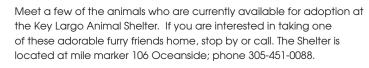
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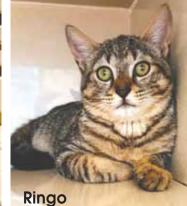
















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The Easter Bunny and Other Traditions

The Bible makes no mention of a long-eared, shorttailed creature who delivers decorated eggs to children on Easter; nevertheless, the Easter bunny has become a symbol of Christianity's most important holiday. The exact origins of this myth are unclear, but rabbits, known to be prolific procreators, are an ancient symbol of fertility and new life.

The Easter bunny first arrived in America in the 1700s with German immigrants who settled in Pennsylvania and bought their tradition of an egg-laying hare called "Osterhase" or "Oschter Haws." Their children made nests for it to lay its colored eggs.

Eventually, the custom spread across the U.S. and the fabled rabbit's Easter morning deliveries expanded to include chocolate and other types of candy and gifts, while decorated baskets replaced nests.

Easter Eggs

Easter is a religious holiday, but some of its customs, such as Easter eggs, are linked to pagan traditions. The egg, an ancient symbol of new life, has been associated with pagan festivals celebrating spring. From a Christian perspective, Easter eggs are said to represent Jesus' emergence from the tomb and resurrection.

Decorating eggs for Easter is a tradition that dates back to at least the 13th century. One explanation for this custom is that eggs were formerly a forbidden food during the Lenten season, so people would paint and decorate them to mark the end of the period of penance and fasting, then eat them on Easter as a celebration.



Easter egg hunts and egg rolling are two popular eggrelated traditions. In the U.S., the White House Easter Egg Roll, a race in which children push decorated, hardboiled eggs across the White House lawn, is an annual event held the Monday after Easter.

Easter Candy

Easter is the second best-selling candy holiday in America, after Halloween. Among the most popular sweet treats associated with this day are chocolate eggs, which date back to early 19th century Europe. Another egg-shaped candy, the jelly bean, became associated with Easter in the 1930s. For the past decade, the top-selling non-chocolate Easter candy has been the marshmallow Peep, a sugary, pastel-colored confection. The original Peeps were handmade, marshmallow-flavored yellow

chicks, but other shapes and flavors were later introduced, including chocolate mousse bunnies.

Easter Parade

In New York City, the Easter Parade tradition dates back to the mid-1800s, when the upper crust of society would attend Easter services at various Fifth Avenue churches then stroll outside afterward, showing off their new spring outfits and hats. Average citizens started showing up along Fifth Avenue to check out the action.

The tradition reached its peak by the mid-20th cen-





tury, and in 1948, the popular film "Easter Parade" was released, starring Fred Astaire and Judy Garland and featuring the music of Irving Berlin. The title song includes the lyrics: "In your Easter bonnet, with all the frills upon it/You'll be the grandest lady in the Easter parade."

The Easter Parade tradition lives on in Manhattan, with Fifth Avenue from 49th

Street to 57th Street being shut down during the day to traffic. Participants often sport elaborately decorated bonnets and hats. The event has no religious significance, but sources note that Easter processions have been a part of Christianity since its earliest days. Today, other cities across America also have their own parades.

Source: History Channel website