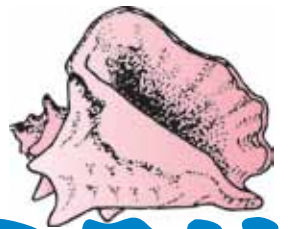


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Inside:

Attractions

Manatee Rescue at Gilbert's Resort

What's Hot & What's Not

Bartender of the Month:

Tiffany Sagan at Shipwreck's

Hunk of the Month:

Joey Naples, King of Cool

Maps

Key Largo Locator Map Page

Getting from Here to There

All the Buzz

Around Town

Dawn Wiggins, Ed. S.

Coco-Nut Funnies

Conch Characters

Business in the Keys

The Mangrove Galley



AUGUST 15

Alligator Reef aerial photo courtesy of Jesse Michael Marshall, who has a passion for both traditional and aerial photography. Talk to him about his photography! Email: Jesse.Marshall@mac.com. View more of his work on Facebook (JMichael Marshall) and instagram (jessemichaelmarshall and keysdrone).



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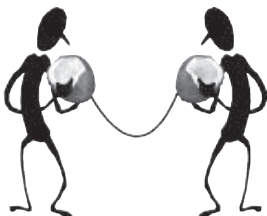
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ARTICLES

Take Stock in Children Tournament Scheduled.....	3
Around Town.....	6
Bartender of the Month: Tiffany Sagan, Shipwreck's.....	7
Hunk of the Month: Joey Naples, King of Cool.....	8
Rotary Key Largo Names Rookie of the Year: Dan Cornell	9
Manatee Rescue at Gilbert's Resort	9
Sharkey's Rockin' the Dock, What a Party!	11
Getting from Here to There - Keys Map Page.....	12-13
Conch Characters.....	14
Adopt a Key Largo Animal Shelter Pet.....	16
Key Largo Locator Map Page.....	18
Kalula Airlines.....	19
Mangrove Galley: Freezer Pickles.....	20
Business in the Keys	20
Are You a People Pleaser? by Dawn Wiggins, Ed. S.....	21
Coco "Nut" Funnies.....	22-23

Editorial: Mr. Gumby

A few months ago Chad Lyons and a few of his friends stopped by the American Legion with a pit bull mix dog. Dogs are allowed in the outside parking lot area. The dog had a leash but was not being restrained by Lyons.

The Legion was adopted by a stray cat. The members took the cat to a veterinarian who informed them that the cat was about 4 years old (even though he is the size of a kitten) he had been neutered (notch in the ear) and he has no teeth, therefore he was aptly named "Gumby."

Gumby is the sweetest, mellow, little orange tabby cat and everyone who meets him falls in love with him. Gumby was visiting the Legion

that day, and Chad Lyons' dog viciously attacked him.

The dog severely mauled Gumby before anyone could pry him from the jaws of the pit bull. Those who witnessed the mauling were devastated. Gumby had dragged his little legs behind him and hid under a shed for several days. Legion members threw Lyons out and barred him for life.

When I arrived there, members were crying and frantically trying to find Gumby. Just then a car drove up and Chad Lyons yelled out the window "I hope your cat dies!"

On Facebook, Lyons and his friends claimed that Gumby had attacked the dog! I heard from a very good source that the pit

bull had attacked an animal in Broward County, and the owner brought it to the Keys for Lyons to hide it because the police were looking for it there. Since it attacked Gumby, it has attacked two dogs, a german shepherd, and most recently a little poodle that was on a leash being walked by its owner at Founders Park in Islamorada, where the dog's owners live on a boat. The poodle was severely injured but is recovering.

Both the owner of the poodle and Chad Lyons called Animal Control to pick up the dog because Lyons was at work. When Marsha Garritson picked up the pit bull, she found it had been kept outside in the heat. The pit bull is now under a 10-day

quarantine in air conditioning, enjoying a comfortable bed, awaiting a court date for Judge Hamilton to decide if Chad Lyons gets the dog back or not.

The problem is not so much that the pit bull is an aggressive animal, as much as it is that Chad Lyons is not a mature or responsible pet owner. My sources say he took to Facebook and blamed the Humane Society for doing their job. My sources did not want to be named for fear of retribution from Chad Lyons, who has a rap sheet for violence.

The good news? Mr. Gumby has recovered, thanks to the loving care of Legion members and friends. There is a jar for donations for cat food inside the Post.

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Telegraph assumes in good faith that all editorial and advertising material submitted are the original property of the advertiser. The Coconut Telegraph may not be held responsible for errors, omissions, or for circumstances beyond our control that may affect the distribution schedule.

Registration Open for 19th Annual Take Stock in Children Backcountry Challenge, Sept. 28-30

Only 70 spots are available in the Rotary Club of Key Largo's fishing tournament, with fees this year still a bargain at only \$125 per angler, \$60 for kids, and \$30 for kids 12 and under.

Registration includes an awards banquet catered by Doc's Diner; a performance, moisture-wicking t-shirt; a Friday night captain's party with appetizers, and the opportunity to win unique trophies created by artist David Wirth for the largest redfish, snook and trout caught during the weekend.

If you're not a backcountry a-"fish"-cionado, you can show your support by buying a \$45.00 ticket to the awards party with dinner and one of the most impressive silent auction offerings in the Upper Keys. The event will be held on Sunday, Sep-



tember 30 at 6 pm at the Elks Club in Tavernier.

Tournament proceeds support vocational scholarships for Upper Keys residents of all ages, and Take Stock in Children scholarships for financially-challenged, college-bound Upper Keys youth. The Florida legislature doubles every dollar donated (so a \$500 donation becomes \$1,000 in scholarship money).

Visit the website at www.backcountrychallenge.com to register. A limited number of sponsorships are available; contact Dennis Caltagione at 305-331-0525.

About Rotary Club of Key Largo:

Established in 1990, the Rotary Club of Key Largo celebrated its 25th anniversary in 2015. Its 50 members are current or retired business and professional leaders interested in providing service to the Upper Florida Keys and support worldwide projects including a united campaign for the global eradication of polio. The Key Largo chapter is one of more than 34,000 Rotary clubs in over 200 countries, connecting 1.2 million members. The club meets at Playa Largo Resort & Spa every Wednesday at 7:30 a.m. Learn more at www.keylargorotary.org.



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Club of Key Largo



Artist David Wirth with a trophy.

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Episode: "Succulent Sandwiches"

This trip, Guy Fieri's diggin' into succulent sandwiches! In Oakland, a real-deal butchery stacking up killer cheesesteak and off-the-chain chicken. In Modesto, Calif., a funky food truck putting pastrami on pretzel bread and cooking pulled pork in root beer. **And in Key Largo, Florida, a seafood staple servin' up a sandwich that's become a local legend.** (Episode: DV2407H)



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Around Town



Refreshing Key Lime Colada at the Big Chill.



The VFW is closed. The American Legion is open at 2 Seagate Blvd., Key Largo.



Key Largo Conch House. Stop by for the Shrimp & Grits!



Another beautiful Bayside sunset.



The Copper Tones rocked at Bayside Grille in July.



It's always a fun & colorful time at the Big Chill!

SHARK!

Submitted by Siufer Lynn Sparrow & Rainbow Reef Dive Center



Hey everyone! We have gotten a lot of calls with concerns about the "shark" incident that happened at John Pennecamp recently in Key Largo. We want to let everyone know that this was, in fact, NOT a shark but a barracuda that was just feeding in the area.

We were concerned about the bad rep this would bring to our beautiful sharks and called NBC 6 South Florida news to fix the headlines.

They not only were interested, but came all the way down here to Rainbow Reef and interviewed our amazing John Buckley, who spoke beautiful and truthfully on behalf of sharks.

We need to keep in mind that scary news like this will only get more sharks killed. Shark incidents are extremely rare. Only 5-10 people a year die from a shark bite due to blood loss, yet the world kills 100 MILLION sharks a year. One million humans die from mosquitoes and about 50 from dog bites... even vending machines kill more people than sharks do!

Their numbers have dropped by 90 percent! Our divers consider themselves extremely lucky when they actually do get to see a live shark in the water. Did you also know that 75 percent of our oxygen comes from the oceans, which sharks keep healthy and in balance? Without them there would be no us.

Tips to avoid shark bites when you are in the ocean:

1. Do NOT swim in murky waters. This affects shark visibility, making them have to come closer.
2. Avoid splashing on the surface, they will think you are a wounded animal or a bird.
3. If you are in the water with a shark, maintain eye contact at all times. They are very sensitive to eye contact. Swimming towards them will also deter them if they swim towards you.
4. Remember that you are NOT in a swimming pool, this is their habitat and you are a guest.
5. When spear fishing, take your catch immediately out of the water, do NOT carry it with you.
6. Avoid swimming in areas where there is a carcass of any kind, specially manatees, dolphins and whales.
7. Avoid swimming into baitballs - large schools of fish.
8. If a shark gets too close or bumps you, odds are he is just trying to figure out what you are. Push its head away in another direction and calmly exit the water while keeping an eye on it.
9. REMEMBER THAT SHARKS ARE MUCH MORE SCARED OF YOU THAN YOU ARE OF THEM. They know you are dangerous and you can see it in their eyes as they twitch their nictitating membrane (eyelid) just like dogs do when you go to pet them. They are trying to protect themselves from being hurt in their eyes or nose.
10. Stay educated about sharks, they need our help! #savesharks #rainbowreef #channel6news #channel6

Bartender of the Month: Tiffany Sagan, Shipwreck's



Shipwreck's Restaurant is well known as Key Largo's "hidden treasure" and our August Bartender of the Month, Tiffany Sagan, has got to be the "booty!" Not only is she charming, smart and amazing, but she is "bootyful" too!

Tiffany has been on board the Shipwreck's crew almost since she moved to the Keys 10 years ago from Palm Beach County. She came to Key Largo for a 2-week vacation, went home and packed her gear, and moved here. She came highly recommended for Bartender of the Month because everyone loves her. Shipwreck's is a locals' hangout because the prices are reasonable and the food is fantastic. You can't beat the view of the Atlantic Ocean too.

Happy hour is from 4 to 6 every day and you can get a frozen draft mug of Bud or Bud Light for \$1. Get 25% off all drinks and check out the special happy hour menu.

Tiffany recommends the Friday (all you can eat) Fish Fry from 5 to 9. Get there early, as it gets busy.

The Coconut Telegraph recommends the Saturday Prime Rib - it has to be the best on the island. There is live music usually Wednesdays thru Sunday, featuring Luke Sommer Glenn, The Castaways, Cody James, Bassman Bill Wissinger and Caribbean Slim... all Keys favorites.

When Tiffany is not at work she enjoys the water in her kayak, or during the cold season she is out with her bully net, shrimping. Do stop in at Shipwreck's and tell her the Coconut Telegraph sent you! Hours are 11 am to 9:30 pm everyday. 45 Garden Cove Drive. 305-453-3153

Miscellaneous Mosquito Fact #98



Having an O blood type makes you twice as likely to attract mosquitoes than people with A blood type. B blood types fall in the middle of the spectrum.

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Let me help you unhook it.

Let me hold it for you

CRACKED CONCH BONUS cartoon by Rodney Nelson.

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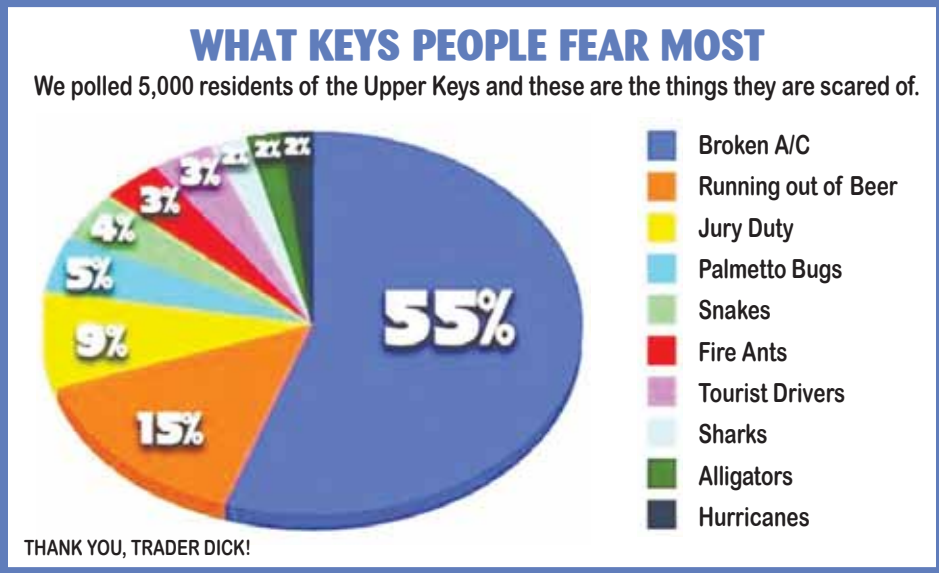
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Elks Lodge 1872 - Strong on Community!

The Florida Keys Elks Lodge held a complimentary community spaghetti dinner on July 14, to benefit Keys Strong. The event was attended by approximately 200 people. Local musicians donated their time and talent to entertain everyone for the night.



Pictured above is Denny Tarbell, Exalted Ruler presenting a \$750.00 check to Frazier Nivens for Keys Strong. Personal donations in the amount of \$272 were also collected.

Keys Strong continues to provide assistance to residents after hurricane Irma. Many local residents are still in need of housing and other assistance.



Denny Tarbell, Exalted Ruler of the Lodge, presenting a \$500.00 donation check to Terry Bouquenoy and John Mavis, representatives of the Musicians Relief Fund. This fund was established for local musicians needing emergency help due to hardships

Rotary Club of Key Largo names Dan Cornell "Rookie of the Year"



The Rotary Club of Key Largo recently named Dan Cornell "Rookie of the Year."

Dennis Caltagirone, immediate past president of the Club, presented Cornell with the award at an event earlier this month.

Cornell joined Key Largo Rotary in March 2017. During his first year as a club member, he eagerly participated in service projects and was elected to serve on the board of directors for a four-year term. He is now in succession to be president of the Rotary Club of Key Largo for 2020-21.

Cornell was also tapped to serve in a new role with Rotary District 6990, as a Florida Keys leader of Rotary Means Business. The networking group will host meetings throughout South Florida promoting business referrals among members, and membership will be open to Rotarians.

Dan moved to Key Largo with wife Laurie from Ann Arbor, Michigan in 2016. Together they enjoy fishing, scuba diving, and biking. He is a vice president of lending, licensed in Michigan and Florida, for residential mortgages.

Mantee Rescue at Gilbert's Resort!



Volunteers from the Miami Seaquarium, Dolphin Research Center, and FWC helped rescue an entangled manatee at Gilbert's Resort. After removing the monofilament fishing line, administering some vitamins and attaching a tracker, "Gilbert" was released back into the water at the resort. Go to Gilbert's Facebook page or see the rescue organizations' pages for more information.



Hunk of the Month

Joey Naples - The "King of Cool" - Sun 103 FM

Shirts courtesy of Kiss Distributing, Marian 305-393-4425

YOU MIGHT BE A CONCH.....

BY RODNEY NELSON

IF YOU'VE EVER BEEN TOO DRUNK TO FISH

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As I walk through the valley of the shadow of Death, I remind myself that you can't always trust Google Maps.

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BBQ RULES

It's BBQ season. Therefore it is important to refresh your memory on the etiquette of this sublime outdoor cooking activity.

When a man volunteers to do the BBQ the following chain of events are put into motion:

- (1) The woman buys the food.
- (2) The woman makes the salad, prepares the vegetables, and makes dessert.
- (3) The woman prepares the meat for cooking, places it on a tray along with the necessary cooking utensils and sauces, and takes it to the man who is lounging beside the grill - beer in hand.

Here comes the important part:

- (4) THE MAN PLACES THE MEAT ON THE GRILL.
- (5) The woman goes inside to organize the plates and cutlery.
- (6) The woman comes out to

tell the man that the meat is burning. He thanks her and asks if she will bring another beer while he deals with the situation.

Important again:

- (7) THE MAN TAKES THE MEAT OFF THE GRILL AND HANDS IT TO THE WOMAN.

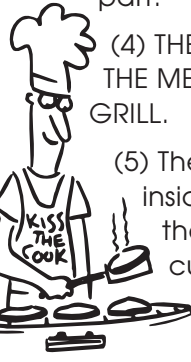
- (8) The woman prepares the plates, salad, bread, utensils, napkins, sauces, and brings them to the table.

- (9) After eating, the woman clears the table and does the dishes.

And most important of all:

- (10) Everyone PRAISES and THANKS HIM for his cooking efforts.

- (11) The man asks the woman how she enjoyed 'her night off.' Upon seeing her annoyed reaction, he concludes that there's just no pleasing some women....



Dawn and Reggie with the merch.



Bob shows off the jaws!

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 Saturday, Aug. 11 STEREOTOMY 7-11 PM	 Saturday, Aug. 18 STATIC 1-5 PM	 Saturday, Aug. 18 CHAIN REACTION 7-11 PM
 Saturday, Aug. 25 BROTHERS OF OTHERS 1-5 PM	 Saturday, Aug. 25 TRIP MACHINE 1-5 PM	GILBERT'S BRINGS YOU THE BEST IN SOUTH FLORIDA BANDS!

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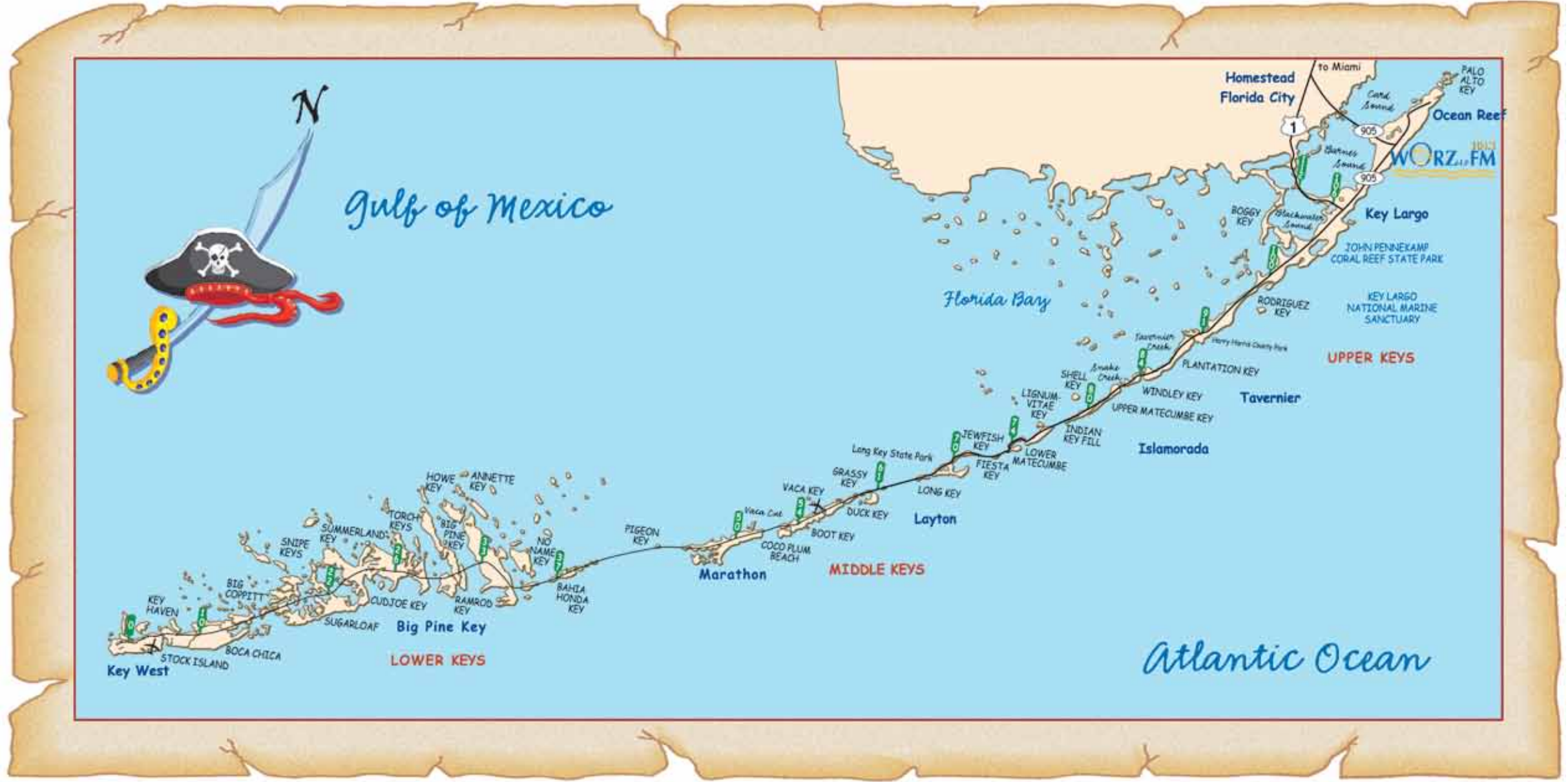
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Conch Characters



American Legion Vice-Commander Don Powers proudly displays the "Most Patriotic" award for the 4th of July Parade.



Fishing aboard LIVE ACTION, first place winners of the IFC Captain's Cup Dolphin Tournament: Matt Klefeker and Matt & Juan Roman, all from Florida City.



Video Dave and Dennis R. celebrate on the 4th in Key Largo.



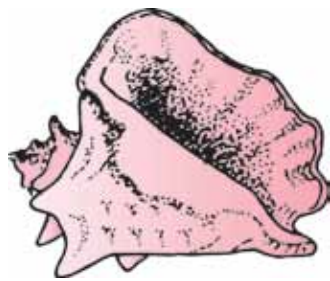
Happy Anniversary Marilyn and Dave! Celebrating in July at Bayside Grille.



People come to the Legion for Jam Night from all over. Dan & Sharon Crossen from Illinois and Pat & Ray Eubanks of Key Largo.



Kristie and Bob Thomas (center) add some flavor to Hemingway Days in Key West.



Gumby the Legion cat.



Waiting for the rain to pass - Doug Myers at Jam Night American Legion



Looking for a Gilbert's lunch!

Best Lawyer Story of the Year

In Charlotte, North Carolina, a lawyer purchased a box of very rare and expensive cigars, then insured them against, among other things, fire.

Within a month, having smoked his entire stockpile of these great cigars, the lawyer filed a claim against the insurance company. In his claim, the lawyer stated the cigars were lost 'in a series of small fires.'

The insurance company refused to pay, citing the obvious reason, that the man had consumed the cigars in the normal fashion. The lawyer sued and won!

Delivering the ruling, the judge agreed with the insurance company that the claim was frivolous. The judge stated nevertheless, that the lawyer held a policy from the company, in which it had warranted that the cigars were insurable and also guaranteed that it would

insure them against fire, without defining what is considered to be unacceptable "fire" and was obligated to pay the claim.

Rather than endure lengthy and costly appeal process, the insurance company accepted the ruling and paid \$15,000 to the lawyer for his loss of the cigars that perished in the "fires." NOW FOR THE BEST PART...

After the lawyer cashed the check, the insurance company had him arrested on 24 counts of ARSON! With his own insurance claim and testimony from the previous case being used against him, the lawyer was convicted of intentionally burning his insured property and was sentenced to 24 months in jail and a \$24,000 fine.

(ONLY IN AMERICA would we believe this is true... because we know it could be!!)



Local Realtor's Vietnam Photos To Be Exhibited at the Jimmy Carter Presidential Library And Museum



Dr. Clarice Yentsch, President of Waypoint Foundation announced that the photographic exhibition "Innocent Souls: Vietnam 1968" will be on display at The Jimmy Carter Presidential Library and Museum in Atlanta from August 4th through November 11th, 2018. The photographs, captured by Key Largo resident and Realtor Glenn Hoover while serving in the US ARMY in the Republic of South Vietnam in 1968.



1st Lt. Glenn Hoover, 1968



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CONTEST TO BE MY BOSS!
I am a graphic artist in need of a job. I have decided to fill this need the same way many people think they can fill their graphic design needs; with a contest!
Here is how it will work: Send me one week's worth of salary and benefits. I will keep all the checks I receive and I'll use all the benefits. Whoever sends me the best package will win the contest and get the prize of 2 days of graphic design work! Good luck.
I am really looking forward to receiving your payment packages!
Coconut Telegraph, Box 0

CLUBS

Fraternal Order of the Eagles meets every 1st and 3rd Monday 7pm at Elks Lodge in Tavernier.

Florida Keys Orchid, Fern and Bromeliad Society meets the 3rd Thurs. of every month at Key Largo Library Comm. Room 7pm. Open to public. 305-451-3000

The Key Players, Inc. Community Theater Group needs volunteers to work behind the scenes and audition for roles! Go to: thekeyplayers.org

VESSEL SAFETY

The USCG Auxiliary conducts vessel safety checks at Blackwater Sound Marina, MM 103.8 Bayside, every third Saturday of the month. The Public is Welcome. More info: 305-998-8400

LOST DOG

Lost: Small apricot poodle. Reward. Neutered. Like one of the family. 555-BOGE

WANTED

Guinea Pig Wanted:
This is for real. Not the fictional "guinea pig" meaning, like I have some strange experiment or anything like that. After all, I'm not a mad scientist. Or even a scientist wanna-be. And the guinea pig will not be harmed, or eaten, or fed to my doberman. It's for my little boy, yeah, that's it. It's a pet for my little boy. 305-555-WANT

Minions Wanted:

Someone to go back in time with me. Yes, this is for real. I've done it once before. Bring your own weapons, safety not guaranteed. Full payment upon return. 305-555-TIME

IMMUTABLE LAWS

Thank Trader Dick for this one!

1. Law of Mechanical Repair- After your hands become coated with grease, your nose will begin to itch and you'll have to pee.

2. Law of Gravity- Any tool, nut, bolt, screw, when dropped, will roll to the least accessible place in the universe.

3. Law of Probability- The probability of being seen is directly proportional to the stupidity of your act.

4. Law of Random Numbers- If you dial a wrong number, you never get a busy signal; someone always answers.

5. Variation Law- If you change lines (or traffic lanes), the one you were in will always move faster than the one you are in now.

6. Law of the Bath- When the body is fully immersed in water, the phone will ring.

7. Law of Close Encounters- The probability of meeting someone you know increases dramatically when you are with someone you don't want to be seen with.

8. Law of the Result- When you try to prove to someone that a machine won't work, IT WILL!!!

9. Law of Biomechanics- The severity of the itch is inversely proportional to the reach.

10. Law of the Theaters & Sports Arenas- At any event, the people whose seats are furthest from the aisle, always arrive last. They are the ones who will leave their seats

several times to go for food, beer, or the toilet and who leave early before the end of the event. The folks in the aisle seats come early, never move, have long gangly legs or big bellies and stay to the end of the performance. The aisle people also are very surly folk.

11. The Coffee Law- As soon as you sit down to a cup of hot coffee, your boss will ask you to do something which will last until the coffee is cold.

12. Murphy's Law of Lockers- If there are only 2 people in a locker room, they will have adjacent lockers.

13. Law of Physical Surfaces- The chances of an open-faced jelly sandwich landing face down on a floor are directly correlated to the newness and cost of the carpet or rug.

14. Law of Logical Argument- Anything is possible IF you don't know what you are talking about.

15. Law of Physical Appearance- If the clothes fit, they're ugly.

16. Law of Public Speaking- A closed mouth gathers no feet!

17. Law of Commercial Marketing Strategy- As soon as you find a product that you really like, they will stop making it OR the store will stop selling it!

18. Doctors' Law
If you don't feel well, make an appointment to go to the doctor, by the time you get there, you'll feel better. But don't make an appointment and you'll stay sick.

FISHING WITH SAM

My wife told me to start fishing again.

I was told Sam had a boat and was looking for a fishing partner.

Wife said, "Have fun."

When I got home she asked me how we did.

I showed her a picture of Sam holding our fish.

I no longer can go fishing with Sam.

Very sad!



GIVE A MAN A FISH AND HE CAN EAT FOR A DAY.



TEACH A MAN TO FISH

AND HE HAS TO BUY GRAPHITE RODS, REELS SPINNERBAITS, JIGS, CRANKBAITS, JERKBAITS, PLASTICS, FLIES, A BOAT AND A TRUCK

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- ☒ GAY WARMING
- ☒ BANS ON ASSAULT MARRIAGE
- ☒ BACKGROUND CHECKS FOR WOMEN'S RIGHTS

Florida Keys Points

Add the corresponding points if you:

- went to the beach 10
- ate a pub sub 10
- smoked weed 10
- survived a hurricane 10
- ain't afraid of gators 10
- wore flip flops to church 10
- have a re-entry sticker 10
- skinny dipped 20
- drove with no a/c in the summer 20
- hate tourists 20
- stole something 30
- wrecked a car 30
- accidentally shot yourself 50
- accidentally shot someone 60
- smoked meth 60
- got a felony 60
- smoked flakka 60
- stabbed someone in the face with a chicken bone 60
- took ecstasy, stole a paddle boat, got stranded 60
- hooked up with a local 70
- never used a turn signal 80
- wrecked your boat 70

Count your total Florida Keys Points to see what you are:

- 0-30 Points = Tourist
- 40-160 Points = Day Tripper
- 180 Points and up = Conch



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Legend

- U.S. Highway
- State Highway
- Boat Ramp
- Mile Marker
- Point of Interest
- Dive Site
- Dive Wreck
- Swim with Dolphins

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Oceanside

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Kulula is a low-cost South-African airline that doesn't take itself too seriously.

On a Kulula flight, (there is no assigned seating, you just sit where you want), passengers were apparently having a hard time choosing their seats, when a flight attendant announced, "People, people, we're not picking out furniture here, find a seat and get in it!"

On another flight with a very "senior" flight attendant crew, the pilot said, "Ladies and gentlemen, we've reached cruising altitude and will be turning down the cabin lights This is for your comfort and to enhance the appearance of your flight attendants."

On landing, the stewardess said, "Please be sure to take all of your belongings. If you're going to leave anything, please make sure it's something we'd like to have."

"There may be 50 ways to leave your lover, but there are only 4 ways out of this airplane"

"Thank you for flying Kulula. We hope you enjoyed giving us the business as much as we enjoyed taking you for a ride."

As the plane landed and was coming to a stop at Durban Airport, a lone voice came over the loudspeaker: "Whoa, big fella. WHOA!"

After a particularly rough landing during thunderstorms in the Karoo, a flight attendant on a flight announced, "Please take care when opening the overhead compartments because, after a landing like that, sure as heck everything has shifted."

From a Kulula employee: "Welcome aboard Kulula 271 to Port Elizabeth. To operate your seat belt, insert the metal tab into the buckle, and pull tight. It works just like every other seat belt; and, if you don't know how to operate one, you probably shouldn't be out in public unsupervised."

"In the event of a sudden loss of cabin pressure, masks will descend from the ceiling. Stop



screaming, grab the mask, and pull it over your face. If you have a small child traveling with you, secure your mask before assisting with theirs. If you are traveling with more than one small child, pick your favorite."

"Weather at our destination is 50 degrees with some broken clouds, but we'll try to have them fixed before we arrive. Thank you, and remember, nobody loves you, or your money, more than Kulula Airlines."

"Your seat cushions can be used for flotation; and in the event of an emergency water landing, please paddle to shore and take them with our compliments."

"As you exit the plane, make sure to gather all of your belongings. Anything left behind will be distributed evenly among the

Overheard on a Kulula flight into Cape Town, on a particularly windy and bumpy day: During the final approach, the Captain really had to fight it. After an extremely hard landing, the Flight Attendant said, "Ladies and Gentlemen, welcome to The Mother City. Please remain in your seats with your seat belts fastened while the Captain taxis what's left of our airplane to the gate!"

Another flight attendant's comment on a less-than-perfect landing: "We ask you to please remain seated as Captain Kangaroo bounces us to the terminal."

An airline pilot wrote that on this particular flight he had hammered his ship into the runway really hard. The airline had a policy which required the



flight attendants. Please do not leave children or spouses."

And from the pilot during his welcome message: "Kulula Airlines is pleased to announce that we have some of the best flight attendants in the industry. Unfortunately, none of them are on this flight!"

Heard on Kulula 255 just after a very hard landing in Cape Town: The flight attendant came on the intercom and said, "That was quite a bump and I know what y'all are thinking. I'm here to tell you it wasn't the airline's fault, it wasn't the pilot's fault, it wasn't the flight attendant's fault, it was the asphalt."

first officer to stand at the door while the passengers exited, smile, and give them a "Thanks for flying our airline". He said that, in light of his bad landing, he had a hard time looking the passengers in the eye, thinking that someone would have a smart comment.

Finally everyone had got off except for a little old lady walking with a cane. She said, "Sir, do you mind if I ask you a question?"

"Why, no Ma'am," said the pilot. "What is it?"

The little old lady said, "Did we land, or were we shot down?"

Not all the stories are from Kulula Airlines, but it was a great excuse to print them!

The Mangrove Galley

by Sandi Mieszczenski

Sandi's recipes are featured here monthly. For previous issues go to <http://www.theconchtelegraph.com>.



The summer months are a great time for picnics and outings with family and friends. One way to make this easy and fun is doing a "potluck" where everyone contributes a dish. This recipe was contributed by my mother. It is a great condiment, especially for pickle lovers. It is easy to prepare and so tasty! It is also soothing on a hot summer day. Try and enjoy.

SWEET AND TANGY FREEZER PICKLES

10 to 12 pickling cucumbers - medium size, sliced thin
3 medium onions sliced thin
1 large chopped green pepper
3 tablespoons of salt, divided
2 cups of sugar
1cup of white vinegar
1 tablespoon of celery seed



In a large container that can be put into the freezer, combine the cucumbers, onions, green pepper and 2 table-
spoons of the salt. Fill with crushed ice and mix well. Cover and refrigerate for 8 hours. Drain, rinse, and drain again.

In a saucepan, combine the sugar, vinegar, celery seed, and the remaining tablespoon of salt. Bring to a boil and stir for 1 minute. Pour the liquid over the cucumber mixture. When cooled, put the container into the freezer. When ready to serve, thaw at room temperature. Yields 4 pints.

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Are You a People Pleaser?

Trying to make everyone happy is impossible. If I could satisfy everyone in one fell swoop, it would mean we all want, like and believe the same things. That's unrealistic.

When I write articles, I think of ways to reach all of you. And, to relate to each of you. Sometimes I wonder if that forces me to be a better writer and therapist. Or, does it water down my inspiration?

Last week I wanted to go paddleboarding. My tiny human did not want to go. She said to me "It's ok mommy. You can go by your-
self. God is always with you!" I paused hard. Instead of forcing the situation, I went paddling solo. Instead of expecting her to please me, I elected to respect her choice.

When I catch myself wanting to please everyone, I notice a spike in anxiety. The anxiety is because I am choosing an impossible out-
come. It equals automatic personal failure. My fear of disappointing people leads to wriggling and squirming to accommodate.

Is there a better balance between being considerate and people pleasing? How do we know when to stop? When is it ok to let others adapt and adjust to their feelings? And where do I fit in all of this? Where and when do I get to say or do what I want?

I believe it requires some self-awareness. Becoming aware of my expectations. Understanding if they are reasonable or straight crazy. Noticing how empty or full

by Dawn Wiggins, Ed.S.

my tank is. Like, do I even have the energy to attend to someone else's needs? It's also important to consider the weight of the situation. Keeping in mind whether it will matter in 5 years, five months or 5 days. I can also check the crowd I'm in.

Some folks have high or inflexible expectations. It doesn't mean I am obligated to meet their expectations. I have the freedom to choose! These are especially essen-
tial reminders because our focus becomes narrow when feeling anxious to please others. It's easy to lose perspective and get caught up in fear.

The trick to ending all of this people pleasing is work-
ing through feelings. The source of people pleasing is not wanting to feel awkward, guilty, etc. Not wanting to feel the emotional discom-
fort when someone else expresses anger, fear, sad-
ness or shame and directs it straight at you.

Living in fear is what generates this type of code-
pendency. (Yes, people pleas-
ing is a trait of codepen-
dency). No matter how, when or where you learned about fear, it is the culprit.

It's really important to notice how we respond to others feelings. There is the temptation to give in and appease them. Then there is



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the temptation to become hardened with a closed heart and give zero f's. Ultimately, the goal is to stay open. And, not internalize others percep-
tions. So, how do we do that?

Let go, allow and settle down.

We all want the right to self-expression. In some ways, trying to manage others feelings by pleasing is a way of suppressing their self-expression. Yuck! I detest the feeling of being overpowered or marginalized. So, the more I can celebrate and allow the expression of others, the more I am sup-
porting and creating joy, ease, and love. I can culti-
vate happiness rather than trying to develop a sense of peace through others.

2018

SUMMER READING

"How to Write Big Books" by Warren Peace
"The Lion Attacked" by Claude Yarmoff
"The Art of Archery" by Beau N. Arrow
"Songs for Children" by Barbara Blacksheep
"Irish Heart Surgery" by Angie O'Plasty
"Desert Crossing" by I. Rhoda Camel
"School Truancy" by Marcus Absent
"I Was a Cloakroom Attendant" by Mahatma Coate
"I Lost My Balance" by Eileen Dover and Phil Down
"Positive Reinforcement" by Wade Ago
"Shhh!" by Danielle Soloud
"The Philippine Post Office" by Imelda Letter
"Stop Arguing" by Xavier Breath

yawn /yon/
verb
a silent scream
for coffee

It is only when a mosquito lands on your testicles that you realize there is always a way to solve problems without using violence.

Coco‘Nut’ Funnies

A happily married man had only one complaint, his wife was always nursing sick birds.

One November evening, he came home to find a raven with a splint on its beak sitting in his favorite chair.

On the dining room table there was a feverish eagle pecking at an aspirin.

Meanwhile in the kitchen his wife was comforting a shivering little wren that she found in the snow.

The furious spouse strode over to where his wife was toweling down the cold little bird.

"I can't take it any more! We've got to get rid of all of these damn..."

The wife held up her hand to cut him off in mid-curse.

"Please Dear," she said, "Not in front of the chilled wren."

If tomb is pronounced "toom" and womb is pronounced "woom" why isn't bomb pronounced "boom"?



I'M GIVING UP ALCOHOL FOR A MONTH!
Wait, sorry. That came out wrong. I'm giving up. Alcohol for a month!

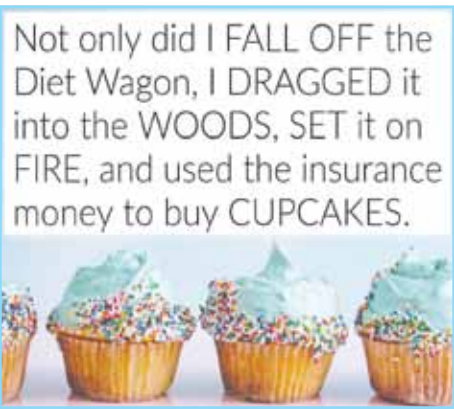
A guy with a stutter died in prison... before he could finish his sentence.



A man went to his doctor and said he needed LOTS of Viagra "My girlfriend is coming over Friday, my ex-wife is coming over Saturday, and my ex-girlfriend is coming on Sunday."

"That's an awful lot of Viagra!" said the doc. "I'll have to check you on Monday."

Monday morning the man came in with his right arm in a sling. "What happened!" said the doc "No one showed up!" said the man.



i remember being able to get up without making sound effects... good times.



I joined Alcoholics Anonymous. Now I drink under an assumed name.

I know you have been lying awake at night wondering why baby diapers have brand names such as "Luvs," "Huggies," and "Pampers," while undergarments for old people are called "Depends."

Well here is the low down on the whole thing.

When babies crap in their pants, people are still gonna Luv 'em, Hug 'em and Pamper 'em. When old people crap in their pants, it "Depends" on who's in the will!

A HUMAN FART CAN BE LOUDER THAN A TROMBONE. I DISCOVERED THAT AT MY DAUGHTER'S SCHOOL CONCERT.

Told my wife I wanted to be cremated. She made me an appointment for Tuesday.



DON'T DESPAIR

Sitting by the window of her convent, Sister Barbara opened a letter from home one evening. Inside the letter was a \$100 bill her parents had sent. Sister Barbara smiled at the gesture.

As she read the letter by the window, she noticed a shabbily dressed stranger leaning against the lamp post below.

Quickly, she wrote, "Don't despair - Sister Barbara," on a piece of paper, wrapped the \$100 bill in it, got the man's attention and tossed it out the window to him.

The stranger picked it up, and with a puzzled expression and a tip of his hat, went off down the street.

The next day, Sister Barbara was told that a man was at her door, insisting on seeing her. She went down, and found the stranger waiting. Without a word, he handed her a huge wad of \$100 bills.

"What's this?" she asked. "That's the \$8,000 you have coming Sister," he replied. "Don't Despair paid 80-to-1."



I HAVE ABS -olutely no self-control when it comes to dessert.

I HOPE THESE MOSQUITOES ARE ENJOYING MY BLOOD ALCOHOL LEVEL AS MUCH AS I AM!



Two little old ladies were attending a rather long church service at St. Justin's. One leaned over and whispered, "My butt is going to sleep."

"I know," replied her companion, "I heard it snore three times."



There is no god. I agree. Blasfemurs

A violent tropical storm enveloped a sailing yacht off the coast of the Keys lasting all night and most of the next morning. As the sky cleared and the seas calmed, the people on the yacht realized they were grounded on a coral reef about a mile from shore in shark-infested waters.

Most of those aboard the yacht were injured from their ordeal. The only able-bodied that were on board were a doctor, a priest, and a lawyer.

The doctor says, "Someone is going to have to swim ashore and get some help. I would volunteer but most of the crew and passengers are in pretty bad shape and I am needed here to care for them."

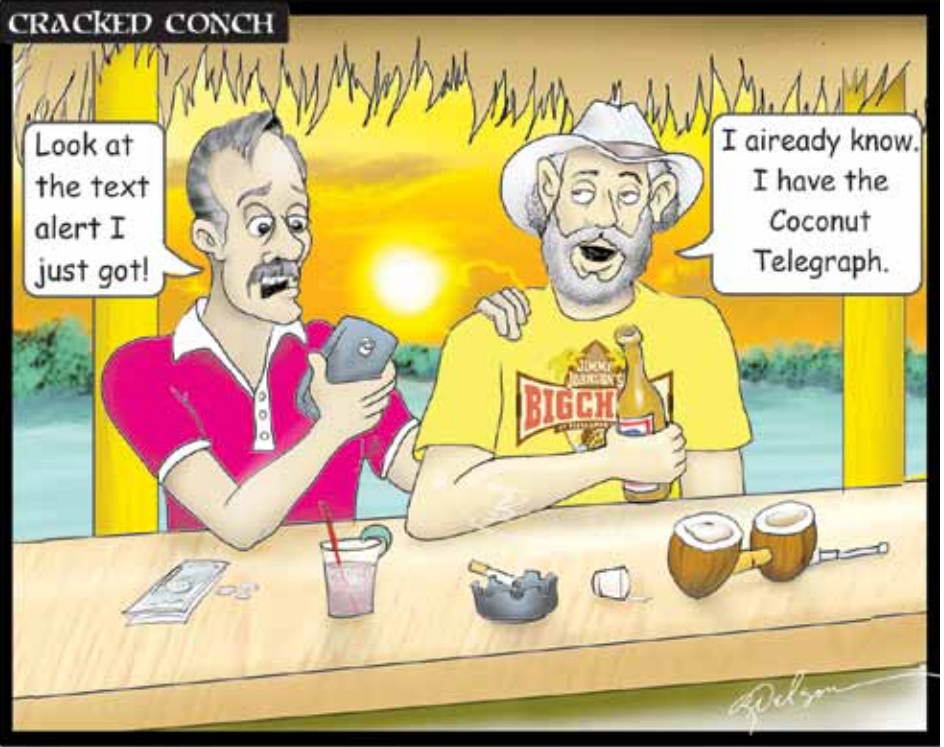
The priest replies, "I would volunteer to go also but I might be needed to comfort the injured or perform last rights."

The lawyer says, "No problem." He immediately strips off his shirt and dives into the shark infested water. There is a great turbulence in the water and then the others notice that all of the sharks have formed a double line from the yacht to the beach allowing the lawyer to swim between them.

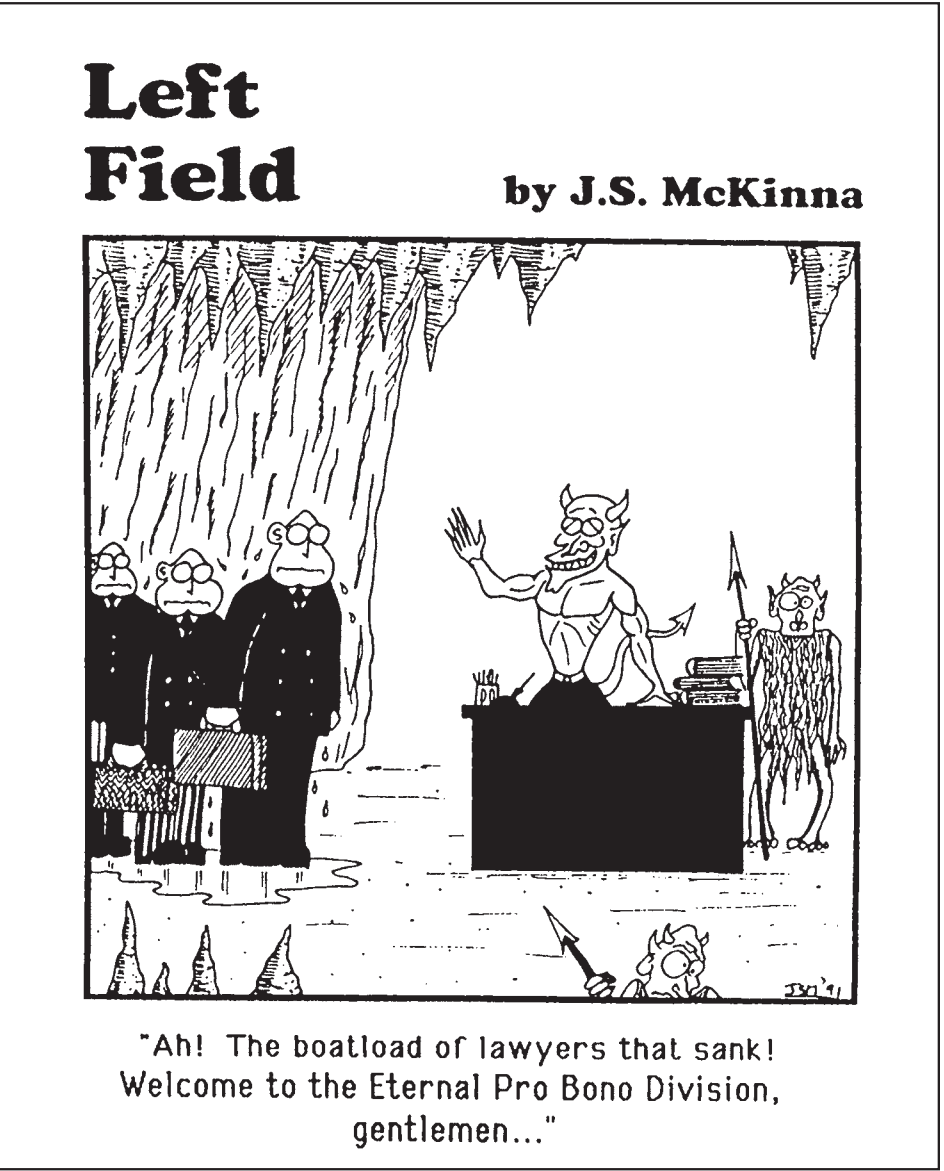
"My goodness," says the priest. "It is a miracle!"

The doctor, looking at the lawyer swimming to shore, says, "No, Father. It is not a miracle. It's professional courtesy!"

The kids of today are so allergic to everything, future wars will be fought by throwing bags of peanuts and cat hair at each other.



ABOUT THE CARTOONIST, RODNEY NELSON: After coming to the Keys many times, he moved here in 1969 at age 11. He tried different jobs before becoming a full-time artist in his late 20s. He enjoys the versatility it requires to survive as an artist in such a small community, and does airbrushing to glass etching; cartoons to fine art.



JOHN MCKINNA was a local musician, a best-selling author, and a published, syndicated cartoonist. We feature his cartoons monthly.



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