

The Conch Republic COCONUT TELEGRAPH

FREE
Dining • Shopping
Lodging • Humor
Entertainment



THE COCONUT TELEGRAPH IS PROUD TO BE THE OFFICIAL NEWSPAPER OF THE NORTHERNMOST TERRITORIES OF THE CONCH REPUBLIC

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Attractions

Best Halloween Costumes

What's Hot & What's Not

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Buffie Kruse, Buzzard's Roost

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Coco-Nut Funnies

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Around Town

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The Mangrove Galley

Classified Ads

Cartoons by Rodney Nelson



Dr. Lora Cummings, Whiskers & Wags mobile veterinarian, is now in the Keys! See article on page 7.



**ON THE BEACH • MM 99.5 BAYSIDE
KEY LARGO • 305-451-3380**

Live Music • Happy Hour • Sunset

**World class entertainers, in Key Largo on the beach.
It doesn't get any better than this!**

Check the calendar at <http://keylargo-baysidegrill.com/sunset-bar/>



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**Live Music Monday through Saturday,
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and Happy Hour specials.**

Coconut Telegraph

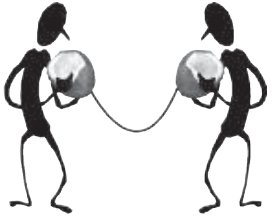
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"I don't think I get enough credit for the fact that I do all of this unmedicated."

The Conch Republic
COCONUT TELEGRAPH
Independently Owned Local Newspaper

101425 Overseas Hwy., PMB #628



305.304.2837
www.TheConchTelegraph.com
TheConchTelegraph@gmail.com

Key Largo, Florida Keys 33037

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Editorial: Lucky 13th Year!

This month marks the end of our 12th year publishing this newspaper. The amazing success and longevity of this endeavor is largely due to...

- Forty years experience selling newspaper advertising and the trust of my customers from almost 30 years of producing results in the Keys. Years of helping the advertisers to succeed creates loyalty!
- Working with an excellent graphic artist, in fact she is the best in the business.
- Filling a need in the community for a local, fun and unboased paper.
- Providing information for visitors and locals alike.
- Promoting local music, events, people and art.

- Giving our time, money, expertise and product back to the community.
- Interesting articles, humor and insight with a different approach.
- Our unique website TheConchTelegraph.com keeps the snowbirds up to date worldwide for FREE.
- Losing our domain name to Jimmy Buffett's lawsuit but gaining national publicity.
- Lowest advertising rates with the highest penetration (most readers). The paper is continually delivered all month.

THANK YOU to all our loyal advertisers and readers! We're looking forward to starting our lucky 13th year!

EVER WONDER WHAT THOSE LIGHTS ON YOUR DASH MEAN?

 FOUNTAIN AHEAD	 DRUNK ROBOT	 CYCLONE IN CAR	 GHOSTS	 ALL THE DOORS ARE OPEN YOU IDOT	 OWL AHEAD
 BEACH BALL IN LAP	 TURBINE ACTIVATED	 KENE E WIND FACE WIND	 YOUR ARMS HAVE MELTED	 ONE ARMED DALEK	 JOIN HANDS; LET'S MAKE A CIRCLE
 THE GENIE IS DRIPPING	 NO IDEA	 COMET AHEAD	 COMET WITH TURBULENCE AHEAD	 REALLY FAST COMET AHEAD	 TRIANGLES AHEAD
 METRONOME FOUNTAIN AHEAD	 GO! ONE WAY OR THE OTHER!	 YES!	 THE KEY IS FLOATING ON A RIVER	 FLEX YOUR FLABBY ABS!	 THINK WHAT YOU WANT THE CAR TO DO...

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Telegraph assumes in good faith that all editorial and advertising material submitted are the original property of the advertiser. The Coconut Telegraph may not be held responsible for errors, omissions, or for circumstances beyond our control that may affect the distribution schedule.

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Wendy: 305-394-1376
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We're a **Mother-Daughter Team** and we handle your real estate needs with integrity and professionalism. Over 30 years of combined sales in the Keys gives you the opportunity to have our experience work for you.

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102901 OVERSEAS HWY, MM 102.9 OCEANSIDE

If you're between the ages of

18 AND 25

AND YOU WANT TO


SCARE THE HELL

OUT OF THE

people who run this country

DO THE **X** UNEXPECTED

Take 20 minutes to do what people all around the world are DYING to do...



VOTE

LAST DAY TO REGISTER:
FOR THE UPCOMING ELECTION **OCT. 9TH**

Go to the Murray Nelson Center
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We Stock Guitar Strings

— New & Used Guitars —

CORAL FINANCIAL

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MM102
Oceanside
Key Largo

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Custom
Jewelry

NEW! Key Largo Treasure Map!

Fame and Fortune on the Rock!


The Coconut Telegraph and artist extraordinaire Rodney Nelson have joined forces to bring you a fascinating Key Largo Treasure Map!

Hundreds of dollars worth of prizes will be awarded to those who can find the hidden secrets and mistakes throughout the map.

Locals and advertisers can make history by getting their caricature, business, building, vehicle, boat, airplane, etc. drawn by Nelson on this collectible, history-making map.

Thousands of copies will be available throughout Key Largo and Tavernier as gifts from our advertisers! It will also be on the Coconut Telegraph's website, worldwide!

www.theconchtelegraph.com



We will come to you and take photos for the artist to draw.
Hurry to get your very own original Nelson caricature on a piece of the rock.
Call or text us at 305-304-2837 today to get started.

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Featured on the Food Network

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Lobster Bisque
and
Conch Fritters

Award Winning Food & Coffee

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4 pm-10 pm



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Most Photographed Sunset in Key Largo!
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Fall is here!
Pumpkin Spice Oil Change!!

HURRICANE TIP:
BEFORE IT STARTS,
WRITE DOWN ALL THE THINGS YOU LOVE
ABOUT YOUR SPOUSE/CHILDREN.

IT WILL BE REALLY HARD TO REMEMBER
AFTER 72 HOURS WITHOUT POWER.

Voted **Best Happy Hour in the Keys!** 4-7 Daily
WEDNESDAYS: 20% LOCALS DAY

Pilot House Restaurant:



As seen on Diners, Drive-Ins and Dives on Food Network!!

Episode: "Succulent Sandwiches"

This trip, Guy Fieri's diggin' into succulent sandwiches! In Oakland, a real-deal butchery stacking up killer cheesesteak and off-the-chain chicken. In Modesto, Calif., a funky food truck putting pastrami on pretzel bread and cooking pulled pork in root beer. **And in Key Largo, Florida, a seafood staple servin' up a sandwich that's become a local legend.** (Episode: DV2407H)



PILOT HOUSE
KEY LARGO, FLORIDA

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Taylor King Band
Every Saturday Night
WATERFRONT



A La Carte Brunch

**11 am - 2 pm
Every Sunday**

Complimentary Mimosa,
Glass of Champagne or
Bloody Mary with
Brunch Entrée

13 Seagate Blvd., Key Largo, MM 99.6, 305-451-3142
www.pilothousemarina.com  fb.com/pilothousekeylargo **HOME OF THE Glass Bottom Bar™**

131 Coco Plum Rd S • Key Largo
\$1,395,000



Beautiful custom deep water canal residence offers modern amenities, spacious architectural design with soaring ceilings, top notch finishes, and immediate ocean access.

978 Shaw Drive • Key Largo
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Key Largo canal front home with open concept living. 3/2 upstairs. Lots of natural light and cathedral ceilings. Spacious living for all your entertaining, plus a beautiful screened porch overlooking a wide canal.

1500 Ocean Bay Dr • Key Largo
\$339,000



Townhouse in Kawama Yacht Club. 3 levels in a private corner of K building. Very well maintained unit with great rental history on winter time. Perfect resort for the whole family with many amenities.

104350 Overseas Hwy • Key Largo
\$550,000



#C-15 Bayfront townhouse with deeded boat slip! Lovely moon Bay unit with weekly rentals allowed. Beautiful sunset views.

We're a **Mother-Daughter Team** and we handle your real estate needs with integrity and professionalism. Over 30 years of combined sales in the Keys gives you the opportunity to have our experience work for you.
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WE KNOW THE TRUE VALUE OF HOMES IN THE UPPER KEYS

It's critical to select the right real estate professionals to help you buy or sell in today's changing market. We're familiar with homes selling in the Upper Keys and can offer great tips. Want to know what your home is worth in today's market?

Call us for a no-obligation consultation to learn your home's top market value.

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THE WASMUND TEAM
TROPICAL REALTY OF THE FLORIDA KEYS, INC

117 Burgundy Dr • Key Largo
\$599,000



Beautiful stucco covered double wide mobile, 3/2 with a nice open floor plan and recessed lighting. Tile floors throughout, Granite counter tops and upscale appliances. Separate laundry room.

421 Bahia Honda Rd • Key Largo
\$485,000



Great Weekender! Brand new floors, dry-walls, granite countertops, new wood kitchen cabinets, new appliances, electrical all updated, windows, new roof. Everything has been re-done to make this a LIKE NEW HOME ready to move into,

1500 Ocean Bay Dr • Key Largo
\$129,000



UNIT 3 - 30' Boat Slip in Molasses Reef Marina, side tie, deep water no bridges, recently renovated Marina, water and electric on site, boat ramp and trailer parking available, Great Location for easy ocean access.

9824 Mariners Ave - 110
\$599,900



3/2 Landings of Largo condo with all the bells and whistles plus a deeded boat slip with a lift. Views everywhere. Walk across to the pool or very near to the Marina. A top location for Keys living. Weekend or full time, for you & your family.

VISIT US IN OUR OFFICE AT 102901 OVERSEAS HWY, MM 102.9 OCEANSIDE

Radio Chatter At The Airport

Tower: "Delta 351, you have traffic at ten o'clock, six miles!"
Delta 351: "Give us another hint. We have digital watches."
~ ~ ~
Tower: "TWA 2341, for noise abatement turn right 45 degrees."
TWA 2341: "We are at 35,000 feet. How much noise can we make up here?"
Tower: "Sir, have you ever heard the noise a 747 makes when it hits a 727?"
~ ~ ~

(Unknown aircraft) waiting in a very long takeoff queue: "I'm f...ing bored!"
Ground Traffic Control: "Last aircraft transmitting, identify yourself immediately!"
(Unknown aircraft:) "I said I was f...ing bored, not f....ing stupid!"
~ ~ ~

O'Hare Approach Control to a 747: "United 329 heavy, your traffic is a Fokker, one o'clock, three miles, eastbound."
United 329: "Approach, I've always wanted to say this: I've got the little Fokker in sight!"
~ ~ ~

A student became lost during a solo cross-country flight. While attempting to locate the aircraft on radar, ATC asked: "What was your last known position?"
Student: "When I was number one for takeoff."
~ ~ ~

A DC-10 landing in San Jose, CA had come in a little hot and thus had an exceedingly long roll out after touching down.
San Jose Tower: "American 751, make a hard right turn at the end of the runway if you are able. If you are not able, take the Guadalupe exit off Highway 101, make a right at the lights and return to the airport."
~ ~ ~

A Pan Am 727 flight, waiting for start clearance in Munich, Germany, overheard the following:
Lufthansa (in German): "Ground, what is our start clearance time?"
Ground: "If you want an answer you must speak in English."
Lufthansa (in English): "I am a German, flying a German airplane, in Germany. Why must I speak English?"
Unknown voice from another plane (in a beautiful British accent): "Because you lost the bloody war!"
~ ~ ~

Tower: "Eastern 702, cleared for takeoff, contact departure on frequency 124.7."
Eastern 702: "Tower, Eastern 702 switching to departure. By the way, after we lifted off we saw some kind of dead animal on the far end of the runway."
Tower: "Continental 635, cleared for takeoff behind Eastern 702. Contact departure on frequency 124.7. Did you copy that report from Eastern 702?"
Continental 635: "Continental 635, cleared for takeoff, roger. And yes, we copied Eastern and have notified our caterers."
~ ~ ~

One day the pilot of a single-engine Piper Cherokee was told by the tower to hold short of the active runway while a DC-8 landed. The DC-8 landed, rolled out, turned around, and taxied back past the Cherokee. Some quick-witted comedian in the DC-8 crew got on the radio and said: "What a cute little plane. Did you make it all by yourself?"
The Cherokee pilot, not about to let the insult go by, came back with a zinger: "I made it out of DC-8 parts. Another landing like yours and I'll have enough parts for another one."

Best Halloween Costumes Ever!

This is using what you've got!

This kid dressed as a fart!

Brilliant pilot costume!

Stay-Puft Marshmallow baby!

Best dog outfit!

KEYS PARASAIL & WAVE RUNNERS

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Jetski & Boat Eco Tours
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Boat Rentals

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Jimmy Johnson's Big Chill, 104000 Overseas Highway
www.keysadventureswatersports.com
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Dr. Lora Cummings, DVM - Whiskers and Wags Mobile Veterinary Service

Dr. Lora Cummings came highly recommended to me by a friend who had called Marsha Garrettson at the Humane Animal Care Coalition, the animal shelter at MM 106, for a referral of a good veterinarian. Garrettson highly recommended Whiskers and Wags' Dr. Cummings, who only makes house calls, treating your animals in the comfort of your home or in her mobile clinic. She specializes in comprehensive wellness care and has her mobile clinic set up to provide vaccinations, preventative care, laboratory services, digital radiography, minor injury care, minor illness care, geriatric and hospice care and in home euthanasia and aftercare.

A North Carolina native, Dr. Cummings received her undergraduate degree from Duke University. She then attended North Carolina State College of Veterinary Medicine, graduating in 1999 with a Doctorate in Veterinary Medicine (DVM).

Dr. Cummings practiced as an Associate and Managing Veterinarian in general practice and in emergency clinic settings until she opened North End Veterinary Clinic in January of 2006. In 2014 she sold her small animal practice in North Carolina to move to the Florida Keys with her husband, John, 2 young sons, Lucas and Chandler, and 2 fussy felines, Puddin and Monkey.

After 19 years of practicing in the traditional brick and mortar setting and now that her little boys are no longer so little, she is excited to offer a mobile veterinary service providing at home care to your feline and canine companions.

The islands that are the Florida Keys are composed of Miami oolite - a giant rock that makes it nearly impossible to bury a pet. Dr. Cummings will come to you and euthanize your pet in the loving comfort and privacy of your home. She and



her technician will compassionately take your pet and have them cremated at Paws and Remember, an animal crematorium right here in the Keys. For those who cannot afford this service, you can always take your pet to the Humane Animal Care Coalition at mile marker 106 free of charge (donations are appreciated).

Nothing is more terrifying to an animal than being taken to the shelter or a vet's office on the last day

of their life, where they are bombarded with the odors of many other animals at once. Compassionate care for your animal in your home is the best possible scenario for you and your pet.

To make an appointment call Dr. Lora at 305-393-2680, email her: lcummings@whiskersandwags.com or visit her website at whiskersandwags.com.

Dr. Cummings is happy to provide her service to all of the Florida Keys.



Garden Club of the Upper Keys

GARDEN CLUB OF THE UPPER KEYS

Louise E. King, Horticulturist, will be the guest speaker at the Garden Club of the Upper Keys monthly meeting
October 16th at 11:00 am
at the Francis Tracy Garden Center (mm 94 bayside).
Louise will do a presentation on the Fruit and Spice Park located in Homestead.
All are welcome.
gardenclubupperkeys.org

Sounds of the Keys



OVRHOL rocked the stage in a special performance for the Peterson's Poker Run in September. See them again on November 30th.



Uncle Rico played to a happy crowd despite the weather at the Big Chill.



MainStreet will perform again at Gilbert's Resort on December 15th.



Luke Sommer Glenn at Big Chill. Photo by Dave Sheehan.



Jamming at the American Legion every Thursday.



Beatleman at the Elks.

Salvation Army Family Store

MM 99 Bayside

Key Largo

SHOP • DONATE

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Visit the store, or call 305-872-5744 for prompt and courteous pickup

JOSE!
HUH?
QUE?
What?
Que pasa?

Why Jose's name was changed to Hose B

BY RODNEY NELSON

pirates on the Water

12TH ANNUAL "ORIGINAL"

PIT STOP PARTY

KEY LARGO • 2018

MONDAY OCT. 29TH NOON TO 10PM

& TUESDAY OCT. 30TH NOON TO 6PM

AT THE CARIBBEAN CLUB, MM 104 BAYSIDE

LIVE TROP ROCK MUSIC

50/50, RAFFLES

BURGERS, HOT DOGS, ETC.

OPEN TO THE PUBLIC

NO ADMISSION FEE

(NO COOLERS PLEASE!!)

POTW IS FUNDRAISING TO BENEFIT FLORIDA KEYS CHILDREN'S SHELTER

FOR MORE INFO: FIRST MATE JIM - 305 741-7316

HUNDREDS OF 'PARROT HEADS' FROM ALL OVER WILL BE PASSING THROUGH KEY LARGO ON THEIR WAY TO THE ANNUAL "MEETING OF THE MINDS" (A JIMMY BUFFETT FAN CLUB CONVENTION), HELD IN KEY WEST STARTING OCTOBER 31ST.

BE ON HAND TO MEET, GREET AND PARTY!

INFO@PIRATESONTHEWATER.ORG

Re-elect KAY CULLEN for KEY LARGO FIRE RESCUE & EMS DISTRICT BOARD, Seat 2

EXPERIENCE COUNTS!

- 4 years as Commissioner for KL Fire EMS District Board
- 20+ years working with non-profits, managing budgets
- 20 years as volunteer EMT/Paramedic

I research all issues in order to make a reasoned and informed decisions. All items before me are viewed with regard to the:

- Impact on the taxpayers' dollars and the bottom line
- Impact on the service provided to the community
- Impact on the departments and personnel

My job is to ensure the departments have everything they need to provide first-class fire and EMS service, not everything they want.

Paid for by Kay Cullen for Key Largo Fire & EMS District Board, Seat 2

305-942-7961 kay4fire.ems@gmail.com

Why Trick-or-Treating is Better Than Sex

10) You are guaranteed to get at least a little something in the sack.

9) If you get tired, you can wait 10 minutes and go at it again.

8) The uglier you look, the easier it is to get some.

7) You don't have to compliment the person who gives you some.

6) It's O.K. when the person you're with fantasizes you're someone else, because you are.

5) No matter your age, you'll still enjoy candy.

4) If you don't like what you get, you can always go next door.

3) It doesn't matter if the kids hear you moaning and groaning.

2) Less guilt the morning after.

AND THE NUMBER ONE REASON WHY TRICK OR TREATING IS BETTER THAN SEX... YOU CAN DO THE WHOLE NEIGHBORHOOD!!!

Bartender of the Month: Buffie Kruse at Buzzard's Roost

Lifelong Keys resident Buffie Kruse is the Coconut Telegraph's Bartender of the Month.

Buffie has been tending bar at the Buzzard's Roost for 5 years and was just recently promoted to bar manager.

"I love my job!" says Kruse as she gazes around the cozy restaurant with outdoor seating and a beautiful view of the ocean. "We are also a full service marina so there is always activity with boats coming and going or just stopping by for lunch or dinner. Being born and raised in the Keys I'm familiar with all the other restaurants, and I think the Buzzard's Roost has the best food as well as an awesome customer base and staff. The owners Ron and Jeanine Sievers are great people. Did you know that quite a few scenes from Bloodline were filmed here?" she asks.

My mouth waters as I listen to her describe in detail the different dishes on the menu to a customer. Everything is made to order and Buffie highly recommends the Lobster Reuben for which the Buzzard's Roost is famous.

Kruse explains that the chef, Bert Style is fantastic. The Buzzard's Roost is open 7 days. Monday - Thursday 11 am to 9 pm, Friday and Saturday 11am to 10 pm and Sundays 10:30 for brunch till 9pm. There is steel drum music for brunch every Sunday on the water. Locals love their happy hour Monday - Friday 4 to 6 with an amazing low priced menu. Congratulations Buffie!

Lucky for me I don't have enough friends for an intervention.

American Legion Post 333 - Key Largo

Happy Hour Prices: 4-7pm daily

Most popular Jam in Town!

JAM NIGHT

Thursdays 6 to 9 pm

with G. G. King, Tony Taylor and friends

Find Us on Facebook: Jam night at the American Legion 333

2 Seagate Blvd. • MM 99.6 • Key Largo • 305-451-0307 • www.legionpost333.org

VFW Members Welcome!

Support our Veterans

Largest Tiki Bar in the Keys!
107900 Overseas Hwy
www.gilbertsresort.com
305-451-1133

Gilbert's Resort

SATURDAYS THIS MONTH:

Saturday, Oct. 6
UNCLE SMOKEY
1-5 PM

Saturday, Oct. 6
ROGUE THEORY
7-11 PM

Saturday, Oct. 13
BROTHERS OF OTHERS
1-5 PM

Saturday, Oct. 13
GYPSY LANE
7-11 PM

Saturday, Oct. 20
SHADOW CREEK
1-5 PM

Saturday, Oct. 20
CHAIN REACTION
7-11 PM

Saturday, Oct 27
STATIC
1-5 PM

Saturday, Oct 27
STEREOTOMY
7-11 PM

MICHAEL TRIXX
IS BACK!
8pm • SATURDAYS

THE TRAILER SHOP at
KEYS BOATING CENTER

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Key Largo | Miami | Pompano | Stuart

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Key Largo, FL 33037

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Sunday - Live Music 2-6 pm

FRIDAY NIGHT FISH FRY 5-9 pm
MAHI ALL-U-CAN-EAT • Fried \$12.99 • Blackened/Grilled \$13.99

SATURDAY - PRIME RIB DINNER

HAPPY HOUR: 4-6 pm EVERY DAY
▶▶▶▶ Bud & Bud Light \$1 Drafts ◀◀◀◀

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35 HDTV'S, FOOD & DRINK SPECIALS FOR ALL GAMES!!

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AT RIGGSMAN'S COVE
TIKI BAR CABANAS POOL

MM104 Bayside - Key Largo
305.453.9066
www.jjsBigChill.com

JJ's SPORTS BAR
KEY LARGO, FLORIDA

Remember Hints from Heloise? Well, these ain't them! God help you if you try any of these!

Coconut Telegraph Life Hacks

KEEP CAKE MOIST

Make sure it never gets stale - eat it all in one sitting!

DO IT YOURSELF!

Why spend all that money for a smoke detector? Make your own!

GARDENING TIP:

Save time! Buy vegetables at the store. Bury them in the garden and pretend you grew them.

HOW TO MAKE YOUR OLD COOKIE SHEETS GLEAM AGAIN!

THROW THEM AWAY BUY NEW ONES AT THE STORE

GARDENING TIP:

Toss your empty tomato cans in the garden among the tomato plants to remind them you're getting impatient for results.

CAN'T AFFORD RETREADS?

Put your last blank sheet into the copier and make copies, then you'll have plenty.

DOWN TO YOUR LAST SHEET OF PAPER?

Put your last blank sheet into the copier and make copies, then you'll have plenty.

ICE CREAM TOO FROZEN?

Just microwave your spoon for 30 seconds and try again!

MAGNIFY YOUR PHONE!

With a glass of water!

PLUGS KEEP BENDING?

Straighten the outlet with a fork!

DO YOU CRY WHEN CUTTING ONIONS?

Many people cry when cutting onions. The trick is not to form an emotional bond.

KITCHEN TIP

When cutting a bagel in half, put your finger through the stabilization hole to keep it steady.

SMELL GAS AT HOME?

Locate the leak by lighting a match in every room until a loud explosion reveals the source.

Elks Sunset Ballroom



Book your next event!

Open to the Public • Capacity 250 • Event Planning Available
Hall Rental, Decorating & Catering Packages - call Joyce 305-619-2259

BINGO
Sundays, 5-7 pm



LINE DANCE
Mondays 5 pm

FRIDAY OCTOBER 5th
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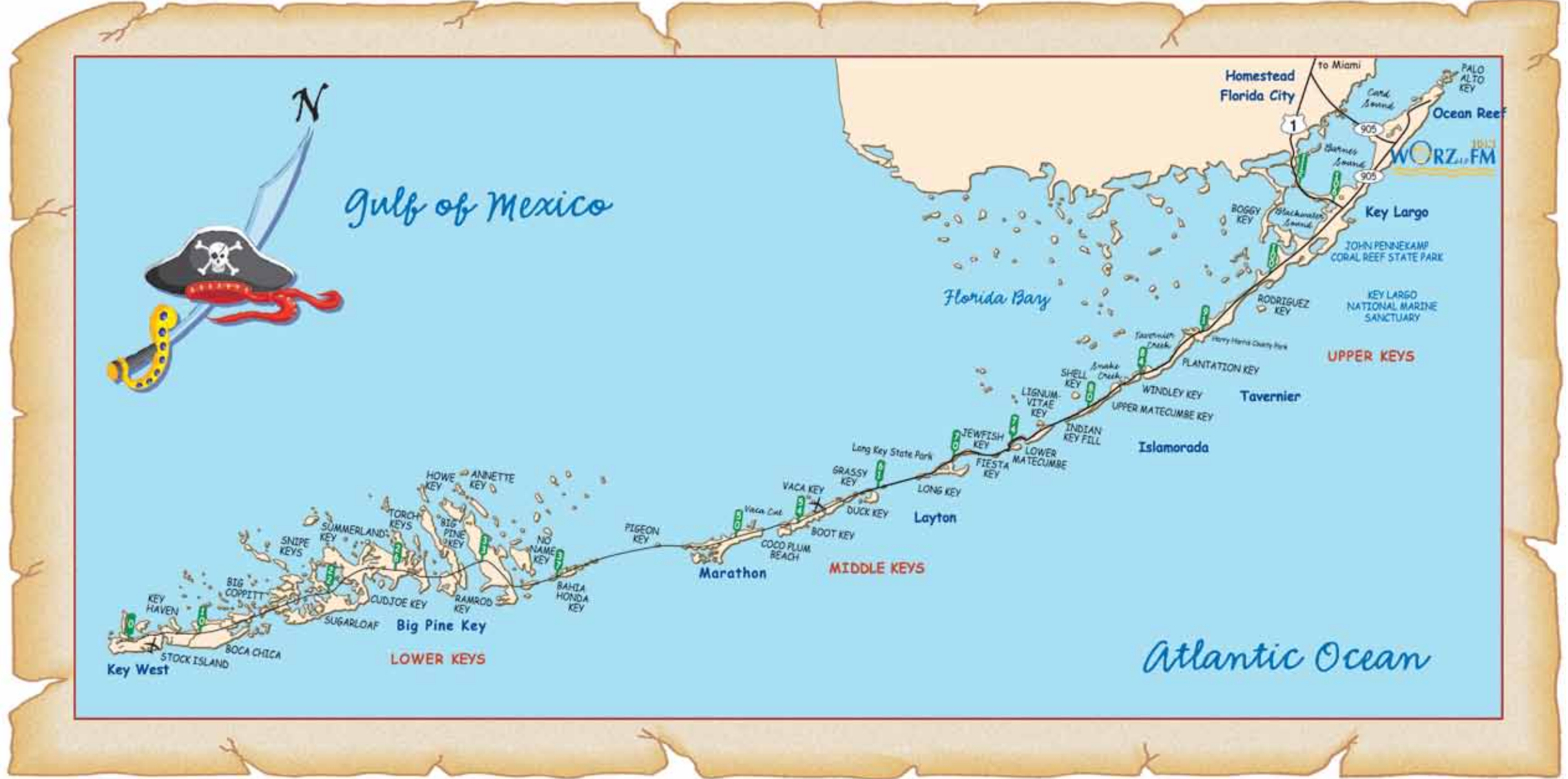


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Conch Characters



The Key Largo Chocolates girls in the store, in their tie-dyed "I Survived Hurricane Irma" shirts.



Video Dave and Bob Thomas. Every Thursday Video Dave drives the Key Largo Chocolates truck to Winn Dixie and Publix and delivers food donations to the Burton Memorial Food Pantry.



The final hand of the Peterson's Poker Run was held at Gilbert's, and Amy was the winner of \$5,000



Drew & Linda Peterson stop by Gilbert's to get their first card of the poker run 2018.



"Gilbert" the young manatee saved a couple months ago at Gilbert's Resort, is happy and healthy again in the northern canal. Photo by Rob LeBrun.



Bartender Chad Dobson at Pilot House.



Amanda a server from Gilbert's Resort quenches her thirst on her day off.

Cheeca Lodge All American Backcountry Fishing Tournament to Salute War Heroes

Sixth annual tournament inspired by 41st U.S. President George Bush set for Nov. 8-10, 2018 includes war heroes and benefits Florida Keys fishing guides in need.

War heroes will compete with world-class anglers at the 6th Annual Cheeca Lodge All American Backcountry Fishing Tournament, November 8-10, 2018 at Cheeca Lodge & Spa in Islamorada. In honor of Veteran's Day, the event invites two war heroes to join the competition. The acclaimed event was inspired by 41st President George Bush, an avid Florida Keys angler and a regular visitor to Cheeca. Proceeds benefit the locally-based nonprofit Guides Trust Foundation (GTF) for Florida Keys guides in need.

"The All American Backcountry Fishing Tournament is part of Cheeca Lodge's iconic legacy," said Bob La-Casse, General Manager of Cheeca. "After a successful reopening following Hurricane Irma, we're thrilled to bring this tournament back to Cheeca and business back to the guides."

Anglers fish on a guided charter boat or their own boat with a licensed guide. They compete for trophies and awards for releasing five different species of inshore fish: snook, redfish, bonefish, tarpon and permit.



Individual and team trophies will be awarded for fly, general tackle/spinning/conventional & artificial lure divisions. Social events will be held at Cheeca, a sportsman's paradise renown for its barefoot elegance, with fishing departing from nearby World Wide Sportsman.

This first-class tournament will kick-off on Thursday, November 8, with a cocktail reception, rules meeting, banquet and auction on the beach. Other events include celebrities such as Stu Apte and Andy Mill. The community may purchase advance tickets to some of the social events.

More info: www.cheeca.com/all-american, or call 305.517.4512

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Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home, stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.



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VESSEL SAFETY

The USCG Auxiliary conducts vessel safety checks at Blackwater Sound Marina, MM 103.8 Bayside, every third Saturday of the month. The Public is Welcome. More info: 305-998-8400

Classified ads will not be accepted without payment.

CLUBS

Fraternal Order of the Eagles meets every 1st and 3rd Monday, 7pm at Elks Lodge, Tavernier.

Florida Keys Orchid, Fern and Bromeliad Society meets the 3rd Thurs. of every month at Key Largo Library Comm. Room 7pm. Open to public. Info: 305-451-2396.

THE KEY PLAYERS
Community Theater Group needs volunteers to work behind the scenes and audition for roles!
thekeyplayers.org

GARDEN CLUB OF THE UPPER KEYS

Louise E. King, Horticulturist, will be the guest speaker at the Garden Club of the Upper Keys monthly meeting **October 16th, 11:00 am.** Francis Tracy Garden Center (mm 94 bayside). Louise will do a presentation on the Fruit and Spice Park located in Homestead. All are welcome. gardenclubupperkeys.org

FOR SALE

CEMENT BLOCKS, MM99 - \$1
I have approximately 275-300 cinder blocks for sale. They are standard 8"x8"x16". They cost \$1.75 plus delivery fee if you buy them somewhere else. You pick them up & move them yourself.

Please don't waste my time with endless questions. These are plain old cinder blocks, for heaven's sake. You don't need to do an engineering study on the feasibility of using them as building material. That's what they're for, you idiot! Now listen, we're all busy people here. You want the blocks? Come get the damn blocks and give me one dollar for every block you take.

How hard is that? You don't have to tell me what you're building. I don't care. I'm not interested in helping you build it either. Why? Because I don't give a rat's ass. I just want to get these damn things off my property. So if you want them, come get the blocks & build it yourself.

If I knew how to do masonry, don't you think I'd be using the blocks myself instead of selling them for half price? The next one of you jackasses that emails me with some sob-story bullshit is getting his email address added to the North American Man/Boy Love Association mailing list.

You want the blocks? Come get the blocks, and don't mess with me! blockhead@gmail.com

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for KEY LARGO FIRE RESCUE & EMS DISTRICT BOARD, Seat 2

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Paid for by Kay Cullen for Key Largo Fire & EMS District Board, Seat 2

I research all issues in order to make a reasoned and informed decisions. All items before me are viewed with regard to the:

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305-942-7961 kay4fire.ems@gmail.com

Rethinking Complaining

When we spend all of our time complaining, we are in essence in constant destroy mode rather than building mode.

We all know someone who has elevated the process of complaining to a high art. Sometimes funny, sometimes exhausting, these people have the ability to find a problem just about anywhere. In its more evolved form, complaining is simply the ability to see what's not working, in one's own life or in the external world, and it can be quite useful if followed to its natural conclusion--finding a solution and applying it. However, many of us don't get that far, and we find that complaining has become an end in itself. In small doses, this is not a big problem, but if complaining has become a huge part of our identities, it may be time to take a good look at how we are spending our energy.

Complaining is a person's way of acknowledging that they are not happy with the way things are. In a metaphorical way, when we complain or criticize, we are tearing down an undesirable structure in order to make room for something new. But if all we do is tear down, never bothering to summon the creative energy required to create something new, we are not fulfilling the process.

In fact, we are at risk for becoming a stagnant and

destructive force in our own lives and in the lives of the people we love. Another issue with complaining is that we sometimes tend to focus on other people, whom we can't change, as a way of deflecting attention from the one person we can change--ourselves. So transforming complaining into something useful is a twofold process that begins with turning our critical eye to look at things we can actually do something about, and then taking positive action.

When we find ourselves complaining, the last thing we need to do is get down on ourselves. Instead, we can begin by noticing that we are in the mode of wanting to make some changes. But rather than lashing out at somebody or an organization, we can look for an appropriate place to channel this energy--not our neighbor's house, but possibly parts of our own.

Finally, we can ask ourselves the positive question of what we would like to create in the place of whatever it is we want to tear down. When we do this, we channel a negative habit into a creative process, thus using our energy to change the world around us in a positive way.

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Skinny Molly Concert at the American Legion



The coolest place to be in September, a packed house on a very special Thursday evening at the American Legion!



Lovely greeters... Monica and Sissy



Thank you to Ron Kostick, Callum Allison and an outstanding crew of volunteers!



"Taste of History" Dining Event

SOUTHERNMOST PRE-COLUMBIAN SITE

Monday, October 22 ~ 6:30 pm
Islamorada Moose Lodge ~ 81573 Old Highway

RYAN HARKE, professional archaeologist will present "The Southernmost Pre-Columbian Site" Stock Island's Connection with the Upper Florida Keys and South Florida." The Stock Island site is large and an important archaeological site which was excavated by Irving Eysterand Robert Carr in the late 20th century.

Ryan will discuss his ongoing dissertation research into the state collections from those excavations. He will discuss how the Stock Island people may relate to those of the Upper Keys and mainland Florida. Ryan's current research focuses on the Native Americans and the past environments of the Florida Keys.



RYAN HARKE,

Dinner will include Garden Salad with Keys Citrus Vinaigrette, Broiled fresh catch with Orange Beurre Blanc, roasted vegetables, jasmine rice and pound cake with mixed berry compote. \$50 per person all inclusive.

For reservations contact Barbara at 305-393-0940

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Legend

- U.S. Highway
- State Highway
- Boat Ramp
- Mile Marker
- Point of Interest
- Dive Site
- Dive Wreck
- Swim with Dolphins

Bayside

- Wild Bird Rehabilitation Center
- Mariners Hospital
- Harry Harris Park & Beach
- Molasses Reef
- Duane
- Bibb

Oceanside

- John Pennekamp Coral Reef State Park
- City of Washington
- Christ Statue
- Grecian Rocks
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- Spiegel Grove
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- Alligator

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Around Town



Mama and baby manatee visit the Pilot House.



Gilberts guests received free Yuengling Golden beers, t shirts and swag one special Friday. Always keep an eye out for those promo ladies!



Sharkeys, a fun place to hang



Another gorgeous Gilbert's Resort sunset.



WARNING

Police are warning all men who frequent clubs, parties and local bars to be alert and stay cautious when offered a drink by any woman. Many females use a date-drug on the market called "Beer."

The drug is found in liquid form and is available anywhere. It comes in bottles, cans, or from taps and in large kegs. "Beer" is used by female sexual predators at parties and bars to persuade their male victims to go home and sleep with them. A woman needs only to get a guy to consume a few units of Beer and then simply ask him home for no-strings-attached sex.

Men are rendered helpless against this approach. After several Beers, men will often succumb to the desires to sleep with horrific looking women to whom they would not normally be attracted.

After drinking Beer, men often awaken with only hazy memories of exactly what happened to them the night before, often with a vague feeling that "something bad" occurred. At other times these unfortunate men are swindled out of their life's savings, in a familiar scam known as a "relationship."

In extreme cases, the female may even be shrewd enough to entrap the unsuspecting male into a longer-term form of servitude and punishment referred to as "marriage."

Men are much more susceptible to this scam after "Beer" is administered and sex is offered by the predatory females.

Please forward this warning to every male you know. If you fall victim to this "Beer" scam and the women administering it, there are male support groups where you can discuss the details of your shocking encounter with similarly victimized men. For the support group nearest you, just look up "Golf Courses" in the phone book.

BLAME THAD BOWLING FOR THIS ONE!

"We're Screwed"

Over five thousand years ago, Moses said to the children of Israel, "Pick up your shovels, mount your asses and camels, and I will lead you to the Promised Land."

Nearly 75 years ago, (when Welfare was introduced) Roosevelt said, "Lay down your shovels, sit on your asses, and light up a Camel, this is the Promised Land."

Today, Congress has stolen your shovel, taxed your asses, raised the price of Camels and mortgaged the Promised Land!

I was so depressed last night thinking about Health care plans, the economy, the wars, lost jobs, savings, the state of the government today, Social Security, retirement funds, etc... I called a Suicide Hotline.

I had to press 1 for English. I was connected to a call center in Pakistan. I told them I was suicidal. They got excited and asked if I could drive a truck.

Folks, we're screwed.



The Mangrove Galley
by Sandi Mieszczenski



Living in Florida we are fortunate enough to grill out all year. Steak is a favorite, there is nothing like a perfectly cooked steak paired with an ice cold beer or a hearty red wine. Two of the least expensive cuts of meat are the flank or skirt steaks. These pair excellently with a chimichurri sauce.

It's amazing how easy it is to prepare this delicious sauce. All you need is a food processor, blender, or mini-chop. We made an extra batch and marinated the steaks for the afternoon before we grilled them.

Cook to your preferred temperature, and let them rest 2 or 3 minutes before slicing. Slice across the grain at an angle of 45-60°. This helps tenderize the steak even more. Place the steak on a plate and ladle on some of the chimichurri sauce.

Sandi's recipes are featured here monthly. For previous issues go to www.theconchtelegraph.com.

CHIMICHURRI SAUCE

This recipe is my favorite. You can spice this sauce up by adding red pepper flakes or a jalapeño pepper. Try it and I think you will enjoy it!

- 1 cup fresh parsley, stems removed
- 1/2 cup extra virgin olive oil
- 1/3 cup red wine vinegar
- 1/4 cup fresh cilantro, stems removed
- 2 chunked up garlic cloves
- 3/4 teaspoon cumin
- 1/2 teaspoon salt



Place all in a processor and blend until fully liquefied. Remove to a covered bowl and refrigerate for about an hour. Remove from the fridge before serving to get to room temp. Serve over the hot steak strips.

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Vulnerability

by Dawn Wiggins, Ed.S.

Vulnerability comes in all forms, especially in relationships. A relationship that invests in individual and collaborative vulnerability is exponentially more likely to beat the odds. I recently spoke with a couples boudoir photographer. Photographers have the great honor of witnessing vulnerability on a daily basis - especially one who photographs couples in the bedroom. However, it's much more than skin and sex.

To catch someone's true essence on camera, the person has to be vulnerable; at the moment, guard down, open to the experience. Without vulnerability, we cannot reach a deeper connection. The type of connection that can sustain a relationship in the hard times.

Often, couples rely on financial connections, family connections, and social connections to maintain their bond. Is that the type of relationship you want? Or are you looking for passion, understanding, security and unconditional love?

Unconditional love is a by-product of vulnerability. If you aren't willing to unconditionally expose yourself to your partner, how can they unconditionally love you? They don't know the extent of you. If you aren't ready to experience every part of your partner; inside and out; they will struggle to feel accepted. It was cool to learn how a photographer draws vulnerability and intimacy out of his couples. His secret? He interviews them individually before the day of the shoot.

Penguin Behavior

Did you ever wonder why there are no dead penguins on the ice in Antarctica? Where do they all go?

Wonder no more! It is a known fact that the penguin is a very ritualistic bird and lives an extremely ordered and complex life. Penguins are extremely committed to their family and will mate for life, as well as maintain a form of compassionate contact with their offspring throughout the remainder of their life.

If a penguin is found dead on the ice surface, other members of the family and their social circle have been known to dig holes in the ice, using only their vestigial wings

and beaks, until the hole is deep enough for the dead bird to be rolled into, and buried. After packing the ice back in the hole, the male penguins then gather in a circle around the fresh grave and sing: "Freeze a jolly good fellow... freeze a jolly good fellow."



You really didn't believe that we know anything about penguins, did you?



Dawn Wiggins, Ed.S.
Licensed Marriage & Family Therapist
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He asks them to share some favorite things about their partner.

He wants to know about the heartwarming, juices flowing, love sustaining things each of them does. He relayed to me that sometimes his photog subjects may not even know their partner mentioned these highlights. A crinkle of the nose mid-laugh, a look in the eye when excited, a particular way they embrace or play with each other. Then he captures these moments on film and offers them as art pieces to be shared forever.

These are relationship anchors. Shared moments of vulnerability when the connection, love, and commitment is undeniable. Do you have these moments? Do you want these moments? If they are missing, do you know when they left or where they went?

Do you have the courage to share yourself vulnerably with your partner? Or are you willing to forgo intimacy in your relationship? If your marriage is stable, excellent, but don't take that for granted. Keep investing in the core asset you have. Embrace vulnerability and say something your partner needs to hear even if it's "not your thing" to be overly verbal.

Take a risk in the bedroom by talking about sex with your partner. Talk with your partner about feelings. And leave any expectations behind before the conversation. Vulnerability is about being unguarded, exposed and at risk for wounding.

Marriage pro tip 1: when your partner is vulnerable, be especially kind, gentle and loving. It's not the time to be harsh, critical or force "being understood."

Marriage pro tip 2: be patient. Every problem doesn't need to be solved tonight. Consistent commitment and vulnerability will be the guideposts that lead you together through life.

DO NOT TOUCH

Must be the scariest thing to read in Braille!

LOSING WEIGHT doesn't seem to be working, so I'm going to focus on **GETTING TALLER.**

FLAT EARTH SOCIETY
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There are a lot of jokes about unemployed people.
They don't work.

THE MAN WHO INVENTED VELCRO HAS DIED.
RIP



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GYPSY LANE OCT 13 • 7-11

SPECIAL EVENT

CHAIN REACTION OCT 20 • 7-11

OCTOBER 27

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SHRIMP FRY-DAY
\$9.99

FRIDAYS

TUESDAYS & WEDNESDAYS

IT'S BACK!
PRIME RIB DINNER
\$14.99

LIVE ENTERTAINMENT - OCTOBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Try a Gilbert's "Boobie"</p>	1 HAPPY HOUR 4-7PM MON-FRI	2 JACK HINSON 5-9 \$14.99 PRIME RIB DINNER 5-9PM	3 SCOTT YOUNGBERG 5-9 \$14.99 PRIME RIB DINNER 5-9PM	4 DJ REGGAE RONNIE 5-9	5 JIMMY O'SHEA 12-4 SHRIMP FRY-DAY \$9.99 5-9PM RICKY VALIDO 7-11	6 UNCLE SMOKEY 1-5 ROGUE THEORY 7-11 MICHAEL TRIXX 8PM
7 THE DROPOUTS 1-6	8 Columbus Day HAPPY HOUR 4-7PM MON-FRI	9 JACK HINSON 5-9 \$14.99 PRIME RIB DINNER 5-9PM	10 SCOTT YOUNGBERG 5-9 \$14.99 PRIME RIB DINNER 5-9PM	11 DJ REGGAE RONNIE 5-9	12 JIMMY O'SHEA 12-4 SHRIMP FRY-DAY \$9.99 5-9PM THE GROVE 7-11	13 BROTHERS OF OTHERS 1-5 SPECIAL EVENT GYPSY LANE 7-11 MICHAEL TRIXX 8PM
14 3RG MIAMI 1-6	15 HAPPY HOUR 4-7PM MON-FRI	16 JACK HINSON 5-9 \$14.99 PRIME RIB DINNER 5-9PM	17 SCOTT YOUNGBERG 5-9 \$14.99 PRIME RIB DINNER 5-9PM	18 DJ REGGAE RONNIE 5-9	19 JIMMY O'SHEA 12-4 SHRIMP FRY-DAY \$9.99 5-9PM UNCLE SMOKEY 7-11	20 SHADOW CREEK 1-5 SPECIAL EVENT CHAIN REACTION 7-11 MICHAEL TRIXX 8PM
21 MR NICE GUY 1-6	22 HAPPY HOUR 4-7PM MON-FRI	23 JACK HINSON 5-9 \$14.99 PRIME RIB DINNER 5-9PM	24 SCOTT YOUNGBERG 5-9 \$14.99 PRIME RIB DINNER 5-9PM	25 DJ REGGAE RONNIE 5-9	26 JIMMY O'SHEA 12-4 SHRIMP FRY-DAY \$9.99 5-9PM MOJO SCOUNDRELS 7-11	27 STATIC 1-5 SPECIAL EVENT 80'S NIGHT WITH STEREOTOMY 7-11 HALLOWEEN PARTY 7-11 PM MICHAEL TRIXX 8PM
28 THE REGS 1-6	29 HAPPY HOUR 4-7PM MON-FRI	30 JACK HINSON 5-9 \$14.99 PRIME RIB DINNER 5-9PM	31 JIMMY O'SHEA 5-9 \$14.99 PRIME RIB DINNER 5-9PM	HAPPY HOUR MONDAY THRU FRIDAY 1/2 off Well Drinks and \$2.30 Fireball Shots! \$2 Bud Light & Miller Lite Drafts 		

THE DROPOUTS
Sunday, Oct. 7, 1-6 pm

3RG MIAMI
Sunday, Oct. 14, 1-6pm

MR. NICE GUY
Sunday, Oct. 21, 1-6 pm

mng band
south florida classic rock

THE REGS
Sunday, Oct 28
1-6pm