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The Conch Republic COCONUTE ELEGRA

THE COCONUT TELEGRAPH IS PROUD TO BE THE OFFICIAL NEWSPAPER OF THE NORTHERNMOST TERRITORIES OF THE CONCH REPUBLIC

101425 Overseas Hwy. • PMB #628 • Key Largo, FL 33037 • 305-304-2837 • www.theconchtelegraph.com • December 2019



Inside:

Attractions

Tavernier 'Your CBD Store' Open!
Holiday Gift Guide
Florida Keys Food Tours
Capt. Regina and 'Size Matters'
Hunk of the Month Fred Taylor
Ten-year-old Wins the Redbone!

What's Hot & What's Not It's all about the holidays and the Boat Parade this month!

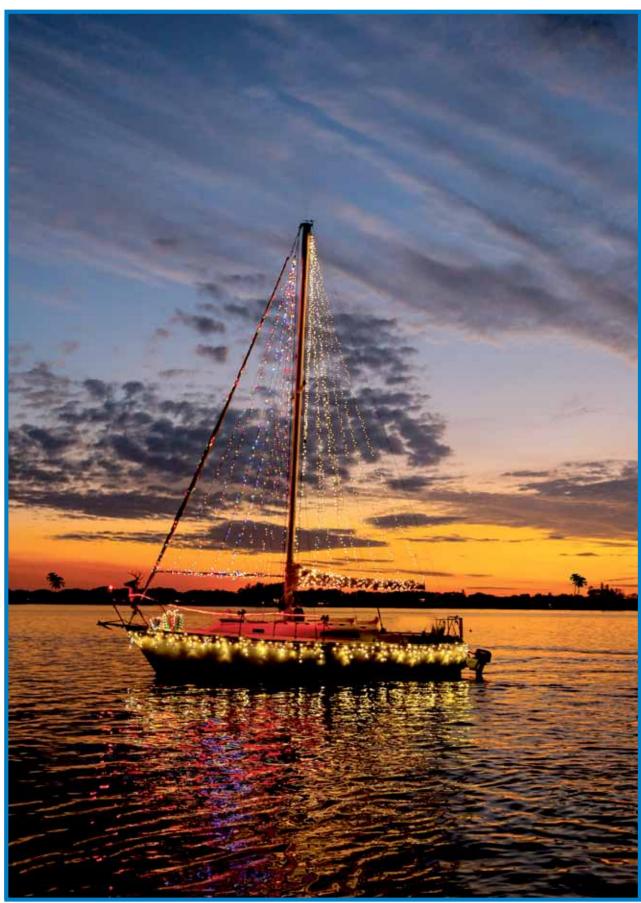
Maps

Key Largo Locator Map Page Getting from Here to There

All the Buzz

Cartoon by Rodney Nelson Dawn Wiggins, Ed. S. Coco-Nut Funnies Conch Characters Business in the Keys The Mangrove Galley Classified Ads

The Annual Key Largo Boat Parade will be on December 21st this year, with a new host location — Jimmy Johnson's Big Chill! We salute the Big Chill, Key Largo Sunset Rotary Club, and the other sponsors for continuing this tropical tradition! See page 2 for more.





Coconut Telegraph

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for the Coconut Telegraph's next issue is Monday, December 16, 2019

Contact Denise at 305-304-2837 theconchtelegraph@gmail.com



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ARTICLES

We Just Want You to Feel Good (Your CBD Store)	5
Coconut Telegraph's Holiday Gift Guide	8
For the Foodie on Your List - Key Largo Food TOurs	s 11
Getting from Here to There - Keys Map Page	12-13
Conch Characters	14
Captain Regina of 'Size Matters' Fishing Charters	15
Mangrove Galley: Roast Pork with Holiday Glaze	16
Classified Ads	16
Hunk of the Month: Fred Taylor	17
Key Largo Locator Map Page	18
Business in the Keys	19
Adopt a Key Largo Animal Shelter Pet	19
Six Signs Your Partner is Unavailable by Dawn Wiggin	ns, Ed. S. 21
Ten-year-old wins Redbone Tournament	21
Coco"Nut" Funnies	22-23

Key Largo Boat Parade December 21st on Blackwater Sound

Key Largo's Blackwater Sound will be shimmering with color as the 2019 Annual Key Largo Boat Parade sets sail at 7:30 PM on Saturday, December 21st. Illuminated boats ranging from 55 feet, motors to sailboats to kayaks and paddle boards, will traverse the waters of Blackwater Sound to kickoff the holidays with this annual tradition.

THANK YOU to the Key Largo Sunset Rotary Club for picking up the reins for this fabulous community event. The Key Largo Boat Parade will celebrate Key Largo's legendary Christmas spirit with the theme of 'Key Largo's Winter Wonderland'. The parade will be led by the Grand Marshall Boat 'The Coral Princess' captained by Captain Spencer Slate.

The parade route is to the north as it was last year. The boats will line up at Dusenbury Creek Green Marker 41, at 6:30pm

then head north along the shoreline to Stillwright Point at 7:30 pm. The best public viewing locations for the parade are the businesses along the Bayside around Mile Marker 104.

Entry to the parade is free. All boat entries are entered into the \$500 cash drawing which is drawn at random the night of the parade.

Parade award categories are for Best in Parade, and a ton of holiday spirit!" Best Use of Theme. Most Colorful, Most Original, Best Business, Best Boat under 25' and Best Boat over 25'. There will be over including VIP watch areas! \$2000 in cash, prizes and trophies up for grabs!

The Awards Ceremony will be at 10 pm at Jimmy Johnson's Big Chill. Announcers will be KC Stuart, Sue Finney at 305-394together with local celebrities Captain Spencer Slate and Skip Bradeen.

parade are invited to the Captain's Party on Friday evening, December 20th at

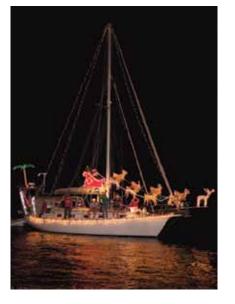
7:30 pm at JJ's Big Chill. Parade participants will enjoy a complimentary buffet, a fabulous ditty bag and be eligible for raffle prizes.

"The party itself makes it worth entering," says Lisa Feliciano, President of the Key Largo Sunset Rotary Club. "All we ask is that the Captains string some lights, have a VHF radio, the proper safety gear

Check the web for more info as the Key Largo Sunset Rotary Club announces some other new additions

Boats should sign up as soon as possible. Entry forms can be downloaded at keylargoboatparade.com. For more information, call 3736 or Lisa Feliciano at 305-766-0643.

The 2019 Key Largo All boats who enter the Boat Parade is a fundraiser for the Key Largo Sunset Rotary Club Foundation, a local 501c3 non-profit



organization, whose mission is to identify and support the needs of the elderly in our community thru service projects that create lasting, positive changes in our community.

Individual donations to help support the Key Largo Boat Parade are welcome and appreciated. If you own a business and would like to be a contributing parade sponsor, please contact Rotary Club officers, Lisa Feliciano at 305-766-0643 or Marlen Weeks at 305-394-1680.

· Disclaimer

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The Coconut Telegraph's Islamorada Treasure Map is Coming!



The Coconut Telegraph and artist extraordinaire Rodney Nelson have joined forces to bring you a fascinating Islamorada Treasure

Map! The Map is DONE! Coming

Hundreds of dollars worth of prizes will be awarded to those who can find the hidden secrets and mi\$takes throughout the

Locals and advertisers can make history by getting their caricature, business, building, vehicle, boat, airplane, etc. drawn by Nelson on this collectible, history-making map.

Thousands of copies will be available throughout Islamorada as gifts from our advertisers! It will also be available on the Coconut Telegraph's website, available worldwide!

We will come to you and take photos for the artist to draw. Hurry to get your very own original Nelson caricature on your piece of the island. Call or text us at 305-304-2837 today to get started.

Key Largo's map was a great success... now here comes Islamorada!









We Just Want You to Feel Good

I recently had a visit with Maria and Richard Falciano, owners, at Your CBD Store in Tavernier Towne. I left there feeling great and like I had met two new friends. When you first walk in, it's like walking into their living room, relaxing waves, calming ambiance. They take the time to sit down and visit with you about the benefits of CBD. They are well educated on the products and look for answers to your questions and health concerns. They explained how cannabinoids work to help and balance the body. The difference between THC, CBD, Marijuana, and Hemp, same family, different effects. They will recommend what might be best for you in a comfy consultation.

Your CBD Store carries a full line of SunMed Organic Products. These range from tinctures, water solubles, skin care, pain creams and anti-aging, there are even CBD products for pets. SunMed is developing more products regularly. These are top of the line and tested, with some overwhelming testimonies of pain relief, relief from suffering, seizures, and chronic diseases. Richard was having some seizures and his medicine didn't feel like it was helping and it made him sick. He started using the CBD alternatives. He hasn't had a seizure in 5 months and

the homeopathic effects. Richard, Maria and I all agreed that pharmaceutical and doesn't leave a medici-They are from Boston and every day."

feels no side effects from

the CBD. The best part is

drugs are a never-ending wheel of side effects, that keep you sick so that you will need more and more pills. CBD offers an alternative to balance the body, it works where it is needed nal residue in your body. Maria strongly recommends that you ask your doctor before trying any new regiment if you are on medication Maria is a Registered Nurse and Richard has a background in Fire and Security. New York but have called Jupiter home for years. They have family there they love and miss, since they moved to Keys in August. After visiting the Keys for over 20 years, they decided Tavernier Towne would be a great spot to open a Your CBD Store, the doors opened in October. Maria has Northern friends who have launched successful stores with SunMed products. They know they're on the cutting edge of this growing, but still uncertain industry. Open every day except Sunday. Offering a Loyalty and Locals Discount, in a kind welcoming atmosphere that says, "We want you to feel good today and



on my back and was amazed at how well it works. Love the products, love the owners, and love the store."

TRY OUR Topical Relief Cream CBD Store® Tavernier 91272 Overseas Hwy. #11 (305) 340-8344

Tavernier423.CBDrx4u.com

10% OFF With this Coupon At Your CBD Store Tavernier. Not valid with other coupons, or specials.

Our products have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease. Consult your physician before use. For adults 18 years or older



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Award Winning Food & Coffee



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Maria and Richard Falciano's new store in Tavernier Town.





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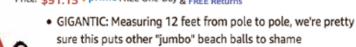
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- · CLASSIC: With an astounding 659,000 cubic inch volume, it's just like a classic beach ball, only gianter DURABLE: Made of thick, durable 30mil vinyl with reinforced
- seams, so play hard! FULL OF HOT AIR: Large, secure airtight valve keeps air in and
- won't tear or detach from the vinyl DON'T BLOW IT: Electric pumps only! Please do not manually inflate. We had an intern try it, and he's still blowing

★★☆☆ TOP REVIEW February 3, 2019

A fun way to ruin a weekend and blow 100 bucks. We took this ball to the beach and after close to 2 hours to pump it up, we pushed it around for about 10 fun filled minutes. That was when the wind picked it up and sent it huddling down the beach at about 40 knots. It destroyed everything in its path. Children screamed in terror at the giant inflatable monster that crushed their sand castles. Grown men were knocked down trying to save their families. The faster we chased it, the faster it rolled. It was like it was mocking us. Eventually, we had to stop running after it because its path of injury and destruction was going to cost us a fortune in legal fees. Rumor has it that it can still be seen stalking innocent families on the Florida panhandle. We lost it in South Carolina, so there is something to be said about its durability.

LET US HOST YOUR NEXT Office Party, Birthday, or Event! Music starts at 4pm and 4-course menu ends sometime next year! + Champagne Toast try our Tlki Bar & Sports Bar **Venues! Complimentary Make your reservations now** & Party Favors! admission and a children's 305.453.9066 \$99.95 adult \$19.95 children menu available.

Landings of Largo -Magellan Drive



Gated Bay front complex, shaded by mature landscaping and uncrowded setting is the perfect Keys get-a-way. This custom designed unit has many unique details. Bright and airy unit, ready to move in. Enclosed sitting area on porch for extra living space. Coral rock built-in cabinets accent the Keys living style, plus extra work space built in the kitchen. There is also another built in area downstairs for extra storage. This location offers 2 pools, tennis court, and a marina. There is a huge community clubhouse and marina on the bay. You can walk to the waterfront and enjoy the Keys sunsets. No work or updates to do







9830 Leeward Avenue

Lovely, large three-story townhouse w/ pool views in Kawama Yacht Club. Balconies off the living area,

kitchen area, and both top floor bedrooms. Private, gated, ocean front community, two pools, playground, tennis courts, marina, and beach. Only one hour to mia. Golf carts and boat trailer storage available. Seven

1500 Ocean Bay Drive, R6, K.L.

Executive Bay Club, Islamorada

\$3,200/mo

Waterfront townhouse, 2 bedroom, 2 bath, plus loft. Amazing views of the bay.

Gorgeous sunset views from

the open balcony overlook-

ing the bay. Steps away from the pool and clubhouse.

Mile Marker 87. Next to

and long term available.

Founder's Park. Short term



Bay front 2/2 condo with beautiful views. Also a deeded boat slip is included. Protected Marina. Two tennis courts, two pools, a large community clubhouse, and beautifully kept grounds. Unit is being sold furnished, so get ready for your Keys style living. Just move right on in and enjoy this great Landings of Largo community.

680 North Lake Drive • Key Largo



2/2 WITH A LOFT - Beautiful stilt home, plenty of room for a family. 2 large BR, 2 BA, plus a large loft, could be your 3rd BR, or space for a tv/game room! Newer appliances, granite counters and plenty of space to cook and entertain. Open floor plan; wrap around deck; plenty of storage downstairs. The lot is big enough for a pool. Plenty of parking space, close to schools. New metal roof by closing.

9840 Mariners Ave. • Key Largo





Completely updated, beautiful end unit in Landings of Largo. Nice and bright, natural sunlight. Beautiful tile floors and 2 screened porches. Separate bedroom floor plan for privacy. Close to the pool - walk right across! Covered parking and a screened in porch area downstairs too. Gated community. Tennis courts and large community clubhouse. Marina with boat ramp short walk away. Enjoy the sunsets.

we're also your neighbors!

Thank You for the past year's business,

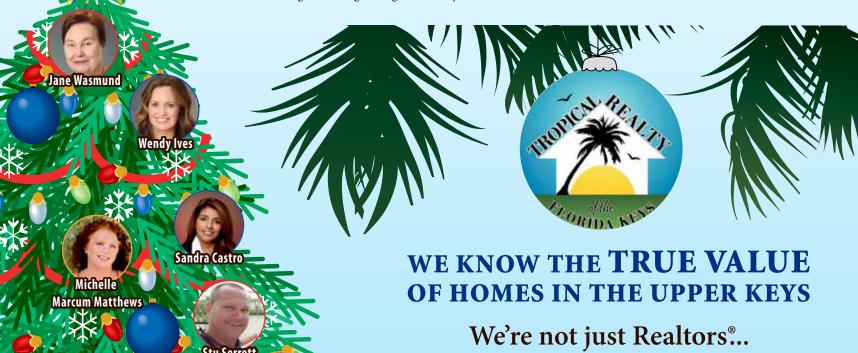
Merry Christmas and Happy New Year

from the Tropical Realty Team!

102901 OVERSEAS HWY • 305-451-2214

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newasmund@bellsouth.net • www.thewasmundteam.com



The Coconut Telegraph's Holiday Gift Guide

This is our third annual curated collection of the hottest gifts to give or regift after the holidays

Something to delight and offend everyone on your list!



Fanny Pack Sandals Who doesn't need these?



the Beer Drinker A bean-bag onsie so you can stay seated wherever you go.







For the Dedicated Drinker



For the Fisherman



For the Millenials



DISPOSABLE

BULLSHIT

BAG

SEALS BS IN

Warning:

Many of these actually exist and can be purchased online! But we won't tell you which!



OUR GRATE LORD

STANLEY

When you really have to know..

Is she a bubble off?

IEW! STOCKING STUFFERS

For those who need socks with sandals

The Four Stages Of Life

1. You believe in Santa Claus

2. You don't believe in Santa Claus

3. You are Santa Claus 4. You look like Santa Claus



Be your own secret santa with Ambien and Amazon

I LOVE COOKING WITH WINE Sometimes I even put it in the food.







Celebration



of Life

Wanda Elaine Dehessa 71, passed away October 8, 2019 at her home in Islamorada. She was born June 4, 1948, in Massilon Ohio, to parents Harry "Lester" and Mildred Nolen. Wanda lived in the Keys over 30 years where she met her husband David "Doc' DeHessa. She worked at the Cheeca Lodge as a security guard/greeter and lived her Keys life to the fullest, making many friends along the way at her favorite Moose Lodge and OceanView Pub. She is survived by her beloved sisters family scattering at sea.

Janet Nolan and Norma Ridenbaugh, loving special niece Melissa Pulver(Doug), step-daughter Lori Kraycik, step-granddaughter Sarah Storter and a host of friends. She is predeceased by her parents Lester and Mildred, husband "Doc," brothers Robert McCullough and Allen Nolen, and sister RuthAnn Gilliland. A Celebration of Life will be hosted by The Key Largo Women of the Moose on Saturday December 7, 2019 at 1 pm followed by a private

Be Advised! It's an Epidemic!!

Idiocy - is it contagious?

My husband and I went through the McDonald's drivethru window and I gave the cashier a \$5 bill. Our total was \$4.25, so I also handed her 25¢. She said, 'you gave me too

much money. I said, 'Yes I know, but this way you can just give me a dollar

She sighed and went to get the manager who asked me to

repeat my request I did so, and he handed me back the 25c, and said 'We're sorry but we don't do that kind of

The cashier then proceeded to give me back 75 cents in

Do not confuse the people at MacDonald's.

We had to have the garage door repaired.

The repairman told us that one of our problems was that we did not have a large enough motor on the opener.

I thought for a minute, and said that we had the largest one made at that time, a 1/2 horsepower.

He shook his head and said, "You need a 1/4 horsepower."

I responded that 1/2 was larger than 1/4 and he said, "No it's not. Four is larger than two." Is it safe for him to operate

From the Lower Keys:

We recently had a new neighbor call the county commissioners office to request the removal of the KEY DEER CROSSING sign on US 1. The reason: "Too many deer are being hit by cars out here! I don't think this is a good place for them to be crossing anymore."

Our daughter went to a South Miami Mexican fast food placeand ordered a taco.

She asked the person behind the counter for "minimal lettuce." He said he was sorry, but they only had Iceberg.

I was at the airport, checking in at the gate when an airport employee asked, "Has anyone put anything in your baggage without your knowledge?

I replied, "If it was without my knowledge, how would I know?" He smiled knowingly and nodded, "That's why we ask."

The crosswalk light at MM 100 beeps when it's safe to cross the street. I was crossing with an 'intellectually challenged' co-worker of mine.

She asked if I knew what the beeper was for.

I explained that it signals blind people when the light is red. Appalled, she responded,

"What on earth are blind people doing driving?!" She is a government

employee, by the way

When my husband and I arrived at a car dealership to pick up our car after a service, we were told the keys had been locked in it.

We went to the service department and found a mechanic working feverishly to unlock the driver's side door.

As I watched from the passenger side, I instinctively tried the door handle and discovered that it was unlocked.

"Hey," I announced to the technician, "It's open!"

His reply, "I know. I already did that side.

They walk among us!



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And the party continues with DJ Tray, inside from 6 pm 'til...



mile marker 98.8 in the median

THANK YOU to Jimmy Johnson's Big Chill & the other Sponsors



SATURDAY, DECEMBER 21st · 7:30 PM on Blackwater Sound, MM 104

Reserve your table at the Big Chill today! MM104 Bayside - Key Largo 305.453.9066 www.jjsBigChill.com

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Saturday, Dec. 7 SPECIAL EVENT

SATURDAYS THIS MONTH:



UNCLE SMOKEY
1-5 PM



Saturday, Dec. 14 CAT DADDIES
1-5 PM



Saturday, Dec. 21 **DOUBLE DOWN**







Saturday, Dec. 28 UNCLE RICO



Saturday, Dec. 21

STÁTIC 1-5 PM

KEY LARGO'S HIDDEN TREASURE! **DAILY FOOD & DRINK SPECIALS**

Sunday - Live Music 2-6 pm

FRIDAY NIGHT FISH FRY 5-9 pm MAHI ALL-U-CAN-EAT • Fried \$12.99 • Blackened/Grilled \$13.99

> SATURDAY - PRIME RIB DINNER **HAPPY HOUR:** 4-6 pm EVERY DAY

>>>> \$1 Drafts 4444 LOCALS' FAVORITE 305-453-3153 45 Garden Cove Drive MM 106



For those arriving to the Gilbert's party fashionably late, you can park on the main access road and take the FREE air-conditioned shuttle to and from Gilbert's on Saturdays and Sundays from noon-8pm.

Something for the Foodie on Your List - Florida Keys Food Tours

by Marilee Free and Sheryl Rose

If you would like to taste your way around the heart of Islamorada. Keys native Sheryl Guerry-Rose has created the perfect food tour. Combining restaurants seen on the Food Network, with filming spots from the Netflix series **Bloodline**, toss in some art, blend in some culture, add little bit of history and sprinkle with a whole lot of fun, this 4-hour walking tour is sure to please the palate.

Since 2015, Sheryl, a self-



tour junkie, has organized and guided culinary adventure tours around the country, and in the Upper Keys. She, with her fun-loving, knowledgeable, local favorites

Craig Zabransky and Marilee Free, will share their stories, tell about early founders of the Keys, plants and trees, restaurant histories, how to blow a conch horn and how to open a coconut with your bare hands (maybe? think Survivor tryouts...).

Large or small groups, couples and singles are all welcome. It's a great tour for the ladies while the men are out fishing. For dates, rates and availability please check out the website: www.flkeysfoodtours.com or call Sheryl at 305-393-9183.

Use the coupon code COCONUT on the website or mention you saw this article in the Coconut Telegraph for discounted tours.



What Really Happens with those Letters to Santa?

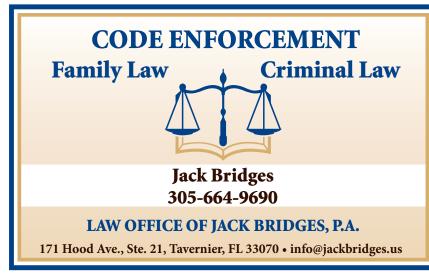


We read the fine print on Santa's website.

- Santa's Privacy Policy: At Santa's Workshop, your privacy is important to us. Here is how we collect and safeguard your personal information.
- Why Do We Need This Information? Santa Claus requires your information in order to compile his annual list of who is Naughty and who is Nice and to ensure accuracy when he checks it twice.
- What Information Do We Collect? We obtain information from the unsolicited letters sent to Santa by children all over the world listing specific items

they would like to receive for Christmas. Often these letters convey additional information, such as which of their siblings are doodyheads. The letters also provide another important piece of information—fingerprints. We run these through databases maintained by the FBI, CIA, NSA, Interpol, MI6, and the Mossad. If we find a match, it goes straight on the Naughty List.

 What Do We Do with the Information We Collect? Sharing is one of the joys of Christmas. For this reason, we share your personal information with unaffiliated third parties: the Easter Bunny, the Tooth Fairy, and Hanukkah Harry.







■ Celebrity & Local Chef Events **Fabulous Eateries - Over 30 Delicious Foodie Events!**

FloridaKeysUncorked.com



■ Mixology & Craft Beers

■ Martinis & Margaritas







great holiday

gift idea!

Grand

Tasting

Saturday Jan.18

11am-4pm

at the beautiful, oceanfront

Postcard Inn Resort

MM 84, Islamorada



QUEEN OF HEARTS Wednesdays 5:30pm **LINE DANCE** Mondays 5 pm • **BINGO** Sundays, 5-7 pm FISH FRY Fridays 6 pm • KARAOKE: Fridays 7:30 pm

Sunday, Dec. 1 **ELKS MEMORIAL** at 1 pm



Children's Christmas Party Milk, Cookies & Lunch with Santa & Mrs. Claus **Sat., Dec. 14**

FROM THE ELKS

Tuesday, Dec. 31: **New Years Eve Celebration** Bring a dish to share!

DJ David Williams Call the Lodge for more information — after 3 PM

> Open 3-10pm Daily • 305-852-1872 MM 92.6 Bayside • Tavernier www.floridakeyselks1872.com

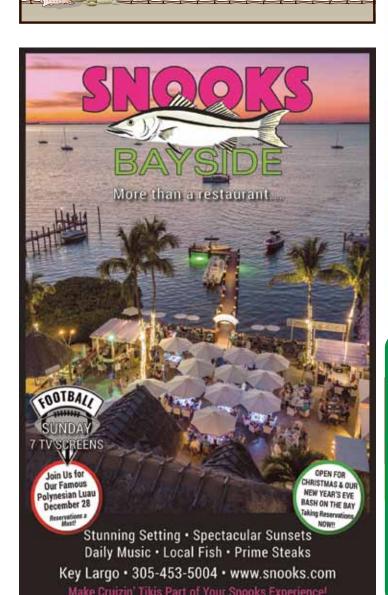
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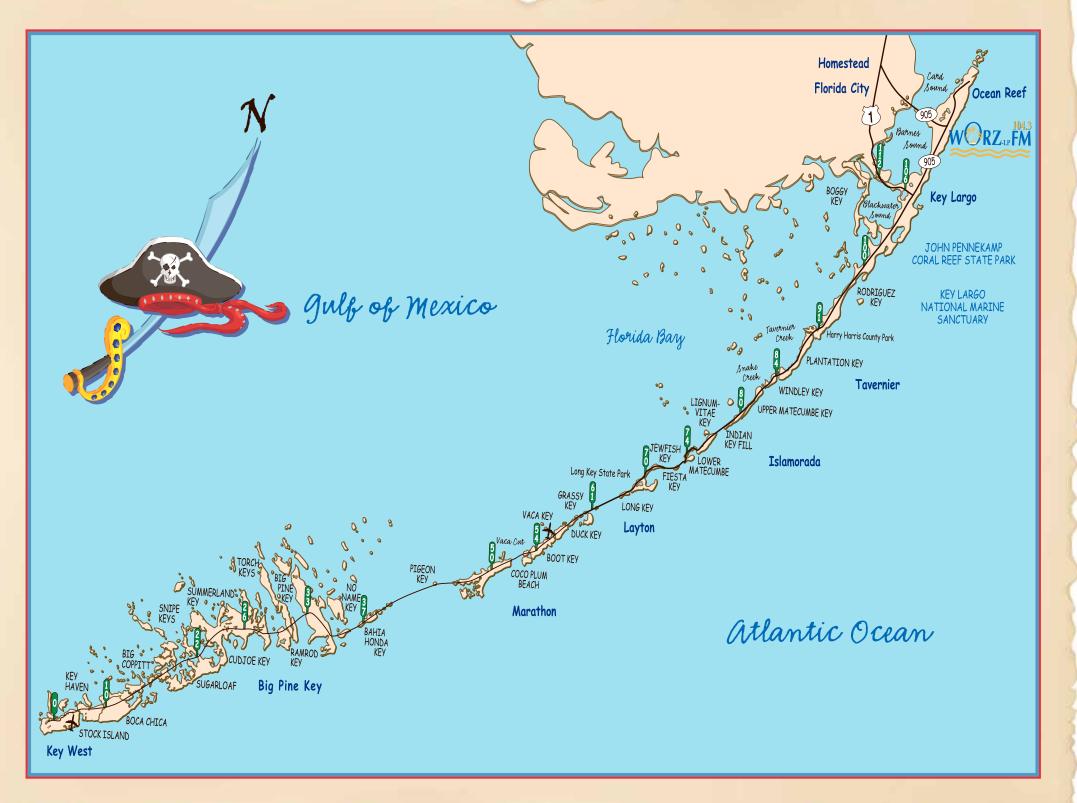








MM 88.8 Bayside, Islamorada 305-852-2200 DELIVERY COMING SOON!











mile marker 98.8 in the median



14 · The Coconut Telegraph · December 2019 December 2019 · The Coconut Telegraph · 15

Conch Characters / Around Town -



Bartender Tiffany is at the American Legion now!



Ranger Dan and Tony Tayler at the Legion.



Lee Kibbey Karaoke at the Key Largo Moose.



The annual Conch Golf Scramble attracts some interesting characters to Islamorada, golfing for charity. Photo by Rob LeBrun.



Veteran Tommy Pearce, Cheeca's Lisa Thornhill, and Jeb Bush Jr. at the Cheeca All American Tournament.



Power boats visit Gilbert's Resort.



In the Cheeca All American, Second Place Team Division Award went to Dennis and Jeffery Bernardo of Cumberland, RI, for releasing 13 snook, 7 redfish and 4 tarpon, guided by Mike Alfano of Islamorada.





Stu Apt (R) & Bruce Melnick (L) at the Cheeca All American Tournament. Former American Astronaut and retired U.S. Coast Guard officer Bruce Melnick shared his *Rescue at 17,500 MPH* experience on the maiden voyage of the Space Shuttle Endeavour.



Key Largo Conch House. Chefs José, Oscar, and Nelson accepting First Prize award from Dawn DeBrule at the Key Largo Cookoff for Oscar's ceviche and tuna & avocado.



Congrats to the Key Largo Conch House for winning Overall Best of Show in the Cook Off.

I'm Your Captain, Yeah Yeah Yeah!

Conch Captain Spotlight on: Captain Regina of 'Size Matters' Fishing Charters by Marilee Free

There's a true spirit in people who love to fish; Captain Regina Teixeira was born with it. She grew up with Portuguese fishing ancestry in Stonington, CT. Her dad was old fashioned, and discouraged her from fishing, but that only made her more determined. She's been calling the Keys home for over 10 years, and living the dream, showing people her passion, fishing with

her 'Size Matters' charter

groups. Up to 6 passengers can book a $\frac{1}{2}$ day, $\frac{3}{4}$ day or encouraged full day trip, 7 days a week, departing from Old Tavernier's Conch Harbor to Big Conch and Alligator Reefs, and sometimes 35

miles out in the deep blues of the Atlantic; she knows where the big fish bite. Ask about her locals and veterans discounts.

Capt. Regina learned the Keys fishing and sea conditions as a Mate out of Whale Harbor Marina for 2 years, when she had an epiphany, "I CAN DO THIS! I can be a Charter Boat Captain."

She did her homework, got her Captain's license and bought a Robalo

Cayman 246. Because of her uniqueness, kindness

and savvy, she keeps very busy, and is booked solid for months.

Joey Naples, our "King of Cool," and Captain Matt Bellinger

Sun FM 103.1 and Thunder Country 100.3, and you can tune in to them at noon and 4:30pm.

'Reverend' Regina is an ordained minister and has performed 5 weddings. She is one of a handful of

female charter captains on the Atlantic side in this

> features topless tours at 3 miles out. Show 'em 'Size Matters' gals... right on! As hot as it is here, we should be able to go topless!

her to do fishing reports on ing of tops, Regina will give you the shirt off her back. not literally, but every guest that goes fishing gets a cool 'Size Matters' shirt and a swag bag with some great souvenirs. You have probably seen her

quite a compliment when she sees her shirts being area. She worn at the local watering holes. Hog Heaven has put 'Size Matters' Style Sauce, inspired by Regina, on the menu. It's Chef created,

and Captain approved. When Regina isn't filling coolers with snapper or mahi, she keeps busy with local construction projects (she helped with the pavers at the Legion 333, a fantastic job there), giving to charity events and fishing in tournaments. She helps Santa as assistant coordinator for the Toys For Tots drop-off spots from Islamorada to Marathon, and still finds time for her husband, their 2 grown sons and their 3 dogs. Because it is the size of the heart that really matters, thank you Captain Regina for your heart of

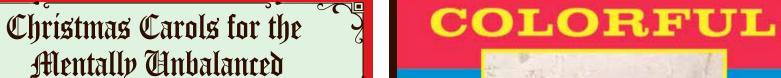
around town, she says it's

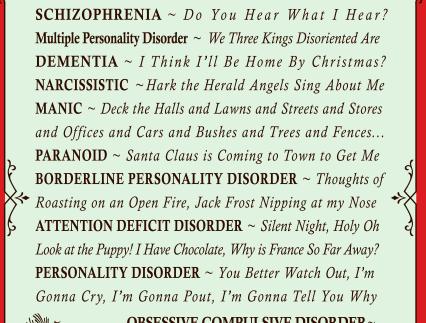
Ready to catch some fish? Reach Captain Regina at capt.sizematters@gmail.com or call 305-731-0880, on Facebook/Capt.Regina or behind Old Tavernier-Conch Harbor MM90.

gold.









OBSESSIVE COMPULSIVE DISORDER~ Jingle Bells, Jingle Bells, Jingle Bells,

Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells, Jingle Bells,

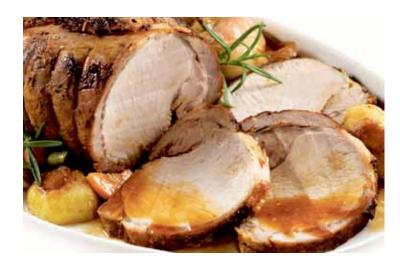


WE LIKE COLORFUL!

The Coconut Telegraph now has more color pages than ever before. Enjoy it, and if you're an advertiser, (or would like to be), call us to find out what your ad would cost in color. It's surprisingly affordable! 305-304-2837

The Mangrove Galley by Sandi Mieszczenski

Sandi's recipes are featured here monthly. For previous issues go to http://www.theconchtelegraph.com.



Oh my, what to have for Christmas dinner. If you're tired of Turkey from Thanksgiving and a standing rib roast is out of the question, how about a nice easy pork roast with a special glaze? By the time Christmas day gets here, most everyone I know is tired out. Pair this tasty dish with baked sweet potatoes and a squash casserole, and enjoy the day as they all bake in the oven together at one time. Enjoy!

ROAST PORK WITH ORANGE, HONEY AND ROSEMARY GLAZE

2 to 2.5 lb. pork sirloin roast garlic cloves sprigs of fresh rosemary 1 fresh lime cracked pepper

Glaze

4 Tbls frozen orange juice concentrate 2 Tbls honey chopped fresh rosemary

With a sharp paring knife, cut multiple slits into the roast. Stuff each slit with a garlic clove and a sprig of rosemary. Use as much or as little as you prefer. Squeeze the lime over the roast and sprinkle with fresh ground pepper. Insert a meat thermometer in the roast in the meatiest part. Bake the roast in a 350 degree oven for about 35 minutes per pound. The thermometer will tell you when the meat is done.

Mix the glaze together and brush over the meat twice during the last 40 minutes of baking time. Let the roast cool for 5 to 10 minutes before slicing.

If you decide to add the sweet potatoes and squash to the meal, remember that their baking time will be a little longer than usual due to the multiple items in the oven.

Aren't we forgetting the true meaning of Christmas?

You know, the birth of Santa.

— Bart Simpson



Coconut Telegraph resolve to



Once again, we come to the holiday season, a deeply religious time that each of us observes, in his own way, by going to the mall of his choice.

—Dave Barry

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problem is.

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Hunk of the Month - Fred Taylor

The Coconut Telegraph is proud to present Crystal Health and Rehab Center's Administrator as Hunk of the Month. Under his management the facility (formerly known as Plantation Key Convalescent Center) has currently achieved a high satisfaction score with the community, stakeholders, families, vendors, and others as Taylor has created a collaborative approach to all aspects of the facility's functioning and presence in the Upper Keys community. Fred Taylor is a warm and kind hearted individual who is perfect for his position. Fred Taylor is a highly decorated retired Army combat veteran who has been awarded 3 Purple Hearts!

See the sidebar for a list of his military accomplishments.

When I met Mr. Taylor I asked him how he happened to get 3 Purple Hearts and our readers would be curious... He replied, "You've heard of chick magnets? Well I'm a lead magnet."

Thank you for your service Fred Taylor and thank you for making our community a better place.



Crystal Health and Rehab Center

FRED TAYLOR

Served with the First Cavalry Division (Airmobile) in Vietnam; was wounded on 3 occasions and received 3 Purple Hearts for combat wounds.

He served as an Infantryman and Combat Team Leader, and was awarded the Combat Infantryman Badge, for combat experiences.

Taylor was awarded the Vietnamese Cross of Gallantry, Air Medal, National Defense Medal, Good Conduct Medal, Vietnam Campaign Medal, and Vietnam Service Medal. He was inducted into the Florida Veterans Hall of Fame for his combat record in 2016.

Taylor was awarded the Florida Governor's Medal of Merit by Governor Rick Scott in 2018, and then the Order of Saint Maurice, by the National Infantry Association, which is the highest infantryman's award they present.

He was elected National Commander of the Military Order of the Purple Heart (2000-2001) and Elected National Commander of the Combat Infantrymens' Association for 2017-2018.

In 2000, Taylor was selected by AIPAC to be a join a 10-person USA delegation to tour military installations and meet with Israel government representatives, military leaders, and civilians, in order to enhance the understanding of the threats to Israel and the volatile condition that existed. The same year, he was selected as the USA Delegate to the World Veterans' Council in Paris, where 88 nations were present.



Taylor was selected by Army Chief of Staff, Gen. Creighton Abrams, to serve a 4-year term at the Pentagon on the prestigious Army Retiree Council (1974-78).

Veterans/Military Organizations: American Legion (51 Years); VFW (Life Member); DAV (Life Member); Paralyzed Veterans of American (Life Member); Vietnam Veterans of America (Life Member); Life member of Combat Infantrymens' and the National Infantry Associations; Association of the United States Army; Life member of Non-Commissioned Officers and First Cavalry Division Associations.



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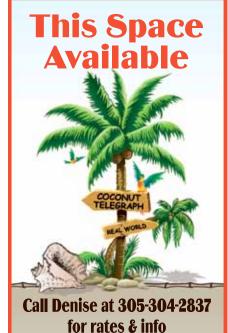
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Key Largo Map Page



ON THE MAP















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OH WHAT FUN IT IS TO LIVE IN SUNNY F.L.A.

JINGLE BELLS COCONUT SHELLS DOLPHINS IN THE BAY.

OH WHAT FUN IT IS TO LIVE IN SUNNY FLA.

ORANGE JUICE STANDS MICKEY MOUSE LAND GATORS IN YOUR WAY.

OH WHAT FUN IT IS TO LIVE IN SUNNY F.L.A.

CROWDED SHOPPING MALLS. LOTTO AND BINGO NAILS.

SUNSHINE THAT'S TOO HOT. A FOOTBALL TEAM THAT'S NOT WHEN SANTA HITS THE SHORE HE FINDS JELLYFISH GALORE.

OH WHAT FUN IT IS TO LIVE IN SUNNY F.L.A.

Ten-year-old wins Robert-James Sales **Redbone Celebrity Tournament**

by Jill Zima Borski



Ten-year-old Caleb 31st annual Robert-James Sales Redbone Celebrity Tournament on Nov. 3, an Islamorada event that and benefits the treatment and cure of cystic fibrosis.

Bokor won the junior division as well, and caught the most bonefish with eight. He competed in a field knew exactly what he was of nine other boats with two-person teams. In all, ten fisherman.' ... It was beautiteams caught 102 redfish and 61 bonefish in two days of fishing.

Caleb, who has partici-Bokor of Islamorada won the pated in and won many Keys tournaments, fished with his father Jim Bokor, Sr., of Buffalo, NY and Islamorada. Jim is a 5-time Roberttargets redfish and bonefish James Sales Redbone Celebrity Series winner., and he won the senior division in this Redbone event.

Bokor said of his son, "I was watching him fish, and he doing; I thought 'He's a real ful." The Bokors were guided by Capt. Richard Black of Islamorada.

Meet a few of the animals who are currently available for adoption at

the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home, stop by or call. The Shelter is

Adopt a Key Largo Animal Shelter Pet



























A simplified urine test that may be useful for at least some of us men... Go outside and pee in the yard.

If ants gather: diabetes.

If you pee on your feet: prostate.

If it smells like a barbecue: cholesterol.

If when you shake it,

your wrist hurts: osteoarthritis.

If you return to the house with your junk still outside your pants: Alzheimer's



Get your relatives speaking to one another again by sending a heartfelt Christmas card with a picture of your family with an extra child nobody knows.







The nice part about

living is small town

that when you don't

know what you are doing

someone else does.

Just bought my first live

Such a nice young man!

Christmas tree. The guy told me if I give it a lot of light

and water he will come back in February and haul it away.

> I'm trying to get into the Christmas spirit... but the damn bottle won't open!

WHO TOLD YOU IT WAS A REAL

conditions at work are frightf

BUSINESS IN THE KEYS

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The Conch Republic

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Six Signs Your Partner is **Emotionally Unavailable**

by Dawn Wiggins, Ed.S.

One of the most important bonds you have in a relationship is your emotional connection with your partner. Emotional unavailability can have a very negative impact on the security of your partnership.

1. Lack of Future Planning

One of the best parts of being in a committed relationship is planning your future together. If you've been together for a while, but there's a lack of intent with setting goals, it can indicate an emotional disconnect.

2. Shutting Down

Conflict in a relationship is normal, healthy even. Regular dismissal of your feelings during conflict points to some work that needs to be done.

3. No Availability

If it doesn't feel like time together is prioritized by your partner, it can mean they aren't emotionally invested in you or the relationship.

4. Lack of Depth

If you find it challenging to make it past oneword responses, your partner could be having detachment issues. Being met with indifference or apathy when you're trying to dig below the surface can be symptomatic.

5. Partner is Inconsiderate

Does it seem that everything revolves around them? Having your own



Dawn Wiggins, Ed.S. Licensed Marriage & Family Therapist Boca Raton • Key Largo • Online 561-221-5575 99353 Overseas Hwy #16 Key Largo, Florida 33037

needs left in the dust while the focus is repeatedly placed on your partner can be draining.

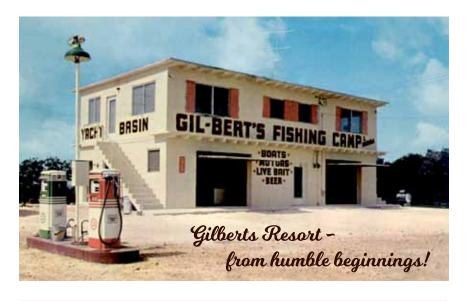
6. You're Working too Hard

If the amount of energy you put in always seems to exceed your partners, they may not be emotionally invested.

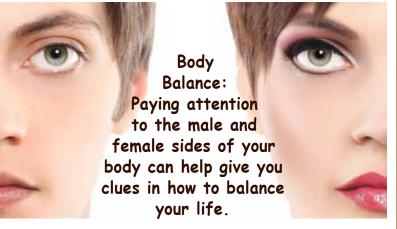
Talking with your partner is an excellent place to start. Often, your partner may not even realize the impact their lack of emotional depth is having on you and the relationship. Allowing your partner the chance to address the problem can make all the difference.

GREAT TRUTHS ABOUT GROWING OLD

- 1) Growing old is mandatory; growing up is optional
- 2) Forget health food you need all the preservatives you can get.
- 3) When you fall down, you wonder what else you can do while you're down there.
- 4) You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.
- 5) It's frustrating when you know all the answers but nobody bothers to ask you the questions.
- 6) Time may be a great healer, but it's a lousy beautician.
- 7) Wisdom comes with age, but sometimes age comes alone.



Masculine and Feminine Sides of the Body



If you look in the mirror and view your profile from each side, you may notice that the two sides of your face are slightly different from one another. Additionally, your left hand is similar to but different from your right hand. In fact, these subtle differences pervade both sides of your entire body. Considering these differences in the context of the idea that the right side of your body is masculine and the left side feminine may shed some light on how balanced you are in relation to your masculine and feminine qualities.

Intuition, feelings, openness and unselfishness govern the feminine side of our natures. The masculine side is characterized by logic, facts, systems, and self-interest. If you are giving too much to others to the detriment of yourself, your feminine side may be overactive and your right side may need strengthening, to speak up on your behalf, protecting and conserving your energy. If your life is too

rigidly structured, your masculine aspect may be overactive; developing your feminine aspect will bring a more open-ended and creative approach.

Maintaining harmony between the left side and the right side, the feminine and masculine, is a key to wholeness. We can foster awareness of our own relative state of balance by tuning in to our bodies.

You may find that most of your ailments, from acne to muscle tension, occur on the left side of your body. This might indicate that your feminine aspect is out of balance. Similarly, if you notice a lot of tension in your right shoulder, perhaps your masculine side is overtaxed or weakened. Just noticing an imbalance is the beginning of healing it.

Some imbalances may be long-standing, and it may take time to bring your system into equilibrium. Remember to be gentle with yourself and listen to your body.

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Coco'Nut' Funnies

bucks one day comparing

Greek mentions "We built

the Pantheon, you may re-

call, along with the Temple

"Well, it was the Irish

"But it was the Greeks

who gave birth to advanced

Irish who built the first

"Keep in mind that it

invented the notion of sex

"True enough, but it was

as a pleasurable activity!"

the Irish who got women

that discovered the Sum-

mer and Winter Solstices."

Over a double latte, the

their two cultures.

of Apollo."

mathematics."

timepieces."

involved."

"To get into Heaven," St. Petersays, "you must have something on you that represents Christmas to get in."

The Englishman flicks on hislighter and says "It's a candle." St. Peter let's him pass.

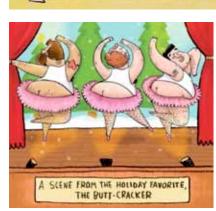
The Welshman jingles his keys and says they're jingle bells. St Peter nods and lets him pass.

Then Paddy steps up to the door and pulls a bra out of his jacket pocket. St. Peter says, "What has this to do with Christmas?"

Paddy answers: "They're Carol's."









Three men die on Christmas eve.

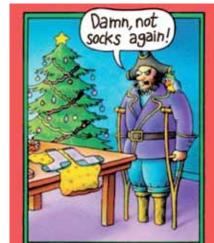
(This is just like my day)
(atwork... I do all the takes all the credit!

An elderly, but hardy cattleman from Texas once told a young female neighbor that if she wanted to live a long life, the secret was to sprinkle a pinch of gunpowder on her oatmeal each morning. She did this religiously and lived to the ripe old age of 103. She left behind 14 children, 30 grandchildren, 21 great grandchildren, five great great grandchildren and a 40-foot hole where the crematorium used to be.



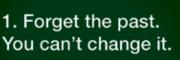


- 1. Forget the past.
- 2. Forget the present I didn't get you one.



"Granted, but it was the Knowing that he's about to deliver the coup de grace, the son of Athens points out with a note of finality: was the ancient Greeks who

Elfie Stick







Young Jesus at bath time.

A psychiatrist was conducting a group therapy session with four young mothers and their small children.

Looks like Somebody got a SNOW job for

Christmas

A woman and her 12

year old son were riding in

an Uber in Miami. It was

raining and all the prosti-

awnings.

doing?"

tutes were standing under

"Mom ," said the boy,

"what are all those women

'They're waiting for

The driver turns around

The little boy's eyes get

After a few minutes the

She said, "Most of them

their husbands to get off

and says, "Geez lady, why

truth? They're hookers,

boy! They have sex with

wide and he says, "Is that

His mother, glar-

kid asks, "Mom, if those

happens to them?"

become Uber drivers."

women have babies, what

ing hard at the driver,

don't you tell him the

work," she replied

men for money."

true Mom?"

answers, "Yes."

"You all have obsessions," he observed. To the first mother, Mary, he said, "You are obsessed with eating. You've even named your daughter Candy."

He turned to the 2nd mom, Ann, and said, "Your obsession is with money. Again, it manifests itself in your child's name, Penny."

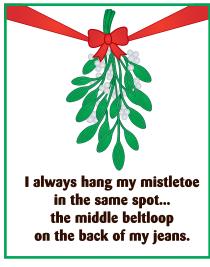
He turned to the 3rd mom, Joyce. "Your obsession is alcohol. This too shows itself in your child's name, Brandy."

At this point, the fourth mother, Mrs. Smith, quietly got up, took her little boy by the hand, and whispered, "Come on, Dick, this guy has no idea what he's talking about. Let's pick up Peter and Willy from school and go get dinner."

I dressed my dog up for Christmas



How cute and festive



During this holiday season, people of all faiths should remember these four great religious truths:

- 1. Muslims do not recognize Jews as God's Chosen People.
- 2. Jews do not recognize Jesus as the Messiah.
- 3. Protestants do not recognize the Pope as the leader of the Christian world.
- 4. Baptists do not recognize each other at the liquor store.



CO-WORKERS ARE LIKE CHRISTMAS LIGHTS. THEY ALL hang together, but half of them 🔊 DON'T WORK AND THE OTHER HALF ARE NOT SO BRIGHT.

Dear Santa, I've been good all year. Most of the time. Once in a while. Never mind, I'll buy my own stuff.

I'm starting up a new restaurant that serves curry poured over french fries. It's called "Curry On My Wayward Spud." And yes.. There'll be peas when you are done.









ABOUT THE CARTOONIST, RODNEY NELSON: After coming to the Keys many times, he moved here in 1969 at age 11. He tried different jobs before becoming a full-time artist in his late twenties. He enjoys the versatility it requires to survive as an artist in such a small community, and does airbrushing to glass etching; cartoons to fine art.

Grandma and Grandpa were visiting their kids overnight. When Grandpa found a bottle of Viagra in his son's medicine cabinet, he asked about using one of the pills. The son said, "I don't think

you should take one Dad, they're very strong and very expensive.

"How much?" asked Grandpa "\$10 a pill," came the answer.

"I don't care," said Grandpa, "I'd still like to try one, and before we leave in the morning, I'll put the money under the pillow."

Later the next day, the son found \$110 under the pillow. He called his Grandpa and said, "I told you each pill was \$10, not \$110."

"I know," said Grandpa. "The hundred is from Grandma!"







"Cherish this moment, because clearly our parents are getting a divorce."



When students took the entrance exam for medical school, they were perplexed by this question: "rearrange the letters p-n-e-s-i to spell out the part of the human body that is most useful when erect."

Those who spelled spine became

The rest are in Congress.

Just a reminder: Walmart will be closed on Christmas Day so both cashiers can be with their families.





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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 ECLIPSE 1-6	2 HAPPY HOUR 4-7 PM MON- FRI	3 HAPPY HOUR 4-7 PM MON- FRI	HAPPY HOUR 4-7 PM MON- FRI	5 HAPPY HOUR 4-7 PM MON- FRI	BOBBE BROWN 12-4 BACKWATER 7-11	7 UNCLE SMOKEY 1-5 SHANE DUNCAN BAND 7-11 WITH MICHAEL TRIXX ON STAGE AT 8:30
8 TRIP MACHINE 1-6	9 HAPPY HOUR 4-7 PM MON- FRI	STAFF XMAS PARTY CLOSING AT 5PM	11 HAPPY HOUR 4-7 PM MON- FRI	12 HAPPY HOUR 4-7 PM MON- FRI	BOBBE BROWN 12-4 GREEN MEANS GO 7-11	CAT DADDIES 1-5 THE DROPOUTS 7-11 TRIXX MAGIC 8
15 APACHE DRAGON 1-6	16 HAPPY HOUR 4-7 PM MON- FRI	HAPPY HOUR 4-7 PM MON- FRI	18 HAPPY HOUR 4-7 PM MON- FRI	HAPPY HOUR 4-7 PM MON- FRI	BOBBE BROWN 12-4 UNCLE SMOKEY 7-11	STATIC 1-5 DOUBLE DOWN 7-11 TRIXX MAGIC 8
SILVERSPINE 1-6	HAPPY HOUR 4-7 PM MON- FRI	CHRISTMAS EVE CLOSING AT 8PM	MERRY CHRISTMAS BOBBE BROWN 1-5 & 6-9	26 BOBBE BROWN 12-4 6-10	BOBBE BROWN 12-4 THE GROOVE 7-11	UNCLE RICO 1-5 SHADOW CREEK 7-11 TRIXX MAGIC 8
MR. STIXX AND THE SPURIENCE 1-6	30 HAPPY HOUR 4-7 PM MON- FRI	31 _{HAPPY NEW YEAR} BOMBSHELL 7:30-12:30 CHAMPAGNE TOAST AND FAVORS AT MIDNITE!!	NEW YEARS DAY MR.STIXX AND THE SPURIENCE 1-6	Join us Saturday, Dec. 7 when we welcome back Shane Duncan Band for a special show, with the band performing live music for the Michael Trixx Magic Show — Michael and the band live on stage for his amazing show. You don't want to miss this duo!		

Sundays are Fun Days at Gilbert's Tiki Bar!



ECLIPSE Sunday, Dec. 1 1-6 pm TRIP MACHINE Sunday, Dec. 8 1-6 pm





THE REGS Sunday, Dec. 15 1-6 pm SILVERSPINE Sunday, Dec. 22 1-6 pm





MR. STIX &
THE SPURIENCE
Sun., Dec. 29, 1-6 pm