

The Mangrove Galley

by Sandi Mieszczenski

Sandi's recipes are featured here monthly. For previous issues go to <http://www.theconchtelegraph.com>.



It seems that the 4th of July celebration has also become a time for pork in one form or another. Today's recipe for pulled pork has been a staple around our house for years. Either in the oven or in the smoker, it is easy and delicious.

PULLED PORK

- 4-6 lbs. Boston Butt or Pork Shoulder
- 2 limes
- garlic powder
- cinnamon



Slice the meat to the bone 3 or 4 times depending on size.

Squeeze the juice of the limes over both sides of the pork. Sprinkle the garlic powder liberally over the whole roast, then the cinnamon, and pat down into the meat. Bake in the oven or smoker, fat side up, at 300 degrees for 6 hours.

Let cool for 30 minutes. Cut the roast into chunks, and using two forks, begin to pull the pork apart. Mix with your favorite Bar-B-Q sauce in the amount that suits your preference.

Serve with extra sauce on the side for dipping.

If there is any left, it is even better the next day. We usually pair this with baked beans and cole slaw.



It was the first thunderstorm of 2018, and it was a doozie! My phone started buzzing at me and told me there was a tornado warning for our area. Being on a sailboat with a 60-foot mast is exciting and terrifying at the same time. There is no sleeping until this monster passes; you do a lot of reading and praying to the deity of your choice.

In the early years of living on She Breeze, I would run from one end of the boat to the other making sure the hatches were all closed. Then I would grab all the electronics, i.e., my laptop, my GPS, and the chart plotter, and put them into the oven! I had read somewhere that the oven acts like a Faraday cage, so just in case lightning strikes, supposedly electronics will not be affected if they're in the oven. (Note to self, remember to remove items from oven before you do any baking!)

After 10 years of putting up with the thunder storms, I am a bit more relaxed when they roll in. I've hard-wired my electronics into my helm, so it would be very difficult to put them in the oven. Many years ago, there was a lovely man on a small sailboat here in the lagoon with us. He was preparing to sail to Central America, and I was envious.



Living Dockside

by Ginny Jones

One night a storm kept building, and I was nervously trying to read until the monster passed. I fell asleep and was awakened by a large and very scary noise. I jumped out of my bunk, looking around and listening for the dreaded sound of water rushing in through a blown-out through-hole in the bottom of the boat.

Nothing, phew, sigh of relief I go back to sleep. In the morning I go up on deck and look around, just another beautiful day. Later I heard lightning did hit this man's boat. It fried all of his electronics, his batteries and all the wiring in his boat. His boat was very near to my She Breeze, very short mast. Oh the randomness of lightning! He wasn't injured but his boat never did go on the trip.

west the whole dock moves. I believe the only thing holding us in place are the boats on this doomed dock.

The reason I haven't gone down to find this line earlier, is because it once caused me a bit of a situation. I was taking She Breeze out sailing, we were all ready to leave the dock, all lines were aboard or so I thought... and yep, forgot that dang aft line.

There I was, freaking out thinking the steering or the transmission was not working. I realize now I must be a constant source of amusement to my neighbors!



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GRI, CRS, TRC, CIPS, CLHMS, SFR, REOS
Licensed Real Estate Broker
Barbara Eads Realty, Inc.
91770 Overseas Highway
Tavernier, FL 33070
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