

### Serving Your Community

Being of service to our community is part of being a good citizen of the planet earth.



To live harmoniously, we need to be supportive and helpful to all people, creatures, and plant life that share this earth with us. While "being of service" is part of being a good citizen of the world, it also feels good to help others. When we do something for others in service, without the expectation of anything in return, we are turning our actions into offerings.

There are many ways to be of service to our community. There are the obvious and much needed volunteer opportunities, such as serving Thanksgiving dinner at a shelter, mentoring our youth, or cleaning up a beach.

Then, there is the kind of service that we may not even think of as being acts of service. Learning a new language (perhaps sign language) so that you can talk to more people is a way to reach out to others. Inviting someone who isn't motivated enough to exercise on their own to join you on your daily walk is a way to give of yourself. Sharing flowers or vegetables from your garden, orga-

nizing a poetry reading, offering to babysit for a busy parent, or donating pet food to an animal shelter all are simple ways to offer your services to your community.

There are many ways that you can serve the world. Imagine the impact we would have on the environment if we picked up one piece of trash off the street everyday and chose not to drive our car once a week. Even gardening tactics such as throwing wildflower seeds onto a vacant lot can brighten the lives of others - including the lives of birds and insects. Everyday, you can do something to make this world a better place.

During meditation, ask for guidance on what you can do to be of service. This can be a wonderful way to start your day. Smiling at a stranger who looks down in the dumps or teaching your neighborhood kids how to whistle will impact someone's day or even their life.

Giving of yourself is the best gift that you can give.

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The older I get, the less surprised I think I'd be if a random body part just fell off one day.

I HATE MOSQUITOES. I MEAN, I KNOW I AM DELICIOUS, BUT I DON'T GIVE OUT FREE SAMPLES.

**Largest Tiki Bar in the Keys!**  
107900 Overseas Hwy  
[www.gilbertsresort.com](http://www.gilbertsresort.com)  
305-451-1133



### SATURDAYS THIS MONTH:

 <p><b>Saturday, Jan. 4</b> <b>UNCLE SMOKEY</b> 1-5 PM</p>	 <p><b>Saturday, Jan. 4</b> <b>THE DROPOUTS</b> 7-11 PM</p>	 <p><b>Saturday, Jan. 11</b> <b>BACKWATER</b> 1-5 PM</p>
 <p><b>Saturday, Jan. 11</b> <b>STEREOTOMY</b> 7-11 PM</p>	 <p><b>Saturday, Jan. 18</b> <b>LADY A BLUES BAND</b> 1-5 PM</p>	 <p><b>Saturday, Jan. 18</b> <b>TRIP MACHINE</b> 7-11 PM</p>
 <p><b>Saturday, Jan. 25</b> <b>CAT DADDIES</b> 1-5 PM</p>	 <p><b>Saturday, Jan. 25</b> <b>SILVER SPINE</b> 7-11 PM</p>	 <p><b>Saturdays</b> <b>MICHAEL TRIXX</b> 8 pm show</p>

### SEX STUDY SHOWS SURPRISING RESULTS

The frequency of sexual activity of senior males depends on where they were born.

Statistics just released from Statistics Canada and the United Nations Board of Health team, revealing that: North American men between 60 and 80 years of age will, on average, have

sex two to three times per week, whereas Japanese men, in exactly the same age group, will have sex only once or twice per year, if they are lucky.

This has come as very disturbing news to both me and most of my friends, as none of us had any idea that we were Japanese.

## SHIPWRECKS

OPEN 11:00 AM to 9:30 PM EVERY DAY

### KEY LARGO'S HIDDEN TREASURE!

**DAILY FOOD & DRINK SPECIALS**  
Sunday - Live Music 2-6 pm

**FRIDAY NIGHT FISH FRY 5-9 pm**  
MAHI ALL-U-CAN-EAT • Fried \$12.99 • Blackened/Grilled \$13.99

**SATURDAY - PRIME RIB DINNER**  
**HAPPY HOUR: 4-6 pm EVERY DAY**  
▶▶▶ \$1 Drafts ◀◀◀

**LOCALS' FAVORITE** 305-453-3153 45 Garden Cove Drive MM 106



### Take the Shuttle!

For those arriving to the Gilbert's party fashionably late, you can park on the main access road and take the FREE air-conditioned shuttle to and from Gilbert's on Saturdays and Sundays from noon-8pm.

## High Tide Restaurant is Open!



Holy mackerel, the cat's out of the bag!

The scuttlebutt everyone is talking about is that Kathy Giles and the Ornelas brothers, Tony and Saul, have opened the High Tide Restaurant in downtown Key Largo — right across from the CVS Pharmacy in the northbound lane just before the stoplight.

It is open for breakfast, lunch

and dinner so you can get a square meal and the whole nine yards!

Kathy Giles has been the managing partner owner of the famous and very successful Hideout Restaurant, and Tony Ornelas was the Chef for many years. Ornelas wanted to own a restaurant where he could showcase his skills at cooking dinner, so the 3 partners opened the High Tide.

Check it out! The decks have been swabbed from top to bottom and port to starboard! All of the seaworthy decorations came from the shops around Key Largo. But it's not the ship that matters most, it is the skill of the sailors — and with Captain Kathy at the helm you know it will be smooth sailing.

The menu will please all you salty sea dogs and landlubbers alike. This is where you drop your anchor.

Open 7 days 6 am to 9:30 pm. Friday and Saturday open till 10




PARTNERS: (L-R) Saul Ornelas, Kathy Giles, and Tony Ornelas.

pm., at 99411 Overseas Highway. 305-453-2660.

### CODE ENFORCEMENT

**Family Law** **Criminal Law**



**Jack Bridges**  
**305-664-9690**  
**LAW OFFICE OF JACK BRIDGES, P.A.**  
171 Hood Ave., Ste. 21, Tavernier, FL 33070 • [info@jackbridges.us](mailto:info@jackbridges.us)

### Salvation Army Family Store

MM 99 Bayside  
Key Largo

SHOP • DONATE



DOING THE MOST GOOD

Visit the store, or call 305-872-5744 for prompt and courteous pickup

## January 9<sup>th</sup> - 19<sup>th</sup> 2020

11 Days of Food & Wine Events in Key Largo & Islamorada  
Prices to fit all budgets and tastes!

### Uncorked... Food & Wine Festival

the KEY LARGO & ISLAMORADA FESTIVAL

**Grand Tasting**  
Saturday Jan. 18  
11am-4pm  
at the beautiful, oceanfront Postcard Inn Resort  
Mile Marker 84, Islamorada  
In Advance: \$75 Gen. Admission • \$100 VIP Adm.  
(plus tax). Purchase tickets on line.  
At the door \$110 and \$85

- World Class Wines
- Keys & International Cuisine
- Lobster & Seafood
- Wine Education
- Cooking Demonstrations
- Mixology & Craft Beers
- Martinis & Margaritas
- Celebrity & Local Chef Events

**Fabulous Eateries**  
Over 30 Delicious Foodie Events!

*Flavors of the Keys!*

Our restaurants and chefs step up to the plate to offer special Prix Fixe Dinners throughout the entire Festival at \$39 + tax + tip

CHECK THE WEBSITE FOR PARTICIPATING RESTAURANTS AND MENUS