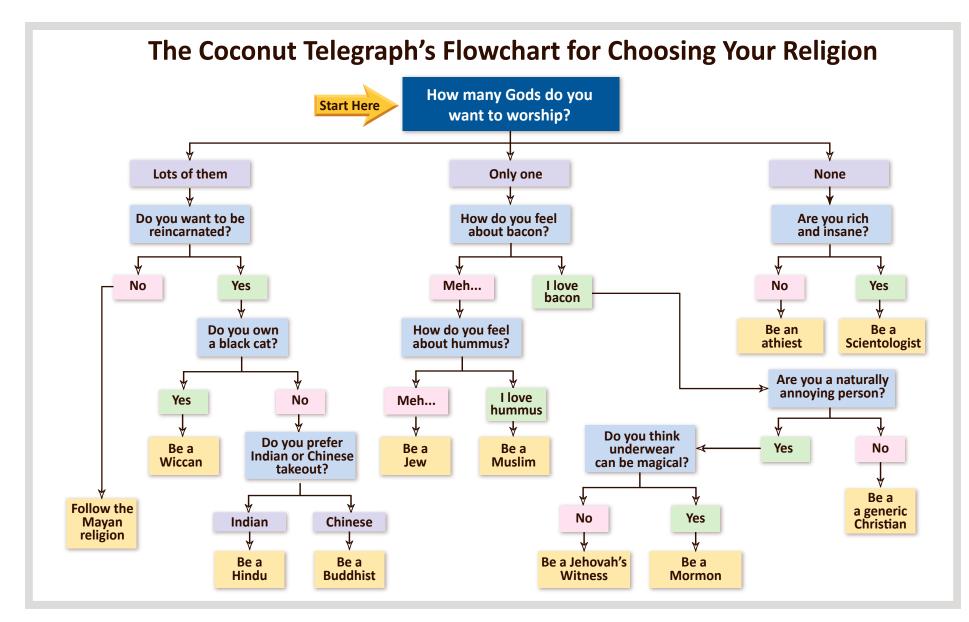
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About the Amethyst

The Meaning Of Amethyst

The spiritual meaning of Amethyst is groundedness, tranquility, and calm. The literal meaning of Amethyst is "not intoxicated" - its name translates from the Greek word améthystos.

To this ancient, wise culture, the Amethyst crystal was of the utmost importance, and the myth associated with it still lives on inside it to this day.

You can immediately feel peace of mind by simply looking at this brilliant crystal. In fact, its radiant purple and white colors have represented the sobriety of emotions and spirit throughout history.

By placing Amethyst on your forehead, navel or heart, you can immediately sense the angers, frustrations, and furies leaving your body.

Psychics, mediums, and other divination practitioners hold Amethyst's worth in high regard. They often decorate sacred altars and spaces with its incomparably beautiful violet designs

Metaphysical Properties Of Amethyst

The metaphysical properties of Amethyst are calmness, balance, and peace.
People also use it to eliminate impatience. It works on the emotional, physical, and spiritual planes

How To Best Use Amethyst

Amethyst is one of the relatively few crystals that can be used with the specific purpose of improving intellectual and cerebral thought.

Use Amethyst as jewelry or keep it in your pocket close to you for the best results. You'll find that it can help you keep a clear head and rid yourself of brain fog. It can peel away the veil that can cloud your judgement.

Benefits Of Using Amethyst

Using Amethyst can help you think both soberly and critically about the situations you face. And this will lead you to far greater success in handling them.

That is why Amethyst has long been said to promote sobriety. Both in the literal sense of preventing drunkenness and in the metaphorical sense of being able to think more clearly. And to not be clouded with emotion of any specific sort.

This is a wonderful crystal to use if you frequently find yourself in situations unsure of how to take action. Using Amethyst helps you to think clearly and not let your emotions cloud your judgment.

The Healing Powers Of Amethyst

Amethysts are the great problem-solvers of the crystal world. Even people less inclined towards the esoteric and spiritual cannot help but find their lives enriched by this stone.

A sharper sense of conversation and just knowing the right thing to say is one of the wonderful gifts it offers us.

Amethyst's emotional healing powers can help you cut through difficult situations and let you understand what it really is you're dealing with. They make it possible to get through difficult choices and decision-making processes as painlessly as possible.

If you are a natural empath or otherwise highly sensitive to your emotional environment, you should keep



Increases nobility
Spiritual awareness
Psychic abilities
Inner peace and healing
Healing of body, mind & soul
Positive transformation
Meditation
Balance
Relieves stress
Communication

an Amethyst stone with you. It helps to root you in reality and solid facts.

Physical Healing Powers

Amethyst is said to be an excellent crystal to enhance physical vitality, especially after chemotherapy, radiation, or pharmaceutical treatments. It's an energizing healer on a physical level. Because it can strengthen the adrenal glands, the

reproductive organs, and the heart.

It can aid in the treatment of disorders that affect the lungs, pancreas, and spleen. It can also stimulate fertility and help in the treatment of conditions related to the reproductive system.

Amethyst And Wealth

Amethyst is an excellent crystal to have when you're serious about building your personal wealth. It will help with growing your business or sharing your abundance with the people you love.

Amethyst will foster creative output, brilliant ideas, and dedicated work. It's the ideal crystal to put on your work table or office desk so that your productivity will be high. In other words, Amethyst might just help inspire you to seek your fortune.