ribs
- Conch Chowder & Key Lime Pie

305-453-3746 • buzzardsroostkeylargo.com
MM 106.5 Oceanside
21 Garden Cove Dr. • Key Largo



the Buzards Roost

• Open 7 Days •
Champagne Sunday Brunch

2014 Winner
Certificate of Excellence



Key Largo

Sea Glass Jewelry



Beautiful pendants made in Key Largo.

ART BOX MM 100.6 305-451-5461	FLA. KEYS VISITOR CENTER MM 106	KEYS DIVER MM 99.7 305-451-1177
--	---	--



Snook's Bayside

restaurant & grand tiki bar • Key Largo, Florida

YOU HOOK 'EM WE COOK 'EM

MARK YOUR CALENDAR OUR FIRST LUAAU OF THE SEASON IS NOVEMBER 25TH

Daily Happy Hour • Sunset Celebration • Nightly Entertainment • Private Parties

Keep The Vibe Alive... Get Your Snook On!

305-453-5004 • www.snooks.com
Key Largo MM 99.8 Southbound Lane Behind Traffic Light



the Buzards Roost

2014 Winner
Certificate of Excellence

BASH ON THE BAY

FUND-RAISER FOR FL KEYS HURRICANE IRMA VICTIMS

SATURDAY, OCTOBER 14TH • 6-10PM

Keep the Keys Vibe Alive!

FEATURING:

DJ FLIP • SILENT AUCTION • LOCAL ARTISTS

JEWELRY ARTISANS • HENNA TATTOOS • PALM READING

& OTHER FUN ENTERTAINMENT!

Snook's Bayside

restaurant & grand tiki bar • key largo, florida

305-453-5004 • www.snooks.com • Key Largo MM 99.8 Southbound Lane Behind Traffic Light

HOSTED BY

Wyland



\$50 PER PERSON FOR FOOD & BAR



tripadvisor RECOMMENDED

Former Hooters waitress settles suit

Hooters likes to motivate its staff with prizes for top sellers. Playing on a classic pun, management at The Panama City, FL restaurant promised a “Toyota” (never in writing), but delivered a toy Yoda.

Jodee Berry, 27, won the beer sales contest at the Panama City Beach Hooters. She believed she had won a new Toyota and happily was escorted to the restaurant's parking lot in a blindfold.

But when the blindfold was removed, she found she had won a new toy Yoda — the little green character from the Star Wars movies.

After the stunt, Berry quit the restaurant and filed a lawsuit against Gulf Coast Wings, the restaurant's corporate owner, alleging breach of



Jodee Berry with her prize “toy Yoda.”

contract and fraudulent misrepresentation.

The restaurant's manager, Jared Blair, has said the whole contest was an April Fools' joke.

David Noll, her attorney, said that he could not disclose the settlement's details, although he said Berry can now go to a local car dealership and “pick out whatever type of Toyota she wants.”



Wed @ Gilberts

Thurs @ Snooks

Fri @ Gilbert's (day)

Fri @ Skippers (late)

Sat @ Skippers (day)

Sat @ Mandalay (late)

Sun @ TBA

305-360-1127

bobbebrown.com

SHIPWRECKS

OPEN 11:00 AM to 9:30 PM EVERY DAY

KEY LARGO'S HIDDEN TREASURE!

DAILY FOOD & DRINK SPECIALS

Sunday - Live Music 2-6 pm

FRIDAY NIGHT FISH FRY 5-9 pm

MAHI ALL-U-CAN-EAT • Fried \$12.99 • Blackened/Grilled \$13.99

SATURDAY - PRIME RIB DINNER

HAPPY HOUR: 4-6 pm EVERY DAY

▶▶▶▶ Bud & Bud Light \$1 Drafts ◀◀◀◀

LOCALS' FAVORITE 305-453-3153 45 Garden Cove Drive MM 106

Gilbert's infamous



Don't Miss it!



www.gilbertsresort.com

HALLOWEEN PARTY

SATURDAY, OCTOBER 28

Michael Trixx 8pm

Costume Contest STARTS 9 PM

\$500 CASH 1st Place Prize

Basket of Booze 2nd Place

\$250 Gilberts Gift Card 3rd Place

LIVE MUSIC 7-11 PM

Shane Duncan Band

Feeling Under the Weather

Doing our difficult emotional cleansing can take a toll on us and make us feel run down, but this too will pass.

At times when we are detoxing our bodies, or going through the ascension process, we experience aches in our bodies and manifest flu like symptoms. We may find ourselves feeling fatigued and even sad, as if we might be coming down with something. This is a natural part of any cleansing process and commonly accompanies deep inner-work.

As we are called to examine our emotions and our beliefs, which often prompts deep inner-changes as well as external shifts, our bodies grow tired. Feeling under the weather is the way they let us know that it's time to take a break. It's best to be easy on ourselves at times like these and not to keep pushing forward. Learning to listen to and honor our bodies is part of the process of becoming more conscious.

As soon as you notice you are not feeling well, make an effort to get extra sleep, whether by going to bed earlier than usual or working

naps into your routine. You can also support your body by eating as healthy as possible, drinking plenty of water and herbal teas, and taking vitamins. Vitamin C is especially galvanizing to the immune system. Homeopathic remedies can also aid you in assisting your body in its time of rest and recovery.

Talking lovingly to yourself, and your body, will also help. Beyond that, simply letting go of thinking and resting in the deep silence of your true self will speed your recovery. In addition, you can always call upon your guides and angels, asking them to ease the symptoms.

It is natural to go through times of feeling under the weather, so there is no reason for you to worry. On the contrary, feel free to let go of worry and rest peacefully in the knowledge that this too shall pass, leaving you stronger, healthier, and further along in your healing process.

Reprinted from DailyOM - Inspirational thoughts for a happy, healthy and fulfilling day. Register for free at www.dailyom.com

More Ponderables

Why do drug stores make the sick walk all the way to the back of the store to get their prescriptions while healthy people can buy cigarettes at the front?

Why do people order double cheeseburgers, large fries, and a diet coke?

Why do we leave cars worth thousands of dollars in our driveways and put our useless junk in the garage?

Why does the sun lighten our hair, but darken our skin?

Why can't women put on mascara with their mouths closed?

Why don't you ever see the headline 'Psychic Wins Lottery'?

Why is 'abbreviated' such a long word?

Why is it that doctors and attorneys call what they do 'practice'?

Why is lemon juice made with artificial flavoring, and dishwashing liquid made with real lemons?

Why is the man who invests all your money called a broker?

Why is the time of day with the slowest traffic called rush hour?

Why isn't there mouse-flavored cat food?

Why didn't Noah swat those two mosquitoes?

Why don't sheep shrink when it rains?

Why are they called apartments when they are all stuck together?

If flying is so safe, why do they call the airport the terminal?

Is it good if a vacuum really sucks?

Why is the third hand on the watch called the second hand?

If a word is misspelled in the dictionary, how would we ever know?

If Webster wrote the first dictionary, where did he find the words?

Why do we say something is out of whack? What is a whack?

Why does "slow down" and "slow up" mean the same thing?

Why does "fat chance" and "slim chance" mean the same thing?

Why do "tug" boats push their barges?

Why do we sing "Take me out to the ball game" when we are already there?

Why are they called "stands" when they are made for sitting?

Why is it called "after dark" when it really is "after light"?

Doesn't "expecting the unexpected" make the unexpected expected?

Why are a "wise man" and a "wise guy" opposites?

Why do "overlook" and "oversee" mean opposite things?

Why is "phonics" not spelled the way it sounds?

If work is so terrific, why do they have to pay you to do it?

If all the world is a stage, where is the audience sitting?

If love is blind, why is lingerie so popular?

If you are cross-eyed and have dyslexia, can you read all right?

Why is bra singular and panties plural?

Why do you press harder on the buttons of a remote control when you know the batteries are dead?

Why do we put suits in garment bags and garments in a suitcase?

Why do we wash bath towels? Aren't we clean when we use them?

Why doesn't glue stick to the inside of the bottle?

Why do they call it a TV set when you only have one?

Why do we drive on a parkway and park on a driveway?

BUSINESS IN THE KEYS



Denny's Appliance
D.E. HARRINGTON
Owner



SALES & SERVICE
Mile Marker 100
Ocean Side

305-451-5639 • Denny'sAppl@yahoo.com
300 Atlantic Dr. • Key Largo, FL 33037

24-HR SERVICE

NATIONWIDE PLUMBING SERVICES

Commercial & Residential • State Certified Contractor
CFC057546 / Licensed & Insured
CERTIFIED MASTER PLUMBER SPECIALIST
info@nwpflkeys.com

RAY

Office: (305) 853-1848
Cell: (305) 772-4580

97671 Overseas Hwy
Key Largo, FL 33037

Larry's Mobile RV Service
Serving the Upper Keys
31 Years Experience • Licensed and Insured

630-460-7676
Larry Zinser
larrysrvs@yahoo.com

www.floridakeysrvservice.com
Like us on FACEBOOK



Quality Web design at affordable rates.

Upper Keys Web Design

Web Design
Website
Renovations
E-Commerce
Maintenance

Omar Perez
info@upperkeys.net
305.453.4281
www.upperkeys.net



305-451-3389

PROMPT PROFESSIONAL SERVICE

CHARTER PEST CONTROL
HOUSEHOLD AND COMMERCIAL PEST CONTROL

CHRIS SANTE
Owner

BOX 373006, MM 100 1/2
KEY LARGO, FLORIDA 33037

Structural/Civil • Structural Evaluations
Residential/Commercial Design

WE CLOSE PERMITS

Michael F. Padula P.E.
Seacoast Engineering & Design

Key Largo, FL 33037 • 305.509.7695 • fax 305.509.7635
seacoast@live.com • Seacoast Engineering and Design on Facebook

Barbara Eads
GRI, CRS, TRC, CIPS, CLHMS, SFR, REOS
Licensed Real Estate Broker

Barbara Eads Realty, Inc.
91770 Overseas Highway
Tavernier, FL 33070

Off: (305) 853-5982
Cell: (305) 586-7326
Fax: (305) 853-5987

Email: Barbara@keysforsale.com
Website: www.keysforsale.com



GRAPHIC DESIGN
PRE-PRESS SPECIALIST
Brochures • Rack Cards
Camera Ready Art • Logos

SUE BEAL
305.451.4601
FAX: 305.451.3165
beal_s@bellsouth.net

ISLAND INFORMATION SERVICES

219 SECOND STREET • KEY LARGO, FLORIDA 33037

NUM THAI RESTAURANT & SUSHI BAR



LUNCH 11:30-3 (Mon.-Fri.)
DINNER 5-10 (Every Day)

305-451-5955
numlargo@yahoo.com
103200 Overseas Hwy, Key Largo, MM 103 Bayside

\$1 Sushi all the time!
Special Dinner Menu starting at \$6.99 (5-7:30pm)
Lunch Specials from \$5.95
Private Room Available
Voted Best Asian Food 15 years in a row.

COCONUT TELEGRAPH CLASSIFIED ADS

BUYING

WE BUY COINS
No collection too large or too small. We pay cash on the spot and we offer private consultation in our location or yours.
Call Bill 305.942.0911.

Buyers agent is buying old things.
Costume jewelry, furniture, antiques and anything old of value.
Call now, leave msg. **305-304-2837**

GET CLASSIFIED
\$10 per col.inch per month! (generous 1.88 column width)
Bold Listing \$12./inch per mo.
MUST BE PAID IN ADVANCE
Classified Display Space \$15/inch.
Drop off your ad and payment at
The UPS STORE
101425 Overseas Highway,
Next to Publix at Tradewinds
Questions? Call 305-304-2837.

SERVICES

House Cleaning call Danielle
305-393-2728

Auto Repair Service.
Free pick-up and delivery. Try us once, you'll never go anywhere again.
MM 110, Stop By!

ILLITERATE?
Write today for free help.
PO Box 999, Key Largo

JOBS
3-year-old teacher need for pre-school.
Experience preferred.
305-451-HUH?

PIZZARIA HELP WANTED
DO NOT APPLY if you'll need nights off because your band has a gig. DO NOT APPLY if you'll need weekends off because you have a gallery opening. DO NOT APPLY if you just want to work a few weeks before you go to Europe.
1-800-SERIOUSLY

MUSICIANS WANTED

Amateur & seasoned musicians wanted!
The Keys Community Concert Band
begins rehearsals for its new season in the fall. If you want to participate, call 305-451-4530.

FREE

Free - International Ketchup Packet Collection
This is a collection of ketchup packets from around the world, approximately 25 countries are represented, including Japan, Finland, Estonia, Greenland, Brazil, and Portugal. None of the packets have been opened and they are labelled with their home country. Collection comes in decorative box with ducks on it. 305.454.FREE

FOR SALE

Mixing bowl set designed to please a cook with round bottom for efficient beating.

PERSONAL

Looking for Bridesmaids
My fiancée and I are getting married in February. He has 8 groomsmen lined up and I only have one bridesmaid. So, I need some girls who are attractive and around my age (30) to stand up in my wedding. You can be single or taken. It doesn't matter....you just have to be hot. But not hotter than me! Email me for more information. The wedding will be in Islamorada and you won't have to pay for a thing. Hope to hear from you!
bride@delusional.com

VESSEL SAFETY

The USCG Auxiliary conducts vessel safety checks at Blackwater Sound Marina, MM 103.8 Bayside, every third Saturday of the month.
The Public is Welcome.
More info: 305-998-8400

CLUBS

Fraternal Order of the Eagles meets every 1st and 3rd Monday 7pm at Elks Lodge in Tavernier.

Florida Keys Orchid, Fern and Bromeliad Society meets the 3rd Thurs. of every month at Key Largo Library Comm. Room 7pm. Open to public.
305-451-3000

The Key Players, Inc. Community Theater Group needs volunteers to work behind the scenes and audition for roles!
Go to: thekeyplayers.org

FOR SALE

Dog for Sale.
Eats anything and is fond of children.
1-800-DOGE

VERY SPECIAL JOB OFFER

I'm afraid of Clowns.
I need someone to help me rid me of this fear. I will provide a clown costume and all you need to do is follow me around wherever I go all day everyday until I kick this fear. I'm talking, to work, to the mall, to the store, to church. You will follow me dressed as a clown and acting in a clown mannerism. You can pick your own clown name, but you must have one. You must be prepared to take a pie in the face, and make balloon animals. As that is all of the responsibilities of normal clown behavior. If you have a small car, and several friends that are willing to dress like clowns we may be able to work out some temp work with them as well.

Location: Tavernier, FL
Compensation: This is paid by the week position, temporary until my fear goes away.

Classified ads will not be accepted without payment.

HEALING AFTER IRMA WITH GOOD VIBRATIONS - Oct. 6, 7, 8

The non-profit Waypoint Foundation of Key Largo announces a free weekend Sound Healing and Therapy Study Group beginning late Friday afternoon, October 6th at St. James the Fisherman Episcopal Church at MM 87.5 in Islamorada. Sound Therapy was first described in ancient scriptures, has been a powerful and effective tool for promoting good health and wellbeing for thousands of years.

"New science supports what mystics and others have known for years" comments Clarice Yentsch, President of The Waypoint Foundation. "We are honored that Rhonda C. Selvin a nurse practitioner and expert in energy work from Boothbay Harbor, Maine will lead this Study Group. The intention is to learn and share various tools, techniques and practices for self care and care of others. This Study Group, focusing on



Rhonda C. Selvin, nurse practitioner and energy work expert from Maine will lead the Sound Healing & Therapy Study Group event Oct 6-8.

vibrations vs. music per se, is a practicum that will give the presenters the opportunity to share why they have become advocates of Sound Therapy.

The Study Group will convene Friday afternoon at 4:00 - 6:00 PM on October 6th at St. James the Fisherman for a meet and greet session and a short sound therapy drumming treat with Jan Mulvihill, an exceptional education teacher at Key Largo School and a few of her students. Saturday the sessions will be from 9:00 AM to 4:00 PM. Lunch will be available. Sunday morning, October 8th from 9:00 AM to noon the group will be guests of Deena Hoagland, founder and director of Island Dolphin Care and her staff at IDC, 150 Lorelane Place, Key Largo. Please pre-register with claricemyentsch@gmail.com. Highlights will include Robin Hanbridge, Burlington, Vermont, and Big Pine Key, with his Tibetan singing bowls, gongs and hand-crafted didgeridoos. Kathleen Merfeld, of Key Largo Florida with Mike Twyford and Kip Irvine of Miami, Florida will lead a session with strings using Viola da Gamba and other instru-



Robin Hanbridge from Big Pine Key and Burlington VT with his Tibetan singing bowls, gongs and algeridoo.

for Sunday afternoon, October 8th at St. James the Fisherman Episcopal Church MM 87.5 from 4:00 to 6:00 PM. Please join in our Community Healing and give your mind, body and cell phone a rest.

ments. Carol and Ken Schryver of Key Largo will share how humming and the human voice enrich the soul and Jean-Charles Genet, Islamorada, FL will share his research on sound.

Following Hurricane Irma, a public Community of Compassion Sound Healing is planned



Collection of Sound Therapy tools as photographed by Glenn R. Hoover of Key Largo.

Hurricane Procedures at the Coconut Telegraph Offices

Office procedures concerning tropical systems and office closing. The following are our guidelines based upon the tropical cyclone's intensity.

Category 1 Hurricane
No excuse for being late. Leave home earlier to give extra time to avoid fallen trees and limbs.

Category 2 Hurricane
Due to the horizontal rain, you may dress casual.

Category 3 Hurricane
Whereas most of the area will be flooded, we suggest you avoid wearing open toe

sandals when coming to work. Canoes/kayaks will be provided to get in to the building safely.

Category 4 Hurricane
More than likely there will be no electricity. Office personnel will be given manual typewriters and rotary dial phones. If you choose to wear make up, we suggest waterproof.

Category 5 Hurricane
Velcro will be provided to keep you in to your seat when the windows and doors blow out. For those who survive, we will have cake at 3:30 in the conference room.

Best pick up line in the Florida Keys today: "Want to sleep in A/C?"

Moist people aren't offended by the occasional typo

A MESSAGE FROM THE TYPESETTER:
If I ever use "there" instead of "they're" and "your" instead of "you're" in the same article, I've been kidnapped and am signaling for help.

Coco‘Nut’ Funnies

A baby can drink a bottle, fall asleep and people say it's cute. If I do it, I'm an alcoholic.

A man goes to a Halloween costume party wearing nothing except his underwear with a woman on his back.

His friends see him and ask, "Hey man, what are you meant to be?"

He replies "Oh I'm dressed as a turtle."

His friends respond, "A turtle? How are you a turtle? Who's that woman on your back?"

The man replies, "Oh, that's just Michelle."



My wife told me to go to the doctor and get some of those tablets that help get an erection.

You should have seen her face when I came back and tossed her some diet pills!

I'm still looking for a place to live..



Help with an Embarrassing Problem

I've always wondered about these ads. You've seen all the commercials...

But what really happens when you ask for help with an erection lasting more than 4 hours?

I walked into a drug store and asked to talk to a male pharmacist.

The woman I was speaking with said she was the only pharmacist and since she and her sister owned the store, there were no male employees. She asked if she could help me.

I said that I really would have preferred to speak with a male pharmacist.

She assured me that she was completely professional and whatever it was that I needed to discuss, I could be confident that she would treat me with a high level of professionalism.

I reluctantly agreed and began by saying, "As a shy man, this is tough for me to discuss, but here goes.

I get erections every day that last more than four hours. This condition causes me a lot of problems and severe embarrassment.

I was wondering what you could give me for it?"

The pharmacist said, "Just a minute, I'll talk to my sister."

When she returned, she said, "We discussed it at length and this is the absolute best we can do:

- 1/3 ownership in the store,
- a company pickup truck,
- a king size bed and
- \$3,000 a month in living expenses."

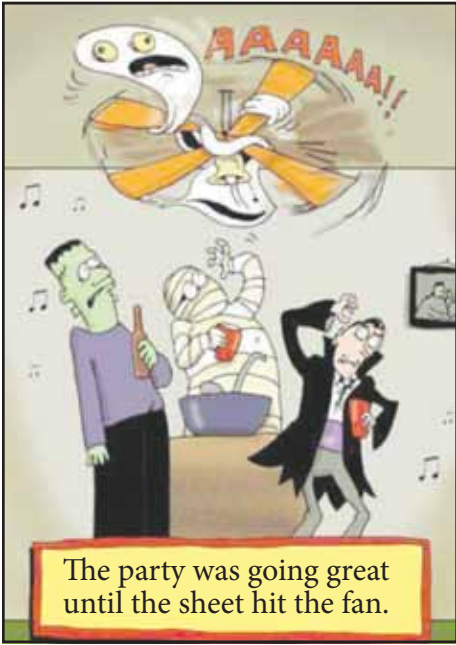
SPEEDING TICKET

A police officer stops a blonde for speeding and asks her very nicely if he could see her driver's license.

She replies in a huff, "I wish you guys would get your act together! Just yesterday they took my license away and now today you expect me to show it to you?"



THE NIGHT EDDIE BECAME A TOAD.



Doctor Visit

A guy walked into a doctor's office and the receptionist asked him what he had. He said, "shingles." So she took down his name, address, and medical insurance number and told him to have a seat.

Fifteen minutes later a nurse's aide came out and asked him what he had. He said, "shingles." So she took down his height, weight, a complete medical history and told him to wait in the examining room.

A half-hour later, a nurse came in and asked him what he had. He said, "shingles." She gave him a blood test, a blood pressure test, an electrocardiogram, told him to take off all his clothes and wait for the doctor.

An hour later the doctor came in and asked him what he had. He said, "shingles." The doctor said, "Where?" He said, "Outside in the truck. Where do you want them?"



A Bad Day at the Pharmacy

Upon arriving home, a husband was met at the door by his sobbing wife. Tearfully she explained, "It's the pharmacist. He insulted me terribly this morning on the phone."

Immediately the husband drove downtown to confront the pharmacist and demand an apology. Before he could say more than a few words, the druggist told him, "Now, just a minute, please listen to my side of it..."

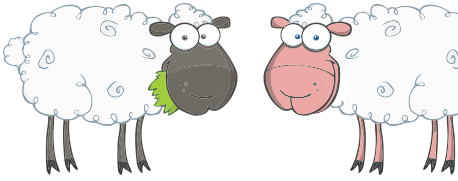
This morning the alarm failed to go off, so I was late getting up. I went without breakfast and hurried out to the car, just to realize that I locked the house with both house and car keys inside. I had to break a window to get my keys. Then, driving a little too fast, I got a speeding ticket.

Later, about three blocks from the store, I had a flat tire. When I got to the store there was a bunch of people waiting for me to open up. I opened and started waiting on these people, and all the time the darn phone was ringing off the hook."

He continued, Then I had to break a roll of nickels against the cash register drawer to make change, and they spilled all over the floor. I got down on my hands and knees to pick up the nickels; the phone was still ringing. When I came up I cracked my head on the open cash drawer, which made me stagger back against a showcase with bunch of perfume bottles on it...all of them hit the floor and broke.

Meanwhile, the phone is still ringing with no let up, and I finally got to answer it. It was your wife. She wanted to know how to use a rectal thermometer...and, honest mister, all I did was tell her!"

I have enough money to live comfortably for the rest of my life... if I die next Thursday.



In 1872 the Welsh invented the condom, using a length of sheep's intestine.

However in 1873 the English somewhat refined the idea by taking the intestine out of the sheep first!



BOSS: HOW GOOD ARE YOU AT POWERPOINT?
ME: I EXCEL AT IT.
BOSS: WAS THAT A MICROSOFT OFFICE PUN?
ME: WORD.



MY JOKES ARE LIKE HOT CHICKS

Hard to get and when you do, not nearly as good as you thought they would be.



Left Field

by J.S. McKinna

JOHN MCKINNA was a local musician, a best-selling author, and a published, syndicated cartoonist. We feature his cartoons monthly.

THE HIDEOUT IS OPEN!

LOCAL'S FAVORITE! Best-kept secret for 30 years!

Keys Eating at Its Finest...
Overlooking the Water

The Hideout Restaurant
305-451-0128

7 Days a Week - 6 AM to 2 PM & Friday Nights 5-9 PM
MM 103.5 • Oceanside (Transylvania Ave. to the End)

FRIDAY FISH FRY
ALL YOU CAN EAT
\$12.95
5-9 PM • Bev. Incl.

—Daily Specials—
Breakfast Served 'til 2PM Daily

IF YOU WANT RESULTS - - - CALL US!
WE GET THE JOB DONE!!!!

THE WASMUND TEAM

TROPICAL REALTY OF THE FLORIDA KEYS, INC.

102901 OVERSEAS HWY., KEY LARGO 305-451-2214

We're a **Mother-Daughter Team** and we handle your real estate needs with integrity and professionalism. Let our 30+ years of combined experience work for you!

BROKER/OWNER **OWNER**

Jane: 305-451-2214 **Wendy: 305-394-1376**
CRS, GRI, Short Sale Specialist GRI

www.thewasmundteam.com
janewasmund@bellsouth.net

ON THE MAP

You Can Trust The Professionals at

WHEATON'S SERVICE CENTER
MV10170
Quality Service Since 1972

AMERICAN & FOREIGN CARS, TRUCKS
S.U.V.s, VANS, TRAILERS & R.V.s

- Certified Mechanics
- Exhaust Systems
- Brakes
- Tune-Ups
- Tire Sales & Repairs
- Air Conditioning
- Coolant & Transmission Flushes
- Regular & Synthetic Oil Changes

MINOR & MAJOR REPAIRS

305-451-3500

MM 101.5 • KEY LARGO

ON THE MAP

Key Largo Sea Glass Jewelry

Beautiful pendants made in Key Largo.

FLORIDA KEYS VISITOR CENTER
106240 OVERSEAS HWY.
KEYS DIVER MM 99.7 THE ART BOX MM 100.6

ON THE MAP

Open Late!

Marathon Pub

KEY LARGO

522 Caribbean Drive • 305.453.1905

Breakfast, Lunch & Dinner **Live Music**
Featuring Fresh Local Fish **Happy Hour Every Day**

Locals' Favorite! **On the Water** **Craft Beer**
Sports Headquarters

ON THE MAP

Key Largo

In Key Largo, we navigate by Mile Markers! Look for the little green signs and mile indicators on power poles to find your way.

Legend

- U.S. Highway
- State Highway
- Boat Ramp
- Mile Marker
- Point of Interest
- Dive Site
- Dive Wreck
- Swim with Dolphins

Bayside

- Buttons Sound
- Little Blackwater Sound
- Blackwater Sound
- Little Buttonwood Sound
- Wild Bird Rehabilitation Center
- Mariners Hospital
- Harry Harris Park & Beach
- Molasses Reef
- Duane
- Bibo

Oceanside

- Barnes Sound
- Swish Creek
- John Pennekamp Coral Reef State Park
- Carly's Fort
- North Dry Rocks
- City of Washington
- Christ Statue
- Grecian Rocks
- Florida Keys National Marine Sanctuary
- Spiegel Grove
- Bermwood
- French Reef
- Alligator

Points A, B, C, D, E, F, G, H, I, J, K, L, M, N, O, P, Q, R, S, T, U, V, W, X, Y, Z are marked on the map.

KEY LARGO CHOCOLATES & ICE CREAM

HANDMADE CHOCOLATES
KEY LIME PIE ON A STICK
PREMIUM ICE CREAM MADE HERE
FUDGE
KEY LIME PIES

KEY LARGO'S FAVORITE PLACE FOR ICE CREAM!

FREE SAMPLES with this ad

MM 100 1/2 BAYSIDE

www.keylargochocholates.com • 305-453-6613

ON THE MAP

Key Largo Sea Glass Jewelry

Beautiful pendants made in Key Largo.

FLORIDA KEYS VISITOR CENTER
106240 OVERSEAS HWY.
KEYS DIVER MM 99.7 THE ART BOX MM 100.6

ON THE MAP

YOUR AD HERE

RATES

KEY LARGO MAP PAGE

Vertical:
2.5" wide x 4" tall
\$125 per month

Horizontal:
4.75" wide x 3.13" tall
\$150 per month

Skyscraper:
2.5" wide x 8.25" tall
\$200 per month

Surprisingly Affordable!

The Conch Republic
COCONUT TELEGRAPH
Independently Owned Local Newspaper

Denise Malefy
PUBLISHER
305.304.2837
www.TheConchTelegraph.com
TheConchTelegraph@gmail.com
101425 Overseas Hwy., PMB #628
Key Largo, Florida Keys 33037

Hurricane Irma—Where is my Home?

by Kimberly Lahr

I used to say that I never felt homesick—even when on extended vacations. But now that I don't have a home to come back to, I am beginning to understand the full meaning of the word.

Home conjures up words like security, warmth, familiarity, and friends. Things we sometimes take for granted. Yes, we hear and see the devastation of others who have lost everything on our television, and on social media. But when it happens us, only then can we can fully relate to all those people to whom we referred to as the unfortunate. "Those poor people," we say. "It must be awful." It is.

Many people have communicated to me that I should be thankful for the things I still have, i.e. my

family, and my pet Amazon parrot, "Buckwheat." And yes, I am very grateful; and I am cognizant of the fact that it could have been worse. I could have lost everything.

But — when you return to the place that you have called home for so many years, and you see all of your things destroyed, well, -it is a very painful and humbling experience.

I saw people standing by what used to be their homes and crying, or just staring in shock. There are so many things that run through your head all at once. Where do we go from here? I lost my job; where am I going to find another? Where are we going to live? Will I ever see my friends again? Will my insurance cover all this? Do we even have insurance?



It must have been a shock when the owners of this Marathon home returned.

This hurricane and other disasters, some in the past, and some in the near future, make us aware of how tenuous our lives are, and that we are fully at the mercy of Mother Nature. The control that we think we have is ultimately non-existent. My heart goes out

to all of you who have had a loss, and now truly comprehend the meaning of the word.

I hope we never have to go through something like this again. But this is the Keys. We are tough, and we are resilient. We do not give up, nor do we back down.

Conch Characters



Dave Bowman at Bayside Grill.



Friends gather at the Big Chill post-Irma. Photo by Kathy Ramsey.



Coach and Larry Calvano at the Big Chill served pizza to first responders.



Callum Allison beside the beautiful landscaping he donated at the VFW pre-Irma.



Sharkey's showing that Conch Strong spirit!



Keys Adventure Watersports is open at the Big Chill.

Coping with PTSD After a Natural Disaster

by Dawn Wiggins, Ed.S.

Having recently experienced hurricane Irma in the Florida Keys, I have a new vantage point on PTSD and natural disasters.

I watched our community live in fear of Irma's destruction in the days leading up to her arrival. We personified her - making her a target for our painful feelings. This was one way to cope with the powerlessness.

There were tears as people packed up and said goodbye to their homes. Children were asked to select their most cherished items. Many evacuated, some stayed.

For those who stayed, we tried to enjoy ourselves while fending off criticism and concern. We knew we were taking a calculated risk.

The uncertainty of Irma's track created intense frustration. Fears were compounded by the recent images of devastation in Houston. Another struggle was the sheer size of Irma. It made it nearly impossible to evacuate within the state of Florida. The entirety of Florida was to be tormented in this cat 4/5 hurricane.

As the hurricane moved through the Keys, you could hear the intensity of the wind, the trees cracking under pressure. Many of us were in dark rooms with shutters.

Following the storm, witnessing the devastation was overwhelming. We watched loved one's sort through their damaged belongings. Water soaked piles of debris grew along neighborhood streets. The images of Keys-wide destruction tugged at our hearts. We saw our favorite people and places affected. We grieved with them.

We worked hard in the sun

and had no electricity to cool us. We felt hot and took cold showers.

These sights, sounds and experiences are important to note. They become potential triggers for trauma responses.

Each disaster has its own footprint of devastation. You don't have to lose your home or belongings to experience this type of trauma. The intense fear of the experience is enough to leave a lasting impression.

So many people had no idea what they were coming home to. This produced intense levels of anxiety for the folks who evacuated. The uncertainty associated with the potential of loss can leave a lasting impression.

It's important to know that experiencing a trauma does not mean you will develop PTSD. It is normal to have symptoms of PTSD that often resolve over time. Some folks may be more susceptible to developing PTSD. If you've experienced past traumas or have a history of mental illness or substance abuse, you are at greater risk.

Signs or symptoms that you may be experiencing PTSD

Re-experiencing the traumatic event through flashbacks or bad dreams.

Avoiding things like not allowing yourself to feel painful feelings. Or staying away from places and things that remind you of the event.

Reactivity such as angry outbursts or being easily startled.

Difficulty with your thoughts and feelings. This could look like confusion, memory problems or inappro-

priate guilt.

Young children will have different symptoms while teenagers will respond similarly to adults. Take note If your child is struggling to sleep, toilet properly or communicate their thoughts and feelings. They may also "act out" their scary feelings during play. It's important to encourage kids to talk about their experience. Help them sort out what happened while pointing out that they are safe and have support.

True PTSD must include all symptoms for a duration of 1 month.

There are things you can do to reduce the risk of developing PTSD:

Use some coping strategies. This could be any number of things like doing something fun, connecting with others, finding a warm shower, a cool room or a hot meal. It's also helpful to practice mindfulness. This is staying grounded in the moment and not dwelling on your thoughts.

Find support in your family, friends and community. The giving and receiving of help is very powerful. When we share, it helps to reduce feelings of isolation and hopelessness. Helping others can add to a feeling of purpose during a time of loss. Even if you feel like you can't do much - that's ok. The little things matter. I can't rebuild homes like my husband can, but I made sure he stayed hydrated and fed!

Talk, share and process your experience. Allow yourself to cry or express your feelings. I often encourage others to cry if they need to. Though, when I found myself overwhelmed with tears, I



Dawn Wiggins, Ed.S.
Licensed Marriage & Family Therapist
Boca Raton • Key Largo • Online
561- 221-5575
101 Plaza Real South #226
Boca Raton, FL 33432
www.dawnwigginstherapy.com

felt the urge to hide. I didn't want to be a burden. Everyone had their own intense feelings. However, when I couldn't hold it in, it felt better to be accepted and supported by people who love me.

Keep going, even when you feel afraid. When you have scary thoughts or intense feelings avoid shutting down and becoming paralyzed. It is normal to fight, fly or freeze. Try to be aware if you are reacting one of those ways. Consciously choose to do something different.

Find a way to create meaning out of your experience - like learning or finding a silver lining. The night after the hurricane, we were so hot and tired. But when we went outside to fill the generator with gas, I was awe struck with the beauty of the stars. Writing this article is also helping me create meaning from my experience.

If you are concerned about PTSD, don't hesitate to reach out. You're not crazy or broken. You just need some help making sense of your experience. A professional therapist can help.



This was the stunning view of Gilbert's Resort from the Jewfish Creek Bridge before Hurricane Irma. After Irma, the Resort made the cover of the New York Post! They are rebuilding and will reopen September 30th. Conch strong!

The Mangrove Galley by Sandi Mieszczencki

Sandi's recipes are featured here monthly. For previous issues go to <http://www.theconchtelegraph.com>.



Finally fall is here and we have had to endure a powerful storm. Hopefully your fall will signal a return to normal. Fall to me means apple season. One of my favorite breakfasts is apple pancakes. They are so simple to make but yet very yummy. Try the recipe below and I'm sure that you will agree. Enjoy!

APPLE PANCAKES

- 1 box pancake mix
- 2 peeled and thinly sliced apples (I usually use Red Delicious apples)
- 1 teaspoon cinnamon
- 1 teaspoon vanilla extract
- Pinch of nutmeg

Prepare the pancakes according to the instructions on the box and the amount of pancakes you want to cook. Add the apples and the remaining ingredients. Stir well.

Add butter to a hot skillet then cook the pancakes, again according to the instructions on the box. Serve up with your favorite syrup and a breakfast meat on the side.



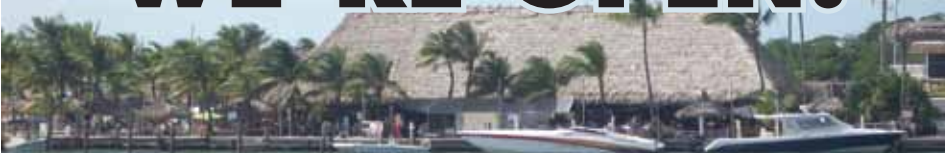


**The largest Tiki Bar
in the Keys!**

305-451-1133
107900 Overseas Hwy
www.gilbertsresort.com

Waterfront Tiki Bar, Restaurant, Motel & Marina

WE'RE OPEN!



"Never a Cover Charge"

There's Always Something Fun Going on at Gilbert's



HAPPY HOUR
MONDAY THRU FRIDAY
\$2 Bud Light & Miller Lite Drafts
1/2 off Well Drinks and
\$2.30 Fireball Shots!



LIVE MUSIC EVERY DAY!

LEGENDARY SUNDAY FUNDAY PARTY:
Great Bands Every Sunday 1-6 pm

LIVE ENTERTAINMENT - OCTOBER 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 3RG MIAMI 1-6	2 HAPPY HOUR 4-7PM MON-FRI \$2 BUD LIGHT & MILLER LITE DRAFTS, 1/2 OFF WELL DRINKS, \$2.30 FIREBALL	3 SCOTT YOUNGBERG 5-9	4 BOBBE BROWN 5-9	5 DJ REGGAE RONNIE 5-9	6 BOBBE BROWN 12-4 RIBS & BEER 5-9PM \$9.99 RICKY VALIDO 7-11	7 UNCLE SMOKEY 1-5 TRIP MACHINE 7-11
8 MR STIX & THE SPURIENCE 1-6	9 HAPPY HOUR 4-7PM MON-FRI \$2 BUD LIGHT & MILLER LITE DRAFTS, 1/2 OFF WELL DRINKS, \$2.30 FIREBALL	10 SCOTT YOUNGBERG 5-9	11 BOBBE BROWN 5-9	12 DJ REGGAE RONNIE 5-9	13 BOBBE BROWN 12-4 RIBS & BEER 5-9PM \$9.99 MOJO SCOUNDRELS 7-11	14 SPANK THE BAND 1-5 Michael Trixx 8pm BOMBSHELL 7-11
15 MR NICE GUY 1-6 (STAFF FAVORITE)	16 HAPPY HOUR 4-7PM MON-FRI \$2 BUD LIGHT & MILLER LITE DRAFTS, 1/2 OFF WELL DRINKS, \$2.30 FIREBALL	17 SCOTT YOUNGBERG 5-9	18 BOBBE BROWN 5-9	19 DJ REGGAE RONNIE 5-9	20 BOBBE BROWN 12-4 RIBS & BEER 5-9PM \$9.99 UNCLE SMOKEY 7-11	21 STONE CRABS 1-5 Michael Trixx 8pm STALL 4 7-11
22 THE REGS 1-6 (LOCALS FAVORITE)	23 HAPPY HOUR 4-7PM MON-FRI \$2 BUD LIGHT & MILLER LITE DRAFTS, 1/2 OFF WELL DRINKS, \$2.30 FIREBALL	24 BOBBE BROWN 5-9	25 SCOTTY MEYER 5-9	26 DJ REGGAE RONNIE 5-9	27 BOBBE BROWN 12-4 RIBS & BEER 5-9PM \$9.99 EXIT LEFT 7-11	28 STATIC 1-5 Michael Trixx 8pm HALLOWEEN PARTY Costume Contest 9PM SHANE DUNCAN BAND 7-11
29 IGOR AND RED ELVISES 1-6 (SPECIAL EVENT)	30 HAPPY HOUR 4-7PM MON-FRI \$2 BUD LIGHT & MILLER LITE DRAFTS, 1/2 OFF WELL DRINKS, \$2.30 FIREBALL	31 BOBBE BROWN 5-9	MICHAEL TRIXX is back! Oct 14-21-28 Try a Gilbert's "Boobie"		 HALLOWEEN PARTY SATURDAY OCTOBER 28 \$500 CASH 1st Place Prize Basket of Booze 2nd Place \$250 Gilberts Gift Card 3rd Place COSTUME CONTEST	



3RG MIAMI
Sun., Oct. 1 • 12-5pm



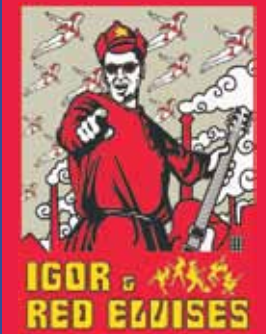
**MR STIX
& THE SPURIENCE**
Sunday, Oct. 8
1-6 pm



MR. NICE GUY
Sunday, Oct. 15
1-6 pm



THE REGS
Sunday, Oct. 22
1-6pm



IGOR & RED ELVISES
Sunday, Oct. 29 • 1-6pm