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THE COCONUT TELEGRAPH IS PROUD TO BE THE OFFICIAL NEWSPAPER OF THE NORTHERNMOST TERRITORIES OF THE CONCH REPUBLIC

Inside:

Attractions

Chef Clark's Ocean Bay Cafe at American Legion

What's Hot & What's Not

Screamin' Reels Tournament Results

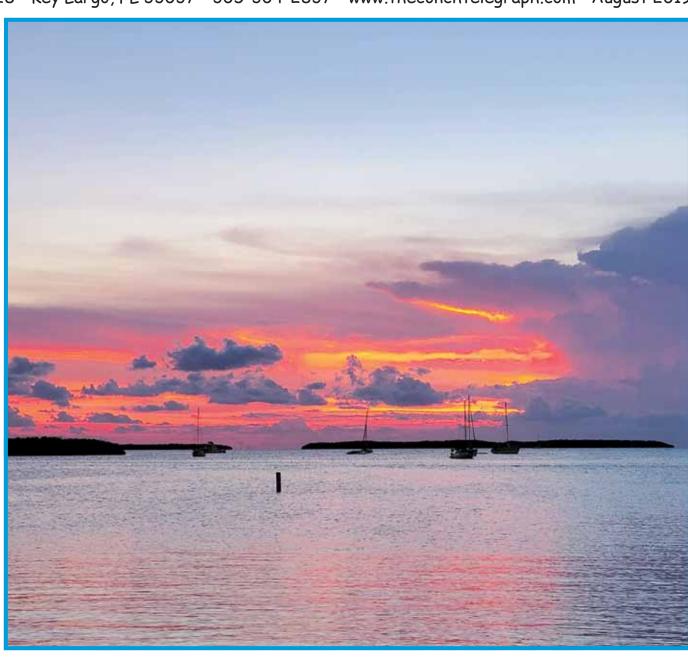
Maps

Key Largo Locator Map Page Getting from Here to There

All the Buzz

Around Town
Dawn Wiggins, Ed. S.
Coco-Nut Funnies
Conch Characters
Cartoon by Rodney Nelson
Business in the Keys
The Mangrove Galley
Classified Ads





FREE

Another stunning Lorelei sunset. Do we live in a gorgeous place, or what? Photo by Rob LeBrun.



Coconut Telegraph

August 2019 Volume 13 Issue #156

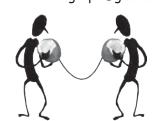
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for the Coconut Telegraph's next issue is

Friday, August 16, 2019

Contact Denise at 305-304-2837 theconchtelegraph@gmail.com



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"I don't think I get enough credit for the fact that I do

all of this unmedicated."



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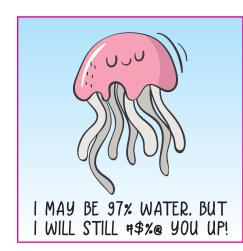
Editorial: Jellyfish Season - 101 uses for Jellyfish (a partial list)

It seems all we hear or see on the local news is about iguanas and pythons taking over South Florida but nothing on the slimy, awful zillions of jellyfish. What good are they? Here are some ideas:

Japanese gourmet delicacy.

Put in blender, add alcohol and drink.

Hair styling gel.



Wig or toupee replacement.

Organic breast implants.

Frozen hockey puck.

Unwelcome mat.

Shower cap.

Christmas tree decoration.

Sting yourself just for the hell of it.

Peanut butter and jellyfish sandwich.

Instant jellofish dessert.

Macho condom.

Security device - nail to your front door.

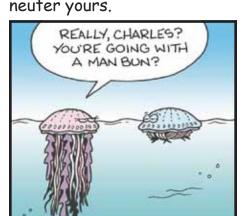
If you got stung by a jellyfish, I would totally pee on you!

nent. Excuse to avoid a date (gotta wash my jellyfish).

Practical jokes - put one in purse and watch from a distance. Stick under hood of friend's car.

Self defense - Walk into a room swinging a jellyfish over your head and command instant respect.

Pet - jellyfish do not disturb neighbors and are easy to feed. Don't forget to spay or neuter yours.



14,000 people are having sex right now.25,000 are kissing.50,000 are hugging.And you... well you're reading the Coconut Telegraph.



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The Coconut Telegraph's Islamorada Treasure Map is Coming!



Telegraph and artist extraordinaire Rodney Nelson have joined forces to bring you a fascinating Islamorada Treasure Map!

Hundreds of dollars worth of prizes will be awarded to those who can find the hidden secrets and mi\$takes throughout the

Locals and advertisers can make history by getting their caricature, business, building, vehicle, boat, airplane, etc. drawn by Nelson on this collectible, history-making map.

Thousands of copies will be available throughout Islamorada as gifts from our advertisers! It will also be available on the Coconut Telegraph's website, available worldwide!

We will come to you and take photos for the artist to draw. Hurry to get your very own original Nelson caricature on your piece of the island. Call or text us at 305-304-2837 today to get started.

Key Largo's map was a great success... now here comes Islamorada!

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Free Summer Retreat Offered for Preteens and Teens

Limited spaces are available for a free overnight camp for Monroe County youth ages 10-17, to be held August 5-10 at the Melvin M. Jelsema Children's Center in Plantation Key.

"We're happy to make this special experience available at no cost to qualifying youth," said camp director Sebastian Rivera. This is the last of three camps held this summer, and youth attending the first two weeks had so much fun that they did not want to go home, Rivera said.

Daily outings like Sky Zone, snorkeling, and roller blading are funded in part by the Community Foundation of the Florida Keys. Recreation. Life Skills, and Educational programming is made pos-

sible thanks to the Ocean Reef Community Foundation. A United Way of the Florida Keys grant funds meals and snacks prepared by a chef, from fresh and healthy inaredients.

All other costs, including free transportation to and from the Middle or Lower Keys, are covered by the Helen's Hope Foundation along with county, state and federal grants.

Youth at-risk of making bad decisions, who would benefit from a supervised, structured environment are encouraged to apply for the free camp. For more information, contact Sebastian Rivera at (786) 458-5174 or Christi Shortes at (305) 852-2882 x239

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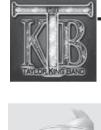
Episade: "Succulent Sandwiches"

This trip, Guy Fieri's diggin' into succulent sandwiches! In Oakland, a real-deal butchery stacking up killer cheesesteak and off-the-chain chicken. In Modesto, Calif., a funky food truck putting pastrami on pretzel bread and cooking pulled pork in root beer. And in Key Largo, Florida, a seafood staple servin' up a sandwich that's become a local legend. (Episode: DV2407H)



Check out our Local's Loyalty Program: **Get your Pilot's License** today!





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IT'S SO HOT I SAW A TWEEKER, PUTTING COPPER BACK INTO AN AC UNIT

I'VE BEEN TO A LOT OF PLACES **BUT I'VE NEVER BEEN IN CAHOOTS** APPARENTLY YOU CAN'T GO ALONE, YOU HAVE TO BE IN CAHOOTS WITH SOMEONE, I'VE ALSO NEVER BEEN IN COGNITO, EITHER. I HEAR NOBODY RECOGNIZES YOU THERE, I HAVE. HOWEVER, BEEN IN SANE. THEY DON'T HAVE AN AIRPORT, YOU HAVE TO BE DRIVEN THERE, I HAVE MADE SEVERAL TRIPS.





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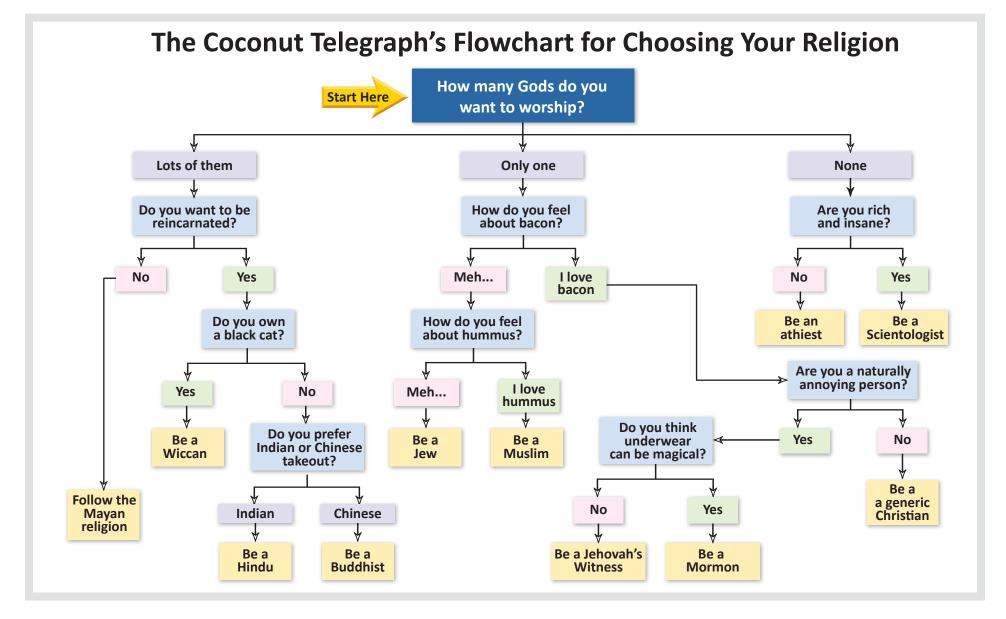


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ERTY! Beautiful stucco covered double wide mobile, 3/2 with a nice open floor plan and recessed lighting. Tile floors throughout. Granite counter tops and upscale appliances. Separate laundry room. Sheetrock walls. Light, bright, and opens onto a spacious patio overlooking a nice canal with deep water dockage with heavy duty davits and excellent ocean access. Nice

pavered driveway. Very well done.

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9824 Mariners Avenue is being sold with or without the boat slip. Without the boat slip, the price is \$475,000.



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bay. Gorgeous

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from the open

overlooking

balcony

Amazing

views of the

9830 Leeward Avenue



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32 Pirates Drive, Pirates Cove



Cute 2/1 single family home, right across from the boat ramp. Keys cottage in a great neighborhood. Great starter home very well maintained. Has hurricane shutters, and pretty new partial metal roof and updated cement roof. This would also be a great weekend home. Nothing to do here

9840 Mariners Ave. • Key Largo





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IF YOU'RE GOING TO CHILL, CHILL BIG!



Exciting New Concept Food Service in Key Largo!

Chef Clark's Ocean Bay Cafe at the American Legion

Key Largo's Clark Huff's mildmannered, sweet personality may be reminiscent of Clark Kent, the mildmannered and serious alter ego Clark Kent of Superman fame... but in the kitchen he is the ultimate Super Chef!



Each week Chef Clark prepares four mouth-watering, different menus to choose from. They are: 1. The regular Clean Meal Plan, 2. the low-calorie Keto Meal Plan. 3. the Low-fat Meal Plan and 4. the Plant-based Meal Plan for vegetarians. Each meal plan consists of 5 full, delicious meals.

After hearing nothing but rave reviews I had to try it. I ordered 5 meals from Plan 1 that included prime rib with demi-glaze over mashed potatoes and side of steamed vegetables; applewood-smoked pork platter with potato salad,

steamed green beans with housemade sauce; arilled chicken Alfredo over pasta with a veaetable medley; mango-glazed pork loin over rice pilaf with steamed vegetables; and southern-style "chicken divine" - chicken broccoli cheese casserole.



Clinton was one of the Presidents Chef Clark served.

That's five full meals I got for only \$10 each, and there is no charge for delivery from Key Largo to Islamorada! I chose to pick mine up. This was going to hold me while I holed out at home, patiently waiting for the crazy mini lobster season to end. I would not have to cook or navigate around tourists all week!

That night I popped a meal in the microwave for 3 minutes, according to directions on the container. OMG! I was in heaven as I inhaled every sumptuous morsel and examined the containers a little closer - they had sent me home with the wrong package!

I had just ingested the Keto Diet grilled pesto chicken with broccoli, boursin and olives, and it was screaming delicious! My pleasingly plump bodacious bod was inadvertently on a diet!

Chef Clark apologized for the mixup and said the next week's meals



were on him. The point is - you can't get a bad meal from him no matter

My second meal topped the first. Brown butter shrimp over spaghetti squash marinara with fresh green beans. The shrimp was the best I have ever eaten! Amazing! I'm hooked on Keto now.

Chef Clark and his lovely wife Martha have lived in the Keys for five years. He is a certified Execuitive Chef

and certified Culinary Administrator who has been in the food business since the age of 14. He formerly worked for the Governor of Arkansas and personally served 4 different US Presidents!

The Huffs completely remodeled the kitchen at the Legion from floor to ceiling, and brought in new equipment. It is sparkling clean. Chef Clark loves veterans and he and



Chef Clark smoking briskets for Jam Night at the American Legion.

Martha created a fund from donating their tips to help veterans.

They recently cooked and personally delivered 2 weeks of meals (28 meals) to Legion member Chris Fouts and his wife Stephanie. (Chris is recovering from a motorcycle accident.) It was covered by the fund. 10% of the Huff's profit goes to the Legion.

You can get served dinner on Fridays from 5 to 8 pm (family style portions available) and they just started Sunday Brunch from 10 to 2.

How to order for yourself or as a gift - it's \$12 per meal, or \$10 per meal when ordering 5 or more, and only \$9 each when ordering 10 meals or more per week. Menus are posted on Ocean Bay's Facebook site, they are printed and available at the Legion or call 501-626-2424. You can also email him at ClarkTHuff@gmail.com. Their website will be up soon.

Order by 5 PM Thursday for Sunday pick-up or Monday delivery. Super Chef Clark also does catering for large or small parties and once served 5,000 at the Little Rock Arena. Call now and tell them the Coconut Telegraph sent you.



Chef Clark visits with Chris Fouts.





Not to get technical...but according to chemistry, alcohol is a solution.

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Lazzo Wins Ladies, Let's Go Fishing Screamin' Reels Tournament

It didn't take a big fish to win the LLGF Fishing Screamin' Reels tournament, June 21-23 in Islamorada, FL hosted by Ladies, Let's Go Fishing. Thirty ladies caught a total of 145 mahi as well as twelve other offshore and inshore species. Fifty nine mahi were released.



On the CARIB SEA, Sunday: Erin Pyper, Parkland, FL; Amy Krueger, Parkland, FL; Robin Krueger, Parkland, FL; Maxine Taylor, Port Charlotte, FL; Jolene Chandler, Jacksonville, FL and Sara Reynolds, Ft. Myers, FL.



First Place Offshore: Halley Lazzo



Top Junior Angler: Amy Krueger

Winners were: First Place Offshore: Halley Lazzo on Big Huie 9.7 lb. mahi

Second Place Offshore: Marion Iglecia on Sea Horse 9.18 lb. mahi

Top Offshore Fish Saturday: Maryanne Vondertann on CARIBSEA-14.85 lb. blackfin tuna

Top Junior Angler: Amy Krueger on CARIBSEA 4 lb. kingfish

Top Inshore: Erin Pyper on NDY DOWNS, Florida Keys Fun Fishing, for a snook



SEA HORSE: Cathy Brewer, Key Largo, FL; Cecilia Cabieses, Plantation, FL; Marion Iglecia, Ft. Myers, FL; Deb Sekula, Melbourne, FL; Sarah Cayley, Ft. Myers, FL and Kathryn Burish, St. Cloud, FL.

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Saturday, Aug. 31



Saturday, Aug. 31 WRITE SOUNDS

Nine Important Facts

Number 9 - Death is the number 1 killer in the world.

Number 8 - Life is sexually transmitted.

Number 7 - Good health is merely the slowest possible rate at which one can die.

Number 6 - Men have two emotions: hungry and homy, and they can't tell them apart If you see a gleam in his eyes, make him a sandwich.

Number 5 - Give a person a fish and you feed them for a day. Teach a person to use the Internet and they wont bother you for weeks, months, maybe years.

Number 4 - Health nuts are going to feel stupid some day, lying in the hospital, dying of nothing.

Number 3 - All of us could take a lesson from the weather. It pays no attention to criticism.

Number 2 - In the 60's, people took acid to make the world weird. Now the world is weird, and people take Prozac to make it normal.

Number 1 - Life is like a jar of jalapeno peppers. What you do today might burn your ass tomorrow.

...and as someone recently said: Don't worry about old age; it doesn't last that long.

THANK KAREN BEAL



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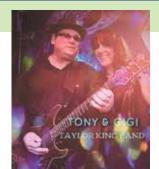
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Conch Characters-



Star Wars themed wedding at Gilbert's Resort. Photo Tonjia Rand.



American Legion Ladies Auxiliary officers I (L-R) Maggie McKeehan, Cheryl Cordes and Monica YBarbo.



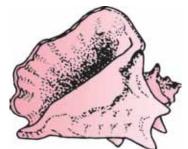
The Sunshine Billionaire Micah Gardner performs at The Lorelei



Art class at the Key Largo Moose with Rodney Nelson in July.



BLAST FROM THE PAST: Mel Fisher and wife Dolores when they celebrated their 35th anniversary at Jules Undersea Lodge. Photo Teresa Mckinna.





Sun 103.1 radio personalities Bill Hobie, Joey Naples, and "Ham Salad " enjoy a night at a local jam. Photo Rob LeBrun.



Dennis Holmes performs at the Lorelei every Tuesday night at 6pm. Photo Rob LeBrun.



Hemingway look-alikes took over Duval St for the annual contest in July. Photo Rob LeBrun.



Even feathered friends like visiting Carrie at Centenniel Bank in Islamorada, Photo Rob LeBrun.

Have You Talked With Your Pet About Pot?

It all started on a Tuesday night, when I came home from work to an unmistakable marijuana, either at home, on absence. My brown-and-white the street or in parks. pitbull mix, Maizey, wasn't at the top of the stairs to greet me. Instead, she was in her bed, shaky and confused.

When I tried to get her up, she stumbled, nearly falling over while standing still. Walking to the vet, she leaped like a puppy chasing imaginary balls.

Later, at the 24-hour veterinary clinic, the staff ran tests and determined Maizey was in no immediate danger.

Instead, they wagered a guess that Maizey was simply high. On marijuana.

How Are Dogs Getting High?

"Dogs will get into anything and everything," said veterinarian Dorrie Black of the San Francisco-based veterinary clinic Animal Internal Medicine Services.

Thirty-three states and the District of Columbia now have legalized pot in some form. And since Colorado ushered in recreational marijuana in 2014, nine more states and D.C. have followed. As weed has become easier for people to get, it has also become a hazard for dogs.

Black said dogs ingest marijuana by eating the

remainder of a joint, or getting into someone's edible

Another unsavory source in San Francisco — and other cities with high numbers of people living on the streets — is human feces tainted with marijuana. This is, in fact, what we think happened to Maizey. She had spent quite a bit of time in the park bushes the morning she got stoned. "Dogs love that [feces] scent; to them, it's perfume," said Black.

Black and other veterinarians see this becoming more common in urban area, as the homeless population grows.

How does a high dog look?

Veterinarian Benjamin Otten says he looks for these symptoms when identifying "marijuana toxicity" in a dog:

- · Wobbly movements, like a person who is drunk
- Dribbling urine
- · A dazed or glazed look in their eyes
- Low temperature
- Nervousness

Dogs exhibit these symptoms because THC — the psychoactive element of marijuana — is poisonous to them. Despite that, none of the vets interviewed had

"There's nothing about that actual drug itself that will kill them," Black said. "It doesn't cause any organ failure. It doesn't cause liver failure, renal failure." What can happen, Black

said, is that the drug can sedate a dog so fully that it will inhale its own vomit. which can be lethal. For that reason, Black cautions pet owners to play it safe.

"If you do not know the quantity that they got into, I'm always going to recommend that you go to your vet." she said.

Dr. Dorrie Black works at a 24-hour veterinary clinic near Golden Gate Park in San Francisco. She says she often treats three dogs per week who have ingested marijuana.(Laura Klivans/KQED)

A Colorado study found that two dogs who'd ingested chocolate baked goods made with marijuana-infused butter had died, but it's unclear if this was from the marijuana, the chocolate or the combination. Butter and dark chocolate, common ingredients in edible marijuana products, can be highly toxic to doas.

Cannabidiol, or CBD, on the other hand, is marketed

to pet owners for a variety of pet ailments. But the research is incomplete about its efficacy for treating things like animal anxiety and seizures and veterinarians are not allowed to recommend CBD to patients

How do you treat a dog that has inaested marijuana?

(although a bill making its

way through California's

Senate could change that).

To reduce marijuana's effects on a dog, Black said, there are a few options: Veterinarians can induce vomiting, pump a dog's stomach or give the dog activated charcoal, which will help remove the marijuana from the dog's system.

On average, it typically takes about 24 hours for a dog to return to normal but it varies depending on the strength and amount of marijuana the dog has eaten.

Otten, who formerly worked as an emergency vet, joked about what he used to tell pet owners: "We're gonna take your dog in, we're gonna put him in a quiet room. We're gonna play some Led Zeppelin for him and give him some Doritos, and you can pick him up in the morning."

From KHN.org





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Someone to hand feed me Doritos so my fingers don't get orange. No weirdos.

Meet a few of the animals who are currently available for adoption at

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Around Town



Your sunset table awaits you at Bayside Grille - Photo by David Sheehan.



A drum and fife duo entertained the Lorelei patrons on the 4th of July.





Sunset Tiki stage at Lorelei. Photo by Emily.

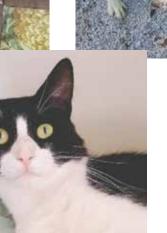
Adopt a Key Largo Animal Shelter Pet



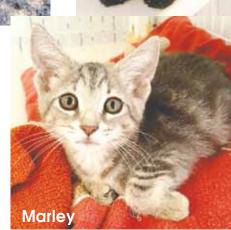
















Sandi's recipes are featured here monthly. For previous issues go to the conchtele graph.com

The Mangrove Galley by Sandi Mieszczenski

Spotted at MM 103 recently.

Marquis De Sod



One of the best things of summer is the availability of great, juicy fruits. Walking through a produce market or the produce section of the grocery store lends itself to so many choices.

Cherries are one of my favorite fruits this time of the year. The recipe below is French and is a wonderful combination of almonds, cherries, and a custard like filling. It is not too difficult to prepare and is worth the effort. So enjoy!

CHERRY ALMOND CLAFOUTIS

You will need a 10-inch round glass pie dish (such as a Pyrex dish) or you can use a standard pie pan.

1/2 cup sugar plus 1 tablespoon and sugar for sprinkling

1/2 cup plus sliced almonds

2 heaping cups pitted cherries

4 large eggs at room temperature 1/2 teaspoon almond extract

a pinch of salt 1/4 cup all-purpose flour plus 1/8 cup 1 cup whole milk

1/4 cup plus 1/8 cup half and half

Using a stick of butter, wipe it around the bottom and sides of the pie pan. Sprinkle the bottom with 1 tablespoon of the sugar. Scatter 1/2 cup of the almonds over the sugar.

Wash the cherries, then remove the stems and pits. Removing the pits is easiest by using a neat tool called a

cherry pitter. Or you can use a small paring knife. Just slice the cherries (do this over a bowl as juices will run out) and remove the pits by hand. Be sure that all pits are removed.

Pour the cherries evenly over the almonds. Using an electric mixer beat the eggs, almond extract, salt, and $\frac{1}{2}$ cup of the sugar in a bowl until well blended. Add the milk and half and half and beat again. Add the flour and beat the mixture one last time. Pour the mixture over the cherries.

Sprinkle some additional almonds on the top along with some sugar. Cook in a 375° oven for one hour. After the hour, the Clafoutis should be puffed in the middle. Insert a toothpick and if it comes out clean, the dessert is ready Cool before serving.

What it Takes to Forgive

by Dawn Wiggins, Ed.S.

stand yet struggle to

achieve. When you type

'book on forgiveness' into

Amazon, it comes back with

2,000 titles. That is a lot of

information about letting go

throw in my 2 cents because

I work every day to help the

broken-hearted find peace.

From my experience,

forgiveness is something to

wounded, betrayed and

and how to do it! I'm going to

Forgiveness is a mysteri-

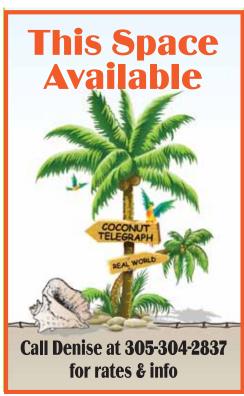
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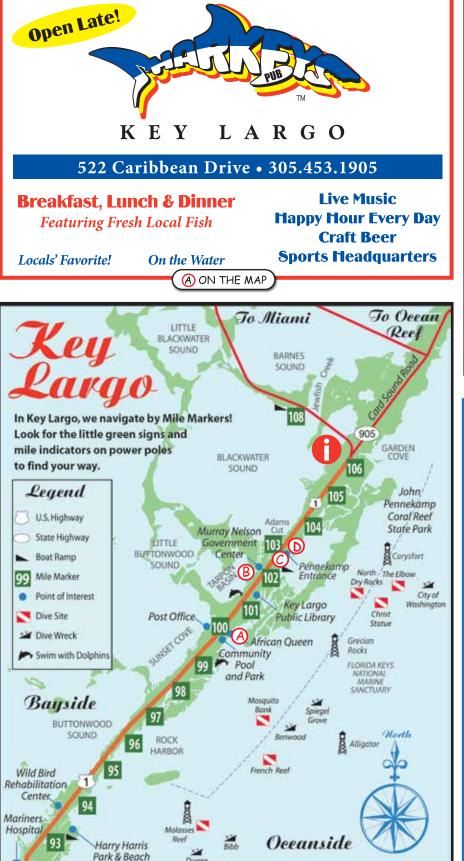
people are inspired to under-



www.thewasmundteam.com janewasmund@bellsouth.net











cultivate a relationship with. For example, I may do it a little today, a lot tomorrow RATES and maybe never on Friday. This is to say, it can be a moving target based on over-Vertical: all wellbeing, stress, activated triggers, relationship status, and so many other things. Cultivating a relationship with forgiveness brings peace. If you turn my back on it, you will churn inside. But if you work with it, get to know

> But like any relationship, it comes with ups and downs lol. And, the person we most struggle to forgive is ourselves. That idea can be hard to digest at first, but at the core, it is the reality we all face. Blame only gets us so far. Real relief comes from facing our deepest fear that we aren't good enough, or worthy, and reconciling it with the reality of imperfection. This is the ultimate forgiveness of self; to let ourselves off the hook for being imperfect.

> it and spend time with it, life

is a more joyful journey.

From my experience, I am sharing 3 specific components needed to forgive (yourself or someone else).

1. Perspective. If you are hyper-focused on your pain and the injustice of it all, you

will start to forget that goodness exists. Perspective allows you to see the pain but also the path to a solution. It reminds you that how you feel today is not how you will feel forever. For people who have grown up with terror, abuse, or neglect, it's harder to have perspective.

Perspective comes with experience. It's hard to understand the terrain of life if we haven't viewed it from above and below. So do the work to get some perspective. Over time it will afford you a more natural relationship with forgiveness.

As a therapist, I have the honor of being invited to the deepest corridors of people's lives. I get to see and feel their perspective and understand just how they've been affected. I think having the opportunity to have such intimate relationships with so many people has fundamentally offered me more perspective on what it is to be human. I do the best I can to take that perspective and use it to learn, grow, and let go of old beliefs and hurts that are dragging me down.

2. Gratitude. It's is the most potent form of positivity, I know. It is the ability to see the silver lining, the lemonade, the lesson learned. When we are steeped in gratitude, it's hard to stay in resentment. I am grateful for the color green, the sound of my dog snoring, the steady love of my husband, the joy of motherhood, and the struggles that have left me extremely resilient. If you're struggling with resentment, get a gratitude practice. And don't slack. Commit to shifting your mindset from toxic to thankful.

3. Acceptance. This is the understanding and awareness that it can't be undone, paired with the willingness to shift forward. Humans have a love affair with the fantasy of things being different than they are. Fill in this blank: If only...

How many did you come up with? I bet you said things like:

- "he hadn't left."
- "she desired me sexually."
- "I made more money."
- "my mother/father loved me the way I wanted/needed."
- "I was better at work/ parenting/being a human." "that bad thing hadn't
- "they were still here." "that life was easier."

happened."

Each one of those is rooted in something that

needs to be forgiven. The tendency is to put more energy into the fantasy of changing history than accepting and forgiving in the present. We do that because we are fearful of the full brunt of responsibility being put squarely on our shoulders. So we avoid it by blaming, fantasizing, and being plain angry at life's perpetrators (which may include God herself). Acceptance is a sort of surrender that simply says 'ok.'

For those who don't want ALEXA listening in on conversations, they're making a male version... it doesn't listen to anything!



Dawn Wiggins, Ed.S. Licensed Marriage & Family Therapist Boca Raton • Key Largo • Online 561-221-5575 99353 Overseas Hwy #16 Key Largo, Florida 33037 www.dawnwigginstherapy.com

If you can combine perspective, gratitude, and acceptance, you are well on your way to a relationship with forgiveness. And remember, forgiveness is not a straight line. One day you may put down the blame and 18 days later pick it back up. The goal is to stay with the process and peel back resentment one layer at a time. Until you finally make peace with your humanity. Once you do that, you will also find peace with everyone else's humanity.

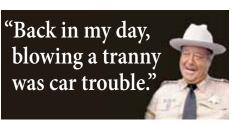


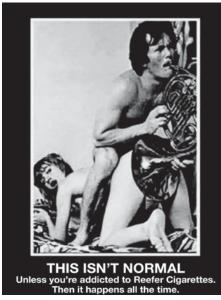
- 4. Black Coffee with Espresso
- 5. Snorting Coffee Grounds



Ladies, you can tell a lot about a man by how dogs react to him. For example, if the police K9 is biting him, he may not be ideal.

Isn't It Funny How Red, White, and Blue Represents Freedom... Until They're Flashing Behind You.





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62 years

Telephones



50 years

Facebook

22 years

Computers

14 years

68 years

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7 years

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Words Have Weight

The more conscious we become, the more we deepen our relationship to the words we choose to use.

WORDS CARRY ENERGY and this gives language its power and its potential to heal or hurt. Most of us can remember a time that someone sent a word our way, and it stuck with us. It may have been the first time we received a truly accurate compliment, or the time a friend or sibling called us a name, but either way it stuck.

This experience reminds us that what we say has weight and power and that being conscious means being aware of how we use words

The more conscious we become, the more we deepen our relationship to the words we use so that we speak from a place of actually feeling what we are saying. We begin to recognize that words are not abstract, disconnected entities used only to convey meaning; they are powerful transmitters of feeling.

For the next few days, you might want to practice noticing how the words you say

and hear affect your body and your emotional state. Notice how the different communication styles of the people in your life make you feel. Also, watch closely to see how your own words come out and what affect they have on the people around you.

You may notice that when we speak quickly, without thinking, or rush to get our ideas across, our words don't carry the same power as when we speak slowly and confidently, allowing those receiving our words time and space to take them in.

When we carefully listen to others before we speak, our words have more integrity, and when we take time to center ourselves before speaking, we truly begin to harness the power of speech.

Then our words can be intelligent messengers of healing and light, transmitting deep and positive feelings to those who receive them.

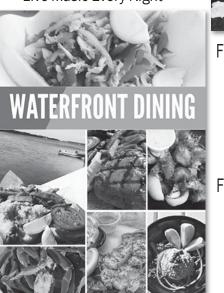
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COOL ANAGRAMS

PRESBYTERIAN: When you rearrange the letters: **BEST IN PRAYER**

ASTRONOMER: When you rearrange the letters: MOON STARER

DESPERATION: When you rearrange the letters: A ROPE ENDS IT

THE EYES: $oldsymbol{arphi}$ When you rearrange the letters: THEY SEE

THE MORSE CODE: When you rearrange the letters: HERE COME DOTS

DORMITORY: When you rearrange the letters: **DIRTY ROOM**

SLOT MACHINES: When you rearrange the letters: CASH LOST IN ME

ANIMOSITY: When you rearrange the letters: IS NO AMITY

ELECTION RESULTS: When you rearrange the letters: LIES - LET'S RECOUNT

SNOOZE ALARMS: When you rearrange the letters: ALAS! NO MORE Zs

A DECIMAL POINT: When you rearrange the letters: I'M A DOT IN PLACE

THE EARTHQUAKES: When you rearrange the letters: THAT QUEER SHAKE

ELEVEN PLUS TWO: When you rearrange the letters: TWELVE PLUS ONE

AND FOR THE GRAND FINALE: MOTHER-IN-LAW: When you rearrange the letters: WOMAN HITLER

Coco'Nut' Funnies

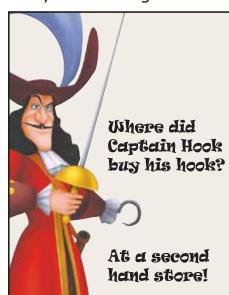
A girl was visiting her blonde friend, who had acquired two new dogs.

She asked, "What are their names?"

The blonde replied, "That one is Rolex, and that one is

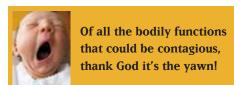
Her friend said, "Whoever heard of someone naming dogs like that?"

"Well," said the blonde. "They're watch dogs..."





I ordered some stuff online yesterday and I used my Donor Card instead of my Debit Card. Cost me an arm and a leg.



The National **Weather Service** has just published instructions on how to bake a lasagna in your mailbox

> Always REMEMBER YOU are not Worthless ...

After all. **ORGANS**

are extremely expensive on the black market.

Yesterday my daughter e-mailed me, asking why I didn't do something useful with my time.

"Like, me sitting around the pool and drinking wine is not a good thing?" I asked.

My "doing-something-useful" is her favorite topic of conversation. She was "only thinking of me", she said and suggested that I go down to the Senior Center and join something.

I did this and when I got home last night, I decided to play a prank on her. I e-mailed her and told her that I had joined a Parachute Club.

She replied, "Mother, are you nuts? You are 78 years old and now you're going to start jumping out of airplanes?"

I told her that I even got a Membership Card and e-mailed a copy to her. She immediately phoned me and yelled, "Good grief, Mom, where are your glasses?! This is a Membership to a Prostitute Club not a Parachute Club.

I calmly replied, "Oh my, I think I'm in real trouble then, because I signed up for five jumps a week!!"

The line went quiet. her friend picked up the phone and said that my daughter had fainted.

I was sitting on a bus behind a mother and her young son. Her boy kept looking around and pulling funny faces at me.

After a few minutes, I got tired of his antics, so I said, "When I was young, my mother told me that if I made an ugly face and the wind changed, I'd stay that way."

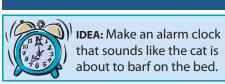
The little jerk replied, "Well, you can't say you weren't warned."

Q: If someone from the 1950s suddenly appeared today, what would be the most difficult thing to explain to them about life today?

A: I possess a device, in my pocket, that is capable of accessing the entirety of information known to man. I use it to look at pictures of cats and get in arguments with strangers.







MY KIDS LAUGH **BECAUSE THEY** THINK I'M CRAZY.

I LAUGH BECAUSE THEY DON'T KNOW IT'S HEREDITARY.

A guy goes to apply for a government job. The interviewer asks him, "Are you allergic to

anything?"

He replies, "Yes, caffeine. I can't drink coffee."

"Have you ever been in the military service?"

"Yes" he says, "I was in Iraq for two

The interviewer says, "That will give you 5 extra points toward employment." Then he asks, "Are you disabled In anyway?"

The guy says, "Yes. A bomb exploded near me and I lost both my

The interviewer grimaces and then says, "Okay. You are a Disabled Veteran; you've got enough points for

me to hire you right now. Our normal hours are from 8:00 am to 4:00 PM. You can start tomorrow at 10:00 am, plan on starting at 10:00 am every day."

The guy is puzzled and asks, "If the work hours are from 8:00 am to 4:00 PM, why don't you want me here until 10:00 am?

"This is a government job," the interviewer says." For the first two hours we just stand around drinking coffee and scratching our balls. No point In you coming in for

Stop naming hospitals after dead people, give us some hope. Like, where's the **Keith Richards Memorial Hospital?**



Dammit Alexa, I said "cheeses."

My wife sent me a text that said, "Your great"

So, naturally, I wrote back, "No, you're great'

She's been walking around all happy and smiling.

Should I tell her I was just correcting her grammar or leave it?

The reason Latin is a dead language is because they kept accidentally summoning demons during regular conversations







Florida Meth Gator Spotted!

As I was getting in bed, she said, "You're drunk".

I said, "How do you know?" She said, "You live next door."

The Catholic Hairdryer

In parochial school students are taught that lying is a sin. However, instructors also advised that using a bit of imagination was OK to express the truth differently without lying. Below is a perfect example of those teachings:

An attractive young woman on a flight from Ireland asked the Priest by the name of Andre beside her, `Father, may I ask a favour?'

'Of course child. What may I do for you?'

'Well, I bought my mother an expensive hair dryer for her birthday. It is unopened but well over the Customs limits and I'm afraid they'll confiscate it. Is there any way you could carry it through customs for me? Hide it under your robes perhaps?'

'I would love to help you, dear, but I must warn you,

'With your honest face, Father Andre, no one will auestion vou.

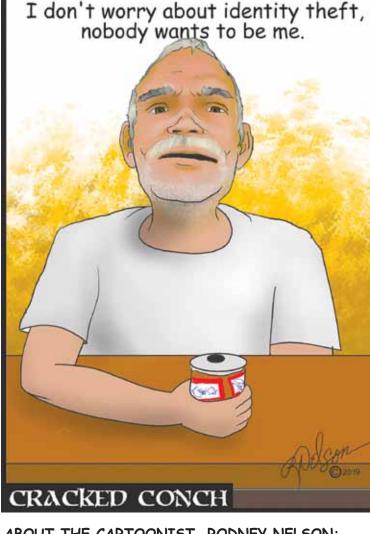
When they got to Customs, she let the priest Andre go first. The official asked, 'Father, do you have any-

`From the top of my head down to my waist I have nothing to declare.

The official thought this answer strange, so asked, `And what do you have to declare from your waist to the floor?'

'I have a marvelous instrument designed to be used on a woman, but which is, to date, unused.

Roaring with laughter, the official said, 'Go ahead, Father. Next please!



ABOUT THE CARTOONIST, RODNEY NELSON:

After coming to the Keys many times, he moved here in 1969 at age 11. He tried different jobs before becoming a full-time artist in his late twenties. He enjoys the versatility it requires to survive as an artist in such a small community, and does airbrushing to glass etching; cartoons to fine art











My wife wanted to disgrace me in the presence of her friends, she said I wasn't good in bed. She was shocked when they all disagreed with her.



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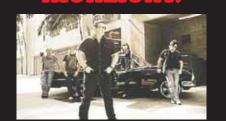
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4 RADIOSTEREO 1-6	5 HAPPY HOUR 4-5 PM MON- FRI	6 SCOTT YOUNGBERG 5-9	7 ALEX CALDWELL 5-9	8 DJ RONNIE 5-9	9 JIMMY O'SHEA 12-4 THE GROOVE 7-11	10 TAYLOR KING BAND 1-5 SPANK THE BAND 7-11
11 TRIP MACHINE 1-6	12 HAPPY HOUR 4-5 PM MON- FRI	13 SCOTT YOUNGBERG 5-9	14 ALEX CALDWELL 5-9	DJ RONNIE 5-9	JIMMY O'SHEA 12-4 UNCLE SMOKEY 7-11	17 SOUTHERN STAMPEDE 1-5 MAINSTREET 7-11
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RADIOSTEREO Sunday, August 4 1-6 pm

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