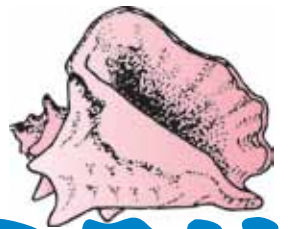


# The Conch Republic COCONUT TELEGRAPH

**FREE**  
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Lodging • Humor  
Entertainment



THE COCONUT TELEGRAPH IS PROUD TO BE THE OFFICIAL NEWSPAPER OF THE NORTHERNMOST TERRITORIES OF THE CONCH REPUBLIC

101425 Overseas Hwy. • PMB #628 • Key Largo, FL 33037 • 305-304-2837 • [www.theconchtelegraph.com](http://www.theconchtelegraph.com) • March 2019

 *Happy*   
*St. Patrick's Day*

**Inside:**

## Attractions

Le Tour de Keys , April 5th  
Hair Removal for Men

**What's Hot & What's Not**  
Medical Marijuana in the Keys

## Maps

Key Largo Locator Map Page  
Getting from Here to There

## All the Buzz

Around Town  
Dawn Wiggins, Ed. S.  
Coco-Nut Funnies  
Conch Characters  
Business in the Keys  
The Mangrove Galley  
Classified Ads

Cartoons by Rodney Nelson



Stop by Miracle Leaf at MM 100.7 by the Tower of Pizza to learn about Medical Marijuana and start the process to get your card. Owners David & Cindy Chandler are friendly and knowledgeable. See our article on page 9.



**ON THE BEACH • MM 99.5 BAYSIDE  
KEY LARGO • 305-451-3380**

**Live Music • Happy Hour • Sunset**

**World class entertainers, in Key Largo on the beach.  
It doesn't get any better than this!**

Check the calendar at <http://keylargo-baysidegrill.com/sunset-bar/>



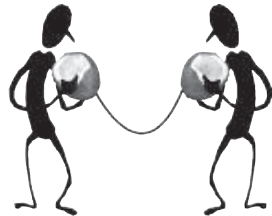
## Celebrate Sunset!

**Live Music Monday through Saturday,  
fantastic Keyribbean cuisine  
and Happy Hour specials.**



**Coconut Telegraph**  
March 2019  
Volume 13 Issue #151  
Prestige Publishing, Inc  
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Key Largo, FL 33037

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for the  
Coconut Telegraph's  
next issue is  
**Friday,**  
**March 15, 2019**  
Contact Denise at  
305-304-2837  
theconchtelegraph@gmail.com



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"I don't think I get enough credit for the fact that I do all of this unmedicated."

The Conch Republic  
**COCONUT TELEGRAPH**  
Independently Owned Local Newspaper  
305.304.2837  
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Key Largo, Florida Keys 33037

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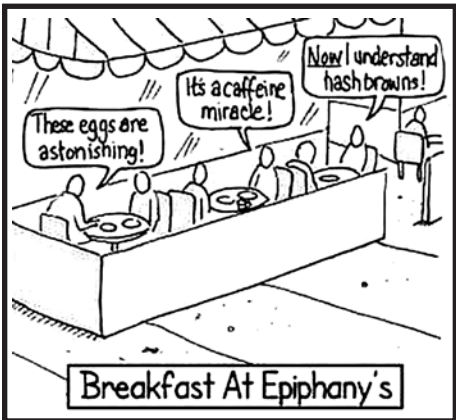
## Editorial: Cruise to Nowhere

**Avast ye mateys!** All aboard the Key Largo Moose Cruise to Nowhere. X marks the spot, see the ad on page 15.  
The public is invited to this spectacular event. Boarding passes are available at the bar for the amazing smorgasbord, but if you aren't hungry stop by anyway and partake of the festivities.  
Live cruise music with Tim Dressing, photo opportunities, silent and Chinese auctions, raffles and souvenirs available. This is a good time to wet me pipe. Grab some grog!  
Dress up if you like in your favorite cruise wear, be a pirate, Captain Ron attire or

come as you are. We're raising some money to fix the tiki bar that got clobbered in Hurricane Irma.  
Keep those Treasure Map answers coming. We have lots of gift certificates for you to win. Congratulations to our 1st winner, Sue Brown from Spain. She won a gift certificate to Jimmy Johnson's Big Chill!  
We will start working on the Islamorada map this month. Call now to reserve your place. You can now get the Coconut Telegraph at these new locations in Islamorada, Hooked on Books, Publix and the Lorelei and as always The Trading Post, Capital Bank and the OV.



The new Coconut Telegraph distribution box at the Lorelei.



**I'M AT THAT AGE WHERE MY MIND STILL THINKS I'M 29, MY HUMOR SUGGESTS I'M 12 WHILE MY BODY MOSTLY KEEPS ASKING IF I'M SURE I'M NOT DEAD YET.**

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For those arriving to the Gilbert's party fashionably late, you can park on the main access road and take the FREE air-conditioned shuttle to and from Gilbert's on Saturdays and Sundays from noon-8pm.

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# The Coconut Telegraph's Key Largo & Tavernier Treasure Map is Here!



**We will be doing a map in Islamorada... watch for details!**

The printed 28"x22" map is available at Key Largo Chamber of Commerce, The Big Chill, Gilbert's Resort, American Legion, The Moose, Pilot House, The Catch, and other advertiser locations listed on the map. It's also available for download at [theconchtelegraph.com](http://theconchtelegraph.com)

Kudos to artist **Rodney Nelson** on completion of this amazing work!

See his caricatures of Keys characters as well as drawings of local landmarks, businesses, building, vehicles, boats... plus some visual jokes and fun!

Hundreds of dollars worth of prizes will be awarded to those who can find the hidden secrets and intentional mi\$takes throughout the map.

**ENTER THE CONTEST AND WIN PRIZES!**

Find all 12 hidden objects. Email your answers to [TheConchTelegraph@gmail.com](mailto:TheConchTelegraph@gmail.com). Be sure to include your name, address and phone number, and we will mail your prize if you win. Contest ends when all prizes are gone. One winner per household. Use the alpha/numeric grid located at the top and right of the map to pinpoint the center of the hidden object. **GOOD LUCK!!!**

**Voted Best Happy Hour in the Keys! 4-7 Daily**

**WEDNESDAYS: 20% LOCALS DAY**

Pilot House Restaurant:



**As seen on Diners, Drive-Ins and Dives on Food Network!!**

Episode: "Succulent Sandwiches"

This trip, Guy Fieri's diggin' into succulent sandwiches! In Oakland, a real-deal butchery stacking up killer cheesesteak and off-the-chain chicken. In Modesto, Calif., a funky food truck putting pastrami on pretzel bread and cooking pulled pork in root beer. **And in Key Largo, Florida, a seafood staple servin' up a sandwich that's become a local legend.** (Episode: DV2407H)

Check out our Local's Loyalty Program:

**Get your Pilot's License today!**



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KEY LARGO, FLORIDA





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*A La Carte Brunch*

**11 am - 2 pm Every Sunday**

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**\$899,500**



Key Largo canal front home with open concept living. 3/2 upstairs. Lots of natural light and cathedral ceilings. Spacious living for all your entertaining, plus a beautiful screened porch overlooking a wide canal.

**1500 Ocean Bay Dr • Key Largo**  
**\$339,000**



Townhouse in Kawama Yacht Club. 3 levels in a private corner of K building. Very well maintained unit with great rental history on winter time. Perfect resort for the whole family with many amenities.

**104350 Overseas Hwy • Key Largo**  
**\$550,000**



#C-15 Bayfront townhouse with deeded boat slip! Lovely Moon Bay unit with weekly rentals allowed. Beautiful sunset views.

**117 Burgundy Dr • Key Largo**  
**\$545,000**



Beautiful stucco covered double wide mobile, 3/2 with a nice open floor plan and recessed lighting. Tile floors throughout, Granite counter tops and upscale appliances. Separate laundry room.

**421 Bahia Honda Rd • Key Largo**  
**\$449,000**



Great Weekender! Brand new floors, dry-walls, granite countertops, new wood kitchen cabinets, new appliances, electrical all updated, windows, new roof. Everything has been re-done to make this a LIKE NEW HOME ready to move into,

**32 Pirates Drive • Key Largo**  
**\$325,000**



Cute 2/1 single family home, right across from the boat ramp. Keys cottage in a great neighborhood. Great starter home very well maintained. Has hurricane shutters, pretty new partial metal roof and updated cement roof. This would also be a great weekend home. Nothing to do here but move in.

**9824 Mariners Ave - 110**  
**\$575,000**



3/2 Landings of Largo condo with all the bells and whistles plus a deeded boat slip with lift. Views everywhere. Walk across to the pool or very near to the Marina. A top location for Keys living. Weekend or full time, for you & your family.

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It's critical to select the right real estate professionals to help you buy or sell in today's changing market. We're familiar with homes selling in the Upper Keys and can offer great tips. Want to know what your home is worth in today's market?

Call us for a no-obligation consultation to learn your home's top market value.

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**OWNER**  
  
**Wendy: 305-394-1376**  
GRI

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**VISIT US IN OUR OFFICE AT 102901 OVERSEAS HWY, MM 102.9 OCEANSIDE**



Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home, stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.



Star



Calvin



Joyce



Valentino



Tabitha



Dexter



Jessica



Misty



Hercules



Oliver

KEY LARGO MOOSE LODGE

SNOWBIRD APPRECIATION DAY

Saturday, March 23  
3pm til?

Tiki Hut BBQ

Games • Prizes • 50/50 Raffle

Members and guests welcome

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MM 98.8 JOIN TODAY & STAY! 305-451-1333  
mile marker 98.8 in the median



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Saturday • 4 PM

March 30

Swaying Sounds  
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CONDUCTOR: Hulber Gagliardini

GUEST PERFORMERS: Mangrove Swamp Band

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A special show of fine art and photography  
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to visit the outstanding

Keys History & Discovery Center at the Islander Resort  
Mile Marker 82.1 Overseas Hwy., Islamorada, Florida



Every Wednesday - Sunday  
March 6th through March 24th, 2019  
10 a.m. - 5 p.m.

Please come vote on our "Peoples' Choice Art Award"  
and Enter a Raffle to WIN an Original Piece of Art.

Also during March, Art Guild of the Purple Isles  
has its Joe Cella "Birds in Nature" exhibition at  
Ocean Sotheby's Everglades Room at MM 81.8 Bayside,  
March 5 through March 22 from 9am to 5pm.

A very exciting venue for our artists who are doing  
fantastic works for the special show.





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- **MAKE YOUR APPOINTMENT TODAY WITH OUR DOCTOR, JUST CALL OR EMAIL !**
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**The Key Players**  
a 501(c)3 organization promoting COMMUNITY THEATER in the UPPER KEYS presents

## 40 YEAR ANNIVERSARY

★★ 40th Celebration on March 9th; Early 7pm Curtain ★★

\$30 ticket includes: the performance, one drink ticket, assortment of hors d'oeuvres, and an after party meet-and-greet with past and present Key Players' cast & crew. Produced in conjunction with

**the Dixie Swim Club**

a jones hope wooten comedy  
Produced by arrangement with Dramatists Play Service Inc.

Producer/Director **Jonelle Kop**  
Assistant Director **Craig Zabransky**

**Murray E. Nelson**  
Gov. & Cultural Center  
102050 Overseas Hwy. Key Largo

Opens one hour before curtain time; seating one-half hour before curtain time.

THURS. Feb. <b>28</b> 7:30 PM	FRI. Mar. <b>1</b> 7:30 PM	SAT. Mar. <b>2</b> 7:30 PM	THURS. Mar. <b>7</b> 7:30 PM	FRI. Mar. <b>8</b> 7:30 PM	2019 SAT. Mar. <b>9</b> 7 PM EARLY CURTAIN & SPECIAL \$30 TICKET ★★
--	-------------------------------------	-------------------------------------	---------------------------------------	-------------------------------------	--

**Admission \$15 at the Ticket Outlets • \$18 at the Door & Online**  
**All tickets for March 9 are \$30, no advance discount.**

Advance tickets available at these locations, or online:

Key Largo Chocolates & Ice Cream MM 100.5 (Cedar Towers Plaza) MM 99.3 Plaza 88, Islamorada MM 88

Shear Paradise PostNet Store

**More info/online tickets: [www.thekeyplayers.org](http://www.thekeyplayers.org)**



**Can it help you?**

There is enough information on medical marijuana and CBD oil that you could create a library. It is quite a learning process. Here are the basics.

Hemp and cannabis contain cannabinoids that are known to help people that suffer from cancer, epilepsy, glaucoma, HIV/AIDS, Post-traumatic stress disorder, ALS, Chrohn's disease, Parkinsons disease, MS, chronic pain, body weight regulation, insomnia and other conditions. There are 2 types of cannabinoids CBD and THC. CBD or cannabidol has been around for ages and has gained popularity in recent years. You do not need a medical marijuana card to purchase CBD oil. David and Cindy Chandler co-owner's of Miracle Leaf in Key Largo (next to Tower of Pizza) are experts and advise us when purchasing CBD to make sure it is "full spectrum, is from the USA and is 3rd party tested. David Chandler grew up in the Keys and he and his

wife Cindy live in Key Largo.

CBD oil is popping up in health food stores, head shops, gas stations and multi-level marketing sales-people preying on uninformed people. One guy I know hawks it at the local bar!

All Miracle Leaf products are of the highest quality. Choose from gummys, coffee, tea, soda, patches, vapor products, creams, salves, hemp flower buds, soaps, bath bombs and tincture oils from 300 mg to 3,000 mg. You cannot overdose on it. Ask David or Cindy what product is best for you. They recommend Keys Kritter's, right next door for CBD pet products. Yes, animals benefit from it too!

THC or tetrahydrocannabinol is the marijuana that gives you a high and is preferred by many people. David says that most, in fact 65% of their patients are 60 years and older. You must obtain a Medical Marijuana Card to purchase the product.

Step 1. Call 305-854-9909 and make an appoint-

ment with the doctor.

Step 2. Arrive for your appointment 30 minutes early and the Miracle Leaf technician will have you fill out paperwork and will explain the fees. This is still a whole lot better than getting caught without a card, spending the night in jail and the cost of a lawyer.

Step 3. When you get notification by email that your card has been approved (it takes a few days) you can call the dispensary 844-878-5438 and pick out a

product. There are multiple strains of THC but the basics are Sativa: energy, uplift; Indica: relaxation; and Hybrid: combination of both. You will find that the products will last you months with regular usage. Your order can be picked up at the Miracle Leaf office in Key Largo. Special discounts for veterans.

As usual you must see the doctor once a year for a check up to renew your card.

For more information stop by Miracle Leaf.

## CLARIFICATION

### CANNABIS HAS TWO SPECIES



SPECIES I

#### HEMP

contains 20%+ CBD  
contains less than 0.3% THC



SPECIES II

#### MARIJUANA

contains 10%+ CBD  
contains more than 20% THC

**Species I is a HEMP EXTRACT with all the cannabinoids except for THC, which means it has all the beneficial properties of cannabis without the HIGH!**



**MIRACLE LEAF**  
HEALTH CENTERS  
305-854-9909

Stop by today for the inside scoop on all things Medical Marijuana. See David & Cindy on the Key Largo Treasure Map.





**THE PLACE TO WATCH**  
**COLLEGE BASKETBALL**  
**NCAA**  
**MARCH MADNESS**

**35 HD-TVS, FOOD & DRINK SPECIALS FOR ALL GAMES!!**

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AT FISHERMAN'S CAVE  
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SEA SPORTS BAR  
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*welcome*

**MM104 B/S - Key Largo**

**305.453.9066 | [www.jjsBigChill.com](http://www.jjsBigChill.com)**





**Main Attraction** won top honors at The 29th Annual Cheeca Lodge & Spa Presidential Sailfish Tournament this year. 73 anglers fishing on 19 boats released 82 sailfish during the Cheeca Lodge & Spa’s tournament, the third leg of the Florida Keys’ Gold Cup Series.

Team *Main Attraction* earned overall champion honors, releasing a total of ten sailfish. Team members included Mark Busch, Clint Rodamer, Daniel Roberts and Shelby Bentley, all from Marathon, Florida. Outstanding Captain and Mate Awards went to *Main Attraction* Captain Marty Lewis and Mates Clint Rodamer and Danny Lombardo.

The Grand Champion Angler Award, sponsored by Caribee Boat Sales and Marina, went to Mike Varney of Key Largo.

# SHIPWRECKS

OPEN 11:00 AM to 9:30 PM EVERY DAY

## KEY LARGO'S HIDDEN TREASURE!

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Sunday - Live Music 2-6 pm

**FRIDAY NIGHT FISH FRY 5-9 pm**

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▶▶▶ \$1 Drafts ◀◀◀

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**Fun Fact:** Pufferfish release a toxin when they puff out that is meant to impair the attacker so they can safely escape. This doesn't work on dolphins in the same way, it actually gets them high. So they purposely inflate the fish and pass them around to their dolphin friends for fun.

## Party in a Cooler Raffle

Proceeds benefit Elks Charities

Six Additional Prizes—Grey Goose, Pinch, Jack Daniels, Crown Royal, Makers Mark, Pussers 1.75L each

Total Value over \$1,500

Must be 21 years of age to participate in the raffle

Please purchase your tickets at the Florida Keys Elks Lodge 92.6mm

7th Annual Ladies Dolphin Tournament June 7th & 8th – Drawing June 8th

For more information Call Dianne 305-522-4868 or Denny 305-729-0509

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## SATURDAYS THIS MONTH:

**Saturday, Mar. 2**  
**UNCLE SMOKEY**  
1-5 PM

**Saturday, Mar. 2**  
**MOJO SCOUNDRELS**  
7-11 PM

**Saturday, Mar. 9**  
**UNCLE RICO**  
1-5 PM

**Saturday, Mar. 9**  
**STEREOTOMY**  
7-11 PM

**Saturday, Mar. 16**  
**SPANK THE BAND**  
1-5 PM

**Saturday, Mar. 16**  
**STATIC**  
7-11 PM

**Sat., Mar. 23**  
**RETROSKY**  
1-5 PM

**Sat., Mar 23**  
**BOMBSHELL**  
7-11 PM

**Sat., Mar. 30**  
**CAT DADDIES**  
1-5 PM

**Sat., Mar. 30**  
**WRITE SOUNDS**  
7-11 PM

# Product Review - VEET FOR MEN, Hair Removal Product

As our readers know, the Coconut Telegraph likes to review quality products that our readers might enjoy. This is not one of these products! This is an actual customer review for a real product, taken from Amazon.com (UK) \*\*

After having been told my danglies looked like an elderly Rastafarian I decided to take the plunge and buy some of this as previous shaving attempts had only been mildly successful and I nearly put my back out trying to reach the more difficult bits.

Being a bit of a romantic I thought I would do the deed on the missus's birthday as a bit of a treat.

I ordered it well in advance and working in the North Sea I considered myself a bit above some of the characters writing the previous reviews and wrote them off as soft office types...Oh my fellow sufferers how wrong I was.

I waited until the other half was tucked up in bed and after giving some vague hints about a special surprise I went down to the bathroom. Initially all went well and I applied the gel and stood waiting for something to happen. I didn't have long to wait.

At first there was a gentle warmth which in a matter of seconds was replaced by an intense burning and a feeling I can only describe as like being given a barbed wire wedgie by two people intent on hitting the ceiling with my head.

Religion hadn't featured much in my life until that night but I suddenly became willing to convert to any religion to stop the violent burning around the turd tunnel and what seemed like the the destruction of the meat and two veg.

Struggling not to bite through my



bottom lip I tried to wash the gel off in the sink and only succeeded in blocking the plughole with a mat of hair. Through the haze of tears I struggled out of the bathroom across the hall into the kitchen, by this time walking was not really possible and I crawled the final yard to the fridge in the hope of some form of cold relief.

I yanked the freezer drawer out and found a tub of ice cream, took the lid off and positioned it under me.

The relief was fantastic but only temporary as it melted fairly quickly and the fiery stabbing returned. Due to the shape of the ice cream tub I hadn't managed to give the starfish any treatment and I groped around in the drawer for something else as I was sure my vision was going to fail fairly soon.

I grabbed a bag of what I later found out was frozen sprouts and tore it open trying to be quiet as I did so. I took a handful of them and an tried in vain to clench some between the cheeks of my arse.

This was not doing the trick, as

some of the gel had found its way up the chutney channel and it felt like the space shuttle was running its engines behind me.

This was probably and hopefully the only time in my life I was going to wish there was a gay snowman in the kitchen... which should give you some idea of the depths I was willing to sink to in order to ease the pain.

The only solution my pain crazed mind could come up with was to gently ease one of the sprouts where no veg had gone before. Unfortunately, alerted by the strange grunts coming from the kitchen the other half chose that moment to come and investigate and was greeted by the sight of me, arse in the air, strawberry ice cream dripping from my bell end pushing a sprout up my arse while muttering arhhh oooooohhh that feels good ahhh. Understandably this was a shock to her and she let out a scream and as I hadn't heard her come in it caused an involuntary spasm of shock in myself which resulted in the sprout being ejected at quite some speed in her direction.

I can understand that having a sprout fired against your leg at 11 at night in the kitchen probably wasn't the special surprise she was expecting and having to explain to the kids the next day what the strange hollow in the ice cream was didn't improve my status so to sum it up, VEET removes hair, dignity and self-respect.

\*\*We looked this up. Oddly, he rated it 5 stars!!

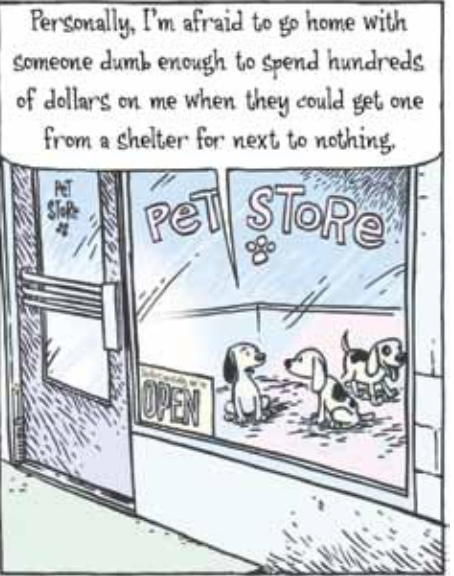
## Salvation Army Family Store

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Every Friday 6-8 pm.  
Entertainment begins 7:30 pm  
Call the lodge for the schedule

**LINE DANCE** Mondays 5 pm • **BINGO** Sundays, 5-7 pm  
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Enjoy Casual Waterfront Dining at its Finest!

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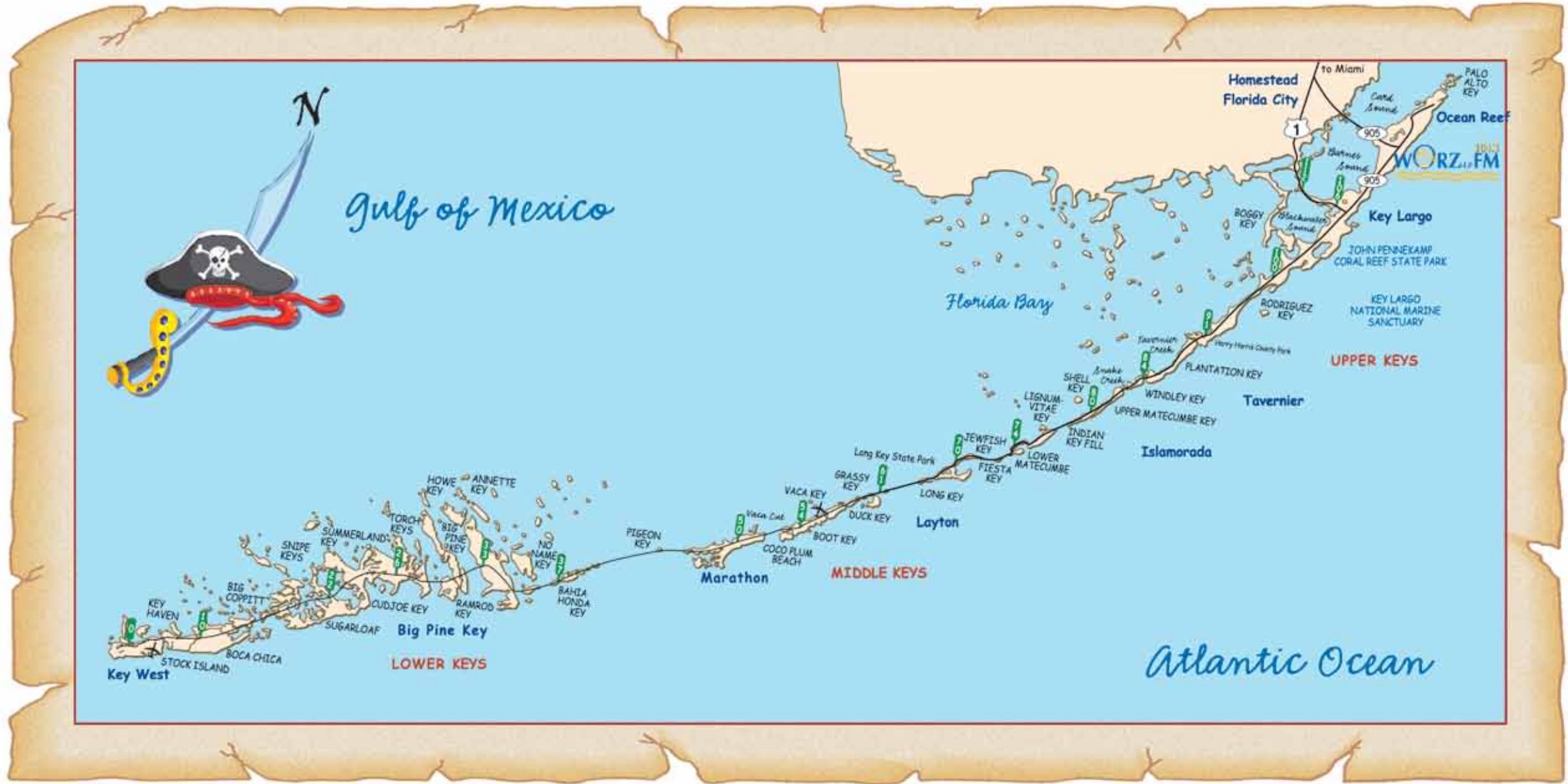
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Children under five - \$5.00

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Key Largo MM 99.8 Southbound Lane Behind Traffic Light



# Conch Characters



The Florida Keys Elks Lodge donated \$1,500. to Voices for Children of the Florida Keys through the Guardian Ad Litem program. This will help provide funds for foster children needs not provided for by State funding. Pictured left to right Susan Raffanello, Exalted Ruler Dennis Tarbell and Sandi Webb.



Triumphant Chef Michael's team took top honors in the 38th Annual Bartenders Sailfish Open. Cloud Nine's Captain Greg Eklund with mates Erik Ehlers and Jake Turek won top captain and mate awards. Angler Jonathan Cruciger was high point and won the JayAnna Cohan founder's award and \$500. The team including Laura Burns, David Kramer, Noah Bitton, Jessica Woodall and Ashli Kristin took home the Bartenders Sailfish Open trophy.



Sheriff Rick Ramsey and Pilot House GM Mark Charles at Veterans Memorial dedication.



The new band stand at the American Legion.



American Legion mascot Gumbo. Photo Alice May.



During January The Florida Keys Elks Lodge collected non-perishable food for the Coral Shores Food Pantry. Pictured with senior students Shane Dunleavy and Tara Amador are (L-R) Ruth and Lee Huenniger, Shirley and Carl Mikuletzky, and Hollis Krutulis.



Jose Sosa and Rodney Nelson painting the Key Largo Moose Tiki Bar.



Tim Dressing and John Baxter entertain at the Key Largo Moose.

CRUISE to NOWHERE Party

Saturday, March 30, 6 pm  
at the Moose Lodge 2287  
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Music by  
Tim Dressing

Buffet \$15.  
Tickets on sale  
at the Moose.

PUBLIC IS INVITED

Proceeds benefit the Moose's Tiki Bar rehab & hurricane repair fund.

Silent auction, raffles, live music, huge buffet!

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Captain Ron attire, or dress as a pirate



## The Mangrove Galley

by Sandi Mieszczenski

One of my favorite vegetables is eggplant. I am always looking for ways to prepare this delicious treat. If you are an eggplant fan as I am, I know that you will be very satisfied with this recipe.

### EGGPLANT ROLLATINI

- 2 medium sized eggplants
- olive oil
- 1 small onion finely chopped
- 2 minced garlic cloves
- 2 14 ½ ounce cans of diced tomatoes, undrained
- 2 tablespoons Italian seasoning (or four tablespoons of fresh basil and oregano if you have them)
- 2 tablespoons tomato paste
- 8 ounces mozzarella cheese slices
- 8 ounces thinly sliced prosciutto or ham \*
- ¼ teaspoon of pepper
- ½ cup grated Parmesan cheese

For the eggplant:  
Trim the ends of the eggplant and peel them. Cut into ¼ inch thick lengthwise slices. In a large skillet heat 2 tablespoons of the olive oil over medium high heat. Cook 3 or 4 of the eggplant slices in the hot oil for about 2 minutes on each side or until browned. Add more oil for the next batch. Remove the eggplant slices from the pan and place on paper towels to cool.



For the sauce:  
In a sauce pan at medium high heat, add 1 to 2 tablespoons of olive oil and cook the onion and garlic until they are soft. Stir in the undrained tomatoes, Italian seasoning, pepper and the tomato paste. Simmer covered for about 15 minutes stirring frequently. Pour the sauce into a baking dish.

To assemble the eggplant rolls, divide the prosciutto among the eggplant slices. \* I made 10 rolls from two eggplants and found that I had too much prosciutto so I just loaded it on the eggplant slices. I love prosciutto and liked the dish that way. My husband found it salty and would have preferred less prosciutto or used ham instead; it's your call. Place two mozzarella cheese slices on top of the prosciutto and gently roll the eggplant and secure with a toothpick. Place the rolls on the sauce, sprinkle the Parmesan cheese over the dish, and bake in a 400 degree oven until the cheese melts and the sauce is bubbling. Enjoy with a nice glass of your favorite Chianti.

## Divorce with Grace

If you are experiencing divorce, look into your inner heart for guidance and surround yourself with loving friends.

Like the act of marriage that binds two people together, divorce is the result of a life-altering decision. It is the dissolving of a relationship that we believed would last our whole lives. We may not even be able to articulate how we got to this place, yet we may also feel we have no choice but to sever this tie. Whatever we feel, we need the support of the friends and family who will stand by us no matter what we decide. At some point, we may need to be challenged to look deeper inside ourselves as we make this very important decision, but what we need most of all is unconditional love and loyalty.



was truly only meant to last for a short time so that we could learn something we needed to know. Whatever the case, we need friends who will allow us to linger in confusion when we don't have the answers and who will support us whether we find ways to reconcile and stay married or whether we walk away.

Divorce is a process that, once in motion, becomes difficult to stop, and this can be painful if we find ourselves having second thoughts. We may feel that we should do more to save the marriage, or we may wonder if there is something about ourselves that we could fix or change instead of going through with this painful separation. On the other hand, we may be seeing in hindsight that our marriage

Of course, the most essential ally we have lives inside our hearts and speaks to us from within. We can trust this inner guide to help us choose people who will support us in kind and loving ways as we navigate the rough terrain of confusion and loss. Sometimes all we can do is look to the horizon, remembering that we will get through this time, and no matter what happens we will once again feel whole.

Reprinted from DailyOM - Inspirational thoughts for a happy, healthy and fulfilling day. Register for free at [www.dailyom.com](http://www.dailyom.com)

## 6th Annual Le Tour de Keys Scheduled for April 5



On Friday, April 5, 2019, cyclists will "ride for the kids" the entire 125 miles from North Key Largo to Mile Marker Zero in Key West. The sixth annual event honors the work of the Florida Keys Children's Shelter, which serves over 500 youth per year across the entire 125 miles of the Florida Keys.

The event is limited to experienced cyclists who are fit to ride from Ocean Reef to Key West in one day. There is no cost to participate but riders are encouraged to raise awareness and/or funds for the Children's Shelter.

To become a participant or make a charitable contribution to the Children's Shelter, visit [TourdeKeys.com](http://TourdeKeys.com). To inquire about sponsorship opportunities, contact Jennifer McComb at 305-852-4246 x222 or [jmccomb@fkcs.org](mailto:jmccomb@fkcs.org).

**About the Florida Keys Children's Shelter:** "Safe Kids, Strong Families, and a Healthy Community" drives every facet of Florida Keys Children's Shelter programming. Serving Monroe County for 30 years, the nonprofit organization touched more than 500 lives last year through its no-cost programs: emergency shelter, group homes, community-based counseling, respite services and drop-in center for homeless and run-away youth. For more information on services or learn how to get involved, please visit [www.FKCS.org](http://www.FKCS.org) or call (305) 852-4246.

# COCONUT TELEGRAPH CLASSIFIED ADS

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### LOST & FOUND

**MISSING!!!**  
(DRAWN FROM MEMORY, MAY NOT BE TO SCALE)  
MY BIKE WAS STOLEN FROM MY FRONT LAWN LAST WEEK. IT IS A ONE-SPEED BIKE WITH A SKULL FLAG AND A LIGHTNING BOLT ON IT. THE LIGHTNING BOLT AND FLAG MAY HAVE BEEN REMOVED. THIS BIKE WAS BRAND NEW FROM THE STORE.  
**NO REWARD**  
I DON'T EVEN WANT THIS BIKE BACK. I JUST MADE THESE FLYERS TO TELL YOU THAT I HATE YOU BIKES THEIF. I HOPE YOU RIDE MY BIKE WITHOUT A HELMET AND GET HIT BY A MONSTER TRUCK. I HOPE MY BIKE TAKES YOU STRAIGHT TO HELL.

### OPPORTUNITIES

**Work-Related Hearing Loss?**  
LISTEN TO THIS!  
If your claim for hearing loss benefits was accepted by the US Dept. of Labor, you may be eligible for benefits.  
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**Talent Search**  
Can you burp or fart at will? Can you do it better than your friends? If so, apply in person at MM 110 Propane

**Avid male runner seeks female running partner.**  
Looks not important. Must be tall, slim, and attractive. 305-555-AVID

### SERVICES

**House Cleaning**  
call Danielle  
305-393-2728

**MUSICIANS WANTED**  
Amateur & seasoned musicians wanted!  
The Keys Community Concert Band begins rehearsals for its new season in the fall. If you want to participate, call 305-451-4530.

**VESSEL SAFETY**  
The USCG Auxiliary conducts vessel safety checks at Blackwater Sound Marina, MM 103.8 Bayside, every third Saturday of the month. The Public is Welcome. More info: 305-998-8400

**Classified ads will not be accepted without payment.**

### CLUBS

**Fraternal Order of the Eagles** meets every 1st and 3rd Monday, 7pm at Elks Lodge, Tavernier.

**THE KEY PLAYERS**  
Community Theater Group needs volunteers to work behind the scenes and audition for roles!  
[thekeyplayers.org](http://thekeyplayers.org)

**GARDEN CLUB OF THE UPPER KEYS**  
The Garden Club's monthly meeting will be held on March 9, 11:00 am at the Francis Tracy Garden Center 94040 Overseas Hwy. Tavernier (mm 94 bayside). Guest speaker, Florida State Parks Keys Biologist Janice Duquesnel will speak about IDENTIFYING INVASIVE EXOTIC PLANTS  
Our meetings, workshops and special events provide education and information on the fun of gardening in the Keys. Visit: [gardenclubupperkeys.org](http://gardenclubupperkeys.org)  
Come grow with us!

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Join us!

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Sat. March 23  
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to benefit scholarship program

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ON THE MAP

**Key Largo**

In Key Largo, we navigate by Mile Markers! Look for the little green signs and mile indicators on power poles to find your way.

**Legend**

- U.S. Highway
- State Highway
- Boat Ramp
- Mile Marker
- Point of Interest
- Dive Site
- Dive Wreck
- Swim with Dolphins

**Bayside**

**Oceanside**

**TO MIAMI** **TO OCEAN REEF**

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# Around Town

**PILOT HOUSE**  
key largo

The Little Things at the Pilot House, very popular. Photo by Video Dave.

**BIG CHILL**

Call 305-453-9066 to book one of the best wedding venues in the Keys, Jimmy Johnson's Big Chill!

View from the stage at a Keys Community Concert Band concert in Founders Park. Playing along is encouraged, and it's all for fun. Photos by Video Dave.

Former Gilbert's manager Rob LeBrun is now at the Lorelei, and he sent us this amazing sunset from his new place!

Teaching artist Gloria Avner (L) with student Karen Beal, (R) showing off a batik class project that Karen made, her first time ever doing batik.

This usually lasts 6 to 8 weeks

NEW BABY SMELL

ONCE SHE HACKS UP A HAIRBALL, THE WHOLE "SEXY" THING IS GONE

I'M JUST A GIRL,  
STANDING IN FRONT  
OF A SELF-CHECKOUT,  
SCREAMING THAT  
THERE'S NO  
UNEXPECTED ITEM IN  
THE BAGGING AREA.

**WHAT DID GREEN DAY  
DRUMMER TRÉ COOL  
NAME HIS TWIN DAUGHTERS?**

ANNA ONE, ANNA TWO

When women get to a certain age, they start collecting LOTS of CATS.

This is called MANY PAWS!

**YOU KNOW YOU'RE  
IN FLORIDA WHEN..**

**YOU HAVE YOUR  
DRESS FLIP FLOPS AND YOUR  
HOUSE FLIP FLOPS**

**SORRY I TOOK  
MY PANTS OFF AT YOUR  
GENDER REVEAL PARTY.**

**I THOUGHT WE WERE ALL  
PARTICIPATING. MY BAD.**



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The hardest thing I do everyday is making coffee before I've had coffee.

CRACKED CONCH

BY RODNEY NELSON

#### Garden Club of the Upper Keys

GARDEN CLUB OF THE UPPER KEYS

Florida State Parks Keys Biologist Janice Duquesnel will speak about IDENTIFYING INVASIVE EXOTIC PLANTS.

March 9 at 11:00 am

at Francis Tracy Garden Center 94040 Overseas Hwy. (mm 94 bayside).

Our meetings, workshops and special events provide education and information on the fun of gardening in the Keys. Come grow with us!

All are welcome.

[gardenclubupperkeys.org](http://gardenclubupperkeys.org)

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## 7 Signs of an Unhealthy Relationship

by Dawn Wiggins, Ed.S.

You're not happy, and you want to know if what you are experiencing are legit signs of an unhealthy relationship. And it feels scary even to be researching this topic. Because typing the words into google and reading the results make it real. Too real.

Well, let's talk about it and get to the bottom of it. Whatever the case, there is a solution for you. Keep tabs on how many signs apply to your relationship.

**Sign #1:** Your relationship doesn't feel like a team - ever. You want to have a relationship that consists of give and take, but you can't find a middle ground. You both complain that the other isn't doing enough. And you can't wrap your

head around how that is possible. After all, you trust your ass to ignore the bad, focus on the good and keep this thing afloat. But it's sinking fast. And no matter what you try, you two can't get on the same page. Your motto could be "All for one and none for all."

**Sign #2:** You are mean to each other - even if you don't say it out loud, you think it. You are critical, judgy, and blaming of one another. The tone of voice is edgy, hostile or flat. And on occasion, it ends up in name calling.

**Sign #3:** You are listening to defend yourself rather than listening to understand them. This one turns into a nasty habit that is difficult to break. And the thought

of allowing them to get away with how they view you is intolerable. So you argue to no end.

**Sign #4:** Date nite is a thing of the past, and you're not creating quality time with each other. Life is hard work and priorities are constantly shifting based on real-time needs. But you've stopped prioritizing time with just the two of you to reconnect. Remember that scene from Armageddon where Bruce Willis insists on letting the guys go out on the town the night before the mission? He asked NASA officials, "What if they get up there and forget what they're fighting for?!"

**Sign #5:** There is no sexual intimacy, and you are never in the mood.

**Sign #6:** You have low trust. A difficulty trusting isn't necessarily a reflection of your relationship however not being able to trust will damage a relationship anyway. Whether your struggle to trust was baggage you brought in or picked up along the way, it's blocking your ability to get close.

**Sign #7:** There are secrets which may include cagy behavior about phone use. Finally, I want you to think about your level of willingness to solve these problems. Be honest with yourself here. Is your willingness low or high?

If you said high, I want you to consider if you are willing to funnel a considerable portion of your time and financial resources towards the solution. Also, are you willing to let your guard down and risk getting hurt... again? And finally, are you willing to examine and adjust



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your beliefs and behavior to make it work? If you can't in good conscience say yes to these, your motivation is less than high. You also need to factor your partner's willingness. And they need to be able to answer the same questions. There is a big difference between what we say and what we mean.

So now what? One of the most important things you can do is figure out if your relationship can be repaired. If you checked 2-3 signs or less, there is a lot of reason to hope. Especially if you and your partner's willingness is high. If you have 4 or more of these signs activated in your relationship, there is a considerable cause for concern and little reason to hope. If this is you, it may be time to consider divorce.

If by chance you have over half the list checked, but both of you honestly have a high willingness to make changes (not just in word but in deed) then take action quickly and don't look back. In this situation, I highly recommend attending a couples retreat followed up with regular therapy sessions.

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Paddy was driving down the street in a sweat because he had an important meeting and couldn't find a parking place. Looking up to heaven he said, 'Lord take pity on me. If you find me a parking place I will go to Mass every Sunday for the rest of me life and give up me Irish Whiskey!'

Miraculously, a parking place appeared.

Paddy looked up again and said, 'Never mind, I found one.'

Father Murphy walks into a pub in Donegal, and asks the first man he meets, 'Do you want to go to heaven?'

The man said, 'I do, Father.'

The priest said, 'Then stand over there against the wall.'

Then the priest asked the second man, 'Do you want to go to heaven?'

'Certainly, Father,' the man replied.

'Then stand over there against the wall,' said the priest.

Then Father Murphy walked up to O'Toole and asked, 'Do you want to go to heaven?'

'No, I don't Father.'

The priest said, 'I don't believe this. You mean to tell me that when you die you don't want to go to heaven?'

'Oh, when I die, yes. I thought you were getting a group together to go right now.'

# Coco'Nut' Funnies

Muldoon lived alone in the Irish countryside with only an old pet dog for company.

One day the dog died, and Muldoon went to the parish priest and asked, 'Father, my dog is dead. Could ya' be saying a mass for the poor creature?'

Father Patrick replied, 'I'm afraid not. We cannot have services for an animal in the church. But there are some Baptists down the lane, maybe they'll do something for the creature.'

Muldoon said, 'I'll go right away Father. Do ya' think \$5,000 is enough to donate to them for the service?'

Father Patrick exclaimed, 'Sweet Mary, Mother of Jesus! Why didn't ya tell me the dog was Catholic?'



Meanwhile, at the Florida Keys Northernmost Ukulele Society...



St. Patrick driving the snakes out of Ireland.



**Do you want to know the secret to making your spouse / partner go Mmmmmmm mmmmmm mmmmmmmmm all night?**

**Duct Tape**



Seven old Keys cronies were playing poker in the condo clubhouse when Meyer loses \$500 on a single hand, clutches his chest, and drops dead at the table.

Showing respect for their fallen comrade, the other six continue playing, but standing up.

At the end of the game, Currey looks around and asks, "So, who's gonna tell his wife?"

They cut the cards.

Pinder picks the low card and has to carry the news.

They tell him to be discreet, be gentle, don't make a bad situation any worse. "Discreet? I'm the most discreet person you'll ever meet. Discretion is my middle name. Leave it to me."

Pinder goes over to the Meyer's condo and knocks on the door. The wife answers through the door and asks what he wants?

Pinder declares: "Your husband just lost \$500 in a poker game and is afraid to come home."

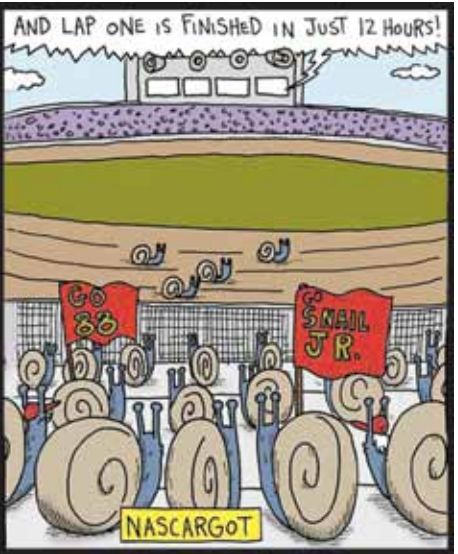
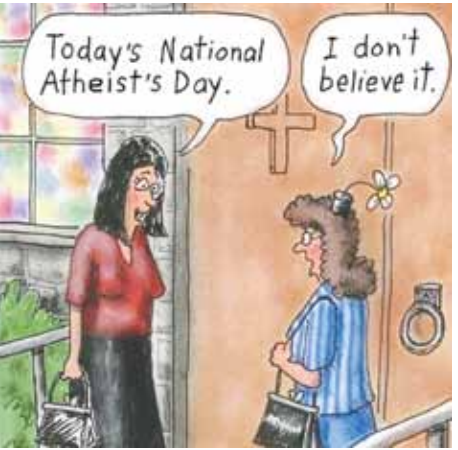
"Tell him to drop dead!" yells the wife.

"I'll go tell him."

Gallagher opened the morning newspaper and was dumbfounded to read in the obituary column that he had died. He quickly phoned his best friend, Finney.

'Did you see the paper?' asked Gallagher. 'They say I died!!'

'Yes, I saw it!' replied Finney. 'Where are ye callin' from?'



**WAVED TO MY EX TODAY.**  
**NEXT TIME I MIGHT USE ALL MY FINGERS.**

While riding my Harley, I swerved to avoid hitting a deer, lost control and landed in a ditch, severely banging my head. Dazed and confused I crawled out of the ditch to the edge of the road when a shiny new convertible pulled up with a very beautiful woman who asked, "Are you okay?" As I looked up, I noticed she was wearing a low cut blouse with cleavage to die for.

"I'm okay I think," I replied as I pulled myself up to the side of the car to get a closer look.

She said, "Get in and I'll take you home so I can clean and bandage that nasty scrape on your head."

"That's nice of you," I answered, "but I don't think my wife will like me doing that!"

"Oh, come now, I'm a nurse," she insisted. "I need to see if you have any more scrapes and then treat them properly."

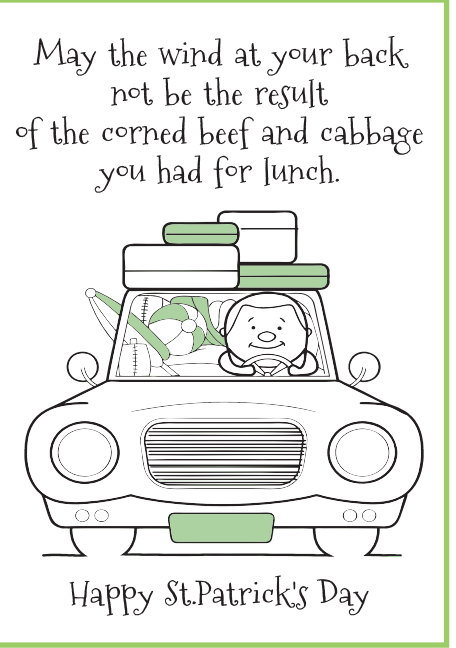
Well, she was really pretty and very persuasive. Being sort of shaken and weak, I agreed, but repeated, "I'm sure my wife won't like this."

We arrived at her place which was just few miles away and, after a couple of cold beers and the bandaging, I thanked her and said, "I feel a lot better but I know my wife is going to be really upset so I'd better go now."

"Don't be silly!" she said with a smile. "Stay for a while. She won't know anything. By the way, where is she?"

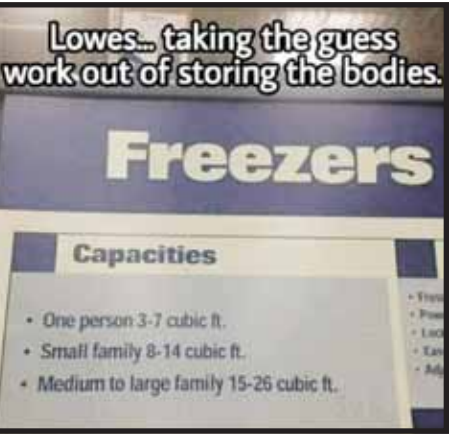
"Still in the ditch with the Harley, I guess."

Thank you Trader Dick!



**Unfortunately, my obese parrot just died.**

**It's a huge weight off my shoulders.**



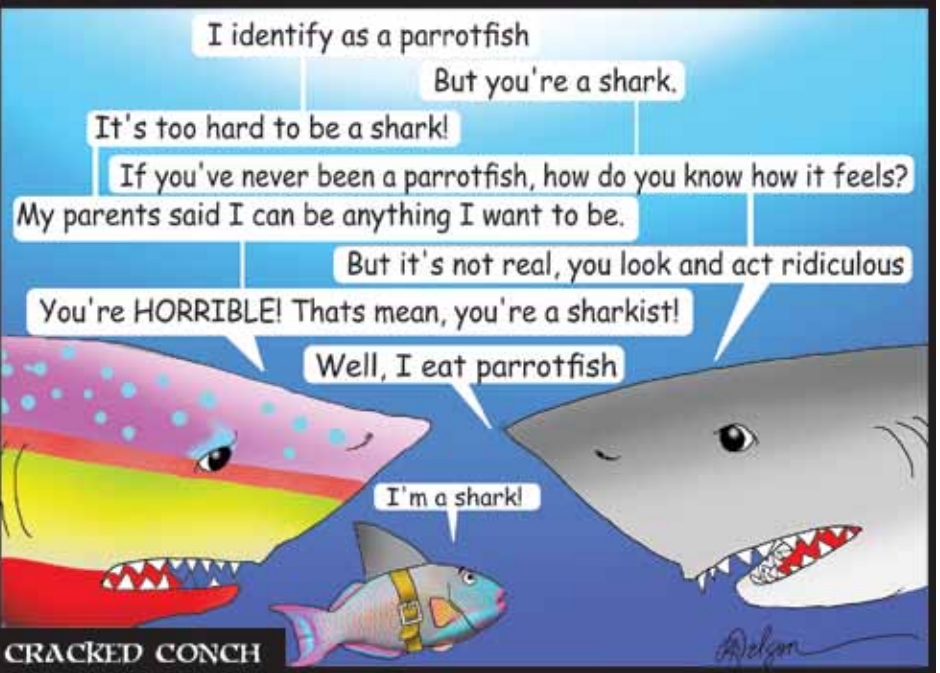
An Irish priest is driving down to New York and gets stopped for speeding in Connecticut. The state trooper smells alcohol on the priest's breath and then sees an empty wine bottle on the floor of the car.

He says, 'Sir, have you been drinking?'

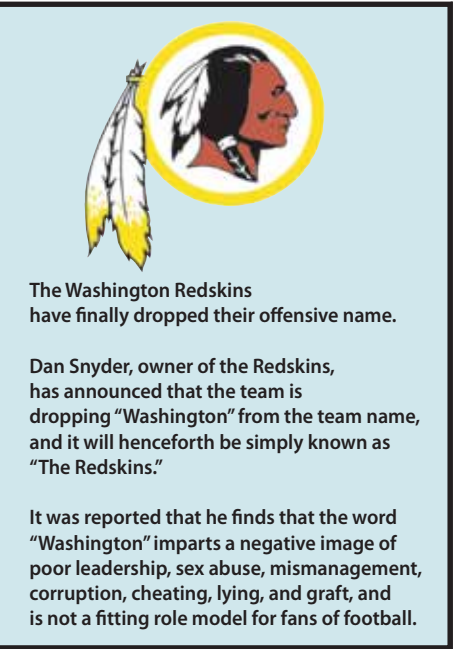
'Just water,' says the priest.

The trooper says, "Then why do I smell wine?"

The priest looks at the bottle and says, 'Good Lord! He's done it again!'



**ABOUT THE CARTOONIST, RODNEY NELSON:** After coming to the Keys many times, he moved here in 1969 at age 11. He tried different jobs before becoming a full-time artist in his late twenties. He enjoys the versatility it requires to survive as an artist in such a small community, and does airbrushing to glass etching; cartoons to fine art.



A Simple Explanation

The mother-in-law arrives home from the shops to find her son-in-law Paddy in a steaming rage and hurriedly packing his suitcase.

"What happened Pad?" she asks anxiously.

"What happened?? I'll tell you what happened! I sent an e-mail to my wife telling her I was coming home today from my fishing trip. I get home and guess what I found? Yes, your daughter, my wife Jean, naked with Joe Murphy in our marital bed! This is unforgivable, the end of our marriage. I'm done. I'm leaving forever!"

"Ah now, calm down, calm down Paddy!" says his mother-in-law.

"There is something very odd going on here. Jean would never do such a thing! There must be a simple explanation. I'll go speak to her immediately and find out what happened."

Moments later, the mother-in-law comes back with a big smile.

"Paddy, I told you there must be a simple explanation... she never got your e-mail!"





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