

Doing for Others

In doing service for others, we often find answers to our own questions and solutions to our own problems.



When we feel bad, often our first instinct is to isolate ourselves and focus on what's upsetting us. Sometimes we really do need some downtime, but many times the best way to get out of the blues quickly is to turn our attention to other people. In being of service to others, paradoxically, we often find answers to our own questions and solutions to our own problems. We also end up feeling more connected to the people around us, as well as empowered by the experience of helping someone.

When we reach out to people we can help, we confirm that we are not alone in our own need for support and inspiration, and we also remind ourselves that we are powerful and capable in certain ways. Even as our own problems or moods get the better of us sometimes, there is always someone else who can use our particular gifts and energy to help them out. They, in turn, remind us that we are not

the only people in the world with difficulties or issues.

We all struggle with the problems of life, and we all feel overwhelmed from time to time, but we can almost always find solace in service.

In the most ideal situation, the person we are helping sheds light on our own dilemma, sometimes with a direct piece of advice, and sometimes without saying anything at all. Sometimes just the act of getting our minds out of the obsessive mode of trying to figure out what to do about our own life does the trick. Many great inventors and artists have found that the inspiration they need to get to the next level in their work comes not when they're working but when they're walking around the block or doing dishes. We do ourselves and everyone else a great service when we take a break from our sorrows and extend ourselves to someone in need.

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The New Order: The Unwritten Laws

Law of Centrifugal Malfeasance - The likelihood that a wrench will slip and mar the surface is directly proportional to the newness of the surface.

Law of Mechanical Repair After your hands become coated with grease, your nose will begin to itch and you'll have to pee.

Law of Gravity - Any tool, nut, bolt, screw, when dropped, will roll to the least accessible place in the universe.

Law of Probability - The probability of being watched is directly proportional to the stupidity of your act.

Law of Random Numbers If you dial a wrong number, you never get a busy signal; someone always answers.

Variation Law - If you change lines (or traffic lanes), the one you were in will always move faster than the one you just moved to.

Law of the Result - When you try to prove to someone that a machine won't work, it does!!!

Law of Biomechanics - The severity of the itch is inversely proportional to the reach.

Law of the Theater & Football Stadium - At any event, the people whose seats are farthest from the aisle, always arrive last. They are the ones who will leave their seats several times to go for food, beer, or the restroom and who leave

early before the end of the performance or the game is over. The folks in the aisle seats come early, never move once, have long gangly legs or big bellies and stay to the bitter end of the performance. The aisle people also are very surly folk.

Murphy's Law of Lockers If there are only 2 people in a locker room, they will have adjacent lockers.

Law of Physical Surfaces The chance of a piece of pizza landing face down on a floor is directly related to the newness and cost of the carpet or rug.

Law of Logical Argument Anything is possible, if you don't know what you are talking about.

Law of Physical Appearance - If the clothes fit, they're ugly.

The 50-50-90 Law - Whenever there's a 50-50 chance of getting something right, there's a 90% probability that you'll get it wrong.

Law of Commercial Marketing Strategy - As soon as you find a product that you really like, they will stop making it or the store will stop selling it!

Doctors' Law - If you don't feel well, make an appointment to go to the doctor, by the time you get there, you'll feel better. But don't make an appointment and you'll stay sick.

Law of the Bath - when the body is fully immersed, the phone will ring.

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Covid19 Carrier (with mask)	Transmission probability is 1.5%	Healthy Contact (with mask)

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