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The Conch Republic

THE COCONUT TELEGRAPH IS PROUD TO BE THE OFFICIAL NEWSPAPER OF THE NORTHERNMOST TERRITORIES OF THE CONCH REPUBLIC

101425 Overseas Hwy. · PMB #628 · Key Largo, FL 33037 · 305-304-2837 · www.theconchtelegraph.com · November 2018



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Attractions

Rotary Steps Up to Help After School

What's Hot & What's Not

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Maps

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All the Buzz

Dawn Wiggins, Ed. S. Coco-Nut Funnies Conch Characters Around Town Business in the Keys The Mangrove Galley Classified Ads Cartoons by Rodney Nelson The Daily OM





Kathy English and Sarah Sheer of Key Largo Flowers & Gifts are ready to help you! find the perfect expression for every occasion. Read about this duo's venture on page 7.



Coconut Telegraph

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Deadline

for the Coconut Telegraph's next issue is

Thursday, November 16, 2018

Contact Denise at 305-304-2837 theconchtelegraph@gmail.com



Notice: We do not mail out the Coconut Telegraph and we do not sell subscriptions.

It is available for free online at www.theconchtelegraph.com.

For comments please visit The Conch Telegraph on Facebook.

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"I don't think I get enough credit for the fact that I do all of this unmedicated."



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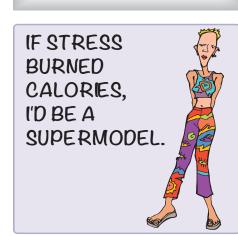
Editorial: Key Largo-Tavernier Treasure Map

Have you ever dreamed of finding treasure on these islands? Well now is your chance. The Coconut Telegraph is producing a 22" by 28" treasure map of Key Largo and Tavernier that is due to be out by Christmas.

These will be distributed free at the Chamber of Commerce and thru our advertisers. Our readers can win hundreds of dollars in prizes by finding the hidden objects in the map and emailing the answers to us.

It is also a great gift or keepsake. Deadline for advertising is November 30. Call, text or email to make an appointment before it is too

We were offered cash today. In exchange, we were supposed to endorse some kind of bathroom cleaner. Of course we declined, because we have high moral standards and strong willpower. Just as strong as Ajax, the super strong bathroom cleaner. Now available in lemon or vanilla scents.



NEW! Key Largo Treasure Map!

Fame and Fortune on the Rock!

The Coconut Telegraph and artist extraordinaire Rodney Nelson have joined forces to bring you a fascinating Key Largo Treasure Map

Hundreds of dollars worth of prizes will be awarded to those who can find the hidden secrets and mi\$takes throughout the map.

Locals and advertisers can make history by getting their caricature, business, building, vehicle boat airplane etc drawn by Nelso on this collectible, history-making map.

Thousands of copies will be available throughout Key Largo and Tavernier as gifts from our advertisers! It will also be on the Coconut Telegraph's website, worldwide!



Disclaimer

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Call or text us at 305-304-2837 today to get started.

Purple Pumpkin Gala; a Stunning Event

The Gala was held in Islamorada in early October. It's a fundraiser for Rettsyndrome.org, whose purpose is to transform the lives of all those affected by Rett syndrome.

Rett syndrome is a rare, non-inherited genetic neurological disorder that occurs almost exclusively in girls and leads to severe impairments, including seizures, scoliosis, and digestive difficulties. It affects nearly every aspect of the child's life: their ability to speak, walk, eat, and



(L-R) Wendy & Mike Sorrell; Dean, Kelli, Tyler, Leighann, Fred, Lacy and Hunter; Reef, Harper, Michelle,

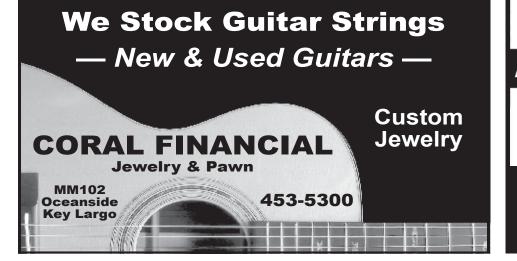


emporary tattoos: #OVER POWER RETT.



Carin and Wendy, event coordinators with Key Destina-

tion Weddings & Events helped Local artists decorated amazing pumpkins, sold at auction Photos courtesy of Doug Finger Photography



COLORFUL



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The Coconut Telegraph now has more color pages than ever before. Enjoy it, and if you're an advertiser, (or would like to be), call us to find out what your ad would cost in color. It's surprisingly affordable! 305-304-2837

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Local Seafood **Vegetarian Entrees Cook Your Catch Pet Friendly** Childrens Menu

Award Winning Lobster Bisque and Conch Fritters

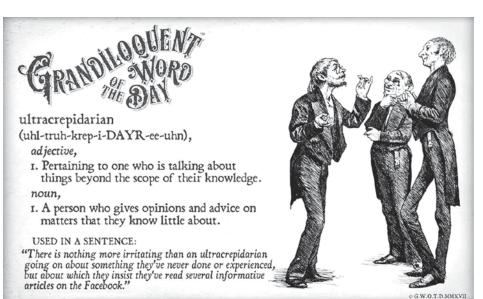
Award Winning Food & Coffee



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IN THE UPPER KEYS

It's critical to select the right real estate professionals to help you buy or sell in today's changing market. We're familiar with homes selling in the Upper Keys and can offer great tips. Want to know what your home is worth in today's market?

Call us for a no-obligation consultation to learn your home's top market value.

We're not just Realtors... we're also your neighbors!



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Wendy: 305-394-1376

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117 Burgundy Dr • Key Largo



a nice open floor plan and recessed lighting. Tile floors throughout, Granite counter tops and upscale appliances. Separate laundry room.

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Great Weekender! Brand new floors, dry-walls, granite countertops.new wood kitchen cabinets, new appliances, electrical all updated, windows, new roof. Everything has been re-done to make this a LIKE NEW HOME ready to move into,

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Cute 2/1 single family home, right across from the boat ramp. Keys cottage in a great neighborhood. Great starter home very well maintained. Has hurricane shutters, pretty new partial metal roof and updated cement roof. This would also be a great weekend home. Nothing to do

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3/2 Landings of Largo condo with all the bells and whistles plus a deeded boat slip witha lift. Views everywhere. Walk across to the pool or very near to the Marina. A top location for Keys living. Weekend or full time, for you & your family.

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VISIT US IN OUR OFFICE AT 102901 OVERSEAS HWY, MM 102.9 OCEANSIDE

This handmade pottery Hurricane Cross is one of the many unique gift items available at Key Largo Flowers & Gifts.

Made by Rose of Sharon Pottery, it comes packaged with this poem:

THE HURRICANE CROSS ©

Down in the southern tip of Florida Where hurricanes often blow, Stand the palm-etched crosses Whose legend the natives Know.

How in the 1930s

On the fearful shores of the Florida Keys, The crosses faced the wild, wild winds And the fierce waters of the seas.

The crosses stood their sentry To protect the ocean's land From the certain devastation Of Mother Nature's brutal hand.

Some still watch each season On the beaches of white sand. The prayers of the island people Where the crosses fervently stand.

So if your days are troubled And you fee! you are at a loss, Stand this pretty palm in your home And hang your prayers upon this cross.







Key Largo Flowers & Gifts

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List With Us - Buy From Us (FROM NOW THRU DEC. 31) AND WE'LL GIVE YOU

A \$250 CREDIT TOWARDS CLOSING COSTS!

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the opportunity to have our experience work for you.

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102901 OVERSEAS HWY, MM 102.9 OCEANSIDE

Get A Job!

My first job was working in an Orange Juice factory, but I got canned. Couldn't concentrate.

Then I worked in the woods as a Lumberjack, but I just couldn't hack it, so they gave me the axe.

After that, I tried being a Tailor, but wasn't suited for it -- mainly because it was a sew-sew job.

Next, I tried working in a Muffler Factory, but it was too exhausting.

Then, tried being a Chef - figured it would add a little spice to my life. but just didn't have the chops for it, or the thyme.

Next, I attempted being a Deli Worker, but any way I sliced it... Icouldn't cut the mustard.

My best job was a Musician, but eventually I found I wasn't noteworthy

I studied a long time to become a Doctor, but didn't have any patience

Next, was a job in a Shoe Factory. Tried hard, but it was just not a good fit.

SANDRA B. THOMAS (Author)

I became a Professional Angler, but discovered I couldn't live on my net income

Managed to get a good job working for a Pool Maintenance company, but the work was just too draining.

12. So then I got a job in a Workout Center, but they said I wasn't fit for

After many years of trying to find steady work, I finally got a job as a Historian - but I realized there was no future in it.

My last job was working in Starbucks, but I had to auit because it was the same old grind.

So, finally i tried retirement and i found i'm perfect for the job!

Thanks, Trader Dick!

KEYS PARASAIL & WAVE RUNNERS

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Artists of the Month: Key Largo Flowers and Gifts

Locals Purchase Key Largo Flower Shop

On June 23, 2017, Kathy English and Sarah Sheer purchased Key Largo Flowers and Gifts and fulfilled a lifelong dream to own a business where they could work together and create beautiful things. This mother and daughter team worked in restaurants all their lives, where they learned the hospitality business and the true meaning of excellent customer service. The shop is conveniently located at MM 99.5, right next to Bank of America and the Waldorf Plaza.

Both English and Sheer are naturally creative and they picked up flower arranging with a little help from friends in the business. They have a fresh approach and are making stunning arrangements at prices to fit any budget.

Soon after opening, their business blossomed and last Valentine's Day they delivered over 150 arrangements. The two ladies work side by side and instinctively know when the other one needs a helping hand. Kathy's husband Ralph pitches in too, wherever needed, and makes deliveries as well.

Having lived in Key Largo since 2003, the family is very much community minded. English created a beautiful biodegradable wreath for ocean memorial ash scatterings, made out of grape vine and flowers. Most florists use plastic styrofoam that is not ecofriendly. At times when a special arrangement is requested, Sarah has driven to the mainland to pick up flow-

puravida



ers in the early morning hours to ensure the freshest available that will last much longer than grocery store bouquets.

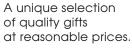


Biodegradeable wreath for water-based memorials

We know it's the thought that counts, but it is so much better to get flowers that will last. English advises everyone who wants to send flowers long distance to take a minute to look up an actual brick-and-mortar shop in the town of the recipient. A lot of the floral ordering services listed on the internet do not provide the best value or freshness.

Recently the ladies expanded their flower shop to include gifts. Their items are unique and different from what you find in other local shops. Included in their inventory are the

> Hurricane Cross that includes a poem, greeting cards, jewelry, pet memorials, and tasteful heartfelt gifts for any occasion. Stop by and check it out. open 9-5 M-F, and 9-1 Saturdays... or just call 305-451-3702.













Keys Kids Catchem at the 21st Annual Derby

120 Keys kids, 10 years or younger, fished in the 21st Annual Keys Kids Fishing Derby on September 30th. Offshore, Shoreline or Backcountry and awards are given for three different age groups in each division



Grand Champion Bryce Veath 7 years old, weiahed in the largest fish of the tournament, a 6.7-lb. Jack caught in the backcountry.

MOTORCYCLES

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Most Outstanding Catch: Lyla Rohr with an estimated 4-lb., 21" Bonefish. Lyla released a total of 3 bonefish to win a pile of prizes.

4-year-old Preston Walker caught a 1-lb. Snapper right at the docks of the Lorelei to win first place in his division.

The largest fish in the Shoreline 5-7 year olds was Delani Dean's 1.2-lb. Snapper. Alyssa Bonochea, age 9, released a 1.0 pound snapper to win first place

Offshore winners were Eva McCadie, age 4 with a 1.7-lb. Mackeral; Cooper Slonin, age 7 also with a 1.7-lb. Mackeral; and Caleb Bokor, age 9 with a

2.5-lb. Jack.





First fish of the day!

The largest fish in the Backcountry division was caught by 4-year-old

Julian Robertson with a 3.5-lb. Jack.

Camden Goodwin, age 5, won the 5-7 year olds division with a 2.3-lb. Jack. Natalie Goodwin, age 9, won the 8-10 year olds division with a

The Kevs Kids Derby's main purpose is to educate young anglers. This is the best day of the year, just watching these kids have fun catching and releasing fish. There are so many kids

that get to catch their first fish! Thanks go out to Islamorada Fishing and Conservation Trust, the Islamo-

rada Charter Boat Association, Jim and Mary Ann Bokor, Dr. Travis Bennett, and other local supporters. A special thank-you goes out to the

local captains who came by to help the kids and all the volunteers, who

OPENING SOON!

Even if you haven't played for some time, we welcome you!

Great players...Easy-going atmosphere...And tons of fun!

Just show up with your instrument (or we can lend you one)

Call for information 305-451-4530

Keys Community Concert Band

If you can dream it, we can build it! CUSTOM WORK

KCCB performs free outdoor

Pops-in-the-Park concerts

November through April.

Weekly rehearsals have just started!

We rehearse Monday evenings at

Key Largo School, 7:00-8:30 PM

Full Service Machine Shop, Welding & Fabrication Racing Engines, Modifications, Restorations

Online Prices in A Local Brick & Mortar Shop Deep Discounts on Tires, Parts & Accessories We want to know what you ride, and

what you want to see in a local shop. Come hang out! This will be YOUR place!

Shop 305.998.4633 • Cell 305.902.9169 Come by, call, text or email. 100693 Overseas Hwy • Key Largo • acmecycleflkeys@gmail.com

'Raise The Roof' Benefit Concert Starring Scott Kirby, Nov. 10



The Garden Club of the Upper Keys will host a benefit concert at the Murray Nelson Cultural Center, mm 102, Bayside Key Largo, Saturday November 10th from 7-10 pm. Come join us for a night of music, silent auction and refreshments featuring Scott Kirby, creative lyricist and accomplished finger-style acoustic guitarist. Proceeds will go to replacing the roof on the club's Francis Tracy Garden Center and are tax deductible. Donations \$35 and VIP (front row seats) \$100. Visit gardenclubupperkeys.org for ticket information.

LOOKING FOR MUSICIANS!

Locals Team Up to Support Preschoolers in Key Largo

The Rotary Club of Key Largo has donated \$1,000 to help provide free child care for four and five year olds at Key Largo School.

The funds were a passthrough donation of unused campaign contributions from newly-elected school board member Sue Woltanski, who ran unopposed for District 5 of the Monroe County School Board, and will assume office in November.

"High quality childcare is scarce in the Upper Keys and I believe this program fills a vital need in our community," Woltanski said.

This makes life easier for working families, she explained. "The state only funds 3 hours per day but extended before- and after-care hours are a great example of a school serving its community's needs."



The voluntary Head Start program, also available in Marathon and two Key West locations, is open to children from low-income families who are not yet old enough for Kindergarten. It gives them a jump start at school success with prereading, pre-math, language and social skills.

"It was our honor to

assist Sue in making her donation happen by way of our charitable foundation. Key Largo School is close to our hearts and we've provided ongoing support to its programs for many years," said Key Largo Rotary president Jennifer McComb.

The Rotary Club of Key Largo donates a brand new book to the school library

every week, selected from the teachers' wish list and signed by a guest speaker The club also funds incentives for students who exhibit good behavior. In total, thousands of dollars of supplies are donated annually, raised by club fundraisers as well as Rotary district grants.

The Rotary Club of Key Largo meets every Wednesday at 7:30 a.m., and now has a satellite club that meets on first and third Monday evenings at 6 p.m. For more info, visit keylargorotary.org

FOR PEOPLE WITH A LITERARY SENSE OF HUMOR

A bicycle can't stand alone; it is two

The guy who fell into an upholstery machine is now fully recovered.

He had a photographic memory but it was underdeveloped.

When she saw her first strands of grey hair thought she'd dye.

Acupuncture is a job well done. That's the point of it.

VFW Members Welcome!







Most popular Jam in Town!

JAM NIGHT

Thursdays 6 to 9 pm with The Taylor King Band and Friends

Find Us on Facebook: Jam night at the American Legion 333



2 Seagate Blvd. MM 99.6 • Key Largo • 305-451-0307 • www.legionpost333.org

Largest Tiki Bar in the Keys! 107900 Overseas Hwy www.gilbertsresort.com

305-451-1133



SATURDAYS THIS MONTH:



UNCLE ŚMOKEY



RADIO STEREO 7-11 PM



Saturday, Nov. 24 CAT DADDIES
1-5 PM



Saturday, Nov. 3 THE FLYERS 7-11 PM



Saturday, Nov. 17 **SPANK THE BAND** 1-5 PM



Saturday, Nov. 24 BOMBSHELL 7-11 PM



Saturday, Nov. 10 CUTLER STEW



TUXEDO JESUS



IS BACK! 8pm • NOV. 17 & 24





DAILY FOOD & DRINK SPECIALS

Sunday - Live Music 2-6 pm

FRIDAY NIGHT FISH FRY 5-9 pm MAHI ALL-U-CAN-EAT • Fried \$12.99 • Blackened/Grilled \$13.99

SATURDAY - PRIME RIB DINNER

HAPPY HOUR: 4-6 pm EVERY DAY ▶▶▶ Bud Light \$1 Drafts ◀◀◀



"Lexophile"

is a term used to describe those who are clever with words, such as "you can tune a piano but you can't tuna fish", or "to write with a broken pencil is pointless."

A competition to see who can come up with the best lexphilies is held every year in Dubuque, Iowa. The year's winning submissions:

- ... A thief who stole a calendar got twelve months.
- ... The batteries were given out free of charge.
- ... A dentist and a manicurist married. They fought tooth and nail.
- ... A will is a dead giveaway.
- ... With her marriage, she got a new name and a dress.
- ... A boiled egg is hard to beat.
- ... Police were called to the daycare centre, where a three-year-old was resisting a rest.
- ... Did you hear about the fellow whose whole left side was cut off? He's all right now.

Garden Club of the Upper Keys



OF THE UPPER KEYS

Laurie Brooks and Ian Cortina will be the guest speakers at the Garden Club of the Upper Keys monthly meeting

November 13 at 11:00 am

at the Francis Tracy Garden Center 94040 Overseas Hwy. (mm 94 bayside).

The presentation will be on Ponds and Water Gardens.

All are welcome. gardenclubupperkeys.org

BREAKING NEWS...

Energizer Bunny Arrested. Charged with Battery.

Key Largo Library has a new Free Lecture Series! Frequently on Mondays, there's something going on. Here are the next few topics...



Lecture Series

Mondays, 10:30a.m. to Noon

Everyone is invited!

Oct. 29 - Open House

- Red and Blue Aside: Voting History and Herstory

Nov. 19 - What's New with Medicare/Open Enrollment

- Holiday Party Dec. 3

Sponsored by Friends of the Key Largo Libraray MM 101.4 in the Tradewinds Shopping Center



Everglades Science Center Benefit Concert at Cafe Moka!

Please join us Friday November 16th at Café Moka in Tavernier for a night of food, fun, and live music! Doors open at 6pm and the music starts at 7pm. The audience will have the opportunity to participate in a silent auction that will include two large John James Audubon prints graciously donated by Audubon Florida. Tickets are \$20 at the door and all proceeds will go to support Audubon's Everglades Science today.

Music for the Benefit will be provided by E.R.I.C., a phenomenal (Jam Band meets Dylan) original music ensemble (vimeo.com/blame_ERIC)! Opening for them will be the great local favorite, Leah Sutter.

The Everglades Science Center (ESC) was established in Tavernier in 1939, by National Audubon's first Director of Research, Robert Porter Allen, Allen began a full-time study of the Roseate Spoonbill, living among them in a tent for weeks at a time. His research changed the way scientists studied birds. He began almost 80 years of data collection investigating the spoonbill and its habitat which is the founda-



tion for critical decision making in restoration work

Combined with this, ESC scientists are studying the flow of freshwater into Florida Bay and the impacts that diversion of this water has had throughout the Everglades ecosystem.

Dr. Jerry Lorenz continues the Roseate Spoonbill studies today, working with staff and volunteers to collect nesting information across Florida Bay. Data analyses show shifts in nesting distribution due to habitat destruction in the Keys. Lorenz has demonstrated spoonbill sensitivity to changes in the quantity and quality of their foraging habitat, and this led to the spoonbills being added as an "indicator species" to the Everglades Restoration Plan.

NIGHT from 5 PM!



Join us to show support for Vets.

VETERANS

Happy / Thanksgiving!

We're open

For info: 305-852-1872

MM 92.6 Bayside • Tavernier

www.floridakeyselks1872.com

LINE DANCE

Mondays 5 pm

Karaoke Follows the

Fish Fry, 7:30 pm

On Fridays when we don't

NOV. 9, 16, 23, and 30

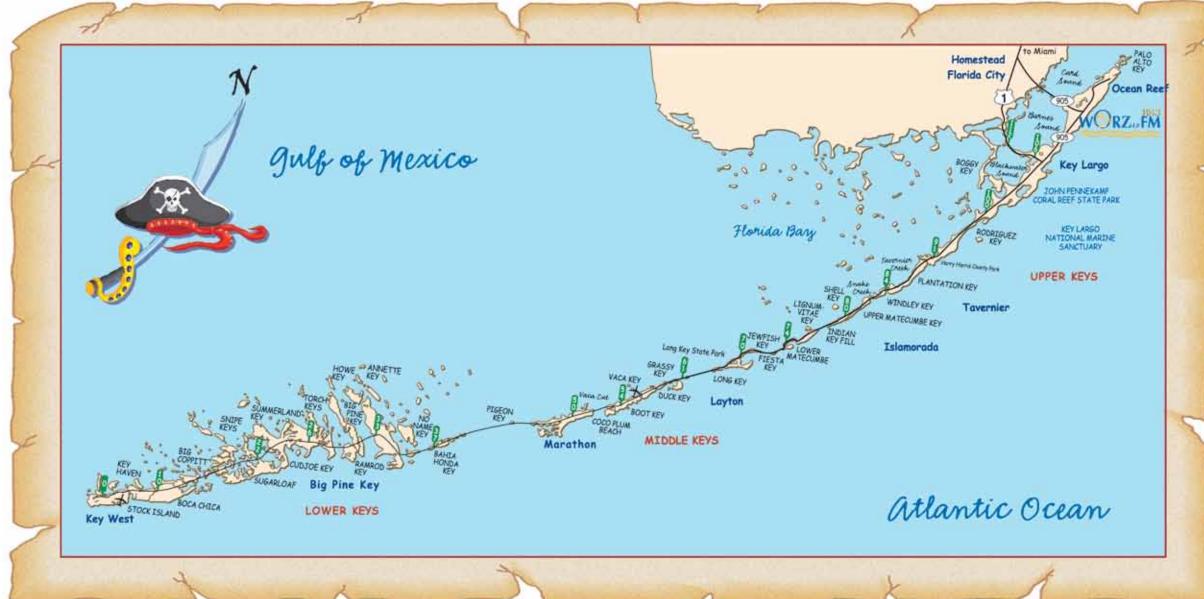
(NO KARAOKE NOV. 2)





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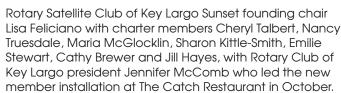
TAVERNIER MM 91.2



Conch Characters



American Legion volunteers on Jam Night





Florida PAC awards MCSO with the CFA Excelsion Award for Accreditation in Law Enforcement.



caught this 6.7 lb. Jack Murray and Lorenz of Gilbert's Resort were joined by an 21st Annual Keys Kids Fishing Derby. enormous iguana while playing golf recently.



Doc Boilini hosting the live guction at the Purple Pumpkin Gala. Photo by Doug Finger Photography.



Key Largo Rotary's Take Stock in Children winner Paul Abolafia, Jr., 1st Jr. Division/Redfish 23.50 with Capt. C.A. Richardson in September at The Flks Club



Kermit Taylor is getting ready to open a bike shop in Key Largo.

Key Largo Rotary Adds Evening Meetings



Rotary Satellite Club of Key Largo Sunset founding chair Lisa Feliciano with charter members Ofelia Wiltz, Christina Martinez, Kelley Steinmetz, Bill Mann, Lee Caltagirone, Kerry Cosme, Ben Cosme, Laurie Cornell, James Jeske, Bryan Arrabal, Ashley Arrabal, Yvoone Gonzalez-Quevedo, Pablo Gonzalez-Quevedo, Francine Lemay, Erin King, John Ribble, Tania Mattson, Cheryl Conley (morning club), Marlen Weeks, Wil Pena, Scott Ward, with Rotary District 6990 Governor Drew Monaghan, who led the new member installation on September 26.

The Rotary Club of Key Largo has announced it has 30 charter members of its new Rotary Satellite Club of Key Largo Sunset.

Rotary District 6990 Governor Drew Monaghan traveled from Broward County to swear in the charter members at a special event held at Playa Largo Resort and Spa. The new Key Largo Rotarians can now

attend meetings of any of the 35,000 Rotary clubs worldwide.

He also installed Key Largo School assistant principal Cheryl Conley as the newest member of the main club, which was chartered in 1990 and meets every Wednesday at 7:30 a.m.

Key Largo Rotary in 2001, will be the founding chair of

min Cosme, who served in leadership positions with the Interact club sponsored by Key Largo Rotary at Coral Shores High School, is chair elect, and Sergeant Scott Ward with the Monroe County Sheriff's Office is the club's secretary.

"There are so many young professionals who aren't able to take time during the day for Rotary meetings. By adding the happy hour meetings, we're able to reach more Key Largo residents who want to do good in the community," said Key Largo Rotary president Jennifer McComb.

Key Largo Rotarians in both the morning and evening groups will hold co-socials Lisa Feliciano, who joined and also collaborate on service in the community. including working at the

the satellite club. Benja- Upper Keys Rotary's Gigantic Nautical Flea Market. The satellite club will also have its own service projects.

> The Rotary Club of Boulder was the first to create a satellite club, and it was so successful that Rotary leadership has encouraged other clubs worldwide to do the same. The Rotary Club of Bentley Cheshire, England, began as a satellite club made up of Bentley Motors employees. In its first two years, its 25 members participated in 38 service projects. Here in South Florida, satellite clubs have formed in Key Biscayne, South Fort Lauderdale, and Miramar-Pembroke Pines.

For more information go to www.keylargorotary.org.









Bryce Veath, 7 years old, and a story to tell for years to come in the

Adopt a Key Largo Animal Shelter Pet









Meet a few of the animals who are currently available for adoption at

the Key Largo Animal Shelter. If you are interested in taking one

of these adorable furry friends home, stop by or call. The Shelter is











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Haircut is also always on point if you care about that

WHITE TRASH

ENGAGEMENT RING SET

New, never used... unlike the "otherwise engaged." 1-305-555-RING

PERSONAL

HENRY MY BARBER Shout out to my man Henry at the MM112 Salon who not only didn't mention the heinous fart I ripped in his chair, but casualty aimed the blow drier at my crotch for about 15 seconds while pretending to be distracted by the TV to save us both.

True professional. sort of thing.

FOR SALE

COMPACTOR. NEVER USED. \$225 OBO.

MISCELLANEOUS

Help Wanted I lied when 1 got my job. I

told them I had a kid so I

could leave early to pick him

up from day care, take him to

doctor appointments and

occasionally miss a day when

he's sick. Long story short, I'm

in too deep. I didn't think it

through. I'm looking to rent a

kid for "bring your child to

work" day. Must be a boy ages

4 to 6 with curly brown hair

who plays soccer, essentially

he has to look like the stock

photo In the frame on my

desk. Also must be artistic, as

the macaroni noodle collages

I made seem a little advanced

for someone his age. He also

needs to respond to "My Little

Picasso," as that's what my

wife and 1 call him. Also 1

will pay extra for someone who

can play the role of my wife

when dropping him off. Her

name is Maggie, she's named

after her grandma, and she's a

defense attorney who often

brings her work home.

Message me for the details,

serious inquiries only.

305-555-LIAR

House Cleaning call Danielle 305-393-2728

SERVICES

MUSICIANS WANTED

Amateur & seasoned musicians wanted! The Keys Community

Concert Band begins rehearsals for its new season in the fall. If you want to participate, call 305-451-4530.

/essel safety

The USCG Auxiliary conducts vessel safety checks at Blackwater Sound Marina, MM 103.8 Bayside, every third Saturday of the month. The Public is Welcome. More info: 305-998-8400

Classified ads will not be accepted without payment

CLUBS

Fraternal Order of the Eagles meets every 1st and 3rd Monday,7pm at Elks Lodge, Tavernier.

Florida Keys Orchid, Fern and Bromeliad Society meets the 3rd Thurs. of every month at Key Largo Library Comm. Room 7pm. Open to public. Info: 305-451-2396.

THE KEY PLAYERS Community Theater Group needs volunteers to work behind the scenes and audition for roles! thekeyplayers.org

GARDEN CLUB OF THE UPPER KEYS

Laurie Brooks and Ian Cortina will be the guest speakers at the Garden Club of the Upper Keys monthly meeting

on November 13 at 11:00 am at the Francis Tracy Garden Center (mm 94 bayside). The presentation will be on Ponds and Water Gardens. All are welcome.

gardenclubupperkeys.org

FOR SALE

Getting rid of my dad's old stuff, found this vintage motorbike mask without the goggles. I didn't know he was into riding motorcycles, but he has a lot of leather gear. Call if you're interested.



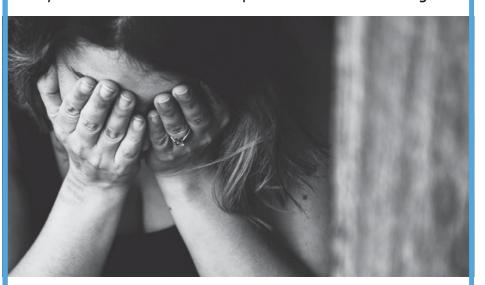
PERSONAL

WOMAN OF AGE LOOKING FOR COMPANIONSHIP

I am into solitude, long walks, sunrises, the ocean, yoga, and meditation. If you are the silent type, let's get together, take our hearing aids out and enjoy quiet times. 305-555-WALK

The Process of Grieving

Grief can arise from many life situations, but you should know it is not a permanent state of being.



When we experience any kind of devastating loss, whether it is the loss of a loved one, a dream, or a relationship, feelings may arise within us that are overwhelming or difficult to cope

This sense of grief can also come up when we are separated from anyone or anything we have welcomed into our lives. And while it may feel like we are caught up in a never-ending spiral of sadness and emptiness, it is important to remember that the grief we are feeling is not a permanent state of being. Rather, grief is part of the process of letting go that in many ways can be a gift, allowing us to go deeper within ourselves to rediscover the light amidst the seeming darkness.

The emotions that accompany any kind of loss can be intense and varied. A sense of shock or denial is often the first reaction, to be replaced by anger. Sometimes this anger can be directed at your loved one for "abandoning" you; at other times you may feel outrage toward the universe for what you are enduring. And while there are stages of grief that people go through - moving from denial to anger to bargaining to depression to acceptance - the cycles

of grief often move in spirals, sometimes circling forward and then back again.

You may even experience moments of strength, faith, and laughter in between. While these emotions seem to come and go sporadically, it is important to feel them, accept them, and allow them to flow. With time, patience, and compassion, you will eventually find your center again.

As we move through our grief, we may find ourselves reluctant to release our pain, fearing we are letting go of who or what we have lost. We may even regard our movement toward healing as an act of disloyalty or giving up. Know that while the hurt may fade, the essence of what you had and who you loved will have already transformed you and forever stay with you.

If anything, once you are ready for the pain of your loss to subside, their memories can then live more fully within you. Remember, that healing is a part of the spiraling cycles of grief, and that in letting yourself feel restored again you are surrendering to a natural movement that is part of the dance of life.

Reprinted from DailyOM - Inspirational thoughts for a happy, healthy and fulfilling day. Register for free at www.dailyom.com Key Largo Library has a new Acoustic Music Series! First Fridays, there's a free concert

Acoustic Concert Series

6 - 7 p.m.

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Dec. 7 - HungryTown

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Around Town



Key Largo Conch House espresso trailer is a hit at every wedding they cater

Who ya gonna call?

Charter Pest Control, of course!



Sunset over Gilberts. Photo by Michelle Burke.



The "Real Men Wear Pink" team (with special guest Mel T of Sun 103.1) walked in Key West for Making Strides last month



Warming up at the American Legion jam on a Thursday night



Thank you Sean Dickens for entertaining at the American Legion.



Cannabis overdose deaths are now equal to the number of people gored to death by unicorns.



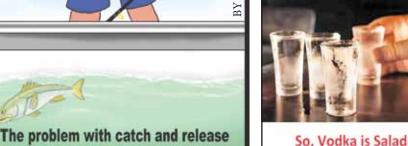
So I was at Walmart earlier A lady was looking at frozen turkeys, but she couldn't find one big enough.

She asked the stock boy, "do these turkeys get any bigger?"

He replied with a straight face, "No ma'am, they're dead."

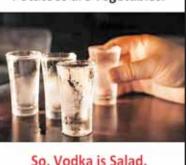
Made my week





The man who invented autocorrect, should burn in hello.

Vodka is made from potatoes. Potatoes are vegetables.



So, Vodka is Salad

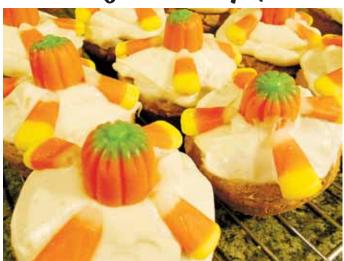
PONDERABLES

Do infants enjoy infancy as much as adults enjoy adultery? Why doesn't glue stick to the inside of the bottle? Why is bra singular and panties plural? Insanity is my only means of relaxation. Why don't sheep shrink when it rains? Can fat people go skinny dipping? Why is the word abbreviation so long? When companies ship styrofoam, what do they pack it in?





The Mangrove Galley by Sandi Mieszczenski PUMPKIN CUPCAKES WITH CREAM CHEESE FROSTING



Finally, Fall is here though it does not really feel like it. Fall brings visions of turning leaves, holiday foods, and of course the ever-loving pumpkins. This cupcake recipe is quick, easy, and oh so tasty. Try it, I think you will really like this autumn treat.

1 pkg. of spice cake mix

1 cup sour cream

1 can (15 ounces) of pumpkin

1/4 cup vegetable oil

18-ounce pkg.cream cheese, softened

1/4 cup butter, softened 2 tablespoons maple syrup

1 16-ounce pkg. of powdered sugar

 $1\frac{1}{2}$ teaspoon cinnamon

1 bag of candy corn autumn mix

Heat the oven to 350 degrees. Beat the first five ingredients with a mixer, blending well. Line cupcake pans with paper and spoon in the mixture. Bake 20 to 22 minutes. Check the centers with a toothpick. Make sure it comes out clean. Cool in the pans then remove.

Beat the cream cheese, butter, and maple syrup with a mixer. Gradually beat in the sugar, then stir in the cinnamon. Frost the cupcakes. Decorate each cupcake with the candy corn. I prefer the autumn mix because it includes the candy pumpkins and really gives the cupcakes a festive look. Now let us hope for some cooler weather.

Sandi's recipes are featured here monthly. For previous issues go to the conchtelegraph.com

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It Takes a Village

Death. Just reading the word feels heavy on the page. The urge is to turn the page or toss the paper. What if you didn't?

I am advocating on behalf of those who are grieving. Will you join me in supporting them in their loss?

We've all known loss in some way. Whether it be a pet, a marriage or a loved one; you know the pain of grief. Today, I want to acknowledge those among us who have experienced a depth of loss which most of us cannot comprehend. Those who have lost a child.

Too often, these parents are suffering in silence. I know it's hard to move towards death. That is what I am asking of you. As their friends, family, neighbors,



THE FIRST RULE OF THE OCD **CLUB IS TO HAVE A SECONE RULE SO THERE IS AN EVEN** NUMBER OF RULES.

NUTRITION FACT If you drink a gallon of water per day, you won't have time for other people's drama because you'll be too busy peeing. Stay hydrated my friends. and co-workers, I am enrolling YOU to support them in

by Dawn Wiggins, Ed.S.

their grief.

You know who they are. You think of them and talk in whispers at the nail salon, grocery store, or charity event. Cut the bullshit and talk to them, not about them. They need our love and attention. They need us to face our discomfort.

And by doing this, you will be healing your personal grief. Because we are a culture of avoiding painful feelings and you have your own deeply stuffed feelings of fear, sadness, and loss. That is the number one reason it is so difficult to face other people's pain; because you can't easily avoid your own.

So now what? You invite them to talk. You sit with



I never thought I'd be the type of person who would get up early in the morning to exercise. was right

> **HACKERS** need to step up and delete everyone's STUDENT LOANS.



Dawn Wiggins, Ed.S. Licensed Marriage & Family Therapist Boca Raton • Key Largo • Online 561-221-5575 99353 Overseas Hwy #16 Key Largo, Florida 33037 www.dawnwigginstherapy.com

them. You hug them. Make it clear that you want to hear the stories; the joyful and the sad. And you are willing to call deep on your courage to do so. You are willing to be with them in their tears Over and over. You are willing to listen to their most profound struggles.

Guilt and regret are some of those struggles. No matter the age of their child, they get stuck in the coulda, shoulda, woulda mindset. There is an inherent belief that a parent must protect their child. Outliving your child feels

like an automatic failure of epic proportions.

While you may not know their specific struggle, you can relate to feeling quilt and failure. What do you need or want most in times of alleged failure? For me. the answer would be acceptance, forgiveness or love. Whatever your response, I want you to offer it to someone who is struggling with the loss of a child.

They deeply miss their son or daughter. Every. Day. But broaching the topic with you is so taboo, complicated, uncertain. Will you shrink away, will they burst into tears, will it bring up feelings that no one wants to express in a public place? They don't want to burden you. And, they are pretty sure you are going to say something completely unhelpful.

Who cares. Let's not avert our eyes, change the subject or pretend as though it's not happening. Let's not ask "how are you"? Let's say, "I know you feel terrible, I want to support you."

We are stronger together. I'm not saying it's going to be easy; I'm saying it's going to be worth it. So, thanks in advance for all of the love you are going to spread. I am deeply grateful











Isaac Newton THE BEATLES Steve Jobs

I'm a Social Vegan. I avoid Meet.

Coco'Nut' Funnies

FOR THOSE OF YOU WHO CAN'T BE WITH FAMILY DURING THE HOLIDAYS, please resist the urge to

> Me: It's not about how many times you fall, it's about how many times you get back up.

Cop: that's not how field sobriety tests work.







Mr. Clark, I have reviewed this case very carefully, the divorce Court Judge said, 'And I've decided to give your wife \$775 a week?

'That's very fair, your honor,' the husband said. 'And every now and then I'll try to send her a few bucks myself.

TALENT

SHOW

PRODUCE

BLACK-EYED

SOMETIMES YOU RUN INTO

PEOPLE WHO CHANGE

YOUR LIFE FOR THE BETTER.

THOSE PEOPLE ARE CALLED

BARTENDERS.

CLIMATE CHANGE.

PENNIES FROM HEAVEN!

Thank you Trader Dick!

I WILL NOW HACK INTO MY TEACHER'S PERSONAL EMAILS Husband takes the wife to her high IN LESS TIME THAN IT TAKES school reunion. After meeting several HER TO TACKLE ME .. of her friends and former school mates, they are sitting at a table where he is yawning and overly bored.

MUSIC PLAYLIS

The band cranks up and people are beginning to dance.

I lost in the Trivia contest

last night by one point.

The question was:

"Where do women

mostly have curly hair?"

Apparently, the

correct answer is Africa!

There's a guy on the dance floor living it large, break dancing, moon walking, back flips, buying drinks for people, the

Wife turns to her husband and says, "See that guy? 25 years ago he proposed to me and I turned him down.

Husband says: "Looks like he's still celebrating!"

Thank you Karen Beal



If you put dry teabags in shoes they absorb the odor. So your shoes smell good but the tea tastes so bad it's almost not worth it

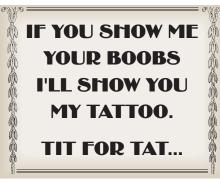
1 in 10 Americans think HTML is a sexually transmitted disease.

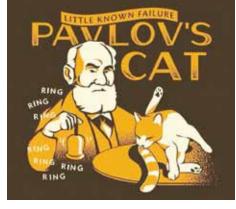
I feel a little **OVĚRWORKED** UNDERINTOXICATED

A little boy went up to his father and asked: 'Dad, where did my intelligence come from?'

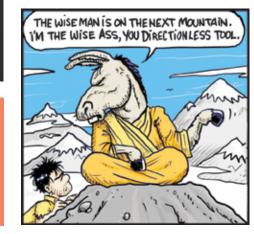
The father replied. 'Well, son, you must have got it from your mother, cause I still have mine.'

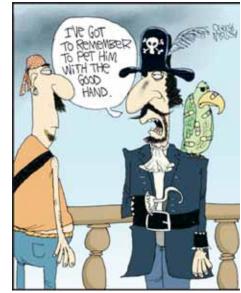
Thank you Trader Dick











IN CASE OF OVERMEDICATION

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A pirate walked into a bar and the bartender said: "Hey, I haven't seen you in a while. What happened? You look terrible.'

"What do you mean?" said the pirate, "I feel fine."

Bartender: "What about the wooden leg? You didn't have that before."

Pirate: "Well, we were in a battle and I got hit with a cannon ball, but I'm fine now."

Bartender: "Well, ok, but what about that hook? What happened to your hand?"

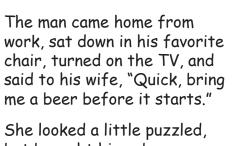
Pirate: "We were In another battle. I boarded a ship and got into a sword fight. My hand was cut off. I got fitted with a hook. I'm fine, really..."

Bartender: "What about that eye patch?"

Pirate: "Oh, one day we were at sea and a flock of birds flew over. I looked up and one of them shat in my eye."

Bartender "You're kidding, you lost an eye just from bird doo?"

Pirate: "It was my first day with the



but brought him a beer.

When he finished it, he said, "Quick, bring me another beer. It's gonna start."

This time she looked a little angry, but brought him a beer.

When it was gone, he said, "Quick, another beer, it's gonna start any second."

"That's it!" She blows her top, "You bastard! You waltz in here, flop your fat ass down, don't even say hello to me and then expect me to run around like your slave. Don't you realize that I cook and clean and wash and iron all day long?"

The husband sighed. "Oh &#@\$, it's started.

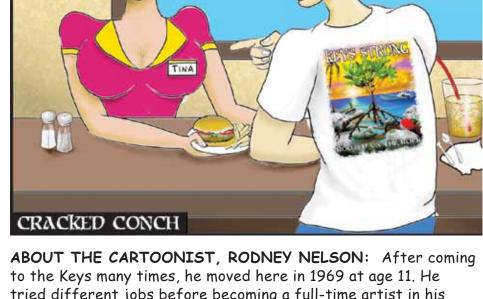
WHEN I WORKOUT AT THE GIN, I LIKE TO RUM.

This condom review is perfect

Helpful Not Helpful ☆☆☆☆ Five Stars By Jahonay - November 24, 2014 Amazon Verified Purchase No children yet. 1 of 1 people found this review helpful







tried different jobs before becoming a full-time artist in his late twenties. He enjoys the versatility it requires to survive as an artist in such a small community, and does airbrushing to glass etching; cartoons to fine art.



ete wondered why they called him a sexist.

HEALTH ALERT FOR MEN

If you are taking the Viagra pill make sure it says 'Made in USA"!

We do not want the Russians meddling in our erections!

Thanks to Ted Ellis

What's the

other one

name?



USE " D" AND "N"

If it weren't for

THE GUTTER

my mind would be

HOMELESS.

Blonde female bought herself a new Mercedes. She can drive the car during the day but at night the car won't move at all.

She tries driving the car at night for a week but still no luck

Furious, she calls the dealership, tells them the problem and they send a mechanic to the house.

The mechanic gives the car a thorough inspection and can't find anything wrona.

Eventually, he asks the Blonde, "Are you sure you're using the right gears?"

"Of course I am. I'm not stupid.

I use "D" during the day, and "N" at



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THE REGS 1-6	26 HAPPY HOUR 4-7PM MON-FRI	SCOTT YOUNGBERG 5-9 \$14.99 PRIME RIB DINNER 5-9PM	SCOTTY MEYER 5-9 \$14.99 PRIME RIB DINNER 5-9PM	DJ REGGAE RONNIE 5-9	30 JIMMY O'SHEA 12-4 SHRIMP FRY-DAY \$9.99 5-9PM OVRHOL 7-11	Fresh new music, only at Gilbert's!		

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APACHE DRAGON Sunday, Nov. 4 1-6pm





ECLIPSE Sunday, Nov. 11 1-6pm

MONSTER Sun. Nov. 18 1-6pm





THE REGS Sunday, Nov. 25 1-6pm