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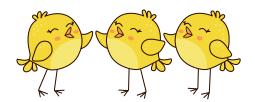
Entertainment

COCONUT: ELEGR

THE COCONUT TELEGRAPH IS PROUD TO BE THE OFFICIAL NEWSPAPER OF THE NORTHERNMOST TERRITORIES OF THE CONCH REPUBLIC

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Happy Easter



Attractions

Spotlight on Capt. John Ciulla Good News About the Coconut

What's Hot & What's Not

Centipede Awareness One Woman's Tale Hate Spring Break? Could Be Worse.

Maps

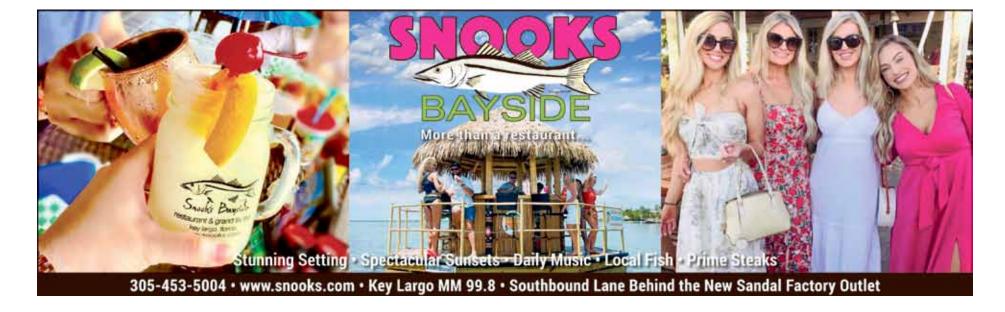
Key Largo Locator Map Page Getting from Here to There

All the Buzz

Coco-Nut Funnies Business in the Keys Daily OM Classifieds



The stunning Big Chill grounds, in Key Largo at MM 104 Bayside. How about some drinks by that pool?



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Coconut Telegraph

April 2021 Volume 15 Issue #177

Prestige Publishing, Inc 101425 Overseas Hwy. PMB #628 Key Largo, FL 33037

Deadline

for the Coconut Telegraph's next issue is Thursday, April 13, 2021

Contact Denise at 305-304-2837 the conchtele graph@gmail.com

Notice: We now sell subscriptions! See our ad inside the paper for details.

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Editorial - What's an Adult Easter Egg Hunt?

Hop on over to the Key Largo Moose Lodge Saturday April 3rd at 6om. They're having a fundraiser to benefit the Upper Keys Humane Society. It's an adult lighted Easter Egg Hunt. You really don't have to run around looking for eggs. For \$5 you can purchase them and inside the egg is a number that matches up with a prize — and there will be great prizes! There is also a silent auction, delicious munchies,

At our age, we can hide our own Easter Eggs, wait half an hour, and have no clue where we cheap drinks and live entertainment.

Tickets are a \$10 donation and the public is welcome. The Upper Keys Humane Society survives 100% on community support and we are going to have a great time helping them. If you can't be there and still want to help, send a check to 101617 Overseas Highway, Key Largo, Fl 33037.

I hear this all the time..."I love the Coconut Telegraph!" We are happy to hear that but it is our advertising partners who deserve the recognition so please thank them by supporting their businesses and let them know the Coconut Telegraph sent you!



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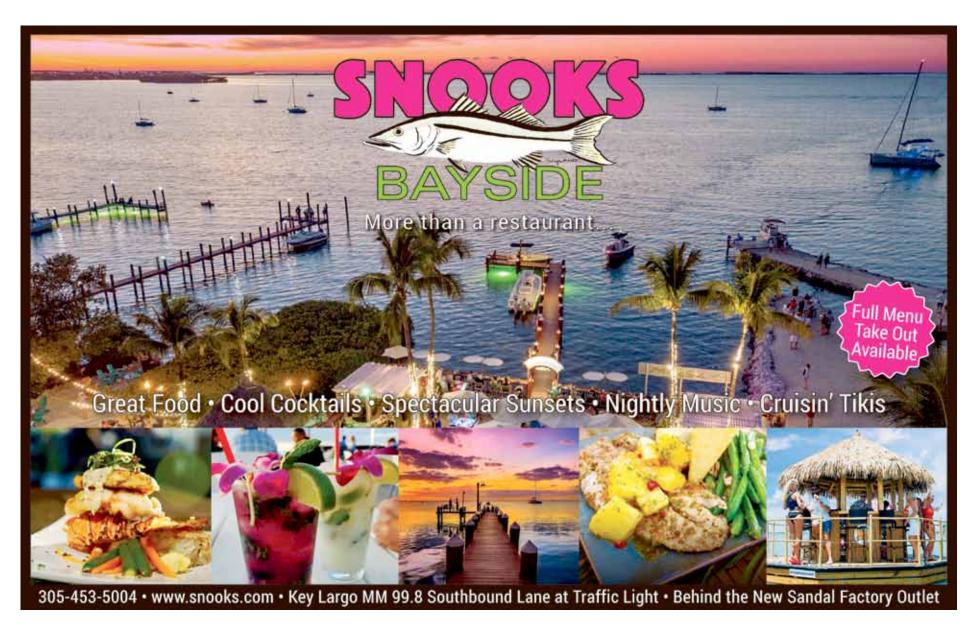


Thinking of **Selling your Home?**

Call or text me for a quick Comprehensive Market Analysis.

Stu Serrott 305-439-0145

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Free spay and neuter clinics at Key Largo Animal Shelter, normally every 2 weeks.

by spaying and neutering your pets.

This program is privately funded by Humane Animal Care Coalition for Upper Keys residents.

Please call the shelter for details and appointments.

Open Monday to Friday 9am to 6pm and Saturday 9am to 5pm

Coconut Telegraph Spotlight on

Captain John Ciulla: From the Docks to the Stage ...

MUSICIAN & CAPTAIN OF THE MONTH

by Marilee Free

Celebrating his seventh year in the fabulous Florida Keys, Captain John Ciulla is truly living the dream. By day, he takes to the high seas either scuba diving or free diving our fabulous reefs, spearfishing giant groupers and other monster fish. On Monday, you can catch him doing snorkel and dive trips exploring Molasses and other Pennekamp area reefs. He operates out of Pirate's Cove Watersports at the Marriott MM103. In 2019 I did an article spotlighting Captain Dave, owner of Pirate's Cove Watersports, where I first met John. John left an impression of being a fun-loving spirit.

Fate brought John around the world and landed him in the Florida Keys. He says he came here with nothing but the clothes on his back, his skills and determination. The sleeve of tattoos John wears on his right arm tells the story of his life with vivid artistry. Overcoming life's hardships with the burning desire to succeed and learning lessons from failed attempts. He might make it look easy, but it really IS a long way to the top if you wanna rock n' roll!

As a snorkel and charter dive boat captain, John's first job in the Keys was at Robbie's





(so busy there they should have their own zip code!). Hurricane Irma washed that dream job away, but not his spirit. It was the rebuilding efforts in the aftermath of a hurricane, when he realized the Conch Republic is a tough community that bounces back by coming together in times of crisis. That Conchs are a common unity of people who help each other after disasters, hosting fund raisers for locals and practically doing anything to help our fellow human here. (That IS why you can't drown a conch!) It was the spirit of the Conch Repub-

lic that inspired him to buy a

house in Harry Harris Park.

Not the fish, live music, bar

not even the coral reefs; it

scene, sand bar, the weather,

Before he moved to the Keys, he was a guitar player touring the US with his band "One." They had four number 1 hits and warmed up for Sevendust and other heavy metal bands. Born in Poughkeepsie, New York, when he was 5 his family moved to France. Then back to the states, where he attended school in Boca Raton, Florida, Minnesota, and Con-

necticut. After graduation he went to college in Palm Beach, Florida and grew to love spearfishing and scuba diving on the Atlantic. He has now had his captain's license for 12 years. In tournament fishing, he landed a record setting Warsaw grouper. The first time I saw John

perform, I recognized him from Pirate's Cove Watersports. He played a set list that rocked, no country, no Jimmy Buffett; he was performing rock n' roll, kudos John! He is a "self-taught, by ear musician" with an amazing sound, no background tracks, or vocal enhancements, that's not his style. This rock soldier is accompanied by an acoustic quitar, a couple of foot pedals and an outstanding voice. He started honing his singing skills about 4 years ago. He says he got tired of the "lead singer ego." (You know... How many lead singers does it take to screw in a lightbulb? Only one, because the world revolves around them!)

When my friend, Badge from Los Angeles, and I did our "Covid Covert Cross Country Road Trip," amid the pandemic September 2020, we caught John playing at Hog Heaven. His music made that rainy night in Islamorada even more memorable. (You can read about our road trip in the November issue of the Coconut Telegraph's online paper at www.theconchtelegraph.com.)

Covid rocked his family, around Thanksgiving 2020, one of his 3 older brothers and his mom (86) got it. His mom got sick but recovered and his brother had to be hospitalized. parties, special events, charity His dad (90), 2 brothers and he didn't get Covid at all. His parents, who now live in Stuart, are still together after 67



years of marriage... kudos again! He has one brother living in Florida, one in North Carolina and one in Idaho.

John has had an amazing journey on his way to his home in the Keys. He seems blessed with a patient, kind, familiar quality. He has performed live from the Sunset Strip in Hollywood, CAto the Cruzan Amphitheater in West Palm Beach. He toured with "One" around this great nation for 3 years, living life on the road doing over 50 concerts a year, he lived the rock n' roll dream. (He's even driven through Hell - Hell, Michigan.)

Two words come to mind after getting to know John, authentic and adventurous. He is a dedicated, hard worker driven by his goals and ideas with a charisma that gets him noticed. Someone who truly is living out his dreams.

Check him out at one of his weekly venues: Hog Heaven MM85 - Sat. 7-10:30 pm, Chef Rolf's Tuna's MM80 Thurs. 6-10pm (formerly Ooo-tray) Friday he alternates between the Florida Boy (sports bar in Lime Tree Bay) MM68 Layton and Shuck n' Dive MM83.

He is also available for events and weddings. Check out his FaceBook page or call 786-407-0320 for availability and rates.



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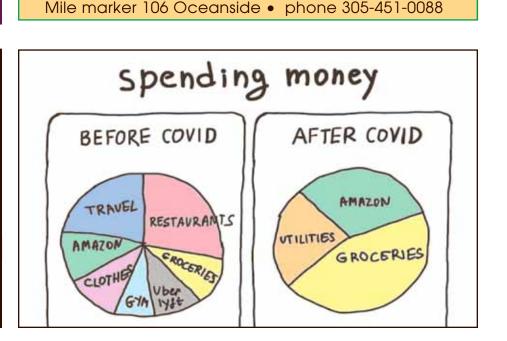
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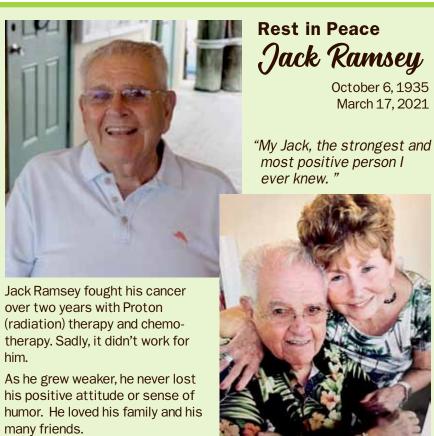


"Suddenly she just turned on me..."



"Suddenly, she just turned on me..." If you are male, you've heard that line many times before. A lone husband, lover or blind date turns his back for just a moment. A moment that may spell disaster and personal injury. That's why it's time for an insurance policy that will cover "that time of the month."

305-555-4601 When you need coverage, period. I'm pretty sure it's called PMS because that's easier to say tnan estrogen-inaucea manic depressive, bipolar disorder prone to fits of psychopathic rage.



many friends.

Jack is survived by his wife Kathy, sister Judy, daughter Diane and two sons, Jack and Craig, stepsons Don and Glenn and five grandchildren.

It's an understatement to say that he will be missed by all.

He liked nothing more than his golfing buddies coming to the "19th hole" (Jack's Bar) after a day of golfing. Many days. the wives and numerous other friends also showed up, just the way he liked it.

"Goodbye my Love, see you at Jack's Bar."

Local Regatta hosted by the Mark Sorensen Youth Sailing Program



More than 250 youth sailors from all over the County raced on Blackwater Sound in Key Largo February 27-28 as part of the Buccaneer Blast Regatta. The annual event, held this year at Rowell's Waterfront Park, was hosted by the Mark Sorensen Youth Sailing Program. The regatta helped raise funds to purchase new boats and provide scholarships to Upper Keys children and teens that attend the non-profit organization's year-round youth sailing activities. Visit www.msysp.org to learn more about its programs or make a tax-deductible donation.



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LOCALS DAY - Use your Pilot's License all day Wednesday for your discount and rewards

PRIME RIB DINNER - Make Thursday your #datenight (Thursday only after 4:00 pm)







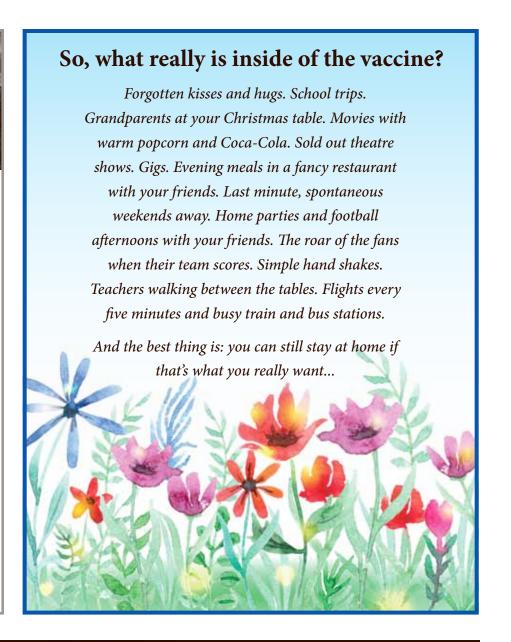
Tuna Nachos

Kung Pao Bowl

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Good News About the Coconut!

Think money does not grow on trees? Think again. Here in the tropics we have an abundance of coconuts. The are everywhere and they are mostly free for the picking. The health benefits from the oil of the coconut are amazing and you can make it yourself at home.

The Benefits Of Coconut Oil

- 1. Kills viruses that cause influenza, herpes, measles, hepatitis C, SARS, AIDS, and other illnesses.
- Kills bacteria that cause ulcers, throat infections, urinary tract infections, pneumonia, gonorrhea, and
- 3. Helps relieve symptoms associated with gallbladder disease
- Relieves symptoms associated with Crohn's disease, ulcerative colitis, and stomach ulcers.
- Improves digestion and bowel function.
- Relieves pain and irritation caused by hemorrhoids.
- Reduces inflammation.
- Supports tissue healing and repair.
- Supports and aids immune system function.
- 10. Helps protect the body from breast, colon, and other
- 11. Is heart healthy; improves cholesterol ratio reducing risk of heart disease.
- 12. Protects arteries from injury that causes atherosclerosis and thus protects against heart disease.
- 13. Helps protect the body from harmful free radicals that promote premature aging and degenerative dis-
- 14. Helps relieve symptoms and reduce health risks associated with diabetes.
- 15. Dissolves kidney stones.
- 16. Supports thyroid function.
- 17. Promotes loss of excess weight by increasing meta-
- 18. Is utilized by the body to produce energy in preference to being stored as body fat like other dietary fats.
- 19. Helps prevent obesity and overweight problems.
- 20. Applied topically helps to form a chemical barrier on the skin to ward off infection.
- 21. Reduces symptoms associated with psoriasis, eczema, ad dermatitis.
- 22. Supports the natural chemical balance of the skin.
- 23. Softens skin and helps relieve dryness and flaking.
- 24. Prevents wrinkles, sagging skin, and age spots.
- 25. Promotes healthy looking hair and complexion.
- 26. Provides protection from the damaging effects of ultraviolet radiation from the sun.
- 27. Helps control dandruff.
- 28. Does not form harmful by-products when heated to normal cooking temperature like other vegetable oils do.
- 29. Helps protect against osteoporosis.
- 30. Improves magnesium and calcium absorption and supports the development of strong teeth and bones.



How To Prepare Coconut Oil At Home

is not a difficult task, if you have fresh and mature coconuts. This can save your money and give you the satisfaction of using a prod- Allow the jar to remain at uct, which is homemade.

Natural Fermentation

It is better to start with small quantities and if you are satisfied with the end product, you can then try large quantities. Take two to three coconuts and remove the husks and shells. Keep the coconut water aside.

Grate the coconut meat and fill it in a net bag. Now you have to hold the bag tightly and press it with your palms, to extract the coconut milk. Dip the net bag suggest you take three in coconut water and press it tablespoons of coconut oil again to extract more milk.

In order to prepare coconut oil through natural

Making virgin coconut oil fermentation (cold processing), you have to mix the remaining coconut water with the milk and fill the mixture in a transparent glass jar. room temperature (around 68°F) for about 20 hours.

This allows the water to settle at the bottom. You can find oil floating above the water and above the oil, there will be a layer of protein, which is white in color. You can then filter the oil, which will be colorless or pale yellow in color.

It does not need to be refrigerated and has a shelf life of at least 2 years.

Health practitioners per day.

In cooking just replace other oils with coconut oil.



Some Interesting Predictions for the Next 10 to 20 Years

Auto repair shops will disappear. a gas/diesel engine has 20,000 individual parts while an electrical motor has 20. Electric cars are sold with lifetime guarantees and are repaired only by dealers. It takes only 10 minutes to remove and replace an electric motor.

Faulty electric motors are NOT repaired in the dealership but are sent to a regional repair shop that repairs them with ROBOTS.

Gas stations will go away. Street corners will have meters that dispense electricity. Companies will install electrical recharging stations. in fact, they've already started in the developed world.

The coal industry will go away. Gasoline/oil companies will go away. Drilling for oil will stop. So say goodbye to OPEC. The Middle East is in trouble.

Homes will produce and store more electrical energy during the day than they use. It will be sold back to the grid. The grid will store and dispenses it, to the industries that are high electricity users.

A baby of today will only see personal cars in museums. In 1998, Kodak had 170,000

employees and sold 85% of all photo paper worldwide. Within just a few years, their business model disappeared and they went bankrupt. Who would have thought of that ever happening??

What happened to Kodak and Polaroid will happen in a lot of industries in the next 5-10 years, and most people don't even see it coming.

Yet digital cameras were invented in 1975. The first ones only had 10,000 pixels but followed Moore's law. As with all exponential technologies, it was a disappointment in the beginning, before it became superior and mainstream in a few short years.

It will now happen again (but much faster) with Artificial Intelligence (AI): health, autonomous and electric cars, education, 3D printing, agriculture and jobs.

Software has disrupted and will continue to disrupt most traditional industries. (in the next 5 to 10 years.

For example, UBER is just a

any cars), and are now the biggest taxi company in the world.

And AIR-BnB is now the biggest hotel company in the world. (They don't own any properties).

Artificial Intelligence (AI):

Computers become exponentially better in understanding the world. This year, a computer beat the best Go player in the world. (10 years earlier than expected).

In the USA, young lawyers already don't get jobs (because of IBM's WATSON). You can get legal advice within a few seconds for the basic stuff with 90% accuracy compared with 70% when done by humans. So, if you're studying law, stop immediately. There will be 90% fewer lawyers in the future.

WATSON already helps nurses diagnosing cancer. It's 4 times more accurate and many times faster than nurses.

Facebook now has a 'face recognition' software that can recognize faces better than humans. In 2030, computers will become more intelligent than humans.

software tool (they don't own Autonomous cars: In 2018 the first self-driving cars were already here. In the next few years, the entire auto industry will be disrupted. You won't

want to own a car any more, as you will call a car with your phone. It will show up at your location and drive you to your destination.

The very young children of today will never get a driver's licence nor own a car. This will change our cities because we will need 90% fewer cars. We can transform former parking spaces into green city parks.

Insurance companies will have massive trouble too, because, without accidents, the costs of insurance will become cheaper. The car insurance business model will disappear.

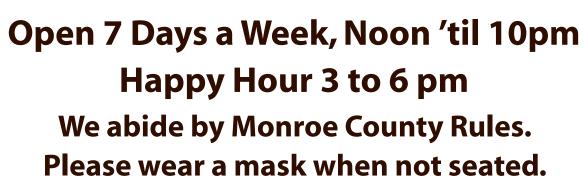
Real estate will change, because if you can work while you commute, or you can work from your home, people will abandon cities to move far away to more beautiful and affordable properties.

Cities will have cleaner air. Electricity will become incredibly cheap and clean, eventually free.

Health: There will be a medical device called the "Tricorder" from Star Trek that works with your phone, which takes a retina scan, a sample of your blood, then you breathe into it. It analyzes 54 biomarkers that will identify nearly any disease.



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A Guide to Women's Shoes → Single → Married → 1 kid → 2 kids → 3 kids → 3 kids → I WAN SHOT 200 TIMES WITH UPHOLSTERY GUN Surgeons revealed he is now 'fully recovered'



Moments later - He is notified that

his car's warranty has expired.

 \rightarrow Divorced

I really don't mind getting older, but my body is taking it badly.

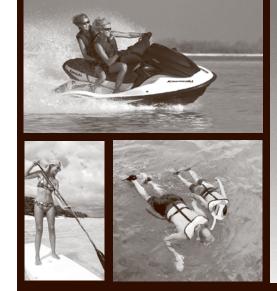
Today, I learned that if you flip a canoe over you can wear it as a hat.

Because it is cap-sized

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Quotes: Philosophers of the Past Century

The only reason they say "women and children first" is to test the strength of the lifeboats. ~ Jean Kerr

When a man opens a car door for his wife, it's either a new car or a new wife. ~ Prince Philip

A computer once beat me at chess, but it was no match for me at kickboxing. \sim Emo Philips

Wood burns faster when you have to cut and chop it yourself. ~ Harrison Ford

The best cure for sea sickness, is to sit under a tree. ~ Spike Milligan

Kill one man and you're a murderer, kill a million and you're a conqueror. ~ Jean Rostand

Having more money doesn't make you happier. I have 50 million dollars, but I'm just as happy as when I had 48 million. ~ Arnold Schwarzenegger

We are here on earth to do good unto others. What the others are here for, I have no idea. ~ WH Auden

In hotel rooms, I worry. I can't be the only guy who sits on the furniture naked. ~ Jonathan Katz

If life were fair, Elvis would still be alive today and all the impersonators would be dead. ~ Johnny Carson

Hollywood must be the only place on earth where you can be fired by a man wearing a Hawaiian shirt and a baseball cap. ~ Steve Martin

Home cooking. Where many a man thinks his wife is. ~ Jimmy Durante

America is so advanced that even the chairs are electric. ~ Doug Hanwell

The first piece of luggage on the carousel never belongs to anyone. ~ George Roberts

If God had intended us to fly, he would have made it easier to get to the airport. ~ Jonathan Winters

I have kleptomania. When it gets bad, I take something for it. ~ Robert Benchley

As I hurtled through space, one thought kept crossing my mind: every part of this rocket was supplied by the lowest bidder. ~ John Glenn

America is the only country where a significant proportion of the population believes that professional wrestling is real but the moon landing was faked.

~ David Letterman

I'm not a paranoid, deranged millionaire. Dammit, I'm a billionaire. ~ Howard Hughes

After the game, the King and the pawn go into the same box. ~ Old Italian proverb

Hate Spring Break? It could be worse. You could be in Pennsylvania!

August 15 -

Moved to a new home in Pennsylvania . It's so beautiful here. The lake to the north looks so majestic. I can hardly wait to see it snow covered. I'm going to love it here

October 14 -

Pennsylvania is definitely the most beautiful place on earth. The leaves have turned all the colors and shades of red and orange. Went for a ride through the park and saw some deer. They are so graceful. Certainly they are the most wonderful animals on earth. This must be paradise, I LOVE IT HERE!!

November 10 -

Deer season will start soon. I can't imagine anyone wanting to kill such a gorgeous animal, hope it will snow soon. I love it here. Those red and orange leaves have covered my yard. Looks like a magnificent multi-colored carpet. HOW BEAUTIFUL.

Raking and cleaning up the yard will be an opportunity for invigorating exercise in the cool crisp air.

November 15 -

Ah, more leaves and more exercise.

November 18 -

Jesus, still more leaves. Guess it's best to

wait until they've all fallen before I rake again.

November 25 -

Finally, all of the trees lost their leaves and today is the final raking - it's over for this season. Chiropractor suggested I use a lawn maintenance service next year. Only four blisters became infected. Should probably remember to use gloves.



November 30 -

What the f --k? Where did all of those leaves come from? A little wind last night and the lawn is covered again. Oh well, they'll just have to wait until spring.

December 12 -

It snowed last night,
FINALLY. Woke up to find
everything blanketed in
white. It looks like a postcard. We went outside and
cleaned the snow off the
steps and shoveled the driveway Had a snowball fight (I
won) and then the snowplow
came by and we had to shovel
the end of the driveway
again. What a beautiful place.
I Love Pennsylvania!

December 14 -

More snow last night, I love it. The snowplow did his trick to the driveway again. I Love it here!

December 19 -

More snow again last night.
Can't get out of the driveway
to get to work. I'm
exhausted from shoveling.
Freaking snowplow!!

December 22 -

More of that white sh-t fell again last night. As if dealing with the leaves weren't bad

enough, now I've got blisters all over my hands from shoveling, must remember to wear gloves. I think the snowplow hides around the corner and waits until I'm finished shoveling the driveway. The asshole.

December 25 -

Merry Christmas!! More frigging snow. If I ever get my hands on that son-of-abitch who drives the snow-plow. I swear I'll kick the bastard in his balls. Don't know why they don't use more salt on the roads to melt the freaking ice.

December 27 -

More white shit last night. Have been inside for three days except for shoveling out the driveway after that plow goes through every time. Frigging gloves got wet and then froze on my hands. Doctor said it was just a mild case of frostbite, disfiguration is probably only temporary. Can't go anywhere, car is stuck in a mountain of white shit. The weatherman says to expect another 10 inches of the sh-t tonight. Do you know how many shovels full of snow 10 inches is?

December 28 -

The freaking weatherman was wrong. We got 34 inches of that white shit! At this rate it won't melt 'till summer. The plow got stuck up the road and the bastard came to the door and asked to borrow a shovel. After I told him I'd already broken six of them shoveling all the shit he pushed into the driveway, I broke my last one on his freaking head.

January 4 -

Finally got out of the house today. Went to the store to get food and on the way back I hit a damned deer that ran in front of my car. Did about \$3000 damage! Freaking beast should be killed. Wish the hunters had killed them all last November.

May 3 -

Took the car to the garage in town. The thing is rusting out from all the freaking salt they put all over the roads.

May 10 -

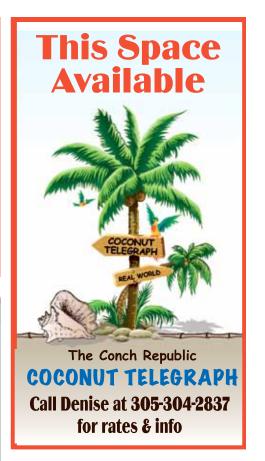
Moved to The Keys in Florida. I can't imagine why anyone in their right mind would ever live in the Godforsaken state of Pennsylvania!!







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Creating Centipede Awareness

Snakes, Spiders, Scorpions & Killer Centipedes... We've Got It All!



(Disclaimer: Don't read this article before eating or at bedtime. This is the stuff that nightmares are made of!)

The mocking bird vs centipede: While moving coral rock boulders in my yard I noticed a creepy looking caterpillar scrambling for safety, and a mockingbird passing by noticed it too. I stepped back and let nature take its course as the mockingbird pecked it to death. It was not a quick death , but finally, down into the belly of the bird went the centipede. I remember thinking how tough that bird must be to eat that toxic caterpillar. But I never dreamed a bite

to a human could be so bad. Have you ever been doing yardwork and "OUCH! What was that?" I have an area in the back of my yard that I call "No Man's Land." The trees are randomly planted, making it difficult to walk through. There is a coral rock barrier that marks off this unused space in my small yard. One day I started moving the boulders to the edge of the property line. I probably had not raked the area in a year. While filling trash cans with leaves and tree debris, I felt something sting my left arm. I thought I'd stirred up a nest of fire ants. That evening there were 3 good sized welts



my life. When I called Keys Dermatology for an appointment on Monday, February 22nd, I was told there were none available until March 2nd. After practically begging to be seen, I booked the appointment and asked to be called if there were any cancellations. I should have gone to the emergency room or urgent care but dreaded the thought. I had to

the worst I have ever felt in

Tuesday and Wednesday are my days to work at Island Treasures, at MM100 Bayside.

go to work; I put it off.





badly scratched forearm with open oozing sores.

The next day I felt like I was poisoned, I felt so ill. My right ear was infected shut, it felt like I was under water and I could hear fluid inside my head but could not get it to drain. Having a strong will and a lot of work to do, I pushed through the intense feelings of pain and toxicity. I was running on pure adrenaline. The bite happened on a weekend and I remember thinking. I need to go to Keys Dermatology and see Dr. Deedee asap. By the next day the rash had spread to my left torso, from my armpit to my hipbone. Not just any rash, open sores oozing puss that itched like the worst hell. Usually, I'm pretty tough, definitely, NOT a hypochondriac, but this was



I wrapped my left arm with a loose-fitting paper towel and painter's tape at my elbow and wrist to cover my oozing sores. Unable to wear a bra, because of the welts that covered my left torso, I gathered my wits and went to work. I had tried everything, alcohol, Epsom salt Tecnu Poison Ivy & Oak Scrub and Anti-Itch Spray, Bactine Spray with Lidocaine, Caladryl, even diluted bleach (DO NOT USE BLEACH ON SKIN, EVER!!) Nothing helped, the rash of painful pustules spread to my right leg, right wrist area and was still spreading on my side and stomach.

By Thursday, 2/25, I felt like I was going to die. I woke up with a horrible headache. When I got up to go to the bathroom, I was dizzy, weak,

and felt nauseated. Right back to bed, it was my fourth night of horrible sleep, waking up with blood under my fingernails from scratching in my sleep. That morning, I reached out to my Florida Keys Food Tours boss. Sheryl Rose. Saturday a tour of 9 was booked but I COULD NOT do that tour.

That morning got in touch with Dr. Mahoney's office, who said to get here as soon as you can. When she saw how torn up I was, she was aghast. I told her of my pain, could it be poisonwood? Shingles? I didn't think it could all be from fire ants. She suggested that I got bit by something, and the poison had traveled through my bloodstream. She wrote scripts for antibiotics, an ointment for staph infection and a Shingles RX, just in case.

Friday, I told her I was not feeling any better and she administered Prednisone. Finally, some relief from my suffering.

Finally, Monday 3/2, my long-awaited appointment with Dr. Deedee had come. She spoke with calming words of confidence and wisdom as she examined my open sores. She recommended a shot of cortisone and prescribed a tub of cortisone cream that was like body butter on my skin. The one-day turn around after seeing her was outstanding! I finally felt like I had rejoined the living from my zombie-like, flesh-eating centipede encounter.

Thinking wow, "I survived a pandemic, but a centipede ALMOST killed me." The lesson learned from this is: DO NOT WAIT to get medical help if you suspect that you have gotten bit by a centipede, snake, spider, or scorpion. IMMEDIATELY get an antivenom to counteract the poison traveling through your bloodstream. Your body will push the toxins out of your pores and you will be in misery, take it from me, Marilee Free.

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Living Dockside: I'm back onboard!

Where have I been, you might ask.

I tried being a landlubber for a couple of years! After Hurricane Irma, the docks were in pretty bad shape. I had bought a cute little park model home and my very good friend let me park it on one of his lots. I was still on my 'She Breeze' everyday, doing this and that, and taking her out once in a while to blow the wasp nests out of her sails.

As all things have to come to an end, his lot went up for sale, so I could have my little house moved up north closer to my daughter or I could just sell it. I chose the latter.

Things I miss about the little house; a bed you can walk around and make up every day, instead of climbing in the bed to get to the other side, and of course banging your head on the cabin's low ceiling. A normal size closet, of course I didn't have a lot of clothes to hang in it, then, hell yeah, I did go shopping, which now I'm regretting. The shower. Man do I miss the shower! The shower on 'She Breeze' is adequate, if a bit cramped, there are two shower curtains, one in front of the head and sink

area one in front of the doors, so as not to ruin the wood. I have approximately two and a half feet to do my singing and dancing and trying to clean all pertinent

Oh how I miss the magical flushing toilet!. A marine head can be one of the biggest pains of living aboard! Or should I say, the holding tank? And now the County doesn't provide free pump out service to boats in a marina. So I choose to use the facilities about half a block away at the marina. That way I avoid the tank smell and cost of having it pumped out to the tune of \$45.

Ahhh, but the mad dash in the mornings can be quite humorous to the neighbors. and whatever you do don't stop me to talk... I'm on a mission!

I have upgraded my cooking on 'She Breeze.' I have what I call my little Easy-Bake oven, it is a toaster oven with convection. So that means it cooks faster due to the hot air, and surprise, this one fits a whole Digiorno pizza. I also ordered an induction cook top, this is a lightweight little miracle that cooks utilizing magnetic energy.



What I didn't know at the time was, it only works if you have magnetic cookware. I have hundreds of dollars invested in good stainless cookware. Not a freaking one worked, so I did the unthinkable, I read the instruction manual Duh! So off I go with trusty magnet in hand looking for magnetic pans. The only thing I found was a small cast iron skillet at Publix, which, by the way, makes a great weapon! Come on, I know you've seen the movie "Tangled."

Alrighty then, I have ranted enough this month I see the daylight finally, damn this time-change crap. So I'll make my coffee and head up on deck to watch the sunrise and reminisce about the magical flushing toilet and the large closet and...



My top 3 assumptions when doorbell rings:

Murderer

Police telling me everyone is dead

That book I ordered about positive thinking

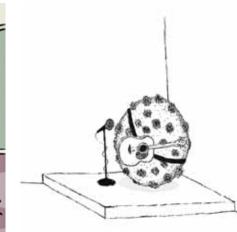


Covid test reveal party was a terrible idea'."

I'm just wondering why none of these televangelists have been showing up at hospitals and performing miracles on all these Coronavirus patients.



"I was wondering how they planned to vaccinate everyone without putting healthcare workers at risk."



"This one's dedicated to all the people that didn't believe in me when I was getting started."











(Jasmine)

Coco'Nut' Funnies

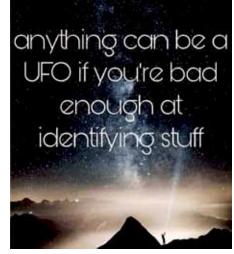
A wife and her husband are sitting at a restaurant when the waitress starts outright flirting with the husband. The husband, flattered, gets a little boastful and the wife says, "Don't get excited. She's got COVID."

"How do you know?" asks the husband.

"Well, she's clearly got no taste."

The USA should add three more states. Why's that?

Because 53 is a prime number. Then we can truly be one nation, indivisible.





Who would've thought one day we'd be smoking weed at a family gathering, but the illegal part would be the family gathering.



PERHAPS THE MOST NOBLE OF ALL RESCUE ANIMALS. THE LAVATORY RETRIEVER

Dinner Party

All through dinner my wife's best friend's four-year-old daughter stared at me as I sat opposite her.

The girl could hardly eat her food for staring.

I checked my shirt for spots, felt my face for food, and patted my hair in place, but nothing stopped her from staring at me.

Finally I asked her, "Why are you staring at me?"

Everyone at the table had noticed her behavior, and the table went quiet, waiting for her response.

Finally, the little girl said "I'm just waiting to see how you drink like a fish."

Mansplaining: "Correctile Dysfunction."



Real men don't have Xboxes, they've got toolboxes and tackleboxes.



April 2021: Pretty much the same as April 2020 but now we have toilet paper.



Don't use a big word when a singularly unloquacious and diminutive linguistic expression will satisfactorily accomplish the contemporary necessity.

Tiger Woods & Stevie Wonder are in a bar. Tiger turns to Stevie and says, "How's the singing career going?"

Stevie: "Not too bad. How's the

Tiger: "Not too bad, I was feeling some stiffness in my backswing, but I've loosened it up.

Stevie: "It took me a few weeks to get the feel of my new Callaways, but I really like them.

Tiger: "Stevie, you play GOLF?"

Stevie: "Absolutely, been playing for years."

Tiger: "But -- you're blind! How can you possibly play golf if you can't see?"

Stevie: "Well, my caddy gives me the right club, then walks out the appropriate distance, stands in the middle of the fairway, and whistles. I listen for his whistle, take any breeze into account, and crush the ball in his direction. I walk to where the ball sits and we do it again. Putting's a little more challenging, but that's what makes it fun."

Woods, incredulous, says to Stevie, "We've got to play a round sometime."

Stevie: "Well, people don't take me seriously, so I only play for money, \$10,000 a hole. You ok with that?"

Woods: "Great, \$10,000 a hole is fine with me. When would you like to play?"

Stevie: "Pick a night."



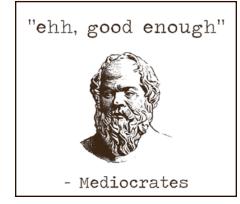




How Man Learned to Swear

I'm so confused. If Mr. & Mrs. Potato Head are no longer male and female. does this mean there will be no more tater tots?









A man walked into a supermarket with his zipper down.

A female checker walked up to him and said, "Your barracks door is open."

Hearing a phrase that men don't normally use, he went on his way looking a bit puzzled. When he was just about done shopping, a man came up and said, "Your fly is open."

He zipped up and finished his shopping.

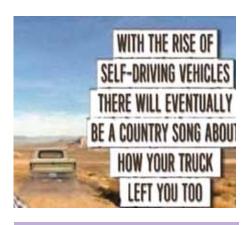
At the checkout, he intentionally got in the line where the girl was that told him about his "barracks

He was planning to have a little fun with her, so when he reached the counter he said, "When you saw my barracks door open, did you see a soldier standing in there

attention?"

The girl thought for a moment and said: "No, no I didn't, but I saw a disabled veteran sitting on a couple of old duffel bags.

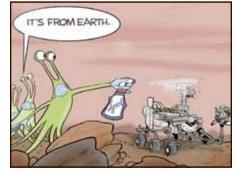




What Do We Want? A CURE FOR **OBESITY!** When Do We Want It? AFTER DINNER!

I found \$20 in a parking lot and thought to myself, **What Would Jesus** Do?

So, I turned it into wine.







On the outskirts of a small town, there was a big, old pecan tree just inside the cemetery fence. One day, two boys filled up a bucketful of nuts and sat down by the tree, out of sight, and began dividing the nuts. "One for you, one for me, one for you, one for me," said one boy. Several dropped and rolled down toward the fence.

Another boy came riding along the road on his bicycle. As he passed, he thought he heard voices from inside the cemetery. He slowed down to investigate. Sure enough, he heard, "One for you, one for me, one for you, one for me"

He just knew what it was. He jumped back on his bike and rode off. Just around the bend, he met an old man with a cane, hobbling along.

"Come here quick," said the boy, "you won't believe what I heard! Satan and the Lord are down at the cemetery dividing up the

The man said, "Beat it, kid, can't you see it's hard for me to walk." When the boy insisted though, the man hobbled slowly to the cem-

Standing by the fence they heard, "One for you, one for me. One for you, one for me."

The old man whispered, "Boy, you've been tellin' me the truth. Let's see if we can see the Lord...?" Shaking with fear, they peered through the fence, yet were still unable to see anything. The old man and the boy gripped the wrought iron bars of the fence tighter and tighter as they tried to get a glimpse of the Lord.

At last, they heard, "One for you, one for me. That's all. Now let's go get those nuts by the fence and we'll be done..."

They say the old man had the lead for a good half-mile before the kid on the bike passed him.

I HAVE AN INFERIORITY **COMPLEX, BUT IT'S NOT** A VERY GOOD ONE



A Divorce Story

On the first day, he sadly packed his belongings into boxes, crates and suitcases.

On the second day, he had the movers come and collect his

On the third day, he sat down for the last time at their beautiful dining-room table, by candle-light; he put on some soft background music, and feasted on a pound of shrimp, a jar of caviar, and a bottle of spring water.

When he'd finished, he went into each and every room and deposited a few half-eaten shrimps dipped in caviar into the hollow center of the curtain rods. He then cleaned up the kitchen and left.

On the fourth day, the wife came back with her new boyfriend, and at first all was bliss. Then, slowly, the house began to smell. They tried everything; cleaning, mopping, and airing-out the place.

Vents were checked for dead rodents, and carpets were steam cleaned.

Air fresheners were hung everywhere. Exterminators were brought in to set off gas canisters, during which time the two had to move out for a few days, and in the end they even paid to replace the expensive wool carpeting. Nothing worked! People stopped coming over to visit.

Repairmen refused to work in the house. The maid guit.

Finally, they couldn't take the stench any longer, and decided they had to move, but a month later - even though they'd cut their price in half - they couldn't find a buyer for such a stinky house.

Word got out, and eventually even the local realtors refused to return their calls. Finally, unable to wait any longer for a purchaser, they had to borrow a huge sum of money from the bank to purchase a new place.

Then the ex called the woman and asked how things were going. She told him the saga of the rotting house. He listened politely and said he missed his old home terribly and would be willing to reduce his divorce settlement in exchange for having the house.

Knowing he could have no idea how bad the smell really was, she agreed on a price only 1/10 nth of what the house had been worth ... but only if he would sign the papers that very

He agreed, and within two hours her lawyers delivered the completed paperwork.

A week later the woman and her boyfriend stood smiling as they watched the moving company pack everything to take to their new home... and to spite the ex-husband, they even took the curtain rods!

I LOVE A HAPPY ENDING, DON'T YOU

Importance Of Forgiveness



In order to forgive, we need to stop identifying ourselves with the suffering that was caused to us.

When someone has hurt us, consciously or unconsciously, one of the most difficult things we have to face in resolving the situation is the act of forgiveness. Sometimes it feels like it's easier not to to let go of our own pain. forgive and that the person in question out of our lives. In some cases, ending the relationship may be the right thing to do, but even in that case. we will only be free if we have truly forgiven.

If we harbor bitterness in our hearts against anyone, we only hurt ourselves because we are the ones harboring the bitterness. Choosing to forgive is choosing to alleviate ourselves of that burden, choosing to be free of the past, and choosing not to perceive ourselves as victims.

One of the reasons that forgiveness can be so challenging is that we feel we are condoning the actions of the person who caused our suffering, but this is a misunderstanding of what is required. In order to forgive, we simply have hurt us naturally need to get to a place where we are ready to

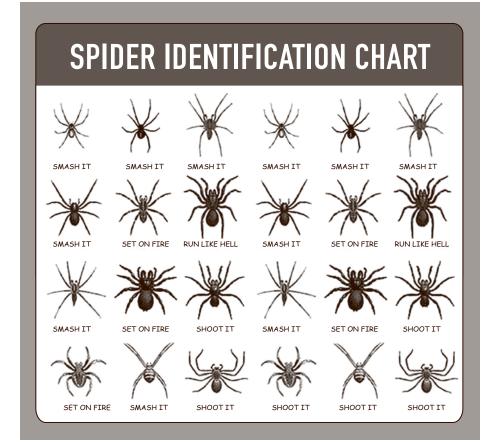
stop identifying ourselves with the suffering that was caused us. Forgiveness is something we do for ourselves, and our forgiveness of others is an extension of our readiness

Getting to this point answer is to simply cut the begins with fully accepting what has happened. Through this acceptance, we allow ourselves to feel and process our emotions.

It can be helpful to articulate our feelings in writing over a period of days or even weeks. As we allow ourselves to say what we need to say and ask for what we need to heal, we will find that this changes each day. It may be confusing, but it is a sign of progress. At times we may feel as if we are slogging uphill through dense mud and thick trees, getting nowhere.

If we keep going, however, we will reach a summit and see clearly that we are finally free of the past. From here, we recognize that suffering comes from suffering, and compassion for those who arises, enhancing our new perspective.

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BREAKING NEWS

ews reporters around the World are shitting bricks as the new Llanfairpwllgwyngyllgogerychwy rndrobwllllantysiliogogogoch Covid variant has been identified in Wales.

I said to myself, "Self." (And I knew it was me, cause I recognized my voice, and I was wearing my underwear) "Today is going to be a good day!"



Get yours today! The kids and wife will love it!

> I'd be "bringing sexy back" if I could find the damn receipt.

Wizard of Oz removes Scarecrow for offending too many people without brains.



I have never faked a sarcasm in my life.

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